



Royal College of
Obstetricians &
Gynaecologists

Annual Scientific Update in Urogynaecology

Joint RCOG/BSUG meeting

Thursday 12 – Friday 13 November 2015

Location: RCOG

Overview

The annual RCOG/BSUG urogynaecology meeting aims to update delegates on current issues and clinical practice in this specialty. The varied programme includes renowned speakers from the UK and abroad, and will stimulate thought and discussion.

Why attend?

- Learn about the latest developments and procedures in urogynaecology
- Hear presentations relating to incontinence and prolapse
- Claim up to 13 CPD credits for full attendance at this meeting

Who should attend?

- All Consultants and Trainees in gynaecology
- Nurses and Physiotherapists with an interest in this field
- Staff Doctors, Staff Grades, Trust Doctors and Associate Specialists

Learning objectives

- Improve your overall knowledge of urogynaecology
- Understand the basics of anatomy and epidemiology
- Be able to comprehensively manage patients with varying urogynaecological conditions

Course Organiser:

Mr Jason Cooper MD FRCOG, Staffordshire

Honorary Director of Conferences:

Miss Ranee Thakar MD FRCOG, London

Honorary Deputy Director of Conferences:

Mr Nicholas Panay MRCOG, London

PROGRAMME

Thursday 12 November

8.30am *REGISTRATION and REFRESHMENTS*

9.00am **Welcome and introduction**

Mr Jason Cooper, Chair, BSUG Meetings Committee; Consultant Gynaecologist,
Royal Stoke University Hospital

SESSION I: Applied anatomy

Chair: Mr Jason Cooper

9.10am **The anatomy of the pelvic floor**

Professor Vincent Delmas, Director of Department of Anatomy, University Paris
Descartes, France

10.00am **The application of imaging in urogynaecology**

Professor Andrzej Pawel Wieczorek, Professor of Radiology; Head of the
Paediatric Radiology Department, University Paediatric Hospital, Lublin, Poland

10.30am *REFRESHMENTS*

SESSION II: Clinical situations

Chair: Mr Stuart Stanton, President BSUG

11.10am **Cystoscopy in pictures**

Mr Paul Moran, Consultant Urogynaecologist, Worcestershire Royal Hospital

11.30am **Urinary incontinence in childhood and adolescence**

Miss Su-Anna Boddy, Consultant Paediatric Urologist, St Georges Hospital,
London

Ms Sue Affleck, Clinical Nurse Specialist, Paediatric Continence
St George's Hospital, London

11.50am **How to decide the mode of delivery following obstetric anal sphincter injury**

Mr Abdul Sultan, Consultant Obstetrician and Gynaecologist, Croydon
University Hospital

12.10pm **Discussion**

SESSION III: Key note lecture

Chair: Mr Mark Doyle, Divisional Medical Director, Wirral University Teaching Hospital

12.20pm **Lessons from a career in urogynaecology**

Professor Anthony R B Smith, Consultant Urogynaecologist, St Mary's Hospital,
Manchester

12.50pm **Discussion**

1.00pm *LUNCH (2course standing fork lunch)*

SESSION IV: Miscellaneous topics

Chair: Miss Maya Basu, Consultant Urogynaecologist, Medway NHS Foundation Trust, Kent

- 2.00pm **The use of stem cells and tissue engineering in pelvic floor reconstruction**
Professor Gunnar Lose, Consultant, Copenhagen University Hospital, Denmark
- 2.20pm **Pelvic floor dysfunction in elite athletes**
Ms Ashleigh Wallace, Athlete Health Lead, English Institute of Sport
- 2.40pm **Litigation in urogynaecological practice**
Mr Mark Slack, Consultant Urogynaecologist, Addenbrooke's Hospital, Cambridge
- 3.00pm **Supporting doctors having difficulties**
Dr Umesh Prabhu, Medical Director, Royal Albert Edward Infirmary, Wigan
- 3.20pm **Discussion**
- 3.30pm *REFRESHMENTS*

Session V: Childbirth and the pelvic floor

Chair: Professor Robert Freeman, Consultant Urogynaecologist, Derriford Hospital, Plymouth

- 4.00pm **Hands on, hands off**
Dr Katariina Laine, Consultant Obstetrician, Oslo University Hospital, Norway
- 4.20pm **How to decrease OASIS in UK practice – STOMP**
Miss Maya Basu
Mrs Dorothea Smith, Consultant Midwife, Medway Maritime Hospital, Kent
- 4.40pm **Discussion**

SESSION VI: Debate

Chair: Professor Linda Cardozo, Consultant Urogynaecologist, King's College Hospital, London

