



Psych Congress REGIONALS

**A Transformed
Program
for 2019!**



PHILADELPHIA
March 23, 2019

AN HMP EVENT



**Psych Congress
REGIONALS**

PHILADELPHIA, PA | March 23, 2019

Inn at Penn
3600 Sansom St.
Philadelphia, PA 19104

**Practical Mental
Health Education
to Improve
Patient Care**

Register Today

psychcongress.com/regionals
877.233.6514



#psychregionals2019

See What's New at **Psych Congress Regionals 2019**

For the healthcare professional looking to advance their psychopharmacology, psychotherapy, and wellness knowledge, this year's program offers the caliber of education you've come to expect in an exciting, new experience.

- ▶ Interactive "turn-and-talk" sessions
- ▶ Case-based discussions in emerging treatments
- ▶ Wellness Workshop
- ▶ Psych Congress' Suicide Prevention Initiative

**EARN
6.5
CME
CREDITS**

Early Bird Rates
\$99 (before 2/22/19)

Regular/On-Site
\$119 (after 2/22/19)

Agenda

PHILADELPHIA

Registration

7:00 AM–7:15 AM

WELCOME SESSION

Reigniting the Flame: The Science Behind Wellness for Busy Clinicians – Part I

NON-ACCREDITED

7:15 AM–7:30 AM

Examine the science behind a variety of wellness interventions and how the data will illustrate that wellness can play an integral part of every psychopharmacologists' treatment plans.

Innovation Theater

NON-ACCREDITED

7:30 AM–8:40 AM

Breakfast will be served.

BREAK | 8:40 AM–8:45 AM

Applying Medication-Assisted Therapy for Opioid Use Disorder Across Treatment Settings

8:45 AM–9:50 AM

Implement medication-assisted treatment (MAT) into treatment plans for your patients with OUD with greater knowledge of evidence-based guidelines and best practices.

TD360 2019

Practical Strategies for Patient Follow-Up and Long-Term VMAT2 Inhibitor Treatment

9:50 AM–10:50 AM

Discover tips and tools for monitoring and optimizing VMAT2 inhibitor treatment for your patients with TD.

BREAK | 10:50 AM–11:00 AM

Tackling the Great Challenge of Medication Adherence in Schizophrenia

11:00 AM–12:00 PM

Recognize the challenges faced by patients with schizophrenia and the role LAIs can play in improving adherence.

BREAK | 12:00 PM–12:05 PM

Innovation Theater

NON-ACCREDITED

12:05 PM–1:15 PM

Lunch will be served.

BREAK | 1:15 PM–1:20 PM

Navigating Bipolar I Disorder: Patient Insights, Clinical Challenges, and Optimal Management Strategies

1:20 PM–2:20 PM

Individualize management strategies in your patients with bipolar I disorder with consideration of the patient perspective and varying efficacy and safety data of atypical antipsychotics across symptom domains, treatment settings, and patient ages.

Therapeutic Advances and Patient Follow-Up Strategies for ADHD Across the Lifespan

2:20 PM–3:20 PM

Integrate individualized, evidence-based, age-appropriate patient follow-up strategies to improve adherence and outcomes in ADHD.

BREAK | 3:20 PM–3:25 PM

Innovation Theater

NON-ACCREDITED

3:25 PM–4:25 PM

Refreshments will be served.

