

Program of Events ~ Metcalf/AANA Arthroscopy Meeting 2016

WEDNESDAY, FEB 3

****NEW THIS YEAR 6:00–8:00PM - “Rub Shoulders with the Faculty”
(Current Residents and Fellows Only)**

THURSDAY, FEB 4

Morning Program - Thursday Session 1 - ACL

- 6:30 Continental Breakfast**
- 6:45 Robert Burks, MD**
Welcome and Introduction of Faculty
- 6:50 Lars Engebretsen, MD**
What do we know about ACL tear prevention and can reconstruction prevent arthritis?
- 7:05 Peter Kurzweil, MD**
The evidence on DVT prophylaxis, antibiotics, CPM and cold therapy
- 7:17 Robert Litchfield, MD**
The A.L.L. and extra articular surgery in the ACL deficient knee
- 7:29 JT Tokish, MD**
ACL tear–return to sports; auto vs allo
- 7:41 Robert Hunter, MD**
My top 3 things we never talk about that make my ACL better than yours
- 7:46 Ned Amendola, MD**
My top 3 things we never talk about that make my ACL better than yours
- 7:51 Peter Kurzweil, MD**
My top 3 things we never talk about that make my ACL better than yours
- 7:56 Jason Dragoo, MD**
ACL revision – do it in one stage
- 8:08 Travis Maak, MD**
“Make Mine a Double”
- 8:20 Break to Visit Exhibits**
- 8:45 Lars Engebretsen, MD**
Can ACL injuries in kids be treated without surgery?
- 8:57 Frank Cordasco, MD**
ACL reconstruction in the pediatric population
- 9:09 Kevin Wilk, PT**
10 keys in rehabilitation and function after ACL reconstruction

- 9:21 Lars Engebretsen, MD**
Five things America has gotten wrong in knee surgery

9:36-10:15 Panel discussion, case presentations

Afternoon Program - Thursday Session 2 –Practical Strategies

- 2-3:40pm Brad Bushnell, MD & Tom Martin, CFP, CPWA, AIF**
“Business Basics: Things I Wish I Had Known”

Afternoon Program - Thursday Session 3 –Biologics Program

- 4:00 Adam Anz, MD**
Biologics: What are your choices and the regulatory concerns?
- 4:15 Jason Dragoo, MD**
Choosing the correct PRP product for your patient
- 4:27 Brian Cole, MD**
Articular cartilage defects and microfracture “plus” Can we make it better?
- 4:39 Adam Anz, MD**
Tendinopathy and biologics: What is the evidence?
- 4:51 Jason Dragoo, MD**
Optimizing stem cells from bone marrow and ADCS harvest
- 5:03 Brian Cole, MD**
Rotator cuff surgery and biologic augmentation: What is the evidence?
- 5:15 Jason Dragoo, MD**
How should you treat the subchondral bone? Biologics or subchondroplasty?
- 5:27-6:00 Panel discussion, case presentations**
- 6:00 Break to Visit Exhibits**

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Afternoon Program - Thursday



Session 4 – Business Program

- 6:25 Jack Bert, MD**
“The reimbursement tsunami is coming; are you ready?”
- 6:37 Brad Bushnell, MD**
“Cool Runnings” – Why bundled payments will have the success of the Jamaican Bobsled Team
- 6:49 Jack Bert, MD**
“Compliance and cost savings in the OR; why it matters”

7:00-8:30pm WINE AND CHEESE RECEPTION

FRIDAY, FEB 5

Morning Program - Friday

Session 5 – Meniscus and Cartilage

- 6:45 Continental Breakfast**
- 7:00 Robert Burks, MD**
Announcements
- 7:05 Robert Hunter, MD**
Tears you thought you couldn't save
- 7:17 Peter Kurzweil, MD**
Expanded meniscus repair – horizontal tears and root tears
- 7:29 Frank Cordasco, MD**
Meniscal issues in kids. Is anything “unrepairable”?
- 7:41 Robert Hunter, MD**
Strategies to make the post-menisectomy knee pain patient happy
- 7:53 Ned Amendola, MD**
The time to do a meniscus transplant and how to get it right
- 8:05 Jack Bert, MD**
Conservative treatment in OA, options, CPG's and denials
- 8:17 Brian Cole, MD**
Practical articular cartilage management for YOU
- 8:32 William Bugbee, MD**
Management of pediatric and adult OCD

- 8:44 Brian Cole, MD**
Osteoarticular allograft for chondral defects
- 8:56 Lars Engebretsen, MD**
Untreated chondral defects can do just fine
- 9:08 Break to Visit Exhibits**
- 9:33 Ned Amendola MD / Wm Bugbee MD**
Evaluation and management of limb mal-alignment:
 - o Clinical & radiologic evaluation pearls
 - o How bad does alignment need to be? When do we change sagittal slope?
 - o OCD with mild mal-alignment
 - o 50 y/o with primary medial OA and varus
- 9:53 Ned Amendola, MD**
Osteotomy complications and management
- 10:05 William Bugbee, MD**
When cartilage repair is no longer an option
- 10:17-11:00am Panel discussion, case presentations**

Afternoon Program - Friday

Session 6 – Patella

- 4:00 Kevin Wilk, PT**
Non-operative management of the painful patellofemoral joint
- 4:12 Robert Hunter, MD**
That didn't work, surgery for the painful, not unstable patellofemoral joint
- 4:24 Robert Litchfield, MD**
Acute patella instability – what is the evidence on surgery vs conservative treatment?
- 4:36 Jason Dragoo, MD**
How and when I do MPFL repair
- 4:48 Patrick Greis, MD**
How and when I add MPFL reconstruction
- 5:00 Robert Hunter, MD**
When and how I add tubercle surgery: How alta is too much? When is TT-TG too high?
- 5:12 Frank Cordasco, MD**
Patella instability in the skeletally immature patient

