



Join us for our inaugural
Hot Topics
IN PEDIATRICS

July 15-18, 2015

Disney's BoardWalk Resort at *Walt Disney World*® Resort
Lake Buena Vista, Florida

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



©2015. The Nemours Foundation. © Nemours is a registered trademark of The Nemours Foundation. 03432.

Nemours
Children's Health System

This inaugural *Hot Topics in Pediatrics* conference, held July 15-18, 2015 at Disney's BoardWalk Resort in the *Walt Disney World*® Resort in Lake Buena Vista, Fla., will feature national leaders in the field of pediatrics discussing some of the hottest and most controversial topics for providers caring for children, with a focus on the primary care setting. From controversies to hands-on educational offerings, *Hot Topics in Pediatrics* will help you to stay current with the important issues of our times and implement strategies for practice change.

Topics including concussion diagnosis and management, routine EKG screening for high school athletes, antimicrobial stewardship, anxiety, depression and sublingual/oral immunotherapy (and many more), will be offered as brief (20-30 minute) presentations by a topic expert, with plenty of time for one-to-one discussion with speakers.

You will have the opportunity to take a comprehensive baseline concussion test yourself, including IMPACT, and leave better able to interpret the results of the tests for your patients.

The conference includes a day focused on quality improvement in the primary care practice, which was developed in collaboration with The Council on Quality Improvement and Patient Safety (COQIPS) of the American Academy of Pediatrics. You will enhance your ability to identify a project within your practice, and your ability to hone the quality improvement (QI) skills of the other members of your team. This new skill set will allow you to design and implement your own quality improvement projects, enabling you to fulfill the requirements for Maintenance of Certification.

A conference has never been so much fun. Staying at the *Walt Disney World*® Resort gives you plenty of time to learn, relax and enjoy theme park fun in sunny Florida with your family and friends.

We hope that you will be able to join us for our first *Hot Topics in Pediatrics* conference.

Jay S. Greenspan, MD
James A. Stockman III, MD

Objectives

At the conclusion of this program, participants should be able to:

- Implement evidence-based practices for developing a differential diagnosis for, assessing and managing clinical issues that occur in the primary care office.
- Assess adolescents for depression and other suicide risk factors using a screening tool.
- Diagnose and assess sports injuries.
- Counsel patients and families on appropriate and available concussion guidelines/treatment.
- Counsel patients and families on next steps when gene sequencing tests identify carrier status for genetic diseases and increased likelihood for adult onset of various diseases that may not have an immediate impact on the patient's health.
- Implement prescribing strategies that support antibiotic stewardship.
- Implement patient supplement recommendations based on appropriate clinical indications.
- Participate in and lead quality improvement projects at their practice.



©Disney

CONFERENCE SCHEDULE

HOT TOPICS IN PEDIATRICS

Wednesday, July 15

- 7 a.m. Continental Breakfast/Registration
- 7:45 a.m. Introduction
- 8 a.m. Moving Forward on a National Agenda for Children
Sandra G. Hassink, MD, FAAP

PEARLS IN CLINICAL CARE *Moderator: Robert S. Walter, MD, FAAP*

- 8:45 a.m. Evaluating and Managing Concussion in the Pediatric Office: We Can (and Must) Do It!
Gerard A. Gioia, PhD
- 9:20 a.m. To EKG or Not to EKG, That Is the Question...
Frank A. Fish, MD
- 9:50 a.m. Beyond "Dr. Google" — Smartphone and Web Apps for the Pediatrician
Nemishh Mehta, MD, FAA
- 10:20 a.m. Q & A/Pearls and Predictions
- 10:45 a.m. Break/Exhibits

BEHAVIORAL HEALTH *Moderator: Elise M. Fallucco, MD*

- 11 a.m. Genetic and Environmental Influences on Developmental Psychopathology and Wellness: The Vermont Family Based Approach — *James J. Hudziak, MD*
- 11:40 a.m. Adolescent Depression: Screening, Assessment and Treatment
Elise M. Fallucco, MD
- 12:20 p.m. Not to Worry: Strategies for Identifying and Managing Anxiety in Primary Care
Peggy Greco, PhD
- 12:40 p.m. Q & A/Pearls and Predictions
- 1 p.m. Adjourn

