

Nurse Clinics 2015

Thursday 19 November 2015 Hallam Conference Centre, London

*The Premier Conference and exhibition for nurses
setting up and running effective nurse led clinics and services*

- Develop your knowledge of local, national and international developments in Nurse Clinics
- Learn how to set up and run an effective Nurse Led Clinics and Services
- Workshops and masterclasses aimed at your area of clinical interest, and focused on essential elements to support your clinic
- Learn from the practical experiences of those who have developed Nurse Clinics in their organisation and specialty
- Develop competence in the tools and skills you need to develop and improve your clinic or service
- Improve and demonstrate the effectiveness of your Nurse Clinic or Service

Over 30 Inspiring thought leaders including:

Jackie Smith

Chief Executive

Nursing and Midwifery Council

Dr Richard Hatchett

Author

‘Nurse Led Clinic: Practice Issues’

Supporting Organisations



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Nurse Clinics 2015

Thursday 19 November 2015 Hallam Conference Centre, London

Nurse Clinics 2015 will provide specialist nurses with a valuable opportunity to hear national updates and best practice for working at advanced practice, and setting up and running nurse led clinics and services in primary and secondary care across a number of specialities.

Jackie Smith Chief Executive from the Nursing and Midwifery Council will deliver the opening address and will give an update on the New NMC Code, nursing revalidation and advanced practice. The conference will continue and look at how to demonstrate the value of your clinic or service, and how to continuously measure, monitor and benchmark the impact on patient experience and outcomes, in line with the drive for quality improvement in the NHS reflected by the Francis Inquiry and the CNOs Strategy for Nursing including the 6 C's.

Benefits of attending Nurse Clinics 2015:

- Develop your knowledge of local, national and international developments in Nurse Clinics and Services
- Learn how to set up and run an effective Nurse Led Clinic
- Hear tips for leading and developing a successful clinic
- Attend practical workshops and masterclasses aimed at your area of clinical interest, and focused on essential elements to support your clinic including:
 - o Nurse led follow up
 - o Nurse prescribing
 - o Writing a business case for your clinic
 - o Setting up and running virtual clinics

Learn from the practical experiences of those who have developed Nurse Clinics in their organisation and in the Primary and Community care.

- Develop competence in the tools and skills you need to develop and improve your clinic or service
- Improve and demonstrate the effectiveness of your Nurse Clinic or Service

JOINT OPENING SESSION

10:00 Chair's Welcome and introduction: the value of Nurse Led Clinics

Dr Richard Hatchett

Author 'Nurse Led Clinic: Practice Issues'

- existing evidence to support the value of nurse led clinics

10:20 OPENING ADDRESS FROM THE NURSING MIDWIFERY COUNCIL

The New NMC Code, Nursing revalidation and Advanced Practice: An update from the Nursing Midwifery Council

Jackie Smith

Chief Executive

Nursing and Midwifery Council

- revalidation update
- nursing revalidation, specialist practice and advanced roles
- developments from the revalidation pilot sites
- how will an organisation ensure that the nurse or midwife who is revalidating is complying with the revised code?
- planning for the changes at a local level: implications for nurses running clinics
- how do you demonstrate quality and safety in advanced nursing practice?

10:45 Setting the standard for advanced nursing practice and specialist nursing roles

Howard Catton

Head of Policy

The Royal College of Nursing

- where is the standard for specialist practice and advanced roles
- is revalidation an opportunity to set the standard for advanced practice?
- how to prepare for revalidation moving forward
- implications for nurses running clinics

11.10-11.20 Questions and answers followed by Coffee and Exhibition

11.50 CONFERENCE CONTINUES AND SPLITS INTO BREAKOUT STREAMS

STREAM A

Developing an
established clinic

STREAM B

Beginners Guide:
Setting Up Nurse Led

Workshop 1

Nurse Led
Follow Up

13.00-14.00 LUNCH, EXHIBITION AND POSTER DISPLAYS

STREAM A

Developing an
established clinic

STREAM B

Beginners Guide:
Setting Up Nurse Led

Workshop 2

Nurse
Prescribing

15.10-15.30 TEA, EXHIBITION AND POSTER DISPLAYS

Workshop 3

Writing a business
case for your clinic

Workshop 4

Virtual Clinics

JOINT CLOSING SESSION

16:30 Chairman

Dr Richard Hatchett *Author 'Nurse Led Clinic: Practice Issues'*

16:30 Moving Forward: Changing your practice

Theresa Shaw

Chief Executive

Foundation of Nursing Studies

- feeling empowered? What you should take into practice tomorrow

17.15 Chair's closing remarks, followed by Close at 17.15

Morning - Stream Choice 1 (11.50-13.00)

STREAM A

Developing an established clinic

STREAM B

Beginners Guide: Setting Up Nurse Led Clinics

Workshop 1

Nurse Led Follow Up

STREAM A: Developing an established Clinic

Chair: **Dr Richard Hatchett** *Author 'Nurse Led Clinic: Practice Issues' Deputy Head The Royal Marsden School*

