

PRELIMINARY PROGRAM



71ST ANNUAL SCIENTIFIC SESSION

SEPTEMBER 19-21, 2019
FREDERICTON, NB

FREDERICTON CONVENTION CENTRE
AND DELTA FREDERICTON HOTEL

DOCTORS' PROGRAM AT A GLANCE

Wednesday, September 18, 2019		Sponsored by
8:00 am – 5:00 pm	CAO Board of Directors Meeting	
Thursday, September 19, 2019		
9:00 am – 3:00 pm	CCOGPD Educators' Meeting	
9:30 am – 3:30 pm	Tour: Fredericton by Land and River	
6:00 pm – 7:30 pm	President's Welcome Reception	
8:00 pm – 9:00 pm	STUDENT SOCIAL	
8:00 pm – 11:00 pm	CAO Social: KITCHEN PARTY	
Friday, September 20, 2019		
8:00 am – 9:00 am	Past Presidents' Breakfast	
8:00 am – 9:00 am	Component Society President's Breakfast	
8:00 am – 9:00 am	Networking Continental Breakfast	
9:00 am – 10:15 am	Interdisciplinary Collaboration: An Approach to Optimize Treatment Outcomes for the Complex Orthodontic Patient - Pt. 1 – Dr. Vince Kokich Jr.	
10:15 am – 10:45 am	Break	
10:45 am – 12:00 pm	Interdisciplinary Collaboration: An Approach to Optimize Treatment Outcomes for the Complex Orthodontic Patient - Pt. 2 – Dr. Vince Kokich Jr.	
12:00 pm – 2:00 pm	Lunch with Exhibitors	
12:30 pm – 2:00 pm	New and Younger Members Luncheon	
12:30 pm – 2:00 pm	Insurance Luncheon	
2:00 pm – 3:15 pm	The Orthodontist As An Essential Team Member in Smile Line Rehabilitation – Dr. George Priest	
3:15 pm – 3:45 pm	Break	
3:45 pm – 5:00 pm	Maxillary Lateral Incisor Agenesis: Canine Substitution or Tooth Replacement? – Dr. George Priest	
7:00 pm – 11:00 pm	CAO President's Banquet: <i>Garden Party</i>	
Saturday, September 21, 2019		
6:30 am – 7:30 am	CFAU Fun Run	
8:30 am – 10:00 am	CAO Annual General Meeting	
10:00 am – 10:30 am	Break	
10:30 am – 12:00 pm	Latest Advances in Canadian Orthodontic Research	
12:00 pm – 2:00 pm	Lunch with Exhibitors	
12:30 pm – 2:00 pm	CAO Board Meeting	
2:00 pm – 3:15 pm	Periodontal Considerations in Orthodontic Treatment – Dr. Brian Rinehart	
3:15 pm – 5:00 pm	<i>Closing Reception</i>	

Please Note - All Conference Sessions on Friday and Saturday are being held at the Fredericton Convention Centre. Shuttles will be provided to/from the Delta Hotel.



AUXILIARIES' PROGRAM AT A GLANCE

Sponsored by



Thursday, September 19, 2019

9:30 am – 3:30 pm	Tour: Fredericton by Land and River	
6:00 pm – 7:30 pm	President's Welcome Reception	
8:00 pm – 11:00 pm	CAO Social: KITCHEN PARTY	

Friday, September 20, 2019

8:00 am – 9:00 am	Networking Continental Breakfast	
9:00 am – 10:15 am	Gen Z: Choices and Challenges - Pt. 1 – Ms. Anne Josee Simoneau	
10:15 am – 10:45 am	Break	
10:45 am – 12:00 pm	Gen Z: Choices and Challenges - Pt. 2 – Ms. Anne Josee Simoneau	
12:00 pm – 2:00 pm	Lunch with Exhibitors	
12:30 pm – 2:00 pm	Insurance Luncheon	
2:00 pm – 3:15 pm	Interdisciplinary Collaboration: An Approach to Optimize Treatment Outcomes for the Complex Orthodontic Patient - Pt. 1 – Dr. Vince Kokich Jr.	
3:15 pm – 3:45 pm	Break	
3:45 pm – 5:00 pm	Interdisciplinary Collaboration: An Approach to Optimize Treatment Outcomes for the Complex Orthodontic Patient - Pt. 2 – Dr. Vince Kokich Jr.	
7:00 pm – 11:00 pm	CAO President's Banquet: <i>Garden Party</i>	

