

INTERNATIONAL LACTATION CONSULTANT ASSOCIATION®

2015 Conference & Annual Meeting

LEADERSHIP IN LACTATION:

30 YEARS
AND MOVING ■■■■■■■■
■■■■■■■■■■ **FORWARD**



PRELIMINARY PROGRAM & REGISTRATION

WASHINGTON MARRIOTT
WARDMAN PARK

WASHINGTON, DC, USA
22 - 25 JULY 2015



Leadership

30 YEARS OF LEADERSHIP FOR THE IBCLC



FORTY YEARS AGO,

breastfeeding rates around the world were declining quickly. Breastmilk substitutes were successfully marketed as symbols of modern, scientific parenting. Families throughout the world were desperate for breastfeeding knowledge and support. The need for standardized, specialized breastfeeding care was starkly apparent.

In the 10 years that followed, healthcare workers, physicians, and breastfeeding volunteers began organizing to meet this need. In 1985, they formed a profession of International Board Certified Lactation Consultants® (IBCLCs®), supported by a professional association, the International Lactation Consultant Association® (ILCA®), and a credentialing organization, the International Board of Lactation Consultant Examiners® (IBLCE®). Sixty pioneering experts joined together to develop the standards, competencies, and scope of practice. The first credentialing exams were offered in Washington, DC and Melbourne, Australia in 1985 to 259 groundbreaking candidates.

Today, there are over 27,000 IBCLCs in 101 countries working together to:

- Significantly improve breastfeeding outcomes, which directly impact global health.
- Reduce healthcare costs, which allow for increased continuity of care and greater access for breastfeeding families.
- Change policy and cultural norms so that everyone can breastfeed in a way that meets their family's needs.

ILCA has been essential and foundational to the IBCLC profession from its inception. As the profession matures, ILCA has committed to breaking down barriers to entry to the field for people of non-dominant cultures. As an international leader, ILCA is forging partnerships around the globe to simultaneously advance the profession and amplify a common voice on the world stage. ILCA's global outreach extends to emerging communities by fostering developing organizations at the local and regional levels. ILCA serves as the catalyst for these aspiring organizations that they too may help grow the IBCLC profession.

We look forward to gathering together at our 2015 Conference in Washington, DC to celebrate **Leadership in Lactation: 30 Years and Moving Forward.**



INTERNATIONAL LACTATION
CONSULTANT ASSOCIATION®

OUR VISION

**World health transformed
through breastfeeding
and skilled lactation care.**

OUR MISSION

**To advance the
International Board
Certified Lactation
Consultant (IBCLC)
profession worldwide
through leadership,
advocacy, professional
development, and research.**



***My ILCA membership helps
me maintain a high
professional standard of
service delivery to parents
with their babies.***

~Jo Gilpin (Australia)



CONTACT US

Conference Registration

Phone: [919] 459-6098
Email: registrar@ilca.org

General Conference Questions

Phone: [919] 459-6101
Email: conference@ilca.org

Membership

Phone: [919] 459-6108
Email: membership@ilca.org

For more information about the conference and all of ILCA's offerings, visit our website at:

www.ilca.org

 For up-to-the minute details about the conference, visit our Event Page on Facebook at:

bit.ly/ILCA15FB

For updates and to follow along during the conference, use the hashtag:

#ilca15

WHY #ILCA15:

EDUCATION, CONNECTION, PROMOTION

Learn the latest concepts in lactation. Learn new clinical techniques; absorb fresh methods of communicating; and come prepared to challenge old ways of thinking. Our 2015 slate of speakers includes top thinkers and innovators from around the world. The families we serve deserve the latest in evidence-based care. You'll find it all here!

Gather with lactation leaders and changemakers. Reconnect with and learn from your peers, be inspired by those who have built our profession, and glean new insights from emerging leaders in the field.

The world needs our voice. We are committed to **"world health transformed through breastfeeding and skilled lactation care."** Coming together helps us develop a unified voice in the international community. Together, we can promote the IBCLC worldwide.

EARN CONTINUING EDUCATION CREDIT

ILCA is an approved provider of Continuing Education Recognition Points [CERPs] with the IBLCE. Our approval number is CLT-108-7.

**THE CONFERENCE IS APPROVED
FOR 22.5 CERPS.**

ILCA is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**THE CONFERENCE IS APPROVED
FOR 22.5 CONTACT HOURS.**



CONFERENCE LOCATION

Washington Marriott Wardman Park

2660 Woodley Road NW
Washington, District of Columbia, USA 20008

For more information, visit:

bit.ly/DCMarriott

BOOKING YOUR HOTEL

The conference room rate for attendees is US\$189/single or double, US\$219/triple, or \$249/quadruple. This rate is good for stays 15 July - 28 July 2015. When reserving your room, mention the ILCA Conference to receive this rate. Reservations must be made by 27 June 2015. Rooms are subject to availability and may be sold out prior to that date.

Book your room by calling toll-free 1-877-212-5752 or visiting the ILCA hotel reservation website at bit.ly/ILCA15Hotel. Please note that this web address is case sensitive.

