

ABOUT THE SYMPOSIUM

15TH ANNUAL

UCSD HEART FAILURE SYMPOSIUM FOR PRIMARY CARE AND INTERNAL MEDICINE PHYSICIANS

NEW STRATEGIES FOR DETECTING, PREVENTING AND TREATING HEART FAILURE

Saturday, February 7, 2015
Estancia La Jolla Hotel
La Jolla, California



UC San Diego SULPIZIO CARDIOVASCULAR CENTER

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity. Additional resources on cultural and linguistic competency and information about AB1195 can be found on the UCSD CME website at <http://cme.ucsd.edu>.

COURSE DESCRIPTION

Despite advances in therapy, heart failure remains an important public health problem in the US today. The past year has been a particularly dynamic one for the development of new strategies for dealing with the heart failure pandemic. The Symposium provides expert insight into evolving heart failure management strategies. The curriculum includes updates on treatment of hypertension and hyperlipidemia, use of biomarkers, management of hyponatremia, treatment of cardiac ischemia, discussion of the role of the new anti-coagulant agents, indications for use of ICDs and CRT, management of sleep disordered breathing, use of new imaging modalities to assess risk, and new approaches for treating mitral regurgitation. In addition, there will be talks on the role of digoxin, the use of hydralazine and nitrates and the emergence of new drugs, such as LCZ696 and ivradine, that will be used in the future. Lectures from experts in the field are combined with case presentations and interactive panel discussions. The 15th Annual UCSD Heart Failure Symposium will continue the tradition of providing cutting edge information about heart failure in a form that enhances adaption into clinical practice.

TARGET AUDIENCE

This course is designed for internists, primary care physicians, nurses, and allied healthcare professionals.

OBJECTIVES

- At the conclusion of this activity, participants should be able to:
1. Summarize current treatments available for heart failure and provide information to help in the selection of the most rational choices in individual patients.
 2. Review strategies for implementing medical and device therapies that will lead to improved outcomes in heart failure patients.
 3. Define how specific populations including minorities, women and the elderly respond to various approaches to treating hypertension and heart failure.

NEEDS ASSESSMENT

Over five million Americans (two percent of the U.S.) are living with heart failure. An estimated 670,000 new cases of heart failure (HF) are diagnosed each year and this condition is a major cause of morbidity and mortality (80% of men and 70% of women less than 65 years of age who have HF will die within 8 years) and is the number one cause of hospitalizations of the elderly in the US. HF is common, but unrecognized and often misdiagnosed. Recent data have shown that drugs and devices that have proven beneficial and are recommended in recent practice guidelines, (HFSA 2010 update of practice guidelines Lindelfield J et al J Cardiac Failure 2010;16: 475) are underutilized (Fonarow GC et al. Circulation 2010;122:585).

Recent information also suggests a significant individual variability in conformity to quality-of-care indicators and clinical outcome of patients with HF and a substantial gap in overall performance. In addition according to study analyzing the quality of health care in the US on average, patients with heart failure received the recommended quality of care only 64% of the time (Heart failure performance measurement set by the ACC/AHA 2010).

Despite important advances in treatment, patients with heart failure continue to experience unacceptably high rates of morbidity and mortality. This along with the enormous cost of caring for a growing number of heart failure patients has resulted in increased scrutiny of existing and emerging therapies.

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won't you pass the extra along to an associate?*

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FOR
PRIMARY CARE AND INTERNAL MEDICINE PHYSICIANS

NEW STRATEGIES FOR DETECTING, PREVENTING AND TREATING HEART FAILURE

SATURDAY, FEBRUARY 7
2015

Estancia La Jolla Hotel
La Jolla, California

Sponsored by
UC San Diego
SCHOOL OF MEDICINE

Officially endorsed by
The Heart Failure Society of America

 HFSA
HEART FAILURE SOCIETY OF AMERICA

 California
CME

SHARON ODEGAARD

FACULTY

UC SAN DIEGO PROGRAM DIRECTOR



Barry H. Greenberg, MD, FACC
Distinguished Professor of Medicine
Director, Advanced Heart Failure Treatment Program
University of California San Diego Medical Center