Saturday, September 21, 2019

6:30 am – 7:30 am	CFAO Fun Run	
8:00 am – 9:00 am	Networking Continental Breakfast	
9:00 am – 10:15 am	The Importance of Nutrition in Your Patient's Oral Health – Nicole Boyd	
10:15 am – 10:45 am	Break	
10:45 am – 12:00 pm	Investing 201 – Mr. Robert Meade	
12:00 pm – 2:00 pm	Lunch with Exhibitors	
2:00 pm – 3:15 pm	Practice Communication - Improving Orthodontic Results Through Consistent Communication – Mr. David Roberts	
3:15 pm – 5:00 pm	<i>Closing Reception</i>	

Please Note - All Conference Sessions on Friday and Saturday are being held at the Fredericton Convention Centre. Shuttles will be provided to/from the Delta Hotel.

GENERAL INFORMATION



FREDERICTON, NEW BRUNSWICK

Atlantic Canada's Riverfront Capital is intimate in scale, yet bustling with character and vibrant cultural experiences. Its tree-lined streets and historic buildings are complimented by a hi-tech infrastructure that leads the country. For centuries, writers and poets have found their inspiration in beautiful Fredericton. These days, New Brunswick's provincial capital still has an abundance of great stories, while a free wireless network (Canada's first, 2003) makes it easier than ever for writers to get their words out.

For more information: www.tourismnewbrunswick.ca/

GETTING THERE

Travel by Air:

The Delta Fredericton Hotel can be reached via the Fredericton International Airport (YFC), 16 km, an approximate 30 minutes drive to and from. YFC has service direct from Toronto, Ottawa, Montreal and Halifax that is served by Air Canada, West Jet and Porter Airlines.

Travel by Car:

- For a map and directions to hotel Self-Parking, see the CAO Conference website
- Valet Parking available

HOTEL ACCOMMODATION



Delta Hotels by Marriott Fredericton

225 Woodstock Rd,
Fredericton, NB E3B 2H8
Tel: (506) 457-7000

Boasting a picture-perfect location on the St. John River, right in the heart of the city, the Delta Fredericton's sense of relaxed luxury will put you at ease. Indulge in a day of pampering at the salon, step out onto the hotel dock and enjoy the views, because you're just moments away from some of the area's most noteworthy things to see and visit - from the University of New Brunswick to Crabbe Mountain.

Reservations:

Reservations Department: 1-888-236-2427. To reserve online please see the CAO conference web site. Please identify yourself as a Canadian Association of Orthodontist conference delegate.

Special conference rates have been extended for 3 days prior and 3 days post the conference dates, subject to availability of guest rooms at the time of reservation.

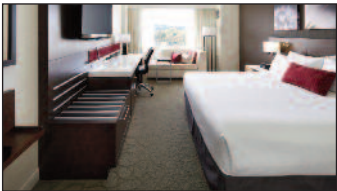
[Online reservation link](#)

Hotel Rates:

Guest Room (Single/Double)	\$209.00
Guest Room View (Single/Double)	\$219.00
Club Level (1 King)	\$264.00

All prices noted in Canadian Dollars and quoted exclusive of applicable taxes and fees.

Other room types available, enquire at time of booking.



Reservation requests must be made by August 15th, 2019 in order to qualify for the special conference rate. Rooms are based on availability at time of booking.

Complimentary Internet usage is available, as well as Marriott Bonvoy Points, upon enrollment in the Marriott Bonvoy Program.

Enrolment is at no charge, and available at www.marriott.com

Take us with you on
the go - download the
CAO Conference
mobile app!

<https://eventify.ca/cao2019app>



Sponsored by



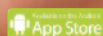
OrthoNovo

By



Navalogik inc.