TRAVEL & TRANSPORTATION

Air Travel

Three airports serve the Washington, DC area: Ronald Reagan Washington National Airport (DCA), Washington Dulles International Airport (IAD), and Baltimore-Washington International Thurgood Marshall Airport (BWI).

Ground Transportation & Parking

The hotel does not provide shuttle service. Information about travel to the hotel from the airports (including approximate taxi fares) can be found on the hotel's website. The hotel is served by the Woodley Park Zoo/Adams Morgan stop on the Red Line of the DC Metro Light-Rail system. Parking is available at the hotel for the rate of US\$41/day.

Passport & Visa

Most Canadian citizens and many citizens from Visa Waiver Program countries can enter the United States without a visa if they meet certain requirements. To find the most suitable visa, check eligibility, or learn about visa extensions, visit the Bureau of Consular Affairs at www.travel.state.gov.



I need to know that I am not working in a vacuum, but am a part of a worldwide network of change agents, movers, and shakers.

~Roberta Graham de Escobedo [Mexico]



I am providing better quality clinical care to our patients because I am a part of ILCA.

~Christine Staricka [USA]



I felt the need to be connected with something more global.

~Inma Mellado [Spain]

Promote

WORLD HEALTH TRANSFORMED THROUGH BREASTFEEDING AND SKILLED LACTATION CARE



WIN AN IPAD

Register for the full conference by the Standard Deadline to be eligible. You must be present during the ILCA Annual General Meeting on Friday, 24 July to win.



FAMILIES & BABIES

We support breastfeeding families. ILCA welcomes infants-in-arms and non-separating children to our conference. We ask that you be mindful of the needs of your children while being sensitive to other conference attendees. A room will be set aside with a refrigerator and comfortable seating for families and for those who would like to express and store their milk. Please bring your own breast pump.

VOLUNTEERING

We need you! There are a number of volunteer opportunities to introduce speakers and monitor session rooms. Volunteering is an excellent way to get involved, meet new people, and help ILCA to provide an excellent conference to its participants. Make sure to sign-up on your registration form. You'll receive an email with expectations and instructions closer to the date of the conference.

Learn

TOP THINKERS AND INNOVATORS FROM AROUND THE WORLD



NEWLY EXPANDED!

CLINICAL SKILLS ROTATION

We are excited to once again offer our popular Clinical Skills Rotation. Participants will rotate between four skill stations in each two hour session. At each station, you will spend 25 minutes with an expert facilitator, who will provide a demonstration and support hands-on skill practice.

Clinical Skills Rotations are available for beginning practitioners [primary session] and for seasoned consultants [advanced sessions]. You may register to

attend on either Wednesday, Thursday, or Friday, depending upon the skill level you select. Expanding the offerings to three days doubles the number of participants who may take advantage of this popular offering!

Attendees are asked to register for **only one Clinical Skill Rotation block** to allow sufficient room for others to participate. This is a popular feature of the ILCA conference so register early if you wish to participate!

Preliminary Program

EXAM STRATEGIES WORKSHOP

Sunday, 26 July: 8:00am - 12:00pm

Optimize your performance on the certification exam with tips on test taking, practice test questions along with clinical slides, games, and more! This special workshop will be presented by seasoned educators Jan Barger and Linda Kutner on the day after the conference. It is ideal for those who plan to take the IBLCCE exam in July 2015. Select this option on the registration form.

TUESDAY, 21 JULY

5:00 pm – 6:00 pm Volunteer Orientation
5:00 pm – 8:00 pm Registration Open

WEDNESDAY, 22 JULY

[5 CERPs/5 Contact Hours]

7:30 am – 5:00 pm Registration Open
7:30 am – 8:30 am Continental Breakfast
8:30 am – 9:00 am Parade of Flags and Presidential Welcome
9:00 am – 10:00 am Plenary: Supporting Breastfeeding Families: A global imperative.
[Gail Christopher, DN]
10:00 am – 10:30 am Morning Break
10:30 am – 12:30 pm Workshop Session A [select one]

Workshop W1A: The Black Breastfeeding Paradox: When promotion falls short. [Kathi Barber, BS, CLEC; Mishawn Purnell-O'Neal, MPH] I-II

Workshop W2A: WHO Complementary Feeding Guidelines: Impact of adherence in breastfeeding up to 2 years.
[Nora Alkharji, MD, IBCLC, DCH] I-II

Workshop W3A: Public Speaking and Presentation: Practicing skills to move from "good" to "best." [Phyllis Kombol, MSN, RNC-NIC, IBCLC] II-III R-CERP

Workshop W4A: If I Knew Then What I Know Now: Advice for the new IBCLC in out-patient practice.
[Jan Ellen Brown, BS, IBCLC, RLC] I-II

Workshop W5A: Spanish Language Presentations

- Disfunciones Orales y su Impacto en La Lactancia. [Lizabeth Gonzalez, MD, IBCLC, PhD] II-III
- La Culpa es de La Vaca, Otra Vez. [Lizabeth Gonzalez, MD, IBCLC, PhD] I-II

