



CEDARS-SINAI®
HEART INSTITUTE

9TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM

FRIDAY, APRIL 24, 2015

Offered in cooperation with
the *California Chapter of the American College of Cardiology* and
WomenHeart: The National Coalition for Women with Heart Disease



California
CHAPTER



COURSE DIRECTOR

C. NOEL BAIREY MERZ, MD, FACC, FAHA
MEDICAL DIRECTOR,
BARBRA STREISAND WOMEN'S HEART CENTER

CONFERENCE LOCATION

Cedars-Sinai Medical Center
Harvey Morse Conference Center
8701 Gracie Allen Drive
Plaza Level, South Tower
Los Angeles, CA 90048

*For the latest course info and to register
visit www.csmc.edu/cme and click on CME courses.*

ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

Cardiovascular disease (CVD) was once thought of as primarily affecting men, but today, CVD is the number one killer of women in the US, claiming almost 400,000 American women every year. Furthermore, as the average age of the American woman increases, the morbidity and mortality rates of CVD are likely to increase dramatically. Yet, many women at risk for coronary heart disease are often not referred for appropriate diagnostic testing, perhaps because until recently, it was thought that the clinical manifestations of women with cardiovascular disease were essentially similar to those of men and warranted similar management. This means the disease process resulting in a heart attack or stroke may not be detected in women until later, with more serious consequences.

Despite significant advances in our knowledge about preventive interventions, cardiovascular disease remains the leading killer of women in the United States. In an effort to further educate in this area our planning committee has assembled a distinguished faculty of national speakers, each with a unique expertise in the field of cardiovascular health and heart disease.

This in depth educational symposium will explore gender specific issues in prevalence, risk factors, screening modalities, and medical management strategies, including anti-atherosclerotic preventive management, symptom management, hypertension, cholesterol, STEMI, high risk OB, exercise, nutrition and coronary microvascular dysfunction. The purpose of this conference is to close the knowledge gap of physicians and allied health care professionals regarding sex-specific differences in cardiovascular disease and the impact these differences have on treatment options, and to highlight the importance of identifying women at risk for cardiovascular disease and utilizing the most current evidence-based treatment strategies for improved patient outcomes.

TARGET AUDIENCE

This educational activity is intended for clinicians who provide cardiovascular care for adult female patients.

EDUCATIONAL OBJECTIVES

- Recognize the clinical presentation of cardiac disease in women and how it differs from men
- Apply the latest clinical evidence and practice protocols to patients with ischemic heart disease
- Recommend strategies for risk reduction and management based on new lifestyle and exercise guidelines
- Encourage patients to consider WomenHeart as a resource that can be used to further support efforts to take control of their heart health
- Understand the effects of pregnancy on the maternal cardiovascular system and develop a plan for the care of at-risk patients
- Develop a gender-specific approach to the identification and diagnosis of non-obstructive disease and coronary microvascular dysfunction in women
- Review the clinical trial data regarding safety and efficacy of dyslipidemia treatment in women
- Review the ACC/AHA 2013 therapeutic lifestyle change guidelines to improve care for women
- Review the clinical trials and ACC/AHA STEMI guidelines to improve care of women
- Review new JNC guidelines and controversy to improve hypertension management in women

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the continuing education requirements for license renewal.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Cedars-Sinai Medical Center gratefully acknowledges the independent educational grants from Abbott Vascular, Astellas, Boston Scientific and St. Jude in support of this educational activity. Additional commercial support is pending and will be acknowledged at the conference.

