

LIFE IN MOTION

2015 AAO Convocation



The Science, Philosophy and Art of Osteopathic Medicine

Richard G. Schuster, DO, program chair

Program Information

March 11-15, 2015

**Louisville Marriott Downtown
and the Kentucky International
Convention Center**

Osteopathic Pledge of Commitment

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded – the dynamic interaction of mind, body and spirit; the body's ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintaining health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

- **Provide compassionate, quality care to my patients;**
- **Partner with them to promote health;**
- **Display integrity and professionalism throughout my career;**
- **Advance the philosophy, practice and science of osteopathic medicine;**
- **Continue life-long learning;**
- **Support my profession with loyalty in action, word and deed; and**
- **Live each day as an example of what an osteopathic physician should be.**

Adopted by the American Osteopathic Association, Feb. 28, 2003

American Academy of Osteopathy®

Mission Statement

The mission of the American Academy of Osteopathy® is to teach, advocate, and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles, practices and manipulative treatment in patient care.

Vision Statement

All patients have access to osteopathic care.

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Evening with the FAAOs **OMT Techniques Almost Forgotten But Not Lost**

Brett P. Thomas, DO, FAAO, program chair

Osteopathic manipulative treatments (OMT) originally developed by the masters are the basis for OMT techniques currently used in osteopathic manipulative medicine.

At this forum, a panel of experts will share their experiences and knowledge on the effectiveness of these almost forgotten techniques. They will discuss optimal ways to use these techniques and in what circumstances they are most appropriate.

The panel includes Brett P. Thomas, DO, FAAO; Sara E. “Sally” Sutton, DO, FAAO; Hugh M. Ettlinger, DO, FAAO; Edward G. Stiles, DO, FAAO; and Michael L. Kuchera, DO, FAAO.

Life in Motion: The Science, Philosophy and Art of Osteopathic Medicine

Richard G. Schuster, DO, 2015 Convocation program chair

Built around Andrew Taylor Still's concept that every human being is a combination of mind, matter and motion, the AAO's 2015 Convocation will explore motion as it relates to the science, philosophy and art of osteopathic medicine. Each day will focus on one aspect. The first day will explore the science of what we do. The second will explore how we practice the art of osteopathy in its various forms. The next day will focus on the osteopathic medical profession in motion by addressing such questions as: "Where have we been? Where are we going?" The last day will bring these disparate aspects together through osteopathic philosophy so that we better understand who we are and why we are here.

The job of integrating these concepts into the didactic program for the Student American Academy of Osteopathy and the National Undergraduate Fellows Association fell to the SAAO Council. The following members of the SAAO Council should be recognized for their hard work on the SAAO-NUFA program: Council Chair Joseph R. Lewis, OMS IV; Vice Chair Nicholas Scott Mills, OMS III; Secretary-treasurer Hanalore Alvarez Alupay, OMS III, National Coordinator Kyle M. Judkins, OMS IV; and NUFA Liaison Daniel Bruce Mabardy, OMS III.



*Richard G. Schuster, DO,
program chair*

Academy Leaders

On Thursday, March 12, AAO members will gather at the annual business meeting to hear reports from the leadership and to elect leaders for the coming year. You can download the business

meeting book, complete with candidate profiles from our website at www.academyofosteopathy.org.



*David Coffey, DO, FFAO
Immediate Past President*



*Kenneth J. Lossing, DO
2014-15 AAO President*



*Doris B. Newman,
DO, FFAO, 2014-15
AAO President-elect*



*Judith A. O'Connell, DO,
FAAO, MHA
Secretary-Treasurer*



*Michael E. Fitzgerald, BA
AAO Executive Director*

Check-in, CME Documentation and Breakout Session Admittance

When you arrive at Convocation, please go to the computer kiosks near the registration desk to print your name badge and tickets for each of your registered sessions. When you have your name badge, proceed to the appropriate registration desk—there is one for physicians and one for students—to receive your registration packet.

The tickets you print at the kiosk ensure your admission to lectures, breakout sessions and meals. At the entrance for each lecture and breakout session, you will turn in your ticket. Tickets will be collected at the end of each session to record CME credits. If you do not deposit your ticket by the end of the session, you will not receive CME credits.

Because space is limited, we ask that you attend only those sessions for which you registered in advance.

Continuing Medical Education

The AAO anticipates the Convocation will be approved for a maximum of **30.5 credits of AOA Category 1-A CME**, **25.5** of which are anticipated to count as specialty-specific for neuromusculoskeletal medicine.

Anticipated Credits

Lectures and workshops (Thursday through Sunday)	24.5 credits
Evening With the FAAOs (Wednesday)	2 credits
Evening With the Stars (Wednesday)	2 credits
Evening With the Stars and Stripes (Thursday)	2 credits

Attendees are responsible for placing the correct attendance tickets in the boxes outside the meeting rooms to verify their attendance at the lectures and breakout sessions.

OES Offers Hands-on Demonstrations and Chance to Win Complimentary Registration to the AAO's 2016 Convocation

The Academy's Osteopathic Education Service (OES) provides hands-on demonstrations of osteopathic diagnostic and treatment techniques. Subjects are matched with volunteer physicians in both private and group sessions.

Volunteer physicians who donate their time and expertise receive 0.5 credit of AOA Category 1-B CME for each session. In addition, for each demonstration a DO provides during the 2015 Convocation, his or her name will be entered into a drawing for complimentary registration for the 2016 Convocation in Orlando, Florida.

In 2014, OES volunteer R. Paul Lee, DO, FAAO, FCA, won the raffle for the 2015 Convocation.

Osteopathic Education Service hours

Thursday, March 12	8 a.m.–5 p.m.	Ballroom VI-X
Friday, March 13	8 a.m.–5 p.m.	Ballroom VI-X
Saturday, March 14	8 a.m.–noon	Marriott, Rose

Recycle your plastic badge

Please recycle your plastic name badge and any paper handouts in the appropriate receptacles.



Follow the AAO online



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AmericanAcademy.Osteopathy](http://www.facebook.com/AmericanAcademy.Osteopathy)

[@AmAcadOsteo](https://twitter.com/AmAcadOsteo)
[#AAOConvo2015](https://twitter.com/AAOConvo2015)



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10% off books for osteopaths from Handspring Publishing!

Osteopathy for the Over 50s (Nicette SERGUEEF and Kenneth NELSON) Hardback 416 pages Highly Illus **\$81.00**

At the Still Point of the Turning World: The Art and Philosophy of Osteopathy (Robert LEVER) Hardback 208 pages Illus **\$44.95**

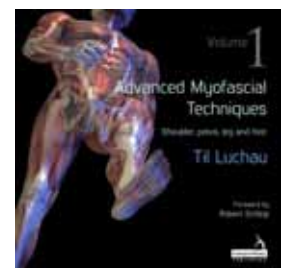
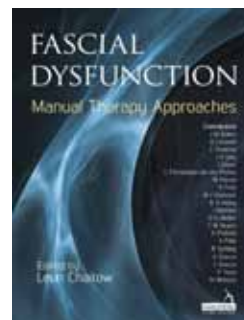
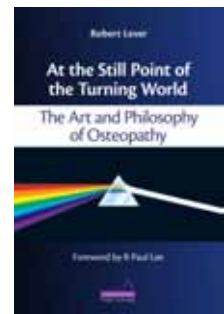
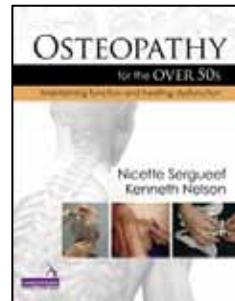
Fascial Dysfunction: Manual Therapy Approaches (Leon CHAITOW) Paperback 288 pages Highly Illus **\$44.95**

Advanced Myofascial Techniques Vol 1 (Til LUCHAU) Paperback 207 pages Highly Illus **\$44.99**

(Prices quoted are AAO Convocation 10% discount prices)

Coming soon: Osteopathic Energetics (Torsten LIEM) Due July 2015 Paperback 600 Pages Highly Illus est \$99.00

Buy at 10% discount from **Booth 124** at the AAO Convocation.
Email hpl.orders@aidcvt.com and quote AAO15 for 10% off.



www.handspringpublishing.com



To order email: hpl.orders@aidcvt.com

Tel: 855 375 7304 – Fax: 802 864 7626

Eastern Main Medical Center Family Medicine Residency

Visit us at
Booth #115
to learn more.

www.emmc.org

2015 Osteopathic Cranial Academy CME Offerings

April 17-19, 2015 The Neurology of Posture - Maxillofacial Influences: Teeth Eyes, Ears, Vertebrae

Course Director: Maurice Bensoussan MD DO FCA and Associate Director: R. Paul Lee DO FAAO FCA
Hilton Hotel Arlington, Arlington, Virginia

June 13-17, 2015 June Introductory Course in Osteopathy in the Cranial Field

Course Director: Eric J. Dolgin DO FCA
Naples Grande Beach Resort, Naples, Florida
40 hours 1-A AOA CME

June 18-21, 2015 Annual Conference

Traumatic Brain Injury, Neuroscience and Osteopathy
Conference Director: Simeon Hain DO and Associate Director: Ali Carine DO
Naples Grande Beach Resort, Naples, Florida

November 2015 Traumatic Brain Injury Course

Course Director: Maud Nerman DO
NYCOM, Old Westbury, New York

The Osteopathic Cranial Academy
3535 E. 96th Street, Suite 101 Indianapolis, IN 46240
(317) 581-0411 FAX: (317) 580-9299

E-mail: info@cranialacademy.org Web site: www.cranialacademy.org

Physician Schedule

AAO policy prohibits personal video or audio taping in the lecture hall. Audio CDs will be on sale Thursday through Sunday outside the lecture hall. Please turn off pagers and cell phones in the lecture hall and breakout sessions. Children are not permitted in the lecture hall or breakout sessions. Thank you for your understanding and cooperation.

Diagrams of the Louisville Marriott Downtown and the Kentucky International Convention Center (KICC) are on Pages 88 and 89 of this program. Locations are subject to change.

Wednesday, March 11

(All times are Eastern)

8–11 a.m.	American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) recertification written exam KICC, MEETING ROOMS 112-114
8 a.m.–noon	AAO Board of Trustees' meeting MARRIOTT, SKYBOX
10 a.m.–6 p.m.	Registration open MARRIOTT, LEVEL 2 LOBBY
11 a.m.–1 p.m.	Residents' in-service written exam KICC, MEETING ROOMS 105 & 108
1–5 p.m.	AAO Board of Governors' meeting MARRIOTT, ROSE
2–5 p.m.	Residents' in-service practical exam KICC, MEETING ROOM 109
5–6 p.m.	AAO Investment Committee's meeting MARRIOTT, ROSE
5–6:30 p.m.	Postgraduate American Academy of Osteopathy (PAAO) mixer MARRIOTT, KENTUCKY BALLROOM C & D
5–7 p.m.	Opening reception MARRIOTT BALLROOM VI-X
7–9 p.m.	An Evening With the FAAOs MARRIOTT BALLROOM I-V
9–10 p.m.	AAO Mentorship Program KICC, MEETING ROOM 112
9–11 p.m.	Evening With the Stars KICC, MEETING ROOMS 101, 104, 105, 108 & 109

Thursday, March 12

The Science of What We Do

6–8 a.m.	AAO National Osteopathic Database Task Force MARRIOTT, WIN
7:30 a.m.–5 p.m.	Registration open MARRIOTT, LEVEL 2 LOBBY
7:30 a.m.–5 p.m.	Exhibit hall open MARRIOTT BALLROOM VI-X
8 a.m.–5 p.m.	Osteopathic Education Service open MARRIOTT BALLROOM VI-X

Morning lectures

8–8:10 a.m.	Welcome and Introduction Richard G. Schuster, DO , program chair MARRIOTT BALLROOM I-V
8:10–9 a.m.	“The Evolution of the Human Pelvis” Taffine Arbor, PhD MARRIOTT BALLROOM I-V
9–10 a.m.	“The Function of the Spine—Part I” Serge Gracovetsky, PhD MARRIOTT BALLROOM I-V
10–11 a.m.	“Transforming Health and Healing” Matthew W. Sanford MARRIOTT BALLROOM I-V
11–12:15 p.m.	Visit with the exhibitors MARRIOTT BALLROOM VI-X
12:15–2:30 p.m.	AAO annual business meeting and luncheon MARRIOTT BALLROOM I-V

2:30–4 p.m.—Breakout sessions (ticket required)

01a:	“An Integrated Approach for Flexion and Gait—Part II” Serge Gracovetsky, PhD KICC, MEETING ROOM 112
01b:	“Waking Mind and Body” Matthew W. Sanford KICC, MEETING ROOM 105
01c:	“Osteopathic Lymphatic Techniques: Physical and Spiritual Transformations and Applications to the GI Tract and to Acute and Chronic Appendicitis” Bruno J. Chikly, MD, DO (France) KICC, MEETING ROOM 109
01d:	“Original Manipulative Techniques of A.T. Still, MD, DO, for the Foot and Ankle” Rue Tikker, DPM KICC, MEETING ROOMS 101 & 104
01e:	“Osteopathy Through the Lens of Ayurveda: A Palpatory Experience” Heather P. Ferrill, DO, MS MEDL KICC, MEETING ROOM 108
4–4:30 p.m.	Visit with the exhibitors MARRIOTT BALLROOM VI-X

(continued on Page 9)

Thursday, March 12 (continued from Page 8)

4:30–6 p.m.—Breakout sessions (ticket required)

- 02a:** “Application to the Detection of Spinal Injuries and the Clinical Assessment of Spinal Function—Part III”
Serge Gracovetsky, PhD
KICC, MEETING ROOM 112
- 02b:** “Waking Mind and Body”
Matthew W. Sanford
KICC, MEETING ROOM 105
- 02c:** “Osteopathic Lymphatic Techniques: Physical and Spiritual Transformations and Applications to the GI Tract and to Acute and Chronic Appendicitis”
Bruno J. Chikly, MD, DO (France)
KICC, MEETING ROOM 109
- 02d:** “Original Manipulative Techniques of A.T. Still, MD, DO, for the Foot and Ankle”
Rue Tikker, DPM
KICC, MEETING ROOMS 101 & 104
- 02e:** “Osteopathy Through the Lens of Ayurveda: A Palpatory Experience”
Heather P. Ferrill, DO, MS MEdL
KICC, MEETING ROOM 108
- 6–9 p.m. AOBNNM board meeting
MARRIOTT, ROSE
- 6:30–7:30 p.m. Gavel Club reception
(former AAO presidents and guests only)
MARRIOTT, SKYBOX
- 6:30–8 p.m. Louisa Burns Osteopathic Research Committee’s Research Forum
KICC, MEETING ROOMS 106 & 107
- 6:30–8 p.m. Pediatric Special Interest Group
KICC, MEETING ROOM 105
- 7:30–11:30 p.m. FFAO forum
(FAAOs and invited guests only)
KICC, MEETING ROOM 109
- 8–9 p.m. AAO Mentorship Program
KICC, MEETING ROOM 112
- 8–10 p.m. Evening With the Stars and Stripes
KICC, MEETING ROOMS 101, 104-108

Friday, March 13

Practicing the Art of Osteopathy

- 6–8 a.m. AAO Louisa Burns Osteopathic Research Committee’s meeting
MARRIOTT, WIN
- 6:30–8 a.m. AAO Membership Committee’s meeting
MARRIOTT, PADDOCK
- 6:30–8 a.m. AAO Publications Committee’s meeting
MARRIOTT, JOCKEY CLUB
- 7:30 a.m.–5 p.m. Registration open
MARRIOTT, LEVEL 2 LOBBY
- 7:30 a.m.–5 p.m. Exhibit hall open
MARRIOTT BALLROOM VI-X

8 a.m.–5 p.m.

Morning lectures

- 8–9 a.m. “Analysis and Correction of Locomotor Dysfunction as It Applies to Autonomic Nervous System Dysregulation”
Lino Cedros, ATC, CAMTC, SP, MT
MARRIOTT BALLROOM I-V
- 9–9:45 a.m. “The Science of Motor Control Assessment: From Janda to Greenman to the Present”
Albert J. Kozar, DO, FAOASM, R-MSK
MARRIOTT BALLROOM I-V
- 9:45–10:15 a.m. Visit with the exhibitors
MARRIOTT BALLROOM VI-X
- 10:15–11 a.m. “Goethean Science and Osteopathic Research”
Edward G. Stiles, DO, FFAO
MARRIOTT BALLROOM I-V
- 11–11:45 a.m. “Perspectives on Clinical Osteopathic Teaching”
Stefan Hagopian, DO, FFAO
MARRIOTT BALLROOM I-V
- 11:45 a.m.–12:30 p.m. “Osteopathic Medicine and Ayurveda: Exploring the Intersections of Health and Healing”
Heather P. Ferrill, DO, MS MEdL
MARRIOTT BALLROOM I-V
- 12:30–1:30 p.m. AAO Osteopathic Medical Economics Committee’s meeting
MARRIOTT, WIN
- 12:30–1:30 p.m. Judging the Research Poster Presentation of the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association
MARRIOTT BALLROOM VI-X
- 12:30–1:45 p.m. PAAO’s annual business meeting and luncheon
MARRIOTT, KENTUCKY BALLROOM F & G
- 12:30–2 p.m. Visit with the exhibitors and lunch on your own
- 12:30–3:30 p.m. Postdoctoral Standards and Evaluation Committee’s meeting
MARRIOTT, FILLY & THOROUGHbred

2–3:30 p.m.—Breakout sessions (ticket required)

- 03a:** “Assessing Motor Control Before and After OMT: The Implication for Corrective Exercise for Uncontrolled Movement”
Albert J. Kozar, DO, FAOASM, R-MSK
KICC, MEETING ROOM 101

(continued on Page 10)

Friday, March 13 (continued from Page 9)

03b: “An Osteopathic Approach to Gait Dysfunctions”
Edward G. Stiles, DO, FAAO
 MARRIOTT, KENTUCKY BALLROOM A-E

03c: “Methods of Mentoring
 in Clinical Osteopathic Medicine”
Stefan Hagopian, DO, FAAO
 KICC, MEETING ROOM 104

03d: “Lower Extremity Treatment
 and Regulation of Fluid Drive”
Lino Cedros, ATC, CAMTC, SP, MT
 KICC, MEETING ROOM 105

03e: “Interactive Research Training Seminar—Part I”
Charles J. Smutny III, DO, FAAO
 KICC, MEETING ROOMS 106 & 107

3:30–4 p.m. Visit with the exhibitors
 MARRIOTT BALLROOM VI-X

4–5:30 p.m.—Breakout sessions (ticket required)

04a: “Assessing Motor Control Before and After OMT:
 The Implication for Corrective Exercise
 for Uncontrolled Movement”
Albert J. Kozar, DO, FAOASM, R-MSK
 KICC, MEETING ROOM 101

04b: “An Osteopathic Approach to Gait Dysfunctions”
Edward G. Stiles, DO, FAAO
 MARRIOTT, KENTUCKY BALLROOM A-E

04c: “Methods of Mentoring
 in Clinical Osteopathic Medicine”
Stefan Hagopian, DO, FAAO
 KICC, MEETING ROOM 104

04d: “Lower Extremity Treatment
 and Regulation of Fluid Drive”
Lino Cedros, ATC, CAMTC, SP, MT
 KICC, MEETING ROOM 105

04e: Component Society Forum, **Doris B. Newman, DO,**
FAAO, 2014–15 AAO president
 KICC, MEETING ROOMS 106 & 107

4:30–5:30 p.m. NMM/OMM Certification and
 Residency Program Information Session
 MARRIOTT BALLROOM I-V

5:30–6:45 p.m. Student American Academy
 of Osteopathy’s semi-silent auction
 MARRIOTT BALLROOM I-V

7–8:30 p.m. A.T. Still University alumni reception
 MARRIOTT, KENTUCKY BALLROOM A & B

7–8:30 p.m. Midwestern University/Chicago
 College of Osteopathic Medicine
 and Midwestern University/
 Arizona College of Osteopathic
 Medicine alumni reception
 MARRIOTT, KENTUCKY BALLROOM F & G

7–8:30 p.m.