Workshop W6A: Primary Clinical Skills Rotation I-II
[Rotate through four 25-minute sessions]
*Limited to the first 120 registrants

- Breast Massage Influenced by Japanese Style. [Rika Dombrowski, RN, MS, MA, IBCLC]
- Teaching Tools for Basic Breastfeeding Skills. [Sherry Payne, MSN, RN, CNE, IBCLC, CD]

FEATURED SPEAKERS



Howard Chilton, MBBS, MRCP(UK), DCH [Sydney, Australia]

Neonatal Paediatrician at the Prince of Wales Private Hospital and Royal Hospital for Women



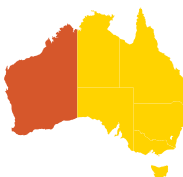
Gail Christopher, DN [Michigan, USA]

Vice President for Policy and Senior Advisor for the W.K. Kellogg Foundation



Katherine Dettwyler, PhD [Delaware, USA]

Professor of Anthropology at the University of Delaware



Donna Geddes, DMU, PostGrad Dip (Sci), PhD [Western Australia, Australia]

Head of the Hartmann Human Lactation Research Group



Chessa Lutter, PhD [District of Columbia, USA]

Senior Advisor of Food and Nutrition at the Pan American Health Organization/WHO



Jane Morton, MD, FAAP, FABM [California, USA]

Professor of Pediatrics at Stanford University School of Medicine



Daniel Sellen, PhD [Ontario, Canada]

Professor of Anthropology, Nutritional Sciences, and Health at the University of Toronto



Kerstin Uvnas-Moberg, MD, PhD [Skövde, Sweden]

Professor in Physiology at the University of Agricultural Sciences, Skara and University of Skovde

CONTACT HOURS

Total 22.5 CERPs and 22.5 Contact Hours

CERPs are L category unless stated otherwise. Levels are indicated to assist with the selection of workshops and concurrent sessions.

I = Beginner, II = Intermediate, III = Advanced

- Three Important Rules for the Beginner IBCLC. *[Barbara Wilson-Clay, BSEd, IBCLC, FILCA]*
- Case Study Review: Reducing the mother's anxiety to accept help. *[Mireya Patricia Roman, LMHC, IBCLC]*

12:30 pm – 1:30 pm Lunch

1:30 pm – 3:30 pm Workshop Session B [\[select one\]](#)

Workshop W1B: Transmasculine Individuals' Experiences with Nursing Their Children: A qualitative study. *[Joy Noel-Weiss, RN, IBCLC, PhD; Trevor MacDonald, BA [Hon]]* **II**
Experiences of Lesbian Domestic Partners and Breastfeeding: Facilitating understanding to improve quality of care. *[Kathleen F. McCue, DNP, FNP-BC, IBCLC]* **I-II**

Workshop W2B: Complementary and Alternative Medicine in Breastfeeding Consulting. *[Nikki Lee, RN, MS, IBCLC, CIMI]* **I-II**

Workshop W3B: Approaches to Clinical Instruction: Teaching skills and providing feedback. *[Phyllis Kombol, MSN, RNC-NIC, IBCLC]* **II-III**

Workshop W4B: Insurance Coding, Documentation and Billing for IBCLCs: Looking at the big picture and understanding the game. *[Donna Sinnott, BBA, IBCLC]* **II**

Workshop W5B: Spanish Language Presentations

- Un Llamamiento a Todos Los Sentidos de Sus Alumnos: Herramientas creativas de enseñanza. *[Mireya Patricia Roman, LMHC, IBCLC]* **I-II**
- Utilizando Resultados De Investigaciones En la Práctica. *[Maryelena Vargas, RN, PhD, IBCLC]* **II-III**

Workshop W6B: Advanced Clinical Skills Rotation **II-III**
[Rotate through four 25-minute sessions]
**Limited to the first 120 registrants*

- Being the IBCLC Detective: Where do the clues take us? *[Carole Dobrich, RN, IBCLC, RLC]*
- Powers of Deduction: Tongue kinematics in normal infant suck. *[Catherine Watson Genna, BS, IBCLC]*
- Handling the Pain: Use of therapeutic breast massage for the treatment of engorgement, plugged ducts and mastitis. *[Maya Bolman, RN, BA, BSN, IBCLC]*
- Choosing Supplementation Methods and Devices. *[Tanefer L Camara, IBCLC, MS-HCA]*

4:00 pm – 5:00 pm Volunteer Orientation

4:00 pm – 5:30 pm ILCA Partners' Meeting

7:00 pm – 9:00 pm Founders' Reception and Exhibit Opening



THURSDAY, 23 JULY

[6 CERPs/6 Contact Hours]

7:00 am – 5:00 pm Registration Open

7:00 am – 8:00 am Continental Breakfast

8:00 am – 9:00 am Plenary: Breasts and Babies, Scents and Smells. *[Howard Chilton, MBBS, MRCP[UK], DCH]*

9:00 am – 10:00 am Plenary: Game-Changing Research About Breastmilk Expression: Early hand expression and hands-on pumping. *[Jane Morton, MD, FAAP, FABM]*

