

Annual Meeting 2022

Victoria Conference Centre | Victoria, BC | October 12-15, 2022

In collaboration with



Alberta Chapter
British Columbia Chapter
Manitoba/Saskatchewan Chapter



PLAN TO ATTEND! As internists and general internists responsible for delivering complex care to patients spanning the inpatient and ambulatory settings, issues of healthcare quality, patient safety, and stewardship of finite resources are core to our everyday practice.

Throughout the meeting, participants will hear from internationally recognized researchers, educators, and clinicians through a diverse program that covers the most current topics and issues relevant to physicians in the field of General Internal Medicine.

These presentations will open a dialogue about how internists and general internists can lead the way to incorporating the best available evidence to deliver high quality care.



CSIM Office

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#CSIM2022

GENERAL LEARNING OBJECTIVES

- Maintain competence on a wide variety of relevant topics in Internal Medicine and General Internal Medicine.
- Discuss emergent topics, both published and un-published.
- Establish a national network of general internist colleagues from both community and university settings.
- Promote General Internal Medicine as a specialty to residents in training.

MAINTENANCE OF CERTIFICATION

The CSIM Annual Meeting 2022 is an educational event approved as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. As an accredited provider, CSIM has approved this program.

Through an agreement between the American Medical Association and the Royal College of Physicians and Surgeons of Canada, the Canadian Society of Internal Medicine has designated this live educational activity, "CSIM Annual Meeting 2022", for *AMA PRA Category 1 Credits™*.

Live educational activities recognized by the Royal College of Physicians and Surgeons of Canada as Accredited Group Learning Activities (Section 1) are deemed by the European Union of Medical Specialists (UEMS) eligible for ECMEC®.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

Submit to the Canadian Journal of General Internal Medicine!

- Original Research, Case reports
- Scholarly addresses, Research Abstract Days
- Book reviews, and more!

The Article Processing Charge is waived for CSIM members and for submissions of original research.

Learn more and submit at www.cjgim.ca. Follow the CJGIM on Twitter [@CJGIMJournal](https://twitter.com/CJGIMJournal).

Program subject to change.

Reunite and reconnect at the CSIM Annual Meeting!

WEDNESDAY, OCTOBER 12, 2022

1330 – 1630 EXTENDED WORKSHOPS

1. OBSTETRICS

- **Long-term Peri- and Post-Partum Cardiovascular Risk Management: How to Counsel Patients when they Fail the Stress Test of Pregnancy** – *Dr. Vanja Petrovic*
 - Discuss long term vascular risks of pregnancy-associated complications.
 - Identify risk assessment tools for patients with pregnancy complications.
 - Define long term management and follow-up strategies for these younger patients at elevated cardiovascular risk.
- **Management of Diabetes in the Pregnant Patient: It's not only About the Numbers and Targets**
Dr. Jill Newstead-Angel
 - Review screening and diagnosis of gestational diabetes.
 - Apply principles in management of diabetes in pregnancy.
- **Medical Emergencies in Obstetrics: Smoothing the "Bumps" in LDR** – *Dr. Wee-Shian Chan*
 - Assess and workup the common symptom of dyspnea in the peripartum period.
 - Assess and manage severe complications of maternal hypertensive disorders.

1330-1420: Part 1
1420-1435: Break
1435-1525: Part 2
1525-1540: Break
1540-1630: Part 3

2. PERIOPERATIVE CARE

- **To Bridge or not to Bridge** – *Dr. Michael Prystajewsky*
 - Employ evidence-based strategies in perioperative management of anticoagulation.
 - Recognize when bridging of anticoagulation is not indicated.
 - Apply special considerations of bridging anticoagulation in specific populations.
- **Improve your "Neurovision:" A Review of Perioperative Stroke and Neurologic Disorders**
Dr. Terence Yung
 - Assess and manage perioperative risks in patients with recent stroke.
 - Recognize intra/post operative challenges in patients with common neurological disorders.
 - Apply principles in managing post-operative medical complications in common neurological disorders.
- **Perioperative Glucose Management: Don't Sugar-coat It** – *Dr. Shannon Ruzycki*
 - Understand the use of diabetes agents in perioperative management of diabetes.
 - Apply best practices for perioperative glycemic management.
 - Manage insulin regimens peri-operatively.

