



ESSKA *Advanced* Knee Arthroscopy Course

5-6 October 2017 in Watford, United Kingdom



The ESSKA Advanced Knee Arthroscopy Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the knee from renowned ESSKA Faculty using state of the art surgical facilities.

ESSKA Faculty



Prof. Mustafa Karahan
Course Chairman
Acibadem University
Department of Orthopaedics
Istanbul, Turkey



Dr David Dejour
Lyon-Ortho-Clinic -
Clinique de la Sauvegarde
Lyon, France



Prof. Matteo Denti
Clinica Ars Medica Gravesano
Lugano, Switzerland
Galeazzi Orthopaedic Institute
Milan, Italy



Prof. Joan C. Monllau
Hospital del Mar and Hospital
Universitari Dexeus
Barcelona, Spain



Prof. Romain Seil
Centre Hospitalier
de Luxembourg
Clinique d' Eich
Luxembourg, Grand Duchy
of Luxembourg



Prof. Martin Lind
Department of Orthopaedics
Aarhus University Hospital
Århus, Denmark

Course objectives

- understand the decision-making process involved in choosing the appropriate surgical approach in 4 challenging disorders of the knee
- observe and practise the state of the art surgical technique
- be able to discuss the management of disorders with the ESSKA Faculty dedicated to training

Programme

Thursday, 5 October

Start	End		
08:00	08:15	Welcome and Introduction	<i>R. Seil & M. Karahan</i>
08:15	08:30	Pre-course Assessment (MCQ)	<i>M. Karahan</i>
08:30	08:45	Meniscus Tear Management Algorithm by Case Presentation	<i>M. Karahan</i>
08:45	09:00	Meniscus Repair Techniques	<i>J.C. Monllau</i>
09:00	11:00	Lab Time on Meniscus Repair Techniques	<i>R. Seil</i>
11:00	11:15	Discussion on Meniscus Repair	
11:15	11:30	ACL + PCL + ALL Management Algorithm by Case Presentation	<i>J.C. Monllau</i>
11:30	11:45	Graft Harvest Techniques (Hamstring + Quadriceps + Patellar Tendon + Allograft)	<i>M. Denti</i>
11:45	12:15	Lunch	
12:15	12:30	Anatomic ACL Reconstruction Technique	<i>M. Denti</i>
12:30	12:45	Techniques of Extra-articular Rotational Control of the Knee	<i>R. Seil</i>
12:45	13:00	Arthroscopic PCL Reconstruction Technique	<i>M. Lind</i>
13:00	15:30	Lab time on ACL + PCL reconstruction	<i>M. Denti</i>
15:30	15:45	Discussion on ACL / PCL / ALL Reconstruction	
15:45	16:00	Patellar Instability Management Algorithm	<i>M. Karahan</i>
16:00	16:15	MPFL Reconstruction Technique	<i>D. Dejour</i>
16:15	16:30	Distal Realignment Technique	<i>D. Dejour</i>

Friday, 6 October

Start	End		
08:00	08:15	Posterolateral Corner - Primary Repair Technique	<i>R. Seil</i>
08:15	08:30	Posterolateral Corner Reconstruction Technique	<i>M. Lind</i>
08:30	10:15	Lab Time on Patellofemoral Reconstruction Techniques	<i>D. Dejour</i>
10:15	12:00	Lab time on Posterolateral Corner Reconstruction	<i>M. Lind</i>
12:00	12:15	Discussion on Patellofemoral Instability and Posterolateral Techniques	
12:15	12:30	Post-course Assessment (MCQ)	<i>M. Karahan</i>
12:30	12:45	Closure and Meeting Evaluation	<i>D. Dejour & M. Karahan</i>
12:45	13:30	Lunch	

Course Venue

Smith & Nephew Expert Connect Centre

Croxley Green Business
Park Building 5, Hatters Lane
Watford, WD18 8YE
United Kingdom

Phone: +44 (0) 1923 477100

Transfers

Nearest airports are:

London Luton Airport: 30 minutes by car

London Heathrow Airport: 45 minutes by car

Ground transportation to and from London
Luton and Heathrow Airport will be arranged

Hotel Information

Laura Ashley The Manor Hotel

Barnet Lane, Elstree,
Hertfordshire, WD6 3RE
United Kingdom

Phone: +44 (0) 20 8327 4700

Other details

Course Language: English

Dress Code: Business casual

Registration Fee: 500€ (upon selection)

ESSKA covers the following for selected candidates:

- travel reimbursement up to 350€
- all transfers in the United Kingdom
- accommodation - 2 nights*
- lunches and dinner

* Accommodation for the nights of 4 and 5 October is included in the registration fee.
Please request an additional night (6 October) at a discounted rate if you require one.
You will need to arrange payment for the additional night directly with the hotel or upon departure.

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Contact Information

Course information, registration
and general queries

ESSKA

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Logistics - Transfer Bookings
and on-site queries

On-site Contact

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