

**PRACTICAL WAYS TO ACHIEVE TARGETS
IN DIABETES CARE**

**Thursday, July 16, 2015
thru Sunday, July 19, 2015**

**Keystone Resort and Conference Center
Keystone, Colorado**

**Jointly Sponsored by:
The University of Colorado School of Medicine
Office of Continuing Medical Education
and**

Children's Diabetes Foundation at Denver, Colorado



**Nonprofit Org.
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PAID

**Denver, CO
Permit No. 1752**

COURSE OBJECTIVES

This course is designed to help healthcare providers caring for patients with diabetes, including but not limited to, endocrinologists/diabetes specialists, internists, pediatricians, family physicians, physician assistants, medical residents and fellows, nurse practitioners, nurses, dietitians and certified diabetes educators. During the course of this four-day conference, we will emphasize the challenges in day-to-day management of diabetes and practical ways to overcome those hurdles, specifically using new technologies and therapeutic options. The discussions will also focus on causes of obesity in type 2 diabetes, new therapeutic options e.g., bariatric surgery and ways of tackling and managing obesity along with insulin resistance. The participants will have an opportunity to participate in an intimate Meet the Peers session (MDs, RNs, and educators), as well and ask questions to a patient/provider panel open-discussion. For type 1 diabetes, there will be a special session on upcoming closed-loop technologies and how to better implement them in everyday care. In addition, the deliberations will also include recent data analysis on the Flat Sugar Study and controversial role of SMBG and type 2 diabetes from the ACCORD study and ways to reduce hypoglycemia in both type 1 and type 2 diabetes. The emerging markers and immunology interventions for treatment of type 1 diabetes will be discussed.

Upon completion of the program, the participant should be able to:

1. Recognize changes in diabetes management over the past five decades that have reduced long-term complications of diabetes.
2. Discuss the impact of hypoglycemia and glucose variability in diabetes management.
3. Identify the mechanisms of gut hormones on glucose control.
4. Demonstrate the use of closed-loop therapy in diabetes management.
5. Analyze challenges in the present and future treatment of diabetes.
6. Brainstorm new ideas through interactions with peers and patients.
7. Identify the association between cardiovascular disease and diabetes.
8. Explain various ways to achieve and maintain target weight in patients with diabetes.
9. Explore new mechanisms of action of Metformin and how that has evolved to new possible therapeutic options.
10. Assess the role of reducing hypoglycemia on cardiovascular disease.

ACCREDITATION

Continuing Medical Education (CME) Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Colorado School of Medicine and Children's Diabetes Foundation at Denver, Colorado. The University of Colorado School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education (CNE) Accreditation

The University of Colorado College of Nursing is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This educational offering for a maximum of 21.5 contact hours is provided by the University of Colorado College of Nursing Office of Lifelong Learning. Pharmacology specific content will be calculated and reflected on the 2015 contact hour certificate (please allow up to four weeks post-conference for receiving certificate by e-mail). CNE can be used by RNs, NPs and APNs.

Dietetic Credit (RDs, DTRs)

Twenty-two credits have been applied for from the Academy of Nutrition and Dietetics (formerly known as the American Dietetic Association).

Social Work Credit (LCSWs, LSWs and other mental health professionals)

Twenty-two credits have been applied for from the Colorado Chapter of the National Association of Social Workers.

Notes: Participants receive credits through one entity only. Participants are advised to contact their state licensing agency before registration to make sure credits offered through this meeting will be counted toward licensure.

CONFERENCE SCHEDULE

WEDNESDAY, JULY 15, 2015

4:00 – 7:00 PM Early Registration

THURSDAY, JULY 16, 2015

10:00 – 12:00 PM Registration/View Exhibits/Snacks

12:00 – 12:15 PM Welcome and Introductory Remarks
Satish Garg, MD

PLENARY ONE: Ways to Improve Diabetes Outcomes
Chair: Irl Hirsch, MD

12:15 – 12:40 PM Changes in Diabetes Treatment over the Past 50
Years
– Sir George Alberti, MD

12:40 – 1:05 PM Rationale for 2015 ADA Guidelines
– Robert Ratner, MD

1:05 – 1:30 PM Artificial Pancreas Development
– William Tamborlane, MD

1:30 – 1:55 PM Non-Insulin Treatment Options for T1D
– Bruce Bode, MD

1:55 – 2:20 PM **Question & Answer/Panel Discussion:**
*Panelists: G. Alberti, R. Ratner, W. Tamborlane, B. Bode,
I. Hirsch*