BREAK | 4:25 PM–4:30 PM

Suicide Prevention Initiative

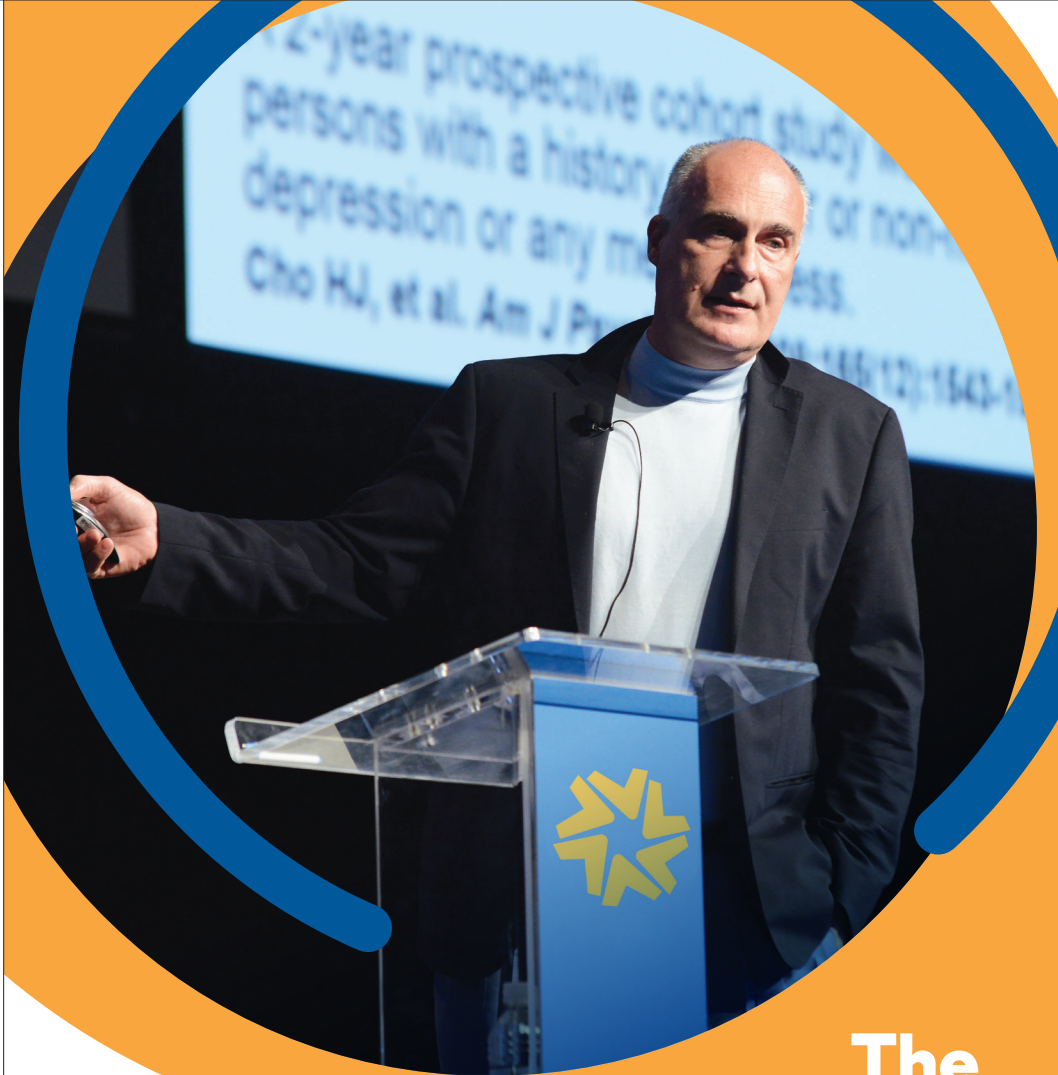
4:30 PM–5:45 PM

Leave this session more competent and confident in assessing suicide risk, implementing safety plans, and counseling your at-risk patients and their families.

Reigniting the Flame: A Practical Manual-Based Wellness Program for Busy Clinicians – Part II

5:45 PM–6:00 PM

Integrate a proven and prescriptive wellness program along with other wellness tools in your practice. Wellness resources, including a program workbook, will be shared with attendees.



The Groundbreaking Discussions You Want.

The Practical Education You Need.

