

Division of Cardiology
Department of Medicine
School of Medicine
University of California, San Francisco



University of California
San Francisco

33rd Annual Symposium

Cardiology

FOR THE PRACTITIONER

MONDAY - WEDNESDAY
October 17-19, 2016

NATIONAL PARK SERVICE

100
years

Yosemite National Park
Yosemite, California

PROGRAM DIRECTOR
PRAKASH C. DEEDWANIA, MD, FACC

Special Reduced Hotel Rates:

- **Yosemite Valley Lodge**
(formerly known as the
Yosemite Lodge at the Falls)
\$234.25/night
- **The Majestic Yosemite Hotel**
(formerly known as the Ahwahnee)
\$448-\$470/night

HOTEL REGISTRATION DEADLINE:
September 14, 2016

REGISTER EARLY • SPACE IS LIMITED

Cardiology

FOR THE PRACTITIONER

Yosemite National Park will be the site for the 33rd Annual Course “Cardiology for the Practitioner.” This three-day symposium is an intensive course designed for internists, primary care physicians, family practitioners, cardiologists, and other health care providers who encounter patients with various heart diseases. Recent advances in pathophysiology, therapeutic considerations, and clinical relevance of common cardiovascular disorders will be presented. Emphasis will be placed on the recent practice guidelines and updates for common cardiovascular conditions. The entire course will focus on frequently encountered clinical problems in cardiac patients by the practicing physicians.

There will be state-of-the-art and comprehensive reviews on coronary risk factors, hypertension, hyperlipidemia, coronary artery disease, acute and chronic ischemic syndromes, syncope, atrial fibrillation, aortic valve disease, and heart failure. Special focus will be placed on review of traditional and emerging cardiac risk factors highlighting primary and secondary prevention strategies. In addition, we will discuss updates and critical review of newer diagnostic imaging modalities, use of newer therapeutic strategies based on recent clinical trials, and emerging interventional techniques for CVD. Lastly, topics will be discussed pertaining to reviews on recent clinical trials and practice guidelines in the management of hypertension, dyslipidemia, stable and unstable angina, atrial fibrillation, and heart failure.

This year’s program will be devoted to topics of clinical relevance in practice and will include special emphasis on cost-effective, guidelines based treatment of most common cardiac conditions in clinical practice. The topics and speakers will pay special attention to the clinical problems frequently encountered by the clinician in his/her practice. Special features of the program will include most recent guidelines and workshops on ECG interpretation and cardiac auscultation. Throughout this course, efforts will be made to provide the clinician with practical knowledge required for the management of cardiac patients utilizing a selection of evidence-based guidelines recommended cost-effective therapies in the current climate of cost containment in health care.

Upon completion of this course, the attendees will be better able to:

- Apply newly acquired knowledge of guidelines-based treatments in the care of their cardiac patients.
- Incorporate the most reasonable cost-effective diagnostic evaluation of common cardiovascular disorders.
- Determine the appropriate goals as recommended by the guidelines to be achieved in the care of their cardiac patients.
- Recognize the latest advances in the management of patients with hypertension, hyperlipidemia, acute and chronic coronary syndromes, valvular heart diseases, atrial fibrillation, and heart failure.
- Define the pathophysiology of angina, endothelial dysfunction and microvascular disease.
- Understand the development of various diagnostic and therapeutic modalities in CVD.
- Understand the work up and management of patients with acute and chronic coronary syndromes.
- Define the benefits and role of exercise in health and CVD.
- Evaluate the uses and limitations of stress testing and various imaging modalities in cardiac patients.
- Incorporate the role of newer lipid lowering drugs beyond statins in clinical practice.
- Understand the role of various interventions to prevent heart disease in the population.
- Recognize the indications and complications of newer vs. old anticoagulants and antithrombotic in CVD.
- Evaluate and follow up of patients with heart failure.
- Incorporate the role of newer drugs in patients with acute and chronic heart failure.
- Understand the role of emerging percutaneous approaches for valvular heart conditions.
- Evaluate and manage patients acute and chronic atrial fibrillation.
- Understand the role of various devices for diagnostic and therapeutic use in heart failure.
- Identify various cardiac sounds, murmurs and related disorders.
- Interpret electrocardiography to identify common EKG abnormalities.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physicians: UCSF designates this live activity for a maximum of **17.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meeting the requirements under California Assembly Bill 1195, continuing education and cultural linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credits™** issued by organizations accredited by the ACCME.

GENERAL INFORMATION

Pre-registration is preferred. Registration fee includes a course syllabus and continental breakfast. Additional meals and accommodations are not included.

REGISTRATION INFORMATION

Tuition*: **\$550** Physicians
\$450 Allied Health Professionals

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:

UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: 415-476-5808

Please check our website for up-to-date information on the course: cme.ucsf.edu

REFUND POLICY

There will be a **\$100.00** service charge for refunds requested before the registration deadline. No refunds will be provided after **September 17, 2016**. All refund requests made before the deadline must be submitted in writing and received in the CME office by **September 16, 2016**.

