



21<sup>st</sup> International  
Congress on  
**Palliative  
Care**

**October 18-21, 2016**

Palais des Congrès  
Montréal, Canada

[www.pal2016.com](http://www.pal2016.com)

**DETAILED PROGRAMME**

Presented by  
**PALLIATIVE CARE MCGILL**  
McGill University



# MESSAGE FROM THE CONGRESS CHAIR AND DIRECTOR OF PALLIATIVE CARE MCGILL

**On behalf** of all my colleagues at Palliative Care McGill, it is with great pleasure that I invite you to join us in Montréal this October for the 21<sup>st</sup> International Congress on Palliative Care.



Since the Congress was first held in 1976, then called “The International Seminar on Terminal Care”, it has grown and evolved steadily from a few dozen delegates to close to two thousand professionals and volunteers from all over the world. We have grown, but what remains at the core of this Congress is our wish to blend the humanities with the sciences, to allow for learning, to be inspired by one another, and to reflect on the care we offer.

Again this year, hundreds of healthcare professionals, academics, artists, researchers, philosophers, volunteers, as well as many others involved in the care of the dying and their loved ones, have offered to share their expertise and experience with all of us. We have more than 260 speakers, and are expecting more than 400 posters from the four corners of our planet. I am sure that browsing through this brochure and seeing the incredible diversity of subjects and points of view, you will agree that this 21<sup>st</sup> edition of the Congress should not be missed.

We have so much to share and celebrate in our collective accomplishments. I look forward to welcoming you to Montréal on October 18<sup>th</sup> for this Congress which will be rich with ideas, friendship and inspiration!

## **Bernard J. Lapointe, MD**

Eric M. Flanders Chair in Palliative Medicine  
McGill University, Montréal

## **Acknowledgements**

The 21<sup>st</sup> International Congress on Palliative Care is particularly grateful for the support of the following organizations:



Canada Innovation



## Executive Committee

**Bernard Lapointe, Congress Chair,**  
Eric M. Flanders Chair in Palliative Medicine;  
Director, Palliative Care McGill, McGill  
University; Chief, The Marjorie and Gerald  
Bronfman Division of Palliative Care, Jewish  
General Hospital, Montréal, QC

**Vasiliki (Bessy) Bitzas,** Head Nurse,  
Palliative Care, Jewish General Hospital,  
Montréal, QC

**Robin Cohen,** Director of Research,  
Palliative Care McGill, McGill University;  
Senior Investigator, Jewish General Hospital,  
Montréal, QC

**Linda Crelinsten,** Council on Palliative  
Care, Montréal, QC

**Kappy Flanders,** Co-Chair, Council on  
Palliative Care, Montréal, QC

**Mary Ellen Macdonald,** Assistant  
Professor, Faculty of Dentistry, McGill  
University, Montréal, QC

**Christopher MacKinnon,** Psychologist,  
Palliative Care, McGill University Health  
Centre, Montréal, QC

**April O'Donoughue,** President,  
O'Donoughue & Associates Event  
Management, Mansonville, QC

**Devon Phillips,** Program Advisor, Palliative  
Care McGill, McGill University, Montréal, QC

## Programme Committee

**Carla Alexander,** University of Maryland,  
Baltimore, MD, USA

**Hitesh Bhanabhai,** Montreal General  
Hospital, Montréal, QC

**Maryse Bouvette,** Bruyère Continuing  
Care, Ottawa, ON

**Franco Carnevale,** Montreal Children's  
Hospital, Montréal, QC

**Harvey Chang,** Jewish General Hospital,  
Montréal, QC

**Teresa Dellar,** West Island Palliative Care  
Residence, Kirkland, QC

**James Downar,** University of Toronto,  
Toronto, ON

**Justine Farley,** Palliative Care Physician,  
Montréal, QC

**Hinda Goodman,** Hope & Cope,  
Montréal, QC

**Marc Hamel,** Montreal General Hospital,  
Montréal, QC

**David Henderson,** Colchester-East Hants  
Palliative Care Program, Truro, NS

**Leonie Herx,** University of Calgary,  
Calgary, AB

**Cory Ingram,** Mayo Clinic, Rochester,  
MN, USA

**R. Sean Morrison,** Mount Sinai Icahn  
School of Medicine, New York, NY, USA

**Elena Neamt,** CSSS de l'Ouest de l'Île,  
Pointe-Claire, QC

**Suzanne O'Brien,** Hope and Cope,  
Montréal, QC

**Bonica Orng,** Montreal General Hospital,  
Montréal, QC

**Monica Parmar Calislar,** Jewish General  
Hospital, Montréal, QC

**Deborah Salmon,** Montreal General  
Hospital, Montréal, QC

**Antonio Viganò,** Montreal General  
Hospital, Montréal, QC

**David Wright,** Bruyère Continuing Care,  
Ottawa, ON

**Jean Zigby,** Jewish General Hospital,  
Montréal, QC

## Senior Advisory Committee

**Sharon Baxter**, *Canadian Hospice Palliative Care Association, Ottawa, ON, Canada*

**Myra Bluebond Langner**, *University College London, Institute of Child Health, London, United Kingdom*

**Gian Borasio**, *University of Lausanne, Lausanne, Switzerland*

**Ira Byock**, *Providence Health and Services, Torrance, CA, United States*

**Susan Cadell**, *Renison University College, Waterloo, ON, Canada*

**Harvey Max Chochinov**, *University of Manitoba, Winnipeg, MB, Canada*

**Betty Davies**, *University of Victoria, Victoria, BC, Canada*

**Mellar Davis**, *Cleveland Clinic, Cleveland, OH, United States*

**Liliana de Lima**, *International Association for Hospice and Palliative Care, Houston, TX, United States*

**Luce Des Aulniers**, *Université du Québec à Montréal, Montréal, QC, Canada*

**Deborah Dudgeon**, *Canadian Partnership Against Cancer (CPAC), Kingston, ON, Canada*

**Betty Ferrell**, *City of Hope, Duarte, CA, United States*

**Kathleen Foley**, *Memorial Sloan-Kettering Cancer Center, New York, NY, United States*

**Irene Higginson**, *King's College London, London, United Kingdom*

**Tom Hutchinson**, *McGill Programs in Whole Person Care, Montréal, QC, Canada*

**Stephen Liben**, *The Montreal Children's Hospital, Montréal, QC, Canada*

**Neil MacDonald**, *McGill University, Montréal, QC, Canada*

**Vincent Morel**, *Société Française d'Accompagnement et de Soins Palliatifs, Rennes, France*

**Balfour M. Mount**, *Professor Emeritus in Palliative Medicine, McGill University, Montréal, QC, Canada*

**David Prail**, *Chair of hospice and Past Chair, Worldwide Hospice Palliative Care Alliance, London, United Kingdom*

**Gary Rodin**, *Princess Margaret Hospital, University Health Network, Toronto, ON, Canada*

**Anna Towers**, *Palliative Care McGill, McGill University, Montréal, QC, Canada*

## Congress Secretariat

*O'Donoghue*  
& ASSOCIÉS

Gestion d'événements  
Event Management

Visit the conference website:  
**[www.pal2016.com](http://www.pal2016.com)**

**O'Donoghue & Associates  
Event Management Ltd.**

75 chemin Mountain  
Mansonville, Québec, Canada J0E 1X0

Tel.: +1 450-292-3456, ext. 227

Fax: +1 450-292-3453

Email: [info@pal2016.com](mailto:info@pal2016.com)

# Table of Contents

Special Congress Features .....6-9

## SCIENTIFIC PROGRAMME

### Tuesday, October 18

Research Forum 1 .....10

All-Day Seminars .....11-14

### Wednesday, October 19

Plenary 1 .....15

Seminar: Fundamentals of

Palliative Care Nursing .....15

Seminar: Pharmacotherapy .....16

Workshops/Proffered Papers .....17

Dedicated Poster Session .....29

### Thursday, October 20

Research Forum 2 .....30

Plenary 2 .....31

Seminar: New Trends in Bereavement

Research and Supportive Practice .....31

Workshops/Proffered Papers .....33

Symposium: From Personalized Medicine,

Patient-Centered Care to

Person-Centered Care .....37

Plenary 3 .....41

### Friday, October 21

Research Forum 3 .....42

Seminar: Medical Aid in Dying .....42

Workshops/Proffered Papers .....43

Closing Plenary .....53

...

Programme at a Glance .....54-55

Registration Information .....56

Registration Form .....Center pages

Venue & Where to Stay .....57

Index of Speakers .....58-59

**CME  
CREDITS**

For this course, we have requested CME study credits from McGill University, Office for Continuing Professional Development (CPD) which sponsors **continuing medical education for physicians**.

The Office for CPD McGill University is fully accredited by the Committee on Accreditation of Canadian Medical Education (CACME).

We are also requesting continuing education credits for **nurses, pharmacists and psychotherapists**.

For details, please visit the web site: **[www.pal2016.com](http://www.pal2016.com)**

*Daily sign-in registration will be required in order to receive attestation certificates.*

*You are responsible to collect your attestation certificate on your last day at the Congress.*

## Translation

Simultaneous interpretation (French-English / English-French) will be offered for all Plenary sessions and selected seminars and workshops.

Watch for this symbol



**E⇒F**

*means the language of presentation is English with interpretation into French.*

**F⇒E**

*means the language of presentation is French with interpretation into English.*

For all other sessions, the title and description are in the language of presentation.

# Feel Good

Caring for ourselves is key to being able to care for others... The Congress offers ample opportunity to restore our inner tranquility and help us achieve a sense of well-being.

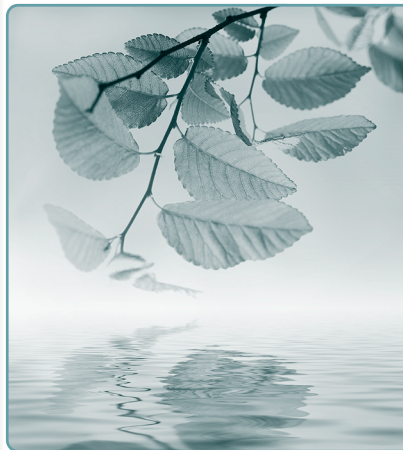


## Self Care Activities

This popular feature will again be offered to participants each day, from Wednesday through Friday and will include a choice between an outdoor walk or run, and a session of yoga, mindful meditation, or pilates.

*Organized by Hope and Cope, Jewish General Hospital, Montréal*

*Start the day by doing something for yourself!*



## Reflections 2016

The Congress will continue its long-standing tradition of presenting **Reflections** at the beginning of every plenary session. Reflections combine images, music and words to lead us from the distractions and preoccupations that crowd our minds, into a focused awareness of shared experience.

## Memorial Service

**Wednesday, October 19**  
**17:15-17:55**

A short interlude of poetry, music and images to remember those whom we have lost. With the participation of French cellist **Claire Oppert**





# Welcome Reception

**Tuesday, October 18,  
17:30-19:00**

Join fellow participants over a glass of wine or refreshment of your choice and sample some of Montreal's most delectable culinary treats.

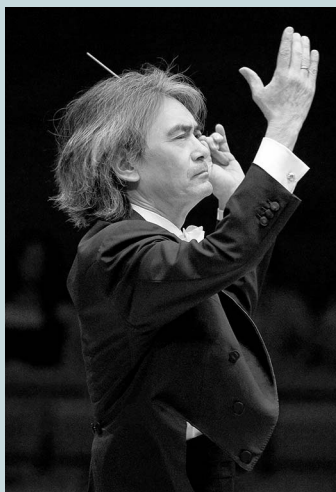
***A great opportunity to reconnect with old friends and to meet new ones in a relaxing ambience.***

*(Included in the registration fee)*



## Orchestre Symphonique de Montréal Concert

**Thursday, October 20, 20:00 – Maison Symphonique**



### *Maestro Kent Nagano Celebrates the Montréal Metro!*

Quebec has covered a lot of ground since the 1960s! For this concert, the Orchestre Symphonique de Montréal, under Maestro Nagano, teams up with the Société de Transport de Montréal to mark the 50<sup>th</sup> anniversary of the Montréal metro, with the world premiere of a work by composer José Evangelista. *You're in for quite a ride!*

***Tickets available for Congress participants at a special 20% discount.***

## Exhibit and Poster Display Hall

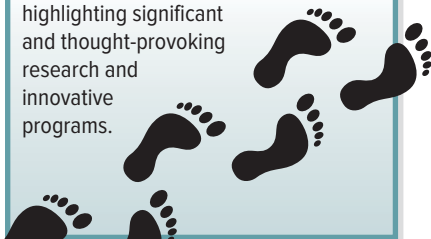
This gathering place features:

- **Over 400 Posters** covering a broad range of topics
- **Exhibits** showcasing services, supplies and information to assist palliative caregivers
- **A bookstore** with a comprehensive selection of books touching on all aspects of Palliative Care.
- **Book signings** with authors of recent publications

**NEW  
THIS YEAR**

## Poster Walks

Experts in various disciplines will lead small groups of interested participants around pre-selected posters, highlighting significant and thought-provoking research and innovative programs.



## Networking Lunches

*A chance to meet others from around the world who play a similar role and share your interests in palliative care.*

**For further information, visit the website: [www.pal2016.com](http://www.pal2016.com)**



## Films and Dramatic Presentations

For a change of pace and new perspectives, take advantage of these optional lunchtime activities.

- L01 Film Screening: I'm Still Here:  
Young Adults Living Life with Recurrent Cancer**  
*Tuesday, October 18, 12:50 - 13:50 – see page 12*
- L02 Dramatic Reading: Sophocles' Philoctetes**  
*Wednesday, October 19, 12:40 - 13:50 – see page 22*
- L04 Film Screening: Love in Our Own Time**  
*Thursday, October 20, 12:50-13:50 – see page 37*
- L05 Story/Theatre Presentation:  
Cicely! The Life and Work of Dame Cicely Saunders**  
*Friday, October 21, 12:50 - 13:50 – see page 53*



## Student Section

An opportunity for bachelor's, master's and doctoral students, as well as postdoctoral fellows to meet colleagues who share common interests in death, dying and bereavement, and to establish networks for possible future research and clinical collaborations.

The **Student Forum (L03)** will take place on **Wednesday, October 19, 13:00 – 13:50** – see page 22.

Details about other student activities may be found on the Congress website.

## RELATED MEETING

### International Palliative Care Family Carer Research Collaboration (IPCRC) – Open Meeting

Thursday, October 20, Thursday, 13:15 – 13:45

Palais des Congrès (room TBA in the on-site programme)  
Chair: Professor Peter Hudson (Australia)

The purpose of this meeting is to describe the functions and outcomes of the IPCRC and to welcome those potentially interested in joining the collaborative.  
All congress delegates welcome to attend.

For information: [ipcrc.centreforpallcare.org](http://ipcrc.centreforpallcare.org)

## FREE PUBLIC SCREENING & DISCUSSION

**Tuesday, October 18, 19:00**

– Palais des Congrès



*Narrated by acclaimed British actor David Suchet, CBE (Commander of the Most Excellent Order of the British Empire)*

### DAVID BOURKE MEMORIAL LECTURE **Little Stars: Accomplishing the Extraordinary in the Face of Serious Illness**

*Little Stars* tells the surprisingly life-affirming stories of young people living with life-limiting illnesses. Against the odds these youngsters are making the most of every moment thanks to the support of their loved ones, working in

harmony with passionate "palliative care" teams. *Little Stars* is a film you will never forget. Narrated by acclaimed British actor **David Suchet, CBE**, the raw power, insight and emotional honesty of this definitive human interest documentary will leave a lasting impression. The projection of the film will be followed by a period of discussion led by **Dr. Hal Siden**, Clinical Professor in the Department of Pediatrics of the University of British Columbia, and Medical Director of Canuck Place Children's Hospice.

# Scientific Programme



Be sure to visit the Congress website  
**www.pal2016.com** where programme  
updates and changes will be posted regularly.

## Legend of Session Types

All-Day Seminars (Tuesday) – S  
Plenaries – PL  
Research Fora – RF  
Workshops and Proffered Paper Sessions –  
A or B or C or D or E or F or G

## Tuesday, October 18, 2016

07:45 – 08:45

### RESEARCH FORUM

#### RF1

Chair: Robin Cohen, *McGill University, Montréal, QC, Canada*

Discussant: Sharon Kaasalainen, *McMaster University, Hamilton, ON, Canada*

#### **A) How Empowering Is Hospital Care for Older Adults, and What Difference Does Palliative Care Make? A Cross-National Ethnography in England, Ireland and the USA**

Lucy Ellen Selman<sup>1</sup>, Barbara Daveson<sup>1</sup>, Melinda Smith<sup>1</sup>, Bridget Johnston<sup>2</sup>, Karen Ryan<sup>3</sup>, R. Sean Morrison<sup>4</sup>, Katy Tobin<sup>4</sup>, Caty Pannell<sup>1</sup>, Regina McQuillan<sup>5</sup>, Taja Ferguson<sup>4</sup>, Anastasia Reison<sup>4</sup>, Steven Z. Pantilat<sup>6</sup>, Diane E. Meier<sup>4</sup>, Charles Normand<sup>2</sup>, Irene J. Higginson<sup>1</sup>

*1. King's College London, London, United Kingdom 2. Centre of Health Policy and Management, Trinity College Dublin, Dublin, Ireland 3. Mater Misericordiae University Hospital, Dublin, Ireland 4. Icahn School of Medicine at Mount Sinai, New York, NY, United States 5. Beaumont Hospital, Dublin, Ireland*

#### **B) Experiences of Integrating Electronic Assessments Within Tertiary Palliative Care: Use of the Quality of Life Assessment and Practice Support System (QPSS)**

Marian Krawczyk<sup>1,2</sup>, Kara Schick-Makaroff<sup>3</sup>, S. Robin Cohen<sup>4,5</sup>, Kelli Stajduhar<sup>6</sup>, Esther Laforest<sup>4</sup>, Sharon Wang<sup>2</sup>, Neil Hilliard<sup>7</sup>, Charlene Neufeld<sup>7</sup>, Judy Lett<sup>7</sup>, Carolyn Tayler<sup>7</sup>, James Voth<sup>8</sup>, Richard Sawatzky<sup>1,2</sup>

*1. Centre for Health Evaluation and Outcome Sciences, Vancouver, BC, Canada 2. Trinity Western University, Langley, BC, Canada 3. University of Alberta, Edmonton, AB, Canada 4. McGill University, Montréal, QC, Canada 5. Lady Davis Institute, Jewish General Hospital, Montréal, QC, Canada 6. University of Victoria, Victoria, BC, Canada 7. Fraser Health, Surrey, BC, Canada 8. Intogrey Research and Development Inc., Abbotsford, BC, Canada*

#### **C) The Effectiveness of the Care Programme for the Last Days of Life (CAREFuL) to Improve Comfort and Quality of Care in Acute Geriatric Hospital Wards: A Cluster Randomized Controlled Trial**

Kim Beernaert<sup>1</sup>, Tinne Smets<sup>1</sup>, Joachim Cohen<sup>1</sup>, Rebecca Verhofstede<sup>1</sup>, Massimo Costantini<sup>2</sup>, Kim Eecloo<sup>1</sup>, Nele Van Den Noortgate<sup>1,3</sup>, Luc Deliens<sup>1</sup>

*1. Vrije Universiteit Brussel and Ghent University, Ghent, Belgium 2. RCCS Arcispedale S. Maria Nuova, Reggio Emilia, Italy 3. Ghent University Hospital, Ghent, Belgium*

**Tuesday, October 18, 2016**

**09:00 – 17:30 CHOICE OF CONCURRENT ALL-DAY SEMINARS  
(S1, S2, S3, S4 or S5)**

**Morning Break:** 10:30 to 11:00 (seminars S1, S2, S3, S5); 11:00 to 11:30 (for seminar S4)

**Lunch Break:** 12:30 to 14:00 (all seminars)

**Afternoon Break:** 15:30 to 16:00 (all seminars)

## **S1 NURSING ISSUES**

E⇒F



### **BUILDING STRENGTH IN PALLIATIVE CARE NURSING: KNOWLEDGE, ACTION, AND SELF-CARE**

**Organizers and Co-Chairs:**

Vasiliki Bltzas, *Jewish General Hospital, Montréal, QC, Canada*,

Maryse Bouvette, *Bruyère Continuing Care, Ottawa, ON, Canada* and

David Wright, *University of Ottawa, Ottawa, ON, Canada*

(This Seminar will be conducted in English with simultaneous interpretation into French.)

As societies shift and populations age, health care systems are called upon to respond to new and increasingly complex challenges. Palliative care nursing must evolve to address these challenges, including caring for patients and families in different societal contexts and meeting the needs of a wide group of people. This evolution is framed by knowledge development and a patient centered call to action. Imperative to the strengthening of palliative care nursing is an acknowledgment that the moral burden of caring for the dying must be addressed and that coping strategies must be developed.

09:00 – 10:30

#### **Palliative Care in the Rural Community**

Barbara Pesut, *Canadian Research Chair in Health, Ethics and Diversity,  
University of British Columbia, Vancouver, BC, Canada*

11:00 – 12:30

#### **Theory of Intellectual Capital in Nursing**

Christine Covell, *University of Alberta, Edmonton, AB, Canada*

14:00 – 15:30

#### **Moral Distress**

Cynda Rushton, *Johns Hopkins University, Baltimore, MD, United States*

16:00 – 17:30

#### **Mindfulness**

Ruth Richardson, *Algonquin College, Ottawa, ON, Canada*



## S2



### **PEDIATRIC PALLIATIVE CARE RETHINKING THE 'PEDIATRIC' IN PEDIATRIC PALLIATIVE CARE: AN INTERPROFESSIONAL EXAMINATION OF THE CHILD IN OUR RESEARCH AND PRACTICE**

**Organizers and Co-Chairs:** Mary Ellen Macdonald, *McGill University, Montréal, QC, Canada* and Franco Carnevale, *The Montreal Children's Hospital, MUHC, Montréal, QC, Canada*

This Pediatrics "Rethinking Seminar" will examine how the 'voice of the child' matters in our clinical and research work. How might our approaches stifle children's voices, and how does this matter? In this seminar we will confront our assumptions and practices, with the goal of resolving tensions, uncovering gaps and imagining future directions together.

**09:00 – 10:30      What Is 'The Voice of a Child' and How Does It Matter?**

Alan Prout, *University of Leeds, Leeds, United Kingdom*

Franco Carnevale, *The Montreal Children's Hospital, McGill University Health Centre, Montréal, QC, Canada*

**Discussant:** Adam Rappaport, *Hospital for Sick Children, Toronto, ON, Canada*

**Q&A with audience**

**11:00 – 12:30      How Do We Solicit, Interpret, and Understand Voices That Are Difficult to Hear?**

Gail Teachman, *Centre for Research on Children and Families,*

*McGill University, Montréal, QC, Canada*

Chris Feudtner, *Children's Hospital of Philadelphia, Philadelphia, PA, United States*

**Discussant:** Manon Champagne, *Université du Québec en Abitibi-Témiscamingue, Rouyn-Noranda, QC, Canada*

**Q&A with audience**

**14:00 – 15:30      Contextualizing Voices: Family, Culture, Community**

Sylvie Fortin, *Université de Montréal, Montréal, QC, Canada*

**Discussant:** TBD

**Q&A with audience**

**16:00 – 17:30      Voices from Beyond the Grave**

Mary Ellen Macdonald, *McGill University, Montréal, QC, Canada*

Betty Davies, *University of Victoria, Victoria, BC, Canada*

**Discussant:** Susan Cadell, *Renison University College, Waterloo, ON, Canada*

**Q&A with audience**

**12:50 – 13:50**

**L01**

### **FILM SCREENING**



#### ***I'm Still Here: Young Adults Living Life with Recurrent Cancer***

*I'm Still Here* follows six young adults living with recurrent cancer on a three-day retreat. Working creatively with fear, uncertainty and hope will be the focus for discussion, following the film, facilitated by three participants in the film; one a young adult living with recurrent cancer, the others co-founders of the Callanish Society based in Vancouver, BC.

## **S3 WHOLE PERSON CARE BRINGING YOUR WHOLE PERSON TO WHOLE PERSON CARE**

*Organizer and Chair: Tom Hutchinson, McGill Programs in Whole Person Care,  
McGill University, Montréal, QC, Canada*

We will use techniques (ways of viewing the world, the iceberg metaphor, part's party) developed by family therapist Virginia Satir to explore how we can become both more effective and more resilient practitioners of whole person care.

- 09:00 – 10:30      **Ways of Viewing the World**
- 11:00 – 12:30      **Iceberg Metaphor**
- 14:00 – 15:30      **Parts Party**
- 16:00 – 17:30      **Resilience and Whole Person Care**

## **S4 CLINICAL MASTER CLASS UPDATE ON PALLIATIVE MODALITIES FOR MANAGING CANCER PATIENTS**

*Organizers and Co-Chairs: David Henderson, Colchester-East Hants Palliative  
Care Program, Truro, NS, Canada and Leonie Herx, University of Calgary,  
Calgary, AB, Canada*

*In cooperation with the Canadian Society of Palliative Care Physicians  
With the support of Canadian Partnership Against Cancer:*



CANADIAN PARTNERSHIP  
AGAINST CANCER



PARTENARIAT CANADIEN  
CONTRE LE CANCER

We have focused on non-malignant conditions over the last two Master Classes. This year we are pleased to present a world-renowned list of speakers reviewing evidence based best practices to manage some common conditions in malignant diseases.