Thursday, July 16

- 7 a.m. Continental Breakfast

GREEN (OR ROTTEN?) APPLES *Moderator: Pam H. Arn, MD*

- 7:30 a.m. Structural Correlates of Brain Development and Behavior in Typically Developing Youth: Size Does Matter! *James J. Hudziak, MD*
- 8 a.m. Pediatric Genomic Medicine
Carol Saunders, PhD, FACMG
- 8:30 a.m. GER: Are We Over Treating and Should We Stop?
Rachel Rosen, MD, MPH
- 9 a.m. Q & A/Pearls and Predictions
- 9:40 a.m. Break/Exhibits

INFECTIOUS DISEASES *Moderator: Iman Sharif, MD, MPH*

- 9:55 a.m. Introduction of Speakers
- 10:05 a.m. UTI — To Prophylax or Not to Prophylax
Alejandro Hoberman, MD
- 10:30 a.m. Infectious Potpourri
Eugene D. Shapiro, MD
- 10:55 a.m. Antimicrobial Stewardship: Managing Friendly Fire in the War on Bugs
Adam Hersh, MD, PhD
- 11:20 a.m. Oh Titus Medium
Alejandro Hoberman, MD
- 11:40 a.m. Q & A/Pearls and Predictions

CONCURRENT SESSION A

- noon A, O, NO, or Oh NO!
Alejandro Hoberman, MD
- 12:30 p.m. Abdominal Pain: Is It All in Your Head?
Rachel Rosen, MD, MPH

CONCURRENT SESSION B

- noon Office Procedures — *Shiva Kalidindi, MD, MPH MS(Ed.); Earl Fowler, RN, BSN; Michael E. Kirk, EMTP; Thomas Lacy, MD*
- 1 p.m. Adjourn

Friday, July 17

- 7 a.m. Registration/Continental Breakfast

GREEN (OR ROTTEN?) APPLES *Moderator: J. Carlton Gartner, Jr., MD*

- 7:30 a.m. What Do We Know About the Efficacy and Safety of Dietary Supplements?
Donald M. Marcus, MD
- 8 a.m. Chronic Lyme Disease: What Is it and How to Manage it?
Eugene D. Shapiro, MD
- 8:30 a.m. Systemic Allergic Reactions in Children; Diagnosis, Treatment and Prevention
Richard F. Lockey, MD
- 9 a.m. Q & A/Pearls and Predictions
- 9:40 a.m. Break/Exhibits

CLINICAL CHALLENGES *Moderator: Robert S. Walter, MD, FAAP*

- 9:55 a.m. The Care of Gender Non-Conforming Patients From Children to Young Adults
Robert Garofalo, MD, MPH
- 10:30 a.m. The ABCs of Prescribing OCPs in the Office
Enitan Adegite, MD, MPH
- 11 a.m. Sublingual/Oral Immunotherapy
Richard F. Lockey, MD
- 11:30 a.m. Q & A/Pearls and Predictions

CONCURRENT SESSION A

- noon The Hazards of Chiropractic Care
Donald M. Marcus, MD
- 12:30 p.m. Maximizing Neuroplasticity in Neurodevelopmental Disabilities
Karen Pape, MD, FRCPC

CONCURRENT SESSION B

- noon Office Procedures — *Shiva Kalidindi, MD, MPH, MS(Ed.); Earl Fowler, RN, BSN; Michael E. Kirk, EMTP; Thomas Lacy, MD*
- 1 p.m. Adjourn

Saturday, July 18 "Quality Day"

- 7 a.m. Registration/Continental Breakfast
- 7:30 a.m. The PDSA Cycle
Patoula G. Panagos, MD
- 8:15 a.m. Change Management
Steven Kairys, MD, MPH
- 9 a.m. How to Identify Potential QI Projects Within Your Practice
Thomas McInerney, MD, FAAP
- 9:45 a.m. Break (and hotel checkout)
- 10:15 a.m. QI for the Pediatrician — What's in Your Toolbox? Part 1
Wayne H. Franklin, MD, MPH, MMM
- 11 a.m. QI for the Pediatrician — What's in Your Toolbox? Part 2
Stephen A. Pearlman, MD, MSHQS
- 11:45 a.m. Panel Discussion
- 12:30 p.m. Adjourn

COMPREHENSIVE BASELINE CONCUSSION TESTING: How would you do? — Tim Duer, PT, MS, CSCS, SCS

Take part in ImPACT and BESS tests, get your results, and leave better able to interpret the results of a comprehensive baseline concussion test for your patients.

This opportunity will be offered concurrently with the general and concurrent sessions, Wednesday, July 15 through Friday, July 17. No preregistration required.