3. CARDIOLOGY

- **The 5 W's of Atrial Fibrillation: Who, What, When, Where, and Why** – *Dr. Markus Sikkel*
 - Select appropriate medications for both rate and rhythm control approaches.
 - Apply recent clinical trial evidence when considering whom to refer for atrial appendage closure, or pulmonary vein ablation.
 - Differentiate those in whom cardioversion attempts should be strongly considered.
- **HFpEF: A Work in Progress** – *Dr. Benjamin Leis*
 - Differentiate patients with HFpEF from those with heart failure symptoms and a normal EF.
 - Select appropriate medications to treat symptomatic HFpEF.
- **HFREF: Diet, Drugs, Devices, and Developments (oh my!)** – *Dr. Simone Cowan*
 - Select appropriate initial pharmacologic treatments and consider secondary agents in subsets of patients.
 - Apply clinical trial evidence when considering device therapy, and advanced care options.

4. **SUBSTANCE MISUSE AND TREATMENT**

- **Addiction Medicine is Internal Medicine: What Every Internist Should Know About Buprenorphine-Naloxone**
Dr. Kate Colizza and Dr. Prabh Lail
 - Identify patients who would benefit from buprenorphine-naloxone therapy.
 - Describe the initiation and maintenance of this therapy.
 - Solve common issues encountered during initiation of this therapy.
- **Beyond Dry January: Management of Alcohol Use Disorder and At-Risk Drinking – Dr. Paxton Bach**
 - Identify patients who would benefit from pharmacotherapy for alcohol use disorder.
 - List contraindications for common medications for alcohol use disorder.
 - Counter arguments against medications for alcohol use disorder.
 - Describe initiation and maintenance for alcohol use disorder.

1420 – 1435 **Networking Break and View the Exhibits**
1525 – 1540

1645 – 1700 **WELCOME REMARKS** – *Dr. Jeffrey Schaefer, President of the Canadian Society of Internal Medicine*

1700 – 1800 **OPENING PLENARY: Changes and Ongoing Challenges in Inpatient Care Delivery in Canada**

Dr. Lisa Richardson

- List societal and organizational challenges to safe, high-quality inpatient internal medicine care.
- Evaluate evidence and best practices that may address these challenges.
- Match solutions to challenges in your own setting.

THURSDAY, OCTOBER 13, 2022

0800 – 0900 **BREAKFAST AND PLENARY: Top Five Papers** – *Dr. John Fralick*

- Identify and summarize the findings of five papers published in 2022 that are highly relevant to internists and general internists in Canada.
- Review the strengths and limitations of the papers using the principles of evidence-based medicine.
- Recognize the implications of these papers for one's own clinical practice.

0915 – 1145 **CONCURRENT WORKSHOPS**

One hour each, presented twice; select one per timeslot.

Session 1: 0915-1015
Break: 1015-1045
Session 2: 1045-1145

- **W01. Managing Diabetes in the New Era – Dr. David Miller**
 - Understand the role of new diabetes medications in the treatment paradigm.
 - Differentiate between less commonly encountered phenotypes of DM2.
 - List some tips and tricks for management of more challenging DM2 cases.
 - Manage insulin dosing in the patient transitioning from multiple oral agents.
- **W02. Osteomyelitis and Septic Joints: Diagnosis, Oral Treatments, and Prosthetic Joint Caveats**
Dr. Eric Partlow
 - Review diagnostic modalities of acute and chronic osteomyelitis.
 - Differentiate bone infection cases where oral treatment could be used.
 - Diagnose and treat prosthetic joint infections.
- **W03. Stroke: "The Unknown" and "The Less Known" – Dr. Janka Hegedus**
 - Identify common pearls in history and physical exam of stroke patients to help distinguish stroke diagnoses from mimics.
 - Recognize common anterior and posterior circulation stroke syndromes.
 - Review the in-hospital management of hyperacute stroke and outpatient stroke prevention guidelines.

