

11.00 – 13.50	Registration and Coffee
13.50 - 14.00	Welcome Dr Regi Alexander and Professor Nick Craddock, Congress Co-chairs
14.00 – 14.30	Keynote KN1 President's Opening Lecture Chair: Professor Nick Craddock, Congress Co-chair Professor Sir Simon Wessely, President of the Royal College of Psychiatrists
14.30 - 15.00	Keynote KN2 Violence and Mental Illness Chair: Dr Kenneth Busch, Chicago, USA Professor Renee Binder, President, American Psychiatric Association; Professor and Director of Psychiatry and Law Program and Associate Dean for Academic Affairs, UCFS School of Medicine, San Francisco, USA
15.00-15.30	Keynote KN3 Service User Led Research: Piece of the Jigsaw or Radical Challenge Chair: Dr Lade Smith, Institute of Psychiatry, London Professor Diana Rose, Co-director of Service User Research Enterprise (SURE), Institute of Psychiatry, London
15.40 - 16.55	Psychosis and mood disorders S1 The transdiagnostic relevance and importance of Affective Instability Chair: Dr Steven Marwaha, University of Warwick Why is mood instability important: an over view and epidemiological evidence Dr Steven Marwaha, Warwick Medical School, University of Warwick Mood instability and adverse childhood life events across the mood disorder spectrum Dr Katherine Gordon-Smith, University of Birmingham and Bipolar Disorder Research Network How is mood instability defined and measured and does it relate to psychosis? Dr Matthew Broome, Department of Psychiatry, University of Oxford and Oxford Health NHS Foundation Trust
	Balint Groups Cradle to Grave Balint Groups Cradle to Grave' signifies the therapeutic importance throughout the doctor's lifespan of reflection on the doctor-patient relationship from the 'cradle' as medical student, to 'mid-life' as doctor in training and the 'grave' as experienced doctor and after the end of a medical career. Another meaning of cradle to grave for the patient is the developmental trajectory from early life to the end of life with past experience in childhood exerting an ongoing influence in the present for good and ill. The following groups will be available each day (places are very limited, RSVP on booking form as soon as possible if you wish to attend) Balint group A: reflective practice for medical students and foundation doctors Balint group B: reflective practice for core and advanced trainees Balint group C: reflective practice for consultants and specialty doctors These groups aim to offer an experience of what it like to be in a Balint group rather than being aimed at group leaders of Balint groups. If possible, attending more than one group in the stream appropriate for you would enhance the experience, so if you are attending more than one day of the Congress please try to book for each day; space are very limited - please RSVP on the registration form
	Psychotherapy S2 Cognitive Analytic Therapy (CAT) at 30 Chair: Dr Mark Evans, Consultant in Medical Psychotherapy, Manchester CAT at 30 - an historical overview of CAT's development and unique features Dr Jason Hepple, Consultant Psychiatrist in Psychological Therapies, Somerset Partnership NHS Foundation Trust and chair of Association for Cognitive Analytic Therapy The evidence base for CAT Dr Stephen Kelleff, Consultant Clinical Psychologist, Sheffield Social and Health NHS Foundation Trust, University of Sheffield, Sheffield A trainee's experience of CAT: from couch to coal face Dr Stephen DeSouza, MRCPsych, ST6 doctor in training, Severn Deanery, North Somerset

*Organic Neuropsychiatry***S3 Epilepsy as a spectrum illness – psychiatric, cognitive and psychosocial comorbidities**

Chair: Dr Kenneth R. Kaufman, MD, MRCPsych, Professor of Psychiatry and Neurology, Rutgers Robert Wood Johnson Medical School, New Brunswick, New Jersey, USA

Psychiatric Comorbidities – Diagnosis and Treatment in Epilepsy

Professor Andres M Kanner, MD, FANA, Professor of Clinical Neurology, Director of Comprehensive Epilepsy Center, Head of Epilepsy Section, University of Miami, Miller School of Medicine, Miami, USA

Epilepsy – Cognitive Comorbidities and Intellectual Disabilities

Professor Michael Kerr, FRCPsych, Professor of Learning Disability Psychiatry, Cardiff University, Cardiff, UK

Epilepsy Psychosocial Comorbidities -- Global Considerations and Cultural Competence

Professor Ley Sander, MD, PhD, FRCP, NIHR UCL Hospitals Biomedical Research Centre, UCL Institute of Neurology, London, UK

*Psychosis***TC1 Treatment Refractory Psychosis Part 1**

Chair: Dr Fiona Gaughran, Lead Consultant, National Psychosis Unit, South London and Maudsley Trust

Tracks of my tears; neuroimaging connectivity and refractory psychosis

Professor Sukhi Shergill, National Psychosis Unit, SLaM and Institute of Psychiatry, Psychology and Neuroscience

Clozapine: why do people stop taking it?

Dr James MacCabe, National Psychosis Unit, SLaM and Institute of Psychiatry, Psychology and Neuroscience

How do drink, drugs and cigarettes affect outcome in psychosis?

Dr Marta Di Forti, National Psychosis Unit, SLaM and Institute of Psychiatry, Psychology and Neuroscience

*Workshops***W1 Giving evidence to the Tribunal – science or art?!**

Dr Joan Rutherford, Consultant Psychiatrist, Chief Medical Member, First Tier Tribunal – mental health

Judge Sarah Johnston, Salaried Tribunal Judge, First Tier Tribunal – mental health

Dr Tony Zigmond, Retired Consultant psychiatrist

*New Science***S4 How does early maternal care influence offspring cognitive and psychological outcomes?**

Chair: Dr Helen Minnis, University of Glasgow and Professor Kathryn Abel, University of Manchester

Early predictors of childhood mental health

Professor Philip Wilson, University of Aberdeen

Prenatal Parenting, Newborn Methylation and Behavior Problems

Professor Marinus van IJzendoorn, University of Leiden, Holland

The Role of Oxytocin in Parenting and Emotional Development

Professor Marian Bakermans-Kranenburg, University of Leiden, Holland

Maltreated pre-school children: psychological, cognitive and relationship functioning

Professor Helen Minnis, University of Glasgow

16.55 – 17.15

Coffee

17.25 -18.40

*Psychosis and mood disorders***S5 An update for the general adult psychiatrist on the management of challenging and complex problems in childbearing women with severe mental illness**