Soon available in app stores for free download



DOCTORS' SCIENTIFIC PROGRAM

Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

FRIDAY, SEPTEMBER 20, 2019

9:00 am – 10:15 am

10:45 am – 12:00 pm

INTERDISCIPLINARY COLLABORATION: AN APPROACH TO OPTIMIZE TREATMENT OUTCOMES FOR THE COMPLEX ORTHODONTIC PATIENT

Achieving esthetic excellence in the debilitated dental patient is one of the most challenging tasks an orthodontist will undertake. These patients often require dental treatment to correct specific anterior esthetic and functional discrepancies. Unfortunately, many also present with treatment challenges such as missing teeth, severely worn incisors, esthetic concerns, and/or loss of periodontal attachment. Therefore, planning treatment is difficult and requires coordination of care between multiple clinicians to achieve an optimal functional and esthetic outcome. This lecture will illustrate the importance of interdisciplinary interaction between the restorative dentist, orthodontist, and surgeon. It is designed to provide a systematic approach to diagnosing and treatment planning multiple esthetic dilemmas that are encountered in practice every day, while providing the tools and techniques needed to complete treatment. A special emphasis will be placed treatment planning, communication and sequencing.



Dr. Vince Kokich, Jr., DMD, MSD

Dr. Kokich Jr. received his dental degree from Tufts University School of Dental Medicine in 1996 and completed a general practice residency at the University of Washington Medical Center in 1997. He remained at the University of Washington for his orthodontic training where he obtained his Masters in Orthodontics in 1999. Since then he has remained on faculty in the Department of Orthodontics as an Affiliate Assistant Professor while maintaining a private practice in Tacoma, Washington. He has received the Charles L. Pincus Research Award for Clinical Research from the American Academy of Esthetic Dentistry and his current research and publications are primarily involved with esthetic, interdisciplinary dentistry. He is a diplomate of the American Board of Orthodontists and a member of both the Angle Society and the American Academy of Esthetic Dentistry. He has written or co-written four book chapters as well as numerous scientific and review articles. Dr. Kokich Jr. has given over 200 lectures nationally and internationally on interdisciplinary dentistry and dental esthetics emphasizing comprehensive treatment planning and the importance of properly sequencing orthodontic, periodontal, and restorative treatment


McIntyre Lecturer

DOCTORS' SCIENTIFIC PROGRAM

Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

FRIDAY, SEPTEMBER 20, 2019

12:30 pm - 2:00 pm



The CAO New and Younger Members Luncheon 2019

OF SPECIAL INTEREST TO: New & Recent Graduates
• Current Residents • Any other interested parties

Up Close and Personal

NEW for 2019, the New and Younger Members Luncheon at the CAO Scientific Session will feature multiple short information sessions with the experts who have been through it all and have the scars to prove it. Come with those questions that keep you awake at night: Location, what location?; buy or start from scratch, associate or go it alone, corporations, overhead, staffing, accounting, marketing. The list is long and limited only by one's creative imagination.

The format is akin to "Speed Dating": following a light lunch, New and Younger Members will spend three (3) minutes at each table in conversation with those who really know. It will be quiet. It will be intense. It will be the perfect opportunity for one to ask those questions that one always wanted to ask in an intimate, non-judgmental format. Up to twenty short "dates" will be available to each member. This year's luncheon is shaping up to be a great event; because its novel feedback will be both welcomed and encouraged.

At the time of this writing, the all-star lineup is yet to be confirmed, but for sure there will be experts on hand from across the country representing a variety of practice formats.

The 2019 New and Youngers Luncheon is shaping up to be epic. Don't miss it!

Sponsored by **3M** Science.
Applied to Life.™

ORTHODONTIC INSURANCE PRESENTATION AND LUNCHEON

Join CAO Insurance Committee Chair, Dr. Mike Wagner, as he walks you through the upcoming changes in Orthodontic Insurance, including Predetermination, Using the Standard Information Form, and Electronic Submissions. Time for both a presentation and Q&A will be available

These sessions are complimentary but we would appreciate your indication on your Conference Registration Form if you plan to attend so conference organizers can ensure the room size and the food requirements are sufficient for the number of people interested in attending.

DOCTORS' SCIENTIFIC PROGRAM

Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

FRIDAY, SEPTEMBER 20, 2019

2:00 pm – 3:15 pm

THE ORTHODONTIST AS AN ESSENTIAL TEAM MEMBER IN SMILE LINE REHABILITATION

Synopsis

The dramatic increase in esthetic dental procedures has made the orthodontist an indispensable member of the restorative team. Dr. Priest will elucidate the parameters of an ideal smile that are essential to optimal tooth alignment and restoration. The orthodontist's role in establishing ideal tooth proportions, implant site development and spacing, and smile line rehabilitation has expanded their role far beyond their original objective of tooth alignment. This presentation will focus on valuable examples of the close collaboration between the orthodontist and other team members that will help guide them towards optimal smile line esthetics.

