



CURRENT PRACTICE IN METABOLIC LIVER DISEASE & METABOLIC SYNDROME

MESSAGE FROM THE COURSE DIRECTOR
PROF. MOHAMED RELA

Dear Colleague,

It is with great pleasure that I invite you to the next edition of the Master Class in Liver Disease series. Over the years, MCLD has acquired a unique reputation of providing a practical approach to managing liver disease with emphasis on a multidisciplinary approach. Each year, hand-picked faculty continue to raise the standard of academic discussion and debate. Small wonder, that each edition has been attended by an increasing number of delegates.

The upcoming edition is planned as a two-day meeting covering two different yet important topics related to liver disease. The first day is dedicated to the study of metabolic liver disease in children and adults while the second day will focus on non-alcoholic steatohepatitis and metabolic syndrome.

Metabolic liver disease constitutes the second most common indication for liver transplantation in children & young adults. However, caring for these patients goes beyond just liver transplantation. Clinicians should be conversant with a wide range of issues including diagnosis and medical management and have a clear idea of the indications, timing and outcomes of transplantation. Our faculty includes some of world's foremost experts in metabolic liver disease and I hope we can all learn from them to manage these patients better.

South Asia is fast becoming the epicentre of the metabolic syndrome pandemic. Fatty liver disease is rampant even in 'healthy' public & non-alcoholic steatohepatitis is overtaking viral hepatitis as a major indication for liver transplantation. These patients need special care and their peri-operative management needs a multi-disciplinary approach. All of these issues will be discussed in detail on the second day by our faculty of well-known experts in metabolic syndrome, NASH, metabolic surgery & liver transplantation.

I hope to meet you in Chennai during the meeting. I would also welcome you to visit our brand-new hospital – Dr Rela Institute & Medical Centre, inaugurated in September 2018. My team and I would be happy to take you around!

2ND & 3RD MARCH 2019

ITC GRAND CHOLA, CHENNAI, INDIA

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