7–8:30 p.m.

7–8:30 p.m.

7–8:30 p.m.

8–10 p.m.

9–11 p.m.

New York Institute of Technology
 College of Osteopathic
 Medicine alumni reception
 MARRIOTT, ROSE

Philadelphia College of Osteopathic
 Medicine alumni reception
 MARRIOTT, WIN & PLACE

University of New England College of
 Osteopathic Medicine alumni reception
 MARRIOTT, KENTUCKY BALLROOM C & D

Edward Via College of Osteopathic
 Medicine alumni reception
 LOCATION TO BE DETERMINED

FAAO dinner
 (AAO fellows and guests only)
 MARRIOTT, FILLY & THOROUGHbred

NUFA social (NUFA members only)
 LOCATION TO BE DETERMINED

Saturday, March 14**The Osteopathic Medical Profession
in Motion**

6–8 a.m.

AAO Education Committee’s meeting
 LOCATION TO BE DETERMINED

6:30–8 a.m.

AAO Student Osteopathic
 Academic Research
 MARRIOTT, WIN

8–9:30 a.m.

Magoun Memorial FFAO-NUFA
 Forum, **Hugh M. Ettlinger,**
DO, FAAO (moderator)
 KICC MEETING ROOMS 105 & 108

8 a.m.–noon

Osteopathic Education Service open
 MARRIOTT, ROSE

8 a.m.–noon

Accreditation Council for Osteopathic
 Medical Education’s meeting
 MARRIOTT, JOCKEY CLUB

8 a.m.–6 p.m.

Osteopathic International
 Alliance’s Board meeting
 MARRIOTT, PADDOCK

Morning lectures

8–9 a.m.

“The Timeless Teachings of A.T. Still”
John R. Lewis, BSc Ost Med
(Honors), MSCCO
 MARRIOTT BALLROOM I-V

9–10 a.m.

“Promoting Osteopathic Thought in
 Clinical Education—
 Every Patient, Every Day”
Robert A. Cain, DO
 MARRIOTT BALLROOM I-V

(continued on Page 11)

Saturday, March 14 (continued from Page 10)

10–11 a.m.	“What Is Our Future?” Barbara Ross-Lee, DO, FACOPF MARRIOTT BALLROOM I-V
11 a.m.–12:30 p.m.	Lunch on your own
11 a.m.–12:30 p.m.	AAO Student Academies Committee’s meeting MARRIOTT, THOROUGHbred
11 a.m.–2 p.m.	AAO Board of Trustees’ meeting MARRIOTT, SKYBOX
Noon–3:30 p.m.	The Osteopathic Cranial Academy’s Board meeting MARRIOTT, FILLY

12:30–2:30 p.m.—Breakout sessions (ticket required)

05a:	“Dr. Still and Osteopathy: Why the Profession Needs to Get Back to Its Roots” John R. Lewis, BSc Ost Med (Honors), MSCCO KICC, MEETING ROOM 112
05b:	“Welcome to Wherever You Are—Part I” Anthony G. Chila, DO, FAAODist, FCA MARRIOTT BALLROOM VI-X
05c:	“Use of Seated Facet Release in Children” Karen M. Steele, DO, FAAO KICC, MEETING ROOM 105
05d:	“Visionary Leaders: Harnessing Inspiration and Imagination” Judith A. O’Connell, DO, MHA, FAAO KICC, MEETING ROOM 101
05e:	“Faculty Development Workshop” Michael P. Rowane, DO, FAAO, and Evelyn A. Schwalenberg, DO, MS, FACP, FACO KICC, MEETING ROOMS 106 & 107

2:30–5 p.m.—Breakout sessions (ticket required)

06a:	“Dr. Still and Osteopathy: Why the Profession Needs to Get Back to Its Roots” John R. Lewis, BSc Ost Med (Honors), MSCCO KICC, MEETING ROOM 112
06b:	“Welcome to Wherever You Are—Part II” Anthony G. Chila, DO, FAAODist, FCA MARRIOTT BALLROOM VI-X
06c:	“Use of Seated Facet Release in Children” Karen M. Steele, DO, FAAO KICC, MEETING ROOM 105

06d:	“Visionary Leaders: Harnessing Inspiration and Imagination” Judith A. O’Connell, DO, MHA, FAAO KICC, MEETING ROOM 101
06e:	“Interactive Research Training Seminar—Part II” Charles J. Smutny III, DO, FAAO KICC, MEETING ROOMS 106 & 107
6:30–7:15 p.m.	President’s reception MARRIOTT BALLROOM VI-X
7:15–9:30 p.m.	President’s banquet (ticket required) MARRIOTT BALLROOM I-V
9:30 p.m.–midnight	Convocation entertainment and dance MARRIOTT BALLROOM VI-X

Sunday, March 15

Osteopathic Philosophy: Who We Are and Why We Are Here

8 a.m.–noon	Osteopathic International Alliance’s Board meeting MARRIOTT, PADDOCK
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Morning lectures

8–9 a.m.	“Complex Science and Osteopathic Practice” Edward G. Stiles, DO, FAAO MARRIOTT BALLROOM I-V
9–10 a.m.	“The Beauty of Simple Osteopathy: Lessons I Have Learned” Karen M. Steele, DO, FAAO MARRIOTT BALLROOM I-V
10–11 a.m.	“Be Where You Are When You Are There” Anthony G. Chila, DO, FAAODist, FCA MARRIOTT BALLROOM I-V
11 a.m.–noon	“Life in Motion: A Conclusion” Richard G. Schuster, DO, program chair MARRIOTT BALLROOM I-V
Noon	Convocation adjourns

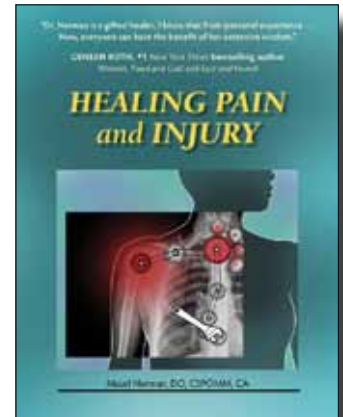
Afternoon workshop

1–7 p.m.	Residency Program Directors’ Workshop KICC, MEETING ROOM 101
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Honing treatment into three basic steps, this pioneering book, complete with personal stories of how patients were healed, illuminates the underlying and often mysterious causes of pain and dysfunction and charts a path to recovery.

Many suffer from terrible headaches, insomnia, weight gain, sexual dysfunction, neck and back pain, immune disorders, cognitive problems, and many other conditions. Now, with *Healing Pain and Injury*, Dr. Nerman helps those who are suffering needlessly, letting them know that there is hope by providing critical tools for their healing.

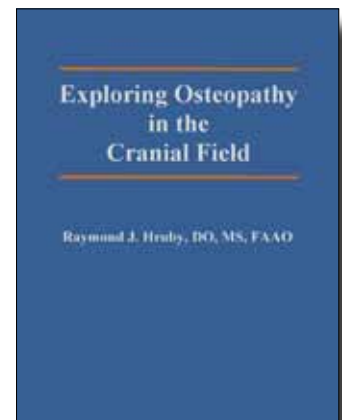
383 pp., paperback, ISBN: 978-0-9859399-0-8, \$24.95



Exploring Osteopathy in the Cranial Field,
Raymond J. Hruby, DO, FAAO

This textbook is designed for the interested physician and for the beginning to intermediate student of this topic. It can be easily used as an accompanying manual for a first or second course in osteopathy in the cranial field, and some topics are useful for more advanced study. *Exploring Osteopathy in the Cranial Field* would be especially suitable for use in a 40-hour first or second level course on this topic.

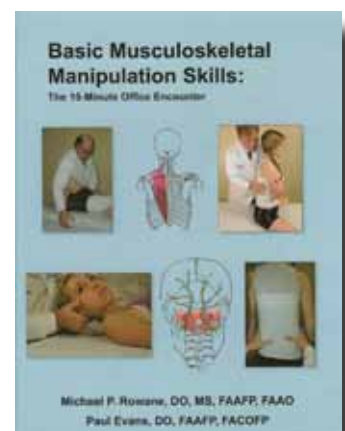
164 pp., spiral-bound, ISBN: 978-0-9887511-0-1, \$59.95



Basic Musculoskeletal Manipulation Skills:
The 15-Minute Office Encounter,
Michael P. Rowane, DO, MS, FAAFP, FAAO,
and Paul Evans, DO, FAAFP, FACOFP

Drs. Evans and Rowane have designed this book for the primary care provider who wants a basic guide to managing commonly seen clinical problems that are amenable to musculoskeletal manipulation. The assessments and techniques presented are ideal for this situation. Both are rapid and efficient, and specifically designed for use during a 15-minute office visit. All chapters cover objectives, illustrative cases with answers, clear illustrations to highlight clinically important anatomic landmarks, assessment tips, treatment techniques, and key summary points. All photographs focus on critical elements of examination and treatment techniques for rapid review at the point of care, enhancing the rapid application of information.

239 pp. Hardcover; ISBN: 0-940668-27-0, \$99.95



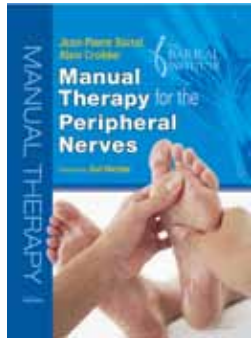
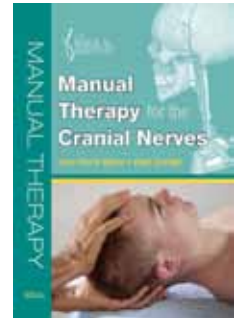
AAO members receive a 10% discount off listed prices.

Download the Academy's [book order form](#) or visit www.academyofosteopathy.org to place your order.

An essential guide to the cranial nerves for manual therapists, [Manual Therapy for the Cranial Nerves](#) incorporates new techniques that have an effect on the most precious part of the cranium, the brain; teaches you how to manipulate this delicate neural system safely; and will make you aware of the brain as the primary target of your action as practitioner.

The central focus of the book is on the practical application of cranial nerve manipulation. Thanks to the wealth of illustrations it is also an excellent guide with which to visualize the cranial nerves and to understand their many functions.

by Jean-Pierre Barral, Alain Croibier, 320 pages, hardcover, \$80.95

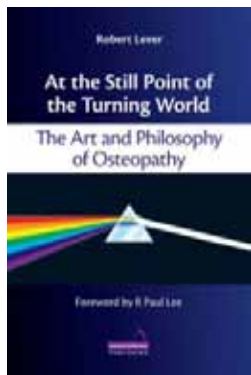


The new evaluation and therapy concept for the peripheral nerves by Jean-Pierre Barral and Alain Croibier is introduced for the first time in [Manual Therapy for the Peripheral Nerves](#). Examination and treatment techniques are described step-by-step and are clarified with a multitude of photographs and illustrations. This book offers all manual therapists the perfect guide to putting this new therapy concept into practice.

by Jean-Pierre Barral, Alain Croibier, 288 pages, hardcover, \$72.95

The techniques presented in [New Manual Articular Approach; Upper Extremity](#) are simple, precise and not at all forceful. Entirely new and original, they represent the fruit of many years of clinical experience. Derived from the rich experience of its authors, this work presents a selection of effective techniques to help therapists bring relief to their patients. This book is for professional osteopathic physicians, students of osteopathic medicine, physiotherapists and manual therapists wishing to enrich their practice and broaden their skill set.

by Jean-Pierre Barral, Alain Croibier, 263 pages, hardcover, \$79.95



Robert Lever's [At the Still Point of the Turning World](#) provides an important contribution to the ongoing debate about the scope and approach of osteopathy (mechanistic vs. psychological or spiritual). The author looks at the dichotomy between the spirit and the science within osteopathy and argues that the most effective care is given when a skilled practitioner combines technical skill with empathy, compassion and a still, listening attitude. The author suggests that while hard research and clinical evidence provide important underpinning, it is the human qualities of wisdom and compassion which can develop osteopathy into an art.

by Robert Lever, 204 pages, paperback, \$45

AAO members receive a 10% discount off listed prices.

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SAAO-NUFA Schedule

AAO policy prohibits personal video or audio taping in the lecture hall. Audio CDs will be on sale Thursday through Sunday outside the lecture hall. Please turn off pagers and cell phones in the lecture hall and breakout sessions. Children are not permitted in the lecture hall or breakout sessions. Thank you for your understanding and cooperation.

Diagrams of the Louisville Marriott Downtown and the Kentucky International Convention Center (KICC) are on Pages 88 and 89 of this program. Locations are subject to change.

Wednesday, March 11 (All times are Eastern)

8 a.m.–5 p.m.	SAAO Board of Governors' meeting KICC, CONFERENCE THEATRE
10 a.m.–6 p.m.	Registration open MARRIOTT, LEVEL 2 LOBBY
4–5 p.m.	Welcome and Introduction MARRIOTT BALLROOM I-V
4–7 p.m.	NUFA program MARRIOTT, KENTUCKY BALLROOM E
5–7 p.m.	Opening reception MARRIOTT BALLROOM VI-X
7–9 p.m.	Evening With the FAOs MARRIOTT BALLROOM I-V
9–10 p.m.	AAO Mentorship Program KICC, MEETING ROOM 112
9–11 p.m.	Evening With the Stars KICC, MEETING ROOMS 101, 104, 105, 108 & 109

Thursday, March 12

7:30 a.m.–5 p.m.	Registration open MARRIOTT, LEVEL 2 LOBBY
7:30 a.m.–5 p.m.	Exhibit hall open MARRIOTT BALLROOM VI-X
8 a.m.–5 p.m.	Osteopathic Education Service open MARRIOTT BALLROOM VI-X

8–9:30 a.m.—Breakout sessions (ticket required)

1As:	“Manipulative Medicine Approach to Common Sports-Related Injuries” Kurt P. Heinking, DO, FAAO KICC, MEETING ROOMS 101 & 104
1Bs:	“OMT Without an OMT Table” Ann L. Habenicht, DO, FAAO KICC, MEETING ROOM 105
1Cs:	“90-Second Counterstrain” William H. Devine, DO KICC, MEETING ROOM 108
1Ds:	“An Introduction to Osteopathy in the Cranial Field—Part I” Daniel Albert Shadoan, DO, and Thomas A. Moorcroft, DO MARRIOTT, KENTUCKY BALLROOM A-E

1Es:	“Spray and Stretch” Michael L. Kuchera, DO, FAAO KICC, MEETING ROOM 109
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9:30–10 a.m.	Visit with the exhibitors MARRIOTT BALLROOM VI-X
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10–11:30 a.m.—Breakout sessions (ticket required)

2As:	“Manipulative Medicine Approach to Common Sports-Related Injuries” Kurt P. Heinking, DO, FAAO KICC, MEETING ROOMS 101 & 104
2Bs:	“OMT Without an OMT Table” Ann L. Habenicht, DO, FAAO KICC, MEETING ROOM 105
2Cs:	“90-Second Counterstrain” William H. Devine, DO KICC, MEETING ROOM 108
2Ds:	“An Introduction to Osteopathy in the Cranial Field—Part II” Daniel Albert Shadoan, DO, and Thomas A. Moorcroft, DO (Participants must attend Part I to attend Part II.) MARRIOTT, KENTUCKY BALLROOM A-E
2Es:	“Spray and Stretch” Michael L. Kuchera, DO, FAAO KICC, MEETING ROOM 109

11:30 a.m.–2 p.m.	SAAO Board of Governors' meeting and general elections KICC, MEETING ROOMS 106 & 107
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11:30 a.m.–3 p.m.	Visit with the exhibitors and lunch on your own
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Afternoon Lectures

3–4 p.m.	“Integration of OMM With an MD Preceptor” Michael P. Rowane, DO, FAAO MARRIOTT BALLROOM I-V
4–5 p.m.	“Total Body Adjustment for Children With Neurological Disorders: Beyond the Treatment Table” Jorge Aranda, BSc Ost Med (Honors), MSc Ped Ost MARRIOTT BALLROOM I-V

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Thursday, March 12 (continued from Page 14)

5-6 p.m.	"The Still Technique" Dennis J. Dowling, DO, FAAO MARRIOTT BALLROOM I-V
6:30-8 p.m.	Louisa Burns Osteopathic Research Committee's Research Forum KICC, MEETING ROOMS 106 & 107
6:30-8 p.m.	Pediatric Special Interest Group KICC, MEETING ROOM 105
8-9 p.m.	AAO Mentorship Program KICC, MEETING ROOM 112
8-10 p.m.	Evening With the Stars and Stripes KICC, MEETING ROOMS 101, 104-108
10 p.m.-1 a.m.	SAAO derby mixer MARRIOTT, KENTUCKY BALLROOM E-G

Friday, March 13

7:30 a.m.-5 p.m.	Registration open MARRIOTT, LEVEL 2 LOBBY
7:30 a.m.-5 p.m.	Exhibit hall open MARRIOTT BALLROOM VI-X
8 a.m.-5 p.m.	Osteopathic Education Service open MARRIOTT BALLROOM VI-X

8-9:30 a.m.—Breakout sessions (ticket required)

3As:	"The Still Technique" Dennis J. Dowling, DO, FAAO KICC, MEETING ROOMS 101 & 104
3Bs:	"Acupuncture for Osteopaths: Utilizing Energy Circulation Within the Body" Akiyoshi Shimomura, DO (Hon.) (Japan) MARRIOTT, KENTUCKY BALLROOM A-E
3Cs:	"Secrets of the Psoas" David G. Harden, DO KICC, MEETING ROOM 105
3Ds:	"Trigeminal Trifecta" Deborah M. Heath, DO KICC, MEETING ROOM 108
3Es:	"EFT Meridian Tapping: How to Help Your Patients Heal Instantly" Kimberly M. D'Eramo, DO KICC, MEETING ROOM 109
9:30-10 a.m.	Visit with the exhibitors MARRIOTT BALLROOM VI-X

10-11:30 a.m.—Breakout sessions (ticket required)

4As:	"The Still Technique" Dennis J. Dowling, DO, FAAO KICC, MEETING ROOMS 101 & 104
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(continued on Page 16)



Louisville: Home of the Kentucky Derby

We may be too early for the most famous derby
in the land, but come to the SAAO mixer for a night of fun
and kick up your heels in your best party clothes.