2:20 – 2:50 PM Break/View Exhibits

PLENARY TWO: Glucose Variability and Hypoglycemia in Diabetes
Chair: Marian Rewers, MD

2:50 – 3:15 PM CSII and the Dawn Phenomenon; Benefit or Harm?
– David S. Schade, MD

3:15 – 3:40 PM Is Hypoglycemia an Issue with Type 2 Diabetes?
– Stephanie Amiel, MD

3:40 – 4:05 PM Role of CGM in Reducing Hypoglycemia
– Richard Bergenstal, MD

4:05 – 4:30 PM **Is Glucose Variability Important for Diabetes Management?**
– Guido Freckmann, MD

4:30 – 4:55 PM **Lessons Learned from FLAT Sugar**
– Irl Hirsch, MD

4:55 – 5:20 PM **Question & Answer/Panel Discussion:**
*Panelists: D. Shade, S. Amiel, R. Bergenstal,
I. Hirsch, G. Freckmann, M. Rewers*

Practical (Hands-on) Experience with CGM and/or CSII Treatment (Limited Space)

7:45 – 11:00 AM **1. *Sensor-Augmented Pump and/or LGS (TS): Workshop – Medtronic Inc. Diabetes**
(Quandary Peak 1 & 2)

2. *Bolus Advisor: Workshop – Roche
(Red Cloud Peak)

3. *Workshop To Be Determined (Shavano Peak)

7:30 – 9:00 PM ***Industry Sponsored Dinner**
(*No continuing educational credit given for participant attendance)

FRIDAY, JULY 17, 2015

7:00 – 7:55 AM **Continental Breakfast/View Exhibits**

7:55 – 8:05 AM **Welcome and Introductory Remarks**
Satish Garg, MD

PLENARY THREE: The Gut and Diabetes
Chair: Sir George Alberti, MD

8:05 – 8:30 AM **Use of Incretins in Children with T1D**
– Phil Zeitler, MD

8:30 – 8:55 AM **Gut Hormones and Diabetes**
– David D'Alessio, MD

8:55 – 9:20 AM **SGLT1 Inhibition and Gastrin in Diabetes Rx**
– Richard Bergenstal, MD

9:20 – 9:45 AM	Mechanisms of Action of Metformin Revisited – Ralph DeFronzo, MD
9:45 – 10:15 AM	Question & Answer/Panel Discussion: <i>Panelists: P. Zeitler, D. D'Alessio, G. Alberti, R. DeFronzo, R. Bergenstal</i>
10:15 – 10:35 AM	Break/View Exhibits
PLENARY FOUR:	<u>The Brain and Diabetes</u> Chair: Georgeanna Klingensmith, MD
10:35 – 11:00 AM	The Brain as a Target for Glucose Homeostasis – Alan Cherrington, MD
11:00 – 11:25 AM	Brain in Children with Type 1 Diabetes; DKA & Hypoglycemia – Darrell Wilson, MD
11:25 – 11:50 AM	Hypoglycemia Unawareness; Role of Brain – Elizabeth Seaquist, MD
11:50 – 12:20 PM	Question & Answer/Panel Discussion <i>Panelists: E. Seaquist, D. Wilson, A. Cherrington, G. Klingensmith</i>
12:20 – 1:20 PM	Lunch/View Exhibits
PLENARY FIVE:	<u>Cardiovascular Disease and Diabetes</u> Chair: Stephanie Amiel, MD
1:20 – 1:45 PM	CVD in the Young with Type 1 Diabetes – Trevor Orchard, MD
1:45 – 2:10 PM	Hypoglycemia and Cardiovascular Disease – Elizabeth Seaquist, MD
2:10 – 2:35 PM	Cardiovascular Outcome Trials, Are they Really Needed? – Allison Goldfine, MD
2:35 – 3:00 PM	Prevention of CVD – Alan Cherrington, MD
3:00 – 3:30 PM	Question & Answer/Panel Discussion: <i>Panelists: T. Orchard, E. Seaquist, A. Goldfine, A. Cherrington, S. Amiel</i>

3:30 – 4:00 PM Break/View Exhibits

**4:00 – 5:00 PM MEET THE PEERS SESSIONS
(A&B Pediatric, C&D Adult)**

A. Pediatric Providers 4:00 – 5:00 PM (Quandary Peak 1)

Chairs: Robert Slover, MD and Darrell Wilson, MD

Providers in Attendance: H. Peter Chase, Marian Rewers, Georgeanna Klingensmith, David Maahs, Paul Wadwa, Christine Chan, Brigitte Frohnert, Andrea Gerard-Gonzalez, Jennifer Raymond, William Tamborlane, Philip Zeitler, Todd Alonso, Andrea Steck