AGENDA

7:15-7:45 AM	Registration, Breakfast, Exhibits and Dr. Oz Video Segment
7:45-8:00	Introduction <i>C. Noel Bairey Merz, MD, FACC, FAHA</i>
8:00-9:00	KEYNOTE: Gendered Innovations in Health and Medicine SPEAKER: <i>Londa Schiebinger, PhD</i>
9:00-9:15	Break and Exhibits - Today Show
9:15-9:40	The New Cholesterol Guidelines: Controversy, Confusion, Consensus CHAIR: <i>Deborah Clegg, PhD</i> SPEAKER: <i>C. Noel Bairey Merz, MD, FACC, FAHA</i>
9:40-9:50	Question & Answer
9:50-10:50	New ACC/AHA Stable Ischemic Heart Disease Guidelines: Impact for Women CHAIR: <i>Louise E. J. Thomson, MBChB, FRACP</i> SPEAKER: <i>Puja K. Mehta, MD, FACC</i> <i>Case Presentation given by: Erika L. Jones, MD</i>
10:50-11:00	Question & Answer
11:00-11:25	New Lifestyle and Exercise Guidelines (Including Cardiac Rehabilitation); Implications for Women CHAIR: <i>Michele A. Hamilton, MD, FACC</i> SPEAKER: <i>Chrisandra Shufelt, MD, MS, NCMF</i>
11:25-11:35	Question & Answer
11:35-12:35 PM	Coronary Microvascular Dysfunction - Invasive & Noninvasive Diagnosis CHAIR: <i>Bruce A. Samuels, MD, FACC</i> SPEAKER: <i>Amir Lerman, MD</i>
12:35-12:45	Question & Answer
12:45-1:40	Lunch
1:40-2:05	Overview of WomenHeart: The National Coalition for Women with Heart Disease SPEAKERS: <i>Evan McCabe, RN, WomenHeart Champion;</i> <i>Mary McGowan, CEO, WomenHeart</i>
2:05-2:30	High Cardiovascular Risk OB and Adverse Pregnancy Outcomes (APO): Prediction of CVD in Women CHAIR: <i>Sarah J. Kilpatrick, MD, PhD</i> SPEAKERS: <i>Janet Wei, MD, FACC;</i> <i>Margo B. Minissian, PhDc, ACNP, CLS, AACC, FAHA</i>
2:30-2:40	Question & Answer
2:40-3:05	Sex Differences in STEMI and Stem Cell Therapy MODERATOR: <i>Babak Azarbal, MD, FACC</i> SPEAKER: <i>Timothy D. Henry, MD, FACC</i> <i>Case Presentation given by: May R. Bakir, MD</i>
3:05-3:15	Question & Answer
3:15-3:40	New Hypertension Guidelines: Impact on Women CHAIR: <i>Florian Rader, MD</i> SPEAKER: <i>Ronald G. Victor, MD, FACC</i>
3:40-3:50	Question & Answer
3:50 PM	Adjourn

9TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM

APRIL 24, 2015

Cedars-Sinai Medical Center, Harvey Morse Conference Center
8701 Gracie Allen Drive, Plaza Level, South Tower, Los Angeles, CA 90048

REGISTRATION METHODS:

ONLINE registration: www.csmc.edu/cme and click on CME Courses

MAIL form to: Cedars-Sinai Medical Center,
Office of Continuing Medical Education;
Attn: Registration
8797 Beverly Boulevard, Suite #250
Los Angeles, CA 90048

FAX form to: (310) 423-0309

For additional course or registration information call (310) 423-5548.

Please print clearly

Last Name _____ First Name _____

Degree _____ Specialty _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email* _____

**An email address is required to register for the conference.*

REGISTRATION FEES	PHYSICIAN	ALLIED HEALTH PROFESSIONAL	*RESIDENT/FELLOW
Received by 4/3/15	☐ \$185	☐ \$145	☐ \$25
Received after 4/3/15	☐ \$235	☐ \$185	☐ \$25

**Residents/Fellows are eligible to attend for a reduced registration fee. In order to receive this reduced fee, please send the written proof of residency (i.e. letter from Program Director) along with your completed registration form or upload the written proof of residency online.*

Check enclosed payable to CSMC for \$ _____

Please charge my credit card ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

Credit Card No. _____ CCV code _____ Exp Date ____/____/____

Authorized Signature _____

How did you learn about this CME activity?

- | | | |
|--|---|---|
| ☐ Brochure/Other Printed Materials | ☐ Cedars-Sinai Website | ☐ Email |
| ☐ Internet Search | ☐ Colleague | ☐ Past Participant |
| ☐ Internal Cedars-Sinai Communication | ☐ Other _____ | |

CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address. If you do not receive a confirmation, please call (310) 423-5548 to confirm your registration.

REFUND POLICY

All cancellations must be submitted in writing and refunds will be subject to a \$45 administrative charge. No refunds will be given after April 17, 2015.

CANCELLATION POLICY

Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.

