



American College of Nutrition®
uncompromising science

56th annual conference

Translational Nutrition: Optimizing Brain Health

November 11 - 13, 2015

Orlando, Florida



Full program details at AmericanCollegeofNutrition.org/Conference

 @AmColNutrition, join the conversation #ACN15

 /AmericanCollegeofNutrition

AMERICAN COLLEGE OF NUTRITION'S 56TH ANNUAL CONFERENCE

Translational Nutrition: Optimizing Brain Health

Agenda

Wednesday, November 11, 2015

- 1 p.m. Registration & Viewing of Scientific Posters & Exhibits
- 1:45 p.m. **President's Welcome**
Beverly B. Teter, PhD, MACN, CNS

SYMPOSIUM I:

Nutrition for the Developing Brain

Moderator: *Martha Herbert, MD, PhD*

- 2 p.m. **Overview – Factors Disrupting Normal Brain Development**
Katherine Martien, MD
- 2:45 p.m. **Nutritional Approaches for Modulating Disruptors of Infant Brain Development**
Ali Carine, DO
- 3:30 p.m. Break & Viewing of Scientific Posters & Exhibits
- 4 p.m. **Nutrigenomics & Brain Development – An Individualized Approach to Optimize Pregnancy Outcomes**
Martha Herbert, MD, PhD
- 4:45 p.m. **Interactive Panel Discussion/Q&A**
- 5:15 p.m. Adjournment

6:30 p.m. **Media Award Presentation: Brain Maker**
David Perlmutter, MD, FACN, ABIHM

7:30 p.m. **Welcome Networking Reception**
9:30 p.m. (Light Dinner & Refreshments Included)



Thursday, November 12, 2015

- 7 a.m. Guided Morning Stretching
- 8 a.m. Registration & Viewing of Scientific Posters & Exhibits

SYMPOSIUM II:

The Gut/Brain Axis

Moderator: *David Perlmutter, MD, FACN, ABIHM*

- 8:15 a.m. **Morning Announcements & Introductions**
- 8:30 a.m. **Microbiome**
David Perlmutter, MD, FACN, ABIHM

Thursday, November 12, 2015 *(continued)*

- 9:15 a.m. **Autism**
Derrick MacFabe, MD
- 10 a.m. Break & Viewing of Scientific Posters & Exhibits
- 10:30 a.m. **Microbiota & Behavior**
Speaker TBD
- 11:15 a.m. **Interactive Panel Discussion/Q&A**
- 11:45 a.m. Lunch & Viewing of Scientific Posters & Exhibits

SYMPOSIUM III:

Nutrient Therapies for Brain Health

Moderator: *Michael D. Lewis, MD, MPH, MBA, FACPM*

- 1 p.m. **Vitamin D & Cognitive Decline**
William B. Grant, PhD
- 1:45 p.m. **Fish Oil – Neuroprotection: Nutrients to Protect the Brain from PTSD, Injury & Aging**
Michael D. Lewis, MD, MPH, MBA, FACPM
- 2:30 p.m. Break & Viewing of Scientific Posters & Exhibits
- 3 p.m. **Nutrient Therapies for EMF Toxicity Prevention & Treatment**
Devra Davis, MPH, PhD
- 3:45 p.m. **Interactive Panel Discussion/Q&A**
- 4:15 p.m. Break & Viewing of Scientific Posters & Exhibits

SYMPOSIUM IV:

Nutrition & the Eye

Moderators: *Shalesh Kaushal, MD, PhD, FACN*
Ananda S. Prasad, MD, PhD, MACN

- 4:30 p.m. **Nutrition & the Eye**
Shalesh Kaushal, MD, PhD, FACN
- 5 p.m. **Macular Degeneration**
Speaker TBD
- 5:30 p.m. Break & Viewing of Scientific Posters & Exhibits
- 5:45 p.m. **Zinc & the Eye**
Ananda S. Prasad, MD, PhD, MACN
- 6:15 p.m. **Interactive Panel Discussion/Q&A**

RESEARCH BRIEFS: The Latest in Nutrition Sciences

(not eligible for CME)

- 4:30 p.m. **SESSION A: Cognition**
- 5:30 p.m. **SESSION B: All Topics**

RESEARCH BRIEFS CONCURRENT WITH SYMPOSIUM IV

- 6:30 p.m. Adjournment



American College of Nutrition®
uncompromising science

ACN Mission & Programs

Since 1959, the American College of Nutrition® (ACN) has been on a mission to advance nutrition science to prevent and treat disease. We are the only society focused on Translational Nutrition, bridging research and clinical



practice, through our **Journal of the American College of Nutrition (JACN)** – one of the top peer-reviewed nutrition science journals in the world, published bi-monthly for over 30 years.

