

Department of Medicine
University of California
San Francisco, School of Medicine



University of California
San Francisco

43rd Annual

Advances in Internal Medicine

Featuring An Electronic Audience Response System

PARNASSUS CAMPUS • SAN FRANCISCO, CA
JUNE 22-26, 2015

MAY 18-22, 2015
HILTON SAN FRANCISCO FINANCIAL DISTRICT • SAN FRANCISCO, CA

COURSE CHAIR

H. Quinny Cheng, MD

Professor of Medicine
University of California,
San Francisco



43rd Annual

Advances in Internal Medicine

May 18-22, 2015 · June 22-26, 2015

Now in its 43rd year, this course reviews the most recent developments and current controversies in the field of internal medicine. Particular emphasis will be placed on topics of clinical relevance to the practicing physician. The course will include:

Didactic Lectures – Clinically active faculty from the Department of Medicine will emphasize recent clinical advances.

Year-in-Review Literature Reviews – Faculty will review major articles from the general medical specialty literature with immediate importance to clinical practice.

Clinical Dilemmas – In addition to case presentations to illustrate current management strategies, a special session on clinical problem-solving will be included.

Questions and Answers – Ample time will be provided for specific questions and discussions of problems commonly encountered by course participants.

Internal Medicine Topics – Areas to be covered include cardiology, hematology and oncology, general internal medicine, pulmonary and critical care, gastroenterology, infectious diseases, endocrinology, and rheumatology.

Multidisciplinary Topics – Additional topics of interest to the practicing internist will include issues in women's health, geriatrics, emergency & hospital medicine, and neurology.

Advances in Internal Medicine is presented by the Department of Medicine and is sponsored by the Office of Continuing Medical Education of the University of California, San Francisco School of Medicine.

TARGET AUDIENCE

This course is designed for practicing internists, family practitioners, and other primary care health professionals. It is also appropriate for hospitalists who wish to stay current on recent developments in internal medicine beyond the inpatient setting.

- OBJECTIVES**
- The purpose of this course is to increase competence and improve clinician practice in internal medicine. We specifically anticipate improvements in skills and strategies to:
 - To better manage commonly encountered medical problems such as hypertension, diabetes, osteoporosis, urinary tract infection, headache, depression, and obstructive & restrictive lung disease.
 - Align practice patterns more with current evidence and guidelines with respect to heart disease prevention, heart failure, cancer screening, chronic pain management, and preoperative medical evaluation.
 - Manage common problems traditionally treated by specialists, such as cerebrovascular disease, HIV infection, end-of-life care, fatty liver disease, rheumatologic disorders, as well as recognize the indications for referral to a subspecialist.

COURSE CHAIR

H. Quinny Cheng, MD
Professor of Medicine

COURSE FACULTY

(University of California, San Francisco unless indicated)

Robert B. Baron, MD, MS

Professor of Medicine
Associate Dean for Graduate and Continuing Medical Education
Vice Chief, Division of General Internal Medicine

Daniel Bikle, MD, PhD

Professor of Medicine
San Francisco VA Medical Center

Adil Daud, MD

Professor of Medicine
Division of Hematology/Oncology

Kenneth Feingold, MD

Professor of Medicine
Division of Endocrinology and Metabolism

Monica Gandhi, MD, MPH

Professor of Medicine
Divisions of HIV/AIDS
Director, AIDS Consult Service, SFGH

Jonathan Graf, MD

Associate Professor of Medicine
Department of Rheumatology

Michelle Guy, MD

Associate Professor of Medicine
Division of General Internal Medicine

Molly Heublein, MD

Assistant Professor of Medicine
Division of General Internal Medicine

Harry Hollander, MD

Professor of Medicine and Infectious Diseases; Director, Internal Medicine Residency Training Program

Richard Jacobs, MD, PhD

Professor of Medicine
Emeritus

S. Andrew Josephson, MD

Associate Professor and Vice-Chairman, Department of Neurology; C. Castro-Franceschi and G.K. Mitchell Neurohospitalist Distinguished Professor; Director, Neurohospitalist Program

Jeffrey Kohlwes, MD, MPH

Associate Professor of Medicine
Director, PRIME Residency Program

Stephen C. Lazarus, MD

Professor of Medicine
Director, Training Program in Pulmonary & Critical Care Medicine; Associate Director, Adult Pulmonary Laboratory

COURSE FACULTY (CONT'D)

Phuoc V. Le, MD, MPH, DTM&H

Assistant Professor, Internal Medicine and Pediatrics
Division of Hospital Medicine

Lorriana E. Leard, MD

Associate Professor of Medicine
Division of Pulmonary and Critical Care Medicine; Associate Director, Pulmonary and Critical Care Medicine Fellowship

Andrew D. Leavitt, MD

Professor of Medicine
Department of Laboratory Medicine, Division of Hematology/Oncology

Jeffrey Lee, MD

Professor of Medicine
Department of Gastroenterology

Morris Levin, MD

Professor of Neurology
Director, UCSF Headache Center
UCSF Department of Neurology

Vaikom S. Mahadevan, MD, FRCP

Associate Professor of Medicine
Director, Structural and Adult Congenital Interventional Cardiology Program
William W Parmley Endowed Chair in Cardiology

Umesh Masharani, MB, BS, MRCP

Professor of Medicine
Associate Director, UCSF Diabetes Clinic

Christian Mathy, MD

Assistant Professor of Medicine
Division of Gastroenterology

Karl Meisel, MD, MA

Assistant Professor of Neurology
Director of Outpatient Stroke Clinic

Michelle Melisko, MD

Associate Professor of Medicine
Division of Hematology/Oncology

Nisha I. Parikh, MD, MPH

Assistant Professor of Medicine
Division of Cardiology

Thomas A. Ports, MD

Professor of Medicine
Chief, Interventional Cardiology

Lee Rawitscher, MD

Associate Professor of Psychiatry
San Francisco General Hospital

Hope Rugo, MD

Professor of Medicine
Director, Breast Oncology and Clinical Trial Education
UCSF Helen Diller Family Comprehensive Cancer Center

Monika Sarkar, MD, MAS

Assistant Professor of Medicine
Division of Gastroenterology, and Hepatology

COURSE FACULTY (CONT'D)

Brian S. Schwartz, MD

Associate Professor of Medicine
Division of Infectious Diseases

Eric J. Seeley, MD, FCCP

Director of Interventional Pulmonary Medicine
Assistant Professor of Medicine
Division of Pulmonary and Critical Care Medicine

Carlin Senter, MD

Assistant Professor of Medicine
Departments of Orthopaedics and Internal Medicine

Bradley A. Sharpe, MD

Associate Professor of Medicine
Division of Hospital Medicine
Associate Chief, Medical Service
Associate Program Director
Internal Medicine Residency Program

Kanade Shinkai, MD, PhD

Associate Professor
Department of Dermatology

Scott J. Steiger, MD

Assistant Professor of Clinical Medicine; Division of General Internal Medicine

John R. Teerlink, M.D., FACC,

FAHA, FESC, FRCP

Professor of Medicine
Director, Heart Failure Program, SFVAMC Director, Clinical Echocardiography, SFVAMC Section of Cardiology, San Francisco VA Medical Center

Judith M.E. Walsh, MD, MPH

Professor of Medicine
Division of General Internal Medicine; Women's Health Center of Excellence

Eric Widera, MD

Assistant Professor of Medicine
Director, Hospice & Palliative Care
San Francisco VA Medical Center

Lisa G. Winston, MD

Professor of Medicine
Division of Infectious Diseases
Vice Chief, Inpatient Medical Services and Hospital Epidemiologist, San Francisco General Hospital

Paul J. Wolters, MD

Associate Professor of Medicine
Division of Pulmonary, Critical Care, Allergy and Sleep Medicine

Ethel Wu, MD

Assistant Professor of Medicine
Division of Hospital Medicine

faculty



Advances in Internal Medicine

Monday • May 18 and June 22

7:00 am *Registration and Continental Breakfast*

8:00 **Welcome and Overview**

H. Quinny Cheng, MD

CARDIOLOGY • Moderator: Thomas A. Ports, MD

8:10 **G Advances in Heart Failure: The New Guidelines**

John R. Teerlink, MD

9:00 **Update in Interventional Cardiology for the Internist**

Vaikom S. Mahadevan, MD,

FRCP

9:50 *Break*

10:10 **Prevention of Heart Disease: The New Guidelines**

Nisha I. Parikh, MD, MPH

11:00 **Key Note Lecture**

Phuoc V. Le, MD, MPH, DTM&H

Ebola: UCSF in the Hot Zone

& Ethel Wu, MD

11:50 *Lunch on Own*

GERIATRICS • Moderator: Eric Widera, MD

1:20 pm **G Updates in Geriatrics**

Eric Widera, MD

2:20 **P Updates in Palliative Care**

Eric Widera, MD

2:50 *Break*

ENDOCRINOLOGY • Moderator: Umesh Masharani, MB, BS, MRCP

3:10 **Calcium and Vitamin D Supplementation:
Who and How Much**

Daniel Bikle, MD, PhD

4:00 **The New World of Type 2 Diabetes**

Kenneth Feingold, MD (May)
Umesh Masharani, MB, BS,
MRCP (June)

4:50 pm *Adjourn*

Tuesday • May 19 and June 23

7:00 am *Continental Breakfast*

GENERAL INTERNAL MEDICINE • Moderator: Robert B. Baron, MD, MS

8:00 **Hot Topics in Sports Medicine**

Carlin Senter, MD

8:50 **The Bariatric Surgery Patient: What the Primary
Care Provider Needs to Know**

Michelle Guy, MD

9:40 *Break*

10:00 **P Best Practices in Prescribing Opioids for Chronic
Non-Cancer Pain**

Scott J. Steiger, MD

10:50 **Updates in General Internal Medicine: Year in Review**

Jeffrey Kohlwes, MD, MPH

11:40 *Lunch on Own*

WOMEN'S HEALTH • Moderator: Robert B. Baron, MD, MS

1:10 pm **Update in Women's Health: Year in Review**

Judith M.E. Walsh, MD, MPH

2:00 **G Current Strategies in Urinary Incontinence**

Molly Heublein, MD

2:50 *Break*

3:10 **Update in Hospital Medicine**

Bradley A. Sharpe, MD

4:00 **Preoperative Cardiac Evaluation: New Guidelines**

H. Quinny Cheng, MD

4:50 pm *Adjourn*

G - Satisfies the California requirement for Geriatric CME

P - Satisfies the California requirement for Pain CME

Hilton San Francisco Financial District (May)
UCSF Parnassus Campus, Cole Hall (June)
San Francisco, CA



Wednesday • May 20 and June 24

7:00 am *Continental Breakfast*

INFECTIOUS DISEASES • Moderator: Lisa G. Winston, MD

8:00	Cutaneous Infections	Kanade Shinkai, MD, PhD
8:50	Current Management of Urinary Tract Infections	Brian S. Schwartz, MD
9:40	<i>Break</i>	
10:00	Updates in the Fast Moving Field of HIV	Monica Gandhi, MD, MPH
10:50	Instructive I.D. Cases	Richard Jacobs, MD, PhD
11:40	<i>Lunch on Own</i>	
1:10 pm	Internal Medicine Quiz Show (May) Clinical Problem Solving (June)	H. Quinny Cheng, MD (May) Harry Hollander, MD (June)

GASTROENTEROLOGY • Moderator: Christian Mathy, MD

2:00	P Heartburn and Barrett's Esophagus	Christian Mathy, MD
2:50	<i>Break</i>	
3:10	Updates on Colorectal Cancer Screening	Jeffrey Lee, MD
4:00	Updates on Non-Alcoholic Fatty Liver Disease	Monika Sarkar, MD, MAS
4:50 pm	<i>Adjourn</i>	

Thursday • May 21 and June 25

7:00 am *Continental Breakfast*

HEMATOLOGY AND ONCOLOGY • Moderator: Hope Rugo, MD

8:00	Hemostasis and Thrombosis for Primary Care Providers: An Update	Andrew D. Leavitt, MD
8:50	Melanoma: Update and Review	Adil Daud, MD
9:40	<i>Break</i>	
10:00	Cancer Survivorship for the Primary Care Provider	Michelle Melisko, MD
10:50	Clinical Problem Solving (May) Internal Medicine Quiz Show (June)	Harry Hollander, MD (May) H. Quinny Cheng, MD (May)
11:40	<i>Lunch on Own</i>	

NEUROLOGY • Moderator: S. Andrew Josephson, MD

1:10 pm	P Update on Headache Management 2015	Morris Levin, MD
2:00	G Diagnosis and Treatment of Stroke Update 2015	Karl Meisel, MD
2:50	<i>Break</i>	

RHEUMATOLOGY • Moderator: Jonathan Graf, MD

3:10	Vasculitis for the Internist	Jonathan Graf, MD
4:00	P Updates on Management of Gout	Jonathan Graf, MD
4:50 pm	<i>Adjourn</i>	

Friday • May 22 and June 26

7:00 am *Continental Breakfast*

PULMONARY AND CRITICAL CARE • Moderator: Lorianna E. Leard, MD

8:00	Update on Asthma and COPD	Stephen C. Lazarus, MD
8:50	Update in Interstitial Lung Disease	Paul J. Wolters, MD
9:40	<i>Break</i>	
10:00	Interventional Pulmonology	Eric Seeley, MD
10:50	Medical Considerations with Psychiatric Treatment	Lee Rawitscher, MD
11:40 am	<i>Adjourn</i>	

G - Satisfies the California requirement for Geriatric CME

P - Satisfies the California requirement for Pain CME

program

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **30.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include **5.75** geriatric credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Pain Management and Care for the Terminally Ill: The approved credits shown above include **3.75** *AMA PRA Category 1 Credits™* towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally Ill.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Physician Assistants: AAPA accepts category 1 credit from AOACCE, Prescribed credit from AAFP, and AMA category 1 credit for the PRA for organizations accredited by the ACCME.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

general info

GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course.

REGISTRATION INFORMATION

Tuition: **\$950** Practicing Physicians
\$750 Allied Health Professionals/
Residents/Fellows

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:

UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a **\$75** administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

The **May Session** of this conference will take place at the **Hilton San Francisco Financial District**. Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$239/night** for the May session. You are urged to make your reservations early. The cut-off date is **April 27, 2015**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to www.cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call 1-800-424-8292, please identify yourself as a member of this UCSF conference to receive the special rate.

The **June Session** is being held at Cole Hall on the UCSF Parnassus Campus at 513 Parnassus Avenue. Our preferred location for room reservations is the Stanyan Park Hotel, conveniently located at 750 Stanyan Street (cross street: Waller). The Stanyan Park Hotel is offering a starting rate of **\$179/night**. Additional upgraded room rates are available. To make your reservation, call **415-751-1000**.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION AND RENTAL CAR

UCSF has negotiated special fares with United Airlines and Hertz Car Rental. Please visit the TRAVEL AND LODGING section on the course webpage at www.cme.ucsf.edu for more information and the proper discount codes.



0569
University of California,
San Francisco
Office of Continuing
Medical Education
UCSF Box 0742
San Francisco, CA
94143-0742



For more information
or to register online
visit our website at
www.cme.ucsf.edu.
You may also reach
us by contacting the
Office of CME at
(415) 476-4251 or
emailing
info@ocme.ucsf.edu.

Upcoming CME Courses

Critical Care Medicine and Trauma

May 8-9, 2015
San Francisco, CA

Essentials of Women's Health: An Integrated Approach to Primary Care and Office Gynecology

July 5-10, 2015
Big Island, HI

Internal Medicine Board Certification and Recertification Review

July 7-11, 2015
San Francisco, CA

Essentials of Primary Care: A Core Curriculum for Ambulatory Practice

August/July 5-10, 2015
North Lake Tahoe, CA

Primary Care Medicine: Principles and Practices

October 8-10, 2015
San Francisco, CA

Management of the Hospitalized Patient

October 15-17, 2015
San Francisco, CA

Primary Care Sports Medicine

December 10-11, 2015
San Francisco, CA

Controversies in Women's Health

December 11-12, 2015
San Francisco, CA

43rd ANNUAL ADVANCES IN INTERNAL MEDICINE

May 18-22, 2015
Hilton San Francisco Financial District

MDM15M19

June 22-26, 2015
UCSF Parnassus Campus, Cole Hall

MDM15M20

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name	First	M.I.	
Degree			Specialty
Address			
City	State	Zip	
Daytime Phone		Fax	
Email			

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs: _____

Registration Fees

- ☐ **\$950** Practicing Physicians
- ☐ **\$750** Allied Health Professionals/Residents/Fellows/Nurses
Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Course (Select One):

- ☐ **May 18-22, 2015** MDM15M19 – Hilton San Francisco Financial District • San Francisco, CA
- ☐ **June 22-26, 2015** MDM15M20 – UCSF Parnassus Campus, Cole Hall • San Francisco, CA

Make checks payable to **UC Regents**

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

Card #	Expiration date
Name on Card (Please Print)	Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: **www.cme.ucsf.edu**

May 18-22, 2015

Hilton San Francisco Financial District
750 Kearny St
San Francisco, CA 94108
(415) 433-6600

June 22-26, 2015

UCSF Parnassus Campus • Cole Hall
513 Parnassus Avenue
San Francisco, CA 94122