Faculty

Leslie Citrome, MD, MPH

Clinical Professor, Department of Psychiatry and Behavioral Sciences, New York Medical College, Valhalla, New York

Rakesh Jain, MD, MPH

Clinical Professor, Department of Psychiatry, Texas Tech Health Sciences Center, Midland, Texas

Saundra Jain, MA, PSYD, LPC

Adjunct Clinical Affiliate, University of Texas at Austin, School of Nursing, Austin, Texas

Vladimir Maletic, MD, MS

Clinical Professor of Psychiatry and Behavioral Science, University of South Carolina School of Medicine, Greenville, South Carolina

Arwen Podesta, MD, ABPN, FASAM, ABIHM

Assistant Professor of Psychiatry, Tulane University; Medical Director, ACER LLC; Owner/Psychiatrist, Podesta Wellness; President, Louisiana Chapter of American Society of Addiction Medicine, New Orleans, Louisiana

Charles Raison, MD

Mary Sue and Mike Shannon Chair for Healthy Minds, Children & Families; Professor, School of Human Ecology; Professor, Department of Psychiatry, School of Medicine and Public Health, University of Wisconsin Madison; Director of Clinical and Translational Research, Usona Institute, Madison, Wisconsin

Anthony L. Rostain, MD, MA

Professor of Psychiatry and Pediatrics, Perelman School of Medicine, University of Pennsylvania; Medical Director, Adult ADHD Treatment and Research Program, Penn Behavioral Health, Philadelphia, Pennsylvania

Philadelphia Venue Information

Inn at Penn
3600 Sansom Street
Philadelphia, PA 19104
215-222-0200

ACCREDITATION INFORMATION

Intended Learners

This activity is intended for psychiatrists, primary care physicians, psychologists, nurse practitioners, physician assistants, psychiatric nurses, and other healthcare professionals who seek to improve the care of patients with mental health disorders.

Learning Objectives

After completing this activity, participants should be able to:

- Use evidence-based approaches for the diagnosis and ongoing assessment of mental illness to optimize patient outcomes
- Evaluate current data on traditional and emerging psychopharmacologic approaches to the management of mental illness
- Integrate psychopharmacology with psychotherapy to maximize personalized treatment regimens for patients with mental illness

Accreditation Information

In support of improving patient care, North American Center for Continuing Medical Education (NACCME) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CME
NACCME designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

As a jointly accredited organization, NACCME is approved by the American Psychological Association to sponsor continuing education for psychologists. NACCME maintains responsibility for this program and its content. Variable credit for partial attendance may not be awarded. Full attendance is required for all CE activities.

Instructional Level: Advanced

This activity will award 6.5 continuing education credits.

Physician Assistants

NACCME has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with the AAPA CME Criteria. This activity is designated for 6.5 AAPA Category 1 credit(s). PAs should only claim credit commensurate with the extent of their participation in the activity.

Social Work (ASWB ACE)

ACE
NACCME is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. NACCME maintains responsibility for this course. Social workers completing this course receive 6.5 (Beginner/Intermediate/Advanced) continuing education credits.

CNE

This continuing nursing education activity awards 6.5 contact hours. Provider approved by the California Board of Registered Nursing, Provider #13255 for 6.5 contact hours.

Requirements for Credit

To be eligible for documentation of credit, participants must attend the educational activity and complete the evaluation form. After successful completion of the evaluation form online, participants may immediately print their documentation of credit. Healthcare professionals treating patients with mental health disorders should check with their state licensing and certification boards to determine if Psych Congress Regional meets their continuing education requirements.

Contact Information

For questions regarding this educational activity, please call 609-371-1137.

ADA Statement

North American Center for Continuing Medical Education complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 609-371-1137.

Innovation Theaters (non-accredited)

Innovation Theaters are informational sessions designed to complement your educational experience by further enhancing your knowledge and confidence of disease states or products. No CE credits are offered at these programs. Food and beverage are provided by NACCME, an HMP Company. Attendees pay for their meal as part of their conference registration fee. Your name badge will be scanned for admittance into Innovation Theater presentations, which gives the presenting company access to your email and mailing addresses. To opt out, please speak with a Psych Congress representative.

Cancellation Policy

Please note that payment for Psych Congress Regionals is non-refundable.

Please visit www.psychcongress.com/regionals for any updates.

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