

**12.25**MOC SECTION 1
MAINPRO-M1**SEXUAL HEALTH 2015****BUILDING CLINICIAN CONFIDENCE & COMPETENCE**MAY 29 - 30, 2015
FRI & SATUBC ROBSON SQUARE
VANCOUVER BC**WHO SHOULD ATTEND**

- Family Physicians
- Nurse Practitioners
- Midwives
- Registered Nurses
- Specialists
- Residents
- Other Allied Health Professionals

Sexual health is important to patients, but may be neglected by clinicians due to lack of training, fluency or comfort. In society and as individuals we recognize sex's role in pleasure, relationships and identity. As clinicians, however, we direct our attention primarily to the negative consequences of sex: preventing or addressing conception, disease and violence. We may also forget that some aspects of sexuality have nothing to do with sex.

This new conference seeks to expand the clinical conversation about sexual health, which is relevant to all clinicians - whether they work in primary care, specialty or focused practice.

Participants will:

- Recognize the importance of sexual health for the wellbeing of patients of all ages, all genders and all orientations
- Develop confidence and competence in a range of topics germane to sexual health
- Acquire strategies to apply in their practice.

FRI MAY 29

0715	Breakfast, Registration & Exhibits Open	
0830	Welcome & Introductions	Marisa Collins, MD, MHSc
0845	Talking About Sex <i>Why it is important to talk about sex and sexuality.</i>	Kristen Gilbert, BFA(Ed)
0915	Herpes Simplex Virus (HSV) Counselling - Reducing Confusion for Practitioners & Patients <i>The challenge of HSV conversations - revisited by University of Washington researcher and the author of "Managing Herpes: Living & Loving with HSV".</i>	Anna Wald, MD, MPH
1000	Are You Sure You Don't See Any Trans* Folk in Your Practice? <i>Many trans* patients do not disclose to their physicians. If we don't ask, we may not be providing appropriate and necessary care.</i>	Gwen Haworth, MFA
1030	Break	
1050	Raging Hormones or Responsible Citizens? - Sexual Behaviours of BC High School Students <i>Latest findings on the sexual health of adolescents, from the McCreary Centre's 2013 survey.</i>	Elizabeth Saewyc, PhD, RN
1130	What's New in Contraception? What's New in Canada	Ellen Giesbrecht, MD
1200	Lunch	
1300	Concurrent Workshops I (Choose 2)	
	A1 Providing Primary Care for Trans* Patients: It's Not All About Gender (Not repeated) <i>How clinicians can support trans* patients & how clinicians can be supported.</i>	Marria Townsend, MD
	B Seniors & Sex <i>Intimacy in the later years, with focus on promoting healthy sexuality and relationship experiences.</i>	Kristen Gilbert, BFA(Ed) & Ashley Heaslip, MD, MPH
	C Hormonal Approaches to Menopause <i>Management of menopausal symptoms, with focus on evidence-based use of pharmaceutical aids.</i>	Petra Selke, MD
	D Underage Reporting Responsibilities - Who, What, When, How & Then What Happens? <i>Making sense of our legal responsibilities: assault vs. abuse, the reporting process, and how to support the child.</i>	Nita Jain, MD
	E Libido Across the Ages: Women <i>Discuss transitions/fluctuations with age and health status, and approaches to common libido issues experienced by women.</i>	Lori Brotto, PhD
1400	Coffee Break / Move to workshop rooms	
1420	Repeat of Concurrent Workshops I (except A1)	
	A2 How to Make Your Clinic a Welcoming Place for Everyone <i>Practical tips for enhancing inclusiveness in your language and clinical spaces.</i>	Lauren Goldman, RN
1520	Return to Plenary	
1525	Sex, Consent, Disclosure & the Law <i>Perspectives from a lawyer and the Policy Director at the BC Civil Liberties Association.</i>	Michael Vonn, LL.B.
1610	Discussion, Closing Remarks & time for Evaluations	
1630	Conference Day Ends	