SAAO mixer

Thursday, March 12

10 p.m. to 1 a.m.

Louisville Marriott Downtown

Kentucky Ballroom A-E



Friday, March 13 (continued from Page 15)

- 4Bs:** “Acupuncture for Osteopaths:
Utilizing Energy Circulation Within the Body”
Akiyoshi Shimomura, DO (Hon.) (Japan)
MARRIOTT, KENTUCKY BALLROOM A-E
- 4Cs:** “Secrets of the Psoas”
David G. Harden, DO
KICC, MEETING ROOM 105
- 4Ds:** “Trigeminal Trifecta”
Deborah M. Heath, DO
KICC, MEETING ROOM 108
- 4Es:** “EFT Meridian
Tapping: How to Help Your Patients Heal Instantly”
Kimberly M. D’Eramo, DO
KICC, MEETING ROOM 109
- 11:30 a.m.–1 p.m. SAAO Board of Governors’ meeting
and SAAO Council elections
KICC, MEETING ROOMS 106 & 107
- 11:30 a.m.–1 p.m. Visit with the exhibitors and
lunch on your own
- 12:30–1:30 p.m. Judging the Research Poster Presentation
of the Louisa Burns Osteopathic
Research Committee and the National
Undergraduate Fellows Association
MARRIOTT BALLROOM VI-X

Afternoon Lectures

- 1–2 p.m. “Assessment of OMM and OPP in the
COMLEX-USA Examination Series”
**John R. Gimpel, DO, MED,
FACOF, FAAFP**
MARRIOTT BALLROOM I-V
- 2–3 p.m. “The OMM Standardized Question”
Lori A. Dolinski, DO, PhD, MSc
MARRIOTT BALLROOM I-V
- 2–3:30 p.m. Optional breakout session
with physicians: “Interactive Research
Training Seminar—Part I”
Charles J. Smutny III, DO, FAAO
KICC, MEETING ROOM 112
- 3–3:30 p.m. Visit with the exhibitors
MARRIOTT BALLROOM VI-X
- 3:30–4:30 p.m. “OMT Integration in a Busy Clinical
Setting: Making It Happen When
There Is Little Time!” **Michael
P. Rowane, DO, FAAO**
MARRIOTT BALLROOM I-V
- 4:30–5:30 p.m. NMM/OMM Certification and
Residency Program Information
Session, **Hugh M. Ettlinger, DO,
FAAO**, and **Jonathan N. Bruner, DO**
MARRIOTT BALLROOM I-V
- 5:30–6:45 p.m. SAAO semi-silent auction
MARRIOTT BALLROOM I-V

7–8 p.m.

7–8:30 p.m.

7–8:30 p.m.

7–8:30 p.m.

7–8:30 p.m.

7–8:30 p.m.

7–8:30 p.m.

9–11 p.m.

Practice for A. Hollis Wolf
Presentations (presenters only)
MARRIOTT BALLROOM I-V

A.T. Still University alumni reception
MARRIOTT, KENTUCKY BALLROOM A & B

Midwestern University/Chicago
College of Osteopathic Medicine
and Midwestern University/
Arizona College of Osteopathic
Medicine alumni reception
MARRIOTT, KENTUCKY BALLROOM F & G

New York Institute of Technology
College of Osteopathic
Medicine alumni reception
MARRIOTT, ROSE

Philadelphia College of Osteopathic
Medicine alumni reception
MARRIOTT, WIN & PLACE

University of New England College of
Osteopathic Medicine alumni reception
MARRIOTT, KENTUCKY BALLROOM C & D

Edward Via College of Osteopathic
Medicine alumni reception
LOCATION TO BE DETERMINED

NUFA social (NUFA members only)
LOCATION TO BE DETERMINED

Saturday, March 14

- 6:30–8 a.m. AAO Student Osteopathic
Academic Research
MARRIOTT, WIN
- 8 a.m.–noon Osteopathic Education Service open
MARRIOTT, ROSE
- 8–11 a.m.—Breakout sessions (ticket required)**
- 5As:** 8–9:30 a.m.: Magoun Memorial FAAO-NUFA
Forum, **Hugh M. Ettlinger, DO, FAAO**
(moderator) (NUFA members only)
KICC, MEETING ROOMS 105 & 108
- 5Bs:** 8–9:30 a.m. “Eastern Medicine: Acupuncture, Dry
Needling, Pressure Point”
Sajid A. Surve, DO
MARRIOTT BALLROOM VI-X
- 5Ds:** 8–9:30 a.m. “Total Body Adjustment for Children
With Neurological Disorders: Beyond
the Treatment Table”
**Jorge Aranda, BSc Ost Med
(Honors), MSc Ped Ost**
KICC, MEETING ROOMS 101 & 104
- 6Bs:** 9:30–11 a.m. “Eastern Medicine: Acupuncture,
Dry Needling, Pressure Point”
Sajid A. Surve, DO
MARRIOTT BALLROOM VI-X

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Saturday, March 14 (continued from Page 16)

6Ds: 9:30–11 a.m.	“Total Body Adjustment for Children With Neurological Disorders: Beyond the Treatment Table” Jorge Aranda, BSc Ost Med (Honors), MSc Ped Ost KICC, MEETING ROOMS 101 & 104
5Cs: 10–11 a.m.	Residency panel with fourth-year students KICC, MEETING ROOM 112

Morning Lecture

11:15 a.m.–noon	“The Future of Osteopathic Medicine—the Single Accreditation System and AOA Rebranding” Carisa Champion-Lippmann, OMS V MARRIOTT BALLROOM I-V
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Afternoon Sessions

Noon–12:45 p.m.	“ACGME Unified Accreditation System: What Will Happen to OMT?” Boyd R. Buser, DO, FACOFP MARRIOTT BALLROOM I-V
12:15–1:30 p.m.	Lunch on your own
1:30–3:30 p.m.	A. Hollis Wolf Case Presentation Competition MARRIOTT BALLROOM I-V
2:30–5 p.m.	Optional breakout session with physicians: “Interactive Research Training Seminar—Part II” Charles J. Smutny III, DO, FAAO KICC, MEETING ROOMS 106 & 107
3:30–4:30 p.m.	Harold A. Blood, DO, FAAO, Memorial Lecture, Hugh M. Ettlinger, DO, FAAO MARRIOTT BALLROOM I-V
4:30–5 p.m.	Presentation of student awards MARRIOTT BALLROOM I-V
6:30–7:15 p.m.	President’s reception MARRIOTT BALLROOM VI-X
7:15–9:30 p.m.	President’s banquet (ticket required) MARRIOTT BALLROOM I-V
9:30 p.m.–midnight	Convocation entertainment and dance MARRIOTT BALLROOM VI-X

Sunday, March 15

Morning lectures (joint session with physicians)

8–9 a.m.	“Complex Science and Osteopathic Practice” Edward G. Stiles, DO, FAAO MARRIOTT BALLROOM I-V
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9–10 a.m.	“The Beauty of Simple Osteopathy: Lessons I Have Learned” Karen M. Steele, DO, FAAO MARRIOTT BALLROOM I-V
10–11 a.m.	“Be Where You Are When You Are There” Anthony G. Chila, DO, FAAODist, FCA MARRIOTT BALLROOM I-V
11 a.m.–noon	“Life in Motion: A Conclusion” Richard G. Schuster, DO , program chair MARRIOTT BALLROOM I-V
Noon	Convocation adjourns

Graduating Soon? Join the Postgraduate American Academy of Osteopathy.

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- PAAO members enjoy reduced rates for **AAO courses and Convocation**.
- PAAO members have access to a **network of more than 1,000 new physicians and PAAO members** who can help you navigate the challenges of the ever-evolving osteopathic medical field.
- If you are interested in an NMM +1 residency, there is no better opportunity to become familiar with the programs, get to know the program directors and establish contacts who can help you **find the NMM +1 program that is right for you**.
- Develop **osteopathic research projects** using the resources of the Louisa Burns Osteopathic Research Committee and the Foundation for Osteopathic Research and Continuous Education (FORCE).
- As recent graduates, PAAO members are uniquely qualified to **mentor osteopathic medical students**.

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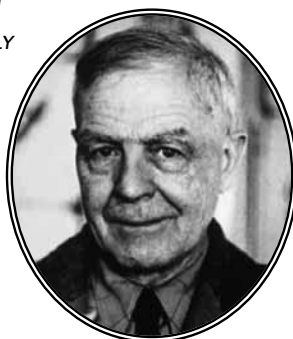
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Get Presentation Materials Online

Speakers have been asked to submit their presentation materials for circulation online. Presentations are posted online at www.academyofosteopathy.org as they are received.

Speaker Evaluations

To ensure that you continue to receive high-quality, valuable continuing medical education events, the Academy needs your feedback on the events you attend at Convocation.

Please complete the 2015 Convocation questionnaire on Survey Monkey online. You can evaluate sessions individually and the Convocation overall.

Continue the Conversation

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Jorge Aranda, BSc Ost Med (Honors), MSc Ped Ost

While a student at the British College of Osteopathic Medicine (BCOM) in London, Aranda completed a course in classical osteopathy with John Werham, the oldest living student of John Martin Littlejohn, PhD, DO, MD, at the time. After graduating from BCOM, Aranda completed a residency at the Osteopathic Center for Children in San Diego, where Viola M. Frymann, MB, DO, FAAO, introduced him to osteopathy in the cranial field (OCF).

After completing his residency, Aranda returned to London to obtain a master of science degree in pediatric osteopathy at the British School of Osteopathy (BSO), which Dr. Littlejohn founded. While studying at BSO, Aranda joined the faculty of BCOM, where he taught visceral osteopathy for three years while completing his studies at BSO.

Aranda then moved to Murcia, Spain, to direct the student clinic at the Escuela Universitaria de Osteopatía (EUO), part of the University of Mur-

cia. At EUO, he organized the osteopathic manipulative treatment clinical program, coordinated the clinic tutors and supervised students during their training.

Aranda continued to pursue OCF as he studied for his master's degree in clinical anatomy at the University of Murcia's medical school. As a result of the research he did there, Aranda was invited to present at EvidenceLive13 at the University of Oxford.

Aranda has also taught in the United States, Canada, Mexico, Saudi Arabia and Japan, and he travels to Buenos Aires, Argentina, twice a year to teach visceral and pediatric osteopathy as part of an academic collaboration with the University of Buenos Aires.

Aranda currently directs the master's degree program in pediatric osteopathy at EUO and practices privately. He is also pursuing a PhD at the University of Murcia.



Thursday, March 12

4 p.m. lecture: "Total Body Adjustment for Children With Neurological Disorders: Beyond the Treatment Table"

Saturday, March 14

10 a.m. breakout session: "Total Body Adjustment for Children With Neurological Disorders: Beyond the Treatment Table"

In this breakout session, participants will learn how the total body adjustment, which does not require a treatment table, can relieve symptoms of musculoskeletal, neurological, gastrointestinal and lymphatic dysfunction in children with neurological disorders like cerebral palsy.

Dr. Arbor is an assistant professor of anatomy and the lead anatomist in the Department of Biomedical Sciences at the Marian University College of Osteopathic Medicine (MU-COM) in Indianapolis. Dr. Arbor is an experienced educator who focuses on human clinical, functional and developmental anatomy.

Dr. Arbor earned a master's degree from Southern Illinois University in Carbondale for her comparative anatomical research on the radiocarpal joint of the Miocene fossil ape *Kenyapithecus*, and she earned her PhD from Washington University in St. Louis for her monographic description and morphological analyses of the approximately 2.5-million-year-old Makapansgat australopithecine assemblage.

In her research, Dr. Arbor explores the comparative anatomy, biological variation and evolutionary history of human and nonhuman primates. Her two primary research areas are the functional adaptations and phylogenetic relationships of the early fossil human genus *Australopithecus* and the North American fossil primate record. She

has been involved in international collaborative research, including leading paleontological and paleoanthropological excavations in North America and Africa. In addition, she serves as a mentor to students in anatomical and anthropological research.

Currently, Dr. Arbor is engaged in paleontological fieldwork and laboratory analysis of small mammals from fossil deposits in northwestern Nebraska to study how the extinction of North American primates relates to such biogeographic issues as climate change, species competition, and species movements.

During her graduate and professional career, Dr. Arbor has earned grants, fellowships and awards from such institutions as the Evolving Earth Foundation, Stephen J. Gould, Lambda Alpha, and the Geological Society of America. She has received the Carl Neureuther Award and the William S. Pollitzer Award. Both MU-COM and Washington University have bestowed awards and commendations on Dr. Arbor for her teaching in human gross anatomy and development.

Thursday, March 12

8:10 a.m. lecture: "The Evolution of the Human Pelvis"

Jonathan N. Bruner, DO

Dr. Bruner is the lead program director for the residencies in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM-OMM) that are part of the Michigan State University Statewide Campus System, which is one of the first AOA-accredited osteopathic postdoctoral training institutions. He is also the director of the Michigan State University College of Osteopathic Medicine's NMM-OMM residency and Sparrow Hospital's Plus One residency in NMM-OMM.

A 2006 graduate of the Michigan State's osteopathic medical college in East Lan-

sing, Dr. Bruner is currently an assistant professor of OMM at the college.

Board certified by the American Osteopathic Board of Neuromusculoskeletal Medicine, Dr. Bruner is a member of the AAO Postdoctoral Standards and Evaluation Committee, and he is a former member of the AAO Membership Committee and its New Physicians in Practice Subcommittee. He is a member of the Statewide Campus System's Osteopathic Principles and Practice Committee.

Friday, March 13

4:30 p.m. lecture: NMM-OMM Certification and Residency Program Information Session with Hugh M. Ettlinger, DO, FAAO



MINISTRY HEALTH CARE

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Boyd R. Buser, DO, FACOFP

A member of the American Osteopathic Association's Board of Trustees, Dr. Buser led the AOA team that negotiated with the Accreditation Council for Graduated Medical Education to reach an agreement on the proposed single accreditation system for graduate medical education. He also chairs the AOA Bureau of Osteopathic Graduate Medical Education Development and the AOA Council on Research, as well as co-chairs the AOA and American Association of Colleges of Osteopathic Medicine's Blue Ribbon Commission on the Advancement of Osteopathic Medical Education.

Dr. Buser currently represents the AOA on the American Medical Association's Current Procedural Terminology (CPT) Editorial Panel. He previously represented the profession on the CPT Advisory Committee, the RUC Advisory Committee, and the Correct Coding Policy Committee.

The American Academy of Osteopathy's 1995-96 president, Dr. Buser currently serves on the AAO Board of Governors, and he has chaired the AAO Nominating Committee since 2009. In 2010, he was awarded the AAO's highest honor, the Andrew Taylor Still Medallion of Honor.

Dr. Buser is also a former chairman of the Board of Directors of the National

Board of Osteopathic Medical Examiners and a founding member of the Board of Directors of the Osteopathic International Alliance. He is a member of the Kentucky Institute of Medicine and the Kentucky Board of Medical Licensure, and he is a fellow of the American College of Osteopathic Family Physicians.

A graduate of the Des Moines (Iowa) University College of Osteopathic Medicine, Dr. Buser currently serves as the vice president for health affairs and the dean of the University of Pikeville-Kentucky College of Osteopathic Medicine, where he also holds the rank of professor of osteopathic principles and practice and professor of family medicine.

Dr. Buser was named Educator of the Year by the American Osteopathic Foundation and the AOA in 1994. In 2013, he received the Riland Medal for Public Service from the New York Institute of Technology (NYIT) in Old Westbury. A former president of the Maine Osteopathic Association, he received the Maine association's Distinguished Service Award twice.

Board certified in both osteopathic manipulative medicine and in family medicine, Dr. Buser has taught extensively both nationally and internationally.



Saturday, March 14

11:15 a.m. lecture: "ACGME Unified Accreditation System: What Will Happen to OMT?"

As the chair of the Accreditation Council for Graduate Medical Education's Osteopathic Principles Committee, Dr. Cain is leading a massive effort to ensure that osteopathic concepts will be incorporated into osteopathic-focused residencies in all specialties under the proposed single accreditation system for graduate medical education (GME).

Dr. Cain's credentials in GME are extensive. He currently serves as the associate dean for GME at the Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) in Athens, and he is the chief academic officer for the Ohio Centers for Osteopathic Research and Education (CORE), one of the original AOA-accredited osteopathic postdoctoral training institutions.

From 2006 to 2013, Dr. Cain served as the director of medical education at Grandview Hospital in Dayton, Ohio, and from 2000 to 2007, he was the director of the internal medicine residency at Grandview. While in charge of that residency, Dr. Cain was selected by

the American College of Osteopathic Internists (ACOI) as its Teacher of the Year in 2004.

An AAO member, Dr. Cain is the president-elect of the Association of Osteopathic Directors and Medical Educators, the vice chair of the American Osteopathic Association's Council on Postdoctoral Training, and the vice chair of the ACOI Council on Education and Evaluation.

Dr. Cain's counts among this personal interests developing educational models to change physician practice behavior, both during training and in practice. He described one such model in a self-published electronic textbook titled *Promoting Osteopathic Thought in Clinical Education, Every Patient, Every Day*.

A 1988 OU-HCOM graduate, Dr. Cain is board certified in internal medicine and pulmonary medicine. He is also a 2009 graduate of the Midwestern University's Costin Institute for Osteopathic Medical Educators.