Chair: Dr Fiona Blake, Consultant in Adult and Perinatal Mental Health, Cambridgeshire and Peterborough NHS Foundation Trust

Family planning and preconception care in women with severe mental illness

Dr Liz McDonald, Chair of Perinatal Faculty, Royal College of Psychiatrists and Honorary Consultant in Perinatal Psychiatry, East London NHS Foundation Trust

Safeguarding children issues in perinatal mental health

Dr Angelika Wieck, Consultant in Perinatal Psychiatry, Manchester Mental Health and Social Care Trust and University of Manchester

The management of psychiatric emergencies in pregnancy

Dr Olivia Protti, Consultant Perinatal Psychiatrist, East London NHS Foundation Trust

Psychotherapy**S6 Psychotherapy research: meeting the challenge**

Chair: Dr Sue Mizen, Consultant Medical Psychotherapist Devon Partnership NHS Trust; Chair, Medical psychotherapy Faculty, Royal College of Psychiatrists

Psychodynamic psychotherapy: what is the evidence?

Dr Jessica Yakeley, Tavistock and Portman NHS Foundation Trust, London

Cognitive Analytic Therapy for Bipolar Disorder

Dr Mark Evans, Consultant Psychiatrist in Psychotherapy, Manchester Mental Health and Social Care Trust

Informatics**S7 Mental Health Informatics: What the #&%*! is going on?**

Chair: Dr Jonathan Richardson, Group Medical Director - Community Services; Chair RCPsych Informatics Committee

Dr Phillip Timms, Consultant Psychiatrist, Honorary Senior Lecturer at Kings College London

Dr Omer Moghraby, Consultant Child and Adolescent Psychiatrist

Sharing clinical data- a victory for common sense, or an IG nightmare?

Dr James Reed, Consultant Forensic Psychiatrist, Chief Clinical Information Officer, Birmingham and Solihull Mental Health NHS Foundation Trust

Psychosis**TC1 Treatment Refractory Psychosis Part 2**

Chair: Dr Fiona Gaughran, Lead Consultant, National Psychosis Unit, South London and Maudsley Trust

How does Treatment Resistance arise?

Professor Sir Robin Murray, National Psychosis Unit, SLAM and Institute of Psychiatry, Psychology and Neuroscience

ECT in Treatment Resistant Schizophrenia: what is the evidence?**Discussant, Prof Sir Robin Murray**

Professor Georgios Petrides, Department of Psychiatry Hofstra Northshore-LIJ School of Medicine, New York, USA

Workshops**W2 Summoned to an inquest: present your risk assessment**

Chair: Dr Neil Hunt, Fulbourn Hospital, Cambridge

Dr Trevor Turner, Consultant Psychiatrist, London

Dr Mark Salter, Consultant Psychiatrist East London Mental Health Trust, London

Dr Sam Bass, Deputy Coroner, Cambridgeshire

Workshops**W3 What do we mean by meaningful Service User Involvement?**

Mr Maurice Arbuthnott, Co-Chair, RCPsych Service User Forum

Mr Douglas Pickering Co-Chair, RCPsych Service User Forum

18.50 – 20.00

Blake Marsh Welcome Reception

19.00 – 20.30

Play “So you think I am Crazy”: the person behind the mask of psychosis

This play involves the promotion of mental health awareness through the provocative and reflective medium of theatre.

Following a brief introduction, there will be a one hour play written by a service user and carer giving insight into experiences with mental illness and psychiatric care. The production is by professional actors and has achieved acclaim in South London.

Know My Mind voluntary community theatre group

Cast Members, Ms Judy Harrison, Mr Ehireme Omoaka, Mrs Schiekelle Collu, Ms Nicola Hunte, Ms Melissa Hines, Mr Adebolu Dada, Ms Julia Lynch, Mrs Angela Walters, Mr Nebenzial McLean

Core Team Members, Ms Ekanem Hines, Ms Shenan Chandler, Ms Andrea Cork, Ms Antonia Hines

8.00 - 8.45	Registration and Coffee
8.45 - 9.15	Keynote KN4 Children's emotional and mental health & wellbeing: a non-specialist reflects on legacies and a forward look Chair: Dr Regi Alexander, Congress Co-chair Dr Maggie Atkinson, RCPsych President's Medal Winner and former Children's Commissioner for England
9.20 - 9.50	Keynote KN5 The Hippocampus as a Cognitive Map: a review and update Chair: Professor Sir Simon Wessely, President of the Royal College of Psychiatrists Professor John O'Keefe, Nobel Prize Laureate in Physiology or Medicine 2014
10.00 - 11.15	New Science S8 Neurostimulation: Current evidence for the management of depression Chair: Dr Hamish McAllister-Williams, Newcastle University rTMS Dr Lena Palaniyappan, University of Nottingham tDCS Dr Philip Wilkinson, University of Oxford DBS Dr David Christmas, University of Dundee
	Balint Groups Cradle to Grave Balint Groups Cradle to Grave' signifies the therapeutic importance throughout the doctor's lifespan of reflection on the doctor-patient relationship from the 'cradle' as medical student, to 'mid-life' as doctor in training and the 'grave' as experienced doctor and after the end of a medical career. Another meaning of cradle to grave for the patient is the developmental trajectory from early life to the end of life with past experience in childhood exerting an ongoing influence in the present for good and ill. The following groups will be available each day (places are very limited, RSVP on booking form as soon as possible if you wish to attend) Balint group A: reflective practice for medical students and foundation doctors Balint group B: reflective practice for core and advanced trainees Balint group C: reflective practice for consultants and specialty doctors These groups aim to offer an experience of what it like to be in a Balint group rather than being aimed at group leaders of Balint groups. If possible, attending more than one group in the stream appropriate for you would enhance the experience, so if you are attending more than one day of the Congress please try to book for each day; space are very limited - please RSVP on the registration form
	Leadership, Management, legislation and Policy S9 Parity in Action – in policy, practice and education Chair: Professor Dame Sue Bailey, Chair of the Academy of Medical Royal Colleges and immediate past-President of the Royal College of Psychiatrists Working across medicine to improve the physical health of patients with serious mental illness Dr Irene Cormac, Honorary Consultant Forensic Psychiatrist, Nottinghamshire Healthcare NHS Trust Developing a more psychologically-minded workforce Professor David Sallah, Clinical Lead - Mental Health Workforce, Health Education England Achieving parity for mental health: an international perspective Dr Paul Summergrad, Immediate Past President, American Psychiatric Association and Dr Frances S Arkin, Professor and Chairman, Department of Psychiatry, Professor of Medicine, Tufts University School of Medicine

Psychopharmacology

S10 Inflammation: understanding its role in the onset of psychosis and its relevance for novel treatment strategies

Chair: Dr Maxine Patel, Clinical Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience, King's College London

From inflammation to psychosis: a journey through the brain

Dr Paola Dazzan, Reader in the Neurobiology of Psychosis and Honorary Consultant Psychiatrist, Institute of Psychiatry, Psychology and Neuroscience, King's College London

Where is inflammation coming from in patients with psychosis, and where does it lead?

