

TWENTY-FIRST
ANNUAL

INTERDISCIPLINARY CONFERENCE ON

Supportive Care, Hospice and Palliative Medicine

OCTOBER 13-14, 2017

FEATURED SPEAKERS

**Marie A. Bakitas, DNSc, APRN,
AOCN, ACHPN, FAAN**

The University of Alabama
at Birmingham

Eduardo Bruera, MD, FAAHPM

The University of Texas
MD Anderson Cancer Center

Joan M. Teno, MD, MS

University of Washington

**THE UNIVERSITY OF TEXAS
MD ANDERSON CANCER CENTER**

Robert C. Hickey Auditorium, Floor 11, R. Lee Clark Clinic
1515 Holcombe Boulevard, Houston, Texas

THE UNIVERSITY OF TEXAS

**MDAnderson
Cancer Center**

Making Cancer History®

INTERDISCIPLINARY CONFERENCE ON

Supportive Care, Hospice and Palliative Medicine

OCTOBER 13-14, 2017

GOAL

Palliative and Supportive cancer care is a rapidly evolving specialty. Many physicians are unaware of the need for whole-patient care and attention to quality of life improvements outside treatment of the primary disease. While cancer therapies are indeed crucial, the evolution of non-traditional health care settings places increasing emphasis on supportive care methods to improve quality of life for patients with advanced disease.

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 21st year, the Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine continues to offer participants educational updates to help them successfully implement new techniques and treatments in clinical practice to improve patient care and outcomes.

EDUCATIONAL OBJECTIVES

After attending the conference, participants should be able to

- Provide effective communication with patients in the advanced stages of cancer or debilitating disease and provide quality End-of-Life Care (*knowledge, competence, performance, patient outcomes*);
- Identify and interpret the moral and ethical dilemmas encountered in palliative care, incorporating supportive care strategies to improve patient care (*knowledge, competence, performance, patient outcomes*);
- Practice state-of-the-art pain and symptom management for patients with advanced disease (*knowledge, competence, performance, patient outcomes*);
- Apply palliative care principles to life threatening disease in populations not limited to cancer patients (*knowledge, competence, performance*).

TARGET AUDIENCE

This program should be of interest to palliative care or hospice physicians, oncologists, internal medicine physicians, family practice physicians, psychiatrists, and/or anesthesiologists. Other professionals including: hospice, nursing, psychology, chaplaincy, ethics, and/or sociology.

EDUCATIONAL METHODS

Lectures • Workshop Sessions • Case Studies

EVALUATION

A course evaluation form will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

ACCREDITATION/ CREDIT DESIGNATION

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 15.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS

The sessions marked with “*” have been designated by The University of Texas MD Anderson Cancer Center for 12.75 *AMA PRA*

Category 1 Credits™ in medical ethics and/or professional responsibility.

PHYSICIAN PAYMENTS SUNSHINE ACT

MD Anderson complies with the Physician Payments Sunshine Act as part of the Affordable Care Act (ACA). Accordingly, we may be required to collect information on transfer of value provided to any covered recipient under the ACA.

NURSING

The University of Texas MD Anderson Cancer Center is an approved provider of continuing nursing education by the Texas Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Nursing Continuing Education Contact Hours will be awarded.

CME CERTIFICATES AND ATTENDANCE VERIFICATION CERTIFICATES

Certificates awarding *AMA PRA Category 1 Credits™* or certificates documenting attendance will be distributed to participants when an individual departs the conference. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form. Upon receipt, a record of attendance (certificate) will be provided on-site to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

MD ANDERSON ORGANIZING COMMITTEE

Sriram Yennu, MD (Program Chair)

Deanna Cuello (Program Manager)

Eric Gagneaux (Logistics Manager)

Martha Aschenbrenner, LPC, MA

Regina Pair Allen, MDiv, MHSA, BCC

Karen Baumgartner, APRN

Debbie Breaux, RN, BSN

Eduardo Bruera, MD

Debra Castro, RN, BSN

Luke Coulson, LCSW

Stacy Hall, RN

Patricia Heitz, MEd, BSN, RN, OCN

(Nurse Planner)

