



QRC: 3231

Price

One Day : \$398 inc. GST

Two Days: \$520 inc. GST

Date

06 - 07 Dec 2018

Venue

Mercure Hotel Brisbane

85-87 North Quay , Brisbane, QL, 4003

CPD Hours

11 Hours | 45 Mins

Day Surgery Nursing and Minor Procedures 2018

Need for Program

Nurses who work in day procedure units or practices where minor procedures are performed are often the main point of contact with patients. The correct assessment of a person before a procedure, including identification of risk factors, assists with delivery of patient care that reduces hospital length of stay and improves health outcomes. This seminar provides an evidence-based update that will assist nurses who care for patients undergoing day surgery and minor procedures to close knowledge and skill gaps relating to their specific area of practice. It is relevant to nurses who, whether regularly or only occasionally, require knowledge and skills to safely care for patients undergoing day surgery and minor procedures and would be a comprehensive introduction to any nurse considering working in this setting.

Purpose of Program

The purpose of this seminar is to offer nurses who may work across a range of healthcare settings of varying acuity an opportunity to improve their knowledge and skills when caring for a person undergoing day surgery or minor procedures. After gaining this information, the learner will be able to appropriately translate the underpinning principles of modern day surgery nursing to the evidence-based nursing management of patients, improving health outcomes.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Describe modern day procedure nursing practice in Australia, including the various nursing roles and skills required to practise safely in this setting
- Perform a pre-evaluation risk analysis and implement strategies to ensure patients are well-informed about potential risk factors
- Apply skills in anaesthetic monitoring, infection prevention, and aseptic technique to your practice

- to reduce the risk of complications and improve patient safety
- Understand how the law interprets issues such as duty of care and negligence in a day procedure setting and use this knowledge to safeguard your practice

Program Schedule

Day One

8:30am - Registration and Refreshments

9:00am

Introduction to Day Surgery and Minor Procedures

This two-day seminar will focus on personalising care. It will examine the key issues in short time frames in the day surgery and minor procedures settings. It includes:

- Seminar objectives
 - Latest developments in day surgery
 - ADSNA Best Practice Guidelines for Ambulatory Surgery and Procedures 2009
 - ACORN Standards for Perioperative Nursing 2016
-

9:10am

The Decision to Have Surgery

The decision to undergo surgery, no matter its indication, should always be made carefully. Like every experience of surgery, the decision-making process will be unique for every patient. In this interactive session, you will consider the key issues in regard to:

- Planned vs emergency surgery
 - Day surgery vs overnight stay
 - Advocating and ensuring informed patients
 - Managing patient expectations
-

9:40am

Pre-Admission Clinic

Not all patients attend pre-admission clinics. However, this stage of the perioperative experience can assist in reducing adverse events and risk. This session looks at the many opportunities that pre-admission presents:

- Patient assessment and investigations
- Pre-anaesthetic assessment
- Patient education and emotional support
- Consent in pre-admission settings
- Fasting and preparation instructions, including in GIT, gynaecological, and paediatric surgery
- Cultural considerations and holistic care
- Pre-admission over the telephone and telephone triage

10:30am - Morning Tea and Coffee

11:00am

Heading Home - Discharge Planning

Early planning for discharge is essential for all surgical patients but may be challenging in fast-paced environments. This session will identify and discuss the opportunities for early discharge planning that may present on admission or at pre-admission. It includes:

- Assessment and prioritising: what you need to know
 - What the standards state and how your facility rates
 - Opportunities to educate the patient and family
 - Preparing the patient for going home and maximising safety
 - Minimum lengths of stay and criteria for discharge home
 - Instructions on when to eat, exercise, and return to work
 - Referrals and follow-up care
-

12:00pm

Documentation Essentials

Appropriate documentation in the day surgery setting is vital to maintaining patient safety. This session will discuss how nurses working in this fast-paced setting can meet requirements for documentation and includes a discussion on frameworks and tools that promote timely and comprehensive record-keeping. It includes:

- Nursing documentation requirements
 - Clinical pathways and progress notes
 - Variances and clinical events: early recognition of the deteriorating patient in the day surgery setting
-

12:45pm - Lunch Break and Networking

1:45pm

Infection Prevention

The prevention of infection is a key responsibility in day surgery and perioperative settings. This can be especially challenging in a busy environment. This session reviews the relevant standards in infection prevention and clarifies nursing roles and responsibilities. It includes:

- Disposable equipment, single-use equipment and sterilisation of equipment
 - Standard and transmission-based precautions
 - Special patient groups: the MRSA patient in the day surgery setting and new superbugs
 - Modes of transmission, resident and transient flora, infection and colonisation
 - Appropriate use of personal protective equipment (PPE)
-

2:30pm

Aseptic Technique

Aseptic technique is a key standard in the surgical or perioperative environment, based on logical thought and sound scientific values. Discuss the latest in aseptic technique and refresh your prior knowledge. This session includes:

- An introduction to the ACORN standards
 - The aseptic field and the surgical conscience: developing situational awareness
 - Handwashing techniques
 - Surgical attire, gloves and gowns, filters and masks
-

3:15pm - Afternoon Tea

3:45pm

Patient Positioning

Correct patient positioning is essential in the day surgery and perioperative environment, with consideration given to prevention of potential complications. This session includes:

