

MASTERCLASS IN BLEPHAROPLASTY

BY SWISS ACADEMY OF COSMETIC DERMATOLOGY & AESTHETIC MEDICINE

22-24 May, 2026 | ONLINE COURSE

COURSE FACULTY



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AMERICAN ACADEMY
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Course Recordings and Presentations will be provided at the end of the course for future reference.
Dedicated WhatsApp support will be there for future as well.

Introduction to Blepharoplasty

- Overview of blepharoplasty
- Historical background and evolution
- Importance of eyelid aesthetics and function

Anatomy of the Eyelids

- Structures and functions of upper and lower eyelids
- Key anatomical landmarks for surgical planning
- Age-related changes in eyelid anatomy

Patient Evaluation and Consultation

- Initial assessment of eyelid aesthetics and function
- Understanding patient expectations and goals
- Medical history review and contraindications for surgery

Complications and Management

- Immediate postoperative care and monitoring
- Recognition and management of complications (e.g., hematoma, infection, ectropion)
- Long-term outcomes and considerations for revision surgery

SURGICAL TECHNIQUES

Basic Techniques

- Local anesthesia and sedation in blepharoplasty

Upper eyelid blepharoplasty:

- Skin and fat excision techniques
- Muscle and aponeurosis considerations

Lower eyelid blepharoplasty:

- Transcutaneous vs. transconjunctival approach
- Fat repositioning or removal
- Canthoplasty and canthopexy

Advanced Techniques

- Adjunctive procedures (e.g., brow ptosis correction)
- Combined procedures with facelifts or rhinoplasty
- Use of fillers and fat grafting for volume enhancement

Special Considerations

- Blepharoplasty in Asian eyelids
- Management of specific conditions (e.g., Graves' disease)
- Ethical considerations in cosmetic surgery

Emerging Technologies and Innovations

- Introduction to robotics in blepharoplasty
- Non-surgical alternatives (e.g., laser resurfacing, ultrasound)
- Innovations in materials and techniques

Case Studies and Clinical Scenarios

- Review of case studies illustrating different surgical approaches
- Discussion of complex cases and decision-making processes

Ethical and Medico-legal Issues

- Informed consent and patient communication
- Managing patient expectations and satisfaction
- Medico-legal considerations and risk management

REGISTRATION



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