



Marsha M. Linehan

Founder of Dialectical Behaviour Therapy (DBT)

Training Workshops: March 2016

Melbourne, Brisbane, Sydney

Development & Application of DBT:

Practical Strategies for Practical Therapists

Dialectical Behaviour Therapy (DBT) is a comprehensive, modular-based intervention for complex and difficult-to-treat disorders including self-harming, suicide, drug and alcohol abuse, eating disorders and unstable relationships.

These two-day training workshops are designed to review DBT strategies and to examine typical pitfalls in delivering these strategies across various clinical populations. They will cover areas where even those well-versed in the practice may find difficulty.

This is a wonderful and unique opportunity. Places at these workshops with this remarkable woman are limited, early booking is recommended.

Together we help build a life worth living.

For more information, visit:

www.byronclinic.com/ml



Dr William (Bill) Miller

Founder of Motivational Interviewing

Improving One-on-One Treatment

November 2015 - workshop registration open now



Dr Marsha Linehan

Founder of Dialectical Behaviour Therapy (DBT)

DBT Skills & Strategies for Therapists

March 2016 - workshop registration open now



Bessel van der Kolk, M.D.

Pioneer - world leader in the research & treatment of trauma

Trauma and the Restoration of the Self

March 2016 - workshop registration open now



Norman Doidge, M.D.

Author of *The Brain that Changes Itself*, psychiatrist, researcher

The Brain's Way of Healing

May 2016 - workshop registration opening soon