



BREATHE & THRIVE



2024 Symposium

February 2-4, 2024, in San Diego, CA

Learn about surgical lasers with a focus on airways disorders treatments from leaders and pioneers



See our detailed schedule and topics inside.





BREATHE & THRIVE

INTRODUCTION

Mark your calendars for February 2-4, 2024, and get ready to immerse yourself in the world of Tethered Oral Tissues (TOTS) in San Diego, California. The 2024 Breathe and Thrive Symposium is not just another event; it's a transformative experience designed for professionals eager to delve deeper into the realms of TOTS, laser surgery, and frenectomy/frenuloplasty techniques. Moreover, it's an excellent chance to connect, collaborate, and network with a community of clinicians who share a passion for enhancing airway and tongue-tie treatments.

HANDS-ON LASER LABS

Attendees can take advantage of a valuable opportunity to gain hands-on experience with soft-tissue surgical lasers and practice various soft-tissue procedures on tissue samples (pig jaws) at no extra cost during the Symposium. Twelve 40-minute lab sessions will be available throughout the event, and attendees can earn CE credit for their participation. The schedule contains the available time slots for these sessions.

LOCATION

Set against the backdrop of the sparkling San Diego Bay, the 2024 Symposium finds its home at the Manchester Grand Hyatt San Diego. This venue isn't just about luxury; it's about an experience. Attendees can soak in panoramic views of the bay, feel the city's pulse, and easily explore San Diego's myriad attractions. We couldn't be more excited to host the Symposium at such an iconic location, and we believe it will add an extra layer of charm to your overall experience.



**Information, terms, and conditions in this communication are subject to change without prior notice.
Refunds will incur a 20% processing fee. No refunds after January 19, 2024. Registration ends on January 26, 2024.*

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2024 Symposium Schedule - Day 1

Thursday, February 1, 2024 - 5:00 pm - 7:00 pm - Early Check-In/Registration Available

Friday, February 2, 2024

7:00 am - 8:00 am - Check-In/Registration

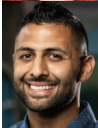
8:00 am - 8:05 am - Opening Ceremony

	8:05 am - 9:20 am - Keynote Address Dale Tylor, MD, MPH Pediatric Airway Management - A Pragmatic ENT Approach
	9:25 am - 10:40 am - Keynote Address Raymond J Tseng, DDS, PhD Evidence-Based Clinical Findings from an Integrative Tongue Tie Center for Use in Patient Encounters
	10:45 am - 11:45 pm - Keynote Address Peter Vitruk, PhD, MInstP, CPhys Non-Ablative and Ablative LightScalpel CO ₂ Laser Applications and Introduction to the Hands-On Laser Wet Labs
11:45 am - 12:00 pm 2023 Kumar Patel Prize in Laser Surgery Award Ceremony	

12:00 pm - 1:00 pm - Lunch

Breakout Session I	Breakout Session II	Hands-On Laser Labs
 1:00 pm - 1:45 pm Piya Gandhi, DDS Functional Pediatric Dentistry: The Practice of Looking Beyond Teeth	 1:00 pm - 1:45 pm Ellen Carlin, CCC-SLP, COM®, IBCLC, CIMI Airway and Laryngomalacia: Why Do These Patients Trickle Back on to Speech Pathologist's Caseloads	Hands-On Lab 1:00 pm - 1:45 pm 8 seats
 1:45 pm - 2:30 pm Jennifer White, DDS Maximizing the Use of Laser in a General Dentist Office	 1:45 pm - 2:30 pm Neel Bulchandani, DC, SOFT, CFT Top 5 Postural Compensations in Patients with Tongue Tie and Sleep Disorders	Hands-On Lab 1:45 pm - 2:30 pm 8 seats
 2:30 pm - 3:15 pm Hal Stewart, DDS Optimal Airway, Optimal Tongue Space..Now Let's Finish the Case!	  2:30 pm - 3:15 pm Toni-Ann Antoniato, MS, CCC-SLP, CLC; and Janine Stiene, MA, CCC-SLP, TSSLD Tongue Ties & Myo - Assessment to Referral and Beyond	Hands-On Lab 2:30 pm - 3:15 pm 8 seats