FACULTY

COURSE DIRECTOR

C. NOEL BAIREY MERZ, MD, FACC, FAHA
Women's Guild Endowed Chair in Women's Health
Director, Barbra Streisand Women's Heart Center
Director, Linda Joy Pollin Women's Heart Health Program
Director, Preventive Cardiac Center
Professor of Medicine
Cedars-Sinai Medical Center
Los Angeles, CA

GUEST FACULTY

LONDA SCHIEBINGER, PhD
John L. Hinds Professor of History of Science
Stanford University
Stanford, CA

AMIR LERMAN, MD
Professor of Medicine
Mayo Clinic College of Medicine
Consultant, Division of Cardiovascular Diseases
Mayo Clinic
Rochester, MN

CEDARS-SINAI COURSE FACULTY

BABAK AZARBAL, MD, FACC
Co-Director, Heart Failure Unit
Associate Program Director,
Post-Graduate Education in
Interventional Cardiology
Advanced Heart Disease
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

MAY R. BAKIR, MD
Fellow
Barbra Streisand Women's Heart Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

DEBORAH CLEGG, PhD
Associate Professor
Department of Biomedical Sciences
Cedars-Sinai Medical Center
Los Angeles, CA

MICHELE A. HAMILTON, MD, FACC
Director, Heart Failure Program
Professor of Medicine
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

TIMOTHY D. HENRY, MD, FACC
Director, Division of Cardiology
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

ERIKA L. JONES, MD
Fellow
Barbra Streisand Women's Heart Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

SARAH J. KILPATRICK, MD, PhD
Chair, Department of Obstetrics and Gynecology
Associate Dean for Faculty Development
Division of Maternal-Fetal Medicine
Cedars-Sinai Medical Center
Los Angeles, CA

PUJA K. MEHTA, MD, FACC
Director, Non-Invasive Vascular Function Research Lab
Barbra Streisand Women's Heart Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

**MARGO B. MINISSIAN, PhDc, ACNP,
CLS, AACC, FAHA**
Cardiology Nurse Practitioner
Clinical Lipid Specialist
Barbra Streisand Women's Heart Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Assistant Clinical Professor
UCLA School of Nursing
Los Angeles, CA

FLORIAN RADAR, MD
Staff Physician
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

BRUCE A. SAMUELS, MD, FACC
Staff Physician
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

CHRISANDRA SHUFELT, MD, MS, NCMP
Associate Director, Preventive and Rehabilitative
Cardiac Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

LOUISE E. J. THOMSON, MBChB, FRACP
Staff Physician
Nuclear Medicine and Cardiac Imaging
S. Mark Taper Foundation Imaging Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

RONALD G. VICTOR, MD, FACC
Associate Director, Translational Research
Director, Hypertension Center
Associate Director, Heart Institute
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

JANET WEI, MD, FACC
Ruth L. Kirschstein National Research Service
Award (T32) Fellow
Staff Physician
Barbra Streisand Women's Heart Center
Cedars-Sinai Heart Institute
Cedars-Sinai Medical Center
Los Angeles, CA

CONFERENCE LOCATION
Cedars-Sinai Medical Center
Harvey Morse Conference Center
Plaza Level, South Tower
8701 Gracie Allen Drive
Los Angeles, CA 90048

PARKING
Self-parking is available in parking lots 1, 2 and 4.

HOTEL ACCOMMODATIONS
For a detailed list of hotels convenient to the medical center, please visit www.csmc.edu/visitors select Patient & Visitor Information from the left navigation bar and then select Lodging from the Los Angeles Area Resources section.

When making reservations at any of these hotels, please be sure to mention that you are attending a conference at Cedars-Sinai to ensure you are receiving the best current reservation rate.



CEDARS-SINAI®

8797 BEVERLY BLVD., SUITE 250
LOS ANGELES, CA 90048

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Los Angeles, CA
Permit #22328

REGISTER NOW FOR:

9TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM

**APRIL 24, 2015
CEDARS-SINAI MEDICAL CENTER**

**In-depth symposium exploring sex-specific differences
in cardiovascular disease including:**

- Cardiovascular Risk & Pregnancy
- New Cholesterol Guidelines
- Microvascular Coronary Dysfunction
- STEMI & Stem Cell Therapy
- Exercise, Nutrition & Cardiac Rehabilitation