



WORLD ACADEMY of PAIN
MEDICINE ULTRASONOGRAPHY

Foundations of Interventional Ultrasonography Day 1

7:30- 8:00- Registration

8:00-8:15: AAPMU – Welcome- Scot Sarver

8:15- 9:15- How to prepare an Ultrasound Procedural Room, Sterility, Image Capture and Documentation-

9:15-10:15- Tissue Recognition – Characteristics of Tissue, (recognizing bone, ligaments, muscle, bursa, vessels, tendon, nerves, Hyaline cartilage and Fibro cartilage).
Breakout: Live model ultrasound scanning and phantom injections

10:15-10:30- Morning Break- Meet with our Corporate Sponsors & Exhibitors

10:30-12:00 – Review of Anatomy and Basic Ultrasound of Peripheral Nerves– How to recognize nerves under ultrasound. Trace nerves with associated anatomy of blood vessels, muscles and bony landmarks. Ultrasound guided peripheral nerve blocks: the median, ulnar, peroneal, ilioinguinal, lateral femoral cutaneous, intercostal, suprascapular, greater occipital.
Breakout: Live model ultrasound scanning

12:00-1:00- Lunch- (Provided by: c2 Medical Distributors)

1:00-4:00- Basic MSK techniques and Lumbar Spine Ultrasonography - Relevant anatomy, indications, preparation and injection procedures. Ultrasound guided procedures of the joint, tendon sheath (avoiding the tendon), bursa and cysts and aspirations. Areas of focus include the Shoulder (biceps tendon sheath, subacromial bursa injection, acromioclavicular joint, glenohumeral joint); Knee (intraarticular injection), Hip (intraarticular and trochanteric bursa injections), lumbar medial branches and roots, lumbar facet joint, sacral canal, SIJ.
Breakout: Live model ultrasound scanning

4:00- 4:30- Open Scanning- “Getting ready for Advanced Program”

4:30- Day 1 Concludes