

SCAN FOR
WEB PAGE

13TH ANNUAL UC DAVIS CLINICAL PHARMACOTHERAPY

Practical Information for Primary Care Providers,
Specialists, Pharmacists, NPs, PAs and Nurses

April 17-19, 2015

Friday - Sunday



Napa Valley Marriott
Napa, California

SPONSORED BY:

UC DAVIS HEALTH SYSTEM
Office of Continuing Medical Education
and Department of Pharmacy

FRIDAY, APRIL 17, 2015

- 7:00 am** Registration, Continental Breakfast, Visit Exhibits
- 7:50** **Introduction and Review of Objectives**
Jeffrey Applebaum, MD
- 8:00** **Overview of Anxiety Disorders**
Robert McCarron, DO
Accurate diagnosis leads to correct and efficient therapy with evidence-based medications.
- 9:10** **Diabetes Therapy in 2015**
Prasanth Surampudi, MD
What's in and what's out? Are the new drugs better than our well-tried current therapies?
- 10:20** Break, Visit Exhibits
- 10:40** **Depression in the Medically Ill with Focus on Psychotherapeutic Management**
Lorin Scher, MD
Until comorbid depression is adequately treated, medical illnesses typically do not remit.
- 11:50** Lunch (complimentary)
- 1:20 pm** **BREAKOUT SESSIONS – Case Presentations and Q&A**
- 1. Psychiatric Interview**
How to do an efficient psychiatric interview for the non-psychiatrist.
Robert McCarron, DO
- 2:20** Break to switch rooms
- 2:35** **2. Depression in the Medically Ill: Case Discussions, Q&A**
Lorin Scher, MD
- 3:35** Adjourn

SATURDAY, APRIL 18, 2015

- 7:00 am** Registration, Continental Breakfast, Visit Exhibits
- 7:50** **Introduction and Review of Objectives**
John Grubbs, MS, MBA, RPh
- 8:00** **Hepatitis C – Breakthrough Curative Treatment**
Patricia Poole, PharmD
Learn about new and emerging medications and the development of a treatment team.
- 9:10** **The Second Wave: Managing the Epidemic of Non-Alcoholic Fatty Liver Disease**
Christopher Bowlus, MD
As the wave of baby boomers with hepatitis C is cured with highly effective drugs, the second wave of liver disease to impact health care will be non-alcoholic fatty liver disease. Current strategies for evaluation as well as evolving therapies will be discussed.
- 10:20** Break, Visit Exhibits
- *10:50** **Update on Pain Management: Opioids and Neuropathic Analgesics**
Scott Fishman, MD
Hear the most current clinical and regulatory information from a nationally-recognized expert.
- 11:50** **Q&A**
- 12:00** Lunch (complimentary)
- *1:20 pm** **BREAKOUT SESSIONS – Case Presentations and Q&A**
- 3. Pain Management**
(bring your difficult cases)
Scott Fishman, MD
- 2:30** Break, Visit Exhibits
- 2:45** **4. Psychiatric Dilemmas**
Jeffrey Applebaum, MD
- 4:00** Adjourn

SUNDAY, APRIL 19, 2015

- 7:00 am** Registration, Continental Breakfast, Visit Exhibits
- 7:50** **Introduction and Review of Objectives**
John Grubbs, MS, MBA, RPh
- 8:00** **Infectious Diseases Around the World**
Stuart Cohen, MD
With world wide travel so common, it has become important to recognize infections from other countries.
- 9:10** **Update on Anticoagulation**
Richard White, MD
Review the current options for pharmacologic anticoagulation and also discuss what's on the horizon.
- 10:20** Break, Visit Exhibits
- 10:50** **Pharmacist's Role in Team-based Health Care Delivery**
Stephanie Roberts, PharmD
This lecture will review the principles and goals of a Patient-Centered Medical Home (PCMH) model of care. Describe the essential responsibilities of pharmacists, including medication therapy management, and how they positively affect patient outcomes and reduce fragmentation of care.
- 11:50** Adjourn

* Pain Credit

EDUCATIONAL OBJECTIVES

At the end of the activity, participants should be able to:

Chronic Medical Conditions

- Describe an approach to managing pain that helps patients achieve optimal relief management while minimizing the risk of addiction.
- Discuss the recent changes in regulatory expectations around opioids.
- Review the current and upcoming options for pharmacologic anticoagulation.
- Manage patients with non-alcoholic fatty liver disease using evolving therapies.
- Recognize patients with infections from other countries and provide appropriate treatment.
- Describe new medications for diabetes therapy.
- Describe current interferon-free treatments for patients with hepatitis C and how they can be applied to primary care settings.