GUEST FACULTY



Gregg Fonarow, MD, FACC
Eliot Corday Chair of
Cardiovascular Medicine and Science
Professor of Medicine
Director, Ahmanson – UCLA
Cardiomyopathy Center
Co-Chief, UCLA Division of Cardiology
David Geffen School of Medicine
University of California, Los Angeles
Los Angeles, CA



John D. Carroll, MD
Professor of Medicine
University of Colorado Denver
Director, Cardiac and
Vascular Center
University of Colorado Hospital
Aurora, CO

UC SAN DIEGO PARTICIPATING FACULTY



Eric Adler, MD
Associate Clinical Professor
Medical Director, Cardiac Transplant



Atul Malhotra, MD
Chief, Pulmonary &
Critical Care Medicine
Director of Sleep Medicine
Kenneth M. Moser, Professor,
Department of Medicine



Denise D. Barnard, MD, FACC
Clinical Professor of Medicine Cardiology
Advanced Heart Failure Treatment Program
Cardiac Transplantation & LVAD Program



Anna McDivit Mizzell, MD
Associate Clinical Professor of Medicine
Department of Medicine, Cardiology



Luis R. Castellanos, MD, MPH
Assistant Clinical Professor of Medicine
UCSD Division of Cardiology
Sulpizio Cardiovascular Center



Lisa Shives, MD
Director, Clinical Sleep Medicine
Department of Pulmonary, Critical Care
and Sleep Medicine



Ulrika Birgersdotter-Green, MD
Professor of Medicine
Division of Cardiology
Director, Pacemaker and ICD Services



Jorge Silva Enciso, MD
Assistant Clinical Professor of Medicine
Division of Cardiovascular Medicine
Heart Failure and Transplant Cardiology



Jonathan C Hsu, MD
Assistant Clinical Professor of Medicine
Cardiac Electrophysiology Section
Division of Cardiology



Joel Wilson, MD
Assistant Professor of Medicine and
Radiology
Co-Director of Advanced Cardiovascular
Imaging



Alan Maisel, MD, FACC
Professor of Cardiology, UCSD
Director, Coronary Care Unit and
Heart Failure Program
San Diego Veterans Affairs Medical Center



Joseph L Witztum, MD
Professor of Medicine

Faculty Disclosure It is the policy of the University of California, San Diego School of Medicine to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

PROGRAM - Saturday, February 7

7:00 - 7:50 am 7:50am	Registration/Coffee Welcome and Introduction - Barry Greenberg, MD
SESSION I	Detecting Patients at Risk and Preventing Heart Failure Barry Greenberg, MD <i>(Moderator)</i>
8:00 - 8:20am	Advances in Managing Hypertension Luis Castellanos, MD
8:20 - 8:40am	Treating Hyperlipidemia Now and in the Future Joseph Witztum, MD
8:40 - 9:00am	New Imaging Modalities for Assessing Etiology and Risk Joel Wilson, MD
9:00 - 9:25am	Role of Biomarkers in Diagnosing and Managing Heart Failure Patients Alan Maisel, MD
9:25 - 9:50am	<i>Coffee Break/Visit Displays/Meet the Faculty</i>
SESSION II	Optimizing Therapy for Heart Failure Patients Denise Barnard, MD <i>(Moderator)</i>
9:50 - 10:10am	Digoxin - Withering's Wonderful Weed: Time for a Renaissance or a Requiem? Denise Barnard, MD
10:10 - 10:30am	Sleep in Heart Failure: Does it Matter? Atul Malhotra, MD
10:30 - 10:50am	Monitoring the Heart Failure Patient to Prevent Decompensation and Improve Outcomes Gregg Fonarow, MD
10:50 - 11:10am	The New Anti-Coagulant Agents: Where and When Should They Be Used? Jonathan Hsu, MD
11:10 - 11:30am	New Approaches for Treating Mitral Regurgitation John D Carroll, MD
11:30 - 11:55pm	Case Presentation I - Denise Barnard, MD <i>(Moderator)</i> Drs. Malhotra, Shives, Fonarow and Hsu <i>(Panelists)</i>
11:55am - 1:15pm	<i>Lunch/Meet the Faculty</i>
SESSION III	Emerging Topics in Heart Failure I - Jorge Silva Enciso, MD <i>(Moderator)</i>
1:15 - 1:35pm	Medical Therapy of Coronary Artery Disease and Myocardial Ischemia Anna McDivit, MD
1:35 - 1:55pm	Managing the Hyponatremic Heart Failure Patient Gregg Fonarow, MD
1:55 - 2:15pm	New Therapies for Treating Heart Failure: Enter the ARNI's and Ivradabine Barry Greenberg, MD
2:15 - 2:35pm	Vasodilator Therapy using Hydralazine and Nitrate Combination Denise Barnard, MD
2:35 - 2:55pm	<i>Coffee Break/Visit Displays/Meet the Faculty</i>
SESSION IV	Emerging Topics in Heart Failure II - Eric Adler, MD <i>(Moderator)</i>
2:55 - 3:25pm	ICDs and CRT: Overview of When and Why to Use Them Ulrika Birgersdotter-Green, MD
3:25 - 3:55pm	Tricks of the Trade: Secrets that the Guidelines Don't Tell Us About Managing Heart Failure Patients Barry Greenberg, MD
3:55 - 4:15pm	The Stage D Patient: What are the Options? Eric Adler, MD
4:15 - 4:35pm	Case Presentation II - Eric Adler, MD <i>(Moderator)</i> Drs. Birgersdotter-Green and Greenberg <i>(Panelists)</i>
4:35pm	Adjourn

