



David Geffen
School of Medicine

Aesthetic Eyelid and Facial Rejuvenation Course

Friday-Saturday • July 31 – August 1, 2015

UCLA Stein Eye Institute

UCLA Campus



PROGRAM CHAIRMAN

Catherine J. Hwang, MD

COURSE DIRECTORS

Robert A. Goldberg, MD
Henry I. Baylis, MD

Norman Shorr, MD
Jonathan A. Hoenig, MD

LABORATORY DIRECTOR

Daniel Rootman, MD

AXELROD LECTURER

Yoon Duck Kim, MD
Professor and Chief of Oculoplastic Surgery
Samsung Medical Center
Seoul, Korea



DAVID GEFEN SCHOOL OF MEDICINE at UCLA



Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 31, 2015

UCLA Stein Eye Institute, CHS 53-129, Dissection Laboratory – 7:30am-4:30pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

SATURDAY, August 1, 2015

UCLA Stein Eye Institute, RPB Auditorium – 7:30am-5:00pm

The second day of the course will be didactic covering the nuances of technique that are critical for achieving the elegant results demanded by today's sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants unable to attend the first day of the course are welcome to attend the second day.



Course Description

This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives

At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery, and aesthetic lower eyelid surgery.
- Understand the principles of mid-face rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Understand the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.



Aesthetic Eyelid and Facial Rejuvenation Course

HANDS ON DISSECTION WORKSHOP PROGRAM

FRIDAY, July 31, 2015 – 7:30am-4:30pm

UCLA Stein Eye Institute, CHS 53-129, Dissection Laboratory

Hands-On Dissection Workshop Program

7:30am Registration and Breakfast

8:00am Course Introduction – **Catherine Hwang, MD**

Upper Blepharoplasty – Robert A Goldberg, MD, Yoon Duck Kim, MD, Fu-Sheng Chan, MD

8:00am Upper Blepharoplasty – **Robert A Goldberg, MD**

8:10am Asian Blepharoplasty: Closed/Suture – **Fu-Sheng Chan, MD**

8:20am Asian Blepharoplasty: Open – **Yoon Duck Kim, MD**

8:30am Hands-On Cadaver Lab: Upper Blepharoplasty
Occidental and Asian Blepharoplasty

Ptosis – Dan Rootman, MD and Mehryar Taban, MD

9:15am Ptosis Anatomy

9:25am Ptosis Video

9:40am Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty – Milind Naik, MD

10:30am Lower Blepharoplasty Anatomy

10:45am 3-D Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning,
Trans-eyelid Midface Approaches

11:00am Hands-On Cadaver Lab: Lower Blepharoplasty with Variations

12:00pm Lunch Break

Canthoplasty – George Charonis, MD & Catherine J Hwang, MD

1:00pm Canthal Anatomy/Small Incision Canthoplasty Video

1:15pm Hands-On Cadaver Lab: Small Incision Canthoplasty

Endoscopic Brow and Mid-Face Lift – Robert A. Goldberg, MD and Costas Papageorgiou, MD

2:00pm Endoscopic Upper and Midface Lift Anatomy/Video

2:30pm Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery

Fat Transfer and Special Procedures

3:30pm Hands-On Cadaver Lab Special Procedures:

Fat Transfer/Cannula **David Isaacs, MD**

Midface Lift **Norman Shorr, MD**

Introduction to Facelift **Tanuj Nakra, MD**

Medial Canthoplasty **Robert A. Goldberg, MD**

SYMPOSIUM PROGRAM SCHEDULE

SATURDAY, August 1, 2015 – 7:30am-5:00pm

UCLA Stein Eye Institute, RPB Auditorium

7:30am Registration and Breakfast

8:00am Introduction – **Catherine J. Hwang, MD**

8:05am The Evolving World of Aesthetic Orbito-Facial Surgery – **Robert A. Goldberg, MD**

Upper Eyelid Blepharoplasty

8:30am My Secrets to Success in Upper Blepharoplasty: Patient Selection, Surgical
Planning, and Surgical Techniques – **Miguel Gonzalez-Candial, MD**

