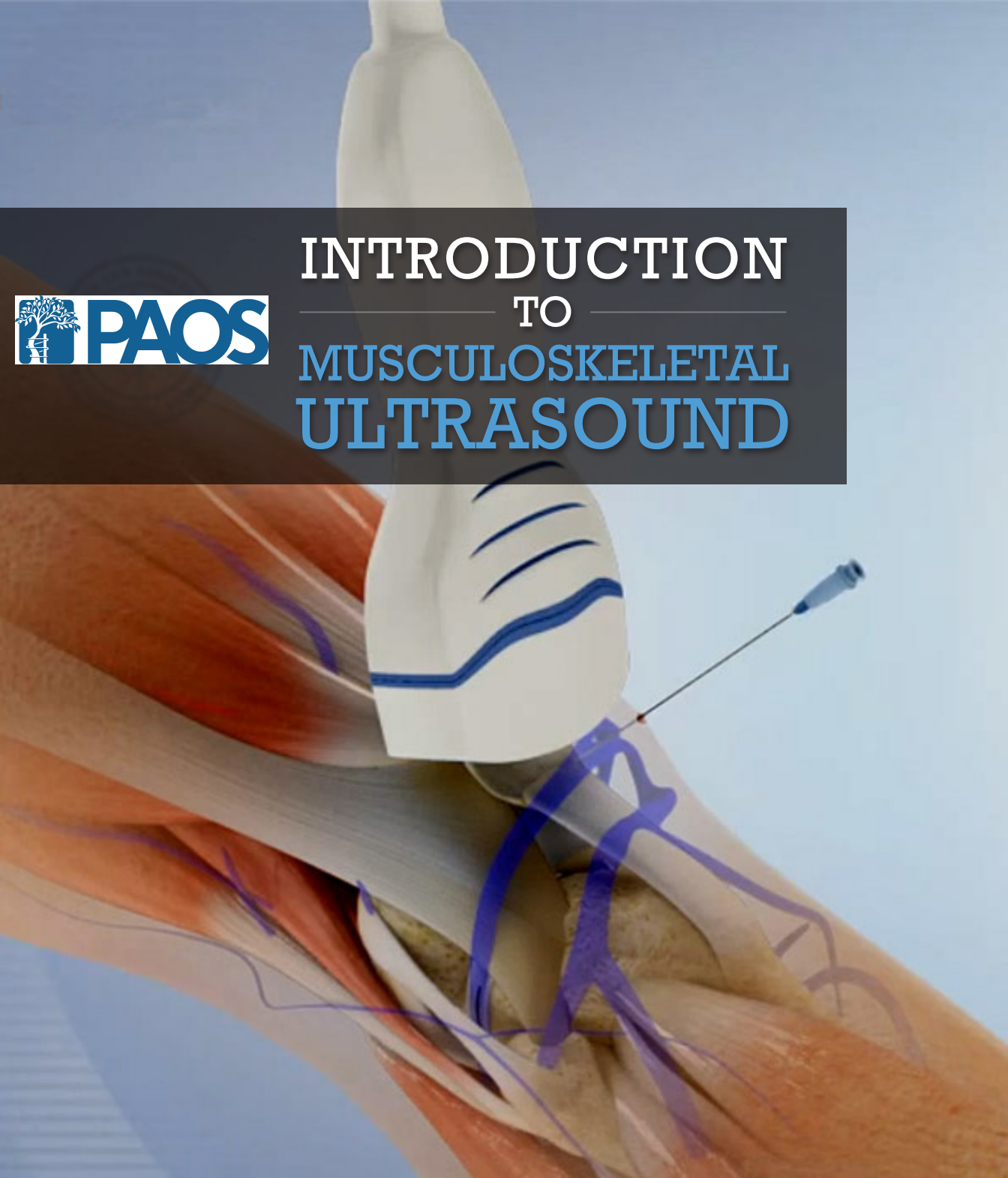




INTRODUCTION TO MUSCULOSKELETAL ULTRASOUND



MARCH 21-22, 2026

Westin Dallas Southlake

1200 E. State Hwy 114
Southlake, TX 76092

Register online:
www.paos.org/cme

MUSCULOSKELETAL ULTRASOUND

COURSE DESCRIPTION

Introduction to Musculoskeletal Ultrasound is an introductory course for PAs and nurse practitioners to learn basic principles of ultrasound and its applications to orthopedics. This course teaches the principles and techniques of proper ultrasound scanning with lectures and hands on scanning. Attendees learn normal anatomy, techniques of visualization, recognition of abnormal findings, and hands on instruction of ultrasound scanning. The focus will be on small group learning and hands on rather than solely lecture based.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Identify normal ultrasound appearance and anatomy of the shoulder, elbow, knee, and hip
- Recognize and discuss common pathology found in each body region
- Demonstrate proper ultrasound scanning technique and protocols
- Demonstrate injection techniques performed under ultrasound guidance and practice needle guidance and optimal visualization

