



INJECTION
& BRACING
WORKSHOPS

COURSE
DIRECTOR

SETH I. GASSER, MD
DIRECTOR OF SPORTS MEDICINE
FLORIDA ORTHOPAEDIC INSTITUTE
TAMPA, FL

JULY 18-19, 2015

ORTHOPAEDICS FOR THE PRIMARY CARE PRACTITIONER & REHABILITATION THERAPIST

THE SANDPEARL, CLEARWATER, FLORIDA

PROVIDED BY



fore

FOUNDATION for ORTHOPAEDIC
RESEARCH and EDUCATION



FACULTY

Course Director

Seth I. Gasser, MD

Director of Sports Medicine
Florida Orthopaedic Institute
Tampa, FL

Invited Faculty

John Arrington, MD

Medical Director
University Diagnostics Institute
Tampa, FL

Christopher E. Baker, MD

Sports Medicine, Knee,
Shoulder & Elbow
Florida Orthopaedic Institute
Tampa, FL

Steven Barna, MD

Interventional Spine
Florida Orthopaedic Institute
Tampa, FL

James Billys, MD

Director, Spine Fellowship
Florida Orthopaedic Institute
Tampa, FL

Scott Brickett, ATC

Head Athletic Trainer
University of Tampa
Tampa, FL

David Cheong, MD

Orthopaedic Oncology
Orthopaedic Associates of
West Florida
Tampa, FL

Eddy L. Echols, MD

Sports Medicine
Florida Orthopaedic Institute
Tampa, FL

Michael J. Garcia, MD

Hand & Wrist Surgery
Florida Orthopaedic Institute
Tampa, FL

Grant G. Garlick, MD

Sports Medicine
Florida Orthopaedic Institute
Tampa, FL

Alfred V. Hess, MD

Hand & Wrist Surgery
Florida Orthopaedic Institute
Tampa, FL

Maureen Maciel, MD

Acting Chief of Staff
Shriner's Hospitals for Children
Tampa, FL

Mark A. Mighell, MD

Shoulder & Elbow Surgery
Florida Orthopaedic Institute
Tampa, FL

Michael A. Miranda, DO

Adult Reconstruction
& Arthritis Surgery, Hip, Knee
Florida Orthopaedic Institute
Tampa, FL

Adam C. Morse, DO

Shoulder & Elbow Surgery
Florida Orthopaedic Institute
Tampa, FL

Ioannis P. Pappou, MD, PhD

Hand & Wrist Surgery, Shoulder
& Elbow Surgery
Florida Orthopaedic Institute
Tampa, FL

Jeff Sellman, MD

Primary Care Sports Medicine
Florida Orthopaedic Institute
Tampa, FL

Anjan R. Shah, MD

Orthopaedic Trauma
Florida Orthopaedic Institute
Tampa, FL

John M. Small, MD

Spine Surgery
Florida Orthopaedic Institute
Tampa, FL

Jeffrey D. Stone, MD

Hand & Wrist Surgery
Florida Orthopaedic Institute
Tampa, FL

David T. Watson, MD

Orthopaedic Trauma
Florida Orthopaedic Institute
Tampa, FL

Jeffrey A. Westerfield, MD

Primary Care Sports Medicine
Florida Orthopaedic Institute
Tampa, FL

AGENDA JULY 18-19, 2015

THE SANDPEARL, CLEARWATER, FLORIDA

SATURDAY, JULY 18, 2015

7:00 am	Registration & Breakfast with Exhibitors	
7:30 am	Introduction & Welcome Remarks	Seth I. Gasser, MD

SESSION 1 - GENERAL ORTHOPAEDICS

MODERATOR: TBD

7:40 am	Imaging: X-rays, CT, MRI	John Arrington, MD
7:55 am	The Swollen Joint	Seth Gasser, MD
8:10 am	Commonly Missed Pediatric Orthopaedic Injuries	Maureen Maciel, MD
8:25 am	Orthopaedic Oncology	David Cheong, MD
8:40 am	Questions & Discussion	Faculty Panel

