

A PRACTICAL GUIDE TO Nurse Prescribing for Pain

For new, current and aspiring
nurse and non medical prescribers in primary and secondary care practice

Tuesday 22 September 2015 Hallam Conference Centre, London



Chair & Speakers Include

Dr Barbara Stuttle CBE
Chair
Association for Prescribers

Professor Laserina O Connor
President
Irish Pain Society

Recognised by



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"Properly trained non-medical staff should absolutely take on prescribing roles where it's appropriate. And indeed, as the health service moves more towards less hospital-based care, with an increased focus on integrated community services, this should result in a wider range of professionals prescribing medicines - especially in a community setting"

Prof Neal Maskrey Consultant Clinical Adviser Medicines and Prescribing Centre NICE

This important national conference, chaired by Barbara Stuttle, Chairman of the Association for Prescribers, provides an essential update for current and aspiring non medical prescribers on prescribing for pain. Pain is a growing area of non medical prescribing and one of the most common areas, in a 2010 survey of the Association for Nurse Prescribing members 50% of members prescribed for pain (Karen Stenner, University of Surrey). This make it essential that non medical prescribers maintain the competence and skills to prescribe for pain in an effective way, working with patients to improve pain outcomes.

Through national updates and practical case studies delegates will hear how to develop and maintain prescribing competence, and how to develop effectiveness in post qualification practice. Extended sessions developing prescribing competence and confidence, medication management, managing medication safety and preventing medication errors and overcoming the barriers to effective pain management. Clinical case studies will share the learning from experienced pain prescribers on non medical prescribing for pain in the community, nurse prescribing for in-patient and post operative pain, pharmacist prescribing for chronic pain, physiotherapist prescribing for back pain and non medical prescribing for cancer pain and end of life care.

"Independent prescribing is defined as: 'Prescribing by an appropriate practitioner (which currently includes doctors, dentists, nurses, pharmacists, optometrists, podiatrists and physiotherapists), responsible and accountable for the assessment of patients with undiagnosed or diagnosed conditions and for decisions about the clinical management required, including prescribing medicines'...There are many potential benefits for patients, commissioners and providers...Independent prescribing can also enable new ways of working to improve quality towards delivering safe, effective services focussed on the patient experience. It facilitates partnership working across professional and organisational boundaries within commissioning/provider landscapes and with patients to redesign care pathways that are cost-effective and sustainable" NHS England, March 2015

Follow the conference on Twitter #PainPrescribing

10.00 Chairman's Opening Address: Non Medical Prescribing: National Update

Barbara Stuttle CBE

Chair

Association for Prescribers

- national developments in non medical prescribing
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of nurse prescribing for pain

10.40 Nurse/Non medical prescribing for pain

Dr Karen Stenner

Lecturer

University of Surrey

- non medical prescribing for pain: where are we now?
- what are nurses prescribing for pain?
- prescribing for post-operative pain, acute pain, chronic pain and long term conditions, cancer pain, crossover pain
- the range of pain management prescribed
- improving pain outcomes
- issues around prescribing of controlled drugs

11.10 Questions and answers, followed by coffee and exhibition

11.45 EXTENDED SESSION: Improving Pain Outcomes

Developing, demonstrating and maintaining continued competence in Non Medical Prescribing for Pain

Professor Laserina O Connor PhD, RANP, RNP

President of Irish Pain Society

Joint Chair of Clinical Nursing, UCD, MMUH, SVHCG

- pain management competencies
- developing, demonstrating and maintaining continued competence in Non Medical Prescribing for Pain
- developing your skills in providing a more effective pain management plan
- key principles in the assessment of pain
- ensuring a holistic patient focused approach
- keeping your prescribing knowledge up-to-date: accessing education, training and resources

12.35 Medication management, managing medication safety and preventing medication errors

Marion Russell

Medicines Management Advisor

- principles of quality and safety
- managing risk and improving medication safety
- developing shared decision making with patients
- key issues for non medical prescribers

13.05 Question and answers, followed by lunch

14.00 Nurse/Non-Medical prescribing for Pain in practice: Case Studies

a) Managing pain in the older person

Linda Nazarko OBE

Consultant Nurse Ealing Community Services
& Service Lead IV therapy and Dementia
London North West Healthcare NHS Trust

- considering the effects of aging and comorbidities
- considering drug interactions
- working with the older person to identify and manage side effects
- working to improve concordance

b) Nurse prescribing for in-patient pain

Karin Cannons

Nurse Consultant, Pain Team

Frimley Health NHS Foundation Trust

- nurse prescribing for in-patient pain: demonstrating competence
- managing referrals and referral practice
- my experience as a pain nurse prescriber

c) Pharmacist prescribing for chronic pain

Richard Larkin

Lead Pharmacist

City Hospitals Sunderland

- managing patients in chronic pain
- working with patients to improve pain outcomes
- my role as a pharmacist prescriber in a chronic pain service
- developing the chronic pain service at Sunderland

d) Physiotherapist prescribing for lower back pain

Iain Loughran

Clinical Specialist Physiotherapist

Lead Extended Scope Physiotherapist

South Tyneside Foundation NHS Trust

- the assessment and treatment of a patient with lower back pain and neuropathic leg pain, and details the prescribing issues involved in the overall management
- my role as an extended scope physiotherapist as an independent prescriber in a specialist musculoskeletal setting and the impact on patient care

15.40 Question and answers, followed by coffee and exhibition at 15.40

16.10 Non medical prescribing for cancer pain and end of life care

Carole Mula

Nurse Consultant in Palliative

The Christie Hospital NHS Foundation Trust

- non medical prescribing for cancer pain and end of life care
- demonstrating continued competence to prescribe
- the role of prescribing in supporting advanced practice
- our experience in the Christie

16.40 Overcoming the barriers to effective pain management

Dave Baker

Extended Scope Physiotherapist, Prescriber

Homerton University NHS Foundation Trust

- developing a multifaceted approach to pain management
- prescribing in pain teams
- auditing non-medical prescribing in practice
- prescribing for co-morbidities
- learning from the results: the impact of non-medical prescribing on patient care
- further considerations for future practice

17.10 Question and answers, followed by close

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Date Tuesday 22 September 2015

Conference Fee

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