COURSE INFORMATION

ACCREDITATION

The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California, San Diego School of Medicine designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] (report up to **6.5 hours of credit** and list "CME Category 1" as the provider number).

HEART FAILURE SOCIETY OF AMERICA

Officially endorsed by the Heart Failure Society of America. The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the **HFSA**.

CANCELLATION POLICY

If your registration must be cancelled and a refund of your fee is desired, your fee, less \$40 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after January 5, 2015. Please allow up to 12 weeks for a refund.

FURTHER INFORMATION

Complete Conference Management
3320 Third Avenue, Suite C
San Diego, CA 92103

Phone: 619-299-6673
Fax: 619-299-6675
Email: info@ccmmeetings.com

REGISTRATION FEES

\$120 Early Bird Registration – *on or before January 5, 2015*

\$150 Registration – *after January 5, 2015 and on-site*

\$100 Nurse Registration – *on or before January 5, 2015*

\$130 Nurse Registration – *after January 5, 2015 and on-site*

LOCATION

Estancia La Jolla Hotel

9700 North Torrey Pines Road
La Jolla, CA 92037
Tel: 858-550-1000 Fax: 858-550-1001
1-877-4-ESTANCIA (toll free reservations)
www.Estancialajolla.com



Special room rates are offered:
Single or Double - \$179 per night, **plus**
San Diego occupancy tax of 12.565%,
\$8 hospitality fee and \$10 overnight parking fee.

The site for the meeting is on 9.5 acres in the enchanting seaside community of La Jolla at the new 21st Century Learning Retreat, the Estancia La Jolla Hotel. The hotel is in the midst of a classic California coastal rancho setting, adjacent to world-class Torrey Pines Golf Course, and just minutes from the San Diego Zoo, Sea World, shopping and beautiful Southern California beaches. The hotel is only 14 miles from downtown San Diego and Lindbergh Field (San Diego International Airport). A limited number of rooms have been reserved for course participants and will be reserved as requests are received.

Reservation Deadline: January 6, 2015. If your reservation is not received prior to cut-off date, reservations will be accepted subject to availability. Please specify that you plan to attend the 15th ANNUAL UCSD HEART FAILURE SYMPOSIUM so you can receive our special course rate.

REGISTRATION FORM

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NEW STRATEGIES FOR DETECTING, PREVENTING AND TREATING HEART FAILURE

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Registration Fees:

\$120 Early Bird Physician Registration – *on or before January 5, 2015*

\$150 Physician Registration – *after January 5, 2015 and on-site*

\$100 Early Bird Nurse Registration – *on or before January 5, 2015*

\$130 Nurse Registration – *after January 5, 2015 and on-site*

CREDIT CARD PAYMENT (Visa, Mastercard or Am Express ONLY)

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