CONFERENCE LOCATION

The conference, located at the Yosemite Valley Lodge in Yosemite National park, is one of the most beautiful wilderness parks in the United States, best known for its waterfalls. Within its nearly 1,200 square miles, you can find deep valleys, grand meadows, ancient giant sequoias, a vast wilderness area, and much more.

There are four entrance options to Yosemite National Park: California 120 from Manteca, 140 from Merced, 41 from Fresno, and the Tioga Pass Trans Sierra Road connecting with Highway 395.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Yosemite Valley Lodge (formerly known as the Yosemite Lodge) and the Majestic Yosemite Hotel (formerly known as the Ahwahnee Hotel). Cut-off date for receipt of reservations is **September 14, 2016**. Early reservations are necessary, as unreserved rooms will be released on **September 14, 2016**.

You can book your reservations **ONLY** over the phone at **888-413-8869** and provide the following code for our group rate: **1045ZT**.

Cardiology

FOR THE PRACTITIONER

MONDAY, OCTOBER 17, 2016

All sessions will be held in the Cliff/Falls Room at Yosemite Valley Lodge

7:30 am *Registration / Complimentary Continental Breakfast
(Registrants Only-Mountain View Lounge)*

SESSION TITLE: Coronary Artery Disease , Angina, and Acute Coronary Syndromes

Session Chair: Prakash C. Deedwania, MD, FACC

8:00	Welcome and Course Overview	Prakash C. Deedwania, MD, FACC
8:05	A Journey through the Greatest Medical Breakthroughs in Cardiology	James Forrester, MD, FACC
8:40	Questions and Answers	
8:50	Microvascular Disease and Angina: Is it Really a Disease or just a Sexy Term?	Ezra Amsterdam, MD, FACC
9:30	Questions and Answers	
9:40	Ongoing Controversies in the management of Acute Coronary Syndromes and STEMI	John Ambrose, MD, FACC
10:20	Questions and Answers	
10:30	<i>Break/Meet the Faculty</i>	

SESSION TITLE: Special Topics in Cardiology for the Clinicians

Session Chair: Prakash C. Deedwania, MD, FACC

10:45	Critical Appraisal of Invasive vs. Optimal Medical Therapy for ACS/NSTEMI: What Do the Studies Show and What should we Really Do?	Ezra Amsterdam, MD, FACC
11:20	Question and Answers	
11:30	How We can (and should) Dislodge Heart Disease as our Number One Killer in this Decade?	James Forrester, MD, FACC
12:15 pm	Question and Answers	
12:30	<i>Adjourn</i>	

MONDAY EVENING

6:00 pm - **Special Evening Session**

7:30 pm (This evening workshop will be held in the Yosemite Valley Lodge – Cliff/Falls Room) - Each participant may attend and switch between workshops in the two rooms, both consisting of 45 minute sessions.

Session A: Practical Considerations and GDMT in CAD and ACS

John Ambrose, MD, FACC
Ezra Amsterdam, MD, FACC
James Forrester, MD, FACC

Session B: Management of Hypertension and Hyperlipidemia in Clinical Practice

Prakash C. Deedwania, MD, FACC
John Kane, MD
Mary Malloy, MD

TUESDAY, OCTOBER 18, 2016

7:30 am *Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)*

8:00	Special Interactive Session on ECG Interpretation <i>(participants are encouraged to read in advance the ECG examples given in their course handbook and bring digital images of challenging ECGs)</i>	Nora F. Goldschlager, MD, FACC
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SESSION TITLE: Common Clinical Dilemmas and most Frequently Asked Questions in Cardiology

Session Chair: Prakash C. Deedwania, MD, FACC

9:00	Exercise and the Heart: How does it help in Healthy Individuals and Patients with CVD?	Ezra Amsterdam, MD, FACC
9:40	Stress Testing: Practical Considerations and Why it is still the Preferred Initial Test? When Do Imaging Modalities have a role?	Nora F. Goldschlager, MD, FACC
10:10	Questions and Answers	



program

TUESDAY, OCTOBER 18, 2016 (CONT'D)

10:20	<i>Break/Meet the Faculty</i>	
10:30	Infective Endocarditis: Are the New Antibiotic Prophylaxis Guidelines Working?	Michael Crawford, MD, FACC
11:00	Questions and Answers	
11:30	Drugs and Electrolytes and their Effects on ECG	Nora F. Goldschlager, MD, FACC
12 Noon	Questions and Answers	
12:10 pm	Conundrum of Anticoagulants and Antithrombotic Agents in CAD and AFib patients	John Ambrose, MD, FACC
12:30	Questions and Answers	
12:35	Interventional Cardiology at the Crossroads: Focus on the Future	James Forrester, MD, FACC
1:15	Questions and Answers	
1:30	<i>Adjourn</i>	

TUESDAY EVENING

6:30 pm -	Special Evening Session: Workshop on Cardiac Auscultation using Commonly Encountered Clinical Scenarios: What do I hear and what does it mean?	Michael Crawford, MD, FACC
7:30 pm		

WEDNESDAY, OCTOBER 19, 2016

7:30 am *Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)*

SESSION TITLE: Recent Advances and Updates in Hypertension, Lipids, and Atrial Fibrillation

