



photo by Gary Kunze

The James J. and Joan A. Gardner Family Center for Parkinson's Disease & Movement Disorders presents

sunflower
rev it up
for **parkinson's**
Symposium & Expo

a free educational event for patients, caregivers and family members

Saturday, August 13, 2016 | Oasis Conference Center, Loveland, Ohio

Join our experts for a candid discussion of:

- The challenges of managing Parkinson's disease
- New opportunities and complementary treatments
- Research breakthroughs
- Health and wellness information

 **Health**[™]

Program - Saturday, August 13

8:00 – 9:30 a.m. Registration & Continental Breakfast

Optional Pre-Sessions

9:00 – 9:25 a.m. **Social Security Disability – What to Ask and Where to Begin** | Sue Denny

9:00 – 9:25 a.m. **Introduction and Guided Tai Chi** | Jennifer Woods

General Session

9:30 – 9:35 a.m. **Welcome** | Andrew Duker, MD & Maureen Gartner, MSN, NP-C

9:35 – 10:00 a.m. **Deep Brain Stimulation: Perspectives from a Surgeon and a Patient**
George Mandybur, MD & Ann Edelen

10:00 – 10:25 a.m. **Mind-Body Medicine for Stress Reduction** | Sian Cotton, PhD

10:25 – 10:40 a.m. **Punching Out Parkinson's with Boxing** | Sarah Krumme Palmer, MS

10:40 – 11:05 a.m. **The Benefits of High-Amplitude Speech & Exercise Training** | Logan Waddell, PT, DPT

11:05 – 11:30 a.m. **Tips & Tricks to Combat Cognitive Problems** | Rhonna Shatz, DO

11:30 – 11:50 a.m. **Poems, Photos, Passages and Persevering with Parkinson's** | Dan Hart

11:50 – 12:00 p.m. **Gratitude for Giving: Recognizing Parkinson's Community Supporters**
Peggy A'Hearn

12:00 – 12:40 p.m. **Lunch & Remarks by Dave Parker**

12:40 – 12:50 p.m. **Victory Award Presentation**

12:50 – 1:15 p.m. **Research Snapshot** | Alberto Espay, MD, MSc

1:15 – 1:50 p.m. **Panel Q & A** | Moderator: Maureen Gartner, MSN, NP-C
Panel: Mark Schroder, PsyD, John Grover, Andrew Duker, MD,
Aristide Merola, MD, PhD, Kim Seroogy, PhD

1:50 – 2:00 p.m. **Concluding Remarks**

Sunflower Rev It Up for Parkinson's Walk, Ride, Run - Sunday, Sept. 11



Bike Ride (25K, 40K, 100K)
5K Walk/Run
1K Walk/Roll - New this year!
40K Bike/5K Run Brick-Challenge

Sawyer Point
Cincinnati, OH
(downtown)

For more information:
SunflowerRev.org
(513) 558-6903



Symposium Registration

Deadline: August 9, 2016

To register or for more information:

Online: www.SunflowerRev.org

Call: (513) 569-5354

Fax: (513) 569-5365

Email: jbollinger@mayfieldclinic.com

Mail: Gardner Family Center
c/o Lori Selm
PO Box 670525
Cincinnati, OH 45267-0525

Please Print

Name _____

Guest name _____

Address _____

City _____ State _____ Zip _____

Phone (Daytime) _____

Email _____

Submit a question to be answered during the Panel Q & A: _____

Check if you will attend optional pre-sessions:

☐ Social Security Disability

☐ Guided Tai Chi

Speakers

Peggy A'Hearn Senior Director of Development, UC Foundation

Sian Cotton, PhD Associate Professor of Family & Community Medicine, University of Cincinnati; Director, UC Center for Integrative Health and Wellness & UC Health Integrative Medicine

Sue Denny Public Affairs Specialist, Social Security Administration, Cincinnati

- **Andrew Duker, MD** Associate Professor of Neurology and Division Director of Movement Disorders, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Ann Edelen Patient and Advocate

Alberto Espay, MD, MSc Associate Professor of Neurology, University of Cincinnati; Medical Director, James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