Jerry Ignatius, DO

Kevin Madden, MD

Courtney Maligi, MD

Kristy Nguyen, PharmD, BCPS

Natalie Schuren, DNP, RN, NEA-BC

Ishwaria Subbiah, MD

Kimberson Tanco, MD

Annie Wilson, CLN

Friday, October 13, 2017

7:15 am Registration and Continental Breakfast

8:00 **Welcome**
Sriram Yennu, MD

8:15 **Creating a Healing Atmosphere in any Palliative/Supportive Care Setting***
Eduardo Bruera, MD

9:15 **14th Annual John Mendelsohn Award 2015 Ceremony and Introduction of Speaker**
Eduardo Bruera, MD

14th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care Presentation: Strategies to Improve Quality End-of-Life Care. It's the Journey, Not the Destination*
Joan Teno, MD, MS
Moderator: *Sriram Yennu, MD*

10:30

Break

10:45

Workshops:*

1. Doc I Ran Out of My Pills: Management of Patient with Aberrant Drug Use
Joseph Arthur, MD; and Tonya Edwards, BSN, MS, CCRP
2. Updates in Caring For Delirious Patients: Caregivers and Clinicians Perspective
Maxine de la Cruz, MD
3. Caregiver Burden: Why They Need Care Too
Sujin Ann-Yi, PhD; and Kimberson Tanco, MD
4. Cancer Pain Drug Therapies: Current and Emerging Trends
Shalini Dalal, MD
5. Occupational Therapy: Where Does It Fit In?
Macklyn Ivy, OTR, PhD
6. Doctor, Do Everything for My Child
Kevin Madden, MD

12:00 pm Lunch (provided)

12:45 **Putting Advance Care Planning Into Action***
Joan Teno, MD, MS

1:45 **"Value-Based Palliative Care" From Patients Perspective***
Eduardo Bruera, MD

3:00 Break

3:30 Workshops:*

1. The Many Hats of An Outpatient Supportive Care Nurse
Debra Castro, BSN, CHPN; and Lindsey Pimentel, RN
2. Is Clinical Depression Influencing My Patient's Decisions?
Rachel Lynn, MD
3. Words for the End-of-Life: The Work of the Artist In Residence
Marcia Brennan, PhD

4. Advances in Palliative Treatment of Bone Metastasis
Quynh-nhu Nguyen, MD
5. My Mom is Not Eating. Nutrition in Advanced Illness
Rony Dev, DO
- 4:30 Open Time/Break
- 4:45 **Workshops:***
1. Managing Symptoms Due to Immunotherapy
Vivek Subbiah, MD
2. Kids and Hospice: It's Not What You Think It Is
Patrick Jones, MD; and Kevin Madden, MD
3. Transitioning to Hospice, It Takes a Team!
Regina Pair Allen, MDiv, MHSA, BCC; Martha Aschenbrenner, LPC, MA; Debbie Breaux, RN, BSN; Luke Coulson, LCSW; Courtney Maligi, MD; Kristy Nguyen, Pharm D; Detra Sylvester, RN; and Kimberson Tanco MD
4. Acupuncture for Symptom Management. What Is the Evidence?
Michael Spano, MS, LAc
5. Early Palliative Care: When is the Right Time for Referral?
David Hui, MD

5:45 pm Adjourn

Saturday, October 14, 2017

7:15 am Registration and Continental Breakfast

8:00 **Workshops:**

1. When Home and Work Collide: Return to Palliative Care After the Death of a Family Member
Martha Aschenbrenner, LPC, MA; and Karen Baumgartner, MSN, APRN, BC

9:00

2. We Have an APP for That! Update On the Role of APPs (Advanced Practice Providers) in Palliative Care
Carolyn Holmes, APRN
3. I Am Not Depressed! — Demoralization, When Patients Have Lost Meaning and Purpose*
Jerry Ignatius, DO
4. MD Anderson Palliative Sedation Protocol; Indications, Procedures and Communications*
Paul Walker, MD
5. Management of Ascites and Bowel Obstruction
Mariberta Vidal, MD