Dr Valeria Mondelli, Institute of Psychiatry, Psychology and Neuroscience, King's College London

Post-mortem studies on inflammatory markers in patients with schizophrenia

Dr Iris Sommer, Professor of Psychiatry, UMC Utrecht, The Netherlands

Organic and Neuropsychiatry

TC2 Disorders at the interface of neurology and psychiatry – Part 1

Core skills in neuropsychiatry

A five minute neurological examination

Professor Adam Zeman, Professor of Cognitive Neurology, Exeter

Cognitive examination beyond the MMSE

Professor Adam Zeman, Professor of Cognitive Neurology, Exeter

Training in Psychiatry

S11 Pathfinder Fellowship Session

Chair: Dr Tom Brown, Associate Registrar for Recruitment, Royal College of Psychiatrists

Psychiatry in Belize

Miss Fiona Brooke-Williams

Mind the Gap

Miss Josephine Mo

Patient preferences for choice in psychological treatments and associations with self-reported outcomes

Mr Ryan Williams

Bipolar disorder in primary care patients with depression: evaluation of a brief 3-item manic features screening questionnaire

Mr Sukhmeet Singh

India: A Pathfinder's perspective on the 'better prognosis hypothesis' for schizophrenia

Mr Yathooshan Ramesh

11.15-11.40

Coffee

11.50 -13.05

New Science

S12 New science for old problems: helping patients in mental health settings to tackle alcohol and smoking

Chair: Dr Ed Day, Senior Clinical Lecturer in Addiction Psychiatry, National Addiction Centre, Institute of Psychiatry, Kings College, London

Keeping alcohol detoxification safe and effective in psychiatric inpatient settings

Professor Colin Drummond, Professor of Addiction Psychiatry, National Addiction Centre, Institute of Psychiatry, Kings College London

Neuroinflammation in alcohol withdrawal – a target for treatment?

Professor Anne Lingford-Hughes

How should psychiatrists talk to patients about e-cigarettes?

Professor Robert West, Professor of Health Psychology, University College London

Leadership, Management, legislation and Policy

S13 Leadership, management and engagement: unlocking quality care for all

Chair: Dr Fiona Mason, Chief Medical Officer, St Andrew's Healthcare, Associate Registrar - Leadership & Management, RCPsych, Board and Council Member – FMLM

Setting the scene

Dr Fiona Mason, Chief Medical Officer, St Andrew's Healthcare, Associate Registrar - Leadership & Management, RCPsych, Board and Council Member – FMLM

Why engagement matters

Vijaya Nath, Director, Leadership Development at The King's Fund

Building high performance teams

Professor Steve Peters, Author of 'The Chimp Paradox' and creator of The Chimp Model

Psychopharmacology

S14 The pharmacological management of bipolar disorder: what's needed and how

Chair: Professor Allan Young, Professor of Mood Disorders, Director, Centre for Affective Disorders, Institute of Psychiatry, Psychology & Neuroscience, King's College London

What do the current guidelines say?

Dr Matthew Taylor, King's College London

Optimising treatment for Bipolar Disorder

Dr Karine McCritchie, Consultant Psychiatrist in Affective Disorders, Mood Anxiety and Personality, Clinical Academic Group, South London and Maudsley NHS Foundation Trust

Pharmacological treatment of Bipolar Disorder

Professor Alan Swann, Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine, Michael E. DeBakey Veterans Affairs Medical Center, Houston

Organic and Neuropsychiatry

TC2 Disorders at the interface of neurology and psychiatry - Part 2

New disorders

The psychiatric management of autoimmune encephalitis

Dr Belinda Lennox, Honorary Consultant Psychiatrist, Oxford

Why do psychiatrists need to know about C9ORF

Dr Chris Butler, Lecturer in Cognitive Neurology, Oxford

Training in Psychiatry

S15 Getting your message out there

Chair: Dr Stuart Leask, Nottinghamshire Healthcare Trust

How to get published

Professor Kamaldeep Bhui, Editor of the British Journal of Psychiatry and Professor of Cultural Psychiatry and Epidemiology

How to get published

Professor Patricia Casey, Professor of Psychiatry, University College Dublin and Consultant Psychiatrist, Mater Misericordiae University, Ireland

How to get published

Dr Jonathan Pimm, Editor, The *Psychiatric Bulletin*, Consultant and Honorary Senior Clinical Lecturer, Barts and the London School of Medicine and Dentistry, Tower Hamlets Centre for Mental Health, Mile End Hospital, London

How (not) to write an e-Learning module

Dr Genevieve Holt, Trainee Editor of *Trainees Online*, Clinical Fellow in Quality Improvement, East London NHS Foundation Trust Headquarters, London

13.05-14.05

Lunch

14.10-14.40

Keynote

KN6 Rethinking Depression and its treatment: Perspectives from Studies of DBS

Chair: Professor Peter Woodruff, University of Sheffield, Sheffield

Professor Helen Mayberg, Professor of Psychiatry, Neurology and Radiology, Emory University School of Medicine, Atlanta, USA

14.50-16.05

New Science

S16 The association of anxiety and related disorders with the expression of common variants in physical constitution (joint hypermobility and autonomic reactivity): Clinical and neurobiological correlates

Chair: Professor Hugo Critchley and Dr Jessica Eccles, Brighton and Sussex Medical School

Overview of the association between joint hypermobility and anxiety

Professor Antonio Bulbena, Universita Autònoma de Barcelona, Barcelona, Spain

Animal models of anxiety: relationship with collagen disorder

Professor Jaume Fatjo, Institute of Neuropsychiatry and addictions Barcelona, Spain