SAT MAY 30

0800	Breakfast, Registration & Exhibits Open	
0845	Welcome & Introductions	
0900	Commonly Asked Questions from the SEX SENSE Line <i>... and what remains unanswered after leaving the clinician's office.</i>	Dawn Petten, Certified Sexual Health Educator
0930	Sexual Health in the Primary Care Visit: Men <i>It's more than just sending them to the lab.</i>	Fraser Norrie, MD
0955	Gaps in Lesbian Women's Health Care <i>Taking a sexual health history and providing appropriate care to women who have sex with women.</i>	Rachel Vogler, MD
1020	Break	
1040	Female Genital Dermatology - the Good, the Bad & the Unexpected <i>Variations of normal, some common and some less common genital dermatological issues.</i>	Marcie Ulmer, MD
1110	Emergency Contraceptive Update <i>Comparative effectiveness of available methods of EC; and what we can do to improve access.</i>	Judith Soon, RPh, PhD
1130	Cervical Cancer Screening Update <i>Update on current recommendations and the future of cervical cancer screening.</i>	Gina Ogilvie, MD, DrPH
1150	A Side of Sex: Sexuality, Intimacy & Disability <i>Introduction to the philosophy of sexual health rehabilitation and common concerns for persons with disability and chronic illness.</i>	Shannon Griffin, RN
1210	Lunch	
1300	Concurrent Workshops II (Choose 2. Exception: F is full 2 hours)	
	F 2.0 MAINPRO-C IUD insertion - Advanced (Not repeated) Full 2 Hours. Limited to 20 participants. <u>(\$100 additional cost)</u> <i>Hands on practice, and tips for challenging IUD insertions.</i>	Beata Byczko, MD Ellen Wiebe, MD
	G1 Medical Abortion (Toward Becoming a Provider) (Not repeated) <i>Practical discussion of what it would take to offer medical abortions in your own practice.</i>	Darlana Mulzet, MD
	H Non-Hormonal Approaches to Menopause <i>Management of menopausal symptoms, with focus on evidence-based use of non-hormonal aids.</i>	Taryl Felhaber, MD
	I Contraception: Sharing Our Questions, Experiences & Expertise <i>We're all learners and we're all experts too. Bring your voice to a facilitated discussion on contraceptive care.</i>	Hannah Varto, MN, NP(F) & Rachel Vogler, MD
	J Libido Across the Ages: Men <i>Discuss transitions/fluctuations with age and health status, and approaches to common libido issues experienced by men.</i>	Stacy Elliott, MD
1400	Coffee Break - move to workshop rooms	
1420	Repeat of Concurrent Workshops II (except G1 and F continues)	
	G2 Men's Pelvic Pain Syndrome <i>Approach to diagnosis and management of a challenging condition that may be more prevalent than you think.</i>	Joel Teichman, MD
1520	Return to Plenary	
1525	Is Porn Redefining Expectations of What Is Normal? <i>Health and sexuality in the context of pornography in our current culture.</i>	Hannah Varto, MN, NP(F)
1610	Discussion, Closing Remarks & time for Evaluations	
1630	Conference Ends	

COURSE PLANNING COMMITTEE

Leta Burechailo, MD, CCFP. Youth Clinic Physician, Powell River, BC

Lindsay Callan, BCom. Conference Services Director, UBC CPD

Marisa Collins, MD, MHSc, CCFP, FCFP. Medical Director, Options for Sexual Health (Opt); Medical Director - Accreditation, UBC CPD; Clinical Assistant Professor, Department of Family Practice, UBC (**Conference Chair**)

Kristen Gilbert, BFA(Ed). Certified Sexual Health Educator; Director of Education, Options for Sexual Health (Opt)

Ashley Heaslip, MD, MPH, PhD Student. Family Practice Resident

Brenna Lynn, BHK, MSc, PhD. Associate Dean, Continuing Professional Development; Clinical Instructor, Department of Family Practice, UBC

Allison Macbeth, MAppSc. UBC CPD Research Assistant

Gina Ogilvie, MD, MSc, CCFP, FCFP, DrPH. Medical Director, Clinical Prevention Services, BC Centre for Disease Control (BCCDC); Associate Professor, Family Practice, Obstetrics & Gynecology, School of Population & Public Health, UBC

Nicole Pasquino, RN(C), BSN, BHSc. Professional Practice Leader, Options for Sexual Health (Opt)