Workshops:*

1. Setting Up a Successful Community Based Palliative Care Practice: Challenges and Solutions
Sandra Gomez, MD
2. Too Old for Treatment? Care for Senior Adults with a New Diagnosis of Cancer
Ishwaria Subbiah, MD
3. Take Time for Time Out
Luke Coulson, LCSW
4. Honoring Religious Practices in Death and Dying
Regina Pair Allen, MDiv, MHSA, BCC
5. The Clinician Burnout Epidemic, and What We Can Do About It
Suresh Reddy, MD
6. Finding Meaning and Purpose When Demoralized: Experiential Overview of Meaning Centered Psychotherapy
Sujin Ann-Yi, PhD; and Jerry Ignatius, DO

10:00

Introduction of the Debra Sivesind Career Award and Lecture
Eduardo Bruera, MD

Nursing Strategies to Facilitate Early Palliative Care
Marie Bakitas, DNSc, APRN, AOCN, ACHPN, FAAN

11:15

11:30

Break

Workshops:*

- a. Billing Issues; Which is Pertinent to Both Physician and Nursing
Kim Borrowes; and Debbie Breaux, RN, BSN
- b. Mindfulness, Relaxation and Hypnosis
David Zuniga, PhD
- c. Keeping it G-Rated: Talking to Children When a Parent is Dying
Martha Aschenbrenner, LPC, MA
- d. How to Manage Breakthrough Cancer Pain
Ahsan Azhar, MD

12:30 pm

Lunch (provided)

1:00

Optimizing Palliative Care in the Community
Marie Bakitas, DNSc, APRN, NP-C, AOCN, ACHPN, FAAN

2:15

Workshops: (break at 3:15 pm)*

1. Communication: Taking Care of The Hatful Patient
Daniel Epner, MD; and Sujin Ann-Yi, PhD
2. Pain (30 minutes sessions each)
- a) Use of Methadone, Oxymorphone and Levorphanol: When and How?
Akhila Reddy, MD
- b) Antipsychotic and Steroids: Indications and Dosing
Kristy Nguyen, PharmD
- c) Integrative Approaches to Manage Pain and Nausea
Gabriel Lopez, MD
- d) Opioid Initiation and Titration in Pediatric Patients
Kevin Madden, MD

4:30 pm

Adjourn

CONFERENCE SPEAKERS

MD Anderson Faculty and Staff

Sriram Yennu, MD (Program Chair)

Regina Pair Allen, MDiv, MHSA, BCC
Sujin Ann-Yi, PhD
Joseph Arthur, MD
Martha Aschenbrenner, LPC, MA
Ahsan Azhar, MD
Karen Baumgartner, MSN, APRN, BC
Eduardo Bruera, MD
Kim Burrows
Debra Castro, BSN, CHPN
Luke Coulson, LCSW
Shalini Dalal, MD
Maxine de la Cruz, MD
Marvin Delgado Guay, MD
Rony Dev, DO
Tonya Edwards, RN, BSN, MS, CCRP
Daniel Epner, MD
Carolyn Holmes, APRN
Jerry Ignatius, DO
Macklyn Ivy, OTR, PhD

Rachel Lynn, MD
Gabriel Lopez, MD
Kevin Madden, MD
Courtney Maligi, MD
Kristy Nguyen, PharmD, BCPS
Quynh-nhu Nugyen, MD
Lindsey Pimentel, RN
Akhila Reddy, MD
Suresh Reddy, MD
Michael Spano, MS, LAc
Ishwaria Subbiah, MD
Vivek Subbiah, MD
Detra Sylvester, RN
Kimberson Tanco, MD
Marieberta Vidal, MD
Paul Walker, MD
Sriram Yennu MD
Donna Zhukovsky, MD
David Zuniga, PhD

Guest Faculty

Marie Bakitas, DNSc, APRN, NP-C, AOCN, ACHPN, FAAN

*The University of Alabama
at Birmingham
Birmingham, Alabama*

Debbie Breaux, RN, BSN

*Harbor Hospice
Houston, Texas*

Marcia Brennan, PhD

*Rice University
Houston, Texas*

Sandra Gomez, MD

*Memorial Hermann
Houston, Texas*

Patrick Jones, MD

*Memorial Hermann
Houston, Texas*

Linh Nguyen, MD

*UT Health Science Center at Houston
Houston Texas*

Joan Teno, MD

*University of Washington
Seattle, Washington*

THIS IS NOT A SELF-MAILER - ADDRESS TO:

Palliative Care Conference & Board Review

Department of CME/Conference Management – Unit 1781

The University of Texas MD Anderson Cancer Center, PO Box 301407, Houston, TX 77230-1407 • or fax to 713-794-1724

Make check or money order payable to: The University of Texas MD Anderson Cancer Center

CONFERENCE REGISTRATION

D116171 21st Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine – October 13-14, 2017

D116170 Updates in Hospice and Palliative Medicine and Intensive Physician Board Review –October 10-12, 2017

Last Name	First	MI	Highest Degree	
Department (include unit no.)		Specialty		
Institution				
MD Anderson Employee ID No. (required for all MDACC employees):		Physician ☐ Yes ☐ No		
Street				
City		State/Foreign Country/Zip or Mail Code		
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E-mail Address (please print)				
Emergency Contact		Phone (with area code)		
Credit Card Holder Name (First/Last)			Charge the following: ☐ VISA ☐ MC ☐ AMEX	
Credit Card Number			Expiration Date	
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MD Anderson Interdepartmental Transfer (IDT) No.: *Fund Group 90 will not be accepted				
Business Unit	Department	Fund Group*	Fund	Fund Type
Authorized Signature REQUIRED for CREDIT CARD or IDT		IDT Approver Name (First/Last) please print		

CONFERENCE FEES

D116171 21st Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine - October 13-14, 2017

Physician/Scientist (MD, PhD)

- ☐ Postmarked by 9/16/2017\$350
☐ Postmarked after 9/16/2017.....\$400

Healthcare Professional

(Nurse, Hospice, Clergy, Ethicist, Social Worker, PT, PA, etc.)

- ☐ Postmarked by 9/16/2017\$250
☐ Postmarked after 9/16/2017\$300

Student/Trainee (Fellow, Resident)

- ☐ Postmarked by 9/16/2017\$100
☐ Postmarked after 9/16/2017\$150

MD Anderson - Physician/Scientist (MD, PhD)

- ☐ Postmarked by 9/16/2017\$200
☐ Postmarked after 9/16/2017\$250

MD Anderson - Healthcare Professional

(Nurse, Hospice, Clergy, Ethicist, Social Worker, PT, PA, etc.)

- ☐ Postmarked by 9/16/2017\$150
☐ Postmarked after 9/16/2017\$200

SPECIAL CONFERENCE RATE - BOARD REVIEW ATTENDEES

(Special Conference Rate applies only to attendees registered for the Intensive Physician Board Review Course)

Physician/Scientist

(MD, PhD, includes Resident, Fellow, etc.)

- ☐ Postmarked by 9/16/2017\$150

BOARD REVIEW FEE

D116170 Updates in Hospice and Palliative Medicine and Intensive Physician Board Review October 10-12, 2017

Physician/Scientist

(MD, PhD, includes Resident, Fellow, etc.)

- ☐ Postmarked by 9/16/2017\$899

- You must register separately if you wish to attend the Palliative Care Conference.
- Registration for this Board Review will include access to the Post Webinar Sessions Board Review Course.
- Board Review Course registration **DOES NOT** include the Conference.

REGISTRATION INFORMATION

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course

October 10-12, 2017

- On-site registration and check-in opens at 7:15 am on Tuesday, October 10, 2017, in the Hickey Auditorium Foyer, Floor 11, of the R. Lee Clark Clinic, MD Anderson, 1515 Holcombe Boulevard, Houston, Texas.
- The opening session will begin at 8:00 am on Tuesday, October 10, 2017, in Hickey Auditorium and Anderson Conference Hall, and will adjourn at 5:00 pm on Thursday, October 12, 2017.

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review registration fee includes materials, continental breakfasts, lunches, and breaks; however, it DOES NOT include registration to the 21st Annual Conference.

