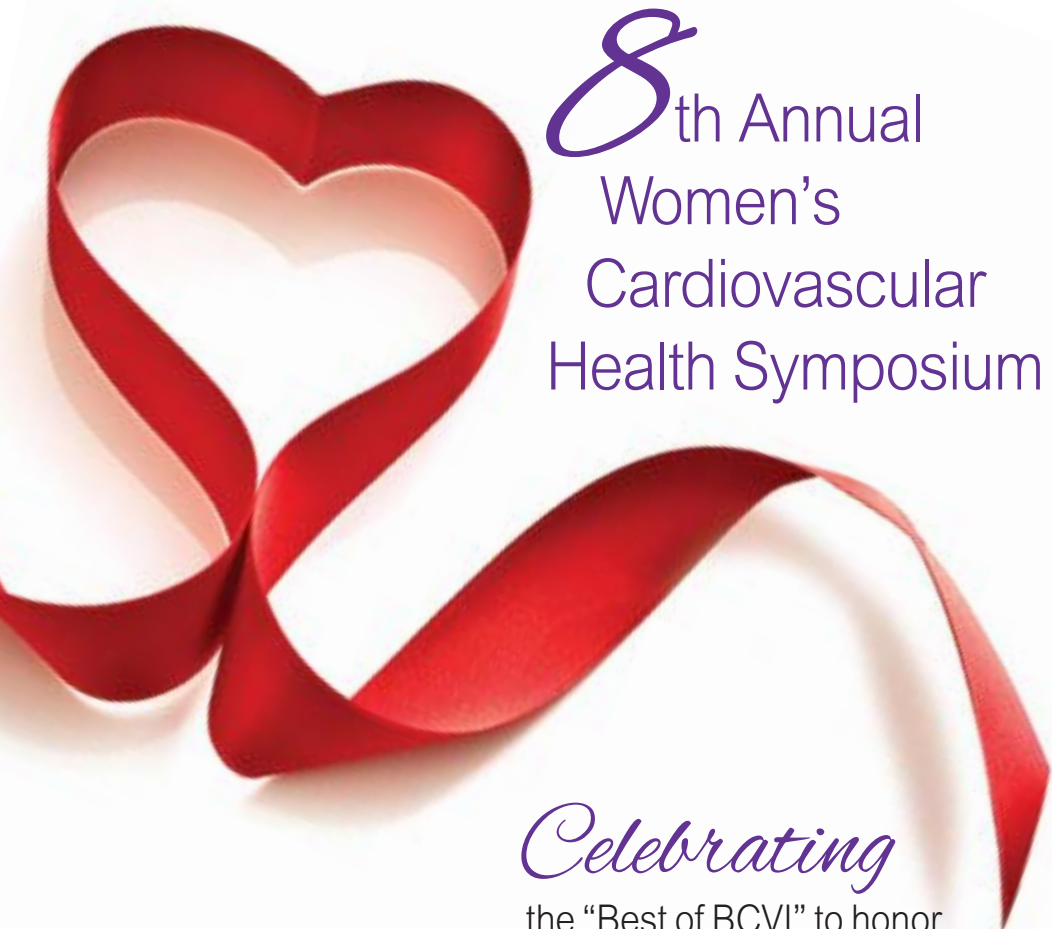


M Northwestern Medicine®

Bluhm Cardiovascular Institute



8th Annual
Women's
Cardiovascular
Health Symposium

Celebrating

the "Best of BCVI" to honor
the 10th anniversary year of the
Bluhm Cardiovascular Institute

Sponsored by:

The Program for Women's
Cardiovascular Health

Bluhm Cardiovascular Institute of
Northwestern Memorial Hospital
Northwestern University Feinberg
School of Medicine

May 1, 2015

Prentice Women's Hospital
Chicago, Illinois

Cardiovascular disease (CVD) is the leading cause of mortality for women in the United States, claiming about 500,000 women's lives each year. Almost half of US women fail to recognize CVD as their major health problem and thus miss the opportunity to partner with health care providers early to identify and manage risk factors over their lifespan. Trends toward elevated body mass index, hypertension prevalence and CHD death rates among younger US women ages 35-54 appear to be increasing. Moreover many tests that are adequate for determining CVD risk in men are not adequate for determining this risk in women. An important step in reducing cardiovascular morbidity and mortality for women is early detection of disease and management of risk factors using the most effective tests for women.

It is critical for health care providers such as cardiologists, family practitioners, internists and obstetricians/gynecologists to identify and appropriately educate their female patients who are at risk for cardiovascular disease (CVD). However, the rapid changes and advances in scientific discovery make the practice of evidence-based medicine challenging for all practitioners.