Saturday, March 14

9 a.m. lecture: "Promoting Osteopathic Thought in Clinical Education—Every Patient, Every Day"

Robert Lino Cedros, ATC, CAMTC, SP, MT

Cedros received his bachelor of science in sports medicine at California State University in Sacramento. In 1991, he opened a private clinic, Kinections Inc., in Sacramento. The clinic provides patient care through somatic therapy, athletic maintenance, sports injury assessment and massage therapy.

In 1996, Cedros began researching, developing and lecturing for the Ursa Foundation, which operates out of Edmonds, Washington. At the Ursa Foundation, Cedros worked with Loren

H. Rex, DO. Cedros is now on the Ursa Foundation's Board of Directors, and he is a senior faculty member for the foundation.

A talented teacher and practitioner of manual techniques, Cedros is currently developing the Ursa Educational Institute for Manual Therapy in Sacramento. The institute began offering classes in January 2015, and medical professionals from around the world have been attending the classes.

Friday, March 13

8 a.m. lecture: "Analysis and Correction of Locomotor Dysfunction as It Applies to Autonomic Nervous System Dysregulation"

2 and 4 p.m. breakout sessions: "Lower Extremity Treatment and Regulation of Fluid Drive"

In each of these breakout sessions, Cedros will explain how plantar venous pump dysfunction relates to regulation of fluid drive through the venous circulatory system and how the dysfunction affects immunity through increased sympathetic tone.

Carisa Champion-Lippman, OMS V

Student Doctor Champion-Lippmann chairs the American Association of Colleges of Osteopathic Medicine's Council of Osteopathic Student Government Presidents, and she is the vice chair of the American Osteopathic Association's Council of Student Affairs. She is also a member of the AOA Brand Awareness Campaign Task Force.

Not only is she a student at the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida, but she is also a candidate for a master's of public health at the Nova Southeastern and a third-year law student at the Nova Southeastern University Shepard Broad Law Center.

Student Doctor Champion-Lippmann strives to promote health in underserved populations and to develop sustainable health policy through combining osteopathic principles with political activism. In accordance with these goals, she has been on nine mission trips, and she hopes to work in medical missions throughout her life.

A former White House intern who worked in Presidential Personnel on health-related departments, boards and commissions, Student Doctor Champion-Lippmann left Washington, DC, knowing that she wanted to return to our nation's capital as a practicing physician.

Saturday, March 14

Noon lecture: "The Future of Osteopathic Medicine—The Single Accreditation System and AOA Rebranding"

Bruno J. Chikly, MD, DO (France)

A frequent Convocation speaker and Academy course director, Dr. Chikly is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry.

A registered osteopath in France, Dr. Chikly received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a doctoral degree in oste-

opathy from the Royal University Libre of Brussels in Belgium. He also has the French equivalent of a master's degree in psychology.

An internationally acclaimed seminar leader, lecturer and writer, Dr. Chikly is the author of the book *Silent Waves: The Theory and Practice of Lymph Drainage Therapy*, as well as the creator of a DVD titled *Dissection of the Brain and Spinal Cord*.



Thursday, March 12

2 and 4 p.m. breakout sessions: "Osteopathic Lymphatic Techniques: Physical and Spiritual Transformations and Applications to the GI Tract and to Acute and Chronic Appendicitis"

Participants will review the basic anatomy and physiology of the lymphatic system, including the novel primo-vascular system inside lymph vessels. Dr. Chikly will demonstrate specific palpation of the lymph flow, lymph-fascia release and their applications to the gastrointestinal tract, especially for treating patients with acute or chronic appendicitis.

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This innovative publication about Osteopathic Manipulative Treatment of the cervical spine contains detailed anatomy descriptions with illustrations and 85 high definition clips (taken from different points of view) showing various osteopathic techniques divided into five categories: soft tissue, joint mobilization, high velocity-low amplitude, traction and intervertebral disc rehab.

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Anthony G. Chila, DO, FAAODist, FCA

Later this year, Dr. Chila will celebrate his 50th anniversary of graduating from what is now the Kansas City (Missouri) University College of Osteopathic Medicine. For this Convocation, Dr. Chila has agreed to share with his Academy colleagues how his thoughts, practices and teachings evolved during the past five decades.

Dr. Chila's academic career began in 1977 at the Michigan State University College of Osteopathic Medicine in East Lansing. The following year, he joined the faculty of an even newer school, the Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) at Athens. Dr. Chila retired from OU-HCOM in 2011, at which time he was named a professor emeritus of family medicine.

Dr. Chila has been extremely active with the American Academy of Osteopathy, serving as its president in 1983-84 and again in 1985-87, serving as scientific editor of *The AAO Journal* from 2000 to 2007, overseeing the Academy's golden anniversary in 1987, editing the Academy's 75th anniversary commemorative publication in 2012, and presenting frequently at Convocation. In 1997, Dr. Chila received the Academy's highest award, the Andrew Taylor Still Medallion of Honor. Eleven years later, he received the inaugural Distinguished Service Award from the fellows of the American Academy of Osteopathy and

the Distinguished Service Award from The Osteopathic Cranial Academy.

In addition, Dr. Chila chaired for five years what is now the American Osteopathic Board of Neuromusculoskeletal Medicine.

Dr. Chila has also been active with the American Osteopathic Association. Most recently, he served as the executive editor for the third edition of the AOA's *Foundations of Osteopathic Medicine* textbook. He also served on both the Editorial Advisory Board and the Editorial Board of *The Journal of the American Osteopathic Association*, as well as on the AOA Council on Research. In 1995, he received the AOA Council on Research's Gutensohn-Denslow Award.

Dr. Chila has been the author or co-author of articles published in such journals as the *AAOJ*, the *JAOA*, *Osteopathic Annals*, the *Journal of Applied Physiology*, the *Journal of Manual Medicine* and the *Journal of Musculoskeletal Pain*.

An internationally recognized lecturer, Dr. Chila delivered the Academy's Thomas L. Northup Lecture in 1986 and its Scott Memorial Lecture in 1984. In addition, he gave the AOA's Andrew Taylor Still Memorial Address in 1990 and its Louisa Burns Memorial Lecture in 1987.

Dr. Chila was named Alumnus of the Year by his alma mater in 1997 and Educator of the Year by the American Osteopathic Foundation in 2013.



Saturday, March 14

12:30 p.m. breakout session: "Welcome to Wherever You Are—Part I"

Dr. Chila will describe the development of his thoughts, practices and teachings during his 50 years as an osteopathic physician. In this breakout session, Dr. Chila will focus on how to relieve pain in the lower body using inferior thoracic aperture release, iliacus fascia release, pelvic diaphragm release, sacropelvic assessment, lower-extremity compartmentalization and more.

2:30 p.m. breakout session: "Welcome to Wherever You Are—Part II"

In this breakout session, Dr. Chila will focus on how to relieve pain in the upper body, using inferior thoracic aperture release, superior thoracic aperture release, scapulofascial reconciliation, upper-extremity compartmentalization and more.

Sunday, March 15

10 a.m. lecture: "Be Wherever You Are When You Are There"

Kimberly M. D'Eramo, DO



Dr. D'Eramo is a 2002 graduate of the University of New England College of Osteopathic Medicine in Biddeford, Maine, where she served a fellowship in osteopathic medicine, medical gross anatomy and neuroanatomy. She then served a residency in emergency medicine at Emory University's Grady Hospital in Atlanta.

While in medical school, Dr. D'Eramo developed a chronic illness that her physicians diagnosed as lifelong. Remembering osteopathic philosophy, Dr.

D'Eramo decided to find ways to activate her body's ability to heal itself. And within a few days, she was symptom free without using medications. Based on that experience, she has spent the past decade developing MindBody Tools to quickly reverse symptoms and activate the body's healing capacity.

Dr. D'Eramo is also the author of the best-selling book *MindBody Tool Kit*, and she speaks internationally on tools for self-healing.

Speakers

Friday, March 13

8 and 10 a.m. breakout sessions: "EFT Meridian Tapping: How to Help Your Patients Heal Instantly"

Used for decades, emotional freedom technique (EFT) meridian tapping has been shown to address pain, anxiety, depression, weight gain, trauma and other medical issues. This self-treatment technique stimulates the meridian channels to neutralize old memories, traumas and stress. Meridian tapping often brings immediate relief of symptoms, and it can be used by patients to address symptoms between visits to their physicians.

William H. Devine, DO

Dr. Devine serves the Midwestern University/Arizona College of Osteopathic Medicine (MWU/AZCOM) in Glendale as the director of postgraduate osteopathic manipulative medicine (OMM), the program director of MWU/AZCOM's neuromusculoskeletal medicine residency, the coordinator of the Midwestern University Osteopathic Specialty Clinic and a full-time clinical professor of OMM.

A 1970 graduate of what is now the Kansas City (Missouri) University College of Osteopathic Medicine, Dr. Devine serves the AAO as a member of its Board of Governors and its Education Committee, as well as the adviser to MWU/AZCOM's Student American Academy of Osteopathy chapter. He is

the president of the Arizona Academy of Osteopathy and a trustee of the Arizona Osteopathic Medical Association (AOMA).

Dr. Devine is the osteopathic representative to the Arizona Medicare Carrier Advisory Committee, and he serves the Health Services Advisory Group in Arizona as a consultant on investigations and reviews of OMM cases.

Dr. Devine has received numerous educational and service awards, including the Littlejohn Award, the highest honor granted to MWU faculty. He also has received MWU's Top Educator Award and the AOMA's Excellence in Osteopathic Medical Education Award.



Thursday, March 12

8 and 10 a.m. breakout session: "90-Second Counterstrain"

Saturday, March 14

10 a.m. breakout session 5Ds: "Total Body Adjustment for Children With Neurological Disorders: Beyond the Treatment Table"

These intermediate-level breakout sessions will be most beneficial to second-year students and up.

Lori A. Dolinski, MSc, PhD, DO

A general internist, Dr. Dolinski is a seasoned educator and a nationally known lecturer in the sciences and medicine, including osteopathic manipulative medicine. She has special expertise in national boards and board certification.

Dr. Dolinski is the executive director of Boards Boot Camp, the only board-preparation program designed exclusively for osteopathic medical students and residents. She is also the president and the chairman of the board of Mindworks Corp., which provides medical and scientific education.

Dr. Dolinski earned a master of science degree and a doctorate in molecular biology, with a specialty in genetic engineering, from the University of Pennsylvania in Philadelphia. She earned her DO degree from the Philadelphia College of Osteopathic Medicine (PCOM). In addition, she earned numerous certifications in such diverse fields as clinical hypnotherapy and bioreactor operations.

She served as adjunct faculty and lecturer in the Department of Pharmacology at what is now the Rowan University School of Osteopathic Medicine in Stratford, New Jersey, and the Department of Biochemistry at PCOM.

When she was the associate dean for clinical curriculum at the Edward Via College of Osteopathic Medicine–Virginia Campus in Blacksburg, Dr. Dolinski became the first to promote the Comprehensive Osteopathic Medical Self-Assessment Evaluation as a requisite to releasing students to take the national boards, a practice now of many osteopathic medical colleges. She also pioneered an integrative curriculum model in which all subjects are presented cohesively as they relate to a single topic or field.

Dr. Dolinski has written numerous textbooks and other publications, including the *Handbook of OMT Review*.

Friday, March 13

2 p.m. lecture: “The OMM Standardized Question”

Dennis J. Dowling, DO, FAAO

The developer of progressive inhibition of neuromuscular structures (PINS), Dr. Dowling has taught at many osteopathic medical colleges and at many educational programs in the United States, Europe and Japan.

A 1989 graduate of the New York Institute of Technology College of Osteopathic Medicine (NYIT-COM) in Old Westbury, Dr. Dowling is a protégé of the late Stanley Schiowitz, DO, FAAO. Dr. Dowling followed in Dr. Schiowitz's footsteps by serving NYIT-COM for a time as its chair of osteopathic manipulative medicine (OMM).

Today, Dr. Dowling holds the rank of clinical professor at the Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM) in Downers Grove, Illinois; the Western University College of Osteopathic Medicine; the Philadelphia College of Osteopathic Medicine (PCOM); and at the University of New England College of Osteopathic Medicine in Biddeford, Maine.

Since 1990, Dr. Dowling has supervised residents in a physical medicine and rehabilitation clinic at the Nassau University Medical Center in East Meadow, New York. AOA board certified in both OMM and family medicine, Dr. Dowling has been in private practice in Syosset, New York, since 2003.

In addition, Dr. Dowling is a consultant and the coordinator of OMM assessment for the performance evaluation of the Comprehensive Osteopathic Medical Licensing Examination-USA, as well as a medical consultant to the National Board of Osteopathic Medical Examiners' osteopathic performance assessment and improvement modules.

An AAO fellow since 1999, Dr. Dowling served the Academy as its 2003-04 president. He has delivered the Academy's Thomas L. Northup Lecture, its Scott Memorial Lecture, and its Harold A. Blood, DO, FAAO, Memorial Lecture as well as PCOM's David Heilig, DO, FAAO, Memorial Lecture.

Dr. Dowling formerly chaired the American Osteopathic Association's Bureau of Osteopathic History and Identity, and he served as the vice chairman of the American Association of Colleges of Osteopathic Medicine's Educational Council on Osteopathic Principles. He is also a former member of the American Osteopathic Board of Neuromusculoskeletal Medicine.

Dr. Dowling is a contributing author and illustrator for all editions of *An Osteopathic Approach to Diagnosis and Treatment*, as well as an editor of that textbook's last edition. He also contributed to all three editions of the AOA's *Foundations of Osteopathic Medicine* textbook, including serving as a section editor for the third edition.

Dr. Dowling has also illustrated journal articles and textbooks, most notably *The Encyclopedia of Osteopathy* and *Easy EMG*. He has written several journal articles, including one on PINS that was published by *The Journal of the American Osteopathic Association (JAOA)*. He is also a co-author of the original contribution that received the *JAOA's* George W. Northup, DO, Medical Writing Award in 2000, which was titled "Standard Osteopathic Manipulative Treatment Acutely Improves Gait Performance in Patients With Parkinson's Disease."



Thursday, March 12

5 p.m. lecture: "The Still Technique"

Friday, March 13

8 and 10 a.m. breakout sessions: "The Still Technique"

In each of these breakout sessions, Dr. Dowling will discuss osteopathic principles and practice in relation to the Still technique. These sessions are recommended for students of all skill levels.

Hugh M. Ettlinger, DO, FAAO



A 1987 graduate of the New York Institute of Technology College of Osteopathic Medicine (NYIT-COM) in Old Westbury, Dr. Ettlinger directs the neuromusculoskeletal medicine residency sponsored by NYIT-COM and St. Barnabas Hospital in the Bronx, New York. He is also an associate professor of osteopathic manipulative medicine at NYIT-COM.

Board certified by the American Osteopathic Board of Neuromusculoskeletal

Medicine, Dr. Ettlinger serves on the Board of Trustees of the Sutherland Cranial Teaching Foundation (SCTF), and he is a faculty member and program chair for the SCTF and for The Osteopathic Cranial Academy.

Dr. Ettlinger serves the Academy as a member of its Board of Governors, as the adviser for the National Undergraduate Fellows Association, and as a member of the Postdoctoral Standards and Evaluation Committee.

Speakers

Friday, March 13

4:30 p.m.: NMM/OMM Certification and Residency Program Information Session

Saturday, March 14

8 a.m.: Magoun Memorial FAAO-NUFA Forum

This forum is a long-standing tradition that pairs experienced osteopathic physicians with dedicated and talented NUFA members. The forum will be divided into three 30-minute segments, each with a 10-minute presentation during which a fellow of the Academy will demonstrate a technique from his or her practice. For the remaining 20 minutes of each segment, all the FAAOs will work closely with the undergraduate fellows, creating a rich experience at the tables.

3:30 p.m.: Harold A. Blood, DO, FAAO, Memorial Lecture

Heather P. Ferrill, DO, MS MEdL

A 2000 graduate of the Michigan State University College of Osteopathic Medicine in East Lansing, Dr. Ferrill is an associate professor of osteopathic manipulative medicine (OMM) at the Rocky Vista University College of Osteopathic Medicine (RVUCOM) in Parker, Colorado.

Board certified in family medicine and neuromusculoskeletal medicine, Dr.

Ferrill focuses on providing osteopathic manipulative treatment to pediatric patients.

Dr. Ferrill serves on the AAO Board of Trustees and its Education Committee. In 2014, she chaired the AAO's didactic program at the American Osteopathic Association's Osteopathic Medical Conference and Exposition in Seattle.



Thursday, March 12

2:30 and 4:30 p.m. breakout sessions: "Osteopathy Through the Lens of Ayurveda: A Palpatory Experience"

Each of these breakout sessions will have didactic and hands-on segments that will focus on the "experience of palpation." Dr. Ferrill will lead participants in exploring the intersection of the osteopathic and ayurvedic paradigms of structure and function. In addition, participants will examine the relationship of the physical body to the energetic body as described in the Vedic tradition, including the prana, nadis and the five sheaths of the body.

Friday, March 13

11:45 a.m. lecture: "Osteopathic Medicine and Ayurveda: Exploring the Intersections of Health and Healing"

John R. Gimpel, DO, MEd, FACOFP, FAAFP



Since 2009, Dr. Gimpel has served as the president and chief executive officer of the National Board of Osteopathic Medical Examiners, which prepares and administers the Comprehensive Osteopathic Medical Licensing Examination-USA (COMLEX-USA).

Dr. Gimpel previously served as the director of predoctoral education and as an associate professor of family medicine at the Georgetown University School of Medicine in Washington, D.C. He also served as the dean, the vice president for health services and a professor of family medicine at the University of New England College of Osteopathic Medicine in Biddeford, Maine.

A graduate of the Philadelphia College of Osteopathic Medicine, Dr. Gimpel completed a rotating internship and a family medicine residency at the Hospital of PCOM/Saint Agnes Medical Center and the Chestnut Hill Hospital/Thomas Jefferson University. He is board certified in family medicine.

Dr. Gimpel is known for his writings and lectures on medical education, assessment, curriculum, and physician-patient communication. He has written chapters for medical textbooks, principally on rheumatic and musculoskeletal disorders in children and adults. He is a frequent lecturer on medical professionalism, the medical interview, and assessment.

Dr. Gimpel's numerous awards include the Phillips Medal of Public Service from the Ohio University Heritage College of Osteopathic Medicine in Athens, the Humanism in Medicine Award from the Association of American Medical Colleges, and the Golden Apple Teaching Award from the Georgetown University School of Medicine.