SESSION 2 - SPORTS MEDICINE

MODERATOR: TBD

9:00 am	The Role of Biologics PRP in Sports Medicine	TBD
9:15 am	Controversies in ACL Reconstruction	Seth Gasser, MD
9:30 am	Return to Play Issues: Game Day Decision Making	Jeffrey A. Westerfield, MD
9:45 am	Questions & Discussion	Faculty Panel
10:05 am	Medical Management of the Athlete	Jeff Sellman, MD
10:20 am	Sports Nutrition- Supplements and Ergogenic Aids	Scott Brickett, ATC
10:35 am	Questions & Discussion	Faculty Panel
10:55 am	Morning Break	

BREAKOUT SESSIONS- SHOULDER

BLUE GROUP

11:10 am	Shoulder Exams	Christopher E. Baker, MD
11:35 am	Rotate	
11:40 am	Shoulder Injections	TBD

GREEN GROUP

11:10 am	Shoulder Injections	TBD
11:35 am	Rotate	
11:40 am	Shoulder Exams	Christopher E. Baker, MD

12:05 pm Lunch

SESSION 3 - FOOT AND ANKLE

MODERATOR: TBD

1:05 pm	Ankle Sprains	TBD
1:20 pm	Adult Flatfoot Deformity	TBD
1:35 pm	Achilles Tendon Injuries	Grant Garlick, MD
1:50 pm	Lesser Toe Deformities	TBD
2:05 pm	Questions & Discussion	Faculty Panel
2:20 pm	Adjourn for the Day	
7:00 pm	Welcome Reception	

ORTHOPAEDICS FOR THE PRIMARY CARE EXHIBITION & DEMONSTRATION

SUNDAY, JULY 19, 2015

7:00 am Breakfast with Exhibitors

SESSION 4 - ADULT RECONSTRUCTION

MODERATOR: TBD

7:30 am Total Shoulder Arthroplasty

Mark Mighell, MD

7:45 am Total Hip Arthroplasty

David T. Watson, MD

8:00 am Outpatient Total Knee Arthroplasty

Michael A. Miranda, DO

8:15 am Total Elbow Arthroplasty

Ioannis P. Pappou, MD, PhD

8:30 am Questions & Discussion

Faculty Panel

SESSION 5 - SHOULDER AND ELBOW

MODERATOR: TBD

8:50 am Proximal Biceps Tendon/Superior Labral Pathology

Adam C. Morse, DO

9:05 am Rotator Cuff Tears

Jeffrey D. Stone, MD

9:20 am Acromioclavicular Dislocations

TBD

9:35 am Anterior Shoulder Instability

Christopher E. Baker, MD

9:50 am Questions & Discussion

Faculty Panel

10:10 am Morning Break

BREAKOUT SESSIONS- KNEE

BLUE GROUP

10:25 am Knee Exams

TBD

10:50 am Rotate

10:55 am Knee Injections

Seth Gasser, MD

GREEN GROUP

10:25 am Knee Injections

Seth Gasser, MD

10:50 am Rotate

10:55 am Knee Exams

TBD

SESSION 6 - TRAUMA

MODERATOR: TBD

11:20 am Long Bone Fractures

TBD

11:35 am Intra-articular Fractures

Anjan R. Shah, MD

11:50 am Common Wrist/Hand Fractures

Michael Garcia, MD

12:05 pm Common Foot Fractures

TBD

12:20 pm Questions & Discussion

Faculty Panel

12:35 pm Lunch

SESSION 7 - SPINE

MODERATOR: TBD

1:25 pm Interventional Spine

John M. Small, MD

1:40 pm Cervical Disc Disease

Steven Barna, MD

1:55 pm Lumbar Disc Disease

James Billys, MD

2:10 pm Physical Therapy/Rehabilitation

TBD

2:25 pm Questions & Discussion

Faculty Panel

2:45pm Course Adjourn

JULY 18-19, 2015

ORTHOPAEDICS FOR THE PRIMARY CARE PRACTITIONER & REHABILITATION THERAPIST

THE SANDPEARL, CLEARWATER, FLORIDA

WAYS TO REGISTER

1

ONLINE: WWW.FOREONLINE.ORG

2

PHONE: 813-910-3652

ON OR BEFORE 6/18/2015

AFTER 6/18/2015

PHYSICIANS.....	\$450	\$550
FELLOWS AND OTHER HEALTHCARE PROFESSIONALS	\$225	\$325
INDUSTRY PROFESSIONALS	\$300	\$400
RESIDENTS	PLEASE CALL TO REGISTER	
WELCOME RECEPTION GUEST FEE.....		\$35

REGISTRATION FEE INCLUDES COURSE MATERIALS, WORKSHOPS, BREAKS, BREAKFASTS, LUNCHESES, AND AN EVENING WELCOME RECEPTION FOR THE PARTICIPANT ONLY.

REFUND POLICY

Cancellation notification must be in writing (fax to 813 - 558 - 6117 or email cme@foreonline.org) and received by the close of business on June 18, 2015. A cancellation fee of \$50 will be assessed. Cancellations received after June 18, 2015 will not receive a refund. No-shows will not receive a refund. FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.

ACCOMMODATIONS FOR DISABILITIES

Please notify the Continuing Medical Education Office, 13020 Telecom Parkway N, Tampa, FL 33637 or call 813 - 910 - 3652 a minimum of ten working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age or veteran status as provided by the law and in accordance with FORE's respect for personal dignity.



ACCOMMODATIONS

THE SANDPEARL

500 Mandalay Boulevard
Clearwater, Florida 33767

Reservations: 1-877-726-3111

Fax Number: 727-441-2425

Website: www.sandpearl.com

The Sandpearl welcomes guests to an award-winning Clearwater Beach destination that reflects the casual elegance of Florida's Gulf Coast. Nestled on a private stretch of pristine beachfront, it offers a secluded getaway complete with luxurious accommodations and the city's only Four-Diamond restaurant, Caretta on the Gulf, while just minutes from Clearwater's most popular attractions. A small block of rooms has been reserved and reservations will be made on a first come first served basis. Please mention "Orthopaedics for the Primary Care Practitioner" when booking your room to receive the group rate of \$204 plus tax and resort fees before June 18, 2015.

DRIVING DIRECTIONS

From North & East

Follow I-75 South or I-4 West to I-275 South through Tampa. As you approach Tampa International Airport, take Exit 39 and merge onto SR 60 West. If you are coming from Tampa International Airport, take the first exit onto SR 60 West. Continue heading West for almost 14 miles; after having driven through Clearwater, you will go over the Memorial Causeway onto Clearwater Beach. At the roundabout take the third exit, marked North Beaches & Mandalay Avenue. The Sandpearl is located 1/3 of a mile North of the roundabout on the left side of the road at 500 Mandalay Avenue at the intersection with Baymont Street.

From South

Head North on I-275 until you exit at Junction 30 marked SR 686 West Roosevelt Blvd. Continue on this road past the St. Pete/Clearwater Airport, over the Bayside Bridge until you exit to the left onto SR 60 West, also known as Gulf to Bay Blvd. After approximately 4.5 miles you will go over the Memorial Causeway onto Clearwater Beach. At the roundabout take the third exit, marked North Beaches & Mandalay Avenue. The Sandpearl is located 1/3 of a mile north of the roundabout on the left side of the road at 500 Mandalay Avenue at the intersection of Baymont Street and Mandalay.

Discover Clearwater Beach's Premier Attractions

The Sandpearl offers the perfect home base for enjoying the endless activities, attractions and adventures synonymous with Florida's Gulf Coast. It is less than two miles from the city's most popular attractions, including the nightly sunset celebrations at Pier 60 and the Clearwater Marine Aquarium.

Pier 60 is a family-friendly destination known for its fishing, restaurants and shopping as well as "Sunsets at Pier 60", a daily celebration featuring arts and crafts vendors, street musicians and entertainers. In addition to the Sunset festivities, Pier 60 features a large children's playground, covered pavilions, snack shops, shopping, restaurants and bars, fishing rentals, boat tours, and a modern pier for fishing or just enjoying a stroll.

The Clearwater Marina offers everything from sunset sails and dinner cruises to deep sea fishing expeditions and dolphin encounters; while guests seeking an outdoor adventure will enjoy kayaking around nearby Caladesi Island.

Nearby Clearwater Beach attractions:

- Pier 60
- Caladesi Island
- Captain Bligh's Landing Miniature Golf
- Clearwater Marine Aquarium
- Clearwater Marina
- Busch Gardens, Tampa Bay (40-Minute Drive)
- Lowry Park Zoo, Tampa (40-Minute Drive)
- Florida Aquarium, Tampa (40-Minute Drive)
- Dali Museum, St. Petersburg (40-Minute Drive)
- Chihuly Collection Modern Art Center, St. Petersburg (40-Minute Drive)

For more information contact the Sandpearl's Concierge at 727-441-2425.