➤ **W04. Diagnostic Dilemmas: A Practical Diagnostic Approach in the Undifferentiated Patient – Dr. Ben Wilson**

- Develop an understanding of red flag signs and symptoms in undifferentiated patients with organic disease.
- Understand the utility of specific laboratory investigations, diagnostic imaging, and invasive procedures in the evaluation of patients with worrisome constitutional syndromes.
- Review common pearls, maintaining a high index of suspicion for rare case presentations.
- Develop tactics to avoid anchoring bias.

Session 1: 0915-1015
Break: 1015-1045
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➤ **W05. Special Cases in Thrombosis Management – Dr. Deepa Suryanarayan**

- Assess the risk of thrombosis in a variety of patients with cancer and know how best to prevent or treat.
- Understand the evidence-based management of incidental subsegmental PE and vascular catheter associated thrombosis.
- Understand the latest thrombolytic treatments and endovascular treatments for venous thrombosis and when to consider them.

➤ **W06. Autoinflammatory Diseases: What an Internist Should Know – Dr. David Shaw**

- Describe the different categories and main characteristics of autoinflammatory diseases and when to suspect that a patient has one.
- Have an appropriate list of differential diagnoses.
- Recite the latest treatments that are being tried and how effective they are.
- Know how and where to get help with managing a patient who has an auto-inflammatory disorder.

➤ **W07. "I'm Tired": What do I do? – Dr. Jeffrey Schaefer**

- Incorporate differentiation between different types of "fatigue" into history taking.
- Recognize red flags of fatigue indicating potential underlying serious disease.
- Use targeted tests based on history and examination when testing is indicated, while minimizing harms associated with unnecessary testing.

1015 – 1045 Networking Break and View the Exhibits

**1200 – 1315 LUNCH and
SENIOR AND NEW INVESTIGATOR AWARD PRESENTATIONS**

1315 – 1330 Peruse the Exhibits

1330 – 1530 TED GILES CLINICAL VIGNETTES

Join us at the annual Ted Giles Clinical Vignettes competition as trainees present unusual clinical cases!

- Describe unusual presentations of common diseases and common presentations of rare diseases.
- Become familiar with the characteristics of engaging and educational case presentations.

1530 – 1630 CSIM Annual General Meeting (CSIM members only)

1630 – 1730 ACP Business Meeting (All Canadian chapters) (ACP members only)

Space is limited; see pages 9-10 to register and book your hotel at discounted rates!

0800 – 0900 **BREAKFAST AND PLENARY: Physician as Public Figure** – *Dr. Isaac Bogoch*

0915 – 1145 **CONCURRENT WORKSHOPS**

One hour each, presented twice; select one per timeslot.