In 2007, Dr. Gimpel received the Meritorious Service Award from the Federation of State Medical Boards of the United States for his role in the developing the COMLEX-USA Level 2-Performance Evaluation.

Friday, March 13

1 p.m. lecture: "Assessment of OMM and OPP in the COMLEX-USA Examination Series"

Serge Gracovetsky, PhD

Dr. Gracovetsky approaches the spine from the perspective of a physicist and an engineer.

Dr. Gracovetsky graduated from the Swiss Federal Institute of Technology in Zurich in 1968 with a degree in nuclear physics, and he earned his doctorate in electrical engineering just two years later from the University of British Columbia in Vancouver.

For 27 years, Dr. Gracovetsky was on the faculty at Concordia University in Montreal. His varied interests included the human spine, injury process experienced by military jet pilots during emergency ejection, the reasoning process of physicians making diagnoses for lower back pain, and even the control of paper machines.

In addition, Dr. Gracovetsky founded and controlled four technological companies that developed products related to measurement and the function of the spine. These companies exploited the concept of the spine as the primary engine for driving the pelvis during gait. The concept has benefited more than 500,000 patients worldwide.

Dr. Gracovetsky is a renowned author and lecturer, and he holds 22 patents.

Upon retiring from Concordia University, Dr. Gracovetsky was named a professor emeritus. Since then, he has taken up the clarinet and saxophone, and he has enrolled in the jazz studies program at Concordia.



Thursday, March 12

9 a.m. lecture: “The Function of the Spine—Part I”

2:30 p.m. breakout session: “An Integrated Approach for Flexion and Gait—Part II”

Building on ideas he will present in his Thursday-morning lecture, Dr. Gracovetsky will encourage participants to perceive the musculoskeletal system as one machine subjected to clear physical laws. He will emphasize the role of Earth’s gravitational field in locomotion. Participants also will learn to visualize the integration of fascia and muscle during motion, and they will learn how this integration minimizes the overall energy consumption and the stresses on bone, ligament and muscle tissue during movement.

4:30 p.m. breakout session: “Application to the Detection of Spinal Injuries and the Clinical Assessment of Spinal Function—Part III”

Building further on the ideas he will present in his Thursday-morning lecture and in his first afternoon workshop, Dr. Gracovetsky will focus on the two main basic pathological processes affecting the function of the spine. He will show how an automaton has made it possible to differentiate between these two processes using functional data without any pain, clinical or radiological data. Dr. Gracovetsky also will discuss why so many philosophically different rehabilitation techniques exist to treat patients with similar pathologies.

Ann L. Habenicht, DO, FAAO, FACOFP, CS



The Academy's 1997-98 president, Dr. Habenicht just joined the faculty of the Marian University College of Osteopathic Medicine Indianapolis as professor of osteopathic manipulative medicine and chairman of the Department of OMM. She is also the adviser to Marian's chapter of the Student American Academy of Osteopathy.

A 1982 graduate of the Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM) in Downers Grove, Illinois, Dr. Habenicht formerly served as a professor of

osteopathic manipulative medicine at MWU/CCOM.

Dr. Habenicht is a member of the American Osteopathic Board of Neuromusculoskeletal Medicine. She serves on the AAO Board of Governors and its Bylaws Committee.

She served as a section editor for the third edition of the American Osteopathic Association's *Foundations of Osteopathic Medicine* textbook, and she has served in the American Osteopathic Association's House of Delegates.

Thursday, March 12

8 and 10 a.m. breakout sessions: "OMT Without an OMT Table"

Participants in these breakout sessions will learn to modify techniques so that they can treat patients on standard-height exam tables, chairs and hospital beds. These sessions are recommended to students of all skill levels.

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Stefan Hagopian, DO, FAAO



A 1988 graduate of the University of New England College of Osteopathic Medicine in Biddeford, Maine, Dr. Hagopian has been teaching at universities and in continuing medical education courses while maintaining a private practice in traditional osteopathy in Santa Monica, California, for the past 23 years.

During that time, Dr. Hagopian has taught regularly in programs designed by some of his mentors: He has assisted Viola M. Frymann, MB, DO, FAAODist, FCA, in her courses based on the teachings of William Garner

Sutherland, DO, and with the late Herbert C. Miller, DO, FAAO, FCA, he taught anatomically focused courses on the complex conditions of the human body. Dr. Hagopian also taught in study groups formatted after those of the late Anne L. Wales, DO, and he has served on the faculty for the unique Biodynamic Phases curriculum designed by James S. Jealous, DO.

Dr. Hagopian earned his fellowship in the Academy in 2007 based on a thesis that explored the multidimensional aspects of how the science of osteopathy bridges philosophy and practice.

Friday, March 13

11 a.m. lecture: "Perspectives on Clinical Osteopathic Teaching"

2 and 4 p.m. breakout sessions: "Methods of Mentoring in Clinical Osteopathic Medicine"

Great differences exist between introductory and advanced levels of osteopathic teaching in the clinical setting. The first few years of training necessarily focus on developing basic diagnostic and coordination skills. Those skills can be taught in large group settings with minimal individual guidance. However, the same is not always true when students seek to develop the clinical skills that outperform other medical and manual methods of health care. Osteopathic teaching at this advanced level requires tailoring instructions to students' attentive skills and other strengths. Dr. Hagopian will outline teaching methods for third-year osteopathic medical students and beyond, which is the period of training with the greatest potential for altering students' learning curve for osteopathic skills.

David G. Harden, DO, FAAFP, FAARFM

Dr. Harden is the chairman of the Department of Osteopathic Manipulative Medicine at the Edward Via College of Osteopathic Medicine in Blacksburg, Virginia (VCOM-Virginia Campus), where he teaches osteopathic manipulative medicine and primary care. Dr. Harden also practices at Academic Sports and Osteopathic Medicine (ASOM) in Blacksburg, specializing in musculoskeletal medicine. Dr. Harden is board-certified in family medicine and neuromusculoskeletal medicine and osteopathic manipulative medicine.

In 1986, Dr. Harden earned his bachelor's degree in biology from the University of Colorado in Boulder, and in 1992, he earned his DO from the A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri after completing a one-year pre-doctorate

fellowship in the Department of Manipulation there.

Dr. Harden completed a family medicine residency at the Roanoke, Virginia-based Carilion Health Systems in 1995, and he practiced family medicine in Salem, Virginia, until 2004 when he joined the faculty of VCOM-Virginia Campus in the Department of Geriatrics. Dr. Harden also worked as the medical director and a clinician at the Warm Hearth Health Center in Blacksburg, where he practiced geriatric medicine and osteopathic manipulative treatment until 2008.

Dr. Harden is a Fellow of the American Academy of Family Practice and of the American Academy of Anti-Aging Medicine.



Friday, March 13

8 and 10 a.m. breakout sessions: "Secrets of the Psoas"

These breakout sessions for students with beginning and intermediate skill levels will review the anatomy of the psoas muscle and the presentation of psoas muscle dysfunction, also known as psoas syndrome. Diagnosis and treatment of patients for muscle dysfunction will be addressed in both didactic and hands-on formats.

Board-certified in osteopathic manipulative medicine, Dr. Heath is a professor and co-chair of the Osteopathic Manipulative Medicine Department at the A.T. Still University–School of Osteopathic Medicine in Mesa, Arizona, where she teaches osteopathic principles and practices.

Dr. Heath is dedicated to the advancement of the science of osteopathic medicine, and she is actively studying changes in limb blood flow in response to osteopathic manipulative treatment.

In 1986, Dr. Heath earned her DO degree from the Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois. She is a graduate of the Osteopathic Heritage Foundation's Health Policy Fellowship, and she is the former president of the Arizona Osteopathic Medical Association.

With nearly 30 years in the field, Dr. Heath is also a contributing author to textbook and journal articles.

Friday, March 13

8 and 10 a.m. breakout sessions: "Trigeminal Trifecta"

Headaches affect 40 million to 50 million Americans yearly. The trigeminal nervous system is implicated in the etiology of migraine, cervicogenic and concussion-related headaches. The trigeminal nerve influences autonomic reflexes, cerebral blood flow, cervical musculature and chronic pain sensitization. These breakout sessions for students of all skill levels will focus on osteopathic diagnosis and treatment of headaches through the trigeminal system.

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A member of the Academy's Board of Governors, Dr. Heinking chairs the Department of Osteopathic Manipulative Medicine at the Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM) in Downers Grove, Illinois, and he is the director of family medicine and osteopathic manipulative medicine at MWU's new multispecialty clinic in Downers Grove.

Dr. Heinking is an active researcher in both osteopathic manipulative medicine and sports medicine. He lectures at national and international programs and has numerous scholarly publications, including several chapters in the

third edition of the American Osteopathic Association's *Foundations of Osteopathic Medicine* textbook.

In addition to being an Academy member, Dr. Heinking belongs to the American Osteopathic Association, the American Osteopathic Academy of Sports Medicine, The Osteopathic Cranial Academy, the American College of Osteopathic Family Physicians, and the Illinois Osteopathic Medical Society.

A 1994 graduate of MWU/CCOM, Dr. Heinking is board certified in neuromusculoskeletal medicine, family medicine and sports medicine.

Thursday, March 12

8 and 10 a.m. breakout sessions: "Manipulative Medicine Approach to Common Sports-Related Injuries"

During each of these breakout sessions, Dr. Heinking will explain how to integrate manipulative approaches to treat athletes for shoulder, lower back and lower extremity complaints. Dr. Heinking will present case examples, which will be followed by hands-on sessions. Exercise prescription based on the principles of Philip E. Greenman, DO, FAAODist, and Vladimir Janda, MD, DSc, will be discussed and demonstrated. For these intermediate-level breakout sessions, participants should have solid fundamentals in the major technique modalities.

Albert J. Kozar, DO, FAOASM, R-MSK

Board certified in neuromusculoskeletal medicine (NMM), family medicine and sports medicine, Dr. Kozar practices musculoskeletal medicine exclusively, with a 50-50 mix of sports medicine and acute and chronic pain management. In addition, he is a registered musculoskeletal sonographer.

Dr. Kozar is interested in neuromuscular control in functional rehabilitative approaches, diagnostic and therapeutic uses of musculoskeletal ultrasound (MSK), and osteopathic manipulative treatment, as well as regenerative therapies with prolotherapy, platelet-rich plasma prolotherapy, autologous fat grafts, and bone marrow aspirate injections.

A teacher of MSK with the group MSKUS.com, Dr. Kozar teaches diagnostic and cadaver injection courses

seven or eight times per year, and he provides personal one-on-one on-site training for physicians and sonographers.

Dr. Kozar is a 1998 graduate of the Ohio University Heritage College of Osteopathic Medicine in Athens, where he served an undergraduate fellowship in osteopathic manipulative medicine. He completed his family medicine residency at Doctors Hospital in Massillon, Ohio. After completing a sports medicine fellowship at Promedica Toledo Hospital in Ohio, Dr. Kozar joined Valley Sports Physicians in Hartford, Connecticut, in August 2002.

Dr. Kozar has been a team physician for the University of Hartford Hawks since 2002, and he is an associate clinical professor for the University of New England.



Friday, March 13

9 a.m. lecture: “The Science of Motor Control Assessment: From Janda to Greenman to the Present”

2 and 4 p.m. breakout sessions: “Assessing Motor Control Before and After OMT: The Implication for Corrective Exercise for Uncontrolled Movement”

Participants will review the principles of functional motor control assessment from the models of Vladimir Janda, MD, DSc; Grey Cook, MSPT, OCS, CSCS; and Mark Comerford, BPhy, MCSP, MAPA. Dr. Kozar will discuss the similarities and differences in these approaches, and he will demonstrate how to assess functional movement in patients, apply corrective osteopathic manipulative treatment to regional somatic dysfunction, and reassess patients' movement.

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Michael L. Kuchera, DO, FAAO

Dr. Kuchera co-wrote *Osteopathic Considerations in Systemic Dysfunction* and two other textbooks with his father, William A. Kuchera, DO, FAAO. In addition, he served as a section editor for the first two editions of the American Osteopathic Association's *Foundations for Osteopathic Medicine* textbook, as well as a chapter author for all three editions. These and other educational materials led to Dr. Kuchera being induced as a fellow into the American Association of Colleges of Osteopathic Medicine's National Academy of Osteopathic Medical Educators.

After graduating in 1980 from the A.T. Still University-Kirkville College of Osteopathic Medicine (ATSU-KCOM) in Missouri, Dr. Kuchera served ATSU-KCOM as dean, vice president for academic affairs, vice president for international osteopathic research and education, chair of osteopathic manipulative medicine, and OMM residency director. While at ATSU-KCOM, he also co-created the nationally recognized museum exhibit *The Healer Within*, which went on exhibit at the Smithsonian Institute in Washington, D.C., and other museums around the United States.

Dr. Kuchera went on to direct the OMM Research and Human Performance Laboratory at the Philadelphia College of

Osteopathic Medicine (PCOM), and he was the clinical director of PCOM's Center for Chronic Disorders of Aging. Dr. Kuchera is currently on the faculty of the Marian University College of Osteopathic Medicine in Indianapolis.

On behalf of the American Academy of Osteopathy, Dr. Kuchera represents the United States in the International Federation of Manual/Musculoskeletal Medicine, which he serves as secretary-general. He has been lectured in Europe, Japan and Australia, and he is a founding member and former chair of what is now the American Osteopathic Association's Bureau on International Osteopathic Medicine (BIOM).

The AAO's 1996-97 president, Dr. Kuchera is a 2007 recipient of the Andrew Taylor Still Medallion of Honor, the Academy's highest award. Dr. Kuchera currently chairs the AAO's International Affairs Committee, he serves on the AAO Board of Governors, the AAO Louisa Burns Osteopathic Research Committee and the AAO Education Committee.

Currently the vice chairman of the AOA Council on Research, Dr. Kuchera received the AOA's Gutensohn-Denslow Award in 2002 in recognition of his contributions to research and research mentorship.



Friday, March 13

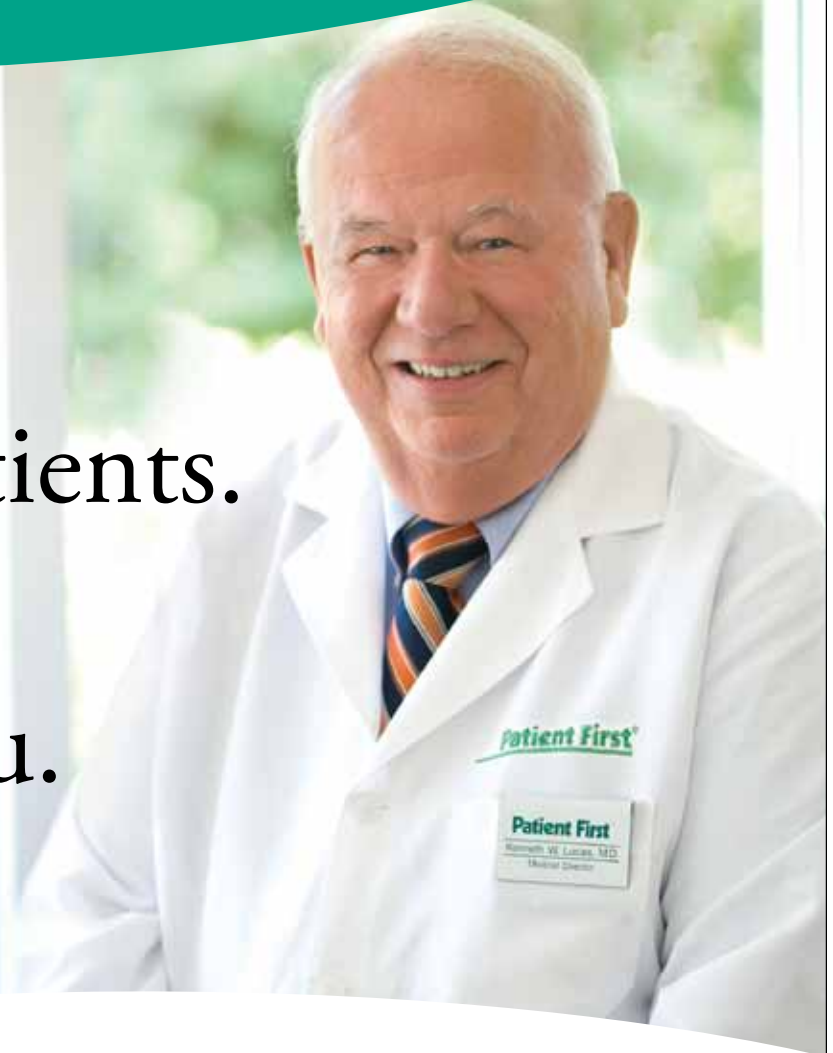
9 a.m. lecture: "The Science of Motor Control Assessment: From Janda to Greenman to the Present"

2 and 4 p.m. breakout sessions: "Assessing Motor Control Before and After OMT: The Implication for Corrective Exercise for Uncontrolled Movement"

Participants will review the principles of functional motor control assessment from the models of Vladimir Janda, MD, DSc; Grey Cook, MSPT, OCS, CSCS; and Mark Comerford, BPhy, MCSP, MAPA. Dr. Kozar will discuss the similarities and differences in these approaches, and he will demonstrate how to assess functional movement in patients, apply corrective osteopathic manipulative treatment to regional somatic dysfunction, and reassess patients' movement.

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John R. Lewis, BSc Ost Med (Honors), MSCCO

The author of the 2012 biography *A.T. Still: From the Dry Bone to the Living Man*, Lewis was introduced to osteopathy while working as a masseur at a health spa in Surrey, England. Although he had earned a diploma in remedial massage in 1987, Lewis enrolled in the British School of Osteopathy (BSO) in London in 1991. In his fourth year at the BSO, Lewis was awarded the R.K. Hardy Prize for the best dissertation. He graduated with a bachelor of science in osteopathic medicine (honors) in 1995.

Inspired by the writings of Andrew Taylor Still, MD, DO, that he had studied at the BSO, Lewis traveled to the A.T. Still University-Kirksville College of Osteopathic Medicine in Mis-

souri to investigate the spiritual aspects of osteopathy in Dr. Still's work. Lewis immersed himself in Kirksville's history and archive collection for more than four years.

Lewis returned to Wales in 2002, and in 2009, he completed a nine-course pathway to become a member of the Sutherland Cranial College of Osteopathy (MSCCO). He has been the editor of the cranial college's magazine since 2010.

Lewis practices osteopathy in Bangor, Gwynedd, in Wales, and he is a world-renowned lecturer on Andrew Taylor Still and osteopathy.