10:00 am – 10:30 am Morning Break

10:30 am – 11:30 am Concurrent Session A [\[select one\]](#)

- A1:** Beauty and the Breast: The cultural context of breastfeeding. *[Katherine Dettwyler, PhD]* **I-II**
- A2:** Long-Term Oxytocin Mediated Effects on Behavior and Stress Levels Seen After Skin-to-Skin Contact After Birth. *[Kerstin Uvnäs Moberg, MD, PhD]* **II-III**
- A3:** The Baby-Friendly NICU Initiative: Collaborating internationally to develop designation in the United States. *[Kathleen Marinelli MD, IBCLC, FABM; Patricia MacEnroe, BS, CDN, CLC]* **II-III**
- A4:** Putting Patient First: Billing insurance companies for outpatient hospital lactation consultations. *[Annette Leary, BSN, RN, IBCLC; Martha Lasley, BSN, RN, IBCLC]* **II**
- A5:** African-American Women's Perception of Breastfeeding Over the Years. *[Natasha Sriraman, MD, MPH, FAAP, FABM]* **I-II**
- A6:** Reviewing for Academic Journals with a Focus on JHL. *[Anne Merewood, PhD, MPH, IBCLC]* **II R-CERP**
- A7:** Breast and Nipple Pain in Breastfeeding Women: A simple tool to improve understanding and clinical management. *[Lisa Amir, MBBS, MMed, PhD, IBCLC, FABM, FILCA]* **II-III**
- A8:** Epigenetic and Long-Term Health: Embracing prenatal attachment and breastfeeding as a foundation. *[Laurel Wilson, IBCLC, CLE, CCCE, CLD]* **II-III**
- A9:** Communication and Collaboration with Physicians: Tips and troubleshooting to enhance interactions. *[Andrea Ildiko Martonffy, MD, IBCLC; Margot Harris, RN, MSN, WHNP, IBCLC]* **II**
- A10:** Unintended Consequences of Risk Messages for Milk Sharing: Insights from the field and implications for practice. *[Aunchalee Palmquist, PhD, IBCLC]* **II**
- 11:45 am – 12:45 pm Concurrent Session B** [\[select one\]](#)
- B1:** Promoting Breastfeeding, Promoting Guilt? *[Katherine Dettwyler, PhD]* **I-II**
- B2:** Maternal and Infant Behavior and Physiology Caused by Medical Interventions During Birth. *[Kerstin Uvnäs Moberg, MD, PhD]* **II-III**
- B3:** Global Trends in Breastfeeding: Policies, programs and initiatives that lead to improvements. *[Chessa Lutter, PhD]* **I-II**
- B4:** One-to-One or Never Done: Ethics issues when teaching about bottle and teat use. *[Liz Brooks, JD, IBCLC, FILCA]* **I-III E-CERP**





- Case Study Review: Reducing the mother's anxiety to accept help. *[Mireya Patricia Roman, LMHC, IBCLC]*

4:45pm - 6:00pm **Networking and Refreshments in Exhibit Hall**

7:00pm - 9:00pm **Special Interest Groups Committee Meetings**

FRIDAY, 24 JULY

[6 CERPs/6 Contact Hours]

- B5:** Translating Breastfeeding Research into Practice: Improving breastfeeding rates among African American mothers. *[LaVonne Moore, DNP, CNM, IBCLC] I-II*
- B6:** "It's Only a Little Formula:" Effects on breastfeeding duration and infant health. *[Cynthia Howard MD, MPH] I-II*
- B7:** Medications and Breastfeeding: Pharmacists as part of the mother's breastfeeding team. *[Frank Nice, RPh, DPA, CPHP] II*
- B8:** Lactation Assessment Tools: Reliability when applied to overweight and obese women. *[Donna Chapman, PhD, RD] II*
- B9:** Neuropsychological Effects of Sleep Training: Implications for breastfeeding. *[Kathleen Kendall-Tackett, PhD, IBCLC, FAPA] I-II*
- B10:** Community Support for Breastfeeding: A national public health perspective. *[Gia Rutledge, MPH; Diane Roberts Ayers, MPH, RD, IBCLC] I-II*

