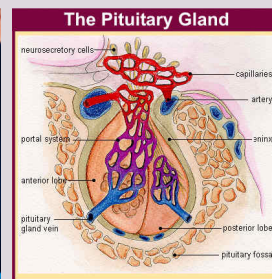


CME
11.5
AMA PRA Category 1 Credits™

UC DAVIS
HEALTH SYSTEM



SCAN FOR
CONFERENCE
WEBPAGE

41st ANNUAL UC DAVIS DIABETES & ENDOCRINOLOGY SYMPOSIUM

March 20 – 21, 2015

FRIDAY - SATURDAY



Sponsored by:
UC DAVIS HEALTH SYSTEM
Office of Continuing Medical Education and
Division of Endocrinology, Diabetes and Metabolism
Department of Internal Medicine

Friday, March 20, 2015

7:00 am	Registration, Continental Breakfast, Visit Exhibits
8:00	Introduction and Welcome <i>Sidika E. Karakas, MD</i> Course Objectives — Diabetes <i>Pamela T. Prescott, MD</i>
8:10	Update in Diabetes Care and Insulin Management <i>Pamela T. Prescott, MD</i>
8:50	Keynote Address <i>Robert M. McCarron, DO</i> Motivation for Change: Motivational Interviewing and Patient Centered Interactions to Promote Change
9:50	Refreshment Break, Visit Exhibits
10:20	Diabetes and Motivational Case Studies Examine motivational interviewing strategies and techniques. Determine how to overcome the patient's resistance to change and enhance the patient's motivation. Insulin basics and how the newer types of insulin may help patients. How to problem shoot when insulin therapy isn't getting patients to goal. Q & A in small groups
12:00 pm	Lunch (included in tuition)

1:15	Cultural Foods and Diabetes: Clinical and Culinary Perspectives <i>Christine Craig, MS, RD, CDE</i> <i>Amy Myrdal Miller, MS, RDN</i> The current American diet is a combination of many cultures and cuisines. To understand how to help patients' control their diabetes, we need to understand traditional foods and food habits of many minority groups.
2:15	Oral and Injectable Agents for Type 2 Diabetes <i>Dana Sheely, MD</i> What is new and how the old stand-bys are being used now.
3:00	Break, Visit Exhibits
3:20	Food, Culture and Type 2 Diabetes Management Case Studies Several ethnic and cultural food choices will be discussed, and how adjustments in food choices will help patients reach care goals. Now we have many therapy choices for patients with type 2 diabetes, how can the medications be combined? Q & A in small groups
5:00	Adjourn

Saturday, March 21, 2015

7:00 am	Registration, Continental Breakfast, Visit Exhibits
8:00	Course Objectives <i>Sidika E. Karakas, MD</i>
8:05	Adrenal Incidentalomas: How to Work Up and When to Refer to Surgery? <i>Sonal Phatak, MD</i>
8:40	Advances in Adrenal Surgery <i>Michael Campbell, MD</i>
9:20	Thyroid Cancer: Don't Forget to Check the Neck <i>Alison Semrad, DO</i>
10:00	Break
10:30	Osteoporosis: When to Take a Drug Holiday and How to Know When the Holiday is Over? <i>Arthur L. Swislocki, MD</i>

11:05	Male Menopause: Reality or Myth? <i>Prasanth N. Surampudi, MD</i>
11:45	PCOS in Adolescence: Challenges and Opportunities <i>Sidika E. Karakas, MD</i>
12:25 pm	Case Debate: Anti-obesity Drugs—Blessing or ???? <i>Kent K. Ishihara MD</i> <i>William G. Cushard, Jr., MD, FACP</i> <i>Sidika E. Karakas, MD</i>
1:00	Adjourn

Faculty

COURSE CO-CHAIRS

Pamela T. Prescott, MD

Professor
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine
UC Davis School of Medicine

Sidika E. Karakas, MD

Professor and Chief
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine
UC Davis School of Medicine