Saturday, March 14

8 a.m. lecture: "The Timeless Teachings of A.T. Still"

12:30 and 2:30 p.m. breakout sessions: "Dr. Still and Osteopathy: Why the Profession Needs to Get Back to Its Roots"

These breakout sessions will expand on the themes Lewis raises in his Friday-morning lecture. Lewis will explore the original philosophy and principles of osteopathy as formulated by Andrew Taylor Still, MD, DO, and he will explain why they are as relevant today as they were during Dr. Still's lifetime.

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This English translation of the German text is made possible through the generosity and hard work of the European Fascial Distortion Model Association (EFDMA). The EFDMA has granted the American Fascial Distortion Model Association (AFDMA) the right to publish this text to continue the spread of the FDM. Out of respect for the effort the EFDMA put into creating this excellent book, no alterations were made in the content. While slight differences and some grammatical nuisances may be noted when compared to the content offered by the AFDMA, the foundational elements are consistent with the teachings of both organizations. No book can replace the hands-on experience of learning from certified instructors. This text is intended to supplement the courses offered by the AFDMA and EFDMA. Listings for available courses can be found on the organizations' websites.

Thank you to all of our friends at the EFDMA.

Todd Capistrant DO, MHA, AFDMA board member, FDM instructor,
author of *Why Does it Hurt? The Fascial Distortion Model:
A New Paradigm for Pain Relief and Restored Movement*

Thomas A. Moorcroft, DO

Dr. Moorcroft is a co-founder of Origins of Health, an osteopathic wellness center in Glastonbury, Connecticut, where he specializes in osteopathic manipulative medicine, including cranial osteopathy, integrative medicine and the treatment of patients with complex medical conditions.

Dr. Moorcroft works with patients to develop a personalized approach to health that stimulates the self-healing

forces within, enabling his patients to realize optimum health.

Dr. Moorcroft graduated in 2005 from the University of New England College of Osteopathic Medicine in Biddeford, Maine, where he served a one-year teaching fellowship in anatomy and osteopathic manipulative medicine. He served a residency in family medicine at Middlesex Hospital in Middletown, Connecticut.



Thursday, March 12

8 and 10 a.m. breakout sessions: “An Introduction to Osteopathy in the Cranial Field—Parts I and II”

In this two-part breakout session, Dr. Shadoan and Dr. Moorcroft will focus on the top OMT techniques for pathology encountered in the cranial field. These sessions are recommended for intermediate to advanced students. Participants must attend Part I to attend Part II.



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Doris B. Newman, DO, FAAO

Dr. Newman is the AAO's 2014-15 president-elect. She has chaired the AAO Postdoctoral Standards and Evaluation Committee, and she currently serves on the American Osteopathic Association's Postdoctoral Training and Review Committee. Because of her roles in graduate medical education, Dr. Newman was a natural choice to serve on the task force that advised the AOA on candidates to nominate for the Accreditation Council for Graduate Medical Education's Osteopathic Principles Committee. That committee is determining the basic osteopathic components to include in all osteopathic-focused residencies accredited by the ACGME.

A 1998 graduate of the University of New England College of Osteopathic Medicine (UNECOM) in Biddeford, Maine, Dr. Newman trained in the general internal medicine residency at Worcester Medical Center in Massachusetts before returning to her alma

mater to train in UNECOM's residency in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM-OMM).

Immediately following her NMM/OMM residency, Dr. Newman joined UNECOM's Department of Osteopathic Principles and Practice. Subsequently, Dr. Newman served as the director the college's NMM-OMM residency, as a co-director of the college's integrated NMM-family medicine residency and as the college's director of medical education.

In 2010, Dr. Newman became an associate professor osteopathic principles and practice at the Nova Southeastern University College of Osteopathic Medicine (NSU-COM) in Fort Lauderdale, Florida, as well as the NSU-COM's director of rural and underserved medicine. In February of this year, Dr. Newman was promoted to executive director of clinical education.



Friday, March 13

4 p.m. breakout session: Component Society Forum

Leaders of the AAO's component societies are invited to meet with the Academy's incoming president to discuss current concerns and developments.

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Judith A. O'Connell, DO, MHA, FAAO

No stranger to visionary leadership, Dr. O'Connell served as the American Academy of Osteopathy's 1992-93 president, and she has been serving as its secretary-treasurer since 2013. In addition, Dr. O'Connell is the American Osteopathic Association's adviser to the American Medical Association's Current Procedural Terminology Editorial Board, as well as an AOA coding and reimbursement adviser. She is a member of the AOA Bureau of Socioeconomic Affairs and the AOA Bureau of Osteopathic Specialty Societies.

Dr. O'Connell is a national advocate for osteopathic manipulative medicine (OMM), and she has represented the AOA on the Health Care Financing Administration and Centers for Medicare and Medicaid Services' workgroups for documentation guidelines, refinement panels, and coding and payment policies. She led the Academy's delegation to the formative meeting for what is now the National Center for Complementary and Integrative Health. In addition, Dr. O'Connell has served the Ohio Osteopathic Association as physician consultant on matters related to the Ohio Bureau of Workers' Compensation.

Dr. O'Connell tackled a subject similar to her Convocation topic when she gave the Academy's 2014 Thomas L. Northup Lecture at the AOA's Osteopathic Medical Conference and Exposition in Seattle. Her visionary Northup topic was "ACGME Merger: An Opportunity to Fulfill Osteopathy's Mission."

As a recognized expert on OMM, Dr. O'Connell has lectured at national and

international conferences. She is a clinical professor of osteopathic medicine at multiple osteopathic medical colleges, and she teaches osteopathic residents, interns and students.

Dr. O'Connell has written many scientific articles and a textbook. Her most recent contributions include a chapter on myofascial release in the third edition of the AOA's *Foundations of Osteopathic Medicine* textbook.

Dr. O'Connell is the president of Pain Alternatives Inc., a multipractitioner group near Dayton, Ohio. She serves Kettering Health's Grandview and Southview Medical Centers as a member of the Medical Executive Committee, the chair of the Department of Osteopathic Manipulative Medicine, the chair of the Bylaws Committee, and a member of the Credentials Committee.

In addition to advocating for OMM, Dr. O'Connell is passionate about osteopathic medical education and continued financial support for graduate medical education so that the profession can continue to produce quality osteopathic physicians in the future.

In 2008, Dr. received the Andrew Taylor Still Medallion of Honor, the Academy's highest award. Four years later, she earned a master of health administration degree from Ohio University in Athens, and she was inducted into the Golden Key International Honour Society, the world's largest collegiate honor society.



Saturday, March 14

12:30 and 2:30 p.m. breakout sessions: "Visionary Leaders: Harnessing Inspiration and Imagination"

Barbara Ross-Lee, DO, FACOFP



Dr. Ross-Lee is the first African-American woman to serve as the dean of a US medical school, and she's the first osteopathic physician to complete a Robert Wood Johnson Health Policy Fellowship.

Raised in Detroit, Dr. Ross-Lee earned a bachelor of science in biology and chemistry in 1965 from Wayne State University in Detroit. She wanted to study medicine, but because of the lack of opportunities for an African-American woman at the time, she joined the National Teacher Corps. When she completed that program in 1969, she enrolled in the new school of osteopathic medicine in Pontiac, Michigan, which later became the Michigan State University College of Osteopathic Medicine (MSU-COM) in East Lansing. After earning her DO degree in 1973, Dr. Ross-Lee operated a private practice and served MSU-COM as the chair of family medicine and as the associate dean for health policy.

Dr. Ross-Lee was the dean of what is now the Ohio University Heritage College of Osteopathic Medicine in Athens from 1993 to 2001. She then became the vice president for health sciences and medical affairs at the New York Institute of Technology (NYIT) in Old Westbury. While serving in that capacity, Dr. Ross-Lee has also been dean of NYIT's College of Osteopathic Medicine and its School of Health Professions.

An advocate for osteopathic medicine and women's health, Dr. Ross-Lee has served as an adviser on primary care, medical

education, minority health, women's health and rural health care issues at the federal and state levels. She has lectured widely, and she has published more than 30 scholarly articles on a variety of medical and other health care issues.

Dr. Ross-Lee has been the executive director and a member of the executive committee of the National Osteopathic Medical Association, the chair of the American Association of College of Osteopathic Medicine's Board of Deans, the president of the Board of Directors of the Association for Academic Health Centers, and a member of the National Advisory Committee for Research on Women's Health.

Among Dr. Ross-Lee's honors are the "Magnificent 7" Award from Business and Profession Women/USA, the Women's Health Award from Blackboard African-American National Bestsellers, the Distinguished Public Service Award from the Oklahoma State University College of Osteopathic Medicine in Tulsa, and an honorary doctorate of science from NYIT.

Proud to be an osteopathic physician, Dr. Ross-Lee used her 2011 Andrew Taylor Still Memorial Address to urge the members of the AOA House of Delegates to uphold Dr. Still's legacy by being "the medical profession that produces physicians who serve people of this nation and world *better*—through a clinical focus on population needs, a strong educational continuum and innovation."

Saturday, March 14

10 a.m. lecture: "What Is Our Future?"

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Michael P. Rowane, DO, FAAO



A member of the Accreditation Council for Graduate Medical Education's newly formed Osteopathic Principles Committee, Dr. Rowane is the director of osteopathic medical education at University Hospitals (UH) Case Medical Center in Cleveland, as well as the director of medical education at UH Richmond Medical Center in Cleveland and UH Bedford Medical Center in Bedford, Ohio.

In addition, Dr. Rowane is an associate clinical professor of family medicine and psychiatry at the Case Western

Reserve University School of Medicine in Cleveland. He co-directs Training Osteopathic Primary Care Educators (TOPCE), which is a national initiative of the American Association of Colleges of Osteopathic Medicine. He is also a co-author of *Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter*.

A 1989 graduate of the Des Moines (Iowa) University College of Osteopathic Medicine, Dr. Rowane is currently a member of the American Academy of Osteopathy's Board of Trustees.

Thursday, March 12

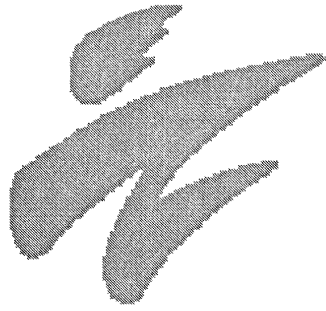
3 p.m. lecture: "Integration of OMM With an MD Preceptor"

Friday, March 13

3:30 p.m. lecture: "OMT Integration in a Busy Clinical Setting: Making It Happen When There Is Little Time!"

Saturday, March 14

12:30 p.m. breakout session: Faculty Development Workshop



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Because a devastating car accident rendered him paraplegic at age 13, Matthew W. Sanford dedicates himself to helping individuals and society at large realize the practical importance of mind-body integration, focusing on people living with trauma, disabilities and other losses.

Sanford is a sought-after public speaker, a nationally recognized yoga teacher, the founder of the nonprofit Mind Body Solutions and the author of the critically acclaimed *Waking: A Memoir of Trauma and Transcendence*. He leads groundbreaking training for health care professionals on integrating mind-body principles into health care, and he has emerged as a leading voice in the integrated health movement, winning the 2010 Pioneer of Integrative Medicine Award from the California Pacific Medical Center's Institute of Health and Healing. Previous recipients include

Deepak Chopra, MD; Dean Ornish, MD; and Mehmet Oz, MD.

Sanford also has been featured on NBC's "Today" show, in *People* magazine, and on American Public Media's "On Being."

Drawing on his unique experience as a patient, paraplegic and yoga teacher, Sanford will share his mind-body approach to health and healing during Convocation. He envisions a health care system in which both patients and caregivers are more connected to their bodies and in which the long-term journey of healing is shared.

Learning to manage the mind-body relationship is a secret to living well. It means refining and enhancing the quality of sensation that is experienced between mind and body.

Thursday, March 12

10 a.m. lecture: "Transforming Health and Healing"

2:30 and 4:30 p.m. breakout sessions: "Waking Mind and Body"

Learning to manage the mind-body relationship is a secret to living well. It requires learning to refine and enhance the quality of sensation that is experienced between mind and body. In this experiential workshop, participants will learn specific techniques to refine this level of sensation in both themselves and others.

Richard G. Schuster, DO, program chair

The chair of the Academy's 2015 Convocation, Dr. Schuster, is a member of AAO Board of Governors and the chair of the AAO Education Committee.

He is the chairman of primary care medicine at the Marian University College of Osteopathic Medicine in Indianapolis, and he is the director of osteopathic medical education for Community Health Network in Indianapolis.

After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He

served a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

From 1998 to 2001, Dr. Schuster served on active duty in the US Navy Medical Corps.

Dr. Schuster has a strong interest in medical education, and his academic interests include musculoskeletal medicine, biomechanics and functional anatomy, with an emphasis on how the body transmits and organizes information to coordinate movement.



Thursday, March 12

8 a.m.: Welcome and introduction

Sunday, March 15

11 a.m.: "Life in Motion: A Conclusion"

Evelyn A. Schwalenberg, DO, MS, FACOI, FACP



Dr. Schwalenberg is as an assistant professor of medicine and the director of faculty development at the University of New England College of Osteopathic Medicine (UNECOM) in Biddeford, Maine, from which she graduated in 1993. She was formerly an assistant professor of medicine at the University of Massachusetts Medical School in Worcester.

Dr. Schwalenberg co-chairs of the Center for Osteopathic Medical Educa-

tion's Faculty Development Task Force, which is working to develop a national fellowship program for the osteopathic medical profession.

Dr. Schwalenberg served a residency in general internal medicine at the University of Massachusetts Medical Center in Worcester. She is certified by both the American Osteopathic Board of Neuro-musculoskeletal Medicine and the American Osteopathic Board of Internal Medicine.

Saturday, March 14

12:30 p.m. breakout session: Faculty Development Workshop

Daniel A. Shadoan, DO

The president-elect of The Osteopathic Cranial Academy (OCA), Dr. Shadoan is a frequent lecturer for the OCA and for the Osteopathic Center for Children in San Diego.

He earned his DO degree from the Touro University College of Osteopathic Medicine (TUCOM) in Vallejo, California, in 2002. He served an in-

ternship and a residency in neuromusculoskeletal medicine and osteopathic manipulative medicine (OMM) at St. Barnabas Hospital in the Bronx, New York, serving as the chief resident during the final year of his residency.

Dr. Shadoan is in private practice in San Francisco, and he is an adjunct clinical professor of OMM at TUCOM.



Thursday, March 12

8 and 10 a.m. breakout sessions: “An Introduction to Osteopathy in the Cranial Field—Parts I and II”

In this two-part breakout session, Dr. Shadoan and Dr. Moorcroft will focus on the top OMT techniques for pathology encountered in the cranial field. These sessions are recommended for intermediate to advanced students. Participants must attend Part I to attend Part II.

Akiyoshi Shimomura, DO (Hon.) (Japan)

Shimomura graduated from what is now the Meiji University of Integrative Medicine in Kyoto, Japan, in 1981 and the Kansai Vocational College of Medicine in Japan three years later.

After starting his career as an acupuncturist and a bonesetter, Shimomura was introduced to osteopathy at a cranial

seminar held in Japan in 1992. Shimomura now treats patients mainly with osteopathy.

Shimomura founded the Japan Osteopathic Professional Association and the Japan Traditional Osteopathic College, both of which he serves as president.

Friday, March 13

8 and 10 a.m. breakout sessions: “Acupuncture for Osteopaths: Utilizing Energy Circulation Within the Body”

In each of these breakout sessions, Shimomura will give a brief introduction of traditional acupuncture, and then he will present a method that uses needles to return the body’s energy to smooth circulation.

Charles J. Smutny III, DO, FAAO

A 1994 graduate of the New York Institute of Technology College of Osteopathic Medicine in Old Westbury, Dr. Smutny is a professor of anatomy and physiology in the Department of Natural Sciences of the State University of New York at Suffolk County Community College at the GRANT Campus in Brentwood. He is board-certified in neuromusculoskeletal medicine and osteopathic manipulative medicine, and he is a licensed medical acupuncturist.

Dr. Smutny chaired the Academy's 2005 Convocation: The Hand, the Instrument of Our Distinction. He is the vice chairman of the Academy's Louisa Burns Osteopathic Research Committee (LBORC), and he co-chairs the LBORC Research Grant Review Subcommittee. He served on the AAO Board of Governors from 2009 to 2012.



Friday, March 13

2 p.m. breakout session: "Interactive Research Training Seminar—Part I"

Kick-start your research project by developing a researchable question and hypothesis, and learn how to choose an appropriate research design. Participants will work in small groups, and experienced researchers will guide the process. This seminar is open to all interested in osteopathic medical research.

Saturday, March 14

2:30 p.m. breakout session: "Interactive Research Training Seminar—Part II"

Participants will continue to develop research projects by identifying potential threats to validity and by starting research proposals, including setting budgets and drafting grant requests. Like Friday's research seminar, this one is open to all who are interested in osteopathic medical research.

Karen M. Steele, DO, FAAO

Dr. Steele began her medical career as an osteopathic family physician in the 1970s, delivering babies and assisting on her patients' surgeries. In 1986, she enrolled in one of the first osteopathic manipulative medicine residencies. Since then, Dr. Steele has taught at the A.T. Still University-Kirksville College of Osteopathic Medicine (ATSU-KCOM) in Missouri and at the West Virginia School of Osteopathic Medicine (WVSOM) in Lewisburg. She also has practiced in outpatient clinics and at inpatient medical, surgical and psychiatric hospital units.

While teaching at ATSU-KCOM, Dr. Steele studied with Richard H. Still Jr., DO, and with him, Dr. Steele developed seated facet release.

Dr. Steele was the associate dean for osteopathic medical education and a professor of osteopathic principles and practices at WVSOM when she retired

in 2012. When Dr. Steele retired, WVSOM named her a professor emeritus.

The AAO's 2005-06 president, Dr. Steele has taught osteopathic manipulative treatment (OMT) to osteopaths, other manual practitioners and medical doctors in Canada, Europe and South Africa. She is the first US-trained DO to be a registered physician in South Africa.

A co-author of *The Pocket Manual of OMT: Osteopathic Manipulative Treatment for Physicians*, Dr. Steele has written 36 articles, text chapters, posters and treatises. She has received more than \$170,000 in grant funding for research regarding the effect of OMT on children with common problems.

Since retiring from academia, Dr. Steele has established a private osteopathic practice dedicated to providing OMT to children.