Mental Health Psychopharmacology

- Describe the importance of treating comorbid depression associated with medical illnesses for optimal outcomes.
- Utilize the newest therapeutic guidelines and pharmaceutical agents available to treat mood and anxiety disorders.
- Identify specific complex psychiatric conditions; the first step toward treatment and appropriate care of the mentally ill.
- Conduct a focused psychiatric interview to improve the recognition of patients with common psychiatric disorders.

CLINICAL PHARMACOTHERAPY

TARGET AUDIENCE

This activity is designed for Primary Care Providers, Specialists, Pharmacists, Nurse Practitioners, Physician Assistants and Nurses. This activity is knowledge based and appropriate for Pharmacists.

WHY YOU SHOULD ATTEND

In this rapidly changing world, acquiring reliable and up-to-date medical knowledge is critical. New information needs to be integrated with our current understanding of general medical and psychiatric care. Every day we are perched at the intersection of “mind and body” hoping to use present tools and best judgment in order to successfully create a healthy environment for our patients and families.

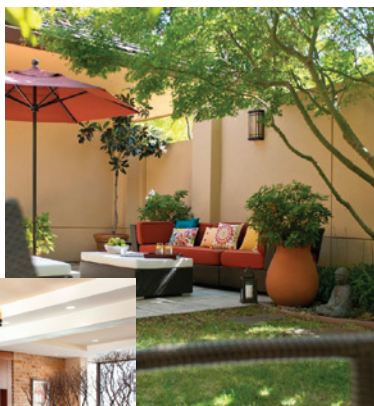
This year our conference will focus on specific topics important for the busy practitioner. It will provide practitioners with evidence-based methods and strategies to assist in providing better treatment options for patients. Topics will include:

- Infectious diseases such as hepatitis C along with less familiar but common world-wide infectious conditions
- Pain management
- New medications for anti-coagulation - benefits and risks
- Practical considerations in treating patients with psychiatric disorders
- The role of pharmacists in team-based delivery of healthcare
- Obesity-related fatty infiltration of the liver and cirrhosis
- Latest updates in the treatment of diabetes

This activity is designed to improve competence in the diagnosis, pharmacologic treatment and general management of patients in the primary care setting.

EDUCATIONAL METHODS

- Lectures with Q and A will be used to facilitate the dissemination of up to date information.
- Case studies and discussion will highlight conditions commonly seen in clinical practice.
- Interactive workshops are included to facilitate a more in-depth understanding of clinical issues.
- Pre/post tests will be given using an audience response system to help attendees ascertain the level of learning being achieved.



Faculty

COURSE CO-CHAIRS

John H. Grubbs, MS, MBA, RPh

Director of Pharmacy
UC Davis Medical Center
Adjunct Professor and
Assistant Dean of Clinical Pharmacy
UC San Francisco School of Pharmacy

Jeffrey A. Applebaum, MD, FAAPF

Assistant Clinical Professor of
Family Practice
UC Davis Medical Center
Primary Care Medicine and
Primary Care Psychiatry
Master Clinician's Certification
in Psychopharmacology from
Neuroscience Education Institute
University of California, San Diego

UC DAVIS FACULTY

Christopher L. Bowlus, MD

Professor and Acting Chief
Division of Gastroenterology
and Hepatology

Stuart H. Cohen, MD

Chief, Division of Infectious Diseases
Director of Hospital Epidemiology and
Infection Control Professor

Scott M. Fishman, MD

Charles and Patricia Fullerton Endowed
Chair in Pain Medicine
Professor and Chief,
Division of Pain Medicine
Executive Vice Chair, Department of
Anesthesiology and Pain Medicine

Robert M. McCarron, DO

Associate Professor
Director, Integrated Medicine and
Psychiatry Education
Director, Pain Psychiatry
Department of Anesthesiology
and Pain Medicine

Patricia L. Poole, Pharm.D., BCPS AQ-ID, AAHIVP

Ambulatory Care Clinical Specialist
Associate Clinical Professor,
Division of Infectious Diseases
Associate Clinical Professor,
UCSF School of Pharmacy

Stephanie Roberts, Pharm.D., BCPS

Ambulatory Care Pharmacist

Lorin Scher, MD

Assistant Clinical Professor
Department of Psychiatry
and Behavioral Sciences

Prasanth N. Surampudi, MD

Assistant Professor
General Endocrinology, Andrology

Richard H. White, MD, FACP

Professor and Chief,
Division of General Medicine
Medical Director,
Anticoagulation Service

CONFERENCE COORDINATOR

Pamela Schneider

CME Specialist
Office of Continuing Medical Education
UC Davis Health System

CONFERENCE REGISTRATION

Please register early – space is limited.