Learning Objectives

- Collaborate with other team members for optimal tooth proportions and smile line esthetics
- Establish ideal tooth and implant spacing for a consonant smile line
- Communicate digitally with team members using digital smile design concepts
- Simplify complex interdisciplinary treatment plans for optimal esthetics through team collaboration.

3:45 pm - 5:00 pm

MAXILLARY LATERAL INCISOR AGENESIS: CANINE SUBSTITUTION OR TOOTH REPLACEMENT?

The maxillary lateral incisor is arguably the most commonly missing tooth and presents a common treatment dilemma for the orthodontist and treatment team. This presentation will begin with an examination of the incidence of congenital absence followed by the decision process to determine if space closure or tooth replacement is the preferred treatment. Particularly if tooth replacement is elected, collaboration methods with the treatment team to establish ideal spacing is discussed. During and after orthodontics is initiated, effective interim treatment methods are highlighted, followed by a determination of dental maturity for definitive treatment. Clinical examples will illustrate the successes and pitfalls of the varied treatment options.



Dr. George Priest, DMD

Dr. George Priest maintains a private prosthodontic practice on Hilton Head Island, SC. He lectures nationally and abroad on topics including implant dentistry, advanced restorative dentistry and esthetic excellence and has published over 60 articles in many acclaimed dental journals and textbooks. He is a Diplomate of the American Board of Prosthodontics, a Fellow of the American College of Prosthodontists, a Fellow of the

International College of Dentists, a Fellow of The American Academy of Esthetic Dentistry, a member of Omicron Kappa Upsilon and many other dental organizations. Dr. Priest is a former professor in graduate prosthodontics at Emory University.

DOCTORS' SCIENTIFIC PROGRAM

Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

SATURDAY, SEPTEMBER 21, 2019

10:30 am – 12:00 pm

LATEST ADVANCES IN CANADIAN ORTHODONTIC RESEARCH

Canada has six outstanding post graduate Orthodontic programs which have achieved international recognition for their published areas of research. The CAO is proud to support and promote their ongoing research projects which continue to expand our knowledge of core orthodontic principles and improve the efficiency and level of care that orthodontists provide to their patients.

In this symposium program, a post graduate student from each Canadian Orthodontic institution will present a short summary abstract of his/her current research project. A Q & A will be available for delegates to ask questions after each presentation.

SATURDAY, SEPTEMBER 21, 2019

6:30 am – 7:30 am



CFAO 5K FUN RUN

Registration booth opens at 6:00am

**\$30 registration
fee includes:**
headband, snacks,
donation, gels,
marshals.

DOCTORS' SCIENTIFIC PROGRAM

Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

SATURDAY, SEPTEMBER 21, 2019

2:00 pm – 3:15 pm

PERIODONTAL CONSIDERATIONS IN ORTHODONTIC TREATMENT

As orthodontists, we are often confronted with cases where there are tooth size/arch size discrepancies. From a periodontal perspective, the treatment decisions for such cases need to take into consideration the long term periodontal implications that are impacted by what is often an extraction versus non-extraction conundrum. This lecture will look at some of the factors, risks and potential damage to the periodontium in cases with challenging tooth size/arch size discrepancies that need to be part of our overall treatment planning.



Dr. Brian Rinehart

Dr. Brian Rinehart has been a dentist for 41 years. He initially practiced general dentistry for 10 years before doing residencies in periodontics (Dalhousie University) and orthodontics (University of Pennsylvania). His current practice is a combination of treatment of periodontics, orthodontics and temporomandibular dysfunction. He has been declared an expert in his fields in many courts and has given testimony on

temporomandibular dysfunction and iatrogenic dentistry. Dr. Rinehart is a past-president of the New Brunswick Dental Society and has been involved in organized dentistry for 18 years. Dr. Rinehart was twice elected as president of the Canadian Dental Regulatory Authorities Federation (CDRAF). He teaches sessionally at several universities and lectures extensively for other dental groups and meetings.