Hot Topics in Pediatrics Faculty

PROGRAM CHAIRS

Jay S. Greenspan, MD

Robert Brent Professor and Chairman
Department of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University/Nemours
Pediatrician-in-Chief
Nemours/Alfred I. duPont Hospital for Children
Wilmington, Del.

James A. Stockman III, MD

Clinical Professor of Pediatrics
Duke University Medical Center
Durham, N.C.

KEYNOTE SPEAKER

Sandra G. Hassink, MD, FAAP

President Elect AAP
Associate Professor of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University
Emeritus Faculty
Nemours/Alfred I. duPont Hospital for Children
Wilmington, Del.

FACULTY

Enitan Adegite, MD, MPH

Assistant Professor of Pediatrics
Drexel University College of Medicine
Attending Physician, Division of Adolescent Medicine
St. Christopher's Hospital for Children
Philadelphia, Pa.

Tim Duer, PT, MS, CSCS, SCS

Senior Physical Therapist
Supervisor, Center for Sports Medicine
Nemours/Alfred I. duPont Hospital for Children
Wilmington, Del.

Elise M. Fallucco, MD

Assistant Professor of Psychiatry
University of Florida – Jacksonville
Co-Chair, Nemours Florida Education Committee
Physician Scientist
Nemours Center for Health Care Delivery Science
Jacksonville, Fla.

Frank A. Fish, MD

Professor of Pediatrics
Associate Professor of Medicine
Director, Pediatric and Adult Congenital
Electrophysiology
Vanderbilt University Medical Center
Nashville, Tenn.

Earl Fowler, RN, BSN

Nurse Manager
Emergency Services
Nemours Children's Hospital
Orlando, Fla.

Robert Garofalo, MD, MPH

Professor of Pediatrics & Preventive Medicine
Northwestern University's Feinberg School of Medicine
Division Head, Adolescent Medicine
Ann & Robert H. Lurie Children's Hospital
Chicago, Ill.

Gerard A. Gioia, PhD

Chief, Division of Pediatric Neuropsychology
Director, Safe Concussion Outcome, Recovery &
Education (SCORE) Program
Children's National Health System
Professor, Depts. of Pediatrics and Psychiatry
George Washington University School of Medicine
Washington, D.C.

Peggy Greco, PhD

Assistant Professor of Psychology
Mayo College of Medicine
Licensed Clinical Child Psychologist
Division of Psychology and Psychiatry
Service Excellence Clinician Coach
Nemours Children's Clinic
Jacksonville, Fla.

Adam Hersh, MD, PhD

Assistant Professor
Pediatric Infectious Diseases
University of Utah
Salt Lake City, Utah

Alejandro Hoberman, MD

Chief, Division of General Academic Pediatrics
Professor of Pediatrics and Clinical and
Translational Medicine
Jack L. Paradise Professor of Pediatric Research
Vice Chair for Clinical Research
Children's Hospital of Pittsburgh
Pittsburgh, Pa.

James J. Hudziak, MD

Professor, Departments of Psychiatry,
Medicine & Pediatrics
Thomas M. Achenbach Chair in
Developmental Psychopathology
Director, Vermont Center for Children, Youth
& Families and Child and Adolescent Psychiatry
Fletcher Allen Health Care
University of Vermont College of Medicine
Professor, Erasmus University
Sophia Children's Hospital
Rotterdam, The Netherlands
Adjunct Professor, Child Psychiatry
Washington University
St. Louis, Mo.
Adjunct Professor, Child Psychiatry
Dartmouth School of Medicine
Hanover, N.H.

Shiva Kalidindi, MD, MPH, MS(Ed.)

Assistant Professor of Pediatrics
University of Central Florida
Medical Director
Nemours Institute for Clinical Excellence-Florida
Associate Director-Education
Pediatric Emergency Medicine
Nemours Children's Hospital
Orlando, Fla.

Michael E. Kirk, EMTP

Medical Simulation Specialist
Nemours Institute for Clinical Excellence-Florida
Emergency Logistics Technician
Clinical Logistics Center/Emergency
Department
Nemours Children's Hospital
Orlando, Fla.

Thomas Lacy, MD

Associate Professor of Pediatrics
University of Florida College of Medicine
Medical Director
Nemours Children's Primary Care
Orlando, Fla.

