

ADVANCED WILDERNESS LIFE SUPPORT® COURSE
Alexandria, NH - September 24-27, 2015
Appalachian Mountain Club's Cardigan Lodge

Course Schedule

Thursday, September 24th

12:00PM	WELCOME
12:15	Patient Assessment
12:45	Wilderness Wound Management
1:45	Dive Medicine
2:45	Break
3:00	Lighting
3:30	Head, Ear, Eye, Nose, Throat, Skin
4:30	Medical Problems (Small Group Session)
5:30	Break for Dinner
6:00	DINNER
7:00	Avalanche Avoidance and Survival
8:00	Submersion
8:30	---- End of Day ----

Friday, September 25th

8:00AM	Bites & Stings
9:00	Water Disinfection
9:30	Break
9:45	Hypothermia/Frostbite/Hyperthermia
10:45	Medical Kits
11:15	Break
11:30	Infectious Disease (Small Group Session)
12:30PM	Altitude Illness
1:00	Break for Lunch
1:45	HANDS ON TEACHING (Outdoors Session) Patient Assessment Spine stabilization, moving the injured patient Splinting and Dislocations Litters and Carries
6:00	DINNER
7:30	Optional Evening Lecture TBA

Saturday, September 26th

8:00-12:00	WILDERNESS MEDICINE VICTIMS SCENARIOS (Outdoors Session)
12:30	Optional Group Hike to Mt. Cardigan Summit
6:00	DINNER
7:30	Optional Night Victim Scenarios

Sunday, September 27th

8:00AM	AWLS PRACTICAL TESTING SCENARIOS
11:30	AWLS WRITTEN EXAM
12:30	---- CONFERENCE ADJOURNED ----

Onsite Sign-in

There will be onsite sign in for the course on Thursday afternoon starting at 12:00 PM at the Lodge's conference room. You will receive your printed textbook and course program at that time. Sign-in is required so that we have an accurate record of your attendance for CME credits.

Course Materials

The textbook is available at the awls.org website as a digital download. You will be emailed a registration confirmation with the password to access the download. You will receive a hard copy of the AWLS textbook at the time you sign in for the course. The printed and e reader version of the textbook is also available for purchase from our publisher Amazon.com, if you would like a copy of the text shipped to you in advance of the course.

Course Description

“Learn the skills to prevent medical problems, reduce suffering and save lives in non-traditional medical settings”

- Earn your Advanced Wilderness Life Support certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios
- Taught by leading experts
- Obtain up to 20.5 hours of category 1 CME

COURSE OBJECTIVES

To provide a practical foundation in Wilderness Medicine for medical professionals

To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available

To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary.

To teach techniques and guidelines for evacuation

Students will be divided into groups for the hands on teaching sessions. These groups will be chosen based on personal choice as is feasible. Please plan on spending 1 to 2 afternoons attending the hands on teaching curriculum.

You must hold a medical license (MD, PhD, Nurse, PA, Paramedic, EMT, second year or later student) to certify in AWLS. We also require that you have completed a BLS or CPR certification at sometime in the past.

TOPICS INCLUDE:

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|--------------------------------------|--------------------------------------|
| ➤ Patient assessment | Wound management |
| ➤ Trauma | Water treatment |
| ➤ Medical problems | Hyperthermia, hypothermia, frostbite |
| ➤ Infectious disease | Medical kits |
| ➤ Head, Ear, Eye, Nose, Throat, Skin | Lightning |
| ➤ Animal & insect bites | HAPE/HACE |
| ➤ Musculoskeletal injuries | Dive Medicine |

The Wilderness Medical Society designates this educational activity for a maximum of 20.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.”

**CME CERTIFICATES WILL BE MAILED TO STUDENTS APPROXIMATELY 30
DAYS AFTER COMPLETION OF THE COURSE**

See Faculty List Below

FACULTY

Reed Brozen, MD

Associate Professor of Medicine
Geisel School of Medicine at Dartmouth
Medical Director of Dartmouth-Hitchcock
Advance Response Team
Dartmouth Hitchcock Medical Center
Lebanon, NH

Andrew Crockett, MD

Assistant Professor of Surgery
Geisel School of Medicine at Dartmouth
General and Trauma Surgeon
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Sarah Crockett, MD

Instructor in Medicine
Geisel School of Medicine at Dartmouth
Emergency Medicine Physician
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Robert Hyde, MD

Assistant Professor of Medicine
Geisel School of Medicine at Dartmouth
Co-Director of Emergency Ultrasound
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Ryan R. Knapp, MD, MS

Assistant Professor of Medicine
Geisel School of Medicine at Dartmouth
Emergency Medicine Physician
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Andrew Miller, FP-C

Flight Paramedic
Dartmouth-Hitchcock Advanced
Response Team
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Thomas Trimarco, MD

Assistant Professor of Medicine
Geisel School of Medicine at Dartmouth
EMS Medical Director
Dartmouth-Hitchcock Medical Center
Lebanon, NH

All AWLS faculty have signed disclosure statements indicating that they have no relevant financial relationships with any course sponsors.

