

Developing a positive approach to

Falls Prevention and Management in Older People

Reducing Falls and Harm from Falls

Implementing the New NICE Quality Standard

Thursday 21 May 2015 Colmore Gate Conference Centre, Birmingham

10% card payments discount*
15% group booking discount**



Speakers Include:

Julie Windsor

*Patient Safety Lead Older People & Falls
NHS England*

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“Falling is the leading cause of injury-related death in people over 75 in the UK, and costs the NHS an estimated £2.3 billion per year. Almost a third (30%) of adults over 65 and living at home will experience at least 1 fall a year, which is around 2.5 million people in England alone. Falls in hospital are the most commonly reported safety incidents, with an estimated number of around 282,000 patient falls in England each year.” The National Institute of Health and Care Excellence November 2014

The new quality standard for assessing older people after a fall and preventing further falls was released at the end of March 2015. The standard aims to support hospitals and community services to help improve the quality of life of older people and reduce the number of fall-related injuries occurring in people aged 65 and older. The implementation of the quality standard will be discussed that the conference

“The falls standard, meanwhile, brings together gold standard practice in how to manage older people following falls and, by giving it the NICE seal of approval, ensures that it will be delivered in hospital and community settings around the country.” Adam Gordon, Honorary Secretary of the British Geriatrics Society and a consultant geriatrician in Nottingham

This conference will update delegates on the New Quality Standard for Falls and implementation in practice at a local level. Sessions will focus on key elements of the quality standard including developing post fall protocols for every patient and secondary prevention. The conference will also discuss key elements in the reduction of falls in your organisation including underlying health issues, falls and mental health, medicines management, comorbidity and managing falls in the over 85s. There will be a focus session on reducing inpatient falls and undertaking effective root cause analysis. Through expert sessions and case studies delegates will take back essential learning outcomes to change practice in their services.

“We know that if we follow the evidence, we can substantially reduce the number of falls and fractures, thereby increasing health and well-being and reducing the cost to the system” Norman Lamb MP, Minister of State for Care and Support

10.00 Chairman's Introduction: Falls Prevention in Older People NHS England Update

Julie Windsor *Patient Safety Lead Older People & Falls NHS England*

10.10 The new Falls Quality Standard Falls - assessment and secondary prevention in older people

(due for release May 2015)

Will Carr

Clinical Specialist Falls Prevention
Gloucestershire Hospitals NHS Foundation Trust

- the new quality standard for falls assessment and secondary prevention in older people
- implementation challenges and quick wins
- meeting the Quality Statements

10.50 NHS England National Falls Update

Julie Windsor

Patient Safety Lead Older People & Falls
NHS England

- NHS England falls and older people programme update
- an update on the NRLS reported falls incidence for the 2013/14
- falls and fracture alliance update
- public health falls and fracture programme update
- the CareFall junior dr's e-learning module

11.20 *Question and answers, followed by coffee and exhibition*

11.50 Implementing the Quality Standard in Practice

Dr Karl Davis

Consultant Clinical lead
for the 1000 Lives plus Falls work in Wales &
Consultant Care of the Elderly Physician, specialising in Falls
Cardiff and Vale Health Board

- implementing the quality standard in practice: where to start
- how do you monitor adherence to the quality standard
- an update from the Falls and Fragility Fractures Audit Programme

12.30 Falls as an indication of underlying health issues

Dr Raj Thakkar

Clinical Commissioning Director for Planned Care
Chiltern CCG

- frailty presenting as falls - a different challenge?
- polypharmacy - going beyond risk
- improving the understanding of disease processes leading to falls and blackouts
- recommendations for good practice within falls services to manage underlying health issues

13.00 *Questions and answers, followed by lunch and exhibition*

Focus: Reducing inpatient falls and secondary prevention to reduce repeat falls

14.00 Reducing falls and harm from inpatient falls

Joanna Logan

Professional Development

& Dr Ruma Dutta

Consultant
Worcestershire Acute Hospital NHS Trust

- developing a multifaceted approach to reducing inpatient falls
- the development of falls prevention teams and falls champions across the healthcare of older peoples wards
- developing a zero tolerance approach to recurrent falls and harm from falls
- improving the dissemination of learning from falls root cause analysis
- our experience and the impact on falls and harm from falls

14.25 Delivering individual post fall protocols to care for any older person who has fallen during their stay

Michelle Nolan

Falls Prevention Nurse
Aintree University Hospitals NHS Foundation Trust

- implementing an individual post fall protocol in practice as outlined in the NICE Quality Standard
- checks for signs or symptoms of severe injury and safe manual handling
- how can we learn from falls incidents?

14.50 EXTENDED SESSION: Undertaking and effective root cause analysis of a fall including panel review

Carrie Tyler

Falls Prevention Nurse
Colchester University Hospital NHS Foundation Trust

- a step by step guide to RCA for falls
- setting up and running panel review
- improvement case study: the Throne Project: reducing falls in bathrooms and toilets

15.30 *Question and answers, followed by coffee and exhibition*

16.00 Falls and Mental Health: reducing falls in older people with dementia

Prof Tony Elliott

Clinical Director
South Staffordshire and Shropshire Mental Health Trust

- why are people with dementia at higher risk of falls
- assessing and managing falls risk
- reducing falls in dementia

16.30 Falls and Medicines management

Amanda Rowley

Ward Sister

With Sarah Duckworth

Senior Pharmacist
Burton Hospitals NHS Foundation Trust

- understanding which medicines can contribute to falls
- developing a trigger chart as a red flag on the wards
- high risk medications and medication monitoring: our experience

17.00 *Questions and answers, followed by close*

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

Venue

Colmore Gate Conference Centre, DeVere Venues,
5th Floor Colmore Gate, Bull Street Entrance
Birmingham B3 2QD. A map of the venue will be sent with confirmation of your booking.

Date

Thursday 21 May 2015

Conference Fee

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