11.50 Learning from 10 years of a nurse led clinic: quality assurance and future proofing your service

Speaker to be announced

- 10 years of our Nurse Led service
- developing a quality assurance framework
- future proofing your nurse led service

12.20 Expanding the boundaries of practice: setting up a UK first service

Melanie Mason

Lead Clinical Nurse Specialist for the Cornea and External Disease Service

- expanding the boundaries of practice
- how and why the first nurse led service was set up
- nurse led diagnosis within consultant clinics
- the role of the nurse performing surgical procedures
- how do you develop competence in a new role?
- demonstrating safety and effectiveness

12.45 The challenge of advancing nursing roles

Judith Graham and Julie Napolitano

Advanced Nurse Consultant and Psychotherapy Consultant Rotherham, Doncaster and South Humber NHS Foundation Trust

- managing the advancement of nursing roles
- ensuring nursing roles are supported with policy, procedure and competency frameworks
- stratifying advanced nursing skills and developing supervision
- the development of nurse led services in specialist mental health care

STREAM B: Beginners Guide: Setting up and Running Nurse Led Clinics

Chair: **Jan Keenan** *Nurse Consultant Cardiac Medicine Oxford Radcliffe Hospitals NHS Trust*

11.50 A step by step introduction to setting up and running a successful nurse clinic in practice

Jan Keenan

Nurse Consultant Cardiac Medicine Oxford Radcliffe Hospitals NHS Trust

- setting up and running a nurse clinic in practice: essential considerations
- ensuring you have the competencies and skills required to run your clinic autonomously
- establishing the clinic and preparing for demand

12.15 Setting up a nurse led clinic: what we have learnt and advice for those starting clinics

Tracy Boon

Senior Gastroenterology Nurse Specialist Ipswich Hospital NHS Trust

- from the beginning: why we set up this clinic
- service, referral and promotion criteria
- ensuring your clinic is robust and engaging patients from the start
- ensuring a solid basis from which to deliver a rapidly expanding service which is evidence based

12.40 Improving patient education through nurse led clinics

Adejoke Lawal

Liver Transplant Recipient Nurse Specialist Queen Elizabeth Hospital Birmingham

- improving patient education through nurse led clinics
- getting the timing right to ensure patients absorb the information
- delivering an education programme
- empowering patients to take an active role in their recovery

WORKSHOP 1: Nurse Led Follow-up

11.50 Facilitators Introduction: Essential Characteristics of Nurse Led Follow Up Clinics

Speaker to be announced

12.10 Setting up and running effective Nurse led follow up clinics: Meeting the needs of cancer survivors

Michelle Kenyon

ELF Post BMT Clinical Nurse Specialist Kings College Hospital NHS Foundation Trust

- developing good practice in nurse led follow up: meeting unmet needs
- screening for late effects and treatment consequences
- fostering self management
- getting the most from nurse led follow up: learning from patient experience and feedback

12.35 Developing a nurse led telephone review clinic

Kirsty McKay

Macmillan Project Nurse Northern Health and Social Care Trust

- the development of a nurse led telephone review clinic
- the review clinic for post-radiotherapy prostate cancer patients
- challenges and learning from our experience

13.05 - Lunch and Exhibition

Afternoon - Stream Choice 2 (14.00-15.10)

STREAM A

Developing an established clinic

STREAM B

Beginners Guide:
Setting Up Nurse Led Clinics

Workshop 2

Nurse Prescribing

STREAM A: Developing an established Clinic

Chair: **Dr Richard Hatchett** *Author 'Nurse Led Clinic: Practice Issues' Deputy Head The Royal Marsden School*

14.00 Supporting the development of Nurse Led Clinics: the Nurse Director Perspective

Speaker to be announced

- nurse led clinics: what good looks like
- the nurse directors role in supporting the development of nurse led clinics
- demonstrating good practice and value for patients

14.30 Competency development for advanced nursing practice and succession planning

Linda Nazarko OBE

Consultant Nurse

Ealing Community Services &

Service Lead IV therapy and Dementia

London North West Healthcare NHS Trust

- competency development for advance nurses running clinics
- providing nurses with adequate training, education and competency development to run nurse led services
- developing protocols and guidelines to support the nursing team and develop competence
- who takes over when you are away: effective succession planning

STREAM B: Beginners Guide: Setting up and Running Nurse Led Clinics

Chair: **Jan Keenan** *Nurse Consultant Cardiac Medicine Oxford Radcliffe Hospitals NHS Trust*

14.00 Developing and writing protocols, policies and procedures to support the working of your nurse led clinic

Michelle Davies

Specialist Nurse for Endometriosis and Pelvic Pain

Ashford and St Peters NHS Foundation Trust

- how to start a completely new service
- how to develop protocols and guidelines to support your service
- supporting nurses to be more confident in setting up, running and promoting their clinics

14.30 Nurse led diagnosis and developing diagnostic clinics

Helen Eftekhari

Arrhythmia Nurse

University Hospitals Coventry and Warwickshire

- the importance of correct diagnosis: lessons from a loss of consciousness clinic
- raising awareness and developing referrals
- nurse led diagnosis and developing a diagnostic clinic
- developing the confidence and competence to make accurate diagnoses within

WORKSHOP 2: Nurse Prescribing

Facilitator: **Marion Russell** *Medicines Management Advisor & Board Member The Association for Nurse Prescribing*

14.00 A national update on nurse prescribing within a nurse led clinic or service

Marion Russell

Medicines Management Advisor & Board Member

The Association for Nurse Prescribing

- nurse prescribing and autonomous practice: where are we at
- evidence to support nurse prescribing
- top tips for safe and effective nurse prescribing practice

14.30 Nurse prescribing in practice: Case study: an audit of nurse prescribing within a nurse led memory service

Patricia Higgins

Memory Service Nurse Specialist

Oxleas NHS Foundation Trust

- non medical prescribing within our nurse led clinics and developing the prescribing role
- a step by step guide to auditing and monitoring prescribing practice
- the impact of nurse prescribing on patient experience and outcomes

15.10 - Tea Break and Exhibition

Afternoon - Stream Choice 3 (15.30-16.30)

Workshop 3

Writing a business case for your clinic

Workshop 4

Virtual Clinics

WORKSHOP 3: Writing a business case for your clinic

An opportunity for delegates to find out how to prepare a business case in support of their clinic to secure funding and longevity by convincing the consultants/board/commissioner/senior decision makers

15.30 A step-by-step guide to writing a detailed business case for your clinic

Ali Richards

Director

GTR Coaching LTD - Associate Nurse First

- doing your research; referring to national policy and regulation, and examples of similar practice
- understanding the tools available to help plan a viable clinic or service
- what should and should not be included in the business case
- including future development plans as well as initial set up
- generating interest in your clinic to help support your business case
- how should the information be laid out and presented

WORKSHOP 4: Virtual Clinics

This interactive workshop will look at the potential for virtual clinics for your nurse led clinic including setting up and running virtual clinics and which elements of your clinic could be virtual

15.30 Setting up and running virtual clinics

James Wilson

Specialty Trainee in Trauma and Orthopaedics

North West Deanery

- clinical process mapping
- developing the business case
- the supporting technology
- communicating the clinic and developing referral processes
- monitoring quality and effectiveness
- examples of virtual clinics and how they can work in practice

16.20 - Questions and Answers

16.30 - Reconvene for closing address

Poster Presentations

These posters will be available for viewing with in the exhibition area - ideally the lead author will be available to discuss their poster with delegates

The role of the Laryngopharyngeal Reflux Nurse

Kirsty Bottomley *Advanced Specialist Laryngopharyngeal Reflux Nurse York Teaching Hospitals NHS Foundation Trust*

Improving Outcomes

Frances Robinson *Lead Upper GI Clinical Nurse Specialist Royal Devon and Exeter NHS Foundation Trust*

Nurse Led Skin Lesion Clinic

Ann Johnson *Macmillan Skin Cancer Clinical Nurse Specialist Hywel Dda University Health Board*

Better decisions together: collaborative enterprises within secure forensic adolescent mental health

Farai Makoni *Senior Lecturer Bucks New University*

An evaluation of a myeloproliferative neoplasm specialist nurse led clinic

Vashti Ragoonanan *Clinical Nurse Specialist Haematology London North West Health Care*

Building upon the foundations of an established familial hypercholesterolaemia genetic screening service

Lorraine Priestley-Barnham *Clinical Nurse Specialist Royal Brompton and Harefield NHS Foundation Trust*

Nurse led community continence clinics in a rural setting

Llinos Walters *Clinical Nurse Specialist Hywel Dda University Health Board*

Nurse led clinics in urology-oncology

Sian Fletcher *Urology-oncology Macmillan CNS The Great Western Hospital NHS Foundation Trust*

Nurse led clinics for focal Dystonia

Lynne Hadley *Ophthalmology Matron East Kent Hospitals NHS Foundation Trust*

Thursday 19 November 2015 Hallam Conference Centre, London

Hallam Conference Centre, 44 Hallam Street, London W1W 6JJ.
A map of the venue will be sent with confirmation of your booking along with details of accommodation.

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> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

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Stream Choices

Stream 1: 11.50-13.00

☐ Stream A

Established Clinic

☐ Stream B

Setting Up Nurse Led Clinics

☐ Workshop 1

Nurse Led Follow Up

Stream 2: 14.00-15.10

☐ Stream A

Established Clinic

☐ Stream B

Setting Up Nurse Led Clinics

☐ Workshop 2

Nurse Prescribing

Stream 3: 15.30-16.30

☐ Workshop 3

Business Case

☐ Workshop 4

Virtual Clinics

This Conference is CPD Certified

Exhibition Space Available - For Further Information contact Carolyn@hc-uk.org.uk

Conference Documentation

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