- 09:00 – 10:00      **Newer Generation Palliative Treatments of Malignancies**  
*Paul Daeninck, University of Manitoba, Winnipeg, MB, Canada*
- 10:00 – 11:00      **Palliative Rehabilitation**  
*Thomas Jagoe, McGill University, Montreal, QC, Canada*
- 11:30 – 12:30      **What's New in Palliative Care Pain Management?**  
*Henrique A. Parsons, University of Ottawa, Elisabeth Bruyère Hospital, The Ottawa  
Hospital Research Institute, Ottawa, ON, Canada*
- 14:00 – 15:30      **Cachexia**  
*Eduardo Bruera, University of Texas, M.D. Anderson Cancer Center, Houston, TX,  
United States*
- 16:00 – 17:30      **Malignant Bowel Obstruction**  
*David Currow, Flinders University, Adelaide, SA, Australia*

## **S5 RESEARCH METHODOLOGY**

### **DEVELOPING AND EVALUATING INNOVATIVE AND/OR COMPLEX PROGRAMS/INTERVENTIONS**

Organizers and Co-Chairs: Robin Cohen, *McGill University, Montréal, QC, Canada* and R. Sean Morrison, *Mount Sinai Icahn School of Medicine, New York, NY, United States*

The purpose of this seminar is to give researchers an opportunity to learn from experts and each other about challenges/barriers/pitfalls and solutions to conducting palliative care research. There will be significant time for discussion. Clinicians are welcome to come and learn about challenges researchers face.

- 09:00 – 10:30     **Participatory, Collaborative, and Qualitative Evaluation**  
*Brad Cousins, University of Ottawa, Ottawa, ON, Canada*
- 11:00 – 12:30     **Palliative Care Issues in Randomized Control Trial Designs**  
i) Cluster Randomization  
ii) Dealing with Missing Data: Modified Intention-to-Treat  
*David Currow, Flinders University, Adelaide, SA, Australia*
- 14:00 – 15:30     **Natural Experiments and Quasi-Experimental Studies**  
*Melissa Aldridge, Mount Sinai School of Medicine, New York, NY, United States*
- 16:00 – 16:30     **Patient-Reported Outcomes (PROs): Validity Evidence and Values Underlying Their Use**  
*Richard Sawatzky, Trinity Western University, Vancouver, BC, Canada*
- 16:30 – 17:30     **Discussion and Closing Remarks**

17:30 – 19:00     **WELCOME RECEPTION**

19:00     **DAVID BOURKE MEMORIAL LECTURE**  
**Little Stars: Accomplishing the Extraordinary in the Face of Serious Illness** – see page 9 for details



07:00 – 08:00

**Self-Care Activities**

08:30 – 10:00

E⇒F



## PLENARY **PL1** INSPIRING PERSPECTIVES IN PALLIATIVE CARE

Chair: Bernard Lapointe, *McGill University, Montréal, QC, Canada*

### THE IMPORTANCE OF MUSIC IN OUR LIVES

Kent Nagano, *Music Director, Orchestre Symphonique de Montréal, Montréal, QC, Canada*

As Victor Hugo wrote: Music expresses that which cannot be put into words and that which cannot remain silent. Music plays a fundamental role in our lives, from the lullabies sung to us when we were infants, to our songs that celebrate love, to the sheer joy that we experience when listening to Mozart or The Beatles. Music creates strong emotions and triggers memories. Music allows us to build bridges and dreams of hope. At the opening plenary Maestro Kent Nagano, Music Director of the Montreal Symphony Orchestra, in conversation with author and caregiver Louise Penny, will explore the essential role of music in our lives and in the care of our patients.



### ON PAIN: HISTORICAL REFLECTIONS

Joanna Bourke, *Professor of History, Department of History, Classics and Archaeology, School of Social Sciences, History, and Philosophy, Birkbeck College, University of London, London, United Kingdom*

Pain has a history. Pain experiences do not emerge naturally from physiological processes, but always in negotiation with social worlds. As such, they are historically constituted and reconstituted in relation to language, social and environmental interactions, and bodily comportment. This plenary explores the different ways people have attempted to communicate their pain from the eighteenth century to the present.

10:00 – 11:00

**BREAK and POSTER WALKS**

At 11:00 participants may attend either the Special Seminar “Fundamentals of Palliative Care Nursing” (A01/B01/C01), or the Special Seminar “Pharmacotherapy and Palliative Care” (A02/B02/C02), both of which continue until 17:00; or alternatively choose from a selection of workshops at 11:00 (A03-A12), at 14:00 (B03-B12) and at 16:00 (C03-C12).

## 11:00 – 17:00 SPECIAL SEMINAR

### A01/B01/C01 FUNDAMENTALS OF PALLIATIVE CARE NURSING

**Organizers and Co-Chairs:**

Vasiliki Bitzas, *SMBD Jewish General Hospital, Montréal, QC, Canada*;  
Maryse Bouvette, *Bruyère Continuing Care, Ottawa, ON, Canada*; and  
David Wright, *University of Ottawa, Ottawa, ON, Canada*

*A series of presentations which highlight the fundamental value of palliative care nursing in intensive care settings, as advocates during periods of transitions in goals of care, and as key facilitators to communication.*

(Conducted in English and French with simultaneous interpretation.)

CONTINUES ON PAGE 16

E⇒F

F⇒E



## Wednesday, October 19, 2016

FUNDAMENTALS OF PALLIATIVE CARE NURSING – CONTINUED FROM PAGE 15

11:00 – 12:30

**A01**



### **A) The Integration of Palliative and End-of-Life Care in an Intensive Care Unit** *(presented in French)*

Lise Fillion, *Université Laval, Québec, QC, Canada*

### **B) Nursing Care of Patients Dying in the ICU**

David Wright, *University of Ottawa, Ottawa, ON, Canada*

Brandi Vanderspank-Wright, *University of Ottawa, Ottawa, ON, Canada*

14:00 – 15:30

**B01**



### **A) Transitions to Palliative Care: Experiences of Hospitalized Patients**

Vasiliki (Bessy) Bitzas, *S.M.B.D. Jewish General Hospital, Montréal, QC, Canada*

### **B) Improving Nurse to Nurse Transfer of Accountability in a Palliative Care Unit**

Victoria McLean<sup>1</sup>, Slawomir Zulawnik<sup>1</sup>, Fred Parmanand<sup>1,2</sup>

1. *St. Michael's Hospital, Toronto, ON, Canada*

2. *Bridgepoint Sinai Health System, Toronto, ON, Canada*

### **C) Nurses' Experiences of Patient Death: An Interpretive Description**

Christy Konietzny<sup>1</sup>, Sharon Kaasalainen<sup>1</sup>, Jenny Ploeg<sup>1</sup>, Nancy Carter<sup>1</sup>, Lori Schindel Martin<sup>2</sup>

1. *McMaster University, Hamilton, ON, Canada*

2. *Ryerson University, Toronto, ON, Canada*

16:00 – 17:00

**C01**



### **"The Therapeutic Self": An Evolving Communication Tool**

*(presented in French)*

Maryse Bouvette, *Bruyère Continuing Care, Ottawa, ON, Canada*

## **11:00 – 17:00 SPECIAL SEMINAR**

### **A02/B02/C02 PHARMACOTHERAPY AND PALLIATIVE CARE: WHAT WE NEED TO KNOW**

**E⇒F**



**Organizer and Chair:** Bonica Orng, *Montreal General Hospital, Montréal, QC, Canada*

*Effective symptom control in palliative care remains a challenge for caregivers seeking to ensure maximum patient comfort. This seminar will feature a series of presentations by leading experts who will discuss the latest research in understanding pain and current issues in medication options.*

11:00 – 12:30

**A02**

### **Let It Go! Let It Go! Setting Medications Free in Advanced Illness**

Mary Lynn McPherson, *University of Maryland School of Pharmacy, Baltimore, MD, United States*

Patients with advanced illnesses are frequently taking medications that could be considered futile or irrational. Participants in this presentation will learn about a systematic process to evaluate the benefits and burdens of medications in advanced illness, and recommend strategies for discontinuing medications that are no longer necessary.

CONTINUES ON PAGE 17

## Wednesday, October 19, 2016

PHARMACOTHERAPY AND PALLIATIVE CARE – CONTINUED FROM PAGE 16

14:00 – 15:15

**B02**

### Pain Management in the Geriatric Population

David Lussier, *Université de Montréal et Institut universitaire de gériatrie de Montréal, Montréal, QC, Canada*

Review of pharmacologic changes associated with aging, as well as practical tips on how to prescribe various analgesics in older patients, in order to obtain proper pain control and fewer adverse effects.

15:45 – 17:00

**C02**

### The Therapeutic Use of Cannabis

Mark Ware, *Alan Edwards Pain Management Unit, McGill University, Montréal, QC, Canada*

The medical use of cannabis is a topic of great interest to the public and health care professionals alike. This session will review some of the issues and opportunities that clinicians working in palliative care will face regarding this controversial topic.

## 11:00 – 12:30 CHOICE OF SPECIAL SEMINARS (A01 or A02) OR CONCURRENT WORKSHOPS (A03 – A12)

### A01 SPECIAL SEMINAR: FUNDAMENTALS OF PALLIATIVE CARE NURSING

(Part 1 – see box on page 15)

### A02 SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE

(Part 1 – see box on page 16)

### A03 PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) A Complex Palliative Care Journey: A Qualitative Investigation of the Death of One Twin in the Perinatal Period

Sarah Meaney<sup>1</sup>, Paul Corcoran<sup>1</sup>, Keelin O'Donoghue<sup>2</sup>

1. National Perinatal Epidemiology Centre, University College Cork, Cork, Ireland

2. University College Cork, Cork, Ireland

#### B) The Spiritual Challenge of Perinatal Bereavement

Daniel Nuzum<sup>1,2</sup>, Sarah Meaney<sup>3</sup>, Keelin O'Donoghue<sup>1,2</sup>

1. University College Cork, Cork, Ireland

2. Cork University Maternity Hospital, Cork, Ireland

3. National Perinatal Epidemiology Centre, University College Cork, Cork, Ireland

#### C) Only You Would Know: Bereaved Parent Volunteers Offering Support to Recently Bereaved Parents

Lori Malazich<sup>1</sup>, Carol May<sup>1</sup>, Scott Maurer<sup>1,2</sup>

1. Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA, United States

2. University of Pittsburgh, Pittsburgh, PA, United States

#### D) The End-of-Life Spiritual Care Service Package in the Newborn Intensive Care Unit(s)

Marzieh Hasanpour<sup>1</sup>, Narges Sadeghi<sup>2</sup>, Mohamad Heidarzadeh<sup>3,4</sup>

1. Tehran University of Medical Sciences, Tehran, Iran

2. Islamic Azad University, Isfahan, Iran

3. Tabriz University of Medical Sciences, Tabriz, Iran

4. Ministry of Health, Treatment and Medical Education, Tehran, Iran

A04

**A) When the Personal Meets the Professional and How Music Can Help**

Viv Lucas<sup>1</sup>, Bob Heath<sup>1,2</sup>

1. Garden House Hospice, Letchworth Garden City, Hertfordshire, United Kingdom

2. Maggie's Centre, Cheltenham, Gloucestershire, United Kingdom

A palliative care physician works with a music therapist to explore the use of creative song writing in supporting the care of patients and those that care for them.

**B) Awakening Empathy: Using Sociodrama in Communication Training**

Katie Neuendorf, Flannery Fielding, Center for Excellence in Healthcare

Communication, Cleveland Clinic, Cleveland, OH, United States

This workshop allows participants to deepen their empathetic perspective while practicing sociodrama skills, such as doubling and role-reversal. A comprehensive debrief will highlight the rationale for these methods in communication skills training.

A05

**A) How Do We Keep Volunteers Smiling?**

**Exploring Supportive Strategies for the Palliative Care Team**

Patrick Durivage<sup>1</sup>, Anna Feindel<sup>2</sup>, Zelda Freitas<sup>1,2</sup>, Isabelle Van Pevenage<sup>1</sup>, members of the Council on Palliative Care<sup>2</sup>

1. CREGES, CIUSSSS Centre-Ouest-de-l'Île-de-Montréal, Montréal, QC, Canada

2. Conseil des soins palliatifs, Université McGill, Montréal, QC, Canada

This workshop is intended for volunteers, coordinators and interdisciplinary teams. In subgroups, participants will exchange on issues related to the management of volunteers: recruitment, selection, training, supervision, evaluation and retention. A self-care exercise will conclude this workshop.

**B) Dying Is Social: Lessons from the Volunteers in the Pallium India Model**

Grace Taylor<sup>3</sup>, Ann Broderick<sup>2</sup>, Joann Eland<sup>2</sup>, MR Rajagopal<sup>1</sup>

1. Pallium India, Thiruvananthapuram, Kerala, India 2. University of Iowa, Iowa City, IA, United States 3. Harvard University, Cambridge, MA, United States

Pallium volunteers provide a social framework for patients and providers, sometimes performing tasks of nurses or social workers. Can this model bring dying from an institutional to a social context?

A06

**PROFFERED PAPERS – EDUCATION**

Three 20-minute presentations, each followed by a 10-minute question period

**A) Memorable Learning and Professional Identity Formation in Palliative Care: A Study of Canadian Family Medicine Residents**

Frances Kilbertus<sup>1</sup>, Rola Ajjawi<sup>2</sup>, Douglas Archibald<sup>3</sup>

1. Northern Ontario School of Medicine, Thunder Bay, ON, Canada

2. University of Dundee, Dundee, Scotland 3. University of Ottawa, Ottawa, ON, Canada

**B) New Directions in Communication Skills Training for Palliative Care Fellow-Physicians**

Stéphanie Gingras<sup>1</sup>, Christopher J. MacKinnon<sup>1,2</sup>, Sonia Skamene<sup>1</sup>

1. McGill University Health Center, Montréal, QC, Canada

2. McGill University, Montréal, QC, Canada

**C) Towards Skilled Feedback on Challenging Conversations – A Simulation-Based Faculty Workshop**

Amanda Roze des Ordon<sup>1</sup>, Jonathan Gaudet<sup>1</sup>, Adam Cheng<sup>1</sup>, James Downar<sup>2</sup>

1. University of Calgary, Calgary, AB, Canada

2. University of Toronto, Toronto, ON, Canada



**A07**

**A) Using a Social Determinants of Health (SDOH) Approach in the Provision of Palliative Care**

Blair Henry<sup>1,2</sup>, Naheed Dosani<sup>3,4,5</sup>, Lise Huyhn<sup>1</sup>

1. Sunnybrook Health Sciences, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. William Osler Health System, Brampton, ON, Canada 4. Palliative Education and Care for the Homeless, Toronto, ON, Canada 5. McMaster University, Hamilton, ON, Canada

Underserved populations experience a disproportionate decrease in access to all health resources in spite of poorer health outcomes and some would argue, higher need. Enhanced education and understanding of the impact that social determinant of health can have on access needs to be addressed. This workshop aims to identify the impact SDOH have on palliative care services itself and to introduce an assessment tool, designed specifically with palliative care in mind, to assist clinicians in proactively assessing barriers and biases and providing patients with resources for self-advocacy and support.

**B) Goals of Care and Advance Care Planning Initiative in the Cancer Care Setting**

Louise Hanvey<sup>1</sup>, Savanah Ashton<sup>1</sup>, Ruth Barker<sup>2</sup>, Mireille Lecours<sup>3</sup>, Tara Carpenter-Kellett<sup>4</sup>, Christine Power<sup>5</sup>, Robin Urquhart<sup>6</sup>

1. Canadian Hospice Palliative Care Association, Ottawa, ON, Canada 2. Canadian Partnership Against Cancer, Toronto, ON, Canada 3. Health PEI, Charlottetown, PEI, Canada 4. Cancer Care Manitoba, Winnipeg, MB, Canada 5. Eastern Health, St John's, NL, Canada 6. Cancer Care Nova Scotia, Halifax, NS, Canada

This workshop will explore the work of a new partnership between the Canadian Partnership Against Cancer, the Canadian Hospice Palliative Care Association and four provinces in Canada – Manitoba, Prince Edward Island, Newfoundland and Labrador and Nova Scotia – in launching goals of care and advance care planning policies and programs.

**A08**

**PROFFERED PAPERS – COMMUNICATION**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Professional Nursing Boundaries: When Therapeutic Care Is in Question**

Rose DeAngelis, *The West Island Palliative Care Residence, Kirkland, QC, Canada*

**B) Exploring Communication at the End of Life**

Laura Lewis<sup>1</sup>, Eunice Gorman<sup>1</sup>, Andrew Feron<sup>2</sup>

1. King's University College, London, ON, Canada  
2. Parkwood Hospital, London, ON, Canada

**C) Attitudes of Cancer Patients and Families Toward Advanced Directives**

Hui-ping Chen<sup>1</sup>, Jin-xiang Li<sup>1</sup>, Yu jiang<sup>2</sup>, Chuan Zhang<sup>1</sup>, Fan Zhang<sup>1</sup>, Lan Huang<sup>1</sup>, Wei Peng<sup>1</sup>

1. West China Fourth Hospital of Sichuan University, Chengdu, Sichuan, China  
2. West China Hospital of Sichuan University, Chengdu, Sichuan, China

**D) Perceptions of Palliative Care in Advanced Cancer: Do They Influence Receipt of Quality End-of-Life Care?**

Anna Collins<sup>1,2</sup>, Sue-Anne McLachlan<sup>3</sup>, Jennifer Philip<sup>1,2</sup>

1. Centre for Palliative Care, St Vincent's Hospital Melbourne, Melbourne, VIC, Australia  
2. University of Melbourne, Melbourne, VIC, Australia  
3. St Vincent's Hospital Melbourne, Melbourne, VIC, Australia

**A09**

**PROFFERED PAPERS – TECHNOLOGY SUPPORTING CULTURALLY RESPECTFUL CARE**

*Three 20-minute presentations, each followed by a 10-minute question period*

**A) LivingMyCulture.ca: New Online Tool to Support Culturally Safe Care**

Shane Sinclair<sup>1,2</sup>, Glen Horst<sup>1</sup>, Mei Lan Fang<sup>7</sup>, Romayne Gallagher<sup>1,6</sup>, Judith Sixsmith<sup>4,7</sup>, Kelli Stajduhar<sup>3</sup>, Karen Courtney<sup>3</sup>, Shelly Cory<sup>1</sup>, Bejoy Thomas<sup>5</sup>, Vivian Collacutt<sup>5</sup>, Sandy Kwong<sup>8</sup>, Ingrid See<sup>10</sup>, Sheryl Reimer-Kirkham<sup>9</sup>

1. Canadian Virtual Hospice, Winnipeg, MB, Canada 2. University of Calgary, Calgary, AB, Canada 3. University of Victoria, Victoria, BC, Canada 4. University of Northampton, Northampton, United Kingdom 5. Alberta Health Services, AB, Canada 6. Providence Health, Vancouver, BC, Canada 7. Simon Fraser University, Vancouver, BC, Canada 8. BC Cancer Agency, Vancouver, BC, Canada 9. Trinity Western University, Langley, BC, Canada 10. Vancouver Home Hospice Palliative Care Service, Vancouver, BC, Canada

**B) Indigenous Voices: New Online Tools to Enhance Competencies for Providing Culturally Safe Care**

Shelly Cory<sup>1,2</sup>, Kali Leary<sup>2</sup>, Brenda Hearson<sup>1</sup>, Carrie Bourassa<sup>3</sup>, Elder Betty McKenna<sup>1,3</sup>, Verna Fruch<sup>5</sup>, Lori Monture<sup>5</sup>, Mary Lou Kelley<sup>6</sup>, Jeroline Smith<sup>7</sup>, Sherol Kohoko<sup>7</sup>, Audrey Logan<sup>8</sup>, Donna Loft<sup>10</sup>, Phillippa Martee<sup>9</sup>, Laurie Nicholas<sup>4</sup>

1. Canadian Virtual Hospice, Winnipeg, MB, Canada 2. CancerCare Manitoba, Winnipeg, MB, Canada 3. First Nations University, Regina, SK, Canada 4. MaWi Council of First Nations, Fredericton, NB, Canada 5. Six Nations of the Grand River, ON, Canada 6. Lakehead University, Thunder Bay, ON, Canada 7. Peguis First Nation, MB, Canada 8. Windsor Regional Hospital, Windsor, ON, Canada 9. Baker Lake Hospice Society, Baker Lake, NU, Canada 10. Chiefs of Ontario, Toronto, ON, Canada

**C) Offering 'High-Tech, High Touch' Culturally Respectful Care: A Pilot Telepalliative Care Project in Rural Alaska**

Christopher Piromalli<sup>1</sup>, Stacy Kelley<sup>2</sup>, Matthew Olnes<sup>2</sup>, Christine DeCourtney<sup>2</sup>

1. Alaska Native Medical Center, Anchorage, AK, United States  
2. Alaska Native Tribal Health Consortium, Anchorage, AK, United States

**A10**

**PROFFERED PAPERS – HOME CARE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) A Good Enough Death?**

Roderick MacLeod<sup>1,2</sup>, Cheryl Johnson<sup>1</sup>, Victoria Coates<sup>1</sup>, Gretel Kemp<sup>1</sup>

1. HammondCare, Sydney, NSW, Australia 2. University of Sydney, Sydney, NSW, Australia

**B) Navigating Conflicting Values in Palliative Home Care**

Susan McClement<sup>1,2</sup>, Marie Edwards<sup>1</sup>, Elizabeth Peter<sup>3</sup>, Kerstin Roger<sup>1</sup>

1. University of Manitoba, Winnipeg, MB, Canada 2. Manitoba Palliative Care Research Unit, Winnipeg, MB, Canada 3. University of Toronto, Toronto, ON, Canada

**C) A Palliative Care Home Support Program in New South Wales (NSW), Australia – Design and Evaluation**

Roslyn Poulos<sup>2</sup>, Roderick Macleod<sup>1,3</sup>, Damian Harkin<sup>1</sup>, Andrew Cole<sup>1,2</sup>, Christopher Poulos<sup>1,2</sup>

1. HammondCare, Sydney, NSW, Australia 2. University of New South Wales, Sydney, NSW, Australia 3. University of Sydney, Sydney, NSW, Australia

**D) Better Access to Palliative Care: The Australian Hospice@HOME Program with Global Implications**

Fiona Onslow, Kim Macgowan, Emma Curnin, Hobart District Nursing Service Inc., Moonah, Tasmania, Australia

## Wednesday, October 19 , 2016

A11

### PROFFERED PAPERS – ADVANCE CARE PLANNING

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) Swe-ACP: Developing and Testing Tools for Structured Conversations About Values and Priorities for Future End-of-Life Care

Olav Lindqvist<sup>1,2</sup>, Carol Tishelman<sup>1,3</sup>, Malin Henriksson<sup>1,4</sup>

1. Karolinska Institutet, Stockholm, Sweden 2. Umeå University, Umeå, Sweden

3. Karolinska University Hospital, Stockholm, Sweden 4. Luleå University, Luleå, Sweden

#### B) From Knowledge-to-Action: A Synthesis of Barriers and Facilitators to Advance Care Planning Policy Implementation Across a Healthcare System

Jessica Simon<sup>1</sup>, Marta Shaw<sup>1</sup>, Patricia Biondo<sup>1</sup>, Jayna Holroyd-Leduc<sup>1</sup>, Sara Davison<sup>2</sup>, Eric Wasylenko<sup>1</sup>, Sunita Ghosh<sup>2</sup>, Jonathan Howlett<sup>1</sup>, Lauren Hutchinson<sup>3</sup>, Reanne Booker<sup>3</sup>, Nancy Marlett<sup>1</sup>, Shelley Raffin<sup>1</sup>, Konrad Fassbender<sup>2</sup>, Neil Hagen<sup>1</sup>

1. University of Calgary, Calgary, AB, Canada 2. University of Alberta, Edmonton, AB, Canada

3. Alberta Health Services, AB, Canada

#### C) Identification of Indicators to Monitor Successful Implementation of Advance Care Planning Policies in Alberta: A Delphi Study

Konrad Fassbender<sup>1</sup>, Jayna Holroyd-Leduc<sup>3</sup>, Patricia Biondo<sup>3</sup>, Malcena Stalker<sup>2</sup>, Alex Potapov<sup>2</sup>, Eric Wasylenko<sup>4</sup>, Max Jajszczok<sup>4</sup>, Jessica Simon<sup>3</sup>, Neil Hagen<sup>3</sup>

1. Covenant Health Palliative Institute, Edmonton, AB, Canada 2. University of Alberta, Edmonton, AB, Canada

3. University of Calgary, Calgary, AB, Canada 4. Alberta Health Services, Calgary, AB, Canada

#### D) Project to Improve Quality of Death and Dying for Patients in a University Hospital

Juli Moran, Sarah Charlton, Daryl Jones, Austin Health, Heidelberg, VIC, Australia

A12

### PRÉSENTATIONS COURTES – SOINS PALLIATIFS AU CONGO

*Une série d'exposés de 15 minutes suivis d'une période de questions de 5 minutes.*

#### A) La valeur probante d'un testament oral du patient en soins palliatifs après sa mort, réalités à Kinshasa

Jean Sampert Makassi Kitapindu-Kimweti, ASBL Palliafamilli, Kinshasa, Kinshasa, RD Congo

#### B) Soins palliatifs chez les Personnes Vivants avec le VIH(PVV) en situation pénitentiaire, nécessite d'une formation professionnelle. Point de vue d'un juriste congolais

Alain Kabemba Mbaya, Damas Kasonga Kananga, Pallia Familli, Kinshasa, Kinshasa, RD Congo

#### C) RDC: les soins palliatifs, une dynamique communautaire

René Lukoji Kalonji, Pallia Familli, Barreau de Kinshasa, Gombe, Kinshasa, RD Congo

#### D) Expérience de la clinique psy dans la prise en charge des patients palliatifs à Kinshasa

Etienne Yuma<sup>1,2,3,4</sup>, Jean-Claude Mukanzo<sup>4</sup>, Augustin Mamba<sup>4</sup>, Timothée Kamanga<sup>4</sup>

1. Pallia Familli, Kinshasa, RD Congo 2. Institut Supérieur des Techniques Médicales d'Ipamu, Mangai, Kvilu, RD Congo 3. Institut Supérieur des Techniques Médicales de Kinshasa, Kinshasa, RD Congo

4. Cliniques Psy, Kinshasa, RD Congo

## Wednesday, October 19, 2016

12:30 – 14:00 LUNCH BREAK

**OPTIONAL NETWORKING LUNCH** (See web site for details)

### 12:40 – 13:50 Dramatic Reading of Sophocles' Philoctetes

L02



The New York theatrical company *Outside the Wire* presents a reading of the ancient Greek play Sophocles' Philoctetes as a catalyst for town hall discussions about the challenges faced by communities, patients, caregivers, and medical professionals who work in the fields of palliative care, hospice, geriatrics, and nursing. The selected scenes from the play present emotionally charged, ethically complex situations involving suffering patients and conflicted caregivers providing an ancient perspective on contemporary medical issues.