Session 1: 0915-1015
Break: 1015-1045
Session 2: 1045-1145

- **W08. The Internist's Approach to Skin Disorders** – *Dr. Richard Haber*
 - Outline an approach to commonly encountered skin manifestations of systemic illness.
 - Diagnose and differentiate between medication-induced eruptions.
 - Recognize a dermatological emergency.
- **W09. Medical Follow up of the Bariatric Patient**
 - Manage the immediate post-operative care of the bariatric patient.
 - Recognize and manage common post-operative complications.
 - Understand what treatment modifications might be required in the severely obese, newly operated patient.
 - Understand the medium- and long-term complications of bariatric surgery and how to manage them.
- **W10. Infectious Diseases: Durations of Therapy – Is Shorter Better?**
Dr. Shaqil Peermohamed
 - Update on common community acquired and healthcare associated infections, and recommended duration of therapy.
 - Determine optimal duration of therapy for chronic wounds, osteomyelitis, and endocarditis.
- **W11. Unveiling the "Black Boxes" in Oncology** – *Dr. Stephen Chia*
 - Understand outcomes including disease control rate and overall survival of various advanced cancers.
 - Know the importance of immunotherapy in the management of various cancers in both advanced and early-stage settings, and that it can be associated with severe autoimmune adverse effects.
 - Identify and manage various oncologic emergencies arising from cancer and its treatment.
- **W12. Interstitial Lung Disease when the Respiriologist is on Vacation** – *Dr. Sen Han Phang*
 - Develop a practical approach to classifying types of interstitial lung disease.
 - Review diagnostic work of for patient with interstitial lung disease.
 - Know the various treatment options in interstitial lung disease.
- **W13. Psychopharmacology: What's Relevant to my Patient?** – *Dr. Chris Blashko*
 - Describe and differentiate between the various classifications of psychotropic medications.
 - Develop an understanding of the side effects and interactions associated with psychotropic medications.
 - Discuss the concept of Medication Assisted Treatment (MAT) in the management of substance use disorders.
- **W14. Frailty: When Things are not the Same as we Grow Older** – *Dr. Tracy Zhang*
 - Define frailty and describe the five indicators of frailty.
 - Understand when to utilize screening and outcome measures to assess need for referral and functional.
 - Implement utilization of exercise as a prescription to reduce fall risk and improve physical function.
- **W15. Fatty Liver: The Current Context** – *Dr. Hin Hin Ko*
 - Describe the prevalence of metabolic associated fatty liver disease (MAFLD) in different adult populations.
 - Identify the main risk factors for MAFLD.
 - Describe the natural course of MAFLD and prognosis as related to different treatment strategies.
 - Discuss current and future treatment options for MAFLD.

➤ **Canadian Internal Medicine Ultrasound (CIMUS) Hands-on Workshop: Basic Musculoskeletal Ultrasound – Dr. Irene Ma and Dr. Michael Walsh**

Session 1: 0915-1015
Break: 1015-1045
Session 2: 1045-1145

- This workshop introduces participants to basic musculoskeletal ultrasound techniques relevant to the practice of internal medicine, such as assessing for the presence of a knee or shoulder effusion.
 - List common pitfalls of musculoskeletal ultrasound relating to equipment, operator, and artifacts such as anisotropy.
 - Acquire standard sonographic views to assess for knee effusion.
 - Identify key sonographic landmarks of the shoulder.
 - Acquire standard sonographic views to assess for glenohumeral joint effusion.
- Registration is very limited and available only to full conference registrants.
- Separate registration fee (\$45 + GST) applies.
- This activity is an Accredited Simulation Activity (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

1015 – 1045 Networking Break and View the Exhibits

1200 – 1300 LUNCH AND PLENARY: Post-COVID Condition and Recovery – Dr. Angela Cheung

1300 – 1315 Peruse the Exhibits

1315 – 1430 SHORT SNAPPERS: Osteoporosis

- **Prevention and Diagnosis of Osteoporosis in Post-Menopausal Patients – Dr. Angela Cheung**
 - Understand how lifestyle changes reduce the risk of osteoporosis.
 - Recite recommendations for the daily intake of calcium and vitamin D.
 - Calculate fracture risk.
 - Manage osteoporotic patients following fracture.
- **Treatment of Osteoporosis in Post-Menopausal Patients – Dr. Suzanne Morin**
 - Select appropriate bisphosphonate therapy and monitoring methods.
 - Understand the role of non-bisphosphonate therapies.
 - Understand why HRT is no longer a recommended therapy.
- **Management and Treatment of Osteoporosis in Men – Dr. Suzanne Morin**
 - Understand the risk factors of osteoporosis in men.
 - Diagnose osteoporosis in men and know when to measure bone mineral density.
 - Treat osteoporosis in men.

1315 – 1430 POSTER COMPETITION (concurrent to the short snapper session)

1445 – 1615 RESEARCH/QI ORAL COMPETITION

Trainees in IM/GIM present the results of research and QI projects. Winners announced at the end of the session.