Richard F. Lockey, MD

Distinguished University Health Professor
Professor of Medicine, Pediatrics &
Public Health
Director, Division of Allergy & Immunology
Joy McCann Culverhouse Chair in
Allergy & Immunology
University of South Florida College of
Medicine
Tampa, Fla.

Donald M. Marcus, MD

Professor of Medicine and Immunology,
Emeritus
Baylor College of Medicine
Houston, Texas

Nemishh Mehta, MD, FAAP

Bear Internal Medicine and Pediatrics
Newark, Del.

Karen Pape, MD, FRCPC

Author
Emeritus Associate Professor of Pediatrics
University of Toronto
Toronto, Canada

Rachel Rosen, MD, MPH

Assistant Professor of Pediatrics
Harvard Medical School
Director, Aerodigestive Center
Boston Children's Hospital
Boston, Mass.

Carol Saunders, PhD, FACMG

Clinical Director
Center for Pediatric Genomic Medicine
Children's Mercy Hospital
Kansas City, Mo.

Eugene D. Shapiro, MD

Professor of Pediatrics, of Epidemiology of
Microbial Diseases and of Investigative
Medicine
Co-Director of Education
Yale Center for Clinical Investigation
Yale University
New Haven, Conn.

MODERATORS

Pamela H. Arn, MD

Operational Vice President-Education
Nemours
Chief, Division of Genetics
Nemours Children's Clinic
Editor, PedsUniversity.org
Jacksonville, Fla.

Elise M. Fallucco, MD

Assistant Professor of Psychiatry
University of Florida – Jacksonville
Co-Chair, Nemours Florida Education Committee
Physician Scientist
Nemours Center for Health Care Delivery Science
Jacksonville, Fla.

J. Carlton Gartner, Jr., MD

Professor of Pediatrics
Vice-Chairman of Pediatrics, Emeritus
Sidney Kimmel Medical College at
Thomas Jefferson University
Director of Pediatrics, Emeritus
Nemours/Alfred I. duPont Hospital for Children
Wilmington, Del.

Iman Sharif, MD, MPH

Professor of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University
Chief, Division of General Pediatrics
Nemours/Alfred I. duPont Hospital for Children
Wilmington, Del.

Robert S. Walter, MD, FAAP

Clinical Associate Professor of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University
Community Pediatrician
Wilmington, Del.

QUALITY DAY PROGRAM CHAIRS

Wayne H. Franklin, MD, MPH, MMM

President/CEO SafeCG
Chair, Council on Quality Improvement
and Patient Safety
American Academy of Pediatrics

Stephen A. Pearlman, MD, MSHQS

Clinical Professor of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University
Director, Neonatal QI
Christiana Care Health System
Newark, Del.

FACULTY

Wayne H. Franklin, MD, MPH, MMM

President/CEO SafeCG
Chair, Council on Quality Improvement
and Patient Safety
American Academy of Pediatrics

Steven Kairys, MD, MPH

Medical Director
American Academy of Pediatrics Quality
Improvement and Innovation Networks
(QuINN)
Chairman of Pediatrics
Jersey Shore University Medical Center
Neptune Township, N.J.

Thomas McInerney, MD, FAAP

AAP Past President
Professor Emeritus
Department of Pediatrics
University of Rochester School of Medicine
Rochester, N.Y.

Patoula G. Panagos, MD

Clinical Assistant Professor of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University
Neonatologist
Nemours/Alfred I. duPont Hospital for
Children/Thomas Jefferson University
Hospital
Wilmington, Del.

Stephen A. Pearlman, MD, MSHQS

Clinical Professor of Pediatrics
Sidney Kimmel Medical College at
Thomas Jefferson University
Director, Neonatal QI
Christiana Care Health System
Newark, Del.

©Disney

©Disney

©Disney



GENERAL INFORMATION

Accreditation

Nemours is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nemours designates this live activity for a maximum of 20.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This 20.0 contact hour education offering is approved by the Florida State Board of Nursing, Provider 50-1428.

Educational Grants

This course may be supported in part by unrestricted educational grants in accordance with ACCME Standards. At the time of this printing, a list of commercial supporters was not available. Appropriate acknowledgement will be given to all exhibitors and supporters in conference materials and at the time of the meeting.

Disclosure Policy

As a provider accredited by the ACCME, Nemours must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty involved in the development of CME content are required to disclose to Nemours their relevant financial relationships. An individual has a relevant financial relationship if he/she has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control. Nemours has policies in place to resolve potential financial conflicts of interest. Relevant financial relationships will be disclosed to the activity audience.