The reading will be followed by a discussion.

**Discussants:** Suzanne O'Brien, *Hope & Cope, Jewish General Hospital, Montréal, Balfour Mount, Professor Emeritus in Palliative Medicine, McGill University, Montréal*

*Sponsored by Hope & Cope and Palliative Care McGill*

### 13:00 – 13:50 STUDENT FORUM: Negotiating a 'Good Enough' Death in Acute Care Contexts: Implications for Students in Palliative Care

L03

Marian Krawczyk, Centre for Health Evaluation and Outcome Sciences, St. Paul's Hospital, Vancouver, BC, Canada

This Forum will review research findings addressing the tensions between the real and ideal in acute palliative care provision and research. Focus will be placed on the needs and priorities of students who are engaging in graduate level research and in health care professional training programs in palliative care.

## 14:00 – 15:30 CHOICE OF SPECIAL SEMINARS (B01 or B02) OR CONCURRENT WORKSHOPS (B03 – B12)

### B01 SPECIAL SEMINAR: FUNDAMENTALS OF PALLIATIVE CARE NURSING (Part 2 – see box on page 16)

### B02 SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE (Part 2 – see box on page 17)

### B03 PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE



*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) 'But Wait, There's More!' Courageous Parents Network (CPN), the Digital Ginsu Steak Knife of Pediatric Palliative Care

Patricia O'Malley<sup>1,2,3</sup>, Blyth Lord<sup>3</sup>

1. Harvard Medical School, Boston, MA, United States

2. Massachusetts General Hospital for Children, Boston, MA, United States

3. Courageous Parents Network, Newton, MA, United States

#### B) Tensions at the End of Life in Pediatrics:

##### Actors, Causes, Coping Strategies and Remedies

Antoine Payot, Marie-Anne Archambault-Grenier, Marie-Hélène Roy-Gagnon, Nago Humbert, Sanja Stojanovic, Annie Janvier, Michel Duval, University of Montréal, Montréal, QC, Canada

CONTINUES ON PAGE 23



### **C) Maintaining Professional Boundaries: Lessons from “Best Practice” Health Care Providers**

Betty Davies<sup>1,7</sup>, Rose Steele<sup>2</sup>, Guenther Krueger<sup>3</sup>, Susan Albersheim<sup>4</sup>, Harold Siden<sup>4</sup>, Susan Cadell<sup>5</sup>, Caron Strahlendorf<sup>4</sup>, Jennifer Baird<sup>6</sup>

1. University of Victoria, Victoria, BC, Canada 2. York University, Toronto, ON, Canada 3. Child and Family Research Institute, Vancouver, BC, Canada 4. Children's and Women's Health Centre of British Columbia, Vancouver, BC, Canada 5. Renison University College - University of Waterloo, Waterloo, ON, Canada 6. Boston Children's Hospital, Boston, MA, United States 7. University of California San Francisco, San Francisco, CA, United States

### **D) What Do We Know About Pediatric Palliative Care Patients Who Consult the Emergency Department?**

Nathalie Gaucher, Nago Humbert, France Gauvin, *CHU Sainte-Justine, Montréal, QC, Canada*

### **B04 Evidence-based Treatment of Breathlessness in Palliative Care**

David Currow, *Flinders University, Adelaide, Australia*

Breathlessness is highly prevalent in palliative care. The evidence base to treat it continues to develop. This workshop will consider the pharmacological and health services interventions that are demonstrating benefits for patients.

### **B05 A) Enhancing Communication Skills in Palliative Care: Employing Carrots Rather Than Sticks**

Elaine Stevens<sup>1</sup>, Elizabeth Clark<sup>2,3</sup>, Bridget Johnston<sup>4</sup>, Sharon Ruckley<sup>5</sup>

1. University of the West of Scotland, Paisley, Scotland 2. Montefiore Medical Center, Bronx, NY, United States 3. Albert Einstein College of Medicine Bronx, Bronx, NY, United States 4. University of Nottingham, Nottingham, England 5. Provincial Integrated Palliative Care Programme, Charlottetown, PEI, Canada

This interactive workshop will appeal to anyone interested in communication skills training. Facilitators will discuss issues that prevent the enhancement of communication skills before solutions to the challenges are offered.

### **B) New Frontiers in Communication Skills Education**

Elizabeth Clark<sup>1,2</sup>, Elaine Stevens<sup>3</sup>, Bridget Johnston<sup>4</sup>, Marcos Montagnini<sup>5,6</sup>, Sharon Ruckley<sup>7</sup>

1. Montefiore Medical Center, Bronx, NY, United States 2. Albert Einstein College of Medicine, Bronx, NY, United States 3. University of West Scotland, Paisley, Scotland, United Kingdom 4. The University of Nottingham, Nottingham, United Kingdom 5. University of Michigan Medical School, Ann Arbor, MI, United States 6. VA Ann Arbor Healthcare System, Ann Arbor, MI, United States 7. Provincial Palliative Care Centre, Charlottetown, PEI, Canada

This workshop will present several innovative programs to teach palliative care communications skills that can be used with a range of learners in a variety of clinical settings

### **B06 PROFFERED PAPERS – CLINICAL ISSUES**

Three 20-minute presentations, each followed by a 10-minute question period

### **A) The Transplant Palliative Care Clinic: An Early Palliative Care Model for Patients in a Transplant Program with Non-Malignant Disease**

Kirsten Wentlandt<sup>1,2</sup>, Ebru Kaya<sup>1,2</sup>

1. University of Toronto, Toronto, ON, Canada  
2. University Health Network, Toronto, ON, Canada

CONTINUES ON PAGE 24

**B) The Prevalence and Intensity of People's Physical Symptoms at the Time That Dying Was Diagnosed: A Prospective Cohort Study**

Katherine Clark<sup>1,2</sup>, Alanna Connolly<sup>3</sup>, Sabina Clapham<sup>3</sup>, Karen Quinsey<sup>3</sup>, David Currow<sup>4</sup>

1. *Calvary Mater Newcastle, Waratah, NSW, Australia* 2. *The University of Newcastle, Newcastle, NSW, Australia* 3. *University of Wollongong, Wollongong, NSW, Australia* 4. *Flinders University, Adelaide, SA, Australia*

**C) Symptomatology of Cancer Related Fatigue and impact on Quality of Life in Patients on Palliative Care in a Tertiary Cancer Institute:**

**A Prospective Observational Study**

Arunangshu Ghoshal, Anuja Damani, MaryAnn Muckaden, Tata Memorial Centre, Mumbai, India

**B07**

**A) Applying Balint Work in Palliative Care**

Rotem Tellem<sup>1</sup>, Jeffrey L. Sternlieb<sup>2</sup>, Nicky Quinlan<sup>3</sup>

1. *Tel Aviv Medical Center, Tel Aviv, Israel* 2. *Lehigh Valley Health Network, PA, United States*  
3. *On Lok Lifeways PACE, San Jose, CA, United States*

Balint is a unique reflective method focused on the relationship between providers and patients. The workshop explores its concepts, allows firsthand Balint experience and describes Balint implementation in palliative care.

**B) Building the Future of Palliative Care: Mentoring Our People**

Donna S. Zhukovsky<sup>1</sup>, Eduardo Bruera<sup>1</sup>, MR Rajagopal<sup>2,3,4</sup>, Gary Rodin<sup>5,6</sup>

1. *The University of Texas MD Anderson Cancer Center, Houston, TX, United States* 2. *Trivandrum Institute of Palliative Sciences, Kerala, India* 3. *WHO Collaborating Centre for Training and Policy on Access to Pain Relief, Kerala, India* 4. *Arumanan Hospital, Kerala, India* 5. *University of Toronto, Toronto, ON, Canada* 6. *Princess Margaret Cancer Centre, Toronto, ON, Canada*

By the end of the session, it is anticipated that participants of diverse backgrounds and experience will have an improved understanding of the role that mentorship can play in professional development, ways to access local and distant mentors and how to mutually benefit from mentor-mentee relationship

**B08**

**PROFFERED PAPERS – COMPASSIONATE COMMUNITIES**

*Three 20-minute presentations, each followed by a 10-minute question period*

**A) Jump on the Bus! Palliative Care Is “Everyone’s Business”**

Denise Marshall<sup>1,2</sup>, Kathy Kortess-Miller<sup>1</sup>, José Pereira<sup>1</sup>, Srini Chary<sup>1</sup>, Kathryn Downer<sup>1</sup>

1. *Pallium Canada, Ottawa, ON, Canada*  
2. *McMaster University, Hamilton, ON, Canada*

**B) Going Public: Integrating Palliative Care, Health Promotion and Public Health in Sweden Through the DöBra Research Program**

Carol Tishelman<sup>1,2</sup>, Olav Lindqvist<sup>1,3</sup>

1. *Karolinska Institutet, Stockholm, Sweden*  
2. *Karolinska University Hospital, Stockholm, Sweden*  
3. *Umeå University, Umeå, Sweden*

**C) Compassionate Communities: How Do We Get There?**

Eman Hassan<sup>1</sup>, Terry Webber<sup>1</sup>, Doris Barwich<sup>1,2</sup>

1. *BC Centre for Palliative Care, New Westminster, BC, Canada*  
2. *University of British Columbia, Vancouver, BC, Canada*

## Wednesday, October 19 , 2016

### B09 PROFFERED PAPERS – SPIRITUALITY

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) Sacred Stories and Human Suffering: A Palliative Approach to Chaplaincy

Aaron Klink, *Pruitt Hospice, Durham, NC, United States*

#### B) Mobilizing the Gaelic Mindfulness of John O'Donohue for Presence in Palliative Care Practice

Sheryl Shermak, *University of Victoria, Victoria; Island Health, Port Alberni, BC, Canada*

#### C) Gaelic Rituals Around Death and Dying - The Concept of 'Home'

Mark Sheridan<sup>1</sup>, Maria McGill<sup>2</sup>, Mark Hazelwood<sup>3</sup>

1. *University of the Highlands and Islands, Inverness, Scotland, United Kingdom*

2. *Childrens Hospice Association Scotland, Edinburgh, Scotland, United Kingdom*

3. *Scottish Partnership for Palliative Care, Edinburgh, Scotland, United Kingdom*

### B10 PROFFERED PAPERS – FAMILY CAREGIVERS

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) Primary Caregivers' Experiences of Caring for Patients Under Hospice Care at Home

Jacek Soroka, *Mayo Clinic Health System, Mankato, MN, United States and International Observatory on End of Life Care, Lancaster University, Lancaster, United Kingdom*

#### B) The Moral Ambivalence of Informal Care for the Dying: Qualitative Study of Carers' Experiences at the End of Life

Alex Broom, *University of New South Wales, Sydney, Australia*

#### C) Why Not Ask the Experts? Family Caregivers' Experiences of Providing Palliative and End-of-Life Care

Lisa Williams, Tess-Moeke Maxwell, Stella Black, Gabriella Trussardi, Janine Wiles, Merryn Gott, Ngair Kerse, *University of Auckland, Auckland, New Zealand*

#### D) Current and Bereaved Caregiver Perceptions of a Psychoeducation Program

Pamela Durepos<sup>1,5,6</sup>, Sharon Kaasalainen<sup>1</sup>, Sandra Carroll<sup>2,3</sup>, Alexandra Papaioannou<sup>1,4</sup>

1. *McMaster University, Hamilton, ON, Canada* 2. *Hamilton Health Sciences Corporation, Hamilton, ON, Canada* 3. *Population Health Research Institute, Hamilton Health Sciences Corporation, Hamilton, ON, Canada* 4. *GERAS Centre, Hamilton Health Sciences / St Peter's Hospital, Hamilton, ON, Canada* 5. *Technology Evaluation in the Elderly Network, Kingston, ON, Canada* 6. *Shalom Village Nursing Home, Hamilton, ON, Canada*

### B11 PROFFERED PAPERS – RESEARCH METHODS

*Three 20-minute presentations, each followed by a 10-minute question period*

#### A) Development of an instrument to Assess Psycho-social Spiritual Healing: The NIH HEALS

Ann Berger, Danetta Hendricks Sloan, *National Institutes of Health, Bethesda, MD, United States*

#### B) So an Anthropologist Walks into a Palliative Care Unit...

Marian Krawczyk, *Centre for Health Evaluation and Outcome Sciences, Vancouver, BC, Canada; Trinity Western University, Langley, BC, Canada; Technology Evaluation in the Elderly Network, Kingston, ON, Canada*

#### C) Introduction to Rasch Measurement Methodology

Bruno Gagnon<sup>1,2,3</sup>, Giovani G. Arcuri<sup>4,5</sup>, Amel Baghdadli<sup>1,3</sup>

1. *Centre de recherche clinique et évaluative en oncologie, Québec, QC, Canada*

2. *Centre de recherche sur le cancer, Québec, QC, Canada* 3. *Laval University, Québec, QC, Canada* 4. *Royal Victoria Hospital, McGill University Health Centre, Montréal, QC, Canada*

5. *McGill University, Montréal, QC Canada*

**B12 ATELIER ET PRÉSENTATIONS COURTES – LA FIN DE VIE**

*Un atelier de 45 minutes, et deux exposés de 15 minutes, chacun suivi d'une période de questions de 5 minutes.*

**A) La physiologie de la fin de vie**

Patrick Vinay, professeur émérite, Université de Montréal, Montréal, QC, Canada

Les changements physiologiques en fin de vie causent :

1. Une déplétion en NO dans l'air inspiré, réduisant l'adaptation aux obstructions intra-bronchiolaires.
2. Une hypoalbuminémie réduisant la production métabolique de CO<sub>2</sub> avec des pauses respiratoires.
3. Une sécrétion accrue d'ADH exagérant les douleurs tumorales.
4. Une baisse des endorphines imposant un apport accru d'opioïdes pour supprimer la douleur croissante du malade.

**B) Survie des patients atteints de cancers solides incurables : validation externe prospective d'un score pronostique**

Delphine Prénat-Molimard<sup>1</sup>, Anne Perroziello<sup>1</sup>, Charles Jousselein<sup>1</sup>, Benoit Molimard<sup>2</sup>, Bénédicte De Corbière<sup>3</sup>

1. CHU Bichat, Paris, France
2. Hôpital d'instruction des armées Bégin, St Mandé, France.
3. CHU Beaujon, Clichy, France.

**C) Participation des proches aux toilettes mortuaires : analyse des pratiques dans 2 USP**

Marion Broucke<sup>1</sup>, Bernard Devalois<sup>1,2</sup>, Johann Chatain<sup>1,2</sup>, Martine Trouillet<sup>2</sup>

1. CHU Paris Sud, site Paul Brousse, Villejuif, France
2. CH René Dubos, Pontoise, France

15:30 – 16:00 BREAK

**16:00 – 17:00 CHOICE OF SPECIAL SEMINARS (C01 or C02)  
OR CONCURRENT WORKSHOPS (C03 – C12)**

**C01  SPECIAL SEMINAR: FUNDAMENTALS OF PALLIATIVE CARE NURSING**

(Part 3 – see box on page 16)

**C02  SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE**

(Part 3 – see box on page 17)

**C03  Improving Respiratory Symptoms in Children with Severe Neurological Impairment: Beyond Anticholinergics and Morphine**

Julie Hauer, Shih-Ning Liaw, Boston Children's Hospital, Boston, MA, United States

This session will highlight triggers for respiratory symptoms that are unique to individuals with neurological impairment (e.g. muscle spasms, dysautonomia, overfeeding). Strategies to manage this frequent symptom will be reviewed.

**C04 Transforming Moral Distress into Moral Resilience**

Cynda Rushton, Johns Hopkins University, Baltimore, MD, United States

Moral distress is a pervasive experience of clinicians caring for people with life-threatening conditions. The literature is replete with evidence of the incidence and source of moral distress with fewer methods for mitigating the detrimental effects. This session will explore the background of moral distress and offer a promising method for cultivating moral resilience in response to the inevitable moral distress clinicians confront. A conceptual model and methods for building moral resilience will be discussed.



## Wednesday, October 19 , 2016

### C05 The History of Pain

Joanna Bourke, *Birkbeck College, University of London, London, United Kingdom*

Figurative languages are central to all attempts at communicating unpleasant sensations to oneself as well as to others. Pain-talk is swollen with metaphor, simile, metonym, and analogy. Why are such linguistic devices so crucial to painful experiences? Can the exploration of the figurative or metaphorical languages of pain enable us to speculate on what pain "actually feels like"?

### C06 PROFFERED PAPERS – ARTS & HUMANITIES

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) Integrating Arts Into Palliative Care: Reshaping Maslow's Pyramid

Patricia Repar, Lisa Marr, *University of New Mexico, Albuquerque, NM, United States*

#### B) Examining Lived Experiences of Singing in a Bereavement Support Music Therapy Group

Laurel Young<sup>1</sup>, Adrienne Pringle<sup>2</sup>

1. *Concordia University, Montréal, QC, Canada* 2. *Carpenter Hospice, Burlington, ON, Canada*

#### C) The Effects of Music Therapy Interventions on Symptom Management in Palliative Medicine Patients

Lisa Gallagher<sup>1,2</sup>, Ruth Lagman<sup>2</sup>

1. *Cleveland Clinic Arts and Medicine Institute, Cleveland, OH, United States*

2. *Cleveland Clinic Taussig Cancer Institute, Cleveland, OH, United States*

### C07 PROFFERED PAPERS – PALLIATIVE CARE IN DEVELOPING COUNTRIES

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) Palliative Care in Post Complex Humanitarian Crisis:

##### Experiences from Rwanda Post-Genocide Society

Christian Ntuzimira<sup>1</sup>, Magnus Gasana<sup>3</sup>, Olive Mukeshimana<sup>2</sup>, Scholastique Ngizwenayo<sup>2</sup>

1. *Rwanda Palliative Care and Hospice Organisation, Kigali, Rwanda* 2. *Kibagabaga Hospital, Kigali, Rwanda* 3. *University Teaching Hospital (CHUK), Kigali, Rwanda*

#### B) The 2015 Quality of Death Index – Why We Rank Second Last?

Rumana Dowla, *Bangladesh Palliative and Supportive Care Foundation and United Hospital, Dhaka, Bangladesh*

#### C) Integrating Palliative Care in Health System in Developing Countries: Case (Example) of Rwanda

Diane Mukasahaha, Marie Aimee Muhimpundu, Jean Claude Tayari, *Rwanda Biomedical Center, Ministry of Health, Kigali, Rwanda*

### C08 PROFFERED PAPERS – CLINICAL ISSUES

*A series of 15-minute presentations, each followed by a 5-minute question period*

#### A) A Pilot Study of a Medication Rationalization (MERA) Intervention

Rachel Whitty<sup>1,2</sup>, Ellen Koo<sup>1</sup>, Sandra Porter<sup>1</sup>, Kiran Battu<sup>1</sup>, Csilla Kalocsai<sup>3</sup>, Pranjal Bhatt<sup>2</sup>, Kendra Delicaet<sup>1</sup>, Gary Wong<sup>1,2</sup>, Robert Wu<sup>1,2</sup>, Isaac Bogoch<sup>1,2</sup>, James Downar<sup>1,2</sup>

1. *University Health Network, Toronto, ON, Canada* 2. *University of Toronto, Toronto, ON, Canada* 3. *Sunnybrook Research Institute, Toronto, ON, Canada*

#### B) Psychotropic and Narcotic Drug Use in Older Women Diagnosed with Breast Cancer Across the Cancer Care Trajectory

Sue-Ling Chang<sup>1</sup>, Ania Syrowatka<sup>1</sup>, Nancy Mayo<sup>1</sup>, Robyn Tamblyn<sup>1</sup>, Ari Meguerditchian<sup>1,2</sup>

1. *McGill University, Montréal, QC, Canada*

2. *McGill University Health Centre, Montréal, QC, Canada*

CONTINUES ON PAGE 28

**C) Decision-Making of Treatment In Advanced Lung Cancer: Results from the First Three Stages of the PACT Study (An Intervention to Support Advanced Lung Cancer Patients and Their Clinicians When Considering Systemic Anti-Cancer Therapy)**

Despina Anagnostou<sup>1</sup>, Anthony Byrne<sup>1</sup>, Stephanie Sivell<sup>1</sup>, Catherine Sampson<sup>1</sup>, Simon Noble<sup>1</sup>, Jason Lester<sup>2</sup>, Annmarie Nelson<sup>1</sup>

1. Cardiff University, Cardiff, United Kingdom

2. Velindre Hospital, Velindre NHS Trust, Cardiff, United Kingdom

**C09**

**PROFFERED PAPERS – COMMUNICATION / HOPE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Language and Its Implications: How Do We Introduce Palliative Care to Patients with Advanced Cancer?**

Jennifer Philip, Anna Collins, Centre for Palliative Care, St Vincent's Hospital, and University of Melbourne, VIC, Australia

**B) "This is kind of like the last hope": Caregivers' Experience in Decision-Making When Palliative Cancer Patients Are Enrolled in Phase 1 Clinical Trials**

Naomi Kogan<sup>1</sup>, Michelle Dumas<sup>2</sup>, S. Robin Cohen<sup>3</sup>

1. Sir Mortimer B. Davis Jewish General Hospital, Montréal, QC, Canada

2. Independent Researcher, Montréal, QC, Canada

3. Lady Davis Institute, Sir Mortimer B. Davis Jewish General Hospital, Montréal, QC, Canada

**C) Embodying Ambiguous Spaces of Living <=> Dying: Everyday Life with Metastatic Breast Cancer as a Chronic Health Condition**

Sheryl Shermak, University of Victoria, Victoria, BC, Canada.

**C10**

**PROFFERED PAPERS – WHOLE PERSON CARE**

*Two 20-minute presentations, each followed by a 10-minute question period*

**A) Towards a Global and Culturally Sensitive Understanding of Spiritual Care: An International Study of Patients' and Family Members' Views and Experiences of Spiritual Care Across 9 Countries**

Lucy Ellen Selman<sup>1</sup>, Shane Sinclair<sup>2</sup>, Ikali Karvinen<sup>3</sup>, Mieke Vermandere<sup>4</sup>, Myra Glajchen<sup>5</sup>, Christina Puchalski<sup>6</sup>, Nancy Gikaara<sup>7</sup>, Joy Hunter<sup>8</sup>, Richard A. Powell<sup>9</sup>, Ewa Deskur<sup>10</sup>, Jinsun (Sr. Juliana) Yong<sup>11</sup>, On behalf of the InSPIrit Collaborative

1. King's College London, Cicely Saunders Institute, London, United Kingdom

2. University of Calgary, Calgary, AB, Canada

3. Diaconia University of Applied Sciences, Helsinki, Finland

4. KU Leuven, Leuven, Belgium

5. MJHS Hospice and Palliative Care, New York, NY, United States

6. The George Washington University, Washington, DC, United States

7. Nairobi Hospice, Nairobi, Kenya

8. University of Cape Town, Cape Town, South Africa

9. MWAPO Health Development Group, Nairobi, Kenya

10. Poznan University of Medical Sciences, Poznan, Poland

11. The Catholic University of Korea, Seoul, Republic of Korea

**B) Compassionate Care: Bridging the Gap Between Theory and Practice**

Shane Sinclair<sup>1</sup>, Thomas F. Hack<sup>2</sup>, Susan McClement<sup>2</sup>, Shelley Raffin-Bouchal<sup>1</sup>

1. University of Calgary, Calgary, AB, Canada

2. University of Manitoba, Winnipeg, MB, Canada

**Wednesday, October 19 , 2016**

**C11 PRÉSENTATIONS COURTES – LA SOUFFRANCE PSYCHOLOGIQUE**

*Deux exposés de 20 minutes chacun suivi d'une période de questions de 10 minutes.*

**A) Les défis de la souffrance existentielle à l'ère de l'aide médicale à mourir : la prévenir, la reconnaître, la prendre en charge**

Marie-Christine Carrier<sup>1</sup>, Andréanne Côté<sup>1,2</sup>

1. Université de Montréal, Montréal, QC, Canada

2. Centre Hospitalier de l'Université de Montréal, Montréal, QC, Canada

**B) Mieux comprendre la souffrance psychologique des hommes âgés atteints d'un cancer incurable : le point de vue des intervenants**

Valérie Bourgeois-Guérin<sup>1</sup>, Antonin Marquis<sup>1</sup>, Rock-André Blondin<sup>1</sup>, Isabelle Van Pevenage<sup>3</sup>, Patrick Durivage<sup>2</sup>

1. Université du Québec à Montréal, Montréal, QC, Canada

2. C.S.S.S. Cavendish, Montréal, QC, Canada

3. Université de Montréal, Montréal, QC, Canada

**C12 Le «stabat femina» en soins palliatifs**

Luce Des Aulniers, Marie Lefebvre, Université du Québec à Montréal, Montréal, QC, Canada

*Stabat* : se tenir, tenir *bon*, ensemble et avec, fondement de toute institution. Au sein du mouvement des soins palliatifs, comment le *féminin* - par quelques figures méconnues - contribue-t-il au principe «institution», dans le devenir même des sociétés? Exposé accompagné de la prestation d'une artiste du corps, suivi de discussion.