INTENDED AUDIENCE

Physician assistants and nurse practitioners who practice in general orthopedics.

CREDIT

This program is provided by PAs in Orthopaedic Surgery. This program was planned in accordance with AAPA's CME Standards for Live Programs and Commercial Support of Live Programs.

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 15 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 3/21/2026 to 3/22/2026. AAPA reference number: CME-2014963.



GRANTS & EXHIBITS

Appropriate acknowledgement will be given to all supporters at the time of the meeting.

MUSCULOSKELETAL ULTRASOUND

DATE & LOCATION

March 20-21, 2026

Westin Dallas Southlake

1200 E State Highway 114

Southlake, TX 76092

PROGRAM FACULTY

Course Chairman: Scot Rheinecker, MS, AT-Ret, PA-C

Course Co-Directors: John Slevin, PA-C

Guest Faculty:

John T. Evans, DSc, APA-C, CPT, SP, William Beaumont Army Medical Center

US Army/Baylor University Orthopaedics

JD Huse, DSc, PA-C, Assistant Professor, Wingate University Physician Assistant Program, Wingate, NC

Meghan Joyce, DSc, MPAS, PA-C, Director of Clinical Education & Clinical Assistant Professor, Physician Assistant Studies, Robbins College of Health and Human Services, Baylor University, Waco, TX

Ryan Rodriguez, DSc, PA-C, ATC, Sun City Orthopaedic & Hand Surgery Specialists, El Paso, Texas

Jody Townsend, PA-C, William Beaumont Army Medical Center, El Paso, TX

Mark Walther, PA-C, Kaiser Orthopedics, Tacoma, WA

Ryan Williams, PA-C, RMSK, CAQ-OS, BHS Orthopedic Associates, Butler, PA

REGISTRATION

To register online, visit www.PAOS.org/cme. The registration includes tuition, electronic course syllabus, continental breakfasts, break refreshments, & lunch.

MUSCULOSKELETAL ULTRASOUND

FEES

PAOS Member

\$1200

Non-Member

\$1350

FACULTY DISCLOSURE

The American Academy of Physician Associates (AAPA) has implemented a process to identify and resolve conflicts of interest that may exist which might affect the independence and fair balance of an educational activity. All planning committee members, authors, and speakers were required to disclose relevant financial relationships with any commercial interest providing support for this program. Potential conflicts of interest were resolved and documented by one or more of the following methods: 1) Altering the individual's financial relationships, 2) Conducting an independent validation of the individual's presentation content. Individuals who refused to or otherwise failed to disclose potential conflicts or interest to the AAPA were disqualified from participation in planning or implementing this CME activity.

CANCELLATION POLICY

PAOS reserves the right to cancel this function without penalty. The total amount of liability of PAOS will be limited to a refund of the registration fee. Attendee registration acknowledges acceptance of these provisions. PAOS recommends attendees use refundable airline tickets. In the event of cancellation for any reason, PAOS is not responsible for travel costs incurred by the attendee.

REFUND POLICY

Refunds will be subject to a non-refundable \$75 processing fee. Requests for refunds must be received in writing in the PAOS office by February 6, 2026. **NO REFUNDS WILL BE ISSUED AFTER February 6, 2026.** Refunds will not be made for no-shows. PAOS is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Cost incurred by the registrant, such as airfare or hotel fees or penalties are the responsibility of the registrant.