12:45pm - 2:30pm **Lunch**
Special Interest Groups
Committee Meetings

2:45pm - 4:45pm **Concurrent Session C [select one]**

- C1:** Prevention, Availability and Sustainability: What Baby-friendly bedside care for low- and high-risk infants must offer. *[Jane Morton, MD, FAAP, FABM] I-II*
- C2:** The ABCs of Research: Appraising evidence to guide practice. *[Azza Ahmed, DNSc, RN, IBCLC, CPNP; Sara Gill, PhD, RN, IBCLC, FAAN; Wilaiporn Rojjanasrirat, PhD, RNC, IBCLC] II-III R-CERP*
- C3:** Making Your Professional Classes Memorable: Voices of experience. *[Jan Barger, RN, MA, IBCLC, FILCA; Carole Peterson, MS, IBCLC; Linda Kutner, BSN, IBCLC, FILCA] III R-CERP*
- C4:** Unlatched: When normal child development is mistaken as a breastfeeding problem. *[Jan Tedder, BSN, FNP, IBCLC] III*
- C5:** Anatomy and Physiology of Breast Pumps: Working with what we've got and innovations for the future. *[Marsha Walker, RN, IBCLC] II*
- C6:** Community Breastfeeding Support Groups for African American Women. *[Tanefer L. Camara, IBCLC, MS-HCA; Brandi Gates, IBCLC] I-II*
- C7:** Primary Clinical Skills Rotation **I-II**
 [Rotate through four 25-minute sessions]
**Limited to the first 120 registrants*
- Breast Massage Influenced by Japanese Style. *[Rika Dombrowski, RN, MS, MA, IBCLC]*
 - Teaching Tools for Basic Breastfeeding Skills. *[Sherry Payne, MSN, RN, CNE, IBCLC, CD]*
 - Three Important Rules for the Beginner IBCLC. *[Barbara Wilson-Clay, BSEd, IBCLC, FILCA]*

- 7:00am - 5:00pm** **Registration Open**
- 7:00am - 8:00am** **Continental Breakfast**
- 8:00am - 9:00am** **Plenary: Exclusive Breastfeeding: New tools to support an ancient need in a modern world.** *[Daniel Sellen, PhD]*
- 9:00am - 10:15am** **Annual General Meeting**
- 10:15am - 10:45am** **Morning Break**
- 10:45am - 11:45pm** **Concurrent Session A [select one]**
- A1:** Why Cuddles Matter: Early brain connections in babies and postnatal mothers. *[Howard Chilton, MBBS, MRCP [UK], DCH] II-III*
- A2:** Stem Cells and Immune Cells in Breastmilk. *[Donna Geddes, PhD] II-III*
- A3:** Of NICUs and Human Milk: 30 years of culture shift from high technology to human milk as standard of care. *[Kathleen Marinelli MD, IBCLC, FABM] II*
- A4:** Telling Stories: The importance of case studies in clinical care. *[Barbara Wilson-Clay, BSEd, IBCLC, FILCA] II-III*
- A5:** Formula Marketing in the Information Age: A moving target. *[Jennie Bever Babendure, PhD, IBCLC] I*
- A6:** Food Sensitivities in the Breastfed Baby: Optimizing prevention and treatment through maternal diet. *[Lindsey Hurd, MS, RD, IBCLC, LDN] II-III*
- A7:** Breast and Nipple Pain in Breastfeeding Women: A simple tool to improve understanding and clinical management. *[Lisa Amir, MBBS, MMed, PhD, IBCLC, FABM, FILCA] II-III*
- A8:** Epigenetic and Long-Term Health: Embracing prenatal attachment and breastfeeding as a foundation. *[Laurel Wilson, IBCLC, CLE, CCCE, CLD] II-III*
- A9:** Communication and Collaboration with Physicians: Tips and troubleshooting to enhance interactions. *[Andrea Ildiko Martonffy, MD, IBCLC; Margot Harris, RN, MSN, WHNP, IBCLC] II*
- A10:** Unintended Consequences of Risk Messages for Milk Sharing: Insights from the field and implications for practice. *[Aunchalee Palmquist, PhD, IBCLC] II*
- 12:00pm - 1:00pm** **Concurrent Sessions B [select one]**
- B1:** Colic: Myths, medicine, and making sense. *[Howard Chilton, MBBS, MRCP[UK], DCH] I-II*
- B2:** Factors Affecting Gastric Emptying in Term and Preterm Infants. *[Donna Geddes, PhD] II-III*
- B3:** When Tongue-tie/Lip-tie Get in the Way: Your pediatric laser dentist can help. *[Rishita Jaju, DMD] I-II*
- B4:** Professional Lactation Education: 30 years of evolution and leadership. *[Maeve Howett, PhD, APRN, CPNP-PC, IBCLC] I-II*



- B5:** Avoiding IBCLC Legal and Ethical Jeopardy: A game show. *[Liz Brooks, JD, IBCLC, FILCA]* **I-III E-CERP**
- B6:** Probiotic Bacteria in Human Milk and Infant Feces: Correlation with feeding mode, growth and gut health. *[Amal El- Taweel, MD, IBCLC]* **II-III**
- B7:** Medications and Breastfeeding: Pharmacists as part of the mother's breastfeeding team. *[Frank Nice, RPh, DPA, CPHP]* **II**
- B8:** Lactation Assessment Tools: Reliability when applied to overweight and obese women. *[Donna Chapman, PhD, RD]* **II**
- B9:** Neuropsychological Effects of Sleep Training: Implications for breastfeeding. *[Kathleen Kendall-Tackett, PhD, IBCLC, FAPA]* **I-II**
- B10:** Community Support for Breastfeeding: A national public health perspective. *[Gia Rutledge, MPH; Diane Roberts Ayers, MPH, RD, IBCLC]* **I-II**

