



37TH ANNUAL CONFERENCE

Common Childhood Problems

*For the Practitioner
Who Cares for Children*

Learning Objectives:

- Review common issues specific to the adolescent patient.
- Discuss evidence based treatment options for the management of common adolescent health issues.
- Identify when referral to an adolescent specialist is recommended.

Sponsored by:

University of Missouri
School of Medicine
Department of Child
Health

University of Missouri
Sinclair School
of Nursing

Children's Hospital
Mid-Missouri AHEC
University of Missouri
Extension

Adolescent Medicine

May 15-16, 2015

Women's & Children's Hospital Pavilion Conference Center • Columbia, MO

PROGRAM

Friday – May 15, 2015

AM

- 8:00 Registration and Continental Breakfast
- 8:50 Introduction, Welcome, Announcements
- 9:00 **Hot Topics: Cyber Safety, Piercings/ Tattoos and Teen Driving**
Aneesh Tosh, MD, MS, Associate Professor, University of Missouri School of Medicine, Department of Child Health, Columbia, MO
- 9:40 Q & A
- 9:50 **Adolescent Menstrual Disorders**
Melissa Lawson, MD, Associate Professor, University of Missouri School of Medicine, Department of Child Health, Columbia, MO
- 10:30 Q & A
- 10:40 BREAK
- 11:00 **ADHD Update**
Laine Young-Walker, MD, Associate Professor, University of Missouri School of Medicine, Department of Psychiatry, Columbia, MO
- 11:40 Q & A
- 11:50 BREAK

PM

- 12:00 LUNCH
12:30 - 12:45
Update from MO Chapter AAP -
Sandy McKay, MD, President, MO
Chapter AAP

- 1:00 **Common Mental Health Issues in Adolescents**
Sarah Garwood, MD, Assistant Professor of Pediatrics, Washington University School of Medicine, St. Louis, MO
- 1:40 Q & A
- 1:50 **Eating Disorders**
Paul Robinson, MD, Associate Clinical Professor, Florida State University College of Medicine, Tallahassee Memorial Health Care, Tallahassee, FL
- 2:30 Q & A
- 2:40 BREAK
- 3:00 **Adolescent Sports Medicine Update**
Aaron Gray, MD, Assistant Professor, University of Missouri School of Medicine, Department of Family and Community Medicine and Department of Orthopedics, Columbia, MO
- 3:40 Q & A
- 3:50 WRAP UP
- 4:00 **OPTIONAL WORKSHOP: Motivational Interviewing**
Facilitator/Speaker: Dan Vinson, MD, Professor Emeritus, University of Missouri School of Medicine, Department of Family and Community Medicine and Bruce Horwitz, PhD, Research Assistant Professor, University of Missouri School of Medicine, Department of Psychiatry

Saturday May 16, 2015

AM

- 7:00 Breakfast and conference check in
- 8:00 **Substance Abuse**
Paul Robinson, MD
- 8:40 Q & A



- 8:50 **Acne**
Jon A. Dyer, MD, Associate
Professor of Dermatology,
University of Missouri School of
Medicine, Department of
Dermatology, Columbia, MO
- 9:30 **Q & A**
- 9:40 **BREAK**
- 9:50 **Care of the Sexual and Gender
Minority Patients**
Ken Haller, MD, Associate Professor
of Pediatrics, Saint Louis University
School of Medicine, Department of
Pediatrics, SSM Cardinal Glennon
Children's Medical Center, St. Louis,
MO
- 10:30 **Q & A**
- 10:40 **Adolescent Wellness: Sleep/
Nutrition/Fitness/Immunizations**
Stephen Keithahn, MD, Assistant
Professor, University of Missouri
School of Medicine, Department of
Internal Medicine and Pediatrics,
Columbia, MO
- 11:20 **Q & A**
- 11:30 **LUNCH**
- PM**
- 12:30 **Contraception**
Shauna Hess, RNC, MSN, WHNP-BC,
Department of Obstetrics and
Gynecology, University of Missouri
School of Medicine, Columbia, MO
- 1:10 **Q & A**
- 1:20 **Update on Sexually Transmitted
Infections in Adolescents**
Aneesh Tosh, MD, MS, Associate
Professor, University of Missouri
School of Medicine, Department of
Child Health, Columbia, MO
- 2:00 **Q & A**
- 2:10 **WRAP UP**
- 2:20 **ADJOURN**

IMPORTANT INFORMATION

ACCREDITATION:

The Office of Continuing Education, School of Medicine, University of Missouri is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Education, School of Medicine, University of Missouri designates this live educational activity for a maximum of 11.25 AMA PRA Category 1 Credits™ (up to 6.25 credits for Friday, May 15 [includes one credit for the optional workshop], and up to 5.0 for Saturday, May 16). Physicians should only claim credit commensurate with the extent of their participation in the activity.