LOCATION INFORMATION

Mount Cardigan State Forest of New Hampshire

The Mount Cardigan State Forest is located in central New Hampshire at the edge of the White Mountains and includes the bald summit of Mount Cardigan with panoramic views of the Green Mountains of Vermont, the Presidential Range, and even of the portion of the White Mountains in Maine. The area in and around the forest provides multi-sport opportunities for recreation in all four seasons. The warm days and cool evenings of autumn, along with the fall foliage, make it a particularly enjoyable time of year for visiting New Hampshire and enjoying all of the recreation opportunities it has to offer.

Area Activities

Cardigan Lodge is located on a 1,200-acre reservation owned by the Appalachian Mountain Club and is adjacent to the 5,000 acre Mount Cardigan State Park and Forest. There is over 50-miles of trails in this area with variable difficulty including hikes to the top of Mount Cardigan, more moderate hikes in the surrounding forest alongside beautiful waterfalls, or short walks near the lodge around its small pond. There are several other options nearby including paddling on Newfound lake, climbing at Rumney, or mountain biking in the White Mountains.

Lodging

The conference is being held at Appalachian Mountain Club's Cardigan Lodge in Alexandria, NH. Cardigan Lodge, at the base of Mount Cardigan and adjacent to the Mount Cardigan State Park and Forest provides excellent hiking for all abilities, especially during peak fall foliage season. The lodge offers a choice of private rooms with private bath and private bunkrooms with shared baths. Towels and linens are provided for all guests. Family style breakfast and dinner are included in lodging fees. The lodging fee is \$69.88 (rates are per person per night and include breakfast, dinner, and NH Lodging Tax) for adults. There is a reduced fee for children depending on age. To make a reservation, **call AMC Reservations by August 24th, 2015** to confirm space. Reservations received after this date will be on a space available basis.

Instructions for Booking Your Stay:

1. Call the AMC Reservations Line at **603-466-2727** Mon-Sat, 9 am to 5 pm
2. Tell the Customer Service Representative that you want to reserve into the **Advanced Wilderness Life Support program – Reservation # 269339**
3. Provide your contact information and any food allergy information, vegetarian requests
4. Payment: MasterCard, Visa and American Express accepted.

If you prefer not to stay at Cardigan lodge, there are alternative lodging options available in Bristol, NH (about a 25 minute drive), Plymouth, NH (about a 45 minute drive), or Tilton, NH (about a 45 minute drive).

Transportation

Alexandria is located in central New Hampshire at the edge of the White Mountains. There are 3 major airports in the area including Portland International Jetport (about 100 miles; 2hr30min drive), Manchester-Boston Regional Airport (about 70 miles; 1hr30min drive), or Logan International Airport (about 115 miles; 2hr15min drive). Most major rental car agencies have locations at all 3 airports. Shuttle service from the airport is limited.

Please visit our Facebook page if you would like to post info regarding sharing lodging or transportation with another student. www.awls.org

Clothing and Other Equipment

Weather in Northern New England in the fall is unpredictable though generally warm during the day (average temperature in the high 50s to mid 60s) and cool at nights (30s- to 40s) and so a range of clothing is recommended. Rain is always possible in the fall so bring rain jacket/pants and warmer clothes. Plan to bring any personal outdoor equipment that you may need for your planned outdoor activities.

Registration and Further Information

Register online at www.awls.org or complete the form below and fax, email or mail it to AdventureMed.

COST SUMMARY:

Payable at time of registration

Doctoral course fee: \$695.00

Non-doctoral course fee: \$545.00

Resident/Student course fee: \$395.00

Registration fee includes 20.5 CME credits and lunch on Friday and Saturday. Lodging and additional meals are NOT included, though a group rate was negotiated and reflected in the price above.

Cancellation Policy: No refunds will be given within 30 days of the date of the start of the conference. If you need to cancel within the 30-day period we will apply your payment to a future AWLS course of your choosing. All refunds are subject to a 10% processing fee.

For additional questions, information, visit the AWLS FAQs page on the website or contact Advanced Wilderness Life Support and AdventureMed: www.awls.org or 720-903-1480.

Advanced Wilderness Life Support®

MT CARDIGAN LODGE, ALEXANDRIA, NH CONFERENCE: SEPT 24-27, 2015

Registration Information- Please enter conference attendee's information below. Please complete all fields including the type of registration. Please contact us at (720) 903-1480 if you have any questions regarding your registration.

First name _____ Last name _____

Company or employer _____

Billing address _____

Address 2 _____

City _____ State _____ Zip _____

Province/Country _____ Email _____

Phone _____ Alternate phone _____

Fax _____

Comments or special requests _____

Type of Registration _____

Type	Description	Price
A	Physician	\$695
B	Nurse/PA/EMT/Paramedic	\$545
C	Student/Resident	\$395

CME: 20.5 hours of Category One Physician CME available.

Payment method ☐ credit card ☐ check

Credit card type ☐ Visa ☐ MC Amex

Card # _____ Expiration date _____

Customer code _____

You may pay by credit card or check. Fax your credit card application to 801-606-3101. You will receive confirmation within ten days. Make checks payable to **AdventureMed, LLC** and remit to the address listed below.

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