1:00 pm – 3:00 pm **Lunch**

Networking Tables

Research Poster Presentation

3:00pm - 5:00pm **Concurrent Session C** *[select one]*

- C1:** Evolution of Infant and Young Child Feeding: Implications for public health. *[Daniel Sellen, PhD]* **I-II**
- C2:** Oral Research Presentations **II-III R-CERP**
- The Effect of Interactive Web-based Monitoring on Breastfeeding Outcomes: A randomized control trial. *[Azza Ahmed, DNSc, RN, IBCLC, CPNP; Kinga Szucs, MD, FAAP, FABM, IBCLC]*
 - Supporting Breastfeeding in Local Communities [SILC]: Results of a cluster randomised controlled trial. *[Lisa Amir, MBBS, MMed, PhD, IBCLC, FABM, FILCA]*
 - A Model of Professional Barriers to Managing Breastfeeding Problems: Lactation consultants' perspectives. *[Erica Anstey, PhD, MA, CLC]*
 - The Effects of Skin-to-Skin Contact on Newborn Temperature, Bath, and Breastfeeding. *[Karen Gromada, MSN, RN, IBCLC, FILCA]*
 - Bringing Baby-Friendly to the Indian Health Service. *[Indian Health Service]*
 - Exploration of Factors Related to the Prevalence of Sustained Breastfeeding in 37 6/7 Weeks Gestation Infants. *[Joan Esper Kuhnly, DNP, NNP-BC, APRN, IBCLC, CNE]*
 - Putting Patient First: Successfully billing insurance companies for outpatient lactation consultations. *[Annette Leary, BSN, RN, IBCLC; Martha Lasley, BSN, RN, IBCLC]*
 - New Evidence on the Treatment of Nipple Pain. *[Jo Watson, PhD, RN(EC), IBCLC]*
- C3:** The Care and Feeding of Your Breastfeeding Practice's Social Media. *[Amber McCann, BA, IBCLC; Jeanette McCulloch, BA, IBCLC]* **II-III R-CERP**

- C4:** Falling Through the Breastfeeding Promotion and Support Crack: Addressing the invisible middle. *[Mishawn Purnell-O'Neal, MPH, MPH; Kathi Barber, BS, CLEC]* **I-III**
- C5:** Creating a Breastfeeding Culture: One hospital's Baby-Friendly journey. *[Jennifer South, RN, IBCLC, RLC]* **I-II**
- C6:** Practical Tools to Support Lactating Women in the Workplace. *[Jessica Shortall, MBA (honors)]* **I-II**
- C7:** Advanced Clinical Skills Rotation **I-II**
[Rotate through four 25-minute sessions]
**Limited to the first 120 registrants*
- Being the IBCLC Detective: Where do the clues take us? *[Carole Dobrich, RN, IBCLC, RLC]*
 - Tongue Kinematics in Normal Infant Suck. *[Catherine Watson Genna, BS, IBCLC]*
 - Handling the Pain: Use of therapeutic breast massage for the treatment of engorgement, plugged ducts and mastitis. *[Maya Bolman, RN, BA, BSN, IBCLC]*
 - Choosing Supplementation Methods and Devices. *[Tanefer L. Camara, IBCLC, MS-HCA]*

5:00 pm – 6:00 pm **Closing Reception/Vendor Thank You**

SATURDAY, 25 JULY

[5.5 CERPs/5.5 Contact Hours]

- 7:00 am – 4:00 pm** **Registration Open**
- 7:00 am – 8:00 am** **Continental Breakfast**
- 8:00 am – 9:00 am** **Plenary: Physiological and Behavioral Oxytocin: Adaptations that occur in connection with breastfeeding.** *[Kerstin Uvnäs Moberg, MD, PhD]*
- 9:00 am – 9:30 am** **President's Address**
- 9:30 am – 10:00 am** **Morning Break**
- 10:00 am – 11:00 am** **Plenary: WHO UNICEF Network for Global Monitoring and Support: Implementation of the International Code.** *[Chessa Lutter, PhD]* **E-CERP**
- 11:00 am – 12:00 pm** **Plenary: The Origin of Appetite Control Hormones in Breastmilk.** *[Donna Geddes, PhD]*
- 12:00 pm – 1:15 pm** **Lunch**
- 1:15 pm – 2:15 pm** **Plenary: A Time to Wean: The hominid blueprint for a natural age of weaning in modern humans.** *[Katherine Dettwyler, PhD]*
- 2:15 pm – 3:45 pm** **Plenary: Thirty Years of Lactation Research Informing Practice.** *[Cynthia Howard MD, MPH; Kathleen Kendall-Tackett, PhD, IBCLC, FAPA; Anne Merewood, PhD, MPH, IBCLC]*



Gratitude

THANK YOU!

We are grateful for everyone who has played a part in making this year's conference FANTASTIC!

ILCA thanks all of our 2015 speakers for their generosity in sharing their time and expertise with our conference participants.

Thank you to our planners from the Conference Program Committee and Research Committee:

Annette Leary [Conference Program Committee Chair], Azza H. Ahmed [Research Committee Co-Chair], Wilaiporn Rojjanasrirat [Research Committee Co-Chair], Kathleen M. Buckley, Donna Chapman, Ilana Chertok, Maevie Howett, Laene Keith, Judi Lauwers [Staff Liaison], Jane Leach, Maire Maclean, Kathleen Marinelli [Board Liaison], Deborah Moore, Kandis Natoli, Lawrence Noble, Yanet Olivares, Regina Maria Roig-Romero, Bryna Sampey, Julie Smith, Becky Spencer, and Genae D. Strong.