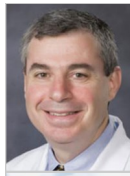
3:15 pm - 3:20 pm - Coffee Break

Breakout Session I	Breakout Session II	Hands-On Laser Labs
 3:20 pm - 4:05 pm Martin A Kaplan, DMD It Is Not Just the Frenum: How to Think Outside of the Frenum Box to Get Your Best Results	  3:20 pm - 4:05 pm Chelsie Goulet, DC; and Karrie Page, MSLP, R.SLP, COM®, IBCLC Lips to Hips: Real-Life Conversations for a Collaborative Team Approach	Hands-On Lab 3:20 pm - 4:05 pm 8 seats
 4:05 pm - 4:50 pm Najmeh Hannanvash, DDS, MSD Why Do Oral Restrictions Matter?	 4:05 pm - 4:50 pm Lisa Paladino, MS, RN, CNM, IBCLC What about Mom? Considering Maternal Factors When Evaluating and Treating Tethered Oral Tissues in Breastfeeding Infants	Hands-On Lab 4:05 pm - 4:50 pm 8 seats
 4:50 pm - 5:35 pm Eric Armakan, DDS Taking the Complaints out of Compliance: Functional Frenuloplasty in the Early Child and Adolescent Population	  4:50 pm - 5:35 pm Melissa Mugno, OMT; and Sarah Hornsby, RDH The Secret to Effective and Efficient Myofunctional Therapy	Hands-On Lab 4:50 pm - 5:35 pm 8 seats

5:35 pm - 7:00 pm - Cocktail Reception

Day 2

Saturday, February 3, 2024



8:05 am - 9:35 am - Keynote Address
Robert A. Strauss DDS, MD, FACS
 Laser Physics for Poets: How the Good Practitioner Uses Basic Principles for the Best Clinical Laser Results



9:40 am - 10:40 am - Keynote Address
Nancy Calamusa, MA, CCC-SLP
 Feeding & Swallowing Freedom: The Importance of Tongue Tie Release in the Neuro-atypical Population



10:45 am - 12:00 pm - Keynote Address
Richard Baxter, DMD, MS
 What's New In Tongue-Tie Land: Latest Research and Clinical Insights

12:00 pm - 1:00 pm - Lunch

Breakout Session I		Breakout Session II		Hands-On Laser Labs
	1:00 pm - 1:45 pm Diana Batoon, DMD Barely Breathing and Barely Sleeping		1:00 pm - 1:45 pm Justin Roche, MB ChB, MRCPCH, IBCLC; and Kate Roche, BSc, MISC, IBCLC Challenge the Challenges! - How to Make the Ideal Treatment Pathway Fit a Family's Reality	Hands-On Lab 1:00 pm - 1:45 pm 8 seats
	1:45 pm - 2:30 pm Maribel Santos-Cordero, DMD Surgical Contraindications and Management of Complications in Laser Dentistry		1:45 pm - 2:30 pm Cara Riek, DNP, RN, FNP-BC, IBCLC, FAANP The Ever Evolving Process of Release: Assessment, Timing, and Technique.	Hands-On Lab 1:45 pm - 2:30 pm 8 seats
	2:30 pm - 3:15 pm Brynn Leroux, DDS Lip Ties, Buccal Ties, Eiffel Tower Ties, Oh My - Part 2!		2:30 pm - 3:15 pm Alisa Sacker, MD, IBCLC To Wait or Not to Wait? Optimal Timing for Release of Oral Restrictions	Hands-On Lab 2:30 pm - 3:15 pm 8 seats