B. Pediatric Educators 4:00 – 5:00 PM (Quandary Peak 2)

Chairs: Gail Spiegel, RD & David Swaschnig, NP

Educators in Attendance: Georgia Koch, Kathy Smith, Ellen Fay-Itzkowitz, Darcy Owen, Susie Owen, Michelle Flagg, Raquel Hink, Claudia Mustafa, Loise Gilmer, Anne Kaess, Carolyn Banion, Cindy Cain, Sofia Meier, Cari Berget, Theresa Cox, Victoria Schatzel, Graciela Tellez, Debbie Trujillo, Dana Shepard

C. Adult Providers 4:00 – 5:00 PM (Longs Peak)

Chairs: Satish Garg, MD and Irl Hirsch, MD

Providers in Attendance: Peter Gottlieb, Aaron Michels, Viral Shah, Robert Ratner, George Alberti, Richard Bergenstal, Stephanie Amiel, Sarit Polsky, Steve Clement, Bruce Bode, David Schade

D. Adult Educators 4:00 – 5:00 PM (Grays Peak)

Chairs: Mary Voelmle, FNP and Daniel Ruck, RN

Educators in Attendance: Terra Thompson, Mara Schwartz, Lisa Meyers, Emily Nease, Christie Beatson, Rachel Garcetti

**7:30 – 9:00 PM *Industry Sponsored Dinner
(*No continuing educational credit given for participant attendance)**

SATURDAY, JULY 18, 2015

7:00 – 7:50 AM Continental Breakfast/View Exhibits

**7:50 – 7:55 AM Welcome Remarks and Introduce Keynote Speaker
Satish Garg, MD**

Keynote Speaker:

7:55 – 8:25 AM **Obamacare; What You Don't Know**
– David S. Schade, MD

8:25 – 8:35 AM **Question & Answer Discussion**

PLENARY SIX: **Recent Advances and Challenges in Diabetes**
Chair: Trevor Orchard, MD

8:35 – 9:00 AM **New Markers for Diabetic Retinopathy**
– Naresh Mandava, MD

9:00 – 9:25 AM **Challenges in Type 1 Diabetes Care**
– David Maahs, MD

9:25 – 9:50 AM **New CGMs on the Horizons**
– Guido Freckmann, MD

9:50 – 10:10 AM **Immune-Modulation for T1D Going Forward**
– Kevan Herold, MD

10:10 – 10:30 AM **Question & Answer/Panel Discussion:**
*Panelists: N. Mandava, D. Maahs, G. Freckmann,
T. Orchard, K. Herold*

10:30 – 10:45 AM **Break/View Exhibits**

PLENARY SEVEN: **Obesity and Hyperglycemia**
Chair: Richard Bergenstal, MD

10:45 – 11:10 AM **Obesity and Diabetes Epidemic**
– Sir George Alberti, MD

11:10 – 11:35 AM **Weight Loss Maintenance Strategies**
– Judy Regensteiner, MD

11:35 – 12:00 PM **Mechanism of Action; Weight Loss with Bariatric Surgery**
– David D'Alessio, MD

12:00 – 12:30 PM **Obesity and Type 1 Diabetes**
– Robert Slover, MD

12:30 – 1:00 PM **Question & Answer/Panel Discussion:**
*Panelists: R. Slover, J. Regensteiner, D. D'Alessio,
G. Alberti, R. Bergenstal*

1:00 – 2:00 PM	Lunch/View Exhibits
2:00 – 3:40 PM	CONCURRENT SESSIONS 1 & 2
SESSION 1:	(Grays Peak) <u>Diabetes in Special Circumstances-Pediatric</u> Chairs: Todd Alonso, MD & H. Peter Chase, MD
2:00 – 2:20 PM	Hypoglycemia Management in Children – Darrell Wilson, MD
2:20 – 2:40 PM	Role of Exercise in T1D Mechanisms and Dose Adjustments – David Maahs, MD
2:40 – 3:00 PM	T2D in Children – Phil Zeitler, MD
3:00 – 3:20 PM	Pumps vs. MDI in Children – William Tamborlane, MD
3:20 – 3:40 PM	Question & Answer/Panel Discussion: <i>Panelists: T. Alonso, H. P. Chase, D. Maahs, P. Zeitler, W. Tamborlane, D. Wilson</i>
SESSION 2:	(Longs Peak) <u>Diabetes in Special Circumstances-Adult</u> Chairs: Aaron Michels, MD & Viral Shah, MD
2:00 – 2:20 PM	T1D in the Elderly; Issues with Severe Hypoglycemia – Steve Clement, MD
2:20 – 2:40 PM	Mechanisms of Exercise Benefits in Diabetes – Judy Regensteiner, MD
2:40 – 3:00 PM	How Best to Implement Artificial Pancreas in Clinical Care – Mary Voelmle, FNP
3:00 – 3:20 PM	Microbiome in Diabetes – Robert Ratner, MD
3:20 – 3:40 PM	Question & Answer/Panel Discussion: <i>Panelists: S. Clement, J. Regensteiner, M. Voelmle, R. Ratner, A. Michels, V. Shah</i>