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5:24 Ned Amendola, MD
When and how for PF arthroplasty

5:36-6:25 Panel discussion, case presentations

**6:25-6:50 Keynote Speaker:
Lars Engebretsen**

"The life of an Olympic doctor and the IOC trying to reduce injuries"

SATURDAY, FEB 6

Morning Program - Saturday Session 7 – Rotator Cuff

6:45 Continental Breakfast

7:00 Robert Burks, MD
Announcements

7:05 Robert Tashjian, MD
Is the cuff tear the problem at all?

7:17 Ian Lo, MD
Anatomy of the tear: How to tell your "L's" from your "U's" and why it matters

7:29 Stephen Snyder, MD
Don't fuss with confusing suture configurations

7:41 Ian Lo, MD
Select a repair method based on your type of tear

7:53 Alan Curtis, MD
Mobilization and preparation for large cuff tears. Is there really a role for interval slides?

8:05 Buddy Savoie, MD
Make subscap repair less intimidating

8:17 Jeffrey Abrams, MD
How do we know if we've failed and what to do next time

8:29 Ian Lo, MD
Revision cuff repair using human dermal allograft

8:41 Break to Visit Exhibits

9:06 Buddy Savoie, MD
How do you know and when do you add acromioplasty and A-C joint surgery?

9:18 Alan Curtis, MD
Management of the stiff shoulder

9:30 Ian Lo, MD
Partial thickness tear – Non-op to op

9:42 Robert Litchfield, MD
Options for the cuff I can't fix

9:54 JT Tokish, MD
Preliminary look at superior capsule reconstruction

10:06 Kevin Wilk, PT
Take the cuff repair patient the final mile and keep repair intact but eliminate stiffness

10:18-11:00 Panel discussion, case presentations

Afternoon Program - Saturday Session 8 – Hip

2:00 Hal Martin, DO
The hip physical examination

2:10 Travis Maak, MD
Interpreting radiographs, MRIs & CTs

2:20 Hal Martin, DO
How I evaluate the femur and when do I need to consider surgical treatment for Cam impingement

2:30 John Christoforetti, MD
How I evaluate the acetabulum and when do I need to consider surgical treatment for pincer impingement and labral tears

2:40 Steve Aoki, MD
Is capsular management important?

2:50 John Christoforetti, MD
Complications in hip arthroscopy

3:00 Travis Maak, MD
Hip arthroscopy and patient selection. Who's at risk of having a poor outcome?

3:10 Hal Martin, DO
Not all hip pain is FAI (deep gluteal, core muscle injury, etc.)

3:20-3:50 Panel Discussion/Case presentations

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Afternoon Program - Saturday Session 9 – Shoulder Miscellaneous

- 4:00 Jeffrey Abrams, MD**
Why is SLAP repair different from other labral surgery?
- 4:12 Alan Curtis, MD**
When and how of SLAP repair
- 4:24 Buddy Savoie, MD**
Biceps tenodesis best option when in doubt and how I do it
- 4:36 Robert Litchfield, MD**
Biceps tenotomy is just fine most of the time
- 4:48 Stephen Snyder, MD**
Pearls on calcium removal from the cuff and should the defect be fixed?
- 5:00 Brian Cole, MD**
When and how of A-C joint reconstruction
- 5:12 Buddy Savoie, MD**
Horizontal A-C joint instability – recognize and treat
- 5:24 JT Tokish, MD**
Complications with A-C joint reconstruction
- 5:36 Break to Visit Exhibits**
- 5:56 Kevin Wilk, PT**
Scapula dyskinesis – what is it, when is it problematic and what is effective management?
- 6:08 JT Tokish, MD**
Overview of throwing shoulder issues for the shoulder surgeon
- 6:20-6:45 Panel discussion, case presentations**

Morning Program - Sunday Session 10 – Shoulder Instability

- 6:30 Continental Breakfast**
- 6:45 Robert Burks, MD**
Announcements
- 6:50 Buddy Savoie, MD**
My 'go to' physical exam test for 5 common shoulder diagnoses
- 7:10 Alan Curtis, MD**
Defining terms – How do we agree on measurement of bone loss?

- 7:22 Ian Lo, MD**
Long term follow up of arthroscopic Bankart repair
- 7:34 Jeffrey Abrams, MD**
North America vs Europe on anterior stabilization: Bankart or Latarjet?
- 7:46 Frank Cordasco, MD**
Shoulder stabilization in the young high risk athlete
- 7:58 Buddy Savoie, MD**
Too much concern on bone and not enough on basic technique of anterior repair
- 8:10 JT Tokish, MD**
As far as bone loss goes – we're just getting started
- 8:22 Stephen Snyder, MD**
Capsular plication in the MDI patient
- 8:34 Robert Litchfield, MD**
Posterior instability
- 8:46 Break**
- 8:56 Stephen Snyder, MD**
Remplissage – When and how
- 9:08 JT Tokish, MD**
Remplissage – not the answer. What is the role for primary open or bone grafting?
- 9:20 Kevin Wilk, PT**
Get the repaired shoulder back in the game
- 9:32-10:00 Panel discussion, case presentations**