- **Maureen Gartner, MSN, NP-C** Nurse Practitioner, James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

John Grover Spouse of Person with Parkinson's Disease

Dan Hart Patient and Advocate

- **Symposium Co-Chairs**

George T. Mandybur, MD, FACS Associate Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Aristide Merola, MD, PhD Assistant Professor of Neurology, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Kim Seroogy, PhD Professor of Neurology, Director, Neuroscience Graduate Program and Director, The Selma Schottenstein Harris Lab for Research in Parkinson's, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Sarah Krumme Palmer, MS Owner, foreverfitness, Cincinnati, OH; Exercise Physiologist specialized in Parkinson's exercise

Dave Parker Founder, Dave Parker 39 Foundation; Retired professional baseball player and Parkinson's advocate

Mark Schroder, PsyD Spouse of Person with Parkinson's Disease; Psychologist in Private Practice

Rhonna Shatz, DO Associate Professor of Neurology and Division Director for Behavioral Neurology, University of Cincinnati; Medical Director & Bob and Sandy Heimann Chair in Research and Education of Alzheimer's Disease, Memory Disorders Center, UC Neuroscience Institute

Logan Waddell, PT, DPT Physical Therapist, Superior Care Plus, LLC

Jennifer Woods Tai Chi Instructor, UC Health Integrative Medicine

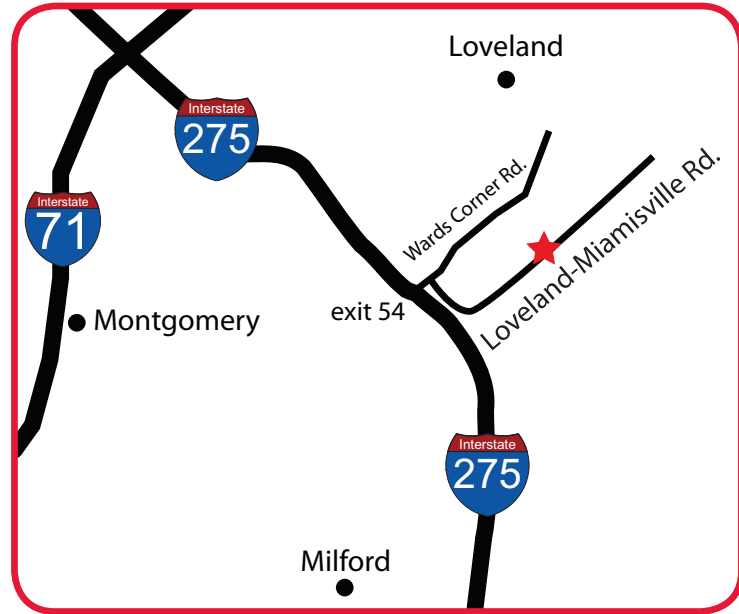
Directions

The Oasis

902 Loveland-Miamiville Road
Loveland, OH 45140
513-583-8383
oasisconferencecenter.com

From I-75 North or South or from I-71 North or South

Take I-275 East to Wards Corner Road, Exit #54. Turn left onto Wards Corner. (Get into the right-hand lane. You will see Aquarian Pools & Spas on your right.) Immediately turn right on Loveland-Miamiville Road. Go through the 4-way traffic light. At the following 4-way stop sign, turn left. (Loveland-Miamiville takes a hard-left turn at Epiphany Church.) The entrance to the Oasis is the second drive on the left.



From Kentucky, I-75 North and I-275 East

Take I-275 East across the Ohio River to Wards Corner Road, Exit # 54. Turn right on Wards Corner Road and get into the right-hand lane. (You will see Aquarian Pools & Spas.) Immediately turn right on Loveland-Miamiville Road. Go through 4-way traffic light. At the following 4-way stop sign, turn left. (Loveland-Miamiville takes a hard-left turn at Epiphany Church.) The entrance to the Oasis is the second drive on the left.

Parking is free.

Area Hotel

Hilton Garden Inn
Cincinnati Northeast
6288 Tri Ridge Blvd
Loveland, Ohio 45140

(513) 576-6999

\$119/night when you mention the "Oasis Rate"