The conference planners have no conflicts of interest to declare.



Photo taken at the November 2014 ILCA Board of Directors Meeting in Raleigh, NC, USA.

Front Row: Jessica Lytle [Assistant Executive Director], Lisa Akers [with baby Asher], Decalie Brown, Marcey Cottle [Assistant Executive Director] **Middle Row:** Lisa Mandell, Sara Gill, Roberta Graham de Escobedo, Albert Wolf **Back Row:** Dick Padlo [Executive Director], Kathleen Marinelli, Judi Lauwers [Education Coordinator], Michele Griswold.

IMPORTANT DATES

- 15 MAY** Early Bird Registration Closes
- 29 MAY** Deadline to Cancel Registration for Full Refund
- 19 JUNE** Standard Registration Deadline
- 27 JUNE** Hotel Registration Deadline
- 30 JUNE** Deadline to Cancel Registration for 50% Refund
- 3 JULY** Pre-registration Deadline *[otherwise, processed onsite]*
- 19-20 JULY** Board of Directors Meeting *[open to ILCA members]*
- 22-25 JULY** Conference

EXHIBIT HALL HOURS & EVENTS

(subject to change)

Wednesday, 22 July 7:00 - 9:00pm

Founders' Reception and Exhibit Opening
Silent Auction Opens

Thursday, 23 July 9:30am - 6:00pm

AM/PM Refreshment Breaks
Lunch
Late Afternoon Networking Function

Friday, 24 July 8:30am - 1:30pm, 3:00pm - 6:00pm

AM/PM Refreshment Breaks
Lunch
Closing Reception/Vendor Thank You
Silent Auction Closes

SAVE THE DATE!

As a part of ongoing efforts to address barriers to the lactation consultant profession that result in inequitable access for underrepresented communities across the world, a workshop will be held on on 21 July 2015, the day prior to the 2015 ILCA Conference in Washington, D.C.

This workshop will continue the work of the 2014 Lactation Summit, Addressing Inequities Within the Lactation Consultant Profession, to disseminate what has been learned thus far about barriers to accessing the profession, create a space for participants to share and listen, deepen our understanding of the impact of inequities, and develop a shared vocabulary for making change.

This workshop is one of several opportunities to help broaden the discussion through various means to the widest possible audience, including those not present at the workshop.

Stay tuned for more information!

Hosted by the International Board of Lactation Consultant Examiners® (IBLCE®), International Lactation Consultant Association® (ILCA®), and Lactation Education, Accreditation and Approval Review Committee (LEARC).

2015 CONFERENCE & ANNUAL MEETING REGISTRATION FORM

REGISTRATION INCLUDES:

- A wide variety of education sessions with 22.5 CERPs and Contact Hours
- Breakfast, refreshments, and lunch daily
- Entrance to all receptions hosted by ILCA
- Admission to the Exhibit Hall and Silent Auction
- Dedicated time for networking with colleagues around the world
- Access to committee meetings and special interest groups

Registrations must be postmarked or faxed by midnight, Eastern Standard Time (United States) in order to receive the Early Bird and Standard registration rates.

Please print clearly and keep a copy of the completed form for your records. This information will be used for your name badge, conference mailings, and the Participant List. Registrations received after 3 July 2015 will be processed onsite in Washington, DC.

NAME (AS IT WILL APPEAR ON THE NAME BADGE): LAST _____ FIRST _____
 CREDENTIALS (LIMIT TO 3) _____ ILCA MEMBERSHIP # _____
 ORGANIZATION (FOR NAME BADGE) _____ TWITTER HANDLE _____
 MAILING ADDRESS _____
 CITY _____ STATE/PROVINCE _____ ZIP/POSTAL CODE _____
 COUNTRY _____ PRIMARY TELEPHONE _____ FAX _____
 EMAIL _____

CONFERENCE REGISTRATION FEES

22 - 25 July 2015: Full Conference

	Early Bird By May 15	Standard By June 19	Late After June 19
ILCA Member	☐ US\$730	☐ US\$855	☐ US\$1030
Non-Member*	☐ US\$860	☐ US\$985	☐ US\$1160

*includes 2015 ILCA membership

Daily Rate [Check the days you will attend]:

	Early Bird By May 15	Standard By June 19	Late After June 19
ILCA Member	☐ US\$200	☐ US\$230	☐ US\$275
Non-Member	☐ US\$275	☐ US\$305	☐ US\$350

Exam Strategies Workshop:

☐ US\$25 ILCA Member ☐ US\$50 Non-Member

PAYMENT INFORMATION

Full Conference Registration US\$ _____

Daily Rate Registration: ____ days at US\$ _____ US\$ _____

Exam Strategies Workshop Total US\$ _____

Total Fee Enclosed US\$ _____

Payment Method: ☐ Check ☐ VISA ☐ MasterCard ☐ Discover

Credit Card # _____ Expiration Date _____

Signature _____ CVV _____

Checks must be drawn on a US bank account and made payable to ILCA. Purchase orders are not accepted. No registrations will be processed by telephone. Registrations without full payment will not be processed. ILCA is not responsible for any foreign exchange fees from other currencies.