Curran Warf, MD, MEd, FAAP, FCPS, FSAHM. Clinical Professor of Pediatrics, Department of Pediatrics, UBC; Head, Division of Adolescent Health and Medicine, British Columbia Children's Hospital

SEXUAL HEALTH 2015: BUILDING CLINICIAN CONFIDENCE & COMPETENCE IS BROUGHT TO YOU BY



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine
Continuing Professional Development

CONFERENCE VENUE

UBC Robson Square
800 Robson Street
Vancouver, BC V6Z 3B7

FOR MORE INFORMATION VISIT ubccpd.ca

- Accreditation Statement
- Refunds & Cancellations

ADDITIONAL INFORMATION:

ACCOMMODATIONS

The following hotels are not providing conference rates but are within easy walking distance of UBC Robson Square:

The Fairmont Hotel Vancouver

900 West Georgia Street
Vancouver, BC V6C 2W6

T: 604.684.3131

W: www.fairmont.com/hotel-vancouver

Rosewood Hotel Georgia

801 West Georgia Street
Vancouver, BC V6C 1P7

T: 604.682.5566

W: www.rosewoodhotels.com

La Grande Residence - The Sutton Place Hotel

845 Burrard Street
Vancouver, BC V6Z 2K6

T: 604.682.5511

W: www.vancouver.suttonplace.com

Wedgewood Hotel & Spa

845 Hornby Street
Vancouver, BC V6Z 1V1

T: 604.689.777

W: www.wedgewoodhotel.com

ACCREDITATION

The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. This program has been reviewed and approved by the UBC Division of Continuing Professional Development. UBC CPD designates this educational program as meeting the accreditation criteria of the College of Family Physicians of Canada for up to **12.25 Mainpro-M1** credits. This program is an Accredited Group Learning Activity eligible for up to **12.25 MOC Section 1** credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. Each physician should claim only those credits he/she actually spent in the activity.

SEXUAL HEALTH CONFERENCE 2015 REGISTRATION

May 29-30, 2015 UBC Robson Square, 800 Robson St, Vancouver BC

ME8838

CONTACT DETAILS

☐ Urban ☐ Rural

Last Name Given Name(s)

Address

City Prov/State Postal Code

Telephone Fax

Email (required)

CONFERENCE FEES

Course materials, breakfasts, refreshments & lunch

Save \$10 by registering online!	By Feb 16	Feb 17-May 22	After May 23 & On-site
Physicians	\$439	\$489	\$539
Allied Health	\$359	\$379	\$399
Residents/Students	\$109	\$125	\$150

WORKSHOPS

Select 2 workshops from each session and number in order of preference

1=most preferred *Workshops A1, A2, F (full 2 hours & \$100 extra), G1 & G2 do not repeat.

Concurrent Workshops I (Fri)	A1 (1300 only)	A2 (1420 only)	B	C	D	E
Concurrent Workshops II (Sat)	F (\$100 extra, 1300-1500)	G1 (1300 only)	G2 (1420 only)	H	I	J

DIETARY REQUIREMENTS / ALLERGIES:

Severity: ☐ HIGH or ☐ LOW, foods can be in the same room, but well labeled

PAYMENT

\$ ☐ VISA ☐ MC

TOTAL AMOUNT ENCLOSED

Name of Cardholder Signature

Credit Card Number Expiry Date

*No refunds or transfers, unless you cancel IN WRITING by April 29, 2015 for a fee \$50.

REGISTER ONLINE



Easy ways to
Register



www.ubccpd.ca



604.875.5101



604.875.5078



cpd.info@ubc.ca



UBC CPD
855 W 10th Ave
Vancouver BC V5Z 1L7

I am a:

- ☐ Family Physician
- ☐ Nurse Practitioner
- ☐ Midwife
- ☐ Registered Nurse
- ☐ Specialist
- ☐ Resident
- ☐ Other (please specify) _____

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPSC)?

- ☐ Yes
- ☐ No

If yes, please list your specialty:

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. Information is used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- ☐ I DO NOT CONSENT to being on the participant list.

All participants registered for UBC CPD courses are included on the contact list for future programs. If you DO NOT wish to be on the contact list, please indicate below.

- ☐ I DO NOT wish to be on the UBC CPD contact list.