Friday, March 13

2 and 4 p.m. breakout sessions: "Use of Seated Facet Release in Children"

Dr. Steele will demonstrate a technique she learned from Richard Still Jr., DO, a great-grandson of Andrew Taylor Still, MD, DO. The technique is a combination of gentle articulatory technique and myofascial release targeted at facet joints. Dr. Steele uses seated facet release to treat children aged 6 months and older. During each of these breakout sessions, Dr. Steele will review using seated facet release to treat children with cervical, thoracic, lumbar and pelvic disorders.

Sunday, March 15

9 a.m. lecture: "The Beauty of Simple Osteopathy: Lessons I Have Learned"



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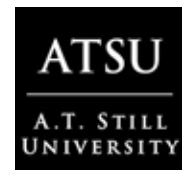
Our Mission: To evaluate and advance the practice of Osteopathic Manipulative Medicine

BOOTH #120

DO-Touch.NET is the only practice based research network with a focus on OMM. We will be hosting a research luncheon on March 13th for those of you committed to participating in the AAO-funded "Patient-Reported Adverse Events from Osteopathic Manipulative Treatment" study. This study is designed to evaluate the incidence and severity of OMT adverse events. Come visit us at **Booth #120** to learn more about DO-Touch.NET and this exciting new study.

Brian F. Degenhardt, DO, Director

A.T. Still Research Institute, A.T. Still University
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Located in beautiful, San Diego, California, the new, collaborative model and multipurpose facility is a manifestation of a longtime vision held by Viola M. Frymann, DO, FAAO, founder of OPC.

The facility unites osteopathic efforts spread throughout San Diego including the Osteopathic Center for Children, established in 1982 by Dr. Viola M. Frymann, and housed at OPC facilities since 1996. New to the facility is Osteopathic Medical Associates, an osteopathic family practice with the thriving practice of six additional local doctors of osteopathy most of whom were trained and worked closely with Dr. Frymann over the years.

An enthusiastic Dr. Frymann, declared, "it's about time," when expressing her support for the new center.

Osteopathy's Promise to Children, continues its education and training programs developed by Dr. Frymann. The CME programs include basic and intermediate cranial courses and pediatric osteopathic courses. The training program offers pre-med shadowing, medical student, resident and physician training rotations.

Edward G. Stiles, DO, FAAO



Dr. Stiles has had an illustrious career from the start. Not long after completing his internship at Waterville (Maine) Osteopathic Hospital, Dr. Stiles took over the Cambridge, Massachusetts, practice of internationally recognized osteopathic physician Perrin T. Wilson, DO, and ran that practice from 1968 to 1973,

Dr. Stiles then established the first hospital-based osteopathic manipulative treatment (OMT) service in the United States at Waterville Osteopathic Hospital, serving as the service's director until 1978. While in Waterville, Dr. Stiles helped develop the first OMT billing codes.

Next, Dr. Stiles established an OMT practice in Norman, Oklahoma, and he served as chair and professor osteopathic principles and practice (OPP) at the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine in Tulsa.

Dr. Stiles also served as a clinical professor of biomechanics for the Michigan State University College of Osteopathic Medicine in East Lansing, chair and professor of OPP at the University of Pikeville-Kentucky College of Osteopathic Medicine and the director of musculoskeletal medicine at the Pikeville Medical Center.

A 1965 graduate of what is now the A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri, Dr. Stiles has delivered the American Osteopathic Association's Andrew Taylor Still Memorial Address, as well as the Academy's Thomas L. Northrup Lecture, its Scott Memorial Lecture and its Harold A. Blood, DO, FAAO, Memorial Lecture. Dr. Stiles also is a recipient of the Academy's highest award, the Andrew Taylor Still Medallion of Honor.

Friday, March 13

10:15 a.m. lecture: "Goethean Science and Osteopathic Research"

2 and 4 p.m. breakout sessions: "An Osteopathic Approach to Gait Dysfunctions"

Dr. Stiles will demonstrate diagnostic and treatment tools for evaluating gait and for treating patients' diagnosed dysfunctions.

Sunday, March 15

8 a.m. lecture: "Complex Science and Osteopathic Practice"

Sajid A. Surve, DO

Dr. Surve is an associate professor of osteopathic manipulative medicine at the UNT Health Science Center Texas College of Osteopathic Medicine in Fort Worth.

Dr. Surve graduated in 2005 from what is now the Rowan University School of Osteopathic Medicine in Stratford, New Jersey. After completing a traditional rotating internship at Delaware County Memorial Hospital in Drexel Hill, Pennsylvania, Dr. Surve became an inaugural resident and the first chief

resident of the physical medicine and rehabilitation residency at Long Beach (New York) Medical Center.

A frequent lecturer for the Academy, Dr. Surve is chairing the AAO's didactic program at the 2015 Osteopathic Medical Conference and Exposition in Orlando, Florida, in mid-October. He is the adviser to the Student American Academy of Osteopathy's Council, and he chairs the AAO Student Academies Committee.



Saturday, March 14

8 and 9:30 a.m. breakout sessions: "Eastern Medicine: Acupuncture, Dry Needling, Pressure Point"

In these breakout sessions, participants will explore the similarities and differences between the concepts of Eastern medicine and osteopathic medicine. Participants will perform dry needling and acupuncture techniques. This session is recommended for intermediate to advanced learners with clinical experience.

Roelof Jaun Tikker, DPM

Roelof Jaun Tikker, DPM, is an internationally recognized lecturer on the mechanics of podiatry. He earned his DPM degree in 1953 from what is now the California School of Podiatric Medicine in Oakland. Dr. Tikker worked in private practice in California until 1980 when he was named Chief of Podiatric Medicine at St. Helena Hospital in California. He retired in 2010.

Dr. Tikker has lectured at the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri, the Tour University College of Osteopathic Medicine in Vallejo, California; the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California; as well as at many state and national meetings in the United States and Canada.

Thursday, March 12

2:30 and 4:30 p.m. breakout sessions: “Original Manipulative Techniques of A.T. Still, MD, DO, for the Foot and Ankle”

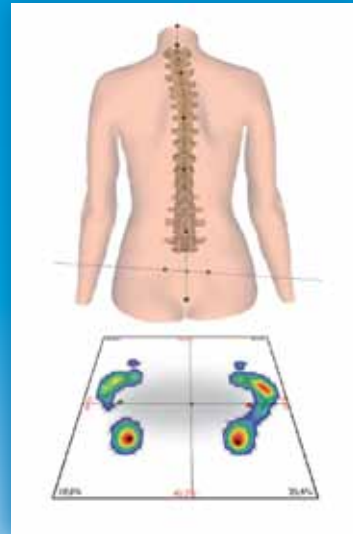
Dr. Tikker will highlight the historical significance of eight manual techniques he learned from John Martin Hiss, DO, a student of Andrew Taylor Still, MD, DO. A brief review of the pertinent anatomy and physiology of the foot and ankle will follow. During the hands-on portion of each of these breakout sessions, Dr. Tikker will teach the eight techniques to participants. Upon completing either session, participants should be able to perform these eight techniques on patients, explain the clinical relevance of performing these techniques and appreciate their historical significance.

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As of Feb. 26

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American Academy of Osteopathy	105	Student American Academy of Osteopathy	
American Fascial Distortion Model Association (AFDMA)	113	and the National Undergraduate Fellows Association	103
Assist-Tables	110 and 111	Sutherland Cranial Teaching Foundation	121
Boards Boot Camp	118		
Boiron	122	SAAO Chapters	
Cancer Treatment Centers of America	106	A.T. Still University – Kirksville College of Osteopathic Medicine	
COMBANK	115	in Missouri	
CranioCradle	129	A.T. Still University–School of Osteopathic Medicine in Mesa,	
DIERS Medical Systems	102	Arizona	
DO-Touch.NET	120	Des Moines University College of Osteopathic Medicine in Iowa	
Eastern Maine Medical Center Family Medicine Residency	119	Lincoln Memorial University–DeBusk College of Osteopathic	
Edward Via College of Osteopathic Medicine–		Medicine in Harrogate, Tennessee	
Carolinas Campus	108	Michigan State University College of Osteopathic Medicine in	
Electromedical Products International, Inc.	100	East Lansing	
Flexible Footwear Company	123	Midwestern University/Chicago College of Osteopathic Medicine	
Gebauer Company	107	in Downers Grove, Illinois	
The Gideons International	126	Philadelphia College of Osteopathic Medicine in Pennsylvania	
Handspring Publishing, Ltd.	124	Pacific Northwest University of Health Sciences College of	
Ideal Proteins of American	130	Osteopathic Medicine in Yakima, Washington	
Lake Erie College of Osteopathic Medicine–Seton Hill	131	Rowan University School of Osteopathic Medicine in Stratford,	
Maine Dartmouth Family Medicine Residency	125	New Jersey	
Marian University College of Osteopathic Medicine	101	Touro University College of Osteopathic Medicine in Vallejo,	
Ministry Health Care	114	California	
The Osteopathic Cranial Academy	112	University of North Texas Health Science Center Texas College of	
Osteopathy’s Promise to Children	127	Osteopathic Medicine in Fort Worth	
Patient First	128	University of Pikeville–Kentucky College of Osteopathic Medicine	
Postgraduate American Academy of Osteopathy	104	Western University of Health Sciences College of Osteopathic	
SleepMed	116	Medicine of the Pacific in Pomona, California	
Southeast Medical Books	109		

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in teaching, promoting, and researching the science, art, and philosophy of osteopathic medicine, with the goal of integrating osteopathic principles and manipulative treatment in patient care.

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- discounts on continuing medical education at the AAO’s annual Convocation and its weekend courses.
- automatic acceptance of AAO-sponsored courses by the American Osteopathic Board of Neuromusculoskeletal Medicine, the only certifying board for manual medicine in the medical world today.
- networking opportunities with peers.
- discounts on offerings in the AAO’s online store.
- complimentary subscription to *The AAO Journal*,

published electronically four times annually.

- complimentary subscription to the online *AAO Member News*, published 8 times annually.
- weekly *OsteoBlast* e-newsletters, featuring research on manual medicine from peer-reviewed journals around the world.
- practice promotion materials, such as the AAO-supported “[American Health Front!](#)” segment on OMM.
- discounts on advertising in AAO publications, on the AAO website, and at the AAO’s Convocation.
- an earned fellow designation of FAAO, which recognizes DOs for promoting OMM through teaching, writing, and professional service and which is the only earned fellowship in the osteopathic medical profession.
- promotion of research on the efficacy of osteopathic medicine.
- support for the future of the profession through the Student American Academy of Osteopathy, the National Undergraduate Fellows Association, and the Postgraduate American Academy of Osteopathy.

If you have any questions regarding membership or membership renewal, contact AAO Membership Liaison Susan Lightle at slightle@academyofosteopathy.org or (317) 879-1881, extension 217.



Membership Application

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Other medical societies

American Osteopathic Association ☐ Yes ☐ No Osteopathic Cranial Academy ☐ Yes ☐ No Former SAAO member ☐ Yes ☐ No

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_____	(Item No. WPCD03)	<i>Trilogy of Osteopathic Archives (CD)</i> ; Ashmoor, Millard, Woodall	\$19.95

Prices subject to change without prior notice

For more information or to place your order, email Lauren Good at LGood@academyofosteopathy.org.

Recorded Audio

Lectures for Physicians

- 1 _____ Welcome and Introduction, **Richard G. Schuster, DO**,
program chair; and "The Evolution of the Human Pelvis,"
Tafline Arbor, PhD
- 2 _____ "The Function of the Spine—Part I," **Serge Gracovetsky,**
PhD
- 3 _____ "Transforming Health and Healing," **Matthew W. Sanford**
- 4 _____ "Analysis and Correction of Locomotor Dysfunction as It
Applies to Autonomic Nervous System Dysregulation,"
Lino Cedros, ATC, CAMTC, SP, MT
- 5 _____ "The Science of Motor Control Assessment: From Janda
to Greenman to the Present," **Albert J. Kozar, DO,**
FAOASM, R-MSK
- 6 _____ "Goethean Science and Osteopathic Research," **Edward G.**
Stiles, DO, FAAO
- 7 _____ "Perspectives on Clinical Osteopathic Teaching," **Stefan**
Hagopian, DO, FAAO
- 8 _____ "Osteopathic Medicine and Ayurveda: Exploring the
Intersections of Health and Healing," **Heather P. Ferrill,**
DO, MS MedL
- 9 _____ "The Timeless Teachings of A.T. Still," **John R. Lewis, BSc**
Ost Med (Honors), MSCCO
- 10 _____ "Promoting Osteopathic Thought in Clinical Education—
Every Patient, Every Day," **Robert A. Cain, DO**
- 11 _____ "What Is Our Future?" **Barbara Ross-Lee, DO, FACOFP**

Lectures for Physicians and Students

- 12 _____ Evening With the FAAOs: OMT Techniques Forgotten
But Not Lost, **Brett P. Thomas, DO, FAAO,**
program chair
- 13 _____ Harold A. Blood, DO, FAAO, Memorial Lecture, **Hugh**
M. Ettlinger, DO, FAAO
- 14 _____ "Complex Science and Osteopathic Practice," **Edward G.**
Stiles, DO, FAAO
- 15 _____ "The Beauty of Simple Osteopathy: Lessons I Have Learned,"
Karen M. Steele, DO, FAAO
- 16 _____ "Be Where You Are When You Are There," **Anthony G.**
Chila, DO, FAAODist, FCA
- 17 _____ "Life in Motion: A Conclusion," **Richard G. Schuster, DO**

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| _____ \$350 | All 25 available lectures on CD |

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Lectures for Students

- S 1 _____ "Integration of OMM With an MD Preceptor," **Michael P.**
Rowane, DO, FAAO
- S 2 _____ "Total Body Adjustment for Children With Neurological
Conditions: Beyond the Treatment Table," **Jorge Aranda,**
BSc Ost Med (Honors), MSc Ped Ost
- S 3 _____ "The Still Technique," **Dennis J. Dowling, DO, FAAO**
- S 4 _____ "Assessment of OMM and OPP in the COMLEX-USA
Examination Series," **John R. Gimpel, DO, MED,**
FACOFP, FAAFP
- S 5 _____ "The OMM Standardized Question," **Lori A. Dolinski,**
DO, PhD, MSc
- S 6 _____ "OMT Integration in a Busy Clinical Setting: Making It
Happen When There Is Little Time!" **Michael P. Rowane,**
DO, FAAO
- S 7 _____ "ACGME Unified Accreditation System: What Will Happen
to OMT?" **Boyd R. Buser, DO, FACOFP**
- S 8 _____ "The Future of Osteopathic Medicine—the Single
Accreditation System and AOA Rebranding," **Carisa**
Champion-Lippmann, OMS V



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Lectures for Physicians

- 1 ____ "Mechanism of Injury: The Physics of Trauma and Somatic Dysfunction," **Dennis J. Dowling, DO, FAAO**
- 2 ____ "An Osteopathic Approach to Cranial Trauma," **Andrew M. Goldman, DO, FAAO**
- 3 ____ "Osteopathy, Brain Trauma and Bimodal Sympathetic States," **Bruno J. Chikly, MD, DO**
- 4 ____ "An Integration of Chinese Energetics with Osteopathic Theory and Methods: Application to Trauma," **Christopher T. Laseter, DO**
- 5 ____ "Fluid Dynamics of the Cranium in Traumatic and Neurodegenerative Processes," **Michael L. Kuchera, DO, FAAO**
- 6 ____ "Impact Injuries: Viscoelastic Change and its Effect on Tensegrity, Mechanotransduction and the PRM," **Lawrence J. Bellew, DO**
- 7 ____ "Trauma in the Fascia: Undoing the Damage and Supporting the Healing," **Judith A. O'Connell, DO, FAAO**
- 8 ____ "Trauma as a Living Process," **Stefan L.J. Hagopian, DO, FAAO**
- 9 ____ "VSR: Viscero Somatic Release," **John P. Tortu, DO**
- 10 ____ "Anatomy of Cranial Dural Changes as Functional Results of Trauma," **Dr. Hagopian**
- 11 ____ "Neurophysiology of Head Trauma," **George J. Pasquarello, DO, FAAO**
- 12 ____ "Precise Facet Activation at Your Fingertips: Cervical and OA HVLA," **Dr. Kuchera**
- 13 ____ "Osteopathic Considerations of Obstetrical and Perinatal Cranial Trauma," **Dr. Capobianco**

- 17 ____ "Clinical and Practical Implications of Sports Related Traumatic Brain Injury," **P. Gunnar Brolinson, DO, FAOASM, FAAFP**
- 18 ____ "An Osteopathic Approach to Facial Trauma," **Dr. Goldman**
- 19 ____ "OMM and the Trauma Patient in the Urgent Care Setting," **Ann L. Habenicht, DO, FAAO, FACOFP**
- 20 ____ "Military Trauma: An Osteopathic Perspective," **Teodor Huzij, DO**

Lectures for Students

- S 1 ____ "The NMM/OMM Residency: A Possible Residency Choice," **George K. Cheriyan, DO**
- S 2 ____ "International Osteopathic Medicine," **Boyd R. Buser, DO, FACOFP**
- S 3 ____ "Trauma and Health: How to Find Balance in Your Patients," **Jordan A. Keys and Christopher T. Koke, Residents in Southampton's NMM+1 Program, Southampton, NY**
- S 4 ____ "OMT in the Hospitalized Patient," **Rebecca J. Bowers, OMM Resident, Mercy Health Partners, Muskegon, MI**
- S 5 ____ "Audition Rotations and Interviews: How to Best Showcase Yourself," **4th Year Panel**
- S 6 ____ "NMM/OMM Residency Program Information Lecture," **Hugh M. Ettlinger, DO, FAAO**
- S 7 ____ "Planning for Life After Graduation," **Dr. Channell**
- S 8 ____ "Planning for Your Financial Future," **JPMorgan Chase & Co.**
- S 9 ____ Harold A. Blood, DO, FAAO, Memorial Lecture, **George J. Pasquarello, DO, FAAO**

Lectures for Physicians and Students

- 14 ____ Evening With the FAOs: Treating Trauma Osteopathically Through the Experts' Eyes
- 15 ____ "Orthopedics, Sports Injuries and Osteopathy, a perfect combination?!", **Frank Mueller, MD, DO**
- 16 ____ "The Importance of Early, Accurate Diagnosis for Effective "Hands-on" Management of Sports Injuries," **Wayne R. English, DO**