Clinical Spectrum of autonomic dysfunction in joint hypermobility syndrome with an emphasis on POTS

Professor Chris Mathias, Autonomic Medicine Unit, National Hospital Neurology and Neurosurgery Queens Square, London

	<i>Leadership, Management, legislation and Policy</i> S17 Parity of Esteem Chair: Professor Dame Sue Bailey OBE, Past President the Royal College of Psychiatrists Details to be confirmed
	<i>Psychopharmacology</i> S18 Old and new approaches to the management of depression Chair: Dr Hamish McAllister-Williams, Newcastle University Dopamine – the forgotten monoamine? Dr David Cousins, Newcastle University ECT – should we still be using it? Professor Ian Anderson, University of Manchester BAP depression guidelines – what's new? Professor Allan Young, Institute of Psychiatry, London
	<i>Organic and Neuropsychiatry</i> TC2 Disorders at the interface of neurology and psychiatry – Part 3 Huntington's disease The clinical presentation of Huntington's Disease Dr Hugh Rickards, Birmingham What have we learnt about compensatory neural networks from large HD cohort studies Professor Sarah Tabrizi, UCL Institute of Neurology
	<i>Training in Psychiatry</i> S19 International Medical Graduates: needs and solutions Chairs: Professor Dinesh Bhugra, President, World Psychiatric Association Prof Sabayasachi Bhaumik, Chair of the RCPsych Diaspora Group IMGs in UK: Differential attainment and patient safety Dr. Ramesh Mehta, President, British Association of Physicians of Indian Origin (BAPIO) Resolving Differential Attainment for IMGs: Lessons from Australia Professor Mohan Isaac, Professor of Psychiatry, University of Western Australia and Visiting Professor, National Institute of Mental Health and Neurosciences, Bangalore IMGs in Psychiatry: Making RCPsych part of the solution Dr Subodh Dave, Consultant Psychiatrist, Derbyshire Healthcare Foundation Trust and Hon. Associate Professor, University of Nottingham; Associate Dean, Trainee Support, Royal College of Psychiatrists
16.05-16.30	Tea
16.40-17.55	<i>Ethics Workshop</i> W4 Violations of professional boundaries related to religion and spirituality Professor Rob Poole, Professor of Social Psychiatry, Centre for Mental Health and Society, Bangor University, North Wales Catherine A Robinson, Professor of Social Policy Research, Centre for Mental Health and Society, Bangor University, North Wales
	<i>Leadership, Management, legislation and Policy</i> S20 Carers – The Final Frontier Chair: Dr Jim Bolton, Associate Registrar for Public Engagement, the Royal College of Psychiatrists Mrs Evelyn Bitcon, Chair of the RCPsych Carers' Forum Mrs Sarah Robinson, Member of the RCPsych Carers' Forum

	Psychopharmacology S21 Coordinated treatments for obsessive-compulsive and related disorders; psychotherapy, psychopharmacology and neuro-modulation Chair: Professor Naomi A Fineberg, Hertfordshire Partnership University NHS Foundation Trust, Welwyn Garden City, Hertfordshire Treating obsessive-compulsive and related disorders using cognitive behavioural strategies. Dr Lynne M Drummond, National OCD/BDD Service, South West London and St George's Mental Health NHS Trust The clinical psychopharmacology of obsessive-compulsive and related disorders - an update Professor Naomi A Fineberg, Hertfordshire Partnership University NHS Foundation Trust, Welwyn Garden City, Hertfordshire Somatic treatments in obsessive compulsive and related disorders; where are we now and where might we be in 10 years' time? Professor Eileen Joyce, Professor of Neuropsychiatry, Institute of Neurology, University College London and Honorary Consultant Psychiatrist at the National Hospital for Neurology and Neurosurgery
	Organic and Neuropsychiatry TC2 Part 4 Disorders at the interface of neurology and psychiatry Factitious Disorders Assessing and managing factitious disorder Dr Chris Bass, Consultant Psychiatrist, Oxford Dualism is not actually between brain and mind, which went in the nineteenth century, but between involuntary and voluntary (A.David 2014) <i>Dr Jon Stone, Consultant Neurologist, Edinburgh</i>
	Training in Psychiatry S22 Recent initiatives in Psychiatric Training Chair: Dr Wendy Burn, Dean, Royal College of Psychiatrists Psychiatry and the UK Foundation Programme: Current developments Dr Anne Boyle, RCPsych Foundation Advisor and Consultant Psychiatrist, Leicestershire Partnership NHS Trust National recruitment; the progress and the challenges Professor Damien Longson, Health Education NorthWest Update on RCPsych Medical Training Initiative Dr Mohammed Al-Uzri, Divisional Clinical Director and Consultant Psychiatrist, Leicestershire Partnership NHS Trust
18.00-20.00	S23 Freudian Clip The Film Club: 'Side Effects' Freudian Clip The Film Club presents the movie 'Side Effects' starring Jude Law, followed by a discussion by the audience Dr Raj Persaud, FRCPsych, Emeritus Visiting Gresham Professor for Public Understanding of Psychiatry
	S24 Debate Othello: Paranoid or persecuted? Chair: Dr Neil Hunt, Fulbourn Hospital, Cambridge Dr Trevor Turner, Consultant Psychiatrist, London Dr Mark Salter, Consultant Psychiatrist East London Mental Health Trust, London
18.00-19.30	AGM