- The need for optimal surgical site access
 - Care of the respiratory, cardiovascular, nervous, muscular. and integumentary systems
 - Considerations for specific surgical positions
 - Positioning of the obese patient
-

4:45pm - Close of Day One of Seminar

Day Two

9:00am - Commencement of Day Two

9:00am

Comorbid Risks and Minor Procedures

Preoperative evaluation of comorbid risk factors is likely to ensure an informed patient makes an appropriate decision on the risks and benefits of having surgery. A solid understanding of potential comorbid risk factors will assist nurses to identify and manage potential risks. This session includes:

- Cardiac risk factors in non-cardiac surgery
 - Neurological risk factors in minor procedures
 - The patient with diabetes in day surgery
 - The chronic pain patient in day surgery
-

9:30am

Anaesthetic Nursing

A significant part of the nursing role involves anaesthetics and the monitoring of a patient undergoing a procedure. There are many different types of anaesthetics and specialty surgical considerations that impact on monitoring requirements. Consider:

- Anaesthetic agents - inhalational, regional, and intravenous anaesthesia, sedatives, neuromuscular blockade and reversal, and new anaesthetics
 - Intraoperative medicines, including anti-emetics
 - Airway management for the day surgery patient
-

10:30am - Morning Tea and Coffee

11:00am

Intraoperative Monitoring & Intraoperative Considerations

This session will be continuing with anaesthetic nursing considerations and will focus on monitoring, including:

- Capnography
 - Awareness monitoring
-

11:45am

Recovery - The Post-Anaesthesia Care Unit

The recovery room, or PACU, is an intensive and fast-paced environment. Skills in airway management and monitoring are essential for optimising patient outcomes. This session will cover the care of the patient immediately post-anaesthetic and in the second stage of recovery and preparation for the expected and unexpected in the PACU.

- PONV - nausea and vomiting
 - Pain management in the post-anaesthesia environment
 - First and second stages of recovery and related criteria
 - Management of complications including airway obstruction (laryngospasm), haemorrhage (massive blood loss in PACU & the ensuing emergency for the OT), and pseudocholinesterase deficiency
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12:45pm - Lunch Break and Networking

1:45pm

Preventing Complications Arising from Anaesthesia

This session will continue to look at anaesthesia and how this relates to nursing care. It will conclude with a troubleshooting session on complications that can occur as a result of anaesthetics. Discuss:

- The incidence of surgical complications
 - The most common complications in the perioperative setting
 - Management considerations intraoperatively and postoperatively
 - The nursing role in crisis management: how it differs in the perioperative setting
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2:15pm

Case Scenario - Anaphylaxis

This case scenario will illustrate an example of anaphylaxis and how it manifests in the operating room. It includes:

- Common culprits: neuromuscular blocking agents, antibiotics, induction medicines, latex
 - Type of reactions that occur
 - Early signs of anaphylaxis - what you must know
 - Immediate actions
 - Documentation
 - Follow up action (identifying the cause of the anaphylaxis) for future reference
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2:45pm

Case Scenario - Anaphylaxis

Malignant hyperthermia is a pharmacogenetic disorder that relates to the metabolism of muscles. It is usually caused by the administration of potent inhaled anaesthetic agents and/or succinylcholine. It is believed to be a genetic disorder. This case scenario will illustrate an example of malignant hyperthermia and how it manifests in the operating room. We will look at:

- Causes of malignant hyperthermia and questions to ask in pre-operative assessment (e.g. family history)
- The effect of rhabdomyolysis and role of dantrolene
- The malignant hyperthermia trolley
- Diagnosis, documentation, and notifying the family

3:30pm - Afternoon Tea

4:00pm

Difficult Airway Management

Maintaining a clear airway is obviously of paramount importance. In this case scenario you will be guided through the assessment of the airway and the actions to take when problems arise. Includes an opportunity to practice different techniques and use different pieces of equipment:

- Assessment of the airway and identification of the cause of problems
 - Immediate actions
 - Documentation for the patient & handover for PACU & DSU/ward
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5:00pm - Close of Seminar and Evaluations

Presenters

Suzanne Querruel

Suzi Querruel has been working in the perioperative field for the past decade. Her passion lies in perianaesthesia nursing, and she has been seeking to advance the field over the past few years. She is a tutor and lecturer for Western Sydney University [WSU] in the Bachelor of Nursing program and WSU The College in their Academic Pathways Programs. She is the unit coordinator at WSU The College for the subjects "health communication" and "skills in health science".

She was previously anaesthetic coordinator at Westmead Private Hospital and also has held sessional nurse educator positions at the Australian College of Nursing, Wesley Health Management, and the University of Technology, Sydney, Sydney University, and the University of Tasmania. She has been a nurse educator for Ausmed Education for the past three years and has collaborated on the program development for the perianaesthesia, perioperative, day surgery, and surgical nursing seminars. She has held the position of national vice president and NSW/ACT president of the Australian Society of Post Anaesthesia & Anaesthesia Nurses [ASPAAN] for two years and has recently seen the transition of ASPAAN to the Australian College of PeriAnaesthesia Nurses [ACPAN]. Suzi holds a bachelor of nursing, graduate diploma in nursing (anaesthetics & PACU), masters of nursing education), certificate IV in workplace training & assessment, and a neuro-linguistic programming [NLP] practitioner certificate.

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