Americans with Disabilities Act

In accordance with the Americans with Disabilities Act, the Nemours/Alfred I. duPont Hospital for Children will provide modifications in teaching methodologies to accommodate individual needs. To request disability accommodations, contact the Office of Continuing Medical Education at least 15 days in advance of the program at (302) 651-6750.

Registration

Advance registration is required and should be received by July 1. All registrations received by this date will be confirmed by mail.

Fees

The conference registration fee is \$600 for physicians, \$500 for nurses and allied health professionals and \$295 for students and residents with a letter from their program director. This fee includes all course materials, continental breakfast and refreshments at breaks.

Refunds

A refund less a \$100 processing fee will be given for WRITTEN cancellations received before July 1. No refunds will be given after this date. The hospital is not responsible for any cancellation or change fees assessed by hotels, airlines or travel agencies.



Hotel Information

A block of rooms has been reserved at Disney's BoardWalk Resort at the *Walt Disney World®* Resort, which embodies the charming atmosphere of a 1940s mid-Atlantic seaside village.

- *within walking distance of Disney's Hollywood Studios® and Epcot®*
- *bustling boardwalk nightclubs, restaurants and shops are right outside your front door*
- *beautifully appointed rooms and incredible swimming pools highlight this luxury hotel experience*
- *complimentary scheduled transportation to all Walt DisneyWorld® Resort theme parks*
- *complimentary luggage service directly from the airplane to your hotel room*

Single or double rooms are available at the conference rate of \$199 per night (plus tax.) Hotel reservations must be made through the *Walt Disney World®* Resort, (407) 939-4686. Please mention the Nemours/Alfred I. duPont Hospital for Children and the name of the conference (*Hot Topics in Pediatrics*) to obtain the group discount.

The deadline for hotel reservations is June 2. However, the hotel may fill well before the deadline, so please reserve early. (If you prefer to reserve a room at a different *Walt Disney World®* Resort hotel, you can also do that through the phone number above.)

Discount Disney Tickets

Information on specially priced tickets to the *Walt Disney World®* theme parks will be emailed upon registration.

Transportation

Disney's Magical Express® transportation, a complimentary shuttle and luggage delivery service, will take you from the airport directly to your *Walt Disney World®* Resort hotel. Please call (407) 827-6777 to book your *Disney's Magical Express®* transportation reservation.

To ensure seamless service, please make your *Disney's Magical Express®* transportation reservation at least 30 days in advance of your arrival date.

For More Information

Contact Karen Bidus, Nemours/Alfred I. duPont Hospital for Children, Office of Continuing Medical Education | Phone (302) 651-6752 | email karen.bidus@nemours.org.

REGISTRATION FORM

Hot Topics in Pediatrics July 15-18

REGISTRATION DEADLINE: July 1

Nemours®

Children's Health System

Register with credit card online at www.PedsUniversity.org.

Name: _____

Title/Degree: _____

Name as it should appear on your name badge: _____

Employer/Practice: _____

Address: _____

City: _____

State: _____ Zip: _____ Phone: _____

Email: _____

Nemours Employees Only: Lawson ID# _____

Thursday, July 16 Concurrent Sessions: Please number in order of preference

_____ **Session A: A, O, NO, or Oh NO! and Abdominal Pain: Is It All in Your Head?**

_____ **Session B: Office Procedures** — Limited to 32 participants.

This hands-on training will focus on common/interesting office procedures and emergencies, using task trainers and low and high fidelity simulators.

Friday, July 17 Concurrent Sessions: Please number in order of preference

_____ **Session A: The Hazards of Chiropractic Care and Maximizing Neuroplasticity in Neurodevelopmental Disabilities.**

_____ **Session B: Office Procedures** — Limited to 32 participants.

This hands-on training will focus on common/interesting office procedures and emergencies, using task trainers and low and high fidelity simulators.

FEES: Full payment is due with registration

\$600 for physicians | \$500 for allied health professionals | \$295 for students and residents with letter from program director

METHODS OF PAYMENT:

Register online with a credit card at www.PedsUniversity.org.
(MasterCard, VISA, American Express, or Discover Card)

OR

Enclosed is my check for \$_____ payable to the Nemours/
Alfred I. duPont Hospital for Children.

Please include name of registrant on the memo line of the check.

Send check and completed registration form to:

Nemours/Alfred I. duPont Hospital for Children

Attn: Office of Continuing Medical Education

PO Box 269, Wilmington, DE 19899