GUEST FACULTY

Amy Myrdal Miller, MS, RDN

Founder and President
Farmer's Daughter Consulting

CONFERENCE COORDINATOR

Larry Jacinth, CMP

CME Specialist
Office of Continuing
Medical Education
UC Davis Health System

UC DAVIS FACULTY

Christine Craig, MS, RD, CDE

Outpatient Senior Dietitian
Certified Diabetes Educator

Michael Campbell, MD

Assistant Professor
Department of Surgery
Endocrinology, Diabetes, and
Metabolism

Christine Cox, DO

Clinical Fellow
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

William G. Cushard, Jr., MD, FACP

Volunteer Clinical Professor
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine
Endocrinologist
Mercy General Hospital –
Sacramento
Sutter Medical Center –
Sacramento

Julie Durette, RD, CDE

Senior Dietitian
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Kent K. Ishihara, MD

Associate Physician Diplomate
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Tamara James, RN, CDE

Clinical Resource Nurse
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Stephen S. Lippman, MD

Volunteer Clinical Faculty
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Samineh Madani, MD

Clinical Fellow
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Robert M. McCarron, DO

Associate Clinical Professor
Department of Anesthesiology
and Pain Medicine
Department of Psychiatry and
Behavioral Sciences

Mark Moriwaki, MD

Associate Physician Diplomate
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Michael Okimura, MD

Volunteer Clinical Faculty
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Sonal Phatak, MD

Assistant Professor
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Alison M. Semrad, DO

Assistant Professor
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Dana Sheely, MD

Assistant Professor
Division of Endocrinology,
Diabetes, and Metabolism
Departments of Internal Medicine

Prasanth N. Surampudi, MD

Assistant Professor
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

Arthur L. Swislocki, MD

Professor
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine
Assistant Chief, Medical Services
Chief Endocrinology Section
Department of Veterans Affairs
Northern California Health
Care System

Chrystal Wa, MD

Clinical Fellow
Division of Endocrinology,
Diabetes, and Metabolism
Department of Internal Medicine

TARGET AUDIENCE

This activity is designed for primary care providers, community physicians, family practice, internal medicine, nurse practitioners, physician assistants, registered nurses, diabetes educators, dietitians, and pharmacists who provide interdisciplinary care.

NEEDS ASSESSMENT

This course is designed to change physician competence in management of patients with Diabetes (type 1 and 2) obesity, as well as endocrine disorders such as tumors of adrenal and thyroid glands; reproductive endocrinology of aging male and adolescent female and osteoporosis. This year's conference will specifically address motivational techniques to improve health and provide practitioners with state-of-the-art tools to serve their patients. The topics have been selected in response to participant evaluations from previous CME activities. The faculty presenting and interacting with participants have been selected on the basis of their comprehensive clinical experience and academic excellence. Interactive question and answer sessions will be combined with case discussions in small group settings for increased learning.

EDUCATIONAL OBJECTIVES

At the end of the program, participants should be able to:

- Motivate patients to make changes to improve health
- Define and use currently available insulins at right time schedule, type and dose appropriately
- Apply nutritional principles and help patients adjust diets according to personal, ethnic and cultural practices
- Recognize when new treatment options, such as incretin and sodium, glucose cotransporter 2 (SGLT2) inhibitors therapies, and justify how to combine or switch
- Review diagnostic and surgical approaches to incidentally found adrenal tumors
- Identify the characteristics of low and high risk thyroid malignancies
- Review current guidelines for starting and interrupting osteoporosis therapy
- Define and recognize male menopause and its management
- Recognize the challenges and benefits associated with early diagnosis of PCOS in adolescence
- Review the indications for anti-obesity drugs

CONFERENCE REGISTRATION

Please register early – space is limited.

Tuition is \$320 for physicians and \$280 for all others. **Confirmation of registration will be sent within two weeks after receipt of registration form.** The fees will increase after February 27, 2015.

Tuition includes continental breakfasts, Friday Luncheon, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund will be given.

Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days.

Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.

