

REGISTRATION

\$465 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation will be accepted until 2 weeks prior to course minus an administration fee of \$75.

NO REFUNDS WITHIN 2 WEEKS OF COURSE

Please make check payable and return to:

Education Resources, Inc.

266 Main St., Suite 12 • Medfield, MA 02052
(508) 359-6533 or 800-487-6530 (outside MA)

FAX (508) 359-2959

www.educationresourcesinc.com

Limited enrollment

Torticollis/Miles

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (home) () _____

PHONE (work) () _____

CELL () _____

Needed in the event of an emergency scheduling change

EMAIL _____

Please clearly print your email address for course confirmation

EMPLOYER _____

DISCIPLINE _____ SPECIALTY _____

HOW DID YOU LEARN OF THIS COURSE _____

QERI Rewards. I am registering for my 4th course since January 2008 and applying \$100 credit to the tuition.

☐ Apr/NJ ☐ Jun/MO

☐ Sept/WA ☐ Oct/CT

Education Resources, Inc. reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

☐ I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above.

Amount to be charged _____

Signature _____

☐ I hereby authorize you to charge my ☐ VISA ☐ MC ☐ DISCOVER

Exp. Date _____ CVV2 Code _____
(last 3 digits on back of card)

LOCATION & ACCOMMODATIONS

Please visit our website for suggested accommodations

April 8-9, 2018 - New Jersey
Children's Specialized Hospital
Mountainside, NJ

June 8-9, 2018 - Missouri
Children's Mercy Hospital
Kansas City, MO

September 15-16, 2018 - Washington
Kadlec Regional Medical Center
Richland, WA

October 26-27, 2018 - Connecticut
Stamford Hospital
Stamford, CT

CREDITS

This course meets the criteria for 15 contact hours (1.5 CEU's). In **MO** and **KS** the Board of PT recognizes other Board's approvals. In **MA**, **RI** and **CT** this workshop meets accepted standards for continuing competence for PTs (15 CEUs). Application has been made to the **NJ** Board of Physical Therapy Examiners and to the **PA** State Board of Physical Therapy. This course satisfies CE Requirements for **WA** PT's. Application has been made to the **KS** OT Association.

NY - Approved provider by the **NY** Board of Physical Therapy for 18 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 15 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional Development Provider-15 PDU's

This course meets the criteria for 15 hours toward NDTA re-certification and up to 15 hours toward Neonatal Therapy Certification.

Please contact us with any special needs requests
info@educationresourcesinc.com
(508) 359-6533

Disclosure: Financial: Cindy Miles receives an honorarium from Education resources for this course. Non-Financial: She has no relevant non financial relationships to disclose.

(www.cindymiles.com or www.traintotriumph.com)

Torticollis and Plagiocephaly:

Assessment and Treatment of Infants and Children

*Impact on the Movement System of
Infants and Beyond*



Cindy Miles
PT, PhD, PCS, CNDT

April 8-9, 2018 - Mountainside, NJ

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Relevant Continuing Education for Therapists by Therapists

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COURSE DESCRIPTION

This dynamic evolving course will concentrate on progressive, effective evaluation and treatment schemes for infants and young children with a diagnosis of torticollis with or without plagiocephaly, including challenging cases. The course is designed to provide therapists with current research and recommendations pertaining to the implications of torticollis, sleep posture and increased use of positional devices on infant postural and motor development. Current evidence-based clinical pathways and guidelines for management of torticollis and infant head shape, including Clinical Practice Guidelines from APTA will be discussed and incorporated. Red flags for related early infancy and preschool diagnoses will be appraised as we explore diagnosis impact on the **movement** system and **resulting** impairments in gross, fine and speech motor skills. Current functional, clinically oriented evaluation and evidence based treatment strategies for infants and young children that can be integrated into routines and play will be provided. Diagnostic procedures and surgical intervention will be reviewed. Recommendations for follow-up and secondary specialist consultations will be presented. Emphasis on home exercise programs and effective strategies to team with parents will be explored throughout both days.