The CAO is Pleased to Announce

**Complimentary Wi-Fi for all
CAO Conference Delegates**



AUXILIARIES' SCIENTIFIC PROGRAM

Sponsored by



Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

FRIDAY, SEPTEMBER 20, 2019

9:00 am – 10:15 am

GEN Z: CHOICES AND CHALLENGES

10:45 am – 12:00 pm

The current and sometimes shocking health behaviors and trends in the teen generation can influence their oral and systemic health. Dental professionals have a clinical opportunity to identify risky behaviors. Encouraging Gen Z to make positive health decisions could impact their choices.

Participants will engage in a dialogue that will include oral and overall health issues associated with nutrition, obesity, eating disorders and substance abuse.

This course identifies and addresses many of the platforms that influence teen's venturesome decisions. Recognizing high risk behaviors will prepare the dental professional to initiate dialogue that may impact a teen for a lifetime.



Anne-Josée Simoneau, RDH

Anne-Josée graduated in dental hygiene from John Abbott College in 1998.

She is a member of the Ordre des Hygiénistes Dentaires du Québec. She has taught dental pharmacology, dental materials and many other clinical courses at the Vancouver College of Dental Hygiene in British Columbia.

She obtained her dental anesthesia certificate at that time. With more than 20 years clinical experience, she has worked in general dentistry, orthodontics, implantology as well as a restorative dental hygienist. She has also taught digital radiology across the province of Québec and Ontario.

Anne-Josée manages the Canadian region and presents a variety of educational programs in Universities and Cégeps. She travels across the country to provide continuing education on great range of subjects like teenagers, oral hygiene, whitening and many others.

Sponsored by

PHILIPS

ORTHODONTIC INSURANCE PRESENTATION AND LUNCHEON

Join CAO Insurance Committee Chair, Dr. Mike Wagner, as he walks you through the upcoming changes in Orthodontic Insurance, including Predetermination, Using the Standard Information Form, and Electronic Submissions. Time for both a presentation and Q&A will be available

AUXILIARIES' SCIENTIFIC PROGRAM

Sponsored by



Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

FRIDAY, SEPTEMBER 20, 2019

2:00 pm – 3:15 pm

3:45 pm – 5:00 pm

INTERDISCIPLINARY COLLABORATION: AN APPROACH TO OPTIMIZE TREATMENT OUTCOMES FOR THE COMPLEX ORTHODONTIC PATIENT

Achieving esthetic excellence in a debilitated dental patient is a challenging task. These patients generally require significant dental treatment to correct specific anterior esthetic and functional discrepancies. Some of these include missing teeth, severely worn incisors, esthetic concerns, and/or loss of periodontal attachment. As a result, planning treatment is often difficult and requires coordination of care between multiple clinicians to achieve an optimal functional and esthetic outcome. This lecture will highlight the importance of the orthodontist's role on the interdisciplinary team. Dr. Kokich will review several common esthetic dilemmas that are encountered in everyday practice. He will also emphasize diagnosis, planning, and sequencing treatment as well as the importance of consistent communication in achieving optimal treatment outcomes.



Dr. Vince Kokich, Jr., DMD, MSD

Dr. Kokich Jr. received his dental degree from Tufts University School of Dental Medicine in 1996 and completed a general practice residency at the University of Washington Medical Center in 1997. He remained at the University of Washington for his orthodontic training where he obtained his Masters in Orthodontics in 1999. Since then he has remained on faculty in the Department of Orthodontics as an Affiliate Assistant Professor while

maintaining a private practice in Tacoma, Washington. He has received the Charles L. Pincus Research Award for Clinical Research from the American Academy of Esthetic Dentistry and his current research and publications are primarily involved with esthetic, interdisciplinary dentistry. He is a diplomate of the American Board of Orthodontists and a member of both the Angle Society and the American Academy of Esthetic Dentistry. He has written or co-written four book chapters as well as numerous scientific and review articles. Dr. Kokich Jr. has given over 200 lectures nationally and internationally on interdisciplinary dentistry and dental esthetics emphasizing comprehensive treatment planning and the importance of properly sequencing orthodontic, periodontal, and restorative treatment.

AUXILIARIES' SCIENTIFIC PROGRAM

Sponsored by



Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

SATURDAY, SEPTEMBER 21, 2019

9:00 am - 10:15 am

THE IMPORTANCE OF NUTRITION IN YOUR PATIENT'S ORAL HEALTH

Learning Objectives

Gain a better understanding of how diet and oral diseases are linked. Gain nutrition knowledge to transfer practical suggestions to patients.

Session Outline

- Introduