

DIABETES EDUCATOR COURSE

April 13 – 15, 2015
Best Western Plus
Chateau Granville Hotel
Vancouver, BC



kinghooper
DIABETES EDUCATION INC



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional
Continuing
Education



COURSE DESCRIPTION

Diabetes is an emerging epidemic. No matter what area of health care you work in, you will encounter people affected by diabetes. New approaches to diabetes management are continuously appearing.

This comprehensive three-day course is for health professionals from a variety of disciplines who face diabetes in practice. The goal is to update your understanding of the complexities of diabetes care, and learn effective approaches to educate those affected by diabetes. It is an ideal course if you are entering the dynamic, specialty field of diabetes education. This course is not specifically designed as preparation for the CDE examination, however it will serve as an excellent review in your preparation to become a certified diabetes educator.

The course format includes didactic and interactive presentations from a variety of experts, group discussions, and case studies. Opportunity will be provided to learn diabetes management innovations from technology and pharmaceutical companies during the interactive Exhibitors' Luncheon. Time is built in for networking with colleagues.

This is an intensive course that is sure to stimulate and motivate you. You will come away with a solid foundation in high quality diabetes management and education.

WHO SHOULD ATTEND

This course is for health professionals interested in diabetes management and education:

- Registered Nurses and Nurse Practitioners
- Dietitians and Nutritionists
- Pharmacists
- Social and Mental Health Workers
- Physicians
- Physiotherapists and other health professionals

PRE-READING REVIEW

We strongly recommend that all registrants review the Canadian Diabetes Association Clinical Practice Guidelines in advance of this course. These guidelines can be found at diabetes.ca.

CREDIT

This course is eligible for credit toward your Canadian Diabetes Educator Certification Maintenance Credit Portfolio. For more information, please visit the Canadian Diabetes Educator Certification Board website at cdec.ca.

COURSE OUTLINE

Monday, April 13

- 0800h Registration & Continental Breakfast
- 0845h Welcome & Introduction
- 0915h Overview of Diabetes
*Barbara King Hooper, RN, MScN, CDE, CDTC
CEO, Kinghooper Diabetes Education Inc.*
- 1015h Break
- 1030h Nutritional Management of Diabetes
*Sharon Leung, RD, CDE, Clinical Dietitian, Diabetes
Centre, Vancouver General Hospital, Vancouver, BC*
- 1200h Lunch (Provided)
- 1315h Physical Activity Management of Diabetes
*Sara Hodson, BHK, ACSM, CES/CET, Clinical
Exercise Physiologist, Founder & Director, Live Well
Medical + Exercise Clinic, Vancouver, BC*
- 1445h Break
- 1500h Pharmacological Management of Diabetes
*Anar Dossa, Pharm D, CDE, Clinical Pharmacy
Specialist, Diabetes and Kidney Clinic, Vancouver
General Hospital & Clinical Assistant Professor,
Faculty of Pharmaceutical Sciences, University of
British Columbia, Vancouver, BC*
- 1645h Adjourn

Tuesday, April 14

- 0815h Review
Barbara King Hooper
- 0900h Diabetes Management in Older Adults
*LeeAnn Trimble, RN, BScN, CDE, Clinical Resource
Nurse, Diabetes Centre, Vancouver General
Hospital, Vancouver, BC*
- 1000h Break
- 1015h Diabetes Management in Pregnancy
*Kecia Provo, RN, CDE, Diabetes Educator, BC
Women's Hospital, Vancouver, BC*
- 1115h Diabetes Management in Kids
*Daniel L. Metzger, MD, FAAP, FRCPC, Pediatric
Endocrinologist, BC Children's Hospital & Clinical
Professor, Division of Endocrinology, University of
British Columbia, Vancouver, BC*
- 1215h Exhibitors' Lunch & Learn (Provided)
- 1345h Diabetes in Aboriginal Communities
*Suzanne Johnson, RD, Program Nutritionist,
Health Services, FNHA, Penticton, BC*
- 1445h Break
- 1500h Acute Complications of Diabetes
*Patty Phillips, RN, BSN, CDE, CPT, Diabetes Nurse
Clinician, North Shore Diabetes Centre, West
Vancouver Community Centre, West Vancouver, BC*
- 1600h Adjourn

- 1730h Dinner & Instructional Session
- 1815h Chronic Complications of Diabetes
*Breay Paty, MD, FRCPC, Endocrinologist,
 Vancouver General Hospital & Clinical Associate
 Professor, Division of Endocrinology, University
 of British Columbia, Vancouver, BC*
- 2000h Adjourn

Wednesday, April 15

- 0815h Review & Preparing for the CDE Exam
Barbara King Hooper
- 0900h Tools and Technologies for Monitoring:
 Meters, Pumps, Sensors
*Cristina Pepe, RN, BSN, CDE, Diabetes Nurse
 Clinician, BC Children's Hospital, Vancouver, BC*
- 1030h Break
- 1045h Blood Glucose Pattern Management
Barbara King Hooper
- 1215h Lunch (On Your Own)
- 1330h Helping People Want to Learn
Barbara King Hooper
- 1530h Break
- 1545h Living and Getting Older with Diabetes
*Nicola Cavendish, Actress, Director, Writer,
 North Vancouver, BC*
- 1700h Adjourn
Thank you, and have a safe journey home!

This course outline is subject to change, including the named speakers. For the latest update, visit our website at interprofessional.ubc.ca/IN9543.

WHAT YOUR REGISTRATION INCLUDES

- Syllabus containing detailed handouts
- 2 lunches, 1 dinner, and daily morning and afternoon refreshment breaks
- Certificate of Attendance

LOCATION

The venue is the Best Western Plus Chateau Granville, 1100 Granville Street, Vancouver, BC. A limited number of Superior rooms at a rate of \$95+tax/night has been set aside. Please call the hotel directly for reservations on +1.800.663.0575 and mention "Diabetes Educator Course rate".

- ☐ Early bird rate is \$695+GST (\$729.75) for fully paid registrations received by March 16, 2015
- ☐ Regular rate is \$795+GST (\$834.75)

Space is limited, so please register early.

First Name

Last Name

Profession/Title

Organization/Company

Mailing Address

City

Province/State

Postal/Zip Code

Country

Telephone

Email Address

- ☐ No, I do not permit my email address to be shared on the participant list

Register ONLINE:

interprofessional.ubc.ca/IN9543

Register by PHONE:

+1.855.827.3112 (Toll-free)

or

+1.604.827.3112 (Vancouver)

Register by MAIL:

Send this completed registration form with a cheque payable to University of British Columbia by mail to Interprofessional Continuing Education, UBC, Room 105, 2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3.

We cannot accept registrations by fax or credit card payments by mail at this time.

Full payment must be received at the time of registration. A receipt for tax purposes will be sent to you within two weeks of full receipt of your payment. (A \$25+GST processing fee will be charged for duplicate tax receipts.)

We reserve the right to cancel this course if registration is insufficient. In the event of cancellation, a full refund will be provided, and you will be placed on the priority list for the next course.

If you need to cancel, please notify us immediately. We will provide a refund, less a \$50+GST processing fee, for all cancellations confirmed in writing and received by March 16, 2015. There will be no refund for any cancellation received after March 16, 2015.

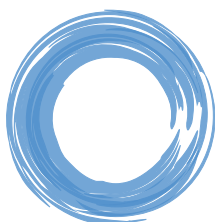
Please direct all other enquiries, including learning about sponsorship and exhibitor opportunities, to Melissa Lafrance at melissa.ipce@ubc.ca or **+1.604.822.7708**.



[Barbara King Hooper](#), RN, MScN, CDE founded Kinghooper Diabetes Education to educate health professionals and laypeople alike about all aspects of diabetes care and management. She has offered the Diabetes Educator Course in co-operation with the University of British Columbia for over 20 years.

Barbara is a registered nurse and a certified diabetes educator. She has served on the national executives of both the Diabetes Educator Section of the Canadian Diabetes Association, and the Canadian Diabetes Educator Certification Board. She has a proven track record of effective patient education, continuing education workshops, diabetes education program development and evaluation, and health-related research. Barbara's extensive experience and expertise as a nurse and health educator in inpatient, outpatient, pediatric, long-term care, and native community settings allow her to provide a comprehensive, innovative course for health professionals wanting to learn about diabetes education. Her clients include Health Canada, tribal councils, and pharmaceutical companies.

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