The Bluhm Cardiovascular Institute's Program for Women's Cardiovascular Health invites you to attend the 8th Annual Women's Cardiovascular Health Symposium. This year's emphasis will be on the Bluhm Cardiovascular Institute's 10 years of accomplishments. Key gender specific advances in a variety of areas of CVD, such as coronary artery disease, stroke, metabolic disorders, valvular heart disease, arrhythmias and heart failure will be covered. There will be ample time for participant interaction.

We extend a special invitation for cardiologists, primary care providers and OB/GYN physicians to attend this symposium since they can be the first to identify female patients at risk and positively improve their overall health. Women are still less likely to be offered proven therapies for heart disease as compared to men. This troubling statistic is an urgent call to action, especially since the lifetime risk of CVD in women approaches one in two women over their lifetime.

Learning Objectives

At the conclusion of this activity, participants should be able to:

1. Identify gender differences in cardiovascular disease manifestation, prevalence and outcomes
2. Describe novel approaches in use to identify and treat women with heart valve disease
3. Review the diagnosis and treatment strategies for individuals with inherited cardiac disorders
4. Discuss contemporary diagnosis and management options for the female patient with arrhythmias
5. Examine issues unique to women with or at risk for stroke
6. Review current lipid guidelines and gender specific implications.

Audience

This program has been designed for all medical professionals involved in the care of women, including primary care physicians, cardiologists, OB/GYN, endocrinologists, nurses, nurse practitioners, pharmacists, physician assistants and other healthcare professionals involved in the care of women at all life stages with, or at risk for, cardiovascular disease.

Conference Location

The program will be held at the Prentice Women's Hospital, located in the Conference Room on the third floor at 250 East Superior Street, Chicago, Illinois. Please contact the hospital at 312-926-2000 for directions and parking information or visit: prentice.nmh.org.

Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Hour Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 4.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credits

The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Faculty Disclosure

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker's presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

Special Needs

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

Friday, May 1, 2015

12:30pm	Registration
1:00pm	Welcome Marla Mendelson, MD and Vera Rigolin, MD
1:10-1:30pm	The Bluhm Cardiovascular Institute (BCVI)- A Decade in Review Patrick McCarthy, MD
1:30-2:00pm	AHA/ACC Valve Guidelines — What's New? Vera Rigolin, MD
2:00-2:25pm	The Spectrum of Coronary Artery Disease in Women Ranya Sweis, MD, MS
2:25-2:45pm	Q and A
2:45-3:05pm	Refreshment Break
3:00-3:35pm	Sex Based Differences for Inherited Cardiovascular Disorders Elizabeth McNally, MD, PhD
3:35-4:05pm	Updates in Management of Atrial Fibrillation for Women Susan Kim, MD
4:05-4:35pm	Stroke: Gender Based Differences in Prevention, Diagnosis and Treatment Marla Mendelson, MD
4:35-5:05pm	Women and Cholesterol Treatment for CVD Risk Reduction Donald Lloyd-Jones, MD, ScM
5:05-5:30pm	Q and A
5:30-6:30pm	Reception Celebrating 10 Years of Women's Cardiovascular Health at the Bluhm Cardiovascular Institute



Course Directors

Marla Mendelson, MD

Medical Director
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Bluhm Cardiovascular Institute
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Northwestern University Feinberg School of Medicine

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Elizabeth J. Ward Professor of Genetic Medicine
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Northwestern University Feinberg School of Medicine

Ranya N. Sweis, MD, MS

Interventional Cardiologist
Clinical Practice Director, Cardiology Outpatient Clinic
Bluhm Cardiovascular Institute
Assistant Professor of Medicine
Interventional Cardiology
Northwestern University Feinberg School of Medicine



Registration



8th Annual Women's Cardiovascular Health Symposium
May 1, 2015 | Prentice Women's Hospital | Chicago, Illinois

Physicians and Industry Professionals\$130
Residents, Fellows, Techs and Nurses.\$100

You may register on-line at: cme.northwestern.edu/conferences

Please note that credit cards cannot be accepted for on-site registrations. On-site registrations must be made with a check.

Please type or print

☐ MD/DO
☐ RN
☐ Other (please specify):

Last Name: _____
First Name: _____
Institution: _____
Address: _____
City: _____ State: _____ Zip code: _____
Daytime Phone: _____ Fax: _____
E-mail: _____
(required — your confirmation and receipt will be emailed)

Specialty: _____

Please indicate any special needs: _____

Please indicate any dietary needs: _____

Please make your check payable to Northwestern University and mail it with the registration form to:

Office of CME
Northwestern University's Feinberg School of Medicine
240 East Huron, Suite 1-200
Chicago, IL 60611
Phone: 312-503-8533

Cancellations must be made in writing via email to the Office of CME:
nums-cme@northwestern.edu. The paid registration fee,
minus a \$30 administrative charge, will be refunded.
No refunds will be granted after April 10, 2015.



Office of Continuing Medical Education
240 E. Huron
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