

Implementing the New NICE Guideline on

Medicines Optimisation

Ensuring the Safe and Effective use of Medicines

Monday 21 September 2015 Hallam Conference Centre, London



Chair & Speakers Include

Paul Chrisp

*Programme Director
Medicines Prescribing Centre
NICE*

Heidi Wright

*English Practice & Policy Lead
Royal Pharmaceutical Society*

Supporting Organisation



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A new NICE guideline on medicines optimisation, ensuring the safe and effective use of medicines was released on the 4th March 2015.

"Around 15 million people in England currently have a long-term condition, a figure that is likely to grow due to an ageing population. As more people are living longer, the proportion with several long-term conditions is likely to increase too. While many long-term conditions are treated or managed with medicines, estimates suggest that between 30 and 50 per cent of medicines prescribed are not taken as intended. In addition, between 30 and 70 per cent of patients have an error or unintentional change to their medicines when they move from one care setting to another. Ensuring medicines are used safely is another continual challenge, since up to 8 per cent of unplanned admissions to hospital are due to medication issues. NICE guidance on medicines optimisation recommends that organisations should consider using a range of methods to identify patient safety incidents related to medicines use." NICE 4 March 2015

Paul Chrisp, Programme Director for the Medicines Prescribing Centre at NICE will give the opening address and recently stated: *"Enabling patients to take their medicines safely and effectively has been a longstanding challenge for the health service...The NICE guideline on medicines optimisation sets out what needs to be done by all health and social care practitioners and organisations to put in place the person-centred systems and processes required for the optimal use of medicines...The guideline also supports the safe and effective management of long-term conditions and when people are taking a number of medicines to treat more than one condition"* NICE, March 2015

Liz Butterfield, Royal Pharmaceutical Society England Pharmacy Board lead for Medicines Optimisation, said: *"We welcome this guideline that asks pharmacists, doctors and nurses to discuss and pay attention to people's wishes about treatment...The Royal Pharmaceutical Society's principles of medicines optimisation are reflected in this guideline and emphasise that decisions about treatment must be shared between patients and healthcare professionals."* March 2015

This conference focuses on implementing the key recommendations from the new NICE Guideline including putting the principles of medicines optimisation into practice, involving people in decision making about medicines, sharing information to avoid errors (including implementing the Patient safety alert on risks arising from breakdown and failure to act on communication during handover at the time of discharge from secondary care), medicines reconciliation, medication review and measuring and monitoring medicines adherence.

Follow the conference on Twitter #medicinesoptimisation

10.00 Chairmans Introduction

Stephen Dean *Member, Medicines Optimisation Guideline Development Group NICE & Consultant in Intensive Care and Anaesthesia*
Leeds Teaching Hospitals NHS Trust

10.10 The 2015 NICE Guideline on Medicines Optimisation

Paul Chrisp
Programme Director for the Medicines Prescribing Centre
National Institute for Health and Care Excellence (NICE)

- an overview of the 2015 Guideline
- what works to improve medicines optimisation: the evidence
- the challenge of managing multiple medicines to treat co-morbid conditions
- priorities and practical issues for implementation

10.40 Putting the principles of medicines optimization into practice

Heidi Wright
English Practice and Policy Lea
Royal Pharmaceutical Society England Pharmacy

- putting the principles of medicines optimization into practice
- challenges and tips for success
- how will we measure adherence to the guideline

11.20 Questions and answers, followed by coffee and exhibition

11.50 Changing behaviour: Involving people in decision making about medicines

Prof Neal Maskrey
Professor of Evidence-informed Decision Making
Keele University

- improving shared decision making with patients: interventions that work
- supporting healthcare professionals to work in partnership with patients taking account of their individual needs and preferences

12.20 Measuring and monitoring adherence: how to monitor the extent to which the patient's medication-taking behaviour matches the prescriber's recommendations

Prof Henry Smithson
Professor of General Practice
University College Cork

- assessing and monitoring adherence
- taking action on non adherence: moving forward

12.50 Question and answers, followed by lunch at 13.00

14.00 Medicines Optimisation - How do we value innovation with new medicines in today's financial environment

Omar Ali
Formulary Development Pharmacist
Surrey & Sussex Healthcare NHS Trust

- how do we value innovation with new medicines in the current fiscal climate
- how does medicines optimisation challenge the current financial flows of NHS delivery on outcomes?
- can we afford 'excellence' in medicines optimisation or sometimes, is 'good enough' good enough !!

14.30 Developing self management plans with patients

Weeliat Chong
Chief Pharmacist
Humber NHS Foundation Trust & Chair Guideline Development Group, Medicines optimisation: the safe and effective use of medicines to enable the best possible outcomes NICE

- types of self management plan
- developing individualised, documented self management plans to support people who want to be involved in managing their medicines
- the impact of the right individualized information on medicines concordance and adherence

15.00 Improving Medicines Reconciliation

Chetan Shah
Associate Director & Medicines Reconciliation Project Lead
NHS Specialist Pharmacy Services

- improving medicines reconciliation
- understanding your current processes and developing consensus best practice standards for medicines reconciliation
- education, training and competency assessment and development
- our medicines reconciliation project: making the changes in practice

15.30 Question and answers, followed by coffee and exhibition at 15.40

16.00 Improving the process of medication review

Tessa Lewis
GP & Medical Advisor in Therapeutics & Guideline Development Group
Member
NICE

- improving the effectiveness of medication review
- managing adherence to multiple medicines
- examples of good practice

16.30 Improving information sharing about medicines on transfer of care

David Gerrett
Senior Pharmacist Medication Safety Team
NHS England

- sharing information to avoid errors
- how you can improve sharing about medications on transfer and at discharge
- developing medicines-related communication systems when patients move from one care setting to another
- case studies and examples of good practice

17.00 Question and answers, followed by close

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Medicines Optimisation

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Date Monday 21 September 2015

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