MUSCULOSKELETAL ULTRASOUND

HOTEL ACCOMODATIONS

A special discounted room block has been arranged at the **Westin Dallas Southlake**

Room Rates (taxes/fees not included)

\$209 single/double room

Follow the link

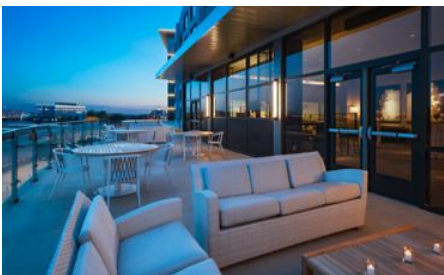
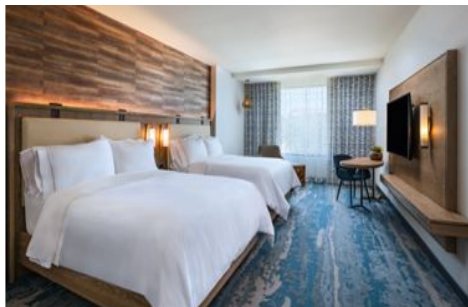
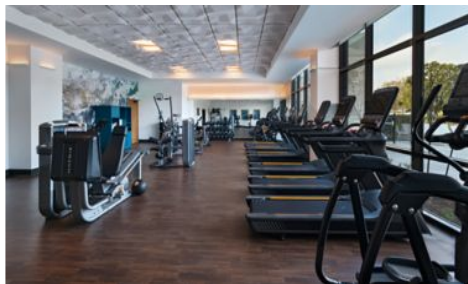
[PAOS Room Reservations](#)

to make reservations. Please make your room reservations early. Reservations made after **February 27, 2026** or after the group block is filled are not guaranteed and will likely be at the hotel's prevailing rates.

Transportation

Airport: 10 miles from Dallas/Fort Worth Intl. Airport

Car: self parking \$10/day



Westin Dallas
Southlake

MUSCULOSKELETAL ULTRASOUND

FRIDAY – MARCH 20, 2026

5:30-6:30pm Attendee Check In

SATURDAY – MARCH 21, 2026

7:00-7:30am Attendee Check In/Continental Breakfast

7:30-8:00am Getting Started With Ultrasound

- buttons & settings
- terminology & image optimization

8:00–8:30 am Ultrasound-Guided Procedure Techniques

- technique, ergonomics, needle guidance

8:30-8:45am Ultrasound Anatomy of the Knee

- tendons, IT band, bursa
- injection approaches/demo

8:45-9:45am Hands-On Scanning: Knee

9:45-10:00am Ultrasound Anatomy of the Hip

- femoral-acetabular joint, psoas tendon/bursa, greater trochanter
- injection approaches/demo

10:00-11:00am Hands-On Scanning: Hip

11:00-11:15am Ultrasound Anatomy of the Shoulder

- biceps tendon, glenohumeral joint, AC joint
- injection approaches/demo

11:15am-12:15pm Hands-On Scanning: Shoulder

12:15-1:15pm Lunch (provided)

1:15-1:45pm Evaluation of the Rotator Cuff

- anatomy & positioning
- identifying tears
- demo

1:45-2:30pm Hands-On Scanning: Rotator Cuff

2:30-2:45pm Break

2:45-3:15pm Ultrasound Anatomy of the Hand/Wrist

- ulnar wrist and dorsal compartments
- CMC joint, trigger finger, carpal tunnel
- injection approaches/demo

MUSCULOSKELETAL ULTRASOUND

SATURDAY – MARCH 21, 2026 - CONTINUED

3:15-4:15pm	Hands-On Scanning: Hand/Wrist
4:15-4:30pm	Ultrasound Anatomy of the Elbow • medial/lateral epicondyle, distal biceps, ulnar nerve • injection approaches/demo
4:30-6:30pm	Hands-On Scanning: Elbow & Open Scanning/Review
6:30-7:30pm	Welcome Reception

SUNDAY – MARCH 22, 2026

7:00-7:30am	Continental Breakfast
7:30-8:00am	Ultrasound Anatomy of the Foot & Ankle • tibiotalar joint, achilles, plantar fascia • medial & lateral ankle • injection approaches/demo
8:00-9:00am	Hands-On Scanning: Foot & Ankle
9:00-9:45am	Ultrasound Guided Injection Positioning & Ergonomics • room setup & provider ergonomics • needle visualization • phantom practice
9:45-10:45am	Injection Technique Practice With Phantoms
10:45-11:30am	Coding, Billing & Integration Into Practice
11:30am-12:45pm	Open Scanning & Review
12:45pm	Adjourn