3:15 pm - 3:20 pm - Coffee Break

Breakout Session I		Breakout Session II		Hands-On Laser Labs
	3:20 pm - 4:05 pm Dina Chehab, DDS; & Sara Eberle, RDH A Retrospective Analysis of the Outcomes of Tongue Tie and Lip Tie Releases Completed with LightScalpel CO ₂ Laser in a Pediatric Dental Practice		3:20 pm - 4:05 pm Joy Lantz, RDH, PHDH, COM®, IBCLC Cutting Edge Care: Why Integrating Myofunctional Therapy is a Game Changer for your Dental Practice	Hands-On Lab 3:20 pm - 4:05 pm 8 seats
	4:05 pm - 4:50 pm Chelsea Pinto, DDS Healthy, Happy Healing Tissue: Understanding and Optimizing Wound Healing on a Cellular Level		4:05 pm - 4:50 pm Jessica Altemara, IBCLC Self Efficacy As A Tool in Active Wound Management	Hands-On Lab 4:05 pm - 4:50 pm 8 seats
	4:50 pm - 5:35 pm Sofya Kats, DDS; and Jennifer Huffman, DDS Measuring Effectiveness of Non Ablative Laser Therapy on Length of Soft Palate		4:50 pm - 5:35 pm Speaker Coming Soon Title Coming Soon	Hands-On Lab 4:50 pm - 5:35 pm 8 seats

5:35 pm - 6:05 pm - All Sessions Panel Discussion

Day 3

Sunday, February 4, 2024



9:00 am - 12:00 pm - Keynote Address

Soroush Zaghi, MD

Dr. Zaghi's Annual ALSC Update: Results from Recent Studies and More.

Sleep, breathing, tongue-tie, and myofunctional disorders are now well appreciated to have a direct effect on a multitude of dental health outcomes including caries, periodontal disease, dental wear, malocclusion, pain, and oral dysfunction, as well as overall medical health, longevity, and psychosocial well-being. This course aims to provide updates to the evidenced-based approach in identifying and unraveling the root causes of sleep-related breathing disorders and myofunctional issues in children and adults based on the most recent research and latest clinical protocols developed and utilized by Dr. Soroush Zaghi and his team at The Breathe Institute.

12:00 pm - 12:05 pm

Symposium Closing Ceremony

12:05 pm - Adjourn

For Speaker Biographies and Presentation Abstracts Visit breatheandthrive.org

Hands-On Laser Wet Labs

HANDS-ON LASER PARTICIPATION WORKSHOPS**

This is a great opportunity for clinicians to try out soft-tissue surgical lasers first hand and simulate the variety of soft tissue procedures on tissue samples (pig jaws).

No additional cost for Symposium attendees. Non-doctors can attend a wet lab, but only as observers. CE credit will be provided.

There will be twelve 45-minute lab times available through out the Symposium. See the schedule for the available time slots.

It is recommended that wet lab attendees take the preliminary quiz found at alsc.club/labquiz

**This is the confirmed list of speakers. It is possible this list may be adjusted by adding or substituting speakers.*

***Workshop attendees are required to be registered for the Symposium. Limit 1 wet lab per attendee. Non-Doctors may attend, but as observers only, not as a participant.*





Breathe & Thrive 2024 ALSC Symposium February 2-4, 2024

VENUE

Manchester Grand Hyatt San Diego

1 Market Place
San Diego, CA 92101
(See Photos on the Left)

NOT AN ALSC MEMBER? JOIN TODAY! Visit alsc.club/join and save \$100!

Registration Type	Early Bird Rates (Until December 1) Non-Member / Member	Regular Rates (Starting December 2) Non-Member / Member
Dentist & Physician & Researcher	\$1,500 / \$1,400	\$1,850 / \$1,750
Other Health Professionals and Team Members	\$645 / \$545	\$995 / \$895
Industry Professional	\$1,700 / \$1,600	\$2,050 / \$1,950

LEARN MORE at BreatheAndThrive.org

Need Any Assistance? Call (888) 206-2710 or Email ALSC@AmericanLaserStudyClub.org

SEE YOU IN SAN DIEGO!

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