Annual Conference – This elite nutrition conference for researchers and clinicians has been held annually for more than 50 years. The College is ACCME accredited to offer CME.

Fellow of the American College of Nutrition (FACN) – The premier designation for clinical nutrition researchers.

Who Should Join the College

- Clinicians (physicians and all nutrition-related practitioners)
- Researchers and academicians
- Students
- Individuals active or interested in the nutrition field

"ACN membership is a hallmark of excellence among researchers and practitioners with an interest in nutrition science."

– Leo Galland, MD, FACN, FACP



American College of Nutrition®
uncompromising science

As a testament to uncompromising science, the College does not accept funding from for-profit entities.

Stand with the
Science

Stand with the
College

Join at
AmericanCollegeofNutrition.org

David Perlmutter, MD, FACN

AMERICAN COLLEGE OF NUTRITION'S 56TH ANNUAL CONFERENCE

Translational Nutrition: Optimizing Brain Health

Friday, November 13, 2015

- 7 a.m. Guided Morning Stretching
- 8 a.m. Registration & Viewing of Scientific Posters & Exhibits

SYMPOSIUM V:

The Impact of Ketones & Carbohydrates on Brain Related Disorders

Moderator: *Steven Masley, MD, CNS, FACN*

- 8:15 a.m. **Morning Announcements & Introductions**
- 8:30 a.m. **Multiple Sclerosis**
Terry L. Wahls, MD
- 9:15 a.m. **Type 3 Diabetes & the Impact on Cognitive Function**
Speaker TBD
- 10 a.m. Break & Viewing of Scientific Posters & Exhibits
- 10:30 a.m. **Ketogenic Diet & Brain Disorders: Seizures, Migraines, Epilepsy & BTI**
Eric H. W. Kossoff, MD
- 11:15 a.m. **Interactive Panel Discussion/Q&A**
- 11:45 a.m. Lunch & Viewing of Scientific Posters & Exhibits

SYMPOSIUM VI:

Nutrition in Slowing Progression/Reversing Cognitive Dysfunction

Moderator: *Dale E. Bredesen, MD*

- 1 p.m. **Reversal of Cognitive Decline**
Dale E. Bredesen, MD
- 1:45 p.m. **Depression Biotypes Nutrition Therapy**
William J. Walsh, PhD
- 2:30 p.m. Break & Viewing of Scientific Posters & Exhibits
- 3 p.m. **Copper & Alzheimers Disease**
George J. Brewer, MD, MACN
- 3:45 p.m. **Interactive Panel Discussion/Q&A**
- 4:15 p.m. Final Adjournment

5:30 - 6:30 p.m. **Certified Nutrition Specialists® Meet & Greet**

6:30 - 8:30 p.m. **President's Celebration & Awards Presentation** (Light Dinner & Refreshments Included)



Target Audience

This course is intended for clinicians (physicians and all nutrition-related practitioners), researchers, academicians, students and any other health care professional or individuals active or interested in the field of nutrition science.

Accreditation

The American College of Nutrition® is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American College of Nutrition designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CNS® and RD: The Board for Certification of Nutrition Specialists™ authorizes up to 16.5 CNE credit hours for Certified Nutrition Specialists®. Continuing education (CPEU) credit hours, up to 16.5 hours, will be authorized by the Commission on Dietetic Registration for Registered Dietitians.



Conference Hotel Information

B Resort & Spa

1905 Hotel Plaza Boulevard, Lake Buena Vista, FL 32830
Phone: 407-828-2828

Rates and Reservations

We are fortunate to have obtained special low rates at the hotel starting at \$179 per night for single occupancy/\$199 for double occupancy (plus tax and parking). All rooms also come with:

- Discounted self-parking at \$10 per day
- Daily breakfast voucher for hotel restaurant, American Q
- 20% Discount on spa services
- No resort fee
- Complimentary use of the fitness center
- Complimentary internet



Make your reservations early! A block of rooms is being held for us until October 20, 2015. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention the American College of Nutrition reduced rate when making your reservations.

Registration

BILLING ADDRESS (if different from above)



American College of Nutrition®
uncompromising science



Scripps Conference Services & CME
11025 N. Torrey Pines Road
Suite 200, Maildrop SCRC 200
La Jolla, CA 92037

AMERICAN COLLEGE OF NUTRITION
56TH ANNUAL CONFERENCE

Translational Nutrition: Optimizing Brain Health

November 11 - 13, 2015 • Orlando, Florida

Course Highlights

- Comprehensive presentations on the latest advances in nutrition science with a strong patient care focus
- Opportunities to interact with world renowned researchers and clinicians to establish a network of like-minded professionals
- Conference presentations available via mobile app and conference website

VISIT: AmericanCollegeofNutrition.org/Conference



@AmCoINutrition, join the conversation #ACN15



/AmericanCollegeofNutrition