21st Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine - October 13-14, 2017

- On-site registration and check-in opens at 7:15 am on Friday, October 13, 2017, in the Hickey Auditorium Foyer, Floor 11 of the R. Lee Clark Clinic, MD Anderson, 1515 Holcombe Boulevard, Houston, Texas.
- The opening session of the conference will begin at 8:00 am on Friday, October 13, 2017, in Hickey Auditorium, and the conference will adjourn at 5:45 pm on Saturday, October 14, 2017.

The Conference registration fee includes the tuition, materials, continental breakfasts, lunches, and breaks; however, it DOES NOT include registration to the Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course

The Deadline for Advance Registration for both events is September 13, 2017

There are three ways to register:

- On-line at www.mdanderson.org/conferences
- Fax to 713-794-1724
- Mail to Department of CME/Conference Management
Unit 1781
The University of Texas
MD Anderson Cancer Center
PO Box 301407,
Houston, TX 77230-1407

We accept the following forms of payment:

- Check (payable to The University of Texas MD Anderson Cancer Center through U.S. banks only)
- Money order
- Credit cards (MasterCard, VISA, and American Express)
- Cash (on-site registration only)

When registering online a receipt/confirmation letter will be automatically emailed to the e-mail address you listed on the registration form. If

you register by fax or mail a receipt/confirmation letter will be emailed to you within ten working days of receipt of your fee.

REFUND/CANCELLATION POLICY

The registration fee, minus a \$50 administration-handling fee, is refundable if a written request is received on or before September 13, 2017. No refunds will be granted after that date. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check. For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: register@mdanderson.org.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form.

In case of activity cancellation, the liability of the Department of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee. The Department of CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

SPECIAL ASSISTANCE

Contact Eric Gagneaux in the Department of CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any *special dietary* or *ADA accommodation* needs.

ACCOMMODATIONS

The conference is providing a block of rooms at the **Houston Marriott Medical Center Hotel**, 6580 Fannin Street, Houston, TX 77030. Hotel phone 713-796-0080.

When making hotel reservations for the **Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course** be sure to use the Group Rate code of **TTATTAA** to obtain the \$149 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

When making hotel reservations for the **21st Annual Palliative and Hospice Care Conference** be sure to use the Group Rate code of **TTATTAA** to obtain the \$149 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

Use the link below to reserve hotel rooms:
<http://bit.ly/2sjEvk0>

****Early hotel reservation is encouraged as the room block cutoff dates are as follows:**

Updates in Palliative Care and Intensive Physician Board Review Course:
Monday, September 18, 2017

21st Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine: Monday, September 18, 2017

You may also visit www.hotels.com for other hotels within the Texas Medical Center area of Houston, Texas.

GROUND TRANSPORTATION

(prices are subject to change)

- Houston is served by two airports, George Bush Intercontinental (IAH) and William P. Hobby (HOU).
- Taxicabs are available at an estimated cost of \$50-60, to or from both airports.
- Super Shuttle operates a shuttle bus from both airports at an estimated cost of \$24-\$27 one-way and \$48-\$54 round-trip. For more information, call 713-523-8888 or toll-free at 800-258-3826 or on-line at www.supershuttle.com.



Follow Dr. Eduardo Bruera on Twitter:
<https://twitter.com/edubru>

Reminder:

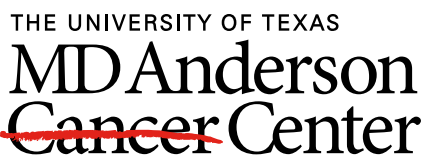
Meeting room temperatures and personal comfort ranges vary widely. Since meeting rooms always seem cold, please bring either a sweater or jacket.

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented.

MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.



Making Cancer History®

The University of Texas MD Anderson Cancer Center
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A REVIEW COURSE WILL BE OFFERED PRIOR TO THE CONFERENCE

Updates in Hospice and Palliative Medicine

AND INTENSIVE PHYSICIAN BOARD REVIEW

OCTOBER 10-12, 2017

**THE UNIVERSITY OF TEXAS
MD ANDERSON CANCER CENTER**

Robert C. Hickey Auditorium, Floor 11, R. Lee Clark Clinic
1515 Holcombe Boulevard, Houston, Texas