Register Online at: conference.ilca.org

Mail [with payment]:

ILCA Conference Registrar
 2501 Aerial Center Parkway, Suite 103
 Morrisville, NC 27560

Fax

[with credit card payment only]:
 +1 919 459 2075

WORKSHOP CONCURRENT SESSIONS SELECTION

Wednesday, 22 July Workshops

Select one workshop each for the morning and afternoon:

Morning Workshop Selections (10:30am - 12:30pm):

Workshop A:
☐ WA1 ☐ WA2 ☐ WA3 ☐ WA4 ☐ WA5 ☐ WA6

Afternoon Workshop Selections (1:30 - 3:30pm):

Workshop B:
☐ WB1 ☐ WB2 ☐ WB3 ☐ WB4 ☐ WB5 ☐ WB6

Thursday, 23 July Concurrent Sessions

Select one session in each concurrent group:

Concurrent A (10:30 - 11:30am)

☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5 ☐ A6 ☐ A7 ☐ A8 ☐ A9 ☐ A10

Concurrent B (11:45am - 12:45pm)

☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6 ☐ B7 ☐ B8 ☐ B9 ☐ B10

Concurrent C (2:45 - 4:45pm)

☐ C1 ☐ C2 ☐ C3 ☐ C4 ☐ C5 ☐ C6 ☐ C7

Friday, 24 July Concurrent Sessions

Select one session in each concurrent group:

Concurrent A (10:45 - 11:45am)

☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5 ☐ A6 ☐ A7 ☐ A8 ☐ A9 ☐ A10

Concurrent B (12:00 - 1:00pm)

☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6 ☐ B7 ☐ B8 ☐ B9 ☐ B10

Concurrent C (3:00 - 5:00pm)

☐ C1 ☐ C2 ☐ C3 ☐ C4 ☐ C5 ☐ C6 ☐ C7

OTHER INFORMATION [Check all that apply]:

- ☐ I would like to volunteer at the conference.
☐ This is my first ILCA conference.
☐ Do not include my name on the Conference Participant list.
☐ Do not include my contact information on the Exhibitor List for a one-time pre and post conference mailing.
☐ I require special conference luncheon meals.
☐ Vegetarian ☐ Kosher
☐ Gluten-free ☐ Religious observance (fasting)
☐ Other _____
☐ I have a physical challenge for which I will need assistance during the conference. Please contact me.

Media Disclaimer: ILCA will photograph conference events. By registering for the conference, you grant ILCA permission to record, photograph, use and distribute (both now and in the future) your image, name and voice in all forms and all media pertaining to this conference. **Cancellation and Refund Policy:** All conference refund requests must be submitted in writing and postmarked no later than 29 May 2015 for a full refund, less an US\$80 processing fee. Cancellations postmarked between 30 May and 30 June, 2015 will be eligible to receive a 50 percent refund. All refunds will be processed after the completion of the conference. No refunds will be given for cancellations made after 1 July 2015. **Substitution Policy:** Delegates may send a substitute in their place in lieu of requesting a refund upon prior notification to ILCA. **Special Circumstances:** Refunds may be granted, at the sole discretion of ILCA, if a delegate is unable to attend the conference due to a family death, illness, or other extraordinary circumstance. ILCA must be notified immediately by letter or email. ILCA retains the right to request a death certificate, physician note or other information related to the decision. Any refund (minus the processing fee) will be issued as soon as possible and no later than four (4) weeks after the conference has concluded. ILCA is not responsible for events beyond our control such as weather conditions, flight cancellations, venue property conditions, or civil unrest. No refunds will be given in these situations.



International Lactation Consultant Association® (ILCA)
2501 Aerial Center Pkwy, Suite 103
Morrisville, NC 27560

#ilca15: Education Connection Promotion

INTERNATIONAL LACTATION CONSULTANT ASSOCIATION® 2015 Conference & Annual Meeting

LEADERSHIP IN LACTATION:

30 YEARS ■■■■■■■■■■ AND MOVING FORWARD

■■■■■	Leadership	30 YEARS OF LEADERSHIP FOR THE IBCLC
■■■■■	Passion	30 YEARS OF PASSIONATE SUPPORT FOR BREASTFEEDING FAMILIES
■■■■■	Connect	CONNECT WITH LACTATION PROFESSIONALS FROM AROUND THE WORLD
■■■■■	Promote	WORLD HEALTH TRANSFORMED THROUGH BREASTFEEDING & SKILLED LACTATION CARE
■■■■■	Learn	TOP THINKERS AND INNOVATORS FROM AROUND THE WORLD

PRELIMINARY PROGRAM & REGISTRATION

WASHINGTON, DC, USA - 22 - 25 JULY 2015