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Lectures for Physicians

- 1 _____ "Describe Anatomy Skin to Cell," **Frank H. Willard, PhD**
- 2 _____ "Tensegrity: Mechanosensing from Molecule to Man," **Donald Ingber, MD, PhD**
- 3 _____ "Fascial Movements of Breathing as a Force for Mechanotransduction," **Hugh M. Ettlinger, DO, FAAO**
- 4 _____ "The Lymphatic System—Anatomy," **Dr. Willard**
- 5 _____ "The Effect on OMM on the Lymphatic and Immune Systems," **Lisa Hodge, PhD**
- 6 _____ "Fluid/Cellular Interface," **Dr. Fendall**
- 7 _____ "Diagnostic Musculoskeletal Ultrasound," **Dr. Pasquarello and Douglas J. Jorgensen, DO, FAAO**
- 8 _____ "Electromagnetic Field Changes (EMF) and Energetics," **Dr. Lossing**
- 9 _____ "Primary Respiration in Interstitium," **R. Paul Lee, DO, FAAO**
- 10 _____ "W.G. Sutherland in *the Tradition of the Scientist-Philosopher*," **Dr. Turner**

Lectures for Physicians and Students

- 11 _____ Evening With the FAAOs
- 12 _____ "How Healthcare Reform Affects the Physician's Practice in Relation to OMM," **Yolanda Doss, Director, AOA Division of Compliance and Payment Advocacy**
- 13 _____ "The Business of Osteopathic Practice," **Richard A. Feely, DO, FAAO**
- 14 _____ "Developing Osteopathic Leaders," **Karen J. Nichols, DO**
- 15 _____ "Update on AACOM/AOA Blue Ribbon Committee Report on COM Education and Health Care Reform," **Dr. Buser**

Lectures for Students

- S1 _____ "Lymphatics—Anatomy," **Frank H. Willard, PhD**
- S2 _____ "Lymphatics OMM—The Data and Thoughts on How It All Ties In," **Lisa Hodge, PhD**
- S3 _____ "Clinical Applications of the Lymphatics," **Andrew M. Goldman, DO**
- S4 _____ Magoun Memorial FAAO/NUFA Workshop (NUFA members only)
- S5 _____ "Energetics and a Mechanical Approach," **R. Paul Lee, DO, FAAO**
- S6 _____ "Interfacing the Body to Deeper Levels—Sutherland, Gerter, Swedenborg, Russell Interaction," **Dr. Turner**
- S7 _____ "Fluid/Cellular Interface," **Dr. Fendall**
- S8 _____ "Describe Anatomy Skin to Cell," **Dr. Willard**
- S9 _____ Harold A. Blood, DO, FAAO, Memorial Lecture, **Boyd R. Buser, DO**

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AAO Upcoming Course Calendar

2015

July 24-25	Cranial: A Sutural Approach—Edward G. Stiles, DO, FAAO and Charles A. Beck, DO—The Pyramids, Indianapolis
Oct. 18-20	AAO at OMED—Osteopathic Contributions to Performing Arts Medicine—Sajid A. Surve, DO—Orlando, Florida
Dec. 4-6	Visceral Manipulation: Peripheral Nerves and the Lower Body—Kenneth J. Lossing, DO

2016

March 12-15	Pre-Convocation Course: Basic Visceral Manipulation—Kenneth J. Lossing, DO—Rosen Shingle Creek, Orlando, Florida
March 13-15	Pre-Convocation Course: FDM (Module 3)—Todd A. Capistrant, DO, MHA—Rosen Shingle Creek, Orlando, Florida
March 16-20	AAO Convocation—Millicent King Channell, DO, FAAO—Rosen Shingle Creek, Orlando, Florida
March 20-21	Residency Program Directors' Workshop—Michael P. Rowane, DO, FAAO—Rosen Shingle Creek, Orlando, Florida
July 29-31	Walking Toward Health: New Evaluation of Gait—Edward G. Stiles, DO, FAAO—The Pyramids, Indianapolis

Who May Attend?

The primary educational objective of the AAO is to provide programs aimed to improve understanding of philosophy and diagnostic/manipulative skills for AAO members, DOs who are not AAO members, individuals who are licensed for the unlimited scope and practice of medicine, and for those in programs leading to such licensure.

Another educational objective of the AAO is to provide programs aimed to improve understanding of manual techniques for licensed health care professionals within their respective scopes of practice. Enrollment in a class or classes is not a substitute for completion of education and training in a college of osteopathic medicine, and simply taking a course or courses in manual techniques does not provide the necessary training and skills to practice osteopathic manipulative treatment and/or osteopathic manipulative medicine.

Cancellation & Refund Policy

The American Academy of Osteopathy® reserves the right to cancel an educational program if an insufficient number of physicians register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation due to lack of registrations, all registration money will be refunded.

Cancellations from participants received in writing and signed 30 or more days before the course opening may receive an 80 percent refund of their registration fee.

For cancellations received in writing less than 30 days before the course opening, registrants may transfer 80 percent of their registration fee to another course to be held within the next 12 months. Registrants who fail to appear for an AAO program can transfer up to 50 percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.

CRANIAL: A SUTURAL APPROACH

July 24-26, 2015 • The Pyramids, Indianapolis

Course Description

This introductory cranial course will focus on a biomechanical approach to cranial diagnosis and treatment that can be used to quickly and effectively treat patients for suture dysfunctions. Often when a key suture dysfunction is released, secondary sphenobasilar strain patterns resolve. This sequencing cranial approach has been effective in teaching osteopathic cranial manipulative medicine to osteopathic medical students, residents and practicing physicians. Unlike the membranous cranial approach, the suture approach is not hindered by suture dysfunctions. In addition, the suture approach can be integrated into a busy clinical practice. This course will address suture dysfunctions of the vault, base and facial bones.

Participants should have a basic understanding of osteopathic manipulative medicine prior to taking this course.

Program Chairs

As a student at what is now the A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri, **Edward G. Stiles, DO, FAAO**, was introduced to the sutural strategy by George Andrew Laughlin, DO, a grandson of Andrew Taylor Still, MD, DO. Dr. Laughlin attended the first cranial course led by William G. Sutherland, DO. Dr. Stiles graduated from the Kirksville college in 1965 and worked in private practice in such places as Cambridge, Massachusetts, and Norman, Oklahoma. He has taught at the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine, the Michigan State University College of Osteopathic Medicine and the University of Pikeville-Kentucky College of Osteopathic Medicine. Dr. Stiles has delivered the American Osteopathic Association's Andrew Taylor Still Memorial Address, as well as the Academy's Thomas L. Northup Lecture, its Scott Memorial Lecture and its Harold A. Blood, DO, FAAO, Memorial Lecture. Dr. Stiles also is a recipient of the Academy's highest award, the Andrew Taylor Still Medallion of Honor.



Like Dr. Stiles, **Charles A. Beck, DO, FAAO**, is board certified in neuromusculoskeletal medicine. He earned his doctor of osteopathic medicine degree from the University of Pikeville-Kentucky College of Osteopathic Medicine (UP-KYCOM). Dr. Beck has received many awards, including the Edward G. Stiles Award for Osteopathic Manipulation from UP-KYCOM, and he serves as an adjunct faculty member for several osteopathic medical schools, including the Lake Erie College of Osteopathic Medicine, the West Virginia School of Osteopathic Medicine, the Touro University College of Osteopathic Medicine and the Marian University College of Osteopathic Medicine. Dr. Beck is in private practice in Indianapolis at the Meridian Holistic Center.



Course Location

Pyramid Three (two buildings away from the AAO's offices)
3500 DePauw Blvd., lower level, Conference Rooms A and B
Indianapolis, IN 46268
(317) 879-1881, ext. 220

Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Continuing Medical Education

24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated. Please note that this course does not count as a 40-credit basic course in osteopathic cranial manipulative medicine.

Course Times

Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact AAO Event Planner Sherrie Warner with special dietary needs at (317) 879-1881, ext. 220, or SWarner@academyofosteopathy.org.

Registration Form

Cranial: A Sutural Approach

July 24-26, 2015

Name: _____ AOA No.: _____

Nickname for badge: _____

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By releasing your fax number and email address, you are giving the AAO permission to send marketing information regarding courses to you.

Click here to view the [AAO's cancellation and refund policy](#).

Click here to view the [AAO's photo release statement](#).

Registration Fees

	On or before May 23	After May 23
AAO physician members*	\$816	\$1,016
AAO resident and intern members	\$616	\$816
Nonmember health care professionals	\$1,016	\$1,216
Nonmember residents and interns	\$816	\$1,016

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

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Location Information

Convocation events will take place at the Louisville Marriott Downtown and at the Kentucky International Convention Center, which is located across the street from the Marriott. See Pages 88-89 for facility diagrams.

ATM

ATMs are located in the lobby of the Louisville Marriott Downtown and in the Bridgeside and Riverside lobbies of the Kentucky International Convention Center.

Business center

The business center at the Louisville Marriott Downtown is open 24 hours a day and has complimentary Internet access. There is a FedEx Kinko's located at 315 W. Market St. (502) 584-0407

Dining

The Louisville Marriott Downtown offers three dining options: [BLU Italian Grille](#), [Champion's Sports Bar & Grill](#) and Starbucks, and the Kentucky International Convention Center houses [Earth Friends Cafe](#) in the Riverside lobby and another Starbucks in the Bridgeside Lobby.

Drug store

There is a CVS located at 501 S. 4th St. (502) 589-1846

Handicapped accessibility

The skywalk from the Commonwealth Garage and the Hyatt Hotel to the Kentucky International Convention Center is not wheelchair accessible. Patrons must enter the KICC at street level.

Internet access

Wireless Internet access is available in the public areas of the Louisville Marriott Downtown. Wireless services in the Kentucky International Convention Center (KICC) are offered as a self-service option that can be purchased at any time. To access the self-service option in the KICC, open your browser on your mobile device and follow the on-screen instructions.

Parking

The Louisville Marriott Downtown provides on-site parking for \$5 USD hourly, \$23 USD daily, and they provide valet parking for \$27 USD daily.

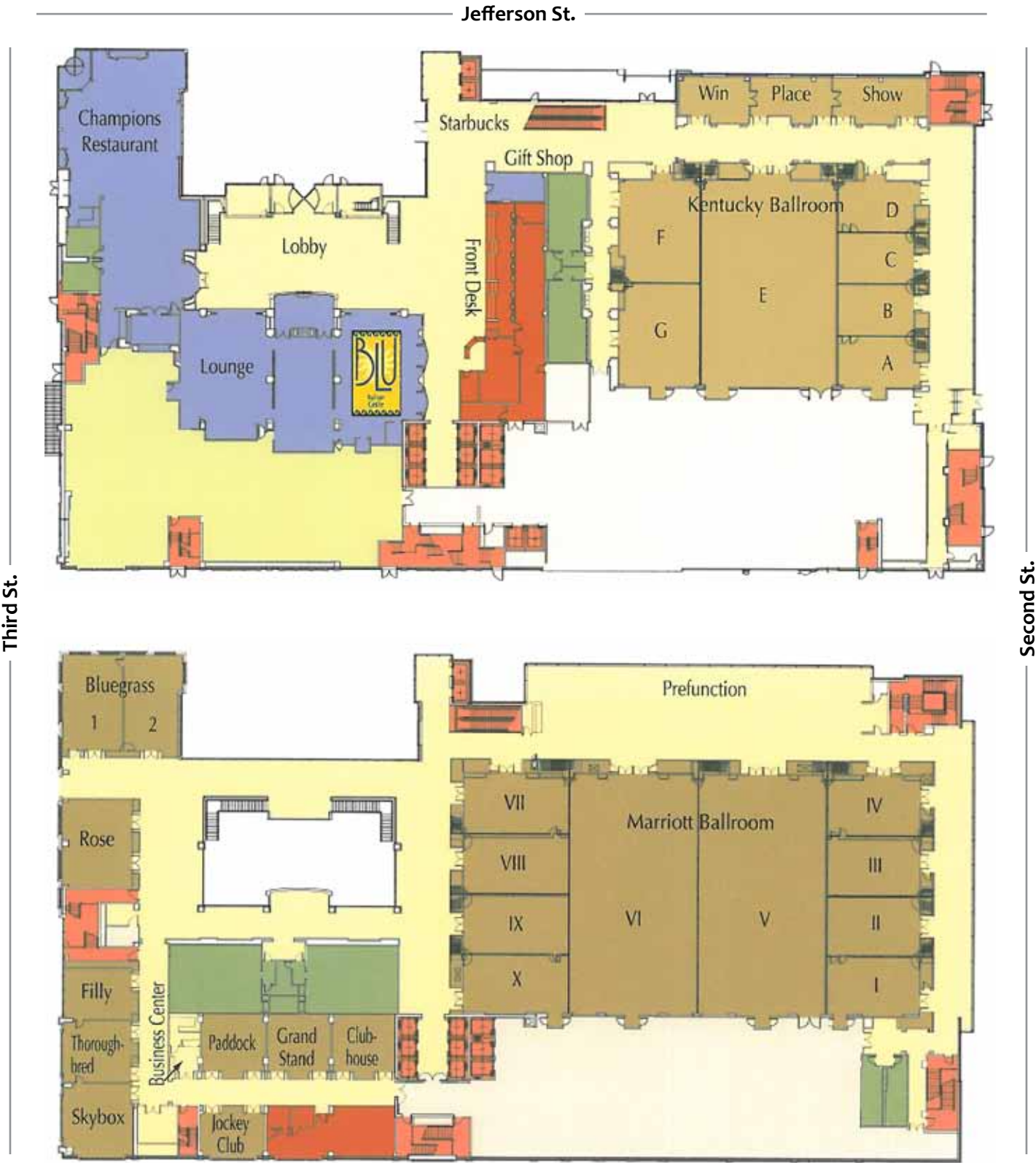
The Kentucky International Convention Center (KICC), where some breakout sessions will be held, is across the street from the Louisville Marriott Downtown. The KICC has two parking garages: The Cowger Garage is located at 4th & Market Street (directly next to Z's Fusion Restaurant). The Commonwealth Garage is located on Jefferson Street (in the middle of the block on the left-hand side) between 3rd and 4th Streets and connected to the Hyatt Regency. Parking rates for both garages are as follows:

- \$2 per hour up to 3 hours
- \$8 for 3 to 8 hours
- \$10 for 8 to 24 hours

A lost parking ticket will result in a \$10 charge.

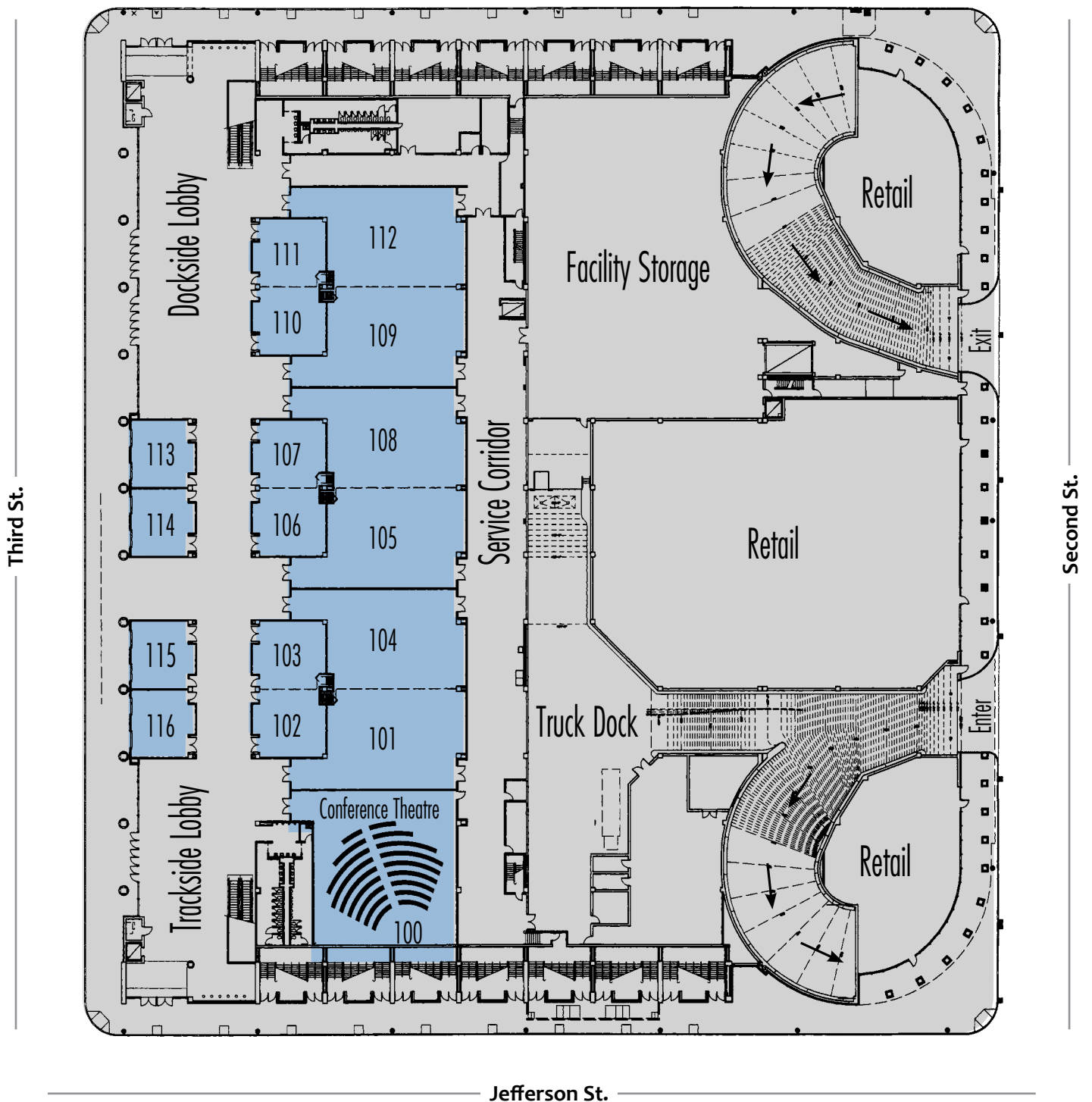
Louisville Marriott Downtown

When you arrive at Convocation, please visit the registration desk on the second level outside the Marriott Ballroom. Marriott Ballroom V will comprise the exhibit hall, and lectures will be held in Marriott Ballroom VI. Some breakout sessions will be held in the Kentucky Ballroom on the first level of the Marriott.



Kentucky International Convention Center

The Kentucky International Convention Center spans two city blocks. Most breakout sessions will be held in the Level 1 Meeting Rooms highlighted below. Use the entrance at Jefferson and Third Streets for easy access.



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Save the date

for the AAO's 2016 Convocation
at the Rosen Shingle Creek
in Orlando, Florida

March 16-20, 2016

2015-16 AAO president:
Doris B. Newman, DO, FAAO

Program chair:
Millicent King Channell, DO, FAAO



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