

PSYCHIATRY UPDATE 2015

**SOLVING CLINICAL
CHALLENGES, IMPROVING
PATIENT CARE**

HILTON CHICAGO

APRIL 16-18, 2015



TOPICS

- Adult ADHD
- Depression and bipolar disorder
- Anxiety
- Personality disorders
- Substance abuse
- Psychotic disorders
- Managing weight and cardiovascular comorbidities
- Pregnancy and women's health

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**Join us in Chicago for this highly
interactive, learning-focused meeting**

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Wayne State University

Donald W. Black, MD
University of Iowa Carver
College of Medicine

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of Medicine

Anthony L. Rostain, MD, MA
University of Pennsylvania

Anthony J. Rothschild, MD
University of Massachusetts
Medical School



Dear Colleague:

On behalf of the American Academy of Clinical Psychiatrists and **CURRENT PSYCHIATRY** we are pleased to present our 2015 Psychiatry Update.

This 2.5-day educational meeting offers 18 CME credits (which includes credit toward your Maintenance of Certification).

In our interactive, learning-focused format, nationally renowned faculty will provide best practice information specifically designed to address the everyday challenges of improving outcomes for your patients. Topics include:

- Adult ADHD
- Anxiety
- Depression and bipolar disorder
- Personality disorders
- Substance abuse
- Psychotic disorders
- Managing weight and cardiovascular comorbidities
- Women's health/pregnancy.

As always, our meeting offers an outstanding opportunity for peer-to-peer learning and networking. With question and answers allotted for every session, there is ample time to share best practices and find solutions to your most difficult clinical challenges.

We hope you can join us in Chicago.



Richard Balon, MD
Meeting Co-Chair



Donald W. Black, MD
Meeting Co-Chair

ABOUT OUR VENUE

HILTON CHICAGO

720 S. Michigan Ave.
Chicago, Illinois 60605
Tel: 1-877-865-5320

We have arranged for discount rates starting at \$199 a night at the Hilton Chicago. To make your reservation, please call and identify yourself as an AACP participant. Discount rate expires

March 25. We urge you to make your arrangements as soon as possible because our room block will sell out.

About the Hilton Chicago

Step into history. The landmark Hilton Chicago, located on South Michigan Avenue overlooking Grant Park and Lake Michigan, has been meticulously redesigned and restored to preserve the magnificence of its early 20th Century style, while incorporating all of the 21st Century conveniences.

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UMASS MEMORIAL MEDICAL CENTER
WORCESTER, MA



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The last 10 to 15 minutes of each session will be used for Q&A.

(Schedule and faculty are subject to change. Visit www.CPAACP-CME.com for updates.)

THURSDAY, APRIL 16, 2015

- 7:00 am Breakfast/Exhibits
- 8:00 am Welcome
Richard Balon, MD
- 8:05 am Recognition and Diagnosis of Adult ADHD
Anthony L. Rostain, MD, MA
- 9:05 am Psychosis Spectrum Disorders
Henry A. Nasrallah, MD
- 10:05 am Break/Exhibits
- 10:35 am Pharmacological Treatment of Adult ADHD
Anthony L. Rostain, MD, MA
- 11:35 am Treatment of Antisocial Personality Disorder
Donald W. Black, MD
- 12:35 pm Luncheon Symposium
- 2:00 pm Dessert/Exhibits
- 2:15 pm How to Address Treatment-Resistant Depression and Residual Symptoms in Depression
Anthony J. Rothschild, MD
- 3:15 pm Paradigm Shifts in the Treatment of Schizophrenia
Henry A. Nasrallah, MD
- 4:15 pm Refreshment Break/Exhibits
- 4:35 pm Bipolar Disorder and Substance Abuse
Frederick K. Goodwin, MD