COURSE OBJECTIVES

Upon completion of course, participants will be able to:

1. Identify the incidence, etiology and pathophysiology of torticollis and discuss the importance of early identification and early referral through systematic screenings and evaluations by health care providers
2. Identify the impact of torticollis on the movement system and associated body structures and function
3. Problem solve current evidence based treatment regimes for torticollis
4. Identify the impact on head shape that may be present with a diagnosis of torticollis.
 - Discuss guidelines, available research and problem solve solutions to manage including helmet criteria and treatment
5. Discuss the relationship of "the change in sleep posture," effects of increased positional devices, and environmental influences on postural development
6. Relate current research and recommendations pertaining to SIDS and the efficacy of back to sleep
 - Review diagnoses related to the health policy change
7. Collaborate and cultivate parent/caregiver's understanding of the child's health condition, interventions, and compliance to home education/therapy program and follow-up recommendations
8. Establish individualized goals and incorporate family centered evidenced based treatment regimes as part of their home education/therapy program

SCHEDULE - DAY ONE

8:00-8:30	Registration/Continental Breakfast
8:30-10:30	Etiology, Pathophysiology, Incidence SIDS Research Health Policy Shift Sleep Position Changing Symptomatology/Clinical Implications Health Policy Shift-Impact on Development/Compensatory Postures
10:30-10:45	Break
10:45-12:30	Anatomy Review Differential Diagnosis Associated Pathologies/Impairments Ocular Torticollis GERD Hip Dysplasia Extension Bias/Hypotonia Toe Walking Lab
12:30-1:30	Lunch (on your own)
1:30-3:15	Developmental Components Treatment/Movement Components Vision Development Assessment Documentation Goal Planning
3:15-3:30	Break
3:30-5:30	Treatment Indicators

FACULTY

Cindy Miles, PT, PhD, PCS, CNDT established her pediatric private practice in 1981. Dr. Miles is a graduate of the University of Pittsburgh, School of Health Related Professionals and East Stroudsburg University with a Master of Education in exercise physiology. She also holds a PhD in Pediatric Science from the Rocky Mountain University of Health Professions. Her doctoral research was on potential risk factors related to the diagnosis of Torticollis. She is Board Certified by the American Board of Physical Therapy Specialties as a Pediatric Clinical Specialist, specializing in treating children from birth through to young adults. She completed the eight week Pediatric NeuroDevelopmental training course and the Advanced Infant course. Dr. Miles is serving as President of the Academy of Pediatric Physical Therapy and is presently the Co-Chair and Meeting Planner for the Academy's Annual Conference. She held the titles of APPT Treasurer, Treasurer Elect and pediatric sports, fitness SIG chair. Dr. Miles presents nationally on pediatric private practice and reimbursement as well as nationally and internationally on Torticollis, Plagiocephaly, and Fitness for All Abilities. She has published in peer review journals and books on topics related to pediatric physical therapy.

SCHEDULE - DAY TWO

7:30-8:00	Continental Breakfast
8:00-10:00	Plagiocephaly/Craniosynostosis Anatomy Etiology/Incidence Assessment Treatment Helmet Criteria Outcomes Case Reviews Facial Asymmetry
10:00-10:15	Break
10:15-12:00	Treatment: Clinical Pathways/Protocols/ Outcomes Manual Stretching/Functional Range of Motion (Lab) Functional Strengthening Functional Play
12:00-1:00	Lunch (on your own)
1:00-3:00	Treatment: (continued) Manual Techniques Problem Solving Participant Cases Positioning/Including NICU HEP Taping (Lab)/Tot Collar
3:00-3:15	Break
3:15-5:00	Case Reviews Clinical Decision Making/Follow-up Botox Surgical Intervention Related Infant Trends Insurance Trends Summary/Conclusions

AUDIENCE

Physical, Occupational and Speech Therapists and Assistants; Nurses, including NICU, Nurse Practitioners, Orthotists, Physician Assistants and Physicians.

TESTIMONIALS

"This was one of the best continuing education classes I have ever attended. Cindy is a great teacher and did such a great job covering all aspects of Evaluation and Treatment of Torticollis, providing a lot of case studies and examples. I would highly recommend this course to all pediatric therapists." - I Swann, PT

"Great presentation! Cindy's method of teaching was phenomenal - she gave numerous examples, materials and peer-reviewed articles. Very informative. I would definitely recommend her to my colleagues." - T Bihasa, PT