CANCELLATION AND REFUND POLICY: A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by February 27, 2015. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT

The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print. **However, after 30 days this link will expire** and these items are no longer available online. You must contact the Office of CME to receive your certificate. A \$15 administrative fee will be applied.



SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference. If you prefer to have a printed syllabus, we will be happy to accommodate you for an additional fee of \$50 if ordered by February 27, 2015 (see registration form).

BROCHURE ART CREDIT:

Brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs, Hilton Sacramento Arden West, and iStockphoto.com.

ACCREDITATION

The University of California, Davis Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

PHYSICIAN CREDIT: The University of California, Davis Health System designates this live activity for a **maximum of 11.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AMA PRA Category 1 Credits™ acceptable for interprofessional team members

DIETITIAN: AMA PRA Category 1 Credits™ meet the requirements of the Commission on Dietetic Registration (CDR).

NURSE: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report hours of credit and fill in "CME Category 1" for the provider number).

PHYSICIAN ASSISTANT: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

ADDITIONAL CREDIT DESIGNATION

PHARMACIST: The University of California, Davis Health System Department of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Pharmacist must attend the entire day to receive full ACPE credit. No partial credit will be awarded.



MARCH 20, 2015: ACPE Universal Activity Number 0277-0000-15-007-L01-P has been assigned to this activity. This knowledge-based activity provides 7 contact hours (0.7 CEUs) of continuing education credit.

MARCH 21, 2015: ACPE Universal Activity Number 0277-0000-15-008-L01-P has been assigned to this activity. This knowledge-based activity provides 4.5 contact hours (0.45 CEUs) of continuing education credit.

FOR FURTHER INFORMATION

UC Davis Health System
Office of Continuing Medical Education
4610 X Street, Suite 2301
Sacramento, CA 95817-2200
(866) CME4EDU (263-4338)
(916) 734-5390 Fax (916) 734-0742
<http://cme.ucdavis.edu>



LOCATION



Hilton Sacramento Arden West
2200 Harvard Street
Sacramento, CA 95815
(916) 922-4700

USE THIS LINK FOR ROOM RESERVATIONS

bit.ly/1sdHYpx

A block of rooms is being held for conference participants at a rate of **\$109 single or double occupancy** plus hotel and sales tax. **Reservation deadline is March 5, 2015.** After March 5, 2015, reservations will be on a space available basis. Reservations should be made directly with the hotel.

The Hilton Sacramento Arden West is conveniently located off Business 80 and just a short drive from the Sacramento International Airport. The hotel is located very near the Arden Fair Mall which offers some of the best dining, shopping, and entertainment options in the area. If history is your thing, hop on the I-80 and head downtown to one of the many fascinating museums such as the California State Railroad Museum, Crocker Art Museum, or California State Capitol Museum. Also, check out the Visit Sacramento Web Page to see that is going on during your stay.
<http://www.visitsacramento.com/>

AIR TRAVEL TO SACRAMENTO (SMF)

The Office of Continuing Medical Education has arranged group rates with the airline listed below. Please read and follow the directions carefully to obtain these special rates for your travel to our conference.

UNITED AIRLINES GROUP DISCOUNT: To obtain Groups and Meetings discount prices go to <http://www.united.com> and enter

Code: ZSMC932054

GROUND TRANSPORTATION

HERTZ CAR RENTAL: To obtain discount prices go to <http://www.hertz.com> and enter Convention Number **04H70006** for discounted rates.

NATIONAL CAR RENTAL: 1 (800) CAR-RENT and request ID #5282865 for discounted rates.
<http://supershuttle.com>

Registration Form

DIABETES & ENDOCRINOLOGY SYMPOSIUM

MARCH 20 - 21, 2015

First Name _____ M.I. _____ Last Name _____

☐ MD ☐ DO ☐ PharmD ☐ RPh ☐ PA ☐ NP ☐ RN ☐ RD ☐ Lic. # _____ ☐ Other: _____

Institution/Employer (as you would like it to appear on your badge) _____ Profession/Occupation _____