8.00-9.00	Registration and Coffee
9.00-9.30	Keynote KN7 Voices and rights: mental health and the UN Convention on the Rights of Persons with Disabilities Chair: Dr Ian Hall, Associate Dean for Conferences and Advanced Learning, RCPsych, London Dr Tom Shakespeare, Senior Lecturer, Norwich Medical School, University of East Anglia
9.40 -10.55	New Science S25 Beyond the RCT; the added value of qualitative research within health services research Chair: Professor Athula Sumathipala, Professor of Psychiatry, Research Institute for Primary Care and Health Sciences, Faculty of Health, Keele University , Staffordshire, UK And Honorary Consultant South Staffordshire and Shropshire Healthcare Foundation Trust Understanding the cognitive representation of medically unexplained symptoms and its implication on treatment development research: a Sri Lankan study Professor Athula Sumathipala, Professor of Psychiatry, Research Institute for Primary Care and Health Sciences, Faculty of Health, Keele University , Staffordshire, UK And Honorary Consultant South Staffordshire and Shropshire Healthcare Foundation Trust Body or Mind? Patient and professional perceptions of collaborative care for co-morbid mental and physical health problems Professor Carolyn Chew-Graham, Professor of General Practice Research, Research Institute, Primary Care and Health Sciences, Keele University and Hon Professor of Primary Care Mental Health, South Staffs and Shropshire Foundation Trust Eliciting carers views and facilitating input to decision making within mental healthcare' Qualitative research as a mechanism for further understanding and shared decision-making Professor Eleanor Bradley, Professor of Health Psychology, Institute of Health and Society, University of Worcester How qualitative research can contribute to good practice guidance Professor Roger Evans, Emeritus Professor of Socio-Legal Studies The School of Law Liverpool John Moores University, Liverpool, Merseyside
	Balint Groups Cradle to Grave Balint Groups Cradle to Grave' signifies the therapeutic importance throughout the doctor's lifespan of reflection on the doctor-patient relationship from the 'cradle' as medical student, to 'mid-life' as doctor in training and the 'grave' as experienced doctor and after the end of a medical career. Another meaning of cradle to grave for the patient is the developmental trajectory from early life to the end of life with past experience in childhood exerting an ongoing influence in the present for good and ill. The following groups will be available each day (places are very limited, RSVP on booking form as soon as possible if you wish to attend) Balint group A: reflective practice for medical students and foundation doctors Balint group B: reflective practice for core and advanced trainees Balint group C: reflective practice for consultants and specialty doctors These groups aim to offer an experience of what it like to be in a Balint group rather than being aimed at group leaders of Balint groups. If possible, attending more than one group in the stream appropriate for you would enhance the experience, so if you are attending more than one day of the Congress please try to book for each day; space are very limited - please RSVP on the registration form
	Psychosis and Mood Disorders S26 International evidence and perspectives on specialist mental health supported accommodation Chair: Dr Sri Kalidindi, South London and Maudsley NHS Foundation Trust Specialist mental health supported accommodation in England Professor Helen Killaspy, University College London Specialist mental health supported accommodation in Australia Associate Professor Carol Harvey, University of Melbourne, Australia Specialist mental health supported accommodation in the Netherlands Professor Jaap van Weeghel, Phrenos Institute, Utrecht, Netherlands

	<i>Leadership, Management, Legislation and Policy</i> S27 Ethical standards for experts Chair: Dr Gwen Adshead, Member of the SCPPE of the Royal College of psychiatrists Who is an expert and who gets to decide? Professor Keith J.B. Rix, Visiting Professor of Medical Jurisprudence, University of Chester and Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust The College's standards for experts: new guidance Professor Nigel Eastman and Dr Gwen Adshead, Member of the SCPPE of the Royal College of psychiatrists
	<i>Lifespan</i> S28 Youth Mental Health Services – the current zeitgeist – how do we make them work? Chair: Dr Brian Jacobs, South London and Maudsley NHS Trust Working together at the CAMHS/Adult interface: last chance or new beginning? Dr Clare Lamb, Consultant Child & Adolescent Psychiatrist, North Wales Adolescent Service Thresholds, expectations and transition between CAMHS and AMHS Dr Linda Cullen Working with CAMHS and paediatricians - setting up transition clinics in practice Dr Asif Bachlani, Consultant psychiatrist, Trust lead for Adult ADHD, North East London NHS Foundation Trust
	<i>Workshops</i> W5 Helping your trainees develop the skills to pass the MRCPsych CASC (clinical) examination Dr Ian Hall, Chair MRCPsych CASC Panel, Royal College of Psychiatrists Dr Nick Walsh, Consultant Liaison Psychiatrist, East London NHS Foundation Trust
10.55-11.20	Coffee
11.25-12.40	<i>New Science</i> S29 Adjustment disorder: evolving research and diagnostic considerations Chair: Professor Patricia Casey, Professor of Psychiatry, University College Dublin and Consultant Psychiatrist, Mater Misericordiae University Hospital Dublin ICD 11 Criteria for Adjustment and other Trauma-related Disorders Professor Andreas Maercker, Professor and Head of Division, Department of Psychology, University of Zurich and chair of the working group "Stress-related disorders" for ICD revision by the World Health Organisation Sleep disturbance in adjustment disorder and depressive episode Dr Anne Doherty, Consultant Liaison Psychiatrist, King's College Hospital, London Distinguishing adjustment disorder and depressive episode Professor Patricia Casey, Professor of Psychiatry, University College Dublin and Consultant Psychiatrist, Mater Misericordiae University Hospital Dublin
	<i>Psychosis and Mood Disorders</i> S30 The function of delusion Chair: Dr Matthew Broome, University of Oxford Believing what we want to believe: Delusions and other 'irrational' convictions Professor Richard Bentall, University of Liverpool The Doxastic Shear Pin: Delusions as Errors of Learning and Memory Dr Philip Corlett, Yale University Can Delusions have any Epistemic Benefits? Professor Lisa Bortolotti, University of Birmingham
	<i>Leadership, Management, Legislation and Policy</i> S31 What I have learnt in my career as a psychiatrist Chair: Professor Nick Craddock, Royal College of Psychiatrists What I have learnt in my career as a psychiatrist Professor Femi Oyeboode, Birmingham University What I have learnt in my career as a psychiatrist Professor Dame Sue Bailey, Royal College of Psychiatrists What I have learnt in my career as a psychiatrist Professor Julian Leff, UCL