University of Missouri, Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Midwest Multistate Division Approval Number 716-VII.

Up to 11.57 Contact Hours (up to 6.41 credits for Friday, May 15 [includes one credit for the optional workshop], and up to 5.16 for Saturday, May 16) will be awarded.

REGISTRATION INFORMATION:

To register, please complete and return the registration form with payment to the Continuing Medical Education office address listed at the bottom of the registration form. You may also register by FAXing your registration form to the CME office at 573/882-5666 or by completing an online registration at <http://medicine.missouri.edu/cme/2015ccp>. A registration form is also included on our website. One day registration fees are available upon request.

PAYMENT METHODS:

Fees may be paid by cash, check, or any major credit card (Discover, MasterCard, Visa or American Express). The check should be made payable to the University of Missouri. To pay by credit card, please fill out the appropriate section of the registration form and sign where indicated or register on line at <http://medicine.missouri.edu/cme/2015ccp>.

LOCATION:

The conference will be held at the Women's and Children's Hospital Health Pavilion Conference Center, located at 404 Keene Street, Columbia, Missouri 65201. Please visit the CME website at <http://medicine.missouri.edu/cme/2015ccp> for a detailed map containing conference and lodging location.

PARKING:

Complimentary parking is available at the Conference Center.

LODGING:

Guest rooms have been reserved for May 14 and 15, 2015, at the Wingate by Wyndham hotel, located at 3101 Wingate Court, Columbia, Missouri 65201 (across the street from the Women's & Children's Hospital); phone 573-817-0500. Nightly rate is \$109.00 plus tax. Reservations made after April 30, 2015, will be provided on a space available basis only. Please specify group block code "CCPC" when making reservations. Please note that this weekend is MU graduation weekend and hotel rooms are limited, so please make your reservations early.

SUBSTITUTION /CANCELLATION REFUND POLICY:

A full refund of fees less a \$25.00 administrative fee will be made if notice of cancellation is received, in writing, by Friday, May 8, 2015. A \$50.00 administrative fee will be assessed for any cancellations received after Friday, May 8, 2015, and until Wednesday, May 13, 2015. No refunds will be made after May 14, 2015.

CONFERENCE CHAIR:

Nathan Beucke, MD, Associate Professor,
University of Missouri School of Medicine,
Department of Child Health

PLANNING COMMITTEE:

- Shirley J Farrah, PhD, MSN, RN-BC, Assistant
Dean, Nursing Outreach, University of Missouri
Sinclair School of Nursing
- Timothy J Fete, MD, MPH, Chair and Clinical
Professor, University of Missouri School of
Medicine, Department of Child Health
- Kristin Koehn, MD, Associate Professor, University
of Missouri School of Medicine, Department of
Child Health
- Laura Kuensting, DNP, APRN, PCNS-BC, CPNP,
CPEN, Professor, University of Missouri Sinclair
School of Nursing
- Melissa Lawson, MD, Associate Professor, University
of Missouri School of Medicine, Department of
Child Health
- Tammy Rood, MSN, CPNP-PC, AE-C, Pediatric
Nurse Practitioner, University of Missouri Health
Care
- Scott Stever, Department Administrator and Senior
Practice Manager, University of Missouri School
of Medicine, Department of Child Health
- Julie Stuppy, MD, Resident Physician, University
of Missouri School of Medicine, Department of
Child Health
- Aneesh Tosh, MD, MS, FAAP, Associate Professor
of Clinical Child Health, University of Missouri
School of Medicine, Department of Adolescent
Child Health
- Shirley Walters, Continuing Education
Coordinator, University of Missouri School of
Medicine, Office of Rural Health Programs