

presents

2015 Primary Care Women's Health: Essentials and Beyond

September 10 – 11, 2015

Landerhaven by Executive Caterers | Mayfield Heights, OH

Register Today!

ccfcme.org/womenshealth



Presenting the 2015 Primary Care Women's Health: Essentials and Beyond

You Will Want To Attend This Year's Primary Care Women's Health

The field of women's health is rapidly changing with the advances in research and the introduction of novel therapies. General practitioners are expected to be the expert on all major treatments and medications that their patients may inquire about. This course addresses some potential knowledge and practice gaps in women's health that may exist among primary care providers regarding this dynamic field. A review of current data from studies and their application to clinical practices will accompany a highlight of best practices that review the latest therapies, procedures, and diagnostics in women's health.

Who Should Attend?

This activity is designed for physicians, physician assistants, nurse practitioners, and nurses who provide primary care to women. Other health care professionals with an interest in women's health will also gain significant knowledge by attending this activity.

Improve Your Knowledge To:

- Summarize the recent research and provide an evidence-based overview of menopause
- Present a critical analysis of gender-specific issues associated with sleep disorders and care of the geriatric patient
- Describe the controversies surrounding breast cancer screening including mammography
- Clinically apply the recent recommendation for controlling hypertension
- Review and update pharmacotherapy for osteoporosis, contraceptions, and urinary incontinence
- Discuss challenges and unique needs associated with care of the transgender patient
- Describe the indications, contraindications, and techniques for endometrial biopsy, IUD insertion, and vulvar biopsy.

CALL FOR ABSTRACTS

Research poster presentations are an integral part of the program. Completed or on-going research will be accepted.

The best abstract will win an iPad.

The abstract submission deadline is August 1, 2015.

For more information and to submit an abstract, visit ccfcme.org/womenshealth

**Best Abstract
will receive
an iPad!**

Activity Codirectors

Laura D. Lipold, MD, NCMP

Director, Primary Care Women's Health
Cleveland Clinic

Pelin Batur, MD, FACP, NCMP, CCD

Education Director, Primary Care Women's Health
Cleveland Clinic

Guest Faculty

Megan McNamara, MD

Internal Medicine
Louis Stokes VA Medical Center
Cleveland, OH

Melissa McNeil, MD

Associate Chief, Division of General
Internal Medicine
Chief, Section of Women's Health
Director, Comprehensive Women's Health Program
Director, Women's Health Fellowship
University of Pittsburgh Medical Center
Montefiore Hospital
Pittsburgh, PA

Donna Plecha, MD

Associate Professor of Radiology
Co-Director Seidman Cancer Center Breast Centers
Director of Breast Imaging Breen Breast
Health Pavilion
University Hospitals Case Medical Center
Cleveland, OH

Sarah Tilstra, MD, MS

Assistant Professor of Medicine
Division of General Internal Medicine
University of Pittsburgh School of Medicine
Pittsburgh, PA

Cleveland Clinic Faculty

Chad Deal, MD
Head, Center for Osteoporosis and Metabolic
Bone Disease
Orthopaedic and Rheumatologic Institute

Steven Grobmyer, MD
Professor of Surgery
Co-director, Breast Services
Section Head, Surgical Oncology
General Surgery
Taussig Cancer Institute

Sally Ibrahim, MD
Sleep Disorders Center
Neurological Institute

Esther Kim, MD
Staff
Cardiovascular Medicine
Heart and Vascular Institute

Gordon McLennan, MD
Staff
Diagnostic Radiology
Imaging Institute

Aphrodite Papadakis, MD
Associate Staff
Beachwood Family Health Center
Medicine Institute

Lynn Pattimakiel, MD
Associate Staff
Center for Specialized Women's Health
Ob/Gyn and Women's Health Institute

Holly Pederson, MD
Staff
Breast Services
Medicine Institute

Beri Ridgeway, MD
Staff
Center of Urogynecology and Reconstructive
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Michael Rothberg, MD
Vice Chair, Research
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Elim Shih, MD
Fellow
Ob/Gyn Women's Health Institute

Andrea Sikon, MD
Chair, Internal Medicine
Center for Specialized Women's Health
Ob/Gyn and Women's Health Institute

Abby L. Spencer MD, MS, FACP
Director – Internal Medicine Residency Program
Vice Chairman of Education
Medicine Institute

Jessica Strasburg, MD, NCMP, FAAFP
Staff
Family Medicine
Ob/Gyn and Women's Health Institute

Rachel Talierico, DO
Associate Staff
Pulmonary Medicine
Respiratory Institute

Agenda Thursday, September 10, 2015

7:00 am	Registration, Continental Breakfast, and Exhibits	12:30 pm
7:55 am	Welcome and Introductions <i>Laura Lipold, MD</i>	
8:00 am	What's New with Menopause <i>Melissa McNeil, MD</i>	
9:00 am	Gender Specific Concerns in Sleep Medicine <i>Sally Ibrahim, MD</i>	
9:45 am	Refreshment Break and Exhibits	
10:00 am	Breast Cancer Screening Debate Moderator: <i>Holly Pederson, MD</i> <i>Donna Plecha, MD</i> <i>Michael Rothberg, MD</i>	
11:00 am	Hypertension and Hyperlipidemia in Women <i>Esther Kim, MD</i>	
11:45 am	Lunch and Exhibits	
		2:00 – 2:30 pm
		3:30 pm