8:45am 3-D Blepharoplasty – **Milind Naik, MD**

9:00am Tricks and Tips in Ptosis Surgery – **Dan Rootman, MD**

9:10am Customizing Asian Double Eyelid Surgery – **Fu-Sheng Chan, MD**

9:30am Incorporating Anchor and Microblepharoplasty Methods Into Your Eyelid
Procedures – **Kenneth Steinsapir, MD**

9:40am Lateral Browlift Using Temporal (Pretrichial) Subcutaneous Approach Under
Local Anesthesia – **Mehryar Taban, MD**

9:50am Coffee Break and Exhibitors

Lower Blepharoplasty

10:15am Lower Eyelid Rejuvenation Options: From Fillers to Fat Transposition –
Jonathan Hoenig, MD

10:30am Lateral Canthoplasty: What, When, and Where – **George Charonis, MD**

10:45am Prominent Eye Pearls – **Raymond Douglas, MD**

11:00am Lower Blepharoplasty Complications – **Guy Ben Simon, MD**

11:15am Questions and Answers

11:30am Introduction of Robert Axelrod, MD Memorial Lecturer – **Norman Shorr, MD**

11:35am Robert Axelrod, MD Memorial Lecture: “Surgical Tips on Asian Blepharoplasty”
Yoon Duck Kim, MD, Professor, Samsung Medical Center, Seoul Korea

12:00pm Lunch

Facelift

1:00pm Minimally Invasive Facelifts – **Costas Papageorgiou, MD**

1:15pm Facelifting Pearls – **Tanuj Nakra, MD**

1:35pm Microfat grafting a Pyramidal Approach – **Robert Schwarcz, MD**

1:50pm Rotation Flap for a Defined Neckline – **Robert Schwarcz, MD**

2:05pm Non-Invasive Energy Facelifts (Ulthera): Does it work? – **Matthew White, MD**

Facial Rejuvenation: Skin Treatments and Injectables

2:20pm Aesthetic Removal of Eyelid and Facial Benign Skin Lesions – **Yoash Enzer, MD**

2:30pm New Waves in Skin Rejuvenation – **Gary Lask, MD**

2:50pm Reverse Aging: Tips and Techniques in Injectable Facial Rejuvenation –
Catherine J. Hwang, MD

3:10pm Coffee Break

3:30pm Cosmetic Consultations LIVE: Botulinum Toxin and Fillers

Live demonstrations of injection techniques at two simultaneous stations, with
video feed and commentary.

Moderator: **Catherine Hwang, MD**

Faculty Injectors: **Robert A. Goldberg MD; Cynthia Boxrud, MD; Rona Silkiss, MD; Kenneth D. Steinsapir MD; Matthew White MD; Rebecca Fitzgerald MD**

4:15pm M&M from the Fellows Conference: The Worst Complications of the Year, and
How They were Managed – **Payam Morgan, MD, Erin Lessner, MD, Shani Golan, MD, Wenjing Liu, MD**

Faculty Comments and Pearls for Managing Complications – **Norman Shorr MD, Robert A. Goldberg MD, Catherine J. Hwang, MD, and Mehryar Taban, MD**

