

A Practical Guide to

Eliminating Avoidable Heel Pressure Ulcers

10% card payments discount*
15% group booking discount**

Thursday 24 September ICO Conference Centre London



Chair and Speakers Include

Tina Chambers

Vice Chair

Tissue Viability Society

Lindsay Young

Tissue Viability Nurse Specialist

Colchester University Hospitals NHS

Foundation Trust

Recognised by



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"The Heel is the second most common site for pressure ulcer development"
Nursing Centre, 2015

"700,000 are affected by Pressure Ulcers each year"

"Each Pressure Ulcer adds £4000 to the costs of care"

"186,617 people developed a Pressure Ulcer in hospital each year"

"Research shows between 80% and 95% are avoidable"
Stop the Pressure Campaign, NHS England 2014

This conference, chaired by Tina Chambers, Vice Chair of the Tissue Viability Society, focuses on a practical guide to eliminating heel pressure ulcers.

National updates and practical case studies will focus on:

- Reducing avoidable heel pressure ulcers
- Changing practice in the early detection of heel pressure ulcers
- Undertaking effective Heel Checks
- React to Red: Communicating heel pressure ulcer prevention
- Vascular assessment of heel pressure ulcers
- Predictors of Healing in Heel Pressure Ulcers
- Multidisciplinary management of heel pressure ulcers
- Learning from RCA investigations relating to heel pressure ulcers
- Managing heel pressure ulcers in the community

"Pressure ulcers represent a major burden of sickness and reduced quality of life for people and their carers. They can be debilitating for the patient, with the most vulnerable people being those aged over 75. Pressure ulcers can be serious and lead to life-threatening complications such as blood poisoning or gangrene. Research suggests that between 80-95% are avoidable" NICE Draft Quality Standard for Pressure Ulcers January 2015

Follow this conference on twitter #stopthepressure

10.00 Chairman's Welcome and Introduction

Tina Chambers *Vice Chair Tissue Viability Society
& Independent Clinical Nurse Specialist*

10.10 Stop the Pressure: an update from NHS England

Representative
NHS England

- the stop the pressure campaign
- an update from NHS England

10.40 Reducing avoidable heel pressure ulcers

Alison Parnham
*Clinical Nurse Specialist Tissue Viability
Nottingham CityCare Partnership*

- predictors and risk factors for heel pressure ulcers
- staging heel pressure ulcers
- implementing a protocol to reduce heel pressure ulcers in a community setting

11.25 *Question and answers, followed by coffee and exhibition*

11.50 Changing practice in the early detection of heel pressure ulcers: Undertaking effective Heel Checks

Lindsay Young
*Tissue Viability Nurse Specialist
Colchester Hospitals University NHS Foundation Trust*

- changing practice in the early detection of heel pressure ulcers
- enabling nurses to carry mirrors to undertake regular heel checks
- what have we learnt and how we have reduced heel pressure ulcers in Colchester

12.20 Vascular assessment of heel pressure ulcers

David Bosanquet
*Surgeon
University Hospital of Wales*

- ensuring vascular assessment
- the role of venous disease in heel pressure ulcers
- monitoring progress against the NICE Quality Standard for Pressure Ulcers

13.10 *Question and answers, followed by lunch and exhibition*

14.00 EXTENDED SESSION Predictors of Healing in Heel Pressure Ulcers

Elizabeth McGinnis
*Nurse Consultant Tissue Viability
Leeds Teaching Hospitals NHS Foundation Trust*

- predictors of healing in heel pressure ulcers
- implications for management
- our experience in Leeds

14.45 EXTENDED SESSION Multidisciplinary management of heel pressure ulcers

Tina Chambers
*Independent Clinical Nurse Specialist
Vice chair of the Tissue Viability Society*

- effective management of heel pressure ulcers
- the role of the podiatry team
- what works? The evidence

15.30 *Question and answers, followed by tea and exhibition*

16.00 Learning from RCA investigations relating to heel pressure ulcers

Maxine Mcvey
Head of Nursing with
Pauline Gilroy
*Lead Nurse Clinical Nurse Specialist Tissue Viability
West Hertfordshire Hospitals NHS Foundation Trust*

- undertaking an RCA investigation of a heel pressure ulcer
- what we have learnt from RCA investigations in this area
- our experience: ensuring the equipment is available and rolling out "Heel Watch"

16.30 Managing heel pressure ulcers in the community

Rosie Callaghan
*Tissue Viability Nurse
Worcestershire Health and Care NHS Trust*

- managing heel pressure ulcers in the community: what works?
- working with care homes and the community to eliminate pressure ulcers
- reducing the number of patients admitted with pressure ulcers

17.00 *Question and answers, followed by close*

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Download

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For more information contact Healthcare Conferences UK on **01932 429933** or jayne@hc-uk.org.uk

Venue

ICO Conference Centre, 22 Berners Street, London, W1T 3DD. ICO stands for International Coffee Organisation. A map of the venue will be sent with confirmation of your booking.

Date Thursday 24 September 2015

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
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