	Lifespan S32 Youth Mental Health: Possibilities, Problems and Solutions Chair: Associate Professor Andrew Thompson, Division of Mental Health and Wellbeing, University of Warwick and Consultant Psychiatrist, Coventry and Warwickshire NHS Partnership Trust Prevention for Youth Mental Health Problems: the staging approach Professor Stephen Wood, Professor of Adolescent Brain Development and Mental Health, School of Psychology, University of Birmingham Mind the gap: The transition between CAHMS and AHMS services Dr Helena Tuomainen Service Innovations for engaging and treating Youth Mental Health Problems Professor Max Birchwood, Professor of Youth Mental Health, University of Warwick
	Workshops W6 Cardiac assessment and QTc monitoring in mental health patients, principles and competencies Dr Wojtek Wojcik and Dr Neil Grubb, Royal Infirmary of Edinburgh
12.40-13.40	Lunch
13.45-14.15	Keynote KN8 Intervening in ageing to prevent neurodegeneration Chair: Dr Gabrielle Milner Professor Linda Partridge, Director of the UCL Institute of Healthy Ageing and founding director of the Max Planck Institute for Biology of Ageing in Cologne
14.20-15.35	New Science S33 Predicting response to antidepressants: Is it possible? Chair: Dr Hamish McAllister-Williams, Newcastle University HPA axis and inflammatory cytokines Professor Carmine Pariante, Institute of Psychiatry, London Cognition and emotional processing Professor Catherine Harmer, University of Oxford EEG variables Dr Hamish McAllister-Williams, Newcastle University
	Psychosis and Mood Disorders S34 Childhood Trauma, Affect and Psychosis Chair: Professor Nick Craddock, PhD, FRCPsych, FMedSci, Cardiff University Biological pathways between childhood trauma and onset of psychosis Dr Valeria Mondelli MD PhD, Senior Clinical Lecturer, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK Adverse Childhood Events and Psychotic Symptoms in Bipolar Affective Disorder Dr Rachel Upthegrove MBBS MRCPsych PhD, Clinical Senior Lecturer, School of Clinical and Experimental Medicine, University of Birmingham School Mobility and Prospective Pathways to Psychotic-like Symptoms in Early Adolescence Catherine Winsper, Ph.D., Division of Mental Health and Wellbeing, Warwick Medical School, University of Warwick
	Leadership, Management, Legislation and Policy S35 Do CTO's work or do they not? How can we decide Chair: Professor George Szmukler, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK CTO's are effective Professor Jeffrey Swanson, PHD, Associate Director, Division of Social and Community Psychiatry, Duke University School of Medicine, North Carolina, USA CTO's are not Effective Professor Tom Burns, Department of Psychiatry, Oxford University

	<i>Lifespan</i> S36 Is this ASD? A practical approach for psychiatrists Chair: Professor Traolach Brugha, Department of Health Sciences, College of Medicine, Biological Sciences and Psychology, University of Leicester, the Leicestershire Partnership NHS Trust Is this ASD? A practical approach for psychiatrists Professor Traolach Brugha, University of Leicester & the Leicestershire Partnership NHS Trust; Dr Peter Carpenter, Special Clinical Lecturer University of Bristol and Hon Consultant Psychiatrist Avon & Wiltshire Partnership Mental Health Trust and Dr Tom Berney, Sunderland
	<i>Workshops</i> W7 Managing Yourself and Your team in the Aftermath of a Serious Incident Dr Rosalind Ramsay, South London and Maudsley NHS Foundation Trust Dr Liz Fellow-Smith, Doctor advisor, Psychiatrists Support Service Consultant, West London Mental Health Trust
15.35-15.55	Tea
16.00 – 16.30	<i>Keynote</i> KN9 Title to be confirmed Simon Stevens, NHS Chief Executive
16.35-17.20	Providing comprehensive community mental health care in India: a model for resource-scarce settings Chair: Dr Wendy Burn Dr Manoj Kumar
16.35-17.50	<i>Workshop</i> W8 Improving the physical health of people with psychosis: Professor Mike Crawford, Director College Centre for Quality Improvement Professor Steve Cooper, Clinical Lead, National Audit of Schizophrenia
	<i>Leadership, Management, Legislation and Policy</i> S37 Retiring, resting, reflecting, recuperating psychiatrists. How to use and maintain your hard won skills, knowledge and experience Chair: Dr Angela Rouncefield, Retired but Active Psychiatrist And now for something (completely) different opportunities after NHS retirement Dr Nick Reid, Part Retired General Adult Psychiatrist Life after high office Dr Mike Shooter, Past President, Royal College of Psychiatrists What could the College do for you? Dr Paul Divall, Retired Psychiatrist
	<i>Lifespan</i> S38 Dementia Chair: Professor Nick Craddock, Royal College of Psychiatrists Dementia; Big Problem, Big Data, Big Solution Professor Simon Lovestone, Oxford University Recent advances in imaging biomarkers for dementia Professor John O'Brien, Cambridge University Secondary Prevention of Dementia: An increasingly realistic prospect Professor Craig W Ritchie, University of Edinburgh
	<i>Workshops</i> W9 CBT 4u: How to be a more effective (and happier) psychiatrist Dr Paul Blenkiron, Leeds & York Partnership NHS Foundation Trust, York
18.00-20.00	S39 Freudian Clip The Film Club: 'A Dangerous Method' Freudian Clip The Film Club presents the movie 'A Dangerous Method' starring Kiera Knightley followed by a discussion by the audience Dr Raj Persaud, FRCPsych, Emeritus Visiting Gresham Professor for Public Understanding of Psychiatry
18.00 – 19.30	Presentation Ceremony