**17:00 – 18:30 DEDICATED POSTER SESSION**

A special time slot dedicated to viewing the posters and meeting the authors

**17:15 – 17:55 MEMORIAL SERVICE – see page 6**

# Thursday, October 20, 2016

07:00 – 08:00 **Self-Care Activities**

07:45 – 08:45 **RESEARCH FORUM**

**RF2**

**Chair:** Robin Cohen, *McGill University, Montréal, QC, Canada*

**Discussant:** Kenneth Pituch, *University of Michigan Medical School, Ann Arbor, MI, United States*

## **A) Predictors of Place of Death in Children Who Died After Discharge from Paediatric Intensive Care Units in England and Wales**

Lorna Fraser<sup>1</sup>, Sarah Fleming<sup>2</sup>, Roger Parslow<sup>2</sup>

*1. University of York, York, United Kingdom*

*2. University of Leeds, Leeds, United Kingdom*

## **B) Predictors of and Trends in High-Intensity End-of-Life Care Among Children with Cancer: A Population-Based Study Using Health Services Data**

Sumit Gupta<sup>1,2,3</sup>, Rinku Sutradhar<sup>2</sup>, Adam Rapoport<sup>1</sup>, Jason Pole<sup>4</sup>, Alisha Kassam<sup>5</sup>, Craig Earle<sup>2</sup>, Joanne Wolfe<sup>6</sup>, Kimberley Widger<sup>1,3</sup>

*1. Hospital for Sick Children, Toronto, ON, Canada 2. Institute for Clinical and Evaluative Sciences, Toronto, ON, Canada 3. University of Toronto, Toronto, ON, Canada*

*4. Pediatric Oncology Group of Ontario, Toronto, ON, Canada 5. Southlake Regional Health Centre, Newmarket, ON, Canada 6. Dana-Farber Cancer Institute, Boston, MA, United State*

## **C) Barriers to Accessing Palliative Care for Structurally Vulnerable Populations**

Kelli Stajduhar<sup>1</sup>, Ashley Mollison<sup>1</sup>, Ryan McNeil<sup>2</sup>, Bernadette Pauly<sup>1</sup>, Bruce Wallace<sup>1</sup>, Sheryl Reimer Kirkham<sup>3</sup>, Naheed Dosani<sup>4,5</sup>, Caelin Rose<sup>6,8</sup>, Danica Gleave<sup>7,8</sup>, Kristen Kvacic<sup>8,9</sup>, Caite Meagher<sup>7,8</sup>, Grey Showler<sup>7,8</sup>, Taylor Teal<sup>1</sup>, Carolyn Showler<sup>1</sup>, Kelsey Rounds<sup>1</sup>

*1. University of Victoria, Victoria, BC, Canada 2. BC Centre for Excellence in HIV/AIDS, Vancouver, BC, Canada 3. Trinity Western University, Langley, BC, Canada 4. Palliative Education and Care for the Homeless, Inner City Health Associates, Toronto, ON, Canada 5. McMaster University, Hamilton, ON, Canada 6. Victoria Hospice, Victoria, BC, Canada 7. Cool Aid Community Health Centre, Victoria, BC, Canada 8. Palliative Outreach Resource Team, Victoria, BC, Canada 9. AIDS Vancouver Island, Victoria, BC, Canada*

## **World Hospice and Palliative Care Day · October 8, 2016**

*Join thousands of motivated citizens around the globe in promoting and celebrating*



## **World Hospice & Palliative Care Day!**

Visit **[www.worldday.org](http://www.worldday.org)** to see what is being organized internationally and to download ideas for action in your own communities.

Thursday, October 20, 2016

09:00 – 10:30

F⇒E



## PLENARY PL2 REFLECTIONS ON GRIEF AND DIGNITY

Chair: Bernard Lapointe, *Eric M. Flanders Chair in Palliative Medicine, McGill University, Montréal, QC, Canada*

(Presentations will be given in French)



### GRIEF OPENS A PATH THAT THE LIFE WITHOUT SORROW DOES NOT KNOW

*Johanne de Montigny, Psychologist, Montréal, QC, Canada*

The way we relate to others, our ability to live healthfully through the periods of solitude that separations inevitably impose, reflect a psychological aplomb that is particularly useful and beneficial when the time comes to say goodbye. In what way can the death of “the Other” influence the significance of our own?



### DIGNITY

*Éric Fiat, Deputy Director, Laboratoire Interdisciplinaire d'étude du politique / Hannah Arendt, Université de Paris-Est Marne-la-Vallée, France*

Eric Fiat is a philosopher, university professor and member of France's National Observatory on End-of-Life Care; his ethical considerations focus on end-of-life practices and the dignity of the human being. A concept that is at once fashionable and vague, dignity is often manipulated to justify anything and everything. Misused, the term causes confusion, a confusion that Eric Fiat is attempting to dispel by restoring its true “vocation”, its true meaning.

10:30 – 11:00

### BREAK

At 11:00 participants may attend either the Special Seminar “New Trends in Bereavement Research and Supportive Practice” (D01, E01) which continues until 15:30; or choose from a selection of

- workshops at 11:00 (D02-D12), and at 14:00 (E02-E12).

## 11:00 – 15:30 SPECIAL SEMINAR

D01/E01

### NEW TRENDS IN BEREAVEMENT RESEARCH AND SUPPORTIVE PRACTICE

E⇒F  
F⇒E



Organizers and Co-Chairs: Christopher MacKinnon, *Psychologist, Palliative Care, McGill University Health Centre, Montréal, QC, Canada* and Johanne de Montigny, *Psychologist, Montréal, QC, Canada*

Sponsored by Le repos Saint-François d'Assise

*This seminar brings together leading voices in the field of death studies, highlighting original grief research as well as discussing innovative support programs for those in bereavement*

11:00 – 12:30

D01

### WORKSHOP / PROFFERED PAPER

*A 60-minute workshop and a 20-minute proffered paper followed by a 10-minute question period.*

E⇒F



#### A) Supportive and Therapeutic Group Services for the Bereaved: Empirical Findings and Future Directions

*Jason Holland, Assistant Professor, William James College, Newton, MA, United States*

Groups for the bereaved, whether led by professional or lay counselors, are ubiquitous. However, evidence supporting their efficacy is limited. This presentation focuses on strategies for facilitating an effective grief group that is informed by the existing empirical literature.

CONTINUES ON PAGE 32





### **B) The Canadian Virtual Hospice Loss and Grief Interactive Tool for Patients and Families**

Shelly Cory<sup>1</sup>, Harvey Chochinov<sup>1,7</sup>, Christopher James Mackinnon<sup>2,3</sup>, Fred Nelson<sup>1</sup>, Eunice Gorman<sup>4</sup>, Darcy Harris<sup>4</sup>, Andrea Warnick<sup>5</sup>, Robert Neimeyer<sup>6</sup>, Bonnie Morris<sup>1</sup>, Sylvie Lalande<sup>1</sup>, Jacquie Dorge<sup>1</sup>, Nadine Gariepy-Fisk<sup>8</sup>, Susan Cadell<sup>9</sup>

1. Canadian Virtual Hospice, Winnipeg, MB, Canada 2. McGill University, Montréal, QC, Canada 3. McGill University Health Center, Montréal, QC, Canada 4. King's University College, London, ON, Canada 5. Andrea Warnick Consulting, Toronto, ON, Canada 6. University of Memphis, Memphis, TN, United States 7. University of Manitoba, Winnipeg, MB, Canada 8. Hospice Calgary, Calgary, AB, Canada 9. Renison University College, Waterloo, ON, Canada

14:00 – 15:30

**E01**

### **WORKSHOP / PROFFERED PAPERS**

A 45-minute workshop and two 15-minute proffered papers each followed by a 5-minute question period.



### **A) Diversity and Intensity of the Effects of Grief in France:**

#### **A Groundbreaking Holistic Study (presented in French)**

Tanguy Châtel<sup>1</sup>, Damien Le Guay<sup>1</sup>, Thierry Mathe<sup>2</sup>, Anne Tourres<sup>3</sup>

1. Comité national d'éthique du funéraire, La Celle Saint-Cloud, France  
2. CREDOC, Paris, France  
3. Chambre Nationale Syndicale de l'Art Funéraire (CSNAF), Paris, France

A groundbreaking quantitative and qualitative study conducted in France evaluates the multiple and holistic effects of grief: individual effects (physical, psychological, social, spiritual, professional) and community impacts (social, economic and public health costs, risks for business...).



### **B) Complexities in Grieving After a Palliative or Coronial Death: Preliminary Findings of a Longitudinal Study**

Jane Mowl<sup>1</sup>, Christine Sanderson<sup>1,2</sup>, Rod Macleod<sup>3</sup>, Matra Robertson<sup>3</sup>, Lawrence Lam<sup>4</sup>, Elisabeth Lobb<sup>1,2</sup>

1. University of Notre Dame, Kogarah, NSW, Australia  
2. Calvary Health Care, Kogarah, NSW, Australia  
3. HammondCare, Sydney, NSW, Australia  
4. University of Technology, Sydney, NSW, Australia



### **C) Developing an Intensive Care Unit Clinician-Led BEREAVement Screening and Support Program for ICU Family Members (ICU BEREAVE)**

Ellen Koo<sup>1</sup>, Csilla Kalocsai<sup>2</sup>, Tasnim Sinuff<sup>2</sup>, Amanda Roze des Ordons<sup>3</sup>, Orla Smith<sup>4</sup>, Deborah Cook<sup>5</sup>, Eyal Golan<sup>1</sup>, Sarah Hales<sup>1</sup>, Derek Strachan<sup>1</sup>, Christopher MacKinnon<sup>6</sup>, James Downar<sup>1</sup>

1. University Health Network, Toronto, ON, Canada  
2. Sunnybrook Health Sciences Centre, Toronto, ON, Canada  
3. University of Calgary, Calgary, AB, Canada  
4. St. Michael's Hospital, Toronto, ON, Canada  
5. McMaster University, Hamilton, ON, Canada  
6. McGill University, Montréal, QC, Canada

**11:00 – 12:30 CHOICE OF SPECIAL SEMINAR (D01)  
OR CONCURRENT WORKSHOPS (D02 – D12)**

**D01  SPECIAL SEMINAR: NEW TRENDS IN BEREAVEMENT RESEARCH  
AND SUPPORTIVE PRACTICE**

(Part 1 – see box on page 31)

**D02 The Way Forward: A Roadmap for an Integrated Palliative Approach to Care**

Sharon Baxter, Leanne Kitchen Clarke, Louise Hanvey, Canadian Hospice Palliative Care Association, Ottawa, ON, Canada

The Way Forward (TWF), a three year Canadian catalyst initiative for community-integrated hospice palliative care, launched a national framework to promote a palliative approach to care across all settings of care. TWF, the framework and the work of the advance care planning in Canada initiative will be highlighted and discussed.

**D03  PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Incorporating Good Patient, Parent, and Provider Definitions to Improve Care Interactions and Psychosocial Outcomes for Children with Cancer, Their Families, and Their Care Teams**

Meaghan Weaver<sup>1</sup>, Tessie October<sup>2</sup>, Pamela Hinds<sup>2</sup>

1. National Institutes of Health, Bethesda, MD, United States

2. Children's National Health System, Washington, DC, United States

**B) Decision-making in Pediatric Oncology: Prospective Survey Study with Parents and Physicians**

Michael Rost<sup>1</sup>, Tenzin Wangmo<sup>1</sup>, Felix Niggli<sup>2</sup>, Karin Hartmann<sup>3</sup>, Heinz Hengartner<sup>4</sup>, Marc Ansari<sup>5</sup>, Pierluigi Brazzola<sup>6</sup>, Johannes Rischewski<sup>7</sup>, Maja Beck-Popovic<sup>8</sup>, Thomas Kühne<sup>9</sup>, Bernice Elger<sup>1</sup>

1. University of Basel, Basel, Switzerland 2. University of Zurich, Zurich, Switzerland

3. Cantonal Hospital, Aarau, Switzerland 4. Ostschweizer Kinderspital, St. Gallen, Switzerland

5. Geneva University Hospital, Geneva, Switzerland 6. Ospedale Regionale di Bellinzona e

Valli, Bellinzona, Switzerland 7. Children's Hospital Lucerne, Lucerne, Switzerland 8. CHUV

Lausanne, Lausanne, Switzerland 9. University of Basel Children's Hospital UKBB, Basel, Switzerland

**C) The Missing Stories of Palliative Patients, Parents and Physicians in Pediatric Oncology**

Eva De Clercq, Tenzin Wangmo, Michael Rost, Bernice S. Elger, Institute for Biomedical Ethics, University of Basel, Basel, Switzerland

**D) Quality of Palliative Care for Children with Cancer**

Kimberley Widger<sup>1,2</sup>, Stefan Friedrichsdorf<sup>3</sup>, Joanne Wolfe<sup>4</sup>, Stephen Liben<sup>5</sup>, Jason D. Pole<sup>1,6</sup>, Eric Bouffet<sup>1,2</sup>, Mark Greenberg<sup>1,6</sup>, Amna Husain<sup>1,7</sup>, Harold Siden<sup>8</sup>, James A. Whitlock<sup>1,2</sup>, Adam Rapoport<sup>1,2</sup>

1. University of Toronto, Toronto, ON, Canada 2. Hospital for Sick Children, Toronto, ON, Canada 3. Children's Hospitals and Clinics of Minnesota, Minneapolis, MN, United States.

4. Dana-Farber Cancer Institute, Boston, MA, United States 5. The Montreal Children's Hospital, Montréal, QC, Canada 6. Pediatric Oncology Group of Ontario, Toronto, ON, Canada

7. Mount Sinai Hospital, Toronto, ON, Canada 8. Canuck Place Children's Hospice, Vancouver, BC, Canada

**D04 Mayo Stress Management and Resiliency Training (SMART) Program**

Amit Sood, *Mayo Clinic, Rochester, MN, United States*

Have you ever driven several miles without noticing anything on the road, or read a page in a book without registering any of it? Do the day's worries and disappointments crowd your mind as you're trying to fall asleep at night? Do you feel stressed much of the time and aren't sure how to find peace? In this program, a specialist in stress and resiliency reveals how the mind's instinctive restlessness and shortsightedness generate stress and anxiety and presents strategies for living a more peaceful life. Learn skills that will help you:

- Develop deep and sustained attention
- Practice gratitude, compassion and acceptance
- Live a meaningful life
- Cultivate nurturing relationships
- Achieve your highest potential

All of these concepts are woven into a practical and fun journey that has been tested in numerous scientific studies, with consistently positive results.

**D05 A) Supportive Cardiology: Early Integration of Palliative Care for Patients with Advanced Heart Failure**

Warren Lewin<sup>3</sup>, Dorothy Sullivan<sup>1,2</sup>, Nina Horvath<sup>1,2</sup>, Archana Patel<sup>1,2</sup>, Shana Haberman<sup>1</sup>

1. *Freeman Centre for the Advancement of Palliative Care, North York General Hospital, Toronto, ON, Canada* 2. *University of Toronto, Toronto, ON, Canada*

3. *Icahn School of Medicine at Mount Sinai Hospital, New York, NY, United States*

A hospital and clinic-based inter-professional partnership: what worked for us (and the pitfalls!). Join our interactive discussion to share ideas and lessons learned, and be guided in developing a successful supportive cardiology program.

**B) Positive-Sum Game: Reconciling the Disparate Expertise of Cardiovascular and Palliative Care Professionals Dealing with Advanced Heart Failure**

James M. Beattie<sup>1</sup>, Piotr Sobariski<sup>2</sup>

1. *Heart of England NHS Foundation Trust, Birmingham, United Kingdom*

2. *Hildegard Palliative Center, Basel, Switzerland*

This workshop will explore potential challenges and opportunities in synergizing cardiology and palliative care expertise to address the complex needs of those living and dying with advanced heart failure.

**D06 Opioid Pharmacology: The Good, the Bad and the Ugly**

Mellar Davis, *Cleveland Clinic, Cleveland, OH, United States*

This session will cover benefits of combining opioids, either engineered as bifunctional ligands or as opioid combinations. This session will also present the evidence for opioid induced hyperalgesia and propose that early use of adjuvants such as gabapentinoids in minimizing opioid pronociception.

**D07 PROFFERED PAPERS – SPIRITUALITY**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Pastoral Care as an Integral Part of Palliative Care: First Steps in Israel**  
Carey Miriam Knight Berkowitz, *Kashouvot and Hadassah Hospital, Jerusalem, Israel*

**B) The Development of the Palliative Care Spiritual Care Competency Scale**  
Ping-Hwa Chen<sup>1</sup>, Jeng-Fong Chiou<sup>2</sup>, Mei Chuan Chu<sup>1</sup>, Lan-Hsin Fan<sup>1</sup>, Kuo-Feng Chang<sup>1</sup>, Ran Zhao<sup>3</sup>

*1. National Taiwan Normal University, Taipei, Taiwan 2. Taipei Medical University Hospital, Taipei, Taiwan 3. National Taiwan University, Taipei, Taiwan*

**C) Foundations of Spiritual Care: Evaluation of a New Zealand Hospice Spiritual Care Programme**

Rod MacLeod<sup>1,2</sup>, Richard Egan<sup>3</sup>, Tess Moeke-Maxwell<sup>4</sup>, Rachael Crombie<sup>5</sup>

*1. University of Sydney, Sydney, Australia 2. HammondCare, Sydney, Australia 3. University of Otago, Dunedin, New Zealand 4. University of Auckland, Auckland, New Zealand 5. Hospice New Zealand, Wellington, New Zealand*

**D) 'If I Didn't Have my Spiritual Beliefs, I Would Struggle!': Exploring the Spiritual and Religious Beliefs of Workers in a Residential Aged Care Facility, in the Face of Death, Dying and Suffering in the Workplace**

Helen Dick, *University of Queensland, Uniting Church of Australia, Queensland Synod, Uniting Care Health, Brisbane, Australia; Charles Sturt University, Canberra, Australia; Presbyterian Church of Aotearoa New Zealand, Christchurch, New Zealand*

**D08 PROFFERED PAPERS – PALLIATIVE CARE IN HUMAN CRISES**

*Three 20-minute presentations, each followed by a 10-minute question period*

**A) Ebola Response in Sierra Leone: Issues and Challenges of Providing Palliative Care in Disaster Responses**

Anna Voeuk, *University of Alberta, Edmonton, AB, Canada*

**B) The Right of Peaceful Passage for the Victims of Violent Conflict**

Geraldine Gorman, Stephanie Ezell, *University of Illinois at Chicago, Chicago, IL, United States*

**C) The Place of Palliative Care in Humanitarian Response**

Kevin Bezanson<sup>1,2</sup>, Elysée Nouvet<sup>3</sup>, Matthew Hunt<sup>4</sup>, Sonya de Laat<sup>3,5</sup>, Laurie Elit<sup>3,6,7</sup>, Carrie Bernard<sup>2,3,8</sup>, Lisa Schwartz<sup>3</sup>

*1. Temmy Latner Centre for Palliative Care, Mount Sinai Hospital, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. McMaster University, Hamilton, ON, Canada 4. McGill University, Montréal, QC, Canada 5. Western University, London, ON, Canada 6. Hamilton Health Sciences Centre, Hamilton, ON, Canada 7. Juravinski Cancer Centre, Hamilton, ON, Canada 8. Queen Square Family Health, Brampton, ON, Canada*

**D09 PROFFERED PAPERS – COMPASSIONATE COMMUNITIES**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) The Last Aid Course – Teaching the Public About Palliative Care**

Georg Bollig, *University of Bergen, Bergen, Norway; HELIOS Klinikum Schleswig, Schleswig, Germany; Norwegian Palliative Association, Oslo, Norway*

**B) Empowering Communities Through Development of a Volunteer Facilitated ACP Public Workshop**

Sue Grant<sup>1</sup>, Pat Porterfield<sup>1,2</sup>, Terry Webber<sup>1</sup>, Laura Spencer<sup>1</sup>, Rachel Carter<sup>1</sup>, Eman Hassan<sup>1,2</sup>, Doris Barwich<sup>1,2</sup>

*1. BC Centre for Palliative Care, New Westminster, BC, Canada 2. University of British Columbia, Vancouver, BC, Canada*

CONTINUES ON PAGE 36

**C) Walking Each Other Home: Weaving Informal Palliative Supports into a Community Garden**

Pauline Marsh, *University of Tasmania, Hobart, Australia*

**D) Feasibility of a Model of Volunteer Navigation (NCARE) to Support Older Adults Living at Home with Advanced Chronic Illness**

Barbara Pesut<sup>1</sup>, Wendy Duggleby<sup>2</sup>, Grace Warner<sup>3</sup>, Konrad Fassbender<sup>2</sup>, Elisabeth Antifeau<sup>4</sup>, Lorraine Gerard<sup>5</sup>, Sharon Baxter<sup>6</sup>, Kathryn Downer<sup>7</sup>

1. *University of British Columbia, Kelowna, BC, Canada* 2. *University of Alberta, Edmonton, AB, Canada* 3. *Dalhousie University, Halifax, NS, Canada* 4. *Interior Health, Kelowna, BC, Canada* 5. *BC Hospice Palliative Care Association, Vancouver, BC, Canada* 6. *Canadian Hospice Palliative Care Association, Ottawa, ON, Canada* 7. *Pallium Canada, Ottawa, ON, Canada*

**D10**

**PROFFERED PAPERS – ETHICAL ISSUES**

*Three 20-minute presentations, each followed by a 10-minute question period*

**A) Behind Frenemy Lines: Improving the Crucial Relationship Between Ethics and Palliative Care**

Robert Macauley, *University of Vermont College of Medicine, Burlington, VT, United States*

**B) A Humanist and Pragmatic Autonomy: The Konomie**

Alain de Broca, *University Hospital, Amiens, France*

**C) Addressing Muslim Patients' Palliative Care Needs in the Era of Assisted Death: Islamic Perspective on Palliative Sedation**

Ahmed al-Awamer, *University Health Network, University of Toronto, Toronto, ON, Canada*

**D11**

**WORKSHOP/PROFFERED PAPERS – ARTS & HUMANITIES**

*A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period*

F⇒E



**A) Music Therapy: Pain and Dementia (presented in French)**

Claire Oppert<sup>1</sup>, Jean-Marie Gomas<sup>1</sup>, Patricia Cimerman<sup>2</sup>

1. *Hôpital Sainte Perine, Paris, France*

2. *Centre National de Ressources de lutte contre la Douleur, Paris, France*

Musical art therapy sessions have a huge positive impact on the pain and anxiety of hospitalized palliative care patients, for instance during painful wound care: a clinical study of 100 «Schubert dressing changes». Music therapy also helps preserve and even recover certain residual capacities in subjects suffering from dementia.

E⇒F



**B) Last Chapters: What Do People Read When They Are Dying and What Do Their Choices Tell Us?**

Ros Taylor, *Hospice UK and Royal Marsden Hospital, London, United Kingdom; Hospice of St Francis, Berkhamsted, Hertfordshire, United Kingdom*

E⇒F



**C) Exploring Objects at the End of Life**

Helena Kjellgren<sup>1,2</sup>, Carol Tishelman<sup>1,3</sup>, Alastair Macdonald<sup>4</sup>, Olav Lindqvist<sup>1,5</sup>, Ida Goliath<sup>1</sup>

1. *Karolinska Institutet, LIME, MMC, Stockholm, Sweden*

2. *Ersta Sköndal University College, Palliative Research Centre, Stockholm, Sweden*

3. *Karolinska University Hospital, Innovation Centre, Stockholm, Sweden*

4. *The Glasgow School of Art, Glasgow, Scotland*

5. *Umeå University, Umeå, Sweden*



**Thursday, October 20, 2016**

**D12**

F⇒E



**WORKSHOPS: A Look at Two Care Experiences in France**

**A) Québec-France: Comparative Analysis of the Organization and Practices in Palliative Home Care** *(presented in French)*

Michel L'Heureux<sup>1</sup>, Jocelyne Wulschleger<sup>2</sup>, Serge Dumont<sup>3</sup>, Vincent Morel<sup>4</sup>, Antoine Chapdelaine<sup>5</sup>, Tanguy Châtel<sup>6</sup>, Dominique Dion<sup>7</sup>, Sébastien Moine<sup>8</sup>, André-Philippe Lemieux<sup>1</sup>, Guy Jobin<sup>3</sup>, Véronique Turcotte<sup>9</sup>

1. Maison Michel-Sarrazin, Québec, QC, Canada 2. Fondation Diaconesses de Reuilly, Lille, France 3. Université Laval, Québec, QC, Canada 4. EMSP du CHU Rennes, Rennes, France 5. Direction de santé publique de la capitale-nationale, Québec, QC, Canada 6. Société française d'accompagnement et de soins palliatifs, La Celle Saint-Cloud, France 7. Société de soins palliatifs à domicile du Grand Montréal, Montréal, QC, Canada 8. MSP "Les Vignes de l'Abbaye", Saint Just en Chaussée, France 9. ERMOS, Maison Michel-Sarrazin, Québec, QC, Canada

Home care for palliative patients: a first cross-study between France and Québec highlights the differences in care models, constraints and challenges.

**B) Family Presence at the Patient's Last Breath in the PCU**

E. Sales, A. Gantet, F. Knorreck, D. Tribout, M. Denis, M-A. Seveque, Jean-Marie Gomas, USP Hôpital Sainte Périne, Paris, France

The "meaning" of the patient's end of life is reflected in the date of death, and by what seems to be the patient's choice of entourage at the last breath: thus, in 600 consecutive patients, 76% died WITHOUT their family, even though visits were numerous.