- Recite updates on current research in the field of general internal medicine.
- Apply QI methodology to the care of internal medicine patients.

1615 – 1700 DEBATE: Be It Resolved: When Compared to Observational Research Studies, Randomized Controlled Trial Evidence is the Only Evidence That Matters – Dr. Stephen Hwang vs Dr. Steven Shadowitz
Chair: Dr. Emily McDonald

- List the merits of randomized controlled trials versus observational trials and rapidly apply findings from well conducted trials into their clinical practice.



Welcome to the Rocky Mountain Morning!

SATURDAY, OCTOBER 15, 2022

0800 – 0900 BREAKFAST AND ACP/AM EDWARDS LECTURE: Four Seasons of a Medical Career

Dr. Darson Troy Pederson

- Review how we experience learning and express competency along our career path.
- Recognize how our reward systems can change as we progress through medicine and how that might impact our enjoyment at work.
- Imagine how the changing world could shape what is valued most in physicians and why we may not be prepared for it.

0900 – 0915 Peruse the Exhibits

0915 – 1130 CASES IN...

Join us for these one-hour case-based workshops!

(Each topic presented twice; select one per timeslot)

- Describe common presentations of uncommon diagnoses, or uncommon presentations of common diagnoses.
- Apply practical pearls to your own practice setting.

➤ **C01. Cases in Hyponatremia to Take with a Grain of Salt** – *Dr. Simon Taylor*

➤ **C02. These Cardiology Cases Will Shock You** – *Dr. Evan Martow*

➤ **C03. It's Not Hocus! When POCUS Changed my Differential Diagnosis** – *Dr. Katie Wiskar*

Session 1: 0915-1015
Break: 1015-1030
Session 2: 1030-1130

Make the most of your stay!

Explore the beauty that awaits you in Victoria!

[Click here](#) for tourism information.

OUR SINCERE THANKS TO THE 2022 CSIM ANNUAL MEETING COMMITTEE!

Dr. Jeffrey Schaefer, Chair
Dr. Arnav Agarwal
Dr. Laura Farrell
Dr. Sophie Grand'Maison

Dr. Amy Hendricks
Dr. Lynn Lambert
Dr. Shannon Ruzycki
Dr. Rabia Shahid

Dr. Kajenny Srivaratharajah
Dr. Don Thiwanka Wijeratne
Dr. Ahmed Zaki

Program subject to change.

REGISTRATION

FULL CONFERENCE RATES <i>Please refer to the next page for footnotes.</i>	Regular As of July 28
CSIM/ACP Physician Member ¹	\$840
Physician Non-member ²	\$1,175
CSIM Senior Associate or Allied Health Professional ³	\$610
Resident	\$475
Medical Student	\$350
Corporate Representative ⁴	\$1,450
ONE-DAY REGISTRATION <i>Participants attending two or more days must register for the full conference.</i>	
CSIM/ACP Physician Member ¹	\$335
Physician Non-member ²	\$470
CSIM Senior Associate or Allied Health Professional ³	\$245
Resident	\$190
Medical Student	\$140
CIMUS Basic Focused Cardiac Ultrasound Workshop ⁵ Separate registration required – click here to register .	\$45

Join us in Victoria!
[Click here to register!](#)

- All fees are subject to 5% GST.
- Registration is not confirmed until full payment has been received; unpaid registrations will be cancelled.
- Online payment by credit card only.
- Space in workshops is limited and seating is available on a first-come, first-served basis.
- Name badges must be worn at all times; badges are non-transferable.

Meeting Cancellation policy: Cancellation of registration must be received in writing to the CSIM Office by September 15, 2022 for a full refund, less an administration fee of 10% (+ tax) of the registration fee paid. No refunds will be provided after September 15, 2022. Registrations cannot be shared or transferred.

Dietary Requirements: While we try our best to accommodate all requests, registrants are responsible for ensuring that their special dietary needs are met. If you have any questions, please contact info@csim.ca. Additional costs to provide special meals may apply.

Program subject to change.