Home Address (or where you would like your receipt mailed) _____

City _____ State _____ Zip Code _____

() ()
Day Phone _____ Fax Number _____

E-mail for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information required for CME credit and name badge. Please indicate primary medical specialty:

☐ FP ☐ GP ☐ IM ☐ Other (specify) _____ **Web**

Social Security Number (last 4 digits required for transcript purposes)

□ □ □ □ - □ □ □ □ - □ □ □ □

PHARMACY CREDIT ONLY

NABP ID# (ACPE) _____ Month/day of birth (Example Feb. 3 = 0203) _____

REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

	Early Discount	After February 27
Physician	☐ \$320	☐ \$370
Other Health-care Professional	☐ \$280	☐ \$350

SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the meeting for downloading and printing. A USB flash drive will be distributed at the conference. There is an additional charge of \$50 for a printed syllabus and it must be ordered by February 27, 2015.

____ Printed: add \$50

☐ If you need disability accommodations at the meeting, please let us know by February 27, 2015 and our representative will contact you.

☐ Please note special dietary/food allergy requirements: _____

Please check your payment method: Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.

☐ Check enclosed payable to: **UC Regents** ☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA

For your protection, do not fax or email your registration form with credit card information. Please mail your registration or contact our Registrar for assistance if you would like to use a credit card.

Account Number _____ Expiration Date _____

Authorized Signature (name on card) _____

Please use ONE of these methods to register.
(Do not mail if previously registered by telephoned)



MAIL APPLICATION AND PAYMENT TO:
Office of Continuing Medical Education
c/o UC Davis Cashier's Office
PO Box 989062
West Sacramento, CA 95798-9062



TELEPHONE:
(916) 734-5390
FAX FORM:
(916) 734-0742

SCAN QR CODE FOR
ONLINE REGISTRATION



For Office
Use Only

DIAB015
6157

REGISTER ONLINE AT: <http://cme.ucdavis.edu/conferences>

41ST ANNUAL UC DAVIS DIABETES & ENDOCRINOLOGY SYMPOSIUM

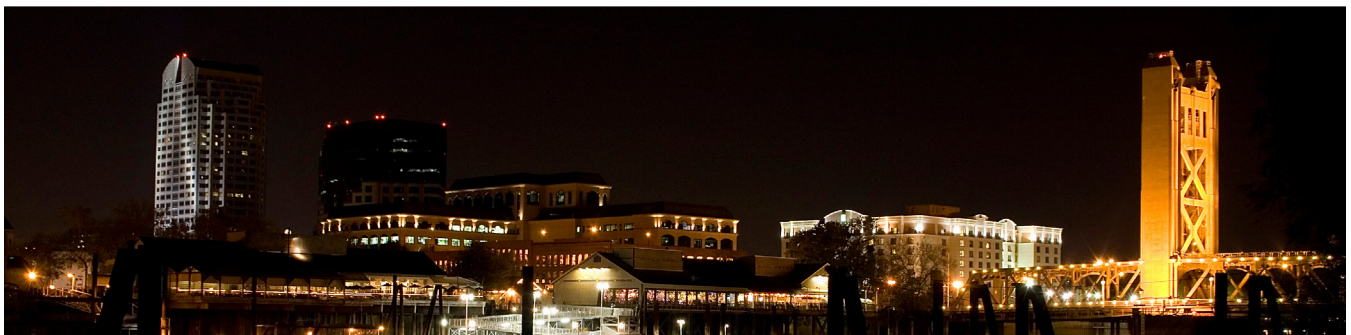
FRIDAY - SATURDAY
March 20 – 21, 2015

HILTON SACRAMENTO ARDEN WEST
Sacramento, California

HIGHLIGHTS:

- Behavior Modification as a Treatment Tool
- Adjusting the Diet for Diabetes, Incorporating Ethnic and Cultural Foods
- Newer Insulins and Their Use
- Medical and Surgical Management of Adrenal Incidentalomas
- Complexities Involved in Thyroid Cancer and Treatment

CME 11.5
AMA PRA Category 1 Credits™



This activity is self-supporting and receives no state funding.