- 4.50pm **"Is giving women a choice in pregnancy always in their best interests?"**

For: Professor Tina Lavender, Professor of Midwifery, Manchester University

Against: Professor Jim Dornan, Chair, Fetal Medicine, Queens University, Belfast
- 5.30pm *CLOSE (followed by drinks reception)*

Friday 13 November

- 8.30am *REGISTRATION and REFRESHMENTS*

Session VII: Back to basics

Chair: Mr Philip Tooze-Hobson, Consultant Urogynaecologist, Birmingham Women's Hospital

- 9.00am **Non-mesh treatment of prolapse**
Mr Ash Monga, Consultant Urogynaecologist, Princess Anne Hospital, Southampton; Chair, BSUG
- 9.20am **Non-mesh treatment of urinary incontinence**
Dr Karen Guerrero, Consultant Urogynaecologist, NHS Greater Glasgow and Clyde
- 9.40am **Urethral disease**
Mr Christopher Chapple, Consultant Urological Surgeon, Royal Hallamshire Hospital, Sheffield
- 10.00am **Discussion**

SESSION VIII: Complications in pelvic surgery

Chair: Miss Ranee Thakar, Consultant Obstetrician and Urogynaecologist, Croydon University Hospital

- 10.10am **Human Factors and how they influence complications**
Dr Martin Shaw, Retired Squadron Leader, Royal Air Force
- 10.30am **How to recognise and manage acute post-operative complications**
Professor Jonathan Duckett, Consultant Urogynaecologist, Medway NHS Foundation Trust, Kent
- 10.50am **How to recognise and manage long-term complications of pelvic surgery**
Mr Simon Hill, Consultant Urogynaecologist; Associate Medical Director, The Lancashire Women and Newborn Centre, East Lancashire Hospitals NHS Trust, Burnley
- 11.10am **Discussion**
- 11.20am *REFRESHMENTS*

SESSION IX: Key note lecture

Chair: Mr Abdalla M Fayyad, Consultant Sub-specialist in Urogynaecology, Luton and Dunstable University Hospital

- 12.00pm **Is there a role for synthetic mesh in contemporary urogynaecological practice?**
Professor R Tunn, Urogynaecologist, Berlin University, Germany

SESSION X: BREAKOUT SESSIONS

- 12.30pm **Tips and tricks for laparoscopic surgery**
Mr Alfred Cutner, Vice Chairman and Chairman Elect BSUG; Consultant Gynaecologist, University College Hospital, London
- Mr Christian Phillips, Consultant Gynaecologist, Hampshire Hospitals NHS Foundation Trust; Chairman Elect, BSUG Meeting Subcommittee

Cases that have changed my practice

Professor Robert Freeman

Professor Anthony R B Smith

Urodynamic conundrums

Dr Lucia Dolan, Subspecialist in Urogynaecologist, Belfast City Hospital

Miss Carmel Ramage, Consultant Urogynaecologist, Bradford Teaching Hospital

HRT dilemmas in urogynaecology

Mr Tim Hillard, Consultant Obstetrician and Gynaecologist; Clinical Lead for Gynaecology, Poole Hospital NHS Foundation Trust

Dr Heather Currie, Associate specialist Gynaecologist, Dumfries and Galloway Royal Infirmary; Chair of British Menopause Society

1.00pm *LUNCH (2 course standing fork lunch)*

1.45pm BSUG AGM: (BSUG members only)

SESSION XI: Research urogynaecology society meeting

Chair: Professor Jonathan Duckett

Co-chair: Mr Dudley Robinson, Consultant Urogynaecologist; Honorary Senior Lecturer, King's College Hospital, London

2.30pm Free communications (selected from submitted abstracts)

4.00pm *REFRESHMENTS*

SESSION XII: Video surgery

Chair: Mr Christian Phillips

4.30pm **Laparoscopic ventro-mesh rectopexy with hysteropexy**
Mr Abdalla M Fayyad

4.40pm **Insertion of vaginal mesh**
Mr Abdalla M Fayyad

4.50pm **Mini-tape insertion**
Mr Mohammed Abdel-Fattah, Senior Clinical Lecturer; Consultant Urogynaecologist, University of Aberdeen

5.00pm **Mesh removal**
Miss Natalia Price, Consultant Urogynaecologist, Oxford University Hospital Trust

5.10pm **Vaginal hysterectomy**
Miss Swati Jha, Consultant Obstetrician and Gynaecologist; Subspecialist in Urogynaecology, Sheffield Teaching Hospitals

5.20pm **Discussion**

5.30pm *CLOSE*