Session Chair: Richard Kiel, MD

8:00	Hypertension Management: SPRINT for HOPE! What are the Goal BP for our Hypertensive Patients in 2016?	Michael Crawford, MD, FACC
8:35	Questions & Answers	
8:40	Statin Intolerance: How Frequent is It, and What to Do about It?	Mary Malloy, MD
9:10	Question and Answers	
9:20	Beyond LDL Lowering with Statins: Why, When, and What to Consider?	John Kane, MD Mary Malloy, MD
10:00	Question and Answers	
10:10	An Update on Practical Aspects in the Management of AFib	Byron Lee, MD, FACC
10:40	Question and Answers	

SESSION TITLE: Recent Advances and Updates in Heart Failure

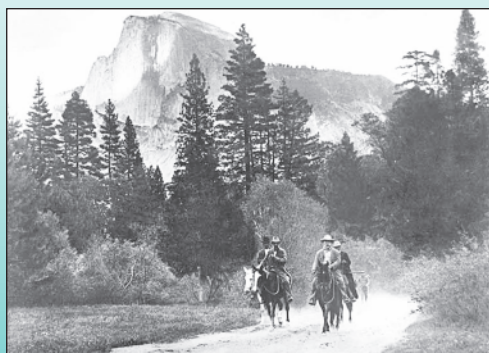
10:50	An Update on the Management of CHF: Newer Drugs and Devices	Richard Kiel, MD
11:30	Question and Answers	
11:40	Devices for Heart Failure: Indications and Practical Considerations	Byron Lee, MD, FACC
12:10 pm	Question and Answers	
12:20	Ischemic Cardiomyopathy: The Role of Myocardial Revascularization	Michael Crawford, MD, FACC
1:00	Question and Answers	
1:15	<i>Adjourn</i>	

Please note that all sessions are held in the Cliff/Falls room at Yosemite Valley Lodge. For **emergency phone calls** during the program, please use the following numbers: **The Majestic Yosemite Hotel Front Desk (209) 372-1407**, or the **Yosemite Valley Lodge Front Desk (209) 372-1274**.

The National Park Service turns 100 on August 25, 2016.

As we lead up to the centennial, we invite you to participate in Find Your Park Experiences to learn, discover, be inspired, or simply have fun in national parks. Find Your Park Experiences offer unique opportunities to explore national parks both in person and online. Check out the experiences in this park or search all experiences to identify an opportunity that matches your interests. You can also share your national park story at FindYourPark.com.

<https://www.nps.gov/yose/getinvolved/2016.htm>



Upcoming CME Courses

33rd Annual Advances in Heart Disease
December 16-18, 2016
San Francisco, CA



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San Francisco
Office of Continuing
Medical Education
3333 California Street
Suite 450
San Francisco, CA
94143-0742

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For more information
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visit our website at
www.cme.ucsf.edu.
You may also reach
us by calling the
Office of Continuing
Medical Education
at (415) 476-4251
or emailing
info@ocme.ucsf.edu.

PROGRAM CHAIRMAN

Prakash C. Deedwania, MD, FACC

Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA

COURSE FACULTY

John Ambrose, MD, FACC

Professor of Medicine,
UCSF School of Medicine,
Chief, Cardiology Division
University of California, Fresno, CA

Ezra Amsterdam, MD, FACC

Distinguished Professor of
Medicine, University of California,
Davis; Director of Coronary Care
Unit, UC Davis Medical Center,
Davis, CA

Michael Crawford, MD, FACC

Professor of Medicine and Chief of
Cardiology for Clinical Services,
UCSF School of Medicine,
San Francisco, CA

COURSE FACULTY (CONT'D)

James Forrester MD, FACC

George Burns and Gracie Allen
Professor Emeritus, Cedar Sinai
Heart Institute and UCLA School of
Medicine, Los Angeles, CA

Nora F. Goldschlager, MD, FACC

Chief, Clinical Cardiology; Director,
CCU, ECG Lab and Pacemaker
Clinic, San Francisco General
Hospital; Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA

John Kane, MD

Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA

COURSE FACULTY (CONT'D)

Richard Kiel, MD

Assistant Clinical Professor of
Medicine, UCSF School of
Medicine, San Francisco, CA,
Director Heart Failure Clinic,
Community Regional Medical
Center, Fresno, CA

Byron Lee, MD, FACC

Professor of Medicine, UCSF
School of Medicine, UCSF School
of Medicine, San Francisco, CA

Mary Malloy, MD

Professor of Medicine, Lipid Clinic,
UCSF School of Medicine,
San Francisco, CA

PLANNING COMMITTEE

Chairman:

Prakash C. Deedwania, MD, FACC

 **faculty**



UCSF CARDIOLOGY CONFERENCE 2016

MFR17001

Yosemite National Park, CA • October 17-19, 2016

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: **cme.ucsf.edu**
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

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Degree		Specialty
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Daytime Phone		Fax
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Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs: _____

Registration Fees (Receipt/confirmation will be mailed within two to four weeks):

- ☐ **\$550** Physicians
☐ **\$450** Allied Health Professionals

Make checks payable to *UC Regents*

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