Tuition is \$420 for physicians and \$365 for all others. **Confirmation of registration will be sent within two weeks after receipt of registration form.** The fees will increase after March 5, 2015.

Tuition includes continental breakfasts, lunch on Friday and Saturday, refreshment breaks, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. Conference materials cannot be guaranteed unless registration is received by April 1, 2015. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund will be given.

Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.

On-site Fees: At door registrations will be charged at a higher rate. Please see registration form for details.

Cancellation and Refund Policy:

A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by April 1, 2015. No refunds will be provided after this date.



Napa Valley Marriott
3425 Solano Avenue
Napa, California 94558
(707) 253-8600 Hotel Direct
Reservations:
(800) 228-9290
<http://bit.ly/1bLvFaJ>



Experience the charm and beauty of California's world-famous wine country from one of the premier Napa Valley hotels – the Napa Valley Marriott Hotel & Spa. Our convenient location makes us an ideal choice for exploring the Napa Wine Country.

Reservation deadline of March 19, 2015

A block of rooms is being held for course participants at the rate listed below (extension dates may be available).

Guest Rooms – \$189
(for single or double occupancy plus hotel and sales tax)

Professional meeting planners rank the hotel among the Bay Area's best properties for conferences and events thanks to our thoughtful services and innovative ideas. The award-winning associates of this Napa hotel all share the same priority: you. Our concierges will delight in revealing Napa's hidden treasures and are experts when it comes to recommending California Wine Country experiences.

Take advantage of this incredible location to fulfill your passion for wine, world-class food at our VINEleven and sheer relaxation at "The Preserve Spa". Amenities at the Napa Valley Marriott include a fitness center, heated outdoor pool, whirlpool, The Preserve Spa, pillow top mattresses, down duvets, high speed internet access, concierge service, **complimentary daily wine tasting**, and complimentary parking.

By staying at the host hotel, you help the University of California, Davis meet its contractual obligations with the Napa Valley Marriott and keep future registration fees reasonable. Please consider that when making your accommodation decisions. We encourage you to stay at the host hotel.

ACCREDITATION

The University of California, Davis, Health System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Physician Credit: The University of California, Davis, Health System designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AMA PRA Category 1 Credits™ acceptable for other healthcare providers

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Psychologist: This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists (self-reporting required).



The University of California, Davis Health System Department of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Pharmacist must attend the entire day to receive full ACPE credit. **No partial credit will be awarded. This activity provides a total of 15.25 contact hours (0.1525 CEUs) of continuing education credit.**

April 17, 2015: – General Session: ACPE Universal Activity Number 0277-0000-15-001-L01-P has been assigned to this activity. This knowledge-based activity provides 5.75 contact hours (0.575 CEUs) of continuing education credit.

April 18, 2015: – Optional Session: ACPE Universal Activity Number 0277-0000-15-002-L01-P has been assigned to this activity. This knowledge-based activity provides 6.0 contact hours (0.6 CEUs) of continuing education credit.

April 19, 2015: – General Session: ACPE Universal Activity Number 0277-0000-15-003-L01-P has been assigned to this activity. This knowledge-based activity provides 3.5 contact hours (0.35 CEUs) of continuing education credit.

AMA PRA Category 1 Credits™:

General Session: Up to 15.25 AMA PRA Category 1 Credits™

Pain Credit: Up to 2.25 Credits™

Registration Form (please print)

CLINICAL PHARMACOTHERAPY • APRIL 17-19, 2015

AIR TRAVEL to Sacramento International Airport (SMF)

The Office of Continuing Medical Education has arranged group rates with United Airlines. Please read and follow the directions carefully to obtain these special rates for your travel to our conference.

United Airlines: Please call United Airlines at (800) 521-4041 between 7:00 am & 12:00 am ET, to take advantage of this conference's discounts by mentioning account code #ZSMC932054.

GROUND TRANSPORTATION

Hertz Car Rental: 1 (800) 654-2240 and request ID CV#04H70006 for discounted rates.

National Car Rental: 1 (800) CAR-RENT and request ID #5282865 for discounted rates.