4:30pm Final Questions and Answers

5:00pm Adjourn

Course Faculty

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Samsung Medical Center

Seoul, Korea

INTERNATIONAL ALUMNI FACULTY

Guy Ben Simon, MD – Israel

George C. Charonis, MD – Greece

Miguel Gonzalez-Candial, MD – Spain

Milind Naik, MD – India

Costas Papageorgiou, MD – England

GUEST FACULTY

Fu-Sheng Chan, MD

Taipei, Taiwan

Gary Lask, MD

Assistant Clinical Professor,

University of California, Los Angeles

Matthew White, MD

Assistant Professor, Department of
Otolaryngology, NYU Langone Medical
Center

UCLA COURSE FACULTY

Henry Baylis, MD

Bruce Becker, MD

Cynthia Boxrud, MD

Holly Chang, MD

Raymond Douglas, MD

Yoash Enzer, MD

Danica Fiaschetti, LVN COA

Michael J. Groth, MD

Shani Golan, MD

David Isaacs, MD

Anne Kao, MD

Jerome R. Klein, MD

Erin Lessner, MD

Steven Leibowitz, MD

Wenjing Liu, MD

Polly McKinstry, MD

Payam Morgan, MD

Tanuj Nakra, MD

Daniel Rootman, MD

Stan Saulny, MD

Rona Silkiss, MD

Robert Schwarcz, MD

Ronald Strahan, MD

Kenneth D. Steinsapir, MD

Mehryar Taban, MD

ACCOMMODATIONS

HILGARD HOUSE: 927 Hilgard Avenue,
Los Angeles, California, 90024

UCLA rate: \$124 per night plus taxes,
within walking distance

Reservations: 310-208-3945

HOTEL ANGELENO: 170 N. Church Lane,
Los Angeles, California, 90049

UCLA rate: \$169 per night plus taxes
and complimentary shuttle to JSEI

Reservations: 310-476-6411

W LOS ANGELES – WESTWOOD HOTEL:

930 Hilgard Avenue, Los Angeles,
California, 90024

Reservations: 1-800-877-W-HOTELS

WESTWOOD ON WILSHIRE HOTEL:

10740 Wilshire Blvd., Los Angeles,
California 90024

UCLA rate: \$149 per night plus taxes
and complimentary shuttle to JSEI

Reservations: 310-475-8711

UCLA TIVERTON HOUSE: 900 Tiverton
Avenue, Los Angeles, CA 90024

UCLA rate: \$120 per night, taxes
included, within walking distance

Reservations: 310-794-0151

DIRECTIONS

Conveniently located within UCLA at
the corner of Westwood Boulevard
and Le Conte Avenue, the Jules Stein
Eye Institute, 100 Stein Plaza, Los
Angeles, 90095 is easily accessible from
all points in Southern California. It is
approximately 15 miles from the
Los Angeles International Airport.
Parking is available at the Institute for
\$12 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp
east (toward Westwood Boulevard).
Turn left onto Westwood Boulevard
from Wilshire. After crossing Le
Conte, turn right onto Stein Plaza.
Parking is located immediately to the
right (adjacent to the Doris Stein Eye
Research Center) as you turn onto Stein
Plaza.

AIRPORT SHUTTLE SERVICE

Prime Time (800) 262-7433 • Skycar
(310) 306-3554 • Super Shuttle (310)
532-5999

TAXICABS

Beverly Hills Cab Co. (310) 273-6611
Checker Cab Co. (800) 300-5007
United Independent (310) 278-2500

APPLICATION FOR REGISTRATION

Aesthetic Eyelid and Facial Rejuvenation Course

July 31 – August 1, 2015

Name _____ Degree _____

Specialty _____

Address _____

City _____ State _____ ZIP _____

Telephone _____ FAX _____

E-Mail _____

Last four digits of Social Security Number: XXX-XX- _____

Registration Fees:
☐ Friday and Saturday, July 31-August 1, 2015
 Fresh Cadaver Surgery Procedure Workshop and Didactic Session \$1,995

☐ Saturday, August 1, 2015, Didactic Session \$395
 (Includes continental breakfast, and lunch)

Make Checks payable to: UC REGENTS or pay by credit card:

☐ Mastercard ☐ Visa ☐ American Express ☐ Discover Card

Card Holder's Name _____

Card Number _____

Expiration Date _____

Signature _____

Cancellation Policy:

Request for refunds must be received in writing no later than July 1, 2015. A handling fee of \$75 will be deducted from each cancelled registration.

Enrollment:

By Mail: Use this form and mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Fax: Send the completed enrollment form with credit card information and authorizing signature. Fax to (310) 794-2624.

By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620

Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu and click on "2015 Aesthetic Eyelid and Facial Rejuvenation"

ACCREDITATION

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of *14.50 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.

UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
405 Hilgard Avenue MC 29
Los Angeles, California 90095-6938

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Stein Eye Institute



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