FRIDAY, APRIL 17, 2015

- 6:45 am Breakfast
- 8:00 am Bipolar Disorder and Suicide
Frederick K. Goodwin, MD
- 9:00 am Advances in the Diagnosis and Treatment of Psychotic Depression
Anthony J. Rothschild, MD
- 10:00 am Break/Exhibits
- 10:30 am Tobacco Cessation in the Seriously Mentally Ill Patient
Robert M. Anthenelli, MD
- 11:30 am Mood Disorders in Pregnancy
Marlene P. Freeman, MD
- 12:30 pm Luncheon Symposium
- 2:00 pm Dessert/Exhibits
- 2:30 pm Winokur Award Presentation
- 2:45 pm Menopausal Depression and Premenstrual Dysphoric Disorder
Marlene P. Freeman, MD
- 3:45 pm Current Trends in Substance Abuse
Robert M. Anthenelli, MD
- 4:45 pm Stretch Break
- 5:00 pm Management of Borderline Personality Disorder
Donald W. Black, MD

SATURDAY, APRIL 18, 2015

- 6:45 am Breakfast
- 8:00 am Helping Patients with Mental Illness
Lose Weight
Robert M. McCarron, DO
- 9:00 am A Primer on Late-Life Anxiety Disorders
George T. Grossberg, MD
- 10:00 am Break
- 10:15 am Managing Cardiovascular Problems in the Mentally Ill
Robert M. McCarron, DO
- 11:15 am The Growing Problem of Substance Abuse in Geriatric Patients
George T. Grossberg, MD
- 12:15 pm Luncheon Symposium
- 2:00 pm Conference Adjournment



COURSE REGISTRATION FORM

FIRST NAME _____ LAST NAME _____

DEGREE: ☐ MD ☐ DO ☐ PhD ☐ RESIDENT ☐ NP ☐ PA ☐ PHARM D ☐ OTHER, PLEASE SPECIFY _____

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AACP Members	\$295	\$395	\$495

Great Value! Price includes access to all scientific sessions, continental breakfast Thursday, Friday, and Saturday, lunch Thursday and Friday, plus your copy of the workbook.

Cancellation Policy: 2015 CP/AACP will offer a full refund less a \$50 administrative fee as follows: requests for refunds must be made in writing postmarked, e-mailed, or faxed prior to March 25, 2015. After March 25, 2015 no refunds will be granted. Substitutions are welcomed in lieu of cancellation. Refunds will not be issued to no-shows.

REGISTER ONLINE AT CPAACP-CME.COM

This activity has been approved
for a maximum of 18 AMA PRA
Category 1 Credits™.

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UNIVERSITY OF PENNSYLVANIA

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UNIVERSITY OF MASSACHUSETTS MEDICAL SCHOOL

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Recognize overlapping symptoms and devise an approach to address the individual patient's comorbidities
- Diagnose and treat multiple psychiatric disorders
- Demonstrate a working knowledge of medication combinations and adjunctive therapies with the best evidence of efficacy for treatment-resistant symptoms
- Counsel patients on the links between psychiatric and metabolic conditions

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ACCREDITATION INFORMATION

The American Board of Psychiatry and Neurology has reviewed the **CURRENT PSYCHIATRY/AACP 2015 Psychiatry Update** and has approved this program as part of a comprehensive CME program, which is mandated by the ABMS as a necessary component of maintenance of certification.

Who Should Attend: This activity is designed for general and geriatric psychiatrists, nurse practitioners, physician assistants, nurses, psychologists, social workers, and other mental health professionals interested in treating patients with mood, anxiety, psychotic, or substance-related disorders to remission with measurement-based care.

Credit Designation: The Duke University School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Nurse Practitioners: AANP accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Duke University School of Medicine and the American Academy of Clinical Psychiatrists. The Duke University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Disclosure: The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee's and faculty's commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

Resolution of Conflicts of Interest: In accordance with the ACCME Standards for Commercial Support of CME, the Duke University School of Medicine will implement mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

Commercial Support Acknowledgment: This CME activity is supported by educational grants. A complete list of supporters will be published in the course syllabus.