8.00-9.00	Registration and Coffee
9.00-9.30	Keynote KN10 Title to be confirmed Chair: Professor Sir Simon Wessely, President of the Royal College of Psychiatrists Mr David Aaronovitch, Journalist, The Times
9.40-10.55	Psychopharmacology S40 The neuropsychiatry of antiepileptic drugs across the lifespan Chair: Professor Andrea Cavanna, Birmingham and Solihull Mental Health NHS Foundation Trust and Aston University, Birmingham Antiepileptic drugs: from mechanisms of action to use in child psychiatry Professor Stefano Seri, Birmingham Children's Hospital NHS Foundation Trust and Aston University, Birmingham Cognitive effects of antiepileptic drugs Dr Clare Eddy, Birmingham and Solihull Mental Health NHS Foundation Trust and University of Birmingham Psychiatric effects of antiepileptic drugs Professor Andrea Cavanna, Birmingham and Solihull Mental Health NHS Foundation Trust and Aston University, Birmingham
	Balint Groups Cradle to Grave Balint Groups Cradle to Grave' signifies the therapeutic importance throughout the doctor's lifespan of reflection on the doctor-patient relationship from the 'cradle' as medical student, to 'mid-life' as doctor in training and the 'grave' as experienced doctor and after the end of a medical career. Another meaning of cradle to grave for the patient is the developmental trajectory from early life to the end of life with past experience in childhood exerting an ongoing influence in the present for good and ill. The following groups will be available each day (places are very limited, RSVP on booking form as soon as possible if you wish to attend) Balint group A: reflective practice for medical students and foundation doctors Balint group B: reflective practice for core and advanced trainees Balint group C: reflective practice for consultants and specialty doctors These groups aim to offer an experience of what it like to be in a Balint group rather than being aimed at group leaders of Balint groups. If possible, attending more than one group in the stream appropriate for you would enhance the experience, so if you are attending more than one day of the Congress please try to book for each day; space are very limited - please RSVP on the registration form
	Other mental disorders S41 Terrorism in the 21st Century: A New World Without Boundaries Chair: Dr Kenneth Busch, Chicago, USA The Psychology of Islamic Extremist Preachers Dr Richard Taylor, North London Forensic Service, London, UK Lone Actors and the Fixated Dr Frank Farnham, North London Forensic Service, London, UK A Psychological and Sociological Perspective on Factors Which May Lead To Radicalization of Children of Assimilated Immigrants Dr Sidney Weissman, Professor of Clinical Psychiatry, Feinberg School of Medicine, Northwestern University, Faculty and Board Chicago Institute for Psychoanalysis, USA Discussion: A Psychoanalytic Perspective on Terrorism Dr Jessica Yakeley, Tavistock and Portman NHS Foundation Trust, London, UK
	New Science S42 Neuropsychiatric Genetics and Genomics made Simple Chair: Professor Nick Craddock, National Centre for Mental Health, Cardiff and Dr Roxanne Keynejad, Institute of Psychiatry, Psychology and Neuroscience, London Bipolar disorder and postpartum psychosis: what has psychiatric genetics ever done for us? Professor Ian Jones, National Centre for Mental Health, Cardiff Schizophrenia and rare Copy Number Variants Professor George Kirov, MRC Centre for Neuropsychiatric Genetics & Genomics, Cardiff

	Common Genetic Variation in Schizophrenia: An over- or under-whelming success? Professor Michael O'Donovan, MRC Centre for Neuropsychiatric Genetics & Genomics, Cardiff Psychiatric genetics: implications for research and practice Professor Sir Michael Owen, MRC Centre for Neuropsychiatric Genetics & Genomics, Cardiff
	<i>Psychosis and mood disorders</i> S43 Immune Pathogenesis of Psychosis Chair: Dr Hugh Rickards MBChB, MMedSci, FRCPsych, MD, Honorary Reader in Neuropsychiatry, Consultant in Neuropsychiatry Birmingham and Solihull Mental Health Foundation Trust The prevalence of antibodies to neuronal membrane targets in first episode psychosis Dr Belinda Lennox, BMedSci BM BS DM MRCPsych, HEFCE Clinical Senior Lecturer, University of Oxford Cytokine function in first episode psychosis Dr Rachel Upthegrove MBBS MRCPsych PhD, Clinical Senior Lecturer, School of Clinical and Experimental Medicine, University of Birmingham Immune Based Treatment Studies Professor Bill Deakin PhD, FRCPsych, FmedSci, Professor of Psychiatry, Manchester University
	<i>Workshops</i> W10 Global volunteering in mental health Dr Peter Hughes, Consultant Psychiatrist, Southwest London & St George's Mental Health NHS Trust and Dr Sophie Thomson, Retired Psychiatrist
10.55 -11.20	Coffee
11.30-12.45	<i>Psychopharmacology</i> S44 Psychopharmacology in Practice: the RCPsych-British Association of Psychopharmacology Prize Winning studies Chair: Dr Oliver Howes and Professor Allan Young, Institute of Psychiatry, Psychology and Neuroscience and Maudsley Hospital Do antipsychotics cause brain inflammation? Mr Peter Bloomfield, Psychiatric Imaging Group, MRC Clinical Sciences Centre Antiglucocorticoid Argumentation of antidepressants in depression: The add study Dr Stuart Watson, Academic Clinical Senior Lecturer What has psychopharmacology taught us about managing anxiety disorders? Professor David Nutt, The Edmond J Safra Chair in Neuropsychopharmacology, Imperial College
	<i>Other mental disorders</i> S45 Revisiting Shell Shock: blast induced PTSD (a session to commemorate 100th anniversary of WWI and work of Maier) Details to be confirmed
	<i>New Science</i> S46 Dementia with Lewy bodies: early and better diagnosis Chair: Professor John O'Brien, Foundation Professor in Old Age Psychiatry, Department of Psychiatry, University of Cambridge Can we diagnose prodromal DLB? Dr Paul Donaghy, Clinical Research Associate, Newcastle University The DaTSCAN in DLB Dr Zuzana Walker, Reader in Psychiatry of the Elderly, Division of Psychiatry, Faculty of Brain Sciences, University College London Electroencephalography and network approaches in the diagnosis of DLB Dr John-Paul Taylor, Senior Clinical Lecturer in Old Age Psychiatry, Newcastle University
	<i>Psychosis and mood disorders</i> S47 Suicide and psychosis: the context and meaning of early risk Chair: Professor Anthony S David FRCP, FRCPsych, MD, MSc, Professor of Cognitive Neuropsychiatry, King's College London Psychotic experiences as a predictor of the natural course of suicidal ideation: a Swedish cohort study Dr Ian Kelleher, MB BCh, MSc, PhD, Royal College of Surgeons in Ireland Depression and Suicidality in First Episode Psychosis: Insight, Subordination and Shame Dr Rachel Upthegrove MBBS MRCPsych PhD, Clinical Senior Lecturer, School of Clinical and Experimental Medicine, University of Birmingham The long-term risk of suicide after a first episode of psychosis Dr Rina Dutta BSc(Hons) MB BS(Hons) MRCPsych MSc(Dist) PhD PGCAP(Dist), Clinician Scientist Fellow

	and Consultant Psychiatrist, King's College London Suicidal behaviour in early psychosis: the role of insight Dr Javier-David Lopez-Morinigo MB BS, Clinical Research Worker and Consultant Psychiatrist, PhD Student, Institute of Psychiatry, Psychology and Neuroscience, King's College London
	<i>Workshops</i> Harm from psychological treatments Chair: Prof Conor Duggan Professor Mary McMurran Professor Glenys Parry Dr Gillian Hardy
12.45-13.45	Lunch
13.15-13.45	Officers' Question Time Ask RCPsych Officers any questions about the College, priorities, or any issues which affect you
13.50-14.20	<i>Keynote</i> KN11 Why psychiatry will never be the same again: the disruptive power of genomics Chair: Professor Nick Craddock, Congress Co-chair Professor Sir Michael Owen, Director of the Institute of Psychological Medicine and Clinical Neurosciences, Cardiff University School of Medicine
14.30-15.45	<i>Psychopharmacology</i> S48 Medication adherence: challenges and management strategies Chair: Dr Maxine Patel, Clinical Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience, King's College London Non-adherence: a clinical overview Dr Peter Haddad, Consultant in Community Psychiatry, GMW Mental Health NHS Foundation Trust, Salford Psychological approaches to managing medication non-adherence Professor Jan Scott, Professor of Psychological Medicine, University of Newcastle Financial incentives as an aid to improve medication adherence Professor Stefan Priebe, Professor of Social and Community Psychiatry, Queen Mary, University of London
	<i>Other mental disorders</i> S49 Psychiatry and sport – learning from one another Chair: Dr Helen Miller, Consultant Psychiatrist, South West London & St. George's MH NHS Trust Building winning teams – Sport and Psychiatry Dr Allan Johnston, Consultant Psychiatrist, Derbyshire Healthcare NHS Foundation Trust & Associate Psychiatrist to the State of Mind charity Stigma and mental health – collaborations with sport Malcolm Rae, OBE, FRCN, Preston, Lancashire Learning the language of sport – how sports medicine sees eating disorders Dr Alan Currie, Consultant Psychiatrist, Northumberland, Tyne and Wear NHS Foundation Trust
	<i>New Science</i> S50 Use of electronic NHS data to support dementia research – please come and meet CRIS Chair: Professor John O'Brien, University of Cambridge Use of routine NHS data for research in mental health: The potential power of the Clinical Record Interactive Search (CRIS) system Professor Rob Stewart, Kings College, London Use of CRIS to investigate whether efficacy of anti-dementia drugs from research trials translates to NHS clinical practice Dr Gayan Perera, Kings College, London The magic of CRIS and diagnostic trends in Lewy body dementia: now you don't see it, now you do Professor John O'Brien, University of Cambridge
	<i>Psychosis and mood disorders</i>

S51 Phenomenology and Psychopathology of Auditory Verbal Hallucinations

Chair: Manny Bagary, MBBS, MRCPsych, PhD, Birmingham and Solihull Mental Health Foundation Trust

Psychopathology of Auditory Hallucinations

Professor Femi Oyeboode, MBBS, MD, PhD, FRCPsych, University of Birmingham

The Subjective Experience of Auditory Verbal Hallucinations: Phenomenological Investigation

Dr Rachel Upthegrove MBBS, MRCPsych, PhD, Clinical Senior Lecturer, School of Clinical and Experimental Medicine, University of Birmingham

Hallucinations in those at-risk for psychosis and their relationship to delusions

Dr Matthew Broome MRCPsych PhD, Senior Clinical Research Fellow, University of Oxford

Workshops

W12 The Art of Reviewing: Become a BJPsych Reviewer

Professor Kamaldeep Bhui, Editor of the British Journal of Psychiatry and Professor of Cultural Psychiatry and Epidemiology and Dr Alexandra Pitman, Trainee Editor, British Journal of Psychiatry, Clinical Research Fellow, UCL Division of Psychiatry

15.45-16.10

Tea

16.20-17.35

Psychopharmacology

S52 Dealing with uncertainty; prescribing in the perinatal period

Chair: Dr Hamish McAllister-Williams, Reader in Clinical Psychopharmacology, Institute of Neuroscience, Newcastle University

What does the data show – mood stabilisers and antipsychotics?

Dr Roch Cantwell, Consultant Perinatal Psychiatrist

What does the data show – antidepressants?

Prof Ian Jones, Director, National Centre for Mental Health, Cardiff University

Making sense of the data: What should psychiatrists do?

Dr Liz McDonald, Chair of the Perinatal Faculty, Royal College of Psychiatrists

Other mental disorders

S53 Strategies in the Management of Severe Emotionally Unstable Personality Disorder

Strategies in the Management of Severe Emotionally Unstable Personality Disorder

Dr Katina Anagnostakis, Consultant Forensic Psychiatrist, St Andrew's

Clozapine treatment for borderline personality disorder, costs and benefits

Dr Marco Picchioni, St Andrew's Academic Department, Institute of Psychiatry, Psychology and Neuroscience

Integrating psychological and pharmacological approaches

Dr Alexandra Getz, Consultant Psychiatrist, St Andrew's

New Science

S54 Inflammation & Mental Health: An overview of perinatal and later life infection/inflammation on risk for common mental illnesses

Chair: Prof Hugo Critchley, Brighton & Sussex Medical School

Early-life infection alters glial function and increases susceptibility to cognitive and neuropsychiatric disorders including schizophrenia and autism

Dr Staci Bilbo, Duke University

Can blood and brain MRI biomarkers be used to identify patients most likely to benefit from 'anti-inflammatory' treatments?

Dr Neil Harrison, University of Sussex

Update on the current evidence supporting a role for 'anti-inflammatory' agents in the management of treatment resistant depression

Professor Carmine Pariante, Kings College London

Psychosis and mood disorders

S55 Improving health and reducing substance use in psychosis – health is wealth

Chair: Dr Kathy Greenwood, Sussex University

Effects of cannabis use on physical health in first-episode psychosis patients

Dr Zerrin Atakan, Hon Senior Lecturer, Institute of Psychiatry

Vitamin D and Psychosis

Dr Fiona Gaughran, National Psychosis Unit, Maudsley Hospital

IMPACT Health Promotion Intervention: results from a cluster RCT

Dr Shubulade Smith, Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience

	Cost of cardiometabolic risk in psychosis and cost-effectiveness of its management Professor Anita Patel, Queen Mary's University and Institute of Psychiatry, Psychology and Neuroscience
	<i>Workshops</i> W13 Letters to the Editor Dr Phillip Timms, Consultant Psychiatrist, Honorary Senior Lecturer at Kings College London Ms Elaine Ellis
17.35	Close of Meeting