**12:30 – 14:00 LUNCH BREAK**

**OPTIONAL NETWORKING LUNCH** (See web site for details)

**12:50 – 13:50**

**L04**



**FILM SCREENING**

**Love in Our Own Time**

This documentary about birth, love and death by award-winning filmmaker Tom Murray offers a space for reflection and inspires conversations relevant to teaching and training.

**14:00 – 15:30 CHOICE OF SPECIAL SEMINAR (E01)  
OR CONCURRENT WORKSHOPS (E02 – E12)**

**E01**



**SPECIAL SEMINAR: NEW TRENDS IN BEREAVEMENT RESEARCH  
AND SUPPORTIVE PRACTICE**

(Part 2 – see box on page 32)

**E02**

**SYMPOSIUM: FROM PERSONALIZED MEDICINE, PATIENT-CENTERED CARE  
TO PERSON-CENTERED CARE**

E⇒F



Deborah Dudgeon, *Canadian Partnership Against Cancer, Toronto, ON, Canada*;  
Doreen Edwards, *Person-Centred Perspective Advisory Group, Canadian Partnership  
Against Cancer, Toronto, ON, Canada*;  
Gerald Batist, *Department of Oncology, McGill University, Montréal, QC, Canada*

*Sponsored by*

CANADIAN PARTNERSHIP  
AGAINST CANCER



PARTENARIAT CANADIEN  
CONTRE LE CANCER

This seminar supported by the Canadian Partnership against Cancer will address the advances in personalized medicine and their meaning and advantages for persons living with cancer, the needs and expectations of patients vis-a-vis the care they receive, and finally, the need for all of us to shift to a paradigm of person-centered care.

E03



**PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Who Is the Victim? A Systematic Review and Ethical Analysis of Moral Distress in Pediatric Intensive Care Units**

Annie Janvier<sup>1</sup>, Trisha Prentice<sup>2</sup>, Lynn Gillian<sup>2</sup>, Peter Davis<sup>2</sup>

1. *Université de Montréal, Montréal, QC, Canada*

2. *University of Melbourne, Melbourne, VIC, Australia*

**B) Death and Dying: A One Day Course to Enhance Pediatric Resident Education?**

Sylvia Choi<sup>1,2</sup>, Scott Maurer<sup>1,2</sup>, Carol May<sup>2</sup>, Amanda Brown<sup>1</sup>

1. *University of Pittsburgh, Pittsburgh, PA, United States*

2. *Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA, United States*

**C) Le rôle de l'urgence dans les soins palliatifs pédiatriques**

Anne-Josée Côté, Nathalie Gaucher, Antoine Payot, *Université de Montréal, Montréal, QC, Canada*

**D) Multi-Disciplinary Pediatric End-of-Life Training Improves Staff Preparedness and Lessons Staff Distress**

Kenneth Pituch<sup>1,2</sup>, Melanie Halsey<sup>2</sup>, Patricia Keefer<sup>1,2</sup>, James Azim<sup>1,2</sup>

1. *CS Mott Children's Hospital, Ann Arbor, MI, United States*

2. *University of Michigan, Ann Arbor, MI, United States*

E04

**The Politics of Programme Development**

M. R. Rajagopal, *Pallium India; Trivandrum Institute of Palliative Sciences Trivandrum, Kerala, India*

Early development of palliative care in any country will need concurrent education, drug availability and policy (and its implementation). In the absence of a strong governance and management as in many countries, could we work on the social capital to improve palliative care access? And to facilitate government action?

E05

**A) Building Capacity for Social Work Competencies in Hospice Palliative Care: SCOPE Curriculum**

Zelda Freitas<sup>1</sup>, Patrick Durivage<sup>1</sup>, Sharon Baxter<sup>2</sup>

1. *CIUSSS du Centre-Ouest-de-l'Île-de-Montréal, CLSC René-Cassin, Côte Saint-Luc, QC, Canada*

2. *Canadian Hospice Palliative Care Association, Ottawa, ON, Canada*

The SCOPE-training modules based on social work competencies developed in association with Canadian Hospice Palliative Care will be presented. The application and integration of the modules will be highlighted by a group simulation. Participants will receive complementary access to the modules.

**B) It Takes a Community: Learning Essential Approaches to Palliative and End-of-Life Care (LEAPing) in LTC**

Kathryn Downer<sup>1</sup>, Jill Marcella<sup>1,2</sup>, Lori Teeple<sup>1,3</sup>

1. *Pallium Canada, Ottawa, ON, Canada*

2. *Northwest LHIN Palliative Care, Thunder Bay, ON, Canada*

3. *Western University, London, ON, Canada*

LEAP LTC promotes care teams working together, acquiring tips and tools to engage residents and families in essential conversations, best practice care decisions, end-of-life priorities, grief and bereavement.

**E06 PROFFERED PAPERS – CLINICAL ISSUES**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Caring for Patients with Ventricular Assist Devices on the Palliative Care Unit**

Jonathan Pearce<sup>1,2</sup>, Caroline Baldwin<sup>1,2</sup>

1. *Providence Health Care, Vancouver, BC, Canada*

2. *University of British Columbia, Vancouver, BC, Canada*

**B) Care for the Older Patient with Advanced Chronic Kidney Disease**

Elizabeth Clark, *Albert Einstein College of Medicine and Montefiore Medical Center, Bronx, NY, United States*

**C) Methadone4Pain.ca: An Evaluation of a New Online Course for Physicians Prescribing for Pain in Palliative Care**

Cornelius Woelk<sup>1,5,8</sup>, Pippa Hawley<sup>2,3,8</sup>, Mike Harlos<sup>4,5,8</sup>, Dori Seccareccia<sup>6,8</sup>, Bruce Kennedy<sup>7</sup>, Marie-Claude Gregoire<sup>8,9</sup>, Karen Courtney<sup>3</sup>, Ken Stakiw<sup>8</sup>, Srini Chary<sup>10,8</sup>

1. *Boundary Trails Health Centre, Winkler, MB, Canada* 2. *University of British Columbia, Vancouver, BC, Canada* 3. *University of Victoria, Victoria, BC, Canada* 4. *Winnipeg Regional Health Authority Palliative Care Program, Winnipeg, MB, Canada* 5. *Canadian Virtual Hospice, Winnipeg, MB, Canada* 6. *Sunnybrook Health Sciences Centre, Toronto, ON, Canada* 7. *Fraser Health Authority, Surrey, BC, Canada* 8. *Canadian Society of Palliative Care Physicians, Surrey, BC, Canada* 9. *IWK Health, Halifax, NS, Canada* 10. *Pallium Canada, Ottawa, ON, Canada*

**D) Sleep Difficulties in Cancer Patients Receiving Palliative Care: A Descriptive Study**

Marie Solange Bernatchez, Josée Savard, Hans Ivers, *CHU de Québec-Université Laval Research Center, Université Laval, Québec, QC, Canada*

**E07**

**A) End of Life Care for Inuit Living in Nunavik, Quebec**

Shawn-Renee Hordyk<sup>1</sup>, Martha Greig<sup>2</sup>, Mary Ellen Macdonald<sup>1</sup>, Paul Brassard<sup>1</sup>

1. *McGill University, Montreal, Quebec, Canada*

2. *Nunavik Regional Health Board, Kuujuaq, Quebec, Canada*

This workshop outlines historical and current EOL care in Nunavik, Quebec, drawing on recent ethnographic research and a presentation by an Inuit frontline worker providing EOL care in Inuit communities.

**B) Improving End-of-Life Care in First Nations Communities: Lessons Learned from a 5-year CIHR Research Project**

Holly Prince<sup>1</sup>, Kevin Brazil<sup>2,3</sup>, Maxine Crow<sup>4</sup>, Verna Fruch<sup>5</sup>, Gaye Hanson<sup>1</sup>, Mary Lou Kelley<sup>1</sup>, Sharol Kohoko<sup>5</sup>, Jessica Koski<sup>1</sup>, Luanne Maki<sup>7</sup>, Lori Monture<sup>6</sup>, Chris Musquash<sup>1</sup>, Valerie O'Brien<sup>8</sup>, Kimberly Ramsbottom<sup>1</sup>, Jeroline Smith<sup>5</sup>, Melody Wawia<sup>1</sup>

1. *Lakehead University, Thunder Bay, ON, Canada* 2. *McMaster University, Hamilton, ON, Canada* 3. *Queens University, Belfast, Ireland, United Kingdom* 4. *Naotkamegwanning First Nation, ON, Canada* 5. *Six Nations of the Grand River, ON, Canada* 6. *Peguis First Nation, MB, Canada* 7. *Fort William First Nation, ON, Canada* 8. *Six Nations Polytechnic, Ohsweken, ON, Canada*

This workshop will present Canadian research about Indigenous perspectives on end of life and will share a model for developing local palliative care programs in First Nations communities.

**E08**

**PROFFERED PAPERS – LEADERSHIP, POLICY AND PROGRAM DEVELOPMENT**

*Three 20-minute presentations, each followed by a 10-minute question period*

**A) Palliative Care Units (PCUs): Towards International Definitions and Standards for Tertiary-Level In-Patient Service Provision**

Christopher Klinger<sup>1,2</sup>, José Pereira<sup>1,3,4</sup>, Lisa Malbrecht<sup>5</sup>, Kirsten Wentlandt<sup>6,7</sup>, Sara Urowitz<sup>6,8</sup>, Tara Walton<sup>8</sup>, Deanna Bryant<sup>8</sup>, Meena Chahal<sup>8</sup>, Henrique Parsons<sup>1,3</sup>

1. *University of Ottawa, Ottawa, ON, Canada* 2. *Ottawa Hospital Research Institute, Ottawa, ON, Canada* 3. *Bruyère Continuing Care, Ottawa, ON, Canada* 4. *Bruyère Research Institute, Ottawa, ON, Canada* 5. *St. Joseph's Health Care London, London, ON, Canada* 6. *University of Toronto, Toronto, ON, Canada* 7. *University Health Network, Toronto, ON, Canada* 8. *Ontario Palliative Care Network, Toronto, ON, Canada*

CONTINUES ON PAGE 40

**B) A Whole Systems and Societal Approach to Pursue Excellence in Palliative Care in BC**

Doris Barwich<sup>1,2</sup>, Kathleen Yue<sup>1,3</sup>, Eman Hassan<sup>1,2</sup>, Sue Grant<sup>1</sup>

1. BC Centre for Palliative Care, New Westminster, BC, Canada 2. University of British Columbia, Vancouver, BC, Canada 3. University of Victoria, Victoria, BC, Canada

**C) Developing National Palliative and End-of-Life Indicators to Monitor System Performance**

Ruth Barker<sup>1,2</sup>, Margaret Fitch<sup>1,2</sup>, Deborah Dudgeon<sup>1,3</sup>, Esther Green<sup>1,2</sup>, Raquel Shaw-Moxam<sup>1</sup>

1. Canadian Partnership Against Cancer, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. Queens University, Kingston, ON, Canada

**E09**

**A) How to Work in Palliative Care and Not Die Trying: The Transformation Process for Palliative Care Professionals, the Metamorphosis**

Rafael Mota<sup>1</sup>, Vinita Mathani<sup>2</sup>, Maria Solano<sup>3</sup>, Borja Rivero<sup>3</sup>, Raquel Cabo<sup>4</sup>, Vicente Robles<sup>5</sup>

1. Infanta Cristina Hospital Complex, Servicio Extremeño de Salud, Badajoz, Spain 2. Hospital Nuestra Señora de la Candelaria, Canary Islands Health Care Services, Tenerife, Spain 3. Palliative Care Regional Observatory, Extremadura, Mérida, Spain 4. Asociación Española contra el Cáncer, Spain 5. Virgen del Puerto Hospital, Plasencia, Extremadura, Spain

“How do you manage to do this for a living?” Palliative care professionals are frequently faced with how to deal with this question. A documentary called “Metamorphosis” shows the experience of some palliative care professionals from Spain.

**B) Fostering Resilience Among Palliative Care and Hospice Providers**

Marcos Montagnini<sup>1</sup>, Linda Blum<sup>2</sup>, Mark Heiland<sup>3</sup>

1. University of Michigan, Ann Arbor, MI, USA 2. California Pacific Medical Center, San Francisco, CA, USA 3. Central Arkansas Veterans Healthcare System, North Little Rock, AR, USA

Stress and burnout are common among hospice and palliative care providers. The purpose of this workshop is to explore and promote the construct of resilience as it applies to interdisciplinary teams.

**E10**

**PROFFERED PAPERS – DELIVERY OF CARE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Primary Palliative Care Delivery Across Mayo Clinic**

Cory Ingram<sup>2</sup>, Elizabeth L. Bechtum<sup>1,2</sup>, Jessica Brunner<sup>1,2</sup>, Karina M. Squire<sup>1,2</sup>, Erin A. Henderson<sup>2</sup>, Kate J. Larson<sup>2</sup>, Jennifer P. Schreiber<sup>2</sup>, Kari Bunkers<sup>2</sup>

1. University of Minnesota, MN, United States  
2. Mayo Clinic, Rochester, MN, United States

**B) Palliative Care Needs at Different Phases in the Illness Trajectory: A Survey Study in Patients with Cancer**

Kim Beernaert<sup>1</sup>, Koen Pardon<sup>1</sup>, Lieve Van den Block<sup>1</sup>, Dirk Devroey<sup>3</sup>, Martine De Laat<sup>2</sup>, Karen Geboes<sup>2</sup>, Veerle Surmont<sup>2</sup>, Luc Deliens<sup>1</sup>, Joachim Cohen<sup>1</sup>

1. Vrije Universiteit Brussel and Ghent University, Jette, Belgium 2. Ghent University Hospital, Ghent, Belgium 3. Vrije Universiteit Brussel, Jette, Belgium

**C) Improving End-of-Life Care Through Quality Improvement**

Kalli Stilos, Bill Ford, Danielle Takahaski, Tracey DasGupta, Sunnybrook Health Science Centre, Toronto, ON, Canada

**D) Community Based Palliative Care for Older Patients**

Franciscah Tsikai, Island Hospice Service, Belgravi, Harare, Zimbabwe

**E11**

**PRÉSENTATIONS COURTES – CHOIX EN MATIÈRE DE SOINS DE FIN DE VIE**

*Une série d'exposés de 15 minutes suivis d'une période de questions de 5 minutes.*

**A) Soins palliatifs et aide médicale à mourir : vers une coexistence pacifique ?**

Alain Legault, Émilie Allard, Université de Montréal, Montréal, QC, Canada

**B) Le temps résiduel en soins palliatifs**

Natalie Harrison, François Gravelle, University of Ottawa, Ottawa, ON, Canada

**C) Mettre le patient en mouvement : la kinésithérapie en soins palliatifs**

Audrey Glon, Nathalie Denis, Benoit Maillard, Julien Nizard, CHU nord Laennec, Nantes, Pays de la Loire, France

**D) Pertinence et modalités d'utilisation du MIDAZOLAM en intra nasal en soins palliatifs : à propos d'une revue de la littérature**

Adrien Evvin, Jérôme Libot, Nathalie Denis, CHU de Nantes, Nantes, Loire-Atlantique, France

**E12**

**A) Does Palliative Care Need to Change Its Philosophy? (presented in French)**

Pierre Deschamps, Lawyer, Montréal, QC, Canada

F⇒E



Traditionally, palliative care has been defined as care that neither hastens nor delays death. Some palliative care physicians have said they are prepared to administer Aid-in-Dying. Should this be viewed as violating the palliative care philosophy, or as pressure to change that philosophy?

**B) Evaluating Decision-making Aptitude at the End of Life (presented in French)**

Annie Tremblay, CHU de Québec-UL, Pavillon Hôtel-Dieu de Québec, Québec, QC, Canada

Individuals at the end of life are confronted with numerous decisions. Palliative care professionals must actively cooperate with them. This workshop will review the notion of decision-making aptitude in a palliative care setting and explore the specific challenges of the end of life.

**15:30 – 16:00 BREAK**

16:00 – 17:30

E⇒F



**PLENARY**

**PL3 MOVING FORWARD WITH HOPE, RESILIENCE AND STRENGTH**

Chair: Mary Ellen Macdonald, McGill University, Montréal, QC, Canada

**EMOTIONS, HOPE, AND PARENTAL SENSE OF DUTY**

Chris Feudtner, Pediatrician, Children's Hospital of Philadelphia, Philadelphia, PA, United States



Parents of children with serious illness, when making medical decisions on behalf of their children, both think and feel their way to the right decision, and do so viewing the situation through the lens of what they feel they should do to be, in their own eyes, good parents.

**A PATH TO RESILIENCE**

Amit Sood, Professor of Medicine, Chair, Mayo Mind Body Initiative, General Internal Medicine, Mayo Clinic, Rochester, MN, United States



Resiliency is your core strength you use to lift the load of life. Resiliency helps you withstand and bounce back from adversity and grow despite life's downturns. In this presentation Dr. Sood will share the science of resiliency, neural vulnerabilities that predispose to resiliency deficits, and structure of a program proven to enhance resiliency.

**20:00 Concert – Orchestre Symphonique de Montréal** (See page 7)



07:00 – 08:00 **Self-Care Activities**

07:45 – 08:45 **RESEARCH FORUM**

**RF3**

Chair: Robin Cohen, *McGill University, Montréal, QC, Canada*

Discussant: Jennifer Philip, *Centre for Palliative Care, Fitzroy, VIC, Australia*

## **A) Impact of Treatment Subsidies and Cash Pay-Outs on Treatment Choices at the End of Life**

Eric Finkelstein<sup>1</sup>, Chetna Malhotra<sup>1</sup>, Junxing Chay<sup>1</sup>, Semra Ozdemir<sup>1</sup>, Akhil Chopra<sup>3</sup>, Ravindran Kanesvaran<sup>2</sup>

1. *Duke-NUS Medical School, Singapore*

2. *National Cancer Centre, Singapore*

3. *Tan Tock Seng Hospital, Singapore*

## **B) Barriers and Enablers to Advance Care Planning with Patients in Primary Care: A Survey of Clinicians**

Michelle Howard<sup>1</sup>, Carrie Bernard<sup>1,2</sup>, Doug Klein<sup>3</sup>, Amy Tan<sup>3</sup>, Marissa SlavenV, Doris Barwich<sup>4</sup>, John J. You<sup>1</sup>, Gabriel Asselin<sup>3</sup>, Jessica Simon<sup>3</sup>, Daren K. Heyland<sup>5,6</sup>

1. *McMaster University, Hamilton, ON, Canada* 2. *University of Toronto, Toronto, ON, Canada*

3. *University of Alberta, Edmonton, AB, Canada* 4. *University of British Columbia, Vancouver, BC, Canada* 5. *Kingston General Hospital, Kingston, ON, Canada* 6. *Queen's University, Kingston, ON, Canada*

## **C) Development of a Complex Intervention to Support the Initiation of Advance Care Planning by General Practitioners in Patients at Risk of Deteriorating or Dying: A Phase 0-1 Study**

Aline De Vleminck<sup>1,2</sup>, Dirk Houttekier<sup>1,2</sup>, Luc Deliens<sup>1,2</sup>, Robert Vander Stichele<sup>2</sup>, Koen Pardon<sup>1,2</sup>

1. *Vrije Universiteit Brussel, Brussels, Belgium*

2. *University of Ghent, Ghent, Belgium*

At 9:00 participants may attend either the Special Seminar "Medical Aid in Dying" (F01, G01) which continues until 12:30; or choose from a selection of workshops at 9:00 (F02-F12), and at 11:00 (G02-G13).

9:00 – 12:30 **SPECIAL SEMINAR**

**F01/G01 MEDICAL AID IN DYING**

E⇒F



*Perspectives and reflections on a topic that is both controversial and unavoidable for health care practitioners having to come to terms with the new reality of the legalization of physician-assisted dying in an increasing number of countries and jurisdictions.*

09:00 – 10:30

**F01**

**PROFFERED PAPERS – MEDICAL AID IN DYING**

*Three 20-minute presentations, each followed by a 10-minute question period*

## **A) The Prevalence in the General Population of Advance Directives on Euthanasia and Discussion of End-of-Life Wishes: A Nationwide Survey**

Aline De Vleminck<sup>1,2</sup>, Koen Pardon<sup>1,2</sup>, Dirk Houttekier<sup>1,2</sup>, Lieve Van den Block<sup>1,2</sup>, Robert Vander Stichele<sup>2</sup>, Luc Deliens<sup>1,2</sup>

1. *Vrije Universiteit Brussel, Brussels, Belgium*

2. *University of Ghent, Ghent, Belgium*

CONTINUES ON PAGE 43

**Friday, October 21, 2016**

SPECIAL SEMINAR – MEDICAL AID IN DYING – CONTINUED FROM PAGE 42

**B) Hospice Professionals' Experiences with Suicide and Hastened Death in Washington State**

Sheri Gerson, Anne Grinyer, Amanda Bingley, Katherine Froggatt,  
*Lancaster University, Division of Health Research, Lancaster, United Kingdom*

**C) Legalization of Physician-Assisted Death and Access to Palliative Care: Connecting Data, Human Rights and Health Care Provider Strategies to Improve End-of-Life Care in Canada**

Isabelle Marcoux<sup>1</sup>, Mary Shariff<sup>2</sup>, Sharon Baxter<sup>3</sup>

1. *University of Ottawa, Ottawa, ON, Canada*

2. *University of Manitoba, Winnipeg, MB, Canada*

3. *Canadian Hospice Palliative Care Association, Ottawa, ON, Canada*

11:00 – 12:30

**G01**

**WORKSHOP / PROFFERED PAPER**

*A 45-minute workshop and a 20-minute proffered paper followed by a 10-minute question period, and 15 minutes for discussion*

**A) What Is the Impact of the Practice of Assisted Suicide on Palliative Care?**

Gian Domenico Borasio, *Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland*

Assisted suicide and palliative care are often portrayed as mutually exclusive. Clinical experience and scientific data from countries where assisted suicide is legal (e.g. Switzerland and Oregon) suggest otherwise.

**B) A Qualitative Study of Palliative Care Physicians' Roles in Decision-Making About Euthanasia**

Emmanuelle Bélanger<sup>1</sup>, Anna Towers<sup>2</sup>, Golda Tradounsky<sup>2,3</sup>, Roger Ghoche<sup>2,3</sup>, David Wright<sup>4</sup>, Mary Ellen Macdonald<sup>2</sup>

1. *Université de Montréal, Montréal, QC, Canada* 2. *McGill University, Montréal, QC, Canada*

3. *Mount Sinai Hospital, Montréal, QC, Canada* 4. *University of Ottawa, Ottawa, ON, Canada*

**09:00 – 10:30 CHOICE OF SPECIAL SEMINAR (F01)  
OR CONCURRENT WORKSHOPS (F02 – F12)**

**F01**  **SPECIAL SEMINAR: MEDICAL AID IN DYING**

(Part 1 – see box on page 42)

**F02** **A) Anesthetic Techniques for Complex Cancer Pain Management**

Jordi Perez, *McGill University, Montréal, QC, Canada*

Nerve blocks, neurolytic procedures, cement augmentation and intraspinal drug delivery techniques are interventional procedures that can help achieving satisfactory analgesia in complex cases resistant to conventional medical management.

CONTINUES ON PAGE 44

**B) A Multidisciplinary Conference for the Effective Use of Imaging Guided Procedures in Improving Pain Control**

Arnold Radu<sup>1</sup>, Kevin Pennycooke<sup>1</sup>, Tyler M. Coupal<sup>1</sup>, Paul I. Mallinson<sup>1</sup>, Pippa Hawley<sup>1,2</sup>, Peter L. Munk<sup>1</sup>

1. University of British Columbia, Vancouver, BC, Canada

2. British Columbia Cancer Agency, Vancouver, BC, Canada

Outlines of a conference attended by palliative care physicians, radiation oncologists and interventional radiologists discussing pain management options of cancer patients with chronic pain illustrated through successfully treated cases

F03



**WORKSHOP/PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE**

A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

**A) At Home Hospice and Palliative Care - A Country's, a State's, and a Province's Approach to Serving Children Far from the Medical Center**

Ken Pituch<sup>1,2</sup>, Hal Siden<sup>3,4,5,6</sup>, Pat Carragher<sup>7</sup>

1. CS Mott Children's Hospital, University of Michigan, Ann Arbor, MI, United States

2. Hospice of Michigan, Detroit, MI, United States

3. Child and Family Research Institute, Vancouver, BC, Canada

4. BC Children's Hospital, Vancouver, BC, Canada

5. University of British Columbia, Vancouver, BC, Canada

6. Canuck Place Children's Hospice, Vancouver, BC, Canada

7. Children's Hospice Association Scotland, Edinburgh, Scotland, United Kingdom

Medical Directors from pediatric hospice organizations in Scotland, Michigan, and British Columbia will both review and lead group discussion regarding challenges and strategies for serving children with life limiting conditions

**B) Children in Scotland Requiring Palliative Care: Identifying Numbers and Needs (The ChiSP Study) – Where Next for a National Hospice Organisation, and More Particularly for the Potential Target Population?**

Patrick Carragher<sup>1</sup>, Lorna Fraser<sup>2</sup>

1. Children's Hospice Association Scotland, Edinburgh, Scotland, United Kingdom

2. University of York, York, United Kingdom

**C) Not There Yet: Pediatric Palliative Care in Canada 2002 – 2012**

Kimberley Widger<sup>1</sup>, Dawn Davies<sup>2</sup>, Lysanne Dauost<sup>3</sup>, Stephen Liben<sup>4</sup>, Adam Rapoport<sup>1</sup>, Marie-Claude Gregoire<sup>5</sup>, Christina Vadeboncoeur<sup>6</sup>, Simone Stenekes<sup>7</sup>, Claude Cyr<sup>8</sup>, Amrita Sarpal<sup>9</sup>, Helene Roy<sup>10</sup>, Heather Hodgson-Viden<sup>11</sup>, Marli Robertson<sup>12</sup>, Harold Siden<sup>13</sup>

1. Hospital for Sick Children and University of Toronto, Toronto, ON, Canada

2. Stollery Children's Hospital, Edmonton, AB, Canada

3. CHU Sainte-Justine, Montréal, QC, Canada

4. The Montreal Children's Hospital, McGill University Health Center, Montréal, QC, Canada

5. IWK Health Centre, Halifax, NS, Canada

6. Children's Hospital of Eastern Ontario, Ottawa, ON, Canada

7. Winnipeg Regional Health Authority, Winnipeg, MB, Canada

8. Centre Hospitalier Universitaire de Sherbrooke, Sherbrooke, QC, Canada

9. Children's Hospital: London Health Sciences Centre, London, ON, Canada

10. Centre Hospitalier Universitaire de Québec, Québec, QC, Canada

11. Royal University Hospital, Saskatoon, SK, Canada

12. Alberta Children's Hospital, Calgary, AB, Canada

13. Canuck Place Children's Hospice, Vancouver, BC, Canada

## Friday, October 21, 2016

F04

### A) A Methodological Approach to Ethical Analysis at the Bedside

Angelique Wong, Donna S. Zhukovsky, Colleen M. Gallagher, *The University of Texas MD Anderson Cancer Center, Houston, TX, United States*

Participants will become familiar with a practical approach to bedside analysis of common ethical issues in end-of-life care to enhance problem-solving skills using a patient-centered, family-oriented care approach.

### B) Reframing Dying in the Intensive Care Unit:

#### The 3 Wishes Interprofessional Demonstration Project

Deborah Cook<sup>1,2</sup>, Anne Boyle<sup>1,2</sup>, Marilyn Swinton<sup>1</sup>, Feli Toledo<sup>2</sup>, France Clarke<sup>1,2</sup>

1. *McMaster University, Hamilton, ON, Canada*

2. *St. Joseph's Healthcare Hamilton, Hamilton, ON, Canada*

The Wishes Project involves eliciting and implementing a set of 3 wishes to facilitate a peaceful dying process in the ICU. We will share our experiences with development and implementation.

F05

### A) Improving Communication about Goals of Care with Hospitalized Patients Who Have Serious Illness: A Canadian, Multi-Centre Program of Research

John You<sup>1</sup>, Jessica Simon<sup>2</sup>, Dev Jayaraman<sup>3</sup>, Nishan Sharma<sup>2</sup>, Alannah Smrke<sup>1</sup>, Rebecca Sudore<sup>4</sup>, Peter Allatt<sup>5</sup>, Susan Block<sup>6</sup>, Marilyn Swinton<sup>1</sup>, Daren Heyland<sup>7</sup>

1. *McMaster University, Hamilton, ON, Canada* 2. *University of Calgary, Calgary, AB, Canada*

3. *McGill University, Montréal, QC, Canada* 4. *University of California San Francisco, San Francisco, CA, United States* 5. *Bridgepoint Health, Toronto, ON, Canada* 6. *Dana-Farber Cancer Institute, Boston, MA, United States* 7. *Queen's University, Kingston, ON, Canada*

In this interactive workshop, participants will review a multi-faceted suite of tools and create a plan to improve patient and clinician communication about goals of care within their own hospital.

### B) Difficult Conversations - Tools, Tips and Strategies

Ramona Joshi, Jo Forbell, *Michael Garron Hospital, Toronto, ON, Canada*

Interactive case-based workshop focused on enhancing communication skills during difficult conversations. Topics include barriers to initiating advanced care planning, discussing artificial feeding/hydration and identifying and correcting communication pitfalls

F06

## PROFFERED PAPERS – CLINICAL ISSUES

*Three 20-minute presentations, each followed by a 10-minute question period*

### A) Conservative Management of End-Stage Kidney Disease

Joy Percy<sup>1,2,3</sup>, Curtis Walker<sup>1</sup>, Norman Panlilio<sup>1</sup>, Simon Allan<sup>1,2</sup>

1. *Palmerston Nth Hospital, Palmerston Nth, New Zealand*

2. *Arohanui Hospice, Palmerston Nth, New Zealand*

3. *University of Otago, Dunedin, New Zealand*

### B) Management of Cardiac Devices in Palliative Care and Hospice Patients

Jatin Dave, *Harvard Medical School, Boston, MA, United States*

### C) Early Integration of the Palliative Approach in HIV Management: Description of HIV+ Young Men Who Have Sex with Men Attending 2 Inner City Clinics Where the Palliative Approach Is Introduced to Improve Retention in Care

Carla S Alexander<sup>1</sup>, Victoria Raveis<sup>2</sup>, Daniel Karus<sup>2</sup>, Monique Carrero-Tagle<sup>2</sup>, Monique Wilson<sup>1</sup>, Rebecca Brotemarkle<sup>1</sup>, Gregory Pappas<sup>3</sup>, Debra Wiegand<sup>1</sup>, Kshelle Lockman<sup>1</sup>, Peter Memiah<sup>4</sup>, Christopher Welsh<sup>1</sup>, Vicki Tepper<sup>1</sup>, Mian B Hossain<sup>5</sup>, Anthony Amoroso<sup>1</sup>, Peter Selwyn<sup>6</sup>

1. *University of Maryland, Baltimore, Baltimore, MD, United States* 2. *New York University, New York, NY, United States* 3. *Food and Drug Administration, Rockville, MD, United States*

4. *University of West Florida, Pensacola, FL, United States* 5. *Morgan State University, Baltimore, MD, United States* 6. *Montefiore Medical Center, New York, NY, United States*

F07

**A) Organization-Level Promising Practices to Support the Delivery of High-Quality Spiritual Care**

Paul Holyoke<sup>1</sup>, Barry Stephenson<sup>2</sup>

1. Saint Elizabeth Research Centre, Markham, ON, Canada

2. Memorial University of Newfoundland, St. John's, NL, Canada

This workshop will discuss nine organizational-level practices identified in North American hospices with religious/spiritual foundations, and identify how secular healthcare organizations can integrate them to improve end-of-life spiritual care.

**B) Spiritual Care in the Trenches: Raising the Bar for Our Daily Work**

Marvin O. Delgado Guay, Andrea O. Ferguson, Donna S. Zhukovsky,

*The University of Texas MD Anderson Cancer Center, Houston, TX, United States*

Spiritual care is increasingly recognized as an important part of care throughout the health spectrum and particularly so at the end of life. In this session, designed for participants of diverse background and experience, we will describe the often unrecognized ways in which clinicians provide spiritual care in their daily work and how health care professionals may raise the bar by systematically incorporating spiritual-based inquiry into their practice.

F08

**PROFFERED PAPERS – VOLUNTEERS**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Hospice/Palliative Care: The Heart of a Rural Community**

Karen Wagner, Lisa Hubers, Dawn Cruchet, Jason Malinowski, *Madawaska Valley Hospice Palliative Care, Barry's Bay, ON, Canada*

**B) I Am the Nurse, You Are Just the Volunteer**

Sandra Watson, Leslie Mitchell, *West Island Palliative Care Residence, Kirkland, QC, Canada*

**C) Creating the Ordinary in Extraordinary Circumstances:**

**The Role of the Volunteer in End-of-Life Care**

Bridget Johnston<sup>1</sup>, Anne Patterson<sup>1</sup>, Lydia Bird<sup>1</sup>, Alison Bravington<sup>1</sup>, Kathryn Almack<sup>1</sup>, Jane Seymour<sup>1</sup>, Beth Hardy<sup>2</sup>

1. University of Nottingham, Nottingham, United Kingdom

2. University of York, York, United Kingdom

**D) Training Volunteers to Be Effective Listeners as Bereavement Companion Visitors**

Maria Kliavkoff, *Hospice Society of the Columbia Valley, Invermere, BC, Canada*

F09

**PROFFERED PAPERS – EDUCATIONAL ISSUES**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Empowering Family Medicine Clinics to Provide Palliative Care: The Ottawa Academic Family Health Team Project**

Christopher Klinger<sup>1,2</sup>, José Pereira<sup>1,3,4</sup>, Debbie Gravelle<sup>3</sup>, Maryse Bouvette<sup>3</sup>, Frances Kilbertus<sup>5</sup>, Jay Mercer<sup>1,3</sup>, Dave Davidson<sup>1,6</sup>, Tammy Tsang<sup>4</sup>, Joseph Burns<sup>4</sup>, Jill Rice<sup>1,3</sup>

1. University of Ottawa, Ottawa, ON, Canada 2. Ottawa Hospital Research Institute, Ottawa, ON, Canada 3. Bruyère Continuing Care, Ottawa, ON, Canada 4. Bruyère Research Institute, Ottawa, ON, Canada 5. Northern Ontario School of Medicine, Thunder Bay, ON, Canada 6. The Ottawa Hospital, Ottawa, ON, Canada

**B) Evaluation of an International Palliative Care Collaboration: Engaging Scholars and Communities to Support Best Practices**

Alison-Kate Lillie<sup>1</sup>, Kathryn Pfaff<sup>2</sup>, Linda Patrick<sup>2</sup>, Sue Read<sup>1</sup>, Laurie Freeman-Gibb<sup>2</sup>

1. Keele University, Keele, Staffordshire, United Kingdom

2. University of Windsor, Windsor, ON, Canada

CONTINUES ON PAGE 47



**C) Supporting and Improving Community Health Services - A Prospective Evaluation of ECHO Technology in Community Palliative Care Nursing Teams**

Clare White<sup>1</sup>, Sonja McIlpatrick<sup>2</sup>, Lynn Dunwoody<sup>2</sup>, Max Watson<sup>1,2</sup>

1. Northern Ireland Hospice, Belfast, Northern Ireland, United Kingdom

2. University of Ulster, Northern Ireland, United Kingdom

**D) Embedding Cultural Competencies in Palliative Care Education and Training**

Lori Teeple<sup>1,2</sup>, Maryse Bouvette<sup>3</sup>, Audrey Logan<sup>4</sup>, Kathryn Downer<sup>1</sup>

1. Pallium Canada, Ottawa, ON, Canada 2. Western University, London, ON, Canada

3. Bruyere Continuing Care, Ottawa, ON, Canada 4. Erie St. Clair Regional Cancer Program, Windsor, ON, Canada

**F10**

**PROFFERED PAPERS – ELDERLY AND LONG-TERM CARE**

Three 20-minute presentations, each followed by a 10-minute question period

**A) Sharing the Burden: Schwartz Rounds® as a Compassionate Collaborative Practice Model in Long-Term Care**

Lisa Hamilton, Shereen Jonathan, Kathryn Pfaff, Jean Echlin, University of Windsor, Windsor, ON, Canada

**B) What Makes Nurses “Expert” in Caring For Those Dying With Dementia in Nursing Homes?**

Genevieve Thompson<sup>1,2</sup>, Susan McClement<sup>1,2</sup>

1. University of Manitoba, Winnipeg, MB, Canada

2. CancerCare Manitoba, Winnipeg, MB, Canada

**C) Launching Namaste Care in Canada: Evaluation of a Facility-Wide Education Program to Improve End-of-Life Care in Advanced Dementia**

Sharon Kaasalainen<sup>1</sup>, Paulette Hunter<sup>2</sup>, Vanina Dal Bello Haas<sup>1</sup>, Lisa Dolovich<sup>1</sup>,

Maureen Markle-Reid<sup>1</sup>, Jenny Ploeg<sup>1</sup>, Lehana Thabane<sup>1</sup>, Katherine Froggatt<sup>3</sup>,

Thomas Hadjistavropoulos<sup>4</sup>, Joyce Simard<sup>7</sup>, Jenny van der Steen<sup>5</sup>, Ladislav Volicer<sup>6</sup>

1. McMaster University, Hamilton, ON, Canada 2. St. Moors College, University of Saskatchewan,

Saskatoon, SK, Canada 3. Lancaster University, Lancaster, United Kingdom 4. University of

Regina, Regina, SK, Canada 5. VU University Medical Center, Amsterdam, The Netherlands

6. University of South Florida, Tampa, FL, United States 7. Consultant, Tampa, FL, United States

**F11**

**PROFFERED PAPERS – NURSING ISSUES**

Three 20-minute presentations, each followed by a 10-minute question period

**A) Experience of the Patient-Family Caregiver Dyad in Palliative Care**

Gloria Mabel Carrillo González<sup>1,2,3,4</sup>, Rocio López Rangel<sup>1,4</sup>, Mauricio Arias<sup>1,3,5</sup>

1. Universidad Nacional de Colombia, Bogotá, Colombia 2. Asociación Latinoamericana de cuidado paliativo, Buenos Aires, Argentina 3. IAHP, Houston, TX, United States

4. Sigma Theta Tau capítulo Upsilon Nu, Bogotá Colombia 5. Instituto Nacional de Cancerología, Bogotá, Colombia

**B) Factors Associated with Burnout Among Chinese Oncology Nurses**

Qiaohong Guo, Susan McClement, Manitoba Palliative Care Research Unit, Winnipeg, MB, Canada

**C) Nurses' Clinical Judgment in Palliative Care**

Mahvash Salsali<sup>1</sup>, Jamal Seidi<sup>2</sup>, Fatemeh Alhani<sup>3</sup>

1. Tehran University of Medical Sciences, Tehran, Iran

2. Sanandage University of Medical Sciences, Sanandage, Iran

3. Tarbiat Modares University of Medical Sciences, Tehran, Iran

**F12**

**ATELIER ET PRÉSENTATIONS COURTES –  
CONSIDÉRATIONS EN MATIÈRE DE FIN DE VIE**

*Un atelier de 45 minutes, et deux exposés de 15 minutes, chacun suivi d'une période de questions de 5 minutes.*

**A) L'éthique et la spiritualité chez les soignants**

Louise La Fontaine, *Maison Desjardins de soins palliatifs du KRTB, Notre-Dame du Portage, QC, Canada*

15 soignants reconnus ont été rencontrés dans le cadre d'une recherche doctorale. Ceux-ci ont partagé leurs visions des soins palliatifs et « comment » ils vivent leur rôle. La connaissance pratique mise à jour fait une place à l'éthique et à la spiritualité. L'atelier présente une schématisation de ce savoir et propose des pistes de soutien et de formation.

**B) Représentations sociales de la mort des proches aidants en contexte de soins palliatifs**

Sabrina Lessard<sup>1</sup>, Bernard-Simon Leclerc<sup>1,2</sup>

1. *Centre de recherche et de partage des savoirs InterActions CIUSSS-NIM, Montréal, QC, Canada*

2. *Université de Montréal, Montréal, QC, Canada*

**C) Sédation continue maintenue jusqu'au décès : quelle communication dans les unités de soins palliatifs françaises et polonaises ?**

Martyna Tomczyk<sup>1</sup>, Sadek Beloucif<sup>1,2</sup>, Maciej Sopata<sup>3</sup>, Marcel-Louis Viallard<sup>1,4</sup>

1. *Université Paris Descartes, Sorbonne Paris Cité, France* 2. *Hôpital Universitaire Avicenne, Paris, APHP, France* 3. *Université des sciences médicales K. Marcinkowski, Poznan, Pologne*

4. *Hôpital Universitaire Necker Enfants Malades, Paris APHP, France*

**10:30 – 11:00 BREAK**

**11:00 – 12:30 CHOICE OF SPECIAL SEMINAR (G01)  
OR CONCURRENT WORKSHOPS (G02 – G13)**

**G01  SPECIAL SEMINAR: MEDICAL AID IN DYING**

(Part 2 – see box on page 43)

**G02 PROFFERED PAPERS – PALLIATIVE CARE IN RESOURCE-  
CONSTRAINED SETTINGS**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Palliative Care Need in the Medical Wards of a Tanzanian Tertiary Referral Hospital - A Mixed Methods Study.**

Emma Grace Lewis<sup>1</sup>, Ashanti Duinmaijer<sup>2</sup>, Aisa Shayo<sup>1</sup>, Simon Megiroo<sup>3</sup>, Bathlomew Bakari<sup>4</sup>, Lloyd Oats<sup>5</sup>, Keith Gray<sup>5</sup>, Felicity Dewhurst<sup>6</sup>, Richard Walker<sup>5</sup>, Sarah Urasa<sup>1</sup>

1. *Kilimanjaro Christian Medical Centre, Moshi, Tanzania* 2. *Haydom Lutheran Hospital, Manyara, Mbulu, Tanzania* 3. *Selian Hospice, Evangelical Lutheran Church in Tanzania, Tanzania*

4. *Nkoaranga Lutheran Hospital, Arusha, Tanzania* 5. *Northumbria Healthcare NHS Foundation Trust, North Tyneside General Hospital, North Shields, United Kingdom* 6. *Health Education North East, Newcastle upon Tyne, United Kingdom*

**B) The Six Main Components for Developing Palliative Care in Mongolia**

Odontuya Davaasuren, *Mongolian National University of Medical Sciences and Mongolian Palliative Care Society, Ulaanbaatar, Mongolia*

**C) Livingstone Central Hospital Experiences of Integrating Palliative Care**

Mwate Joseph Chaila, *Zambart, Lusaka, Lusaka Province, Zambia; Livingstone Central Hospital, Livingstone, Southern Province, Zambia; St Joseph's Hospice, Livingstone, Southern Province, Zambia*

**D) Educational Preparedness of Palliative and End-of-Life Care Professionals in India**

Elizabeth Tharappel, *Prakash Rajaram, National Institute of Mental Health and Neurosciences, Bangalore, Karnataka, India*

**Friday, October 21, 2016**

**G03**



**PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) “Scared of palliative”: Perspectives on Palliative Care from Pediatric Nurses Caring for Children with Progressive Life Shortening Illnesses on Acute Care Units**  
Shelagh McConnell, Shelley Raffin Bouchal, Nancy Moules, Lillian Rallison, *University of Calgary, Calgary, AB, Canada*

**B) How Can Nursing Education Better Prepare Students for Interactions with Patients and Families?**

Rose Steele<sup>1</sup>, Betty Davies<sup>2</sup>

1. *York University, Toronto, ON, Canada*

2. *University of Victoria, Victoria, BC, Canada*

**C) Deconstructing the Agenda: Maternal Perspectives on Antenatal Consultations for Preterm labor**

Nathalie Gaucher<sup>1</sup>, Sophie Nadeau<sup>2</sup>, Alexandre Barbier<sup>3</sup>, Annie Janvier<sup>1</sup>, Antoine Payot<sup>1</sup>

1. *University of Montréal, Montréal, QC, Canada*

2. *Centre Hospitalier Universitaire de Québec, Centre Mère Enfant Soleil, Québec, QC, Canada*

3. *McGill University Health Centre, McGill University, Montréal, QC, Canada*

**D) Survival and Surgical Interventions for Children with Trisomy 13 and 18: A Population-Based Study**

Katherine E. Nelson<sup>1,2</sup>, Laura C. Rosella<sup>3,4</sup>, Sanjay Mahant<sup>1,2,5</sup>, Astrid Guttman<sup>1,2,4</sup>

1. *Hospital for Sick Children, Toronto, ON, Canada* 2. *Institute for Health Policy, Management and Evaluation, Dalla Lana School of Public Health, University of Toronto, Toronto, ON, Canada*

3. *Dalla Lana School of Public Health, University of Toronto, Toronto, ON, Canada*

4. *Institute for Clinical Evaluative Sciences, Toronto, ON, Canada* 5. *CanChild Centre for Childhood Disability Research, Hamilton, ON, Canada*

**G04**

**A) Serotonin Toxicity: Considerations for Palliative Providers**

Amber D. Hartman<sup>1,2</sup>, Robert M. Taylor<sup>1,2</sup>

1. *The Arthur G. James Cancer Hospital and Richard M. Solove Research Institute, Columbus, OH, United States* 2. *The Ohio State University Wexner Medical Center, Columbus, OH, United States*

This session will review the diagnosis of serotonin toxicity, a discussion of medication and disease-related factors that contribute, and an advanced application of these principles to patient cases.

**B) Prolonged QT Interval in Palliative Care. Should We Care?**

Ahmed al-Awamer<sup>1,2</sup>, Bahar Nemati<sup>1,2</sup>

1. *University Health Network, Toronto, ON, Canada*

2. *University of Toronto, Toronto, ON, Canada*

An overview of drug-induced long QT syndrome (LQTS) and its implications for palliative care patients from clinical, ethical and legal perspectives including a framework for approaching LQTS risk in palliative care.

**G05**

**A) Who Gets My iTunes When I Die? Opportunities and Challenges of Social Media for Patient Care, Research and Professional Development in Palliative Care**

Mary Ellen Macdonald<sup>1,2</sup>, Hal Siden<sup>4,5,6</sup>, Susan Cadell<sup>3</sup>

1. *McGill University, Montréal, QC, Canada* 2. *Montreal Children's Hospital, McGill University Health Centre, Montréal, QC, Canada* 3. *Renison University College, University of Waterloo, Waterloo, ON, Canada* 4. *Canuck Place Children's Hospice, Vancouver, BC, Canada* 5. *BC Children's Hospital, Vancouver, BC, Canada* 6. *University of British Columbia, Vancouver, BC, Canada*

This interprofessional workshop explores the potential of social media to enhance clinical and research practice. Areas of learning focus on professional development, patient & family care and research practice.

CONTINUES ON PAGE 50

**B) New Tools: What Improv Has to Teach Palliative Care Teams!**

Anna Kate Westmoreland<sup>1</sup>, Brad Fortier<sup>2</sup>

1. Legacy Health, Portland, OR, United States

2. Portland State University, Portland, OR, United States

Come learn a few simple games that you can use to unlock teamwork at home! No experience required, you don't have to be a funny person, and guarantee no role play!

**G06**

**PROFFERED PAPERS – COMMUNICATION / EARLY PALLIATIVE CARE**

*Three 20-minute presentations, each followed by a 10-minute question period*

**A) Early Palliative Care: Attitudes and Opinions of Canadian Palliative Care Physicians**

Anna Sorensen<sup>1,4</sup>, Kirsten Wentlandt<sup>1,3</sup>, Monika Krzyzanowska<sup>1,3</sup>, Lisa W. Le<sup>1</sup>, Gary Rodin<sup>1,2,3</sup>, Camilla Zimmermann<sup>1,2,3</sup>

1. Princess Margaret Cancer Centre, University Health Network, Toronto, ON, Canada

2. Campbell Family Research Institute, Princess Margaret Cancer Centre, University Health Network, Toronto, ON, Canada

3. University of Toronto, Toronto, ON, Canada

4. Institute of Medical Science, Dept of Medicine, University of Toronto, Toronto, ON, Canada

**B) Oncologist-Patient Decision-Making Discussions in Advanced Cancer Encounters in Singapore**

Chetna Malhotra<sup>1</sup>, Ravindran Kanesvaran<sup>1,2</sup>, Lalit Krishna<sup>1,2</sup>, Sing Huang Tan<sup>3</sup>, Nesaretnam Kumarakulasinghe<sup>3</sup>, Kathryn Pollak<sup>4</sup>

1. Duke-NUS Medical School, Singapore

2. National Cancer Centre, Singapore

3. National University Hospital, Singapore

4. Duke University, Durham, NC, United States

**C) Changing Oncologist Behavior to Refer to Home Hospice Care**

Charles von Gunten, OhioHealth, Columbus, OH, United States

**G07**

**PROFFERED PAPERS – MUSIC THERAPY**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Saying Goodbye with Song**

Amy Clements-Cortes, University of Toronto and Baycrest Centre, Toronto, ON, Canada; Wilfrid Laurier University, Waterloo, ON, Canada

**B) Grief Journeys and Musical Moments: Exploring the Connections Between Music Therapy and Bereavement Work**

SarahRose Black<sup>1,2,3</sup>, Debbie Emmerson<sup>1</sup>

1. Kensington Health, Toronto, ON, Canada

2. Princess Margaret Cancer Centre, Toronto, ON, Canada

3. University of Toronto, Toronto, ON, Canada

**C) Development and Efficacy of Music Therapy Techniques Within Palliative Care**

Amy Clements-Cortes, University of Toronto and Baycrest Centre, Toronto, ON, Canada; Wilfrid Laurier University, Waterloo, ON, Canada

**D) Surveys of Families of Hospice and Palliative Medicine Patients who Experienced Music Therapy**

Lisa Gallagher<sup>1,2</sup>, Ruth Lagman<sup>2</sup>

1. Cleveland Clinic Arts and Medicine Institute, Cleveland, OH, United States

2. Cleveland Clinic Taussig Cancer Institute, Cleveland, OH, United States

**G08 PROFFERED PAPERS – BEREAVEMENT**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) What Do They Know? Lessons Learned from Facilitating a Children's Bereavement Group**

Sarah Tevyaw, Maeve Blake, *West Island Palliative Care Residence, Montréal, QC, Canada*

**B) Impact of Intrapartum Death on Midwives**

Orla O'Connell<sup>1</sup>, Karen McNamara<sup>1</sup>, Sarah Meaney<sup>1,2</sup>, Richard Greene<sup>2</sup>, Keelin O'Donoghue<sup>1</sup>

1. *Cork University Maternity Hospital, Cork, Ireland*

2. *University College Cork, Cork, Ireland*

**C) Preparation and Support to View the Body: What Can Palliative Care Learn from People Bereaved by Violent and Sudden Death?**

Jane Mowll<sup>1</sup>, Elisabeth Lobb<sup>1,2</sup>

1. *University of Notre Dame, Kogarah, NSW, Australia*

2. *Calvary Health Care, Kogarah, NSW, Australia*

**D) From Freud to Hashtags: The Convergence of Grief Theory and Online Memorialization**

Jenni Aitken, Kelli Stajduhar, *University of Victoria, Victoria, BC, Canada*

**G09 PROFFERED PAPERS – SELF-CARE**

*A series of 15-minute presentations, each followed by a 5-minute question period*

**A) Taking Mindfulness One Step Further: Cultivating a Contemplative Community for Palliative Care Providers**

Laurie Lemieux<sup>1,2</sup>, Alison Potter<sup>1</sup>

1. *Hospice Calgary, Calgary, AB, Canada*

2. *Cumming School of Medicine, University of Calgary, Calgary, AB, Canada*

**B) Sustainable Compassion – Promoting Resilience and Self-Care Amongst Palliative Care Health Professionals**

Jacqueline Duc, *Lady Cilento Children's Hospital, Brisbane, QLD, Australia*

**C) Reducing the Cost of Caring Among Cancer Program Staff: Results of a Compassion Fatigue Resiliency Programme**

Rita Di Biase, Linda Patrick, Kathryn Pfaff, Laurie Freeman-Gibb, Olivia Moretti, *University of Windsor, Windsor, ON, Canada*

**D) Burnout in Palliative Care - 'I Can't Go On Like This Anymore': Identifying Burnout and Learning Coping Strategies**

Mervyn Koh, *Tan Tock Seng Hospital, Singapore*

**G10 Hypnotic Approaches: Reframing Hope, Healing the Feelings, Feeling the Healing.**

Sylvain Néron<sup>1,2</sup>, Daniel Handel<sup>3,4</sup>

1. *Jewish General Hospital - Segal Cancer Centre, Montréal, QC, Canada*

2. *McGill University, Montréal, QC, Canada*

3. *Denver Health Medical Center, Denver, CO, United States*

4. *University of Colorado, Denver, CO, United States*

This workshop will focus on clinical demonstrations of hypnotic approaches for self-regulation improvements and amelioration of hope in the face of advanced or progressive illness.



