

CHALLENGES IN INTERNAL MEDICINE

CLOSING THE GAP IN PRIMARY CARE

Thursday, Friday, Saturday
June 18–20, 2015

Course Directors

Yousaf Ali, MD
John A. Andrilli, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

Icahn School of Medicine at Mount Sinai

Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY 10029



Icahn
School of
Medicine at
Mount
Sinai

Sponsored by

Icahn School of Medicine at Mount Sinai
Department of Medicine
Mount Sinai Health System

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners and Physician Assistants.

Primary care is growing increasingly more difficult due to the complexity of the patient's medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today's scientific literature. The outcome from this format is to help the clinician to better manage their patients using the latest evidence based practices.

All of the discussants incorporate recent scientific literature for their talks. Importantly, many of the lectures chosen are from the current year's Divisional and Departmental Grand Rounds. The 2015 course marks its 10th successful year of programming.

MANAGING DISEASE PROCESSES

- Chronic Disease Management
- Concomitant Comorbidities

MEDICAL CONUNDRUMS

- Challenging Scenarios
- Helpful Pearls
- Clinical Reasoning for Common Problem

NEW DIAGNOSTIC MODALITIES

- What's new in Gastroenterology/Hepatology

EDUCATIONAL OBJECTIVES:

At the conclusion of this activity, participants will be able to:

- **Identify** new trends in US healthcare that will allow healthcare providers to maximize efficiency within their practice aligning practitioners to new recommended guidelines.
- **Identify** current therapeutic options for specific disorders commonly seen in practice and apply when appropriate.
- **Review and interpret** up-to-date literature relevant to clinical practice in the following therapeutic areas: Cardiology, orthopaedics, hematology/oncology, rheumatology, dermatology, gastroenterology, liver disease and genetics.

WHO SHOULD ATTEND:

- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

COURSE DIRECTORS/PLANNING COMMITTEE

Yousaf Ali, MD, FACP

Associate Professor of Medicine
Vice Chair Faculty Affairs

John A. Andrilli, MD

Assistant Professor of Medicine
Chief of the Division of General Internal Medicine
Mount Sinai Beth Israel

Douglas T. Dieterich, MD

Professor of Medicine
Division of Liver Disease
Director of Outpatient Hepatology

David C. Thomas, MD, MHPE

Professor of Medicine, Medical Education and
Rehabilitation Medicine
Vice Chair for Education
Associate Dean for CME

FACULTY

Sherley Abraham, MD

Assistant Professor of Medicine,
Endocrinology, Diabetes and Bone Disease

Noura S. Abul-Husn, MD, PhD

Assistant Professor of Medicine,
Genetics and Genomic Sciences

Jawad Ahmad, MD

Associate Professor of Medicine

Jeanine Albu, MD

Associate Professor of Medicine

David Carr-Locke, MA, MD

Professor of Medicine

Lisette Casagrande, MD

Assistant Professor of Medicine, Nephrology

Charissa Chang, MD

Assistant Professor of Medicine, Liver Diseases

Alexis C. Colvin, MD

Assistant Professor of Orthopaedics

Dennis Finkelstein, MD, FACC, FASE

Associate Professor of Medicine

Harry D. Fischer, MD

Associate Professor of Medicine

Alyssa Gillego, MD

Surgical Oncology

James Gladstone, MD

Associate Professor of Orthopaedics, Sports Medicine Service

Gary Goldenberg, MD

Assistant Professor of Dermatology & Pathology

David A. Greenwald, MD

Director of Clinical Gastroenterology and Endoscopy

Anita Gupta, MD

Assistant Professor of Ophthalmology

Richard S. Haber, MD

Professor of Medicine, Endocrinology, Diabetes and
Bone Disease

Rosanne M. Leipzig, MD, PhD

Professor of Geriatrics and Palliative Medicine

James Marion, MD

Professor of the Practice of Medicine

Bryan C. Markinson, DPM

Assistant Professor of Orthopaedics/Pathology

Maryann McLaughlin, MD

Associate Professor of Medicine, Cardiology

Ira S. Meisels, MD

Senior Attending in Medicine, Nephrology

Barbara Murphy, MD

Professor & Chair of Medicine, Nephrology
Dean for Clinical and Population-Based Research
Assistant Professor of Medicine, Cardiology