- 3:40 – 4:00 PM Break/View Exhibits**
- 4:00 – 5:30 PM Concurrent Patient/Provider Question & Answer Panels (Sessions A & B)**

A. Pediatric (Grays Peak)

- 4:00 – 4:10 PM Comorbidities in Youth**
– Marian Rewers, MD
- 4:10 – 4:20 PM Pre-diabetes Analytics**
– Andrea Steck, MD
- 4:20 – 5:30 PM Question & Answer/Panel Discussion:**
Panel: G. Klingensmith, A. Steck, M. Rewers, H. P. Chase, W. Tamborlane, D. Maahs

Patients

- 1. TBD 2. TBD 3. TBD**

B. Adult (Longs Peak)

- 4:00 – 4:10 PM Role of Gastric Pacemakers in Diabetes Gastroparesis**
– S. Garg, MD
- 4:10 – 4:20 PM Diabetes and Cancer**
– George Alberti, MD
- 4:20 – 5:30 PM Question & Answer/Panel Discussion:**
Panel: A. Michels, S. Amiel, R. Bergenstal, I. Hirsch, G. Alberti, S. Polsky, S. Garg

Patients

- 1. Sarah Scott 2. Brian Novak 3. Margaret Zilstra**

- 7:30 – 9:00 PM *Industry Sponsored Dinner**
(*No continuing educational credit given for participant attendance)

SUNDAY, JULY 19, 2015

6:30 – 7:20 AM **Continental Breakfast/View Exhibits**

7:20 – 7:30 AM **Opening Remarks**
Satish Garg, MD

PLENARY EIGHT: *Controversies in Diabetes Management*
Chair: Marian Rewers, MD

7:30 – 7:55 AM **Role of SMBG: Inpatient**
– Steve Clement, MD

7:55 – 8:20 AM **Role of CGM: Inpatient**
– Bruce Bode, MD

8:20 – 8:45 AM **A1C Understanding the Value**
– Irl Hirsch, MD

8:45 – 9:10 AM **Triple Therapy as an Option for Type 2 Diabetes**
– Ralph DeFronzo, MD

9:10 – 9:35 AM **Are Biosimilar Insulins Equally Effective?**
– Stephanie Amiel, MD

9:35 – 10:00 AM **An Update on Microvascular Disease in Diabetes**
– Trevor Orchard, MD

10:00 – 10:15 AM **Question & Answer/Panel Discussion:**
*Panelists: M. Rewers, S. Clement, R. DeFronzo,
I. Hirsch, S. Amiel, B. Bode, T. Orchard*

10:15 – 10:20 AM **Concluding Remarks & Departures**
Satish Garg, MD









CONFERENCE DIRECTOR

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GUEST SPEAKERS

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Kings College School of Medicine

University of Newcastle upon Tyne

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David D'Alessio, MD

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GENERAL INFORMATION

KEYSTONE RESORT

Keystone Resort is located approximately 90 miles west of Denver International Airport on Interstate 70, and a variety of ground transportation is available. Keystone offers a multitude of outdoor activities during the summer including biking, fishing, golf, hiking, river rafting, horseback riding, tennis, sailing, boating and shopping.

Accommodations: Keystone offers a wide variety of accommodations to choose from, including hotel rooms to condominium suites with kitchens and living rooms. The Keystone Conference Village provides easy walking access to the Conference Center. Additional lodging is located throughout the Resort, a short, complementary shuttle ride away. Book now to get your first choice for location and room type. Call Keystone at 800-258-0437 and reference Group Code CV3BET. Reservations made by phone or fax require a first night's deposit in the form of a credit card when the reservation is made. If a reservation is made within 30 days of arrival, full payment is due at such time. After the deposit is received, a confirmation will be sent. Guest cancellations within 30 days of arrival are subject to forfeiture of full deposit amount. Individual guest cancellations outside 30 days of arrival will result in return of deposit less a \$30 processing fee.