Super Shuttle: <http://www.supershuttle.com/>

UC DAVIS HEALTH SYSTEM CME MISSION STATEMENT

To educate health care providers through evidence-based activities that emphasizes advances in medicine, new medical technology, biomedical research, and changes in health care delivery to improve clinical outcomes.

UC DAVIS HEALTH SYSTEM CME VISION

Providing medical education for health care professionals to improve patient care.

FOR FURTHER INFORMATION

UC Davis Health System
Office of Continuing Medical Education
4610 X Street, Suite 2301
Sacramento, CA 95817
(866) CME4EDU (263-4338)
(916) 734-5390
(916) 734-0742 Fax
<http://cme.ucdavis.edu>

BROCHURE ART CREDIT

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First Name _____ M.I. _____ Last Name _____ Lic. #: _____
☐ MD ☐ DO ☐ PhD ☐ PharmD ☐ RPh ☐ PA ☐ NP ☐ RN ☐ Psychologist ☐ Other: _____

Institution/Employer (as you would like it to appear on your badge) _____ Profession/Occupation _____

Address (or where you would like your receipt mailed) _____

City _____ State _____ Zip Code _____

() ()
Day Phone _____ Fax Number _____

Email for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information: Please indicate primary medical specialty:

☐ FP ☐ GP ☐ IM ☐ PSY ☐ Other (specify) _____

Social Security Number (last 4 digits required for transcript purposes)

□ □ □ □ — □ □ □ □ — □ □ □ □

Please copy the mail code from the address side of the brochure (above your name, e.g. PPPHARM, MMSPHARM, CRDPHARM) _____

If you did not receive a brochure in the mail, how did you hear about this conference?
(Example: PT&MG, UCD website, web search, magazine, friend) _____

Web

SYLLABUS FORMAT CHOICE:

- ☐ PRINTED (Black & White) \$38, if ordered by April 1, 2015
☐ USB DRIVE (FULL color and B&W versions), included in tuition

If you do not choose, you will receive the USB drive only

HAVE YOU ATTENDED THIS COURSE IN THE PAST? ☐ YES ☐ NO

REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

	Early Discount	After March 5	On Site
Physician	☐ \$420	☐ \$470	☐ \$495
Other health-care professional	☐ \$365	☐ \$415	☐ \$440

☐ If you need disability accommodations at the meeting, please let us know by **April 1, 2015** and our representative will contact you.

Please note special dietary/ food allergy requirements _____

Please check your payment method.

Mailed registration forms without check, credit card information or a purchase order number will not be processed until payment is received.

☐ Check enclosed payable to: UC Regents ☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA

For your protection, do not fax or email your registration form with credit card information. Please mail your registration or contact our Registrar for assistance if you would like to use a credit card.

Account Number _____ Expiration Date _____

Authorized Signature (name on card) _____ 3 Digit Security Code _____

Please use ONE of these methods to register: (Do not mail if previously registered by telephone)



Mail this registration form and payment to:
Office of Continuing Medical Education
c/o UC Davis Cashier's Office
PO Box 989062, West Sacramento, CA 95798-9062



Telephone: (916) 734-5390/Toll Free: 866-CME4EDU



Fax: (916) 734-0742

For Office
Use Only

PHARM15

6016

REGISTER ONLINE AT:

<https://chtapps-prod.ucdmc.ucdavis.edu/cme/CmeSignIn?cocode=PHARM15>

CLINICAL PHARMACOTHERAPY

Practical Information for Primary Care Providers,
Specialists, Pharmacists, NPs, PAs and Nurses

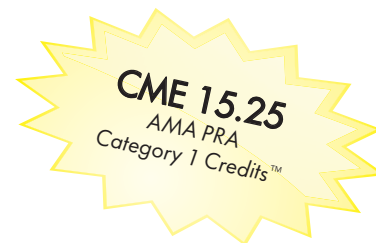
Friday - Sunday
April 17-19, 2015

Napa Valley Marriott
Napa, California

HIGHLIGHTS:

- Great Hotel Room Rates - \$189/night
- Pharmacist's Role in Team-based Health Care Delivery
- Infectious Diseases Around the World
- Depression in the Medically Ill
- Overview of Anxiety Disorders
- Managing the Epidemic of Non-Alcoholic Fatty Liver Disease
- Hear the Most Current Clinical and Regulatory Information from a Nationally-recognized Expert
- Hepatitis C – Breakthrough Curative Treatment

This activity is self-supporting and receives no state funding.



IF YOU CANNOT ATTEND...
PLEASE GIVE BROCHURE TO A COLLEAGUE!

DATED MATERIAL