Afternoon Breakouts
(Choose A or B)

Session A
Women's Health Maintenance of Certificate (MOC)* /provided by Society of General Internal Medicine
Pelin Batur, MD
Megan McNamara, MD
Abby Spencer, MD
Sarah Tilstra, MD
-OR-
Session B
Procedure: Vulvar Pathology/Biopsy
Jessica Strasburg, MD
and
Urinary Incontinence/ Focus on Medical Treatments
Lynn Pattimakiel, MD
Beri Ridgeway, MD
Elim Shih, MD

* This session will review a series of women's health cases encountered in an ambulatory care setting. The attendee will work through the cases and be provided with answers which will count towards ABIM Maintenance of Certification credit as well as CME.

To claim MOC - There is no separate registration required for this portion of the course; however, those wishing to obtain ABIM MOC credit are required to pay a \$50 fee on the ABIM/SGIM website (unrelated to the course).

Friday, September 11, 2015

7:30 am	Registration, Continental Breakfast, and Exhibits
8:00 am	Update in Osteoporosis/ Focus on Therapy <i>Andrea Sikin, MD Chad Deal, MD Gordon McLennan, MD</i>
9:30 am	Update in Contraception <i>Pelin Batur, MD</i>
10:30 am	Refreshment Break, Exhibits, and Posters
10:45 am	Care of Lesbian, Gay, Bi-Sexual, and Transgender Patients <i>Megan McNamara, MD</i>
11:45 am	Lunch, Exhibits, and Posters
12:30 pm	Poster Session



1:00 pm

Afternoon Breakouts

(Choose C or D)

Session C

Ask the Professor/ Difficult Cases

Melissa McNeil, MD

and

Patient Communication/ Challenging Cases

Rachel Talierico, DO

and

Geriatrics: Unique Gender Aspects in the Care of the Female Patient

TBD

-OR-

Session D

Procedure Workshops

Endometrial Biopsy

Laura Lipold, MD

Aphrodite Papadakis, MD

and

IUD Insertion

Pelin Batur, MD

Jessica Strasburg, MD

2:00 –
2:30 pm

**Refreshment Break
and Exhibits**

4:30 pm

Adjourn

General Information

Location

Executive Caterers at Landerhaven

6111 Landerhaven Drive
Mayfield Heights, OH 44124
440.449.0700

Recommended Area Hotel

Staybridge Suites

6103 Landerhaven Drive
Mayfield Heights, OH 44124
440.442.9200
\$129 plus tax

All rooms are suites and include complimentary daily full breakfast and an evening social from 5:30 to 7:30 pm.

Parking

Free parking is available in the parking lot outside the building.

Information

For further information about this activity, contact the Center for Continuing Education at:

Local: 216.448.0770

Toll Free: 800.238.6750

Web Address: ccfcme.org/womenshealth

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 13 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the **American Osteopathic Association** for Category 2 credit.

The **Ohio Board of Nursing** will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval. Therefore, the 13 AMA PRA Category 1 Credits™ will be accepted for nursing credits.

Application for CME credit has been filed with the **American Academy of Family Physicians**. Determination of credit is pending.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

Recording or reproducing of this activity in any format is prohibited.

Two Ways to Register



ONLINE

ccfcme.org/womenshealth

Cleveland Clinic employee fees and registration are available online only.



BY MAIL

The Cleveland Clinic Educational Foundation
PO Box 931653, Cleveland, OH 44193-1082

Registration form can be downloaded from the course website.

Fees

Fee includes: Continental breakfasts, lunches, refreshment breaks, and faculty PowerPoint presentations in PDF format, available online.

	Full Course		Per Day	
	On or Before July 1	After July 1	On or Before July 1	After July 1
Physician	\$300	\$375	\$275	\$300
Resident*/Fellow*	\$100	\$150	N/A	N/A
Physician Assistant	\$300	\$375	\$275	\$300
Allied Health	\$225	\$300	\$200	\$225
Nurse/Nurse Practitioner	\$225	\$300	\$200	\$225
*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.				

Breakout Choices	
Thursday, September 10	Friday, September 11
Session A	Session C
Session B	Session D

Visit **www.ccfcme.org/womenshealth** for complete registration information.

Registration and Cancellation

Preregistrations are accepted until 2:00 pm ET September 9. Register on site after this date. In case of cancellation, a full refund will be made if canceled by September 1. After September 1, a \$100 cancellation fee will be deducted from your refund upon written notification of your cancellation. NO REFUNDS WILL BE ISSUED AFTER October 31.

For questions about registration, email us at cmeregistration@ccf.org or call 216.448.0777.

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone activity in our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotels costs, or any similar fee penalties incurred as a result of any trip cancellations or changes



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Register Today!
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