William Oh, MD

Professor of Medicine, Hematology and Medical Oncology

Ponni Perumalswami, MD

Assistant Professor of Medicine

Sean Pinney, MD

Director, Advanced Heart Failure &
Cardiac Transplant Program

Charles A. Powell, MD

Professor of Medicine

Dalilah Restrepo, MD

Attending Physician

Donald A. Smith, MD

Associate Professor of Medicine

Kevin Troy, MD

Associate Dean For Graduate Medical Education

Antonio E. Urbina, MD

Medical Director, Institute for Advanced Medicine
Mount Sinai Roosevelt

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IN INTERNAL MEDICINE

CLOSING THE GAP IN PRIMARY CARE

GENERAL INFORMATION

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 18.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

All professionals will be able to download, verification of attendance.

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

COURSE LOCATION

Icahn School of Medicine at Mount Sinai
Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY 10029

DIRECTIONS/PARKING

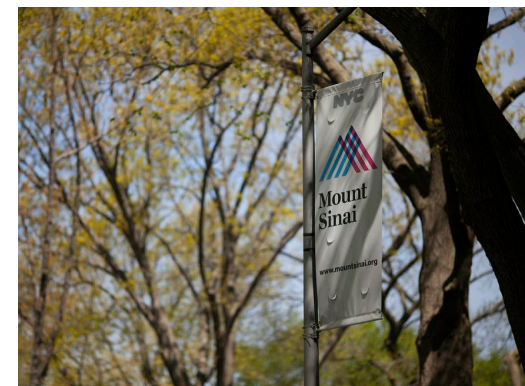
www.mountsinai.org/about-us/visiting-us

REFUND POLICY

A fee of \$50.00 will be retained to cover administrative costs for refunds and cancellations. All requests must be confirmed in writing to The Page and William Black Post-Graduate School two weeks before the course begins. No refunds will be made after June 1, 2015 for cancellations and for 'no shows'.

CONFERENCE INFORMATION

Please contact: Office of CME 212.731.7950 or
email cme@mssm.edu
Register online at www.icaahn.mssm.edu/cme/courses



MANAGING DISEASE PROCESSES

7:30 - 8:20am
Registration and Continental Breakfast

8:20 - 8:25
Opening Remarks
Barbara Murphy, MD
Chair, Department of Medicine

8:25 - 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

DISEASE PROCESSES
Cardiology 2015

8:30 - 9:00
CHF: Management 2015
Sean Pinney, MD

9:00 - 9:30
Anticoagulation Management
Dennis Finkelstein, MD, FACC, FASE

9:30 - 10:00
Women and Heart Disease 2015 Update
Maryann McLaughlin, MD

10:00 - 10:15
Panel Discussion

10:15 - 10:30
Break

Renal Developments 2015

10:30 - 11:00
HTN: New Developments
Lisette Casagrande, MD

11:00 - 11:30
A Better Way to Diagnose CKD
Ira S. Meisels, MD

11:30 - 12:00pm
Travel Medicine for the Internist:
Dalilah Restrepo, MD

12:00 - 12:15
Panel Discussion

12:15 - 1:15
Lunch

COMORBID CHRONIC DISEASE
Orthopaedics for PCP's:
Best Practice Strategies

1:15 - 1:45
Snap, Crackle, Pop:
Diagnosis of Common Knee Problems
Alexis C. Colvin, MD

1:45 - 2:15
Common Causes of Shoulder Pain
James Gladstone, MD

2:15 - 2:45
The Twist Ankles & Feet
Bryan C. Markinson, DPM

2:45 - 3:00
Panel Discussion

3:00 - 3:15
Break

Improving your Management of the Patient with Endocrine Disease in 2015

3:15 - 3:45
Lipid Guidelines: Trials 2015
Donald A. Smith, MD

3:45 - 4:15
Diabetes: Management 2015
Sherley Abraham, MD

4:15 - 4:45
Thyroid Nodules: What to Do After Examining the Neck
Richard S. Haber, MD

4:45 - 5:00pm
Panel Discussion Conclusion

MEDICAL CONUNDRUMS

7:30 - 8:20am
Registration and Continental Breakfast

8:20 - 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

CHALLENGING SCENARIOS IN ONCOLOGY

8:30 - 9:00
Breast Cancer
Alyssa Gillego, MD

9:00 - 9:30
Prostate Cancer Update
William Oh, MD

9:30 - 10:00
Lung Cancer
Charles A. Powell, MD

10:00 - 10:15
Panel Discussion

10:15 - 10:30
Break

HELPFUL PEARLS

10:30 - 11:00
HIV Advances
Antonio E. Urbina, MD

11:00 - 11:30
Anemia for the PCP
Kevin Troy, MD

11:30 - 12:00pm
Recent Advances in Obesity Management
Jeanine Albu, MD

12:00 - 12:15
Panel Discussion

12:15 - 1:15
Lunch

1:15 - 1:45
Rheumatoid Arthritis
Harry D. Fischer, MD

1:45 - 2:15
Genetics in the 21st Century
Noura S. Abul-Husn, MD, PhD

2:15 - 2:45
The Dermatology Top 10
Gary Goldenberg, MD

2:45 - 3:00
Panel Discussion

3:00 - 3:15
Break

CLINICAL REASONING FOR COMMON PROBLEMS

3:15 - 3:45
The Approach to the Older Patient
Rosanne M. Leipzig, MD, PhD

3:45 - 4:15
The Red Eye
Anita Gupta, MD

4:15 - 4:45
Abnormal LFTs - When to Refer
Jawad Ahmad, MD

4:45 - 5:15
Interpretation of Normal & Abnormal Rheum Tests
Yousaf Ali, MD

5:15 - 5:30pm
Panel Discussion Conclusion

NEW DIAGNOSTIC MODALITIES

7:30 - 8:20am
Registration and Continental Breakfast

8:20 - 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

WHAT'S NEW IN GASTROENTEROLOGY/HEPATOLOGY

8:30 - 9:00
CRC Screening Update
David A. Greenwald, MD

9:00 - 9:30
Update in Medical Therapy for IBD
James Marion, MD

9:30 - 10:00
Upper GI for PCP
David Carr-Locke, MA, MD

10:00 - 10:15
Panel Discussion

10:15 - 10:30
Break

10:30 - 11:00
NYS Screening for HepC
Ponni Perumalswami, MD

11:00 - 11:30
New Therapies for HCV
Douglas T. Dieterich, MD

11:30 - 12:00pm
NASH
Charissa Chang, MD

12:00 - 12:15
Panel Discussion

12:15 - 12:30
Adjournment

Agenda Subject to Change

AGENDA

ACCOMMODATIONS

REGISTRATION

A limited number of discounted sleeping rooms have been reserved at the following hotels below. To make your hotel reservation, please call:

Housing Manager, Denise Newman

Phone: 718.835.4911

email: dnew229@aol.com

The Hotel Wales

1295 Madison Avenue, between 92nd and 93rd Street
New York, NY 10128

Rate: \$255++ queen/\$350++ king

www.walshotel.com

Ph: (866) 925-3746

Courtyard New York Manhattan/Upper East Side

410 East 92nd St., NY, NY, 10128

Rate: \$269++ per night

www.marriott.com

Ph: (212)-410-6777

Registration Fee:

(includes continental breakfasts, breaks, lunch and electronic syllabus)

	Registration Fee	Onsite
■ Physicians	\$700	\$750
■ Residents, Nurses, Allied Health Professionals, Physician Assistants and Mount Sinai Staff/Affiliates	\$600	\$650
■ MSHS Resident, Fellows and Medical Students	\$75	\$125

Online Registration:

www.icahn.mssm.edu/cme/courses

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Register early, space is limited.

	Registration Fee	Onsite
☐ Physicians	\$700	\$750
☐ Residents, Nurses, Allied Health Professionals, Physician Assistants and Mount Sinai Staff/Affiliates	\$600	\$650
☐ MSHS Resident, Fellows and Medical Students	\$75	\$125

PLEASE PRINT CLEARLY

Last First Middle Initial

Credentials (MD, RN, etc.)

Mailing Address

City State Zip

Daytime Phone Fax

E-Mail Address (Please include your email address as only e-confirmations will be sent)

Principal Specialty

Institution Affiliation

Please indicate special dietary needs: ☐ Kosher ☐ Vegetarian

TWO WAYS TO REGISTER:

📄 Online at
www.icahn.mssm.edu/cme/courses

✉ Mail this form with your check to:
Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574

☐ Enclosed is my check for \$ _____
payable to: The Page and William Black
Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax.

Please visit

www.icahn.mssm.edu/cme/courses

to register and pay by credit card.

For Onsite Registration Only

☐ Bill my credit card \$ _____
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Signature