G11



**PROFFERED PAPERS / WORKSHOP – PEDIATRIC PALLIATIVE CARE**

Two 15-minute presentations, each followed by a 5-minute question period, and a 45-minute workshop.

**A) Bridging the Gap: Developing a Palliative Approach to Care for Young Adults**

Karen Cook<sup>1</sup>, Kimberly Widger<sup>2</sup>, Helen Kerr<sup>3</sup>, Lynn Straatman<sup>4</sup>

1. Athabasca University, Athabasca, AB, Canada 2. University of Toronto, Toronto, ON, Canada  
3. Queen's University Belfast, Belfast, Ireland, United Kingdom 4. University of British Columbia, Vancouver, BC, Canada

**B) "Hospice Scares the Life Out of Me": Breaking Down Barriers to Communication with Young Adults with Terminal Cancer**

Nothando Ngwenya<sup>1</sup>, Charlotte Kenten<sup>1</sup>, Louise Jones<sup>1</sup>, Faith Gibson<sup>2,3</sup>, Susie Pearce<sup>1</sup>, Caroline Stirling<sup>4</sup>, Rachel Taylor<sup>1</sup>, Jeremy Whelan<sup>1</sup>

1. University College Hospital, London, United Kingdom 2. Great Ormond Street Hospital for Children NHS Foundation Trust, London, United Kingdom 3. London South Bank University, London, United Kingdom 4. Central and North West London NHS Trust, London, United Kingdom

**C) The Mindful Navigation of Future Thinking in Adolescents Coping With A Progressive Life-Threatening Illness: Reflections from Research and Practice**

Meaghen Johnston<sup>1</sup>, Camara Van Breemen<sup>2</sup>, Susan Poitras<sup>2</sup>

1. Mount Royal University, Calgary, AB, Canada  
2. Canuck Place Children's Hospice, Vancouver, BC, Canada

The intention of this workshop is to explore the various dimensions of clinical practice known to support coping in adolescents living with a life-threatening illness. Through an integration of research findings and clinical practice we will discuss several cases and provide experiential activities that can prepare the clinician in "being with" and "staying present" to youth who are exploring their future that remains unknown by virtue of the trajectory of illness.

G12

**PRÉSENTATIONS COURTES – ENSEIGNEMENT, FORMATION, SUPERVISION, TRAVAIL D'ÉQUIPE INTERPROFESSIONNEL**

Une série d'exposés de 15 minutes suivis d'une période de questions de 5 minutes.

**A) Naissance d'un stage de soins palliatifs au premier cycle**

Andréanne Côté<sup>1,2</sup>, Serge Daneault<sup>1,2</sup>, Mélanie Vincent<sup>2,3</sup>, Éric Drouin<sup>2,3</sup>

1. Centre hospitalier de l'Université de Montréal - Hôpital Notre-Dame, Montréal, QC, Canada  
2. Université de Montréal, Montréal, QC, Canada 3. CHU Ste-Justine - Montréal, QC, Canada

**B) Parcours pédagogique des internes en structures de soins palliatifs**

Nathalie Denis-Delpierre<sup>1,2</sup>, Caroline Galle-Gaudin<sup>3</sup>, Godefroy Hirsh<sup>4</sup>, Donatien Mallet<sup>3</sup>

1. CHU de Nantes, Nantes, France 2. Centre de Recherche en Education Nantais, Nantes, France  
3. Luynes, CHU de Tours, Tours, France 4. Réseau de Soins Palliatifs de Blois, Blois, France

**C) Décider en équipe interprofessionnelle pour le transfert vers des soins palliatifs spécialisés : qui, comment, quand ?**

Pierre-Alain Charmillot<sup>1</sup>, Sophie Pautex<sup>2</sup>, Emilie Morgan de Paula<sup>1</sup>, Marianne Waelti-Bolliger<sup>1</sup>

1. Haute école Arc santé, Delémont, Jura, Switzerland  
2. Hôpitaux Universitaires de Genève, Genève, Switzerland

**D) Coordination Ville/Hôpital, Hôpital/Vill**

Joel Mercier, Gilles Tribault, Pauline Sorton, Karine Riffard, Marion Boutte, Réseau Cécilia, Coordination en soins palliatifs, Soissons, France

**Friday, October 21, 2016**

**G13 PROFFERED PAPERS – NON-CANCER CARE**

*Two 20-minute presentations, each followed by a 10-minute question period.*

**A) Canadian Critical Care Society National Guidelines for Withdrawal of Life Support**

James Downar, *University of Toronto, Toronto, ON, Canada*

**B) A Scoping Review of Palliative Care for Those with Severe Persistent Mental Illness**

Erin E. Donald, *Kelli Stajduhar, University of Victoria, Victoria, BC, Canada*

**12:30 – 14:00 LUNCH BREAK**

**OPTIONAL NETWORKING LUNCH** (See web site for details)

**12:50 – 13:50 Cicely! The Life and Work of Dame Cicely Saunders.**

**L05 A Story/Theatre Presentation**



Margaret Murphy and Wendy Potter, *Nanaimo Community Hospice Society, Nanaimo, BC, Canada*

A riveting 60-minute story-theatre celebration! Professional storyteller Margaret Murphy and Dr. Wendy Potter share the story of a remarkable woman whose vision of death and dying shaped our world.

**14:00 – 15:30**

**E⇒F**



**CLOSING PLENARY**

**PL4 CARING...TODAY AND TOMORROW**

**Co-Chairs:** Vasiliki (Bessy) Bitzas, *SMBD-Jewish General Hospital, Montréal, QC, Canada*, and Christopher MacKinnon, *McGill University Health Centre, Montréal, QC, Canada*

**ON CARING**

M. R. Rajagopal, *Chairman, Pallium India; Director, Trivandrum Institute of Palliative Sciences Trivandrum, Kerala, India*

In the relatively uncharted territory of palliative care in developing countries, caring takes one to deep emotional, social and legal waters. And globally, do we avoid much health-related suffering - including mental illness, drug dependence and chronic pain? An exploration could lead us to another revolution in health care.



**THE FUTURE OF PALLIATIVE CARE FROM A GLOBAL PERSPECTIVE**

David Prall, *Chair of ehospice and Past Chair, Worldwide Hospice Palliative Care Alliance, London, United Kingdom*

This presentation will consider the variety and diversity of challenges that lie ahead and will ask whether we are fit for an uncertain future. We have travelled a long way since St Christopher's Hospice first opened its doors almost fifty years ago, yet the vast majority of those requiring palliative care are not close to receiving it. What does this say about our direction of travel and is there anything that we can do to make a real difference?



# Programme at a Glance

|             | Monday<br>October 17                                                                                                                                                                                                                                                                                                                                                 | Tuesday<br>October 18                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Wednesday<br>October 19                                                                                                                                                                                                                                                                                                                                                |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00-8:00   |                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Self-Care Activities                                                                                                                                                                                                                                                                                                                                                   |
| 7:45-8:45   |                                                                                                                                                                                                                                                                                                                                                                      | RF1 Research Forum                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                        |
| 8:30-9:00   |                                                                                                                                                                                                                                                                                                                                                                      | Break                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                        |
| 9:00-10:30  |                                                                                                                                                                                                                                                                                                                                                                      | <b>CONCURRENT<br/>ALL-DAY SEMINARS</b><br><br><div>E⇒F<br/> <b>S1</b><br/>Palliative Care<br/>Nursing</div><br><div><b>S2</b><br/>Pediatric<br/>Palliative Care</div><br><div><b>S3</b><br/>Whole Person<br/>Care</div><br><div><b>S4</b><br/>Clinical Master Class<br/>Update on Palliative<br/>Modalities for<br/>Cancer Patients</div><br><div><b>S5</b><br/>Research<br/>Methodology</div> | <b>PL1 - Plenary</b><br>Kent Nagano<br>Joanna Bourke<br><div>E⇒F<br/></div>                                                                                                                                                                                                           |
| 10:30-11:00 |                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Break<br>Poster Walks                                                                                                                                                                                                                                                                 |
| 11:00-12:30 | <div>E⇒F<br/></div> <b>A01 - Fundamentals of<br/>Palliative Care Nursing</b><br>..... OR .....<br><div>E⇒F<br/></div> <b>A02 -Pharmacotherapy</b><br>..... OR .....<br>Workshops: <b>A03 - A12</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                        |
| 12:30-14:00 | LUNCH BREAK /<br>NETWORKING LUNCH (\$)<br>L02: Sophocles' Philoctetes (12:40)<br>L03: Student Forum (13:00)<br>Poster Viewing, Exhibits                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                        |
| 14:00-15:30 | <b>Registration</b><br>(13:00 - 17:00)                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <div>E⇒F<br/></div> <b>B01 - Fundamentals of<br/>Palliative Care Nursing</b><br>..... OR .....<br><div>E⇒F<br/></div> <b>B02 -Pharmacotherapy</b><br>..... OR .....<br>Workshops: <b>B03 - B12</b> |
| 15:30-16:00 |                                                                                                                                                                                                                                                                                                                                                                      | Break                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                        |
| 16:00-17:30 |                                                                                                                                                                                                                                                                                                                                                                      | <div>F⇒E<br/></div> <b>C01 - Fundamentals of<br/>Palliative Care Nursing</b><br>..... OR .....<br><div>E⇒F<br/></div> <b>C02 -Pharmacotherapy</b><br>..... OR .....<br>Workshops: <b>C03 - C12</b>                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                        |
| 17:30       |                                                                                                                                                                                                                                                                                                                                                                      | <b>Welcome Reception</b><br>17:30                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Poster Session</b> 17:00-18:30<br><b>Memorial Service</b> 17:15-17:55                                                                                                                                                                                                                                                                                               |
| Evenings    |                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>David Bourke<br/>Memorial Lecture</b><br>19:00                                                                                                                                                                                                                                                                                                                      |

| Thursday<br>October 20                                                                                                                                                                                                                                                                                                                                                                              | Friday<br>October 21                                                                                                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Self-Care Activities                                                                                                                                                                                                                                                                                                                                                                                | Self-Care Activities                                                                                                                                                                                                                                           |
| RF2 Research Forum                                                                                                                                                                                                                                                                                                                                                                                  | RF3 Research Forum                                                                                                                                                                                                                                             |
| Break                                                                                                                                                                                                                                                                                                                                                                                               | Break                                                                                                                                                                                                                                                          |
| <b>PL2 - Plenary</b><br>Johanne de Montigny<br>Éric Fiat<br>                                                                                                                                                                                                                                                       |  <b>F01 - Medical Aid in Dying</b><br>..... OR .....<br>Workshops: <b>F02 - F12</b>                                                                                           |
| Break                                                                                                                                                                                                                                                                                                                                                                                               | Break                                                                                                                                                                                                                                                          |
|  <b>D01 - New Trends in Bereavement Research and Supportive Practice</b><br>..... OR .....<br>Workshops: <b>D02 - D12</b><br>(  - D11  - D12 )     |  <b>G01 - Medical Aid in Dying</b><br>..... OR .....<br>Workshops: <b>G02 - G13</b>                                                                                           |
| LUNCH BREAK /<br>NETWORKING LUNCH (\$)<br>L04: FILM: Love in our own time (12:50)<br>Poster Viewing, Exhibits                                                                                                                                                                                                                                                                                       | LUNCH BREAK /<br>NETWORKING LUNCH (\$)<br>L05: Cicely (12:50)<br>Poster Viewing, Exhibits                                                                                                                                                                      |
|  <b>E01 - New Trends in Bereavement Research and Supportive Practice</b><br>..... OR .....<br>Workshops: <b>E02 - E12</b><br>(  - E02  - E12 ) | <b>PL4 - Closing Plenary</b><br>M.R. Rajagopal<br>David Prail<br>                                                                                                           |
| Break                                                                                                                                                                                                                                                                                                                                                                                               | <div> <b>Invitation to Sponsor and Exhibit</b> </div> <div>           For information on how to obtain valuable exposure to the leaders working in Palliative Care, contact us at <a href="mailto:sponsor@pal2016.com">sponsor@pal2016.com</a>.         </div> |
| <b>PL3 - Plenary</b><br>Chris Feudtner<br>Amit Sood<br>                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                |
| <b>MSO Concert</b><br>20:00                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                |

# Bienvenue à Montréal!

PHOTOS: TOURISME MONTRÉAL

## How to Register

Complete the enclosed form (center of this booklet) and send it along with your registration fees to the Congress Secretariat or simply register online at **www.pal2016.com**. Alternatively, you can download the registration form and fax or mail it to the Congress Secretariat. For inquiries, contact the Congress Secretariat. (See page 4.)

|                                            | Before Aug. 1 <sup>st</sup> | After Aug. 1 <sup>st</sup> |
|--------------------------------------------|-----------------------------|----------------------------|
| Full Congress                              | \$875 CAN                   | \$995 CAN                  |
| Full Congress – Student                    | \$400 CAN                   | \$455 CAN                  |
| Full Congress – Developing Countries       | \$400 CAN                   | \$455 CAN                  |
| Individual Day                             | \$290 CAN                   | \$315 CAN                  |
| Individual Day – Student                   | \$170 CAN                   | \$200 CAN                  |
| Individual Day – Palliative Care Volunteer | \$85 CAN                    | \$85 CAN                   |

*Please consult the currency conversion tool available on the registration page of the Congress web site.*

## Accompanying Persons

Participants may purchase additional tickets for their accompanying persons to attend the social events. Tickets for the Welcome Reception are \$40 CAN and include a glass of wine (or beverage of your choice) and light refreshments.

## On-Site Registration

On-site registration will be accepted. Participants wishing to register on site are advised to arrive early.

## Registration Hours

|                       |                |
|-----------------------|----------------|
| Tuesday, October 18   | 15:00 to 17:00 |
| Wednesday, October 19 | 07:00 to 17:30 |
| Thursday, October 20  | 07:00 to 17:30 |
| Friday, October 21    | 07:00 to 14:00 |

## Session Selection

In order to assist us in allocating appropriate sized rooms for all sessions, we ask you to fill in the *Session Selection* of the registration form (center of this booklet).

If you wish to attend any of the special seminars, be sure to reserve your place without delay as space is limited. Reservations are on a first-come, first-served basis.

**PAL 2016 F. Session Selection**

**Legend of Session Types**

- S1 to S5 : All-Day Seminars (Tuesday)
- PL1 to PL4 : Plenary
- RF1 to RF3 : Research Forum
- W1 to W3 : Workshop
- SE1 to SE3 : Seminar
- NT1 to NT3 : New Trends in Research
- AD1 to AD3 : All-Day Seminar
- AD1B to AD3B : Seminar: Medical Aid in Dying
- AD1C to AD3C : Seminar: Medical Aid in Dying
- AD1D to AD3D : Seminar: Medical Aid in Dying
- AD1E to AD3E : Seminar: Medical Aid in Dying
- AD1F to AD3F : Seminar: Medical Aid in Dying
- AD1G to AD3G : Seminar: Medical Aid in Dying
- AD1H to AD3H : Seminar: Medical Aid in Dying
- AD1I to AD3I : Seminar: Medical Aid in Dying
- AD1J to AD3J : Seminar: Medical Aid in Dying
- AD1K to AD3K : Seminar: Medical Aid in Dying
- AD1L to AD3L : Seminar: Medical Aid in Dying
- AD1M to AD3M : Seminar: Medical Aid in Dying
- AD1N to AD3N : Seminar: Medical Aid in Dying
- AD1O to AD3O : Seminar: Medical Aid in Dying
- AD1P to AD3P : Seminar: Medical Aid in Dying
- AD1Q to AD3Q : Seminar: Medical Aid in Dying
- AD1R to AD3R : Seminar: Medical Aid in Dying
- AD1S to AD3S : Seminar: Medical Aid in Dying
- AD1T to AD3T : Seminar: Medical Aid in Dying
- AD1U to AD3U : Seminar: Medical Aid in Dying
- AD1V to AD3V : Seminar: Medical Aid in Dying
- AD1W to AD3W : Seminar: Medical Aid in Dying
- AD1X to AD3X : Seminar: Medical Aid in Dying
- AD1Y to AD3Y : Seminar: Medical Aid in Dying
- AD1Z to AD3Z : Seminar: Medical Aid in Dying

Please select your daily session options and workshop choices in

**Tuesday, October 18, 2016**

|                 |       |
|-----------------|-------|
| 07:45 - 08:45   | RF1   |
| 09:00 - 10:00   | SE1   |
| 10:15 - 11:15   | SE2   |
| 11:30 - 12:30   | SE3   |
| 12:45 - 13:45   | SE4   |
| 14:00 - 15:00   | SE5   |
| 15:15 - 16:15   | SE6   |
| 16:30 - 17:30   | SE7   |
| 17:45 - 18:45   | SE8   |
| 19:00 - 20:00   | SE9   |
| 20:15 - 21:15   | SE10  |
| 21:30 - 22:30   | SE11  |
| 22:45 - 23:45   | SE12  |
| 24:00 - 25:00   | SE13  |
| 25:15 - 26:15   | SE14  |
| 26:30 - 27:30   | SE15  |
| 27:45 - 28:45   | SE16  |
| 29:00 - 30:00   | SE17  |
| 30:15 - 31:15   | SE18  |
| 31:30 - 32:30   | SE19  |
| 32:45 - 33:45   | SE20  |
| 34:00 - 35:00   | SE21  |
| 35:15 - 36:15   | SE22  |
| 36:30 - 37:30   | SE23  |
| 37:45 - 38:45   | SE24  |
| 39:00 - 40:00   | SE25  |
| 40:15 - 41:15   | SE26  |
| 41:30 - 42:30   | SE27  |
| 42:45 - 43:45   | SE28  |
| 44:00 - 45:00   | SE29  |
| 45:15 - 46:15   | SE30  |
| 46:30 - 47:30   | SE31  |
| 47:45 - 48:45   | SE32  |
| 49:00 - 50:00   | SE33  |
| 50:15 - 51:15   | SE34  |
| 51:30 - 52:30   | SE35  |
| 52:45 - 53:45   | SE36  |
| 54:00 - 55:00   | SE37  |
| 55:15 - 56:15   | SE38  |
| 56:30 - 57:30   | SE39  |
| 57:45 - 58:45   | SE40  |
| 59:00 - 60:00   | SE41  |
| 60:15 - 61:15   | SE42  |
| 61:30 - 62:30   | SE43  |
| 62:45 - 63:45   | SE44  |
| 64:00 - 65:00   | SE45  |
| 65:15 - 66:15   | SE46  |
| 66:30 - 67:30   | SE47  |
| 67:45 - 68:45   | SE48  |
| 69:00 - 70:00   | SE49  |
| 70:15 - 71:15   | SE50  |
| 71:30 - 72:30   | SE51  |
| 72:45 - 73:45   | SE52  |
| 74:00 - 75:00   | SE53  |
| 75:15 - 76:15   | SE54  |
| 76:30 - 77:30   | SE55  |
| 77:45 - 78:45   | SE56  |
| 79:00 - 80:00   | SE57  |
| 80:15 - 81:15   | SE58  |
| 81:30 - 82:30   | SE59  |
| 82:45 - 83:45   | SE60  |
| 84:00 - 85:00   | SE61  |
| 85:15 - 86:15   | SE62  |
| 86:30 - 87:30   | SE63  |
| 87:45 - 88:45   | SE64  |
| 89:00 - 90:00   | SE65  |
| 90:15 - 91:15   | SE66  |
| 91:30 - 92:30   | SE67  |
| 92:45 - 93:45   | SE68  |
| 94:00 - 95:00   | SE69  |
| 95:15 - 96:15   | SE70  |
| 96:30 - 97:30   | SE71  |
| 97:45 - 98:45   | SE72  |
| 99:00 - 100:00  | SE73  |
| 100:15 - 101:15 | SE74  |
| 101:30 - 102:30 | SE75  |
| 102:45 - 103:45 | SE76  |
| 104:00 - 105:00 | SE77  |
| 105:15 - 106:15 | SE78  |
| 106:30 - 107:30 | SE79  |
| 107:45 - 108:45 | SE80  |
| 109:00 - 110:00 | SE81  |
| 110:15 - 111:15 | SE82  |
| 111:30 - 112:30 | SE83  |
| 112:45 - 113:45 | SE84  |
| 114:00 - 115:00 | SE85  |
| 115:15 - 116:15 | SE86  |
| 116:30 - 117:30 | SE87  |
| 117:45 - 118:45 | SE88  |
| 119:00 - 120:00 | SE89  |
| 120:15 - 121:15 | SE90  |
| 121:30 - 122:30 | SE91  |
| 122:45 - 123:45 | SE92  |
| 124:00 - 125:00 | SE93  |
| 125:15 - 126:15 | SE94  |
| 126:30 - 127:30 | SE95  |
| 127:45 - 128:45 | SE96  |
| 129:00 - 130:00 | SE97  |
| 130:15 - 131:15 | SE98  |
| 131:30 - 132:30 | SE99  |
| 132:45 - 133:45 | SE100 |
| 134:00 - 135:00 | SE101 |
| 135:15 - 136:15 | SE102 |
| 136:30 - 137:30 | SE103 |
| 137:45 - 138:45 | SE104 |
| 139:00 - 140:00 | SE105 |
| 140:15 - 141:15 | SE106 |
| 141:30 - 142:30 | SE107 |
| 142:45 - 143:45 | SE108 |
| 144:00 - 145:00 | SE109 |
| 145:15 - 146:15 | SE110 |
| 146:30 - 147:30 | SE111 |
| 147:45 - 148:45 | SE112 |
| 149:00 - 150:00 | SE113 |
| 150:15 - 151:15 | SE114 |
| 151:30 - 152:30 | SE115 |
| 152:45 - 153:45 | SE116 |
| 154:00 - 155:00 | SE117 |
| 155:15 - 156:15 | SE118 |
| 156:30 - 157:30 | SE119 |
| 157:45 - 158:45 | SE120 |
| 159:00 - 160:00 | SE121 |
| 160:15 - 161:15 | SE122 |
| 161:30 - 162:30 | SE123 |
| 162:45 - 163:45 | SE124 |
| 164:00 - 165:00 | SE125 |
| 165:15 - 166:15 | SE126 |
| 166:30 - 167:30 | SE127 |
| 167:45 - 168:45 | SE128 |
| 169:00 - 170:00 | SE129 |
| 170:15 - 171:15 | SE130 |
| 171:30 - 172:30 | SE131 |
| 172:45 - 173:45 | SE132 |
| 174:00 - 175:00 | SE133 |
| 175:15 - 176:15 | SE134 |
| 176:30 - 177:30 | SE135 |
| 177:45 - 178:45 | SE136 |
| 179:00 - 180:00 | SE137 |
| 180:15 - 181:15 | SE138 |
| 181:30 - 182:30 | SE139 |
| 182:45 - 183:45 | SE140 |
| 184:00 - 185:00 | SE141 |
| 185:15 - 186:15 | SE142 |
| 186:30 - 187:30 | SE143 |
| 187:45 - 188:45 | SE144 |
| 189:00 - 190:00 | SE145 |
| 190:15 - 191:15 | SE146 |
| 191:30 - 192:30 | SE147 |
| 192:45 - 193:45 | SE148 |
| 194:00 - 195:00 | SE149 |
| 195:15 - 196:15 | SE150 |
| 196:30 - 197:30 | SE151 |
| 197:45 - 198:45 | SE152 |
| 199:00 - 200:00 | SE153 |
| 200:15 - 201:15 | SE154 |
| 201:30 - 202:30 | SE155 |
| 202:45 - 203:45 | SE156 |
| 204:00 - 205:00 | SE157 |
| 205:15 - 206:15 | SE158 |
| 206:30 - 207:30 | SE159 |
| 207:45 - 208:45 | SE160 |
| 209:00 - 210:00 | SE161 |
| 210:15 - 211:15 | SE162 |
| 211:30 - 212:30 | SE163 |
| 212:45 - 213:45 | SE164 |
| 214:00 - 215:00 | SE165 |
| 215:15 - 216:15 | SE166 |
| 216:30 - 217:30 | SE167 |
| 217:45 - 218:45 | SE168 |
| 219:00 - 220:00 | SE169 |
| 220:15 - 221:15 | SE170 |
| 221:30 - 222:30 | SE171 |
| 222:45 - 223:45 | SE172 |
| 224:00 - 225:00 | SE173 |
| 225:15 - 226:15 | SE174 |
| 226:30 - 227:30 | SE175 |
| 227:45 - 228:45 | SE176 |
| 229:00 - 230:00 | SE177 |
| 230:15 - 231:15 | SE178 |
| 231:30 - 232:30 | SE179 |
| 232:45 - 233:45 | SE180 |
| 234:00 - 235:00 | SE181 |
| 235:15 - 236:15 | SE182 |
| 236:30 - 237:30 | SE183 |
| 237:45 - 238:45 | SE184 |
| 239:00 - 240:00 | SE185 |
| 240:15 - 241:15 | SE186 |
| 241:30 - 242:30 | SE187 |
| 242:45 - 243:45 | SE188 |
| 244:00 - 245:00 | SE189 |
| 245:15 - 246:15 | SE190 |
| 246:30 - 247:30 | SE191 |
| 247:45 - 248:45 | SE192 |
| 249:00 - 250:00 | SE193 |
| 250:15 - 251:15 | SE194 |
| 251:30 - 252:30 | SE195 |
| 252:45 - 253:45 | SE196 |
| 254:00 - 255:00 | SE197 |
| 255:15 - 256:15 | SE198 |
| 256:30 - 257:30 | SE199 |
| 257:45 - 258:45 | SE200 |
| 259:00 - 260:00 | SE201 |
| 260:15 - 261:15 | SE202 |
| 261:30 - 262:30 | SE203 |
| 262:45 - 263:45 | SE204 |
| 264:00 - 265:00 | SE205 |
| 265:15 - 266:15 | SE206 |
| 266:30 - 267:30 | SE207 |
| 267:45 - 268:45 | SE208 |
| 269:00 - 270:00 | SE209 |
| 270:15 - 271:15 | SE210 |
| 271:30 - 272:30 | SE211 |
| 272:45 - 273:45 | SE212 |
| 274:00 - 275:00 | SE213 |
| 275:15 - 276:15 | SE214 |
| 276:30 - 277:30 | SE215 |
| 277:45 - 278:45 | SE216 |
| 279:00 - 280:00 | SE217 |
| 280:15 - 281:15 | SE218 |
| 281:30 - 282:30 | SE219 |
| 282:45 - 283:45 | SE220 |
| 284:00 - 285:00 | SE221 |
| 285:15 - 286:15 | SE222 |
| 286:30 - 287:30 | SE223 |
| 287:45 - 288:45 | SE224 |
| 289:00 - 290:00 | SE225 |
| 290:15 - 291:15 | SE226 |
| 291:30 - 292:30 | SE227 |
| 292:45 - 293:45 | SE228 |
| 294:00 - 295:00 | SE229 |
| 295:15 - 296:15 | SE230 |
| 296:30 - 297:30 | SE231 |
| 297:45 - 298:45 | SE232 |
| 299:00 - 300:00 | SE233 |
| 300:15 - 301:15 | SE234 |
| 301:30 - 302:30 | SE235 |
| 302:45 - 303:45 | SE236 |
| 304:00 - 305:00 | SE237 |
| 305:15 - 306:15 | SE238 |
| 306:30 - 307:30 | SE239 |
| 307:45 - 308:45 | SE240 |
| 309:00 - 310:00 | SE241 |
| 310:15 - 311:15 | SE242 |
| 311:30 - 312:30 | SE243 |
| 312:45 - 313:45 | SE244 |
| 314:00 - 315:00 | SE245 |
| 315:15 - 316:15 | SE246 |
| 316:30 - 317:30 | SE247 |
| 317:45 - 318:45 | SE248 |
| 319:00 - 320:00 | SE249 |
| 320:15 - 321:15 | SE250 |
| 321:30 - 322:30 | SE251 |
| 322:45 - 323:45 | SE252 |
| 324:00 - 325:00 | SE253 |
| 325:15 - 326:15 | SE254 |
| 326:30 - 327:30 | SE255 |
| 327:45 - 328:45 | SE256 |
| 329:00 - 330:00 | SE257 |
| 330:15 - 331:15 | SE258 |
| 331:30 - 332:30 | SE259 |
| 332:45 - 333:45 | SE260 |
| 334:00 - 335:00 | SE261 |
| 335:15 - 336:15 | SE262 |
| 336:30 - 337:30 | SE263 |
| 337:45 - 338:45 | SE264 |
| 339:00 - 340:00 | SE265 |
| 340:15 - 341:15 | SE266 |
| 341:30 - 342:30 | SE267 |
| 342:45 - 343:45 | SE268 |
| 344:00 - 345:00 | SE269 |
| 345:15 - 346:15 | SE270 |
| 346:30 - 347:30 | SE271 |
| 347:45 - 348:45 | SE272 |
| 349:00 - 350:00 | SE273 |
| 350:15 - 351:15 | SE274 |
| 351:30 - 352:30 | SE275 |
| 352:45 - 353:45 | SE276 |
| 354:00 - 355:00 | SE277 |
| 355:15 - 356:15 | SE278 |
| 356:30 - 357:30 | SE279 |
| 357:45 - 358:45 | SE280 |
| 359:00 - 360:00 | SE281 |
| 360:15 - 361:15 | SE282 |
| 361:30 - 362:30 | SE283 |
| 362:45 - 363:45 | SE284 |
| 364:00 - 365    |       |





## Where to Stay

All hotels listed are within a short walking distance of the Palais des Congrès.

### FOR ONLINE RESERVATIONS:

To obtain the special Congress rates online, please go to the "Where to Stay" page of the Congress website [www.PAL2016.com](http://www.PAL2016.com) and click on the link for your favourite hotel.

### FOR TELEPHONE RESERVATIONS:

Reservations should be made directly with the hotel of your choice. By indicating that you will be attending the 21<sup>st</sup> International Congress on Palliative Care, you will be eligible for preferential room rates. Please mention "PAL 2016" when making your reservations.

#### InterContinental Montréal

(Headquarter Hotel)

360 St-Antoine West, Montréal, Québec

Tel.: +1 514-847-8525

Toll-Free:\* 1-800-361-3600

Fax: +1 514-847-8730

E-mail: [montreal@interconti.com](mailto:montreal@interconti.com)

[www.montreal.intercontinental.com](http://www.montreal.intercontinental.com)

Rate: \$229 CAN single/double

(valid only until Sept. 15, 2016 or while availability lasts)

#### Hyatt Regency Montréal

1255 Jeanne-Mance Street, Montréal, Québec

Tel.: +1 514-982-1234

Toll-Free:\* 1-800-361-8234

Fax: +1 514-285-1243

E-mail: [ventes@hyatt.com](mailto:ventes@hyatt.com)

[www.montreal.hyatt.ca](http://www.montreal.hyatt.ca)

Rate: \$215 CAN single/double

(valid only until Sept. 19, 2016 or while availability lasts)

#### Hôtel Le Dauphin Montréal

– Downtown

1025 de Bleury Street, Montréal, Québec

Tel.: +1 514-788-3888

Toll-Free:\* 1-888-784-3888

Fax: +1 514-788-3889

E-mail: [mtl\\_centre@hoteldauphin.ca](mailto:mtl_centre@hoteldauphin.ca)

[www.hotelsdauphin.ca/montreal](http://www.hotelsdauphin.ca/montreal)

Rate: \$169 CAN single/double

(valid only until Sept. 18, 2016)

.....  
\*Please note that Toll-Free numbers are for Canada & USA only.

Rates do not include the 3.5% lodging tax, nor the applicable taxes (GST: 5% and the QST: 9.975%) per room, per night.

For information on accommodation in Bed and Breakfasts in Montréal, please visit the Montréal Tourism website: [www.tourisme-montreal.org](http://www.tourisme-montreal.org). This site will also provide detailed information about the city and its many attractions.



## Congress Venue

### Palais des Congrès

(Montréal Convention Centre)

201 Viger Street West, Montréal, Québec, Canada

[www.congresmtl.com](http://www.congresmtl.com)



Palais des congrès  
de Montréal  
[congresmtl.com](http://congresmtl.com)

The Congress will be held at the Montréal Convention Centre (Palais des Congrès), conveniently located close to Old Montréal, the financial district and Chinatown. Wheelchair access is available at 310 St. Antoine Street West.

# Montréal: An Urban Mosaic

**Bienvenue à Montréal!** Now that's hospitality with a distinctly French flavour in the second largest French-speaking metropolis in the world. Don't be surprised to hear more than 30 languages spoken on the streets of this culturally rich and ethnically diverse city. Such is the urban mosaic of this vibrant metropolis situated on an island in the St. Lawrence River.

## A pedestrian-friendly city, where ambience is everywhere

Here, *joie de vivre* is synonymous with festivals, fine dining, cobblestone streets and small cafés. On any given day this city of culture and creativity offers an array of beguiling options from which to choose – dance, theatre, music, museums, shopping, outdoor activities, or just basking in its unique *ambiance*.

## Autumn is Montréal's most beautiful season.

Renowned for its colours, it is the season for contemplation, when the trees, resplendent in orange, yellow, red and gold, are at their most glorious.

For more information: [www.tourisme-montreal.org](http://www.tourisme-montreal.org)

## Index of Speakers and Chairs

(Please note that only main presenters are listed.)

### Name

### Session Code

Aitken, Jenni .....G08-D  
al-Awamer, Ahmed .....D10-C, G04-B  
Aldridge, Melissa .....S5  
Alexander, Carla .....F06-C  
Anagnostou, Despina .....C08-C  
Ashton, Savannah .....A07-B  
Barker, Ruth .....A07-B, E08-C  
Barwich, Doris .....E08-B  
Batist, Gerald .....E02  
Baxter, Sharon .....D02  
Beattie, James .....D05-B  
Beernaert, Kim .....RF1-C, E10-B  
Bélanger, Emmanuelle .....G01-B  
Berger, Ann .....B11-A  
Berkowitz, Miriam C. ....D07-A  
Bernatchez, Marie Solange .....E06-D  
Bezanson, Kevin .....D08-C  
Bitzas, Vasiliki (Bessy) .....Co-Chair S1, A01/B01/C01, PL4  
Black, SarahRose .....G07-B  
Blake, Maeve .....G08-A  
Bollig, Georg .....D09-A  
Borasio, Gian Domenico .....G01-A  
Bourgeois-Guérin, Valérie .....C11-B  
Bourke, Joanna .....PL1-B, C05  
Bouvette, Maryse .....Co-Chair S1, A01/B01/C01  
Broderick, Ann .....A05-B  
Broom, Alex .....B10-B  
Broucke, Marion .....B12-C  
Brown, Janie .....L01  
Bruera, Eduardo .....S4  
Cadell, Susan .....S2  
Carnevale, Franco .....Co-Chair S2  
Carragher, Patrick .....F03-B  
Carrier, Marie-Christine .....C11-A  
Carrillo González, Gloria Mabel .....F11-A  
Chaila, Mwate Joseph .....G02-C  
Champagne, Manon .....S2.2  
Charmillot, Pierre-Alain .....G12-C

Châtel, Tanguy .....D12-A, E01-A  
Chen, Hui-Ping .....A08-C  
Choi, Sylvia .....E03-B  
Chu, Mei Chuan .....D07-B  
Clark, Elizabeth .....B05-B, E06-B  
Clark, Katherine .....B06-B  
Clements-Cortes, Amy .....G07-A, G07-C  
Cohen, Robin .....Chair RF1, RF2, RF3, Co-Chair S5  
Collins, Anna .....A08-D, C09-A  
Cook, Deborah .....F04-B  
Cook, Karen .....G11-A  
Cory, Shelly .....A09-A, A09-B, D01-B  
Côté, Andréanne .....C11-A, G12-A  
Côté, Anne-Josée .....E03-C  
Cousins, J. Bradley .....S5  
Covell, Christine .....S1  
Crombie, Rachael .....D07-C  
Cruchet, Dawn .....F08-A  
Currow, David .....S4, S5, B04  
Daeninck, Paul J. ....S4  
DasGupta, Tracey .....E10-C  
Davaasuren, Odontuya .....G02-B  
Dave, Jatin .....F06-B  
Davies, Betty .....S2, B03-C  
Davis, Mellar .....D06  
de Broca, Alain .....D10-B  
de Montigny, Johanne .....PL2, Co-Chair D01/E01  
De Vlemminck, Aline .....RF3-C, F01-A  
DeAngelis, Rose .....A08-A  
Delgado-Guay, Marvin Omar .....F07-B  
Denis-Delpierre, Nathalie .....G12-B  
Des Aulniers, Luce .....C12  
Deschamps, Pierre .....E12-A  
Di Biase, Rita .....G09-C  
Dick, Helen .....D07-D  
Donald, Erin .....G13-B  
Dowla, Rumana .....C07-B  
Downar, James .....E01-C, G13-A  
Downer, Kathryn .....E05-B

Duc, Jacqueline .....G09-B  
Dudgeon, Deborah .....E02  
Durepos, Pamela .....B10-D  
Durivage, Patrick .....A05-A  
Duval, Michel .....B03-B  
Edwards, Doreen .....E02  
Edwards, Marie .....A10-B  
Emmerson, Debbie .....G07-B  
Evin, Adrien .....E11-D  
Fassbender, Konrad .....A11-C  
Feudtner, Chris .....S2, PL3-A  
Fiat, Eric .....PL2-B  
Fillion, Lise .....A01-A  
Finkelstein, Eric .....RF3-A  
Fortin, Sylvie .....S2  
Fraser, Lorna Katharine .....RF2-A  
Freitas, Zeldá .....E05-A  
Gagnon, Bruno .....B11-C  
Gallagher, Lisa .....C06-C, G07-D  
Gaucher, Nathalie .....B03-D, G03-C  
Gerson, Sheri .....F01-B  
Ghoshal, Arunangshu .....B06-C  
Gingras, Stéfanie .....A06-B  
Glon, Audrey .....E11-C  
Gomas, Jean-Marie .....D12-B  
Gorman, Geraldine .....D08-B  
Grant, Sue .....D09-B  
Greig, Martha .....E07-A  
Guo, Qiaohong .....F11-B  
Hamilton, Lisa .....F10-A  
Handel, Daniel .....G10  
Hanvey, Louise .....A07-B, D02  
Harrison, Natalie .....E11-B  
Hartman, Amber .....G04-A  
Hasanpour, Marzieh .....A03-D  
Hassan, Eman .....B08-C  
Hauer, Julie .....C03  
Heidarzadeh, Mohamad .....A03-D  
Henderson, David .....Co-Chair S4  
Henry, Blair .....A07-A  
Herx, Leonie .....Co-Chair S4



Palais des congrès de Montréal (Montreal Convention Centre) PHOTO: LIONEL HUMBERT

| Name                             | Session Code      |                                  |                   |
|----------------------------------|-------------------|----------------------------------|-------------------|
| Holland, Jason .....             | D01-A             | Marcoux, Isabelle .....          | F01-C             |
| Holyoke, Paul .....              | F07-A             | Marr, Lisa .....                 | C06-A             |
| Hordyk, Shawn Renee .....        | E07-A             | Marsh, Pauline .....             | D09-C             |
| Howard, Michelle .....           | RF3-B             | Marshall, Denise .....           | B08-A             |
| Hutchinson, Tom .....            | Chair S3          | McClement, Susan .....           | A10-B             |
| Ingram, Cory .....               | E10-A             | McConnell, Shelagh .....         | G03-A             |
| Jagoe, Thomas .....              | S4                | McLean, Victoria .....           | B01-B             |
| Janvier, Annie .....             | E03-A             | McPherson, Mary Lynn .....       | A02               |
| Johnston, Bridget .....          | F08-C             | Meaney, Sarah .....              | A03-A             |
| Johnston, Meaghen .....          | G11-C             | Mercier, Joel .....              | G12-D             |
| Joshi, Ramona .....              | F05-B             | Montagnini, Marcos .....         | E09-B             |
| Kaasalainen, Sharon .....        | RF1, F10-C        | Moran, Juli .....                | A11-D             |
| Kabemba Mbaya, Alain .....       | A12-B             | Morrison, R. Sean .....          | Co-Chair S5       |
| Kelley, Stacy .....              | A09-C             | Mota, Rafael .....               | E09-A             |
| Kenten, Charlotte .....          | G11-B             | Mount, Balfour .....             | L02               |
| Kilbertus, Frances .....         | A06-A             | Mowll, Jane .....                | E01-B, G08-C      |
| Kitchen Clarke, Leanne .....     | D02               | Mukasahaha, Diane .....          | C07-C             |
| Kjellgren, Helena .....          | D11-C             | Munk, Peter .....                | F02-B             |
| Kliavkoff, Maria .....           | F08-D             | Murphy, Margaret .....           | L05               |
| Klinger, Christopher .....       | E08-A, F09-A      | Nagano, Kent .....               | PL1-A             |
| Klink, Aaron .....               | B09-A             | Nelson, Katherine .....          | G03-D             |
| Kogan, Naomi .....               | C09-B             | Néron, Sylvain .....             | G10               |
| Koh, Mervyn .....                | G09-D             | Neuendorf, Katie .....           | A04-B             |
| Konietzny, Christy .....         | B01-C             | Ntizimira, Christian .....       | C07-A             |
| Krawczyk, Marian .....           | RF1-B, L03, B11-B | Nuzum, Daniel .....              | A03-B             |
| La Fontaine, Louise .....        | F12-A             | O'Brien, Suzanne .....           | L02               |
| Lapointe, Bernard .....          | Chair PL1, PL2    | O'Connell, Orla .....            | G08-B             |
| Lefebvre, Marie .....            | C12               | O'Malley, Patricia .....         | B03-A             |
| Legault, Alain .....             | E11-A             | Onslow, Fiona .....              | A10-D             |
| Lemieux, Laurie .....            | G09-A             | Oppert, Claire .....             | D11-A             |
| Lessard, Sabrina .....           | F12-B             | Org, Bonica .....                | Chair A02/B02/C02 |
| Lewin, Warren .....              | D05-A             | Parsons, Henrique A. ....        | S4                |
| Lewis, Emma Grace .....          | G02-A             | Patel, Archana .....             | D05-A             |
| Lewis, Laura .....               | A08-B             | Pearce, Jonathan .....           | E06-A             |
| Lillie, Alison-Kate .....        | F09-B             | Percy, Joy .....                 | F06-A             |
| Lindqvist, Olav .....            | A11-A             | Perez, Jordi .....               | F02-A             |
| Lucas, Viv .....                 | A04-A             | Pesut, Barbara .....             | S1, D09-D         |
| Lukoji Kalonji, René .....       | A12-C             | Philip, Jennifer .....           | RF3               |
| Lussier, David .....             | B02               | Pituch, Kenneth .....            | RF2, E03-D, F03-A |
| Maccauley, Robert .....          | D10-A             | Potter, Wendy .....              | L05               |
| Macdonald, Mary Ellen .....      |                   | Poulos, Roslyn .....             | A10-C             |
| Co-Chair S2, Chair PL3, G05-A    |                   | Prail, David .....               | PL4               |
| Macgowan, Kim .....              | A10-D             | Prénat-Molimard, Delphine .....  | B12-B             |
| MacKinnon, Christopher .....     | Co-Chair          | Prince, Holly .....              | E07-B             |
| D01/E01, PL4                     |                   | Prout, Alan .....                | S2                |
| MacLeod, Rodderick .....         | A10-A             | Radu, Arnold .....               | F02-B             |
| Makassi Kitapindu-Kimweti, ..... |                   | Rajagopal, M. R. ....            | A05-B, E04, PL4   |
| Jean Sampert .....               | A12-A             | Rapoport, Adam .....             | S2, RF2-B         |
| Malazich, Lori .....             | A03-C             | Repar, Patricia .....            | C06-A             |
| Malhotra, Chetna .....           | G06-B             | Richardson, Ruth .....           | S1                |
| Malinowski, Jason .....          | F08-A             | Rost, Michael .....              | D03-B, D03-C      |
|                                  |                   | Roze des Ordon, Amanda .....     | A06-C             |
|                                  |                   | Rushton, Cynda .....             | S1, C04           |
|                                  |                   | Salsali, Mahvash .....           | F11-C             |
|                                  |                   | Sawatzky, Richard .....          | S5                |
|                                  |                   | Selman, Lucy .....               | RF1-A, C10-A      |
|                                  |                   | Shariff, Mary .....              | F01-C             |
|                                  |                   | Sheridan, Mark .....             | B09-C             |
|                                  |                   | Shermak, Sheryl .....            | B09-B, C09-C      |
|                                  |                   | Siden, Hal .....                 | David Bourke      |
|                                  |                   | Memorial Lecture                 |                   |
|                                  |                   | Simon, Jessica .....             | A11-B             |
|                                  |                   | Sinclair, Shane .....            | A09-A, C10-B      |
|                                  |                   | Sood, Amit .....                 | D04, PL3-B        |
|                                  |                   | Sorensen, Anna .....             | G06-A             |
|                                  |                   | Soroka, Jacek .....              | B10-A             |
|                                  |                   | Stajduhar, Kelli .....           | RF2-C             |
|                                  |                   | Steele, Rose .....               | G03-B             |
|                                  |                   | Stevens, Elaine .....            | B05-A             |
|                                  |                   | Syrowatka, Ania .....            | C08-B             |
|                                  |                   | Taylor, Ros .....                | D11-B             |
|                                  |                   | Teachman, Gail .....             | S2                |
|                                  |                   | Teepie, Lori .....               | F09-D             |
|                                  |                   | Tellem, Rotem .....              | B07-A             |
|                                  |                   | Tevyaw, Sarah .....              | G08-A             |
|                                  |                   | Tharappel, Elizabeth .....       | G02-D             |
|                                  |                   | Thompson, Geneviève .....        | F10-B             |
|                                  |                   | Tishelman, Carol .....           | B08-B             |
|                                  |                   | Tomczyk, Martyna .....           | F12-C             |
|                                  |                   | Tremblay, Annie .....            | E12-B             |
|                                  |                   | Tsikai, Franciscah .....         | E10-D             |
|                                  |                   | Vanderspank-Wright, Brandi ..... | A01-B             |
|                                  |                   | Vinay, Patrick .....             | B12-A             |
|                                  |                   | Voek, Anna .....                 | D08-A             |
|                                  |                   | von Gunten, Charles .....        | G06-C             |
|                                  |                   | Wagner, Karen .....              | F08-A             |
|                                  |                   | Ware, Mark .....                 | C02               |
|                                  |                   | Watson, Max .....                | F09-C             |
|                                  |                   | Watson, Sandra .....             | F08-B             |
|                                  |                   | Weaver, Meaghann .....           | D03-A             |
|                                  |                   | Wentlandt, Kirsten .....         | B06-A             |
|                                  |                   | Westmoreland, Anna Kate .....    | G05-B             |
|                                  |                   | Whitty, Rachel .....             | C08-A             |
|                                  |                   | Widger, Kimberley .....          | D03-D, F03-C      |
|                                  |                   | Williams, Lisa .....             | B10-C             |
|                                  |                   | Woelk, Cornelius .....           | E06-C             |
|                                  |                   | Wong, Angelique .....            | F04-A             |
|                                  |                   | Wright, David .....              | Co-Chair S1-C     |
|                                  |                   | A01/B01/C01                      |                   |
|                                  |                   | You, John .....                  | F05-A             |
|                                  |                   | Young, Laurel .....              | C06-B             |
|                                  |                   | Yuma, Etienne .....              | A12-D             |
|                                  |                   | Zhukovsky, Donna .....           | B07-B             |
|                                  |                   | Zulawnik, Slawomir .....         | B01-B             |



# Together, we create a stronger community.

And at the heart of every community, you'll find organizations fuelled by committed people who are passionate about building a better future for us all. We're proud to support the International Congress on Palliative Care. Every community has a Someday™ — together we can make it happen.



Let's make Someday® happen.

© / MC Marque(s) de commerce de la Banque Royale du Canada. VPS95473

90780B (04/2015)

CANADIAN PARTNERSHIP  
AGAINST CANCER



PARTENARIAT CANADIEN  
CONTRE LE CANCER

**Cancer.**  
It's about all of us.

**Le cancer.**  
Cela nous concerne tous.



A key focus of the Partnership is convening and catalyzing to improve palliative and end-of-life care.

Visit our *Cancerview* digest on palliative care to find interviews with leading palliative care experts, including Dr. Balfour Mount, key resources and more.

<http://blog.cancerview.ca/category/palliative-care/>

L'un des principaux objectifs du Partenariat consiste à se réunir et à se mobiliser en vue d'améliorer les soins palliatifs et de fin de vie.

Consultez *Vuesurlecancer*, un condensé portant sur les soins palliatifs, pour lire des entrevues avec des experts de renom en matière de soins palliatifs, y compris le Dr Balfour Mount, obtenir de précieuses ressources et plus encore.

<http://blog.cancerview.ca/fr/category/soins-palliatifs-fr/>

Production of this advertisement has been made possible through a financial contribution from Health Canada. The views expressed herein represent the views of the Canadian Partnership Against Cancer.  
[partnershipagainstcancer.ca](http://partnershipagainstcancer.ca)

Cette publication a été rendue possible grâce à une contribution financière de Santé Canada, par l'entremise du Partenariat canadien contre le cancer. Les opinions exprimées dans le présent document sont celles du Partenariat canadien contre le cancer.  
[partenariatcontrelcancer.ca](http://partenariatcontrelcancer.ca)