REGISTRATION *(continued)*

Registration footnotes

- 1) To obtain the CSIM member rate, your membership dues must be paid in full. If dues payment is not received, the non-member rate will apply.
- 2) Eligible physicians may apply \$320 of the non-member registration fee towards a CSIM Full Membership. Contact the CSIM Office for details.
- 3) Allied Health Professionals are health care professionals working in the field of general internal medicine which may include nurses, technicians, health educators and others.
- 4) All corporate representatives must complete a registration form. Individuals representing corporate sponsors/exhibitors beyond any complimentary registration limit must submit payment with their registration form. Space in workshops is limited; if a workshop still has space, corporate representatives and exhibitors may attend, but priority is to be given to physician delegates. Corporate registration and badges are non-transferrable.
- 5) CIMUS Workshop: Pre-registration and payment required. Space is limited. If minimum registration is not met, this course may be cancelled. Registration is available only to full conference registrants.

PLAN YOUR TRIP TO BEAUTIFUL VICTORIA, BC!

See what awaits you in Victoria – [click here for tourism information!](#)



ACCOMMODATIONS

Special room rates are available at the two official conference Hotels. Discounted rates are limited and available on a first-come, first-served basis. If the automated system does not have availability, please contact the hotel directly.

DoubleTree by Hilton Hotel & Suites Victoria

777 Douglas St
Victoria, BC V8W 2B5

[Click to book your room at the discounted rate](#)

Or dial 1-800-222-TREE and reference group code **CSM**.

Hotel Fairmont Empress

721 Government St
Victoria, BC V8W 1W5

[Click to book your room at the discounted rate](#)

(250) 384-8111

TRAVEL

- [AIR CANADA](#) is the Preferred Canadian Airline for the CSIM Annual Meeting!
When searching for your flights, input **R78YUZW1** into the “Promotional Code” field to receive a discount of 5% on eligible standard fares and 10% on flex fares & higher.
- [West Jet](#): Use discount code **OY3Y1XN** to receive 5% off eligible Econo and 10% off EconoFlex fares for travel to and from the meeting.
- [Helijet](#): Use discount code **CSIM22** for a 15% discount on eligible fares.
- [Harbour Air Seaplanes](#): Use discount code **CSIM22** for a 10% discount on eligible goFLEX and goGOLD fares (proof of conference registration will be required at check in.)

Save the Dates!
Join us at the next CSIM Annual Meetings!



October 11-14, 2023
Quebec City, QC



October 16-19, 2024
Hamilton, ON

CSIM Mission Statement

The CSIM is a non-profit professional society that promotes the health and wellbeing of Canadian patients, their communities, and their health care systems. We seek to foster leadership and excellence in the practice of General Internal Medicine (GIM) through research, education, and advocacy for health promotion and disease management.

Vision

We believe that General Internal Medicine in Canada plays a central role in the training of current and future clinicians, in clinical research, in patient care, in health promotion, and in health advocacy; and that it unites a body of knowledge, values, and principles of care that lay the foundation for excellence in the Canadian health care system.

Values

We embrace the ethical and professional standards that are common to all healing professions, as well as the specific values of generalism, teamwork, competency-based training, life-long learning, evidence-based medicine, holism, and humane, patient-centered care.

CSIM CPD Subcommittee Vision

Our ultimate goal is to go beyond the simple transmission of information. Our goal is to make a lasting impact on the knowledge, skills and attitudes of clinicians and future clinicians; to narrow the theory to practice gap; to improve the health of all Canadians.

DISCLAIMER

The information contained in the CSIM Annual Meeting programming, speaker statements, presentation slides and other materials are for information purposes only and do not constitute medical advice. The opinions included do not necessarily reflect those of the CSIM. The CSIM does not endorse nor guarantee the validity of any statements or information therein. The information communicated is intended to be used within the context of the professional skill and judgment of the viewer as nothing herein relieves viewers of their responsibility as professionals to exercise such independent skills and judgement.



Your attendance at the CSIM Annual Meeting indicates your consent to be photographed.



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