CONFERENCE ROOM RATES ARE AS FOLLOWS:

Room Type	Nightly Rate
Keystone Lodge	\$210.00
Inn at Keystone	\$147.00**
Village Studio	\$182.00
One Bedroom Condo	\$195.00
Two Bedroom Condo	\$259.00

**Inn at Keystone is located one-half mile from the meeting site. Complementary shuttle service is available.

Reservations for lodging MUST be made on or before June 16, 2015. The sponsors of this conference are not responsible for availability of desired accommodations and charges associated with your hotel reservations or cancellations with Keystone Resort.

Altitude Awareness and Colorado Weather: Your breathing may become faster or deeper; you may have an increased heart rate, and/or you may feel short of breath especially when being active. To combat problems, increase fluid intake (drink 8-10 glasses of water /day). Ultraviolet rays from the sun are stronger. No matter how tan, you should use a sun block with a minimum SPF rating of 15. Wear sunglasses with UV protection even on cloudy days. The average daytime temperature in Keystone is 70 degrees in July and it generally drops about 20 degrees at night.

If you have a disability and require accommodations in order to fully participate in this conference, please contact the Children's Diabetes Foundation office @ 303-863-1200 or 800-695-2873 and ask for Marijane Engel: mj@childrensdiabetesfoundation.org.

2015 ATDC REGISTRATION FORM

(PLEASE PRINT CLEARLY!)

We encourage everyone to register online
where we are giving a \$20 discount on the registration fee:
www.regonline.com/ATDC

Name _____ Date Submitted _____
Degrees/Credentials _____ Title _____
Affiliation/Institution _____
Office Address _____
City/State/Zip _____
Office & Cell Phone _____
E-mail _____ CC E-mail _____

Please specify the jacket size you normally wear.

(Your response will assist planners in ordering jackets – no guarantee on size preference).

Gender: ☐ Women's ☐ Men's **Size:** ☐ Small ☐ Medium ☐ Large ☐ X-Large

For Meet the Peers Session, please specify your attributes:

Health Provider Type: ☐ Pediatric ☐ Adult Role Type: ☐ Provider ☐ Educator

For the Patient/Provider Question and Answer Panel, which would you like to attend?

☐ Pediatric Panel ☐ Adult Panel OR ☐ I will not attend

Pick your preference for Saturday afternoon Concurrent Sessions:

☐ Session 1: Diabetes in Special Circumstances - Pediatric OR

☐ Session 2: Diabetes in Special Circumstances - Adult

Is this your first time attending the ATDC Keystone Conference? ☐ Yes ☐ No

How did you find out about this conference (please select only one)?

☐ Friend/Coworker ☐ Brochure in Mail ☐ Flyer ☐ Academic Calendar/E-mail
☐ Attended Previous Conference ☐ Other

On Monday July 20, at 1:00 p.m., there will be a free tour of the Barbara Davis Center for Childhood Diabetes.

Will you be attending? ☐ Yes ☐ No ☐ Ask me closer to the conference

**(Complete payment and registration information on
the following page)**

TUITION FEES: IF YOU REGISTER ONLINE,
YOU GET A \$20 DISCOUNT WWW.REGONLINE.COM/ATDC

	<u>On or before March 15</u>	<u>After March 15</u>	<u>After July 1 or Onsite</u>
Physicians	\$670.00	\$720.00	\$750.00
Allied Health			
Care Professionals	\$470.00	\$520.00	\$550.00

CANCELLATION POLICY

A 50% refund will be made for cancellations up to June 19, 2015.

No Refunds after June 19, 2015.

Credit Card # _____

Visa, MC, AmEx, Discover _____ Exp date _____

Name on card _____

YOU MAY APPLY FOR CREDITS FROM ONE ENTITY ONLY:
You Must indicate which Continuing Education Credit you are requesting:

- ☐ **School of Medicine: ACCME (CME) Category 1**
- ☐ **College of Nursing: ANCC (CNE) Contact Hours**
- ☐ **Academy of Nutrition and Dietetics: (CPE)**
- ☐ **Colorado Chapter/National Assn of Social Workers: (CEU)**

E-mail, fax or mail this registration form and payment information to:
 Marijane Engel, Children's Diabetes Foundation at Denver, 4380 So. Syracuse St.,
 #430, Denver, CO 80237 (FAX) 303-863-1122

Dietary/accessibility needs? Alert us: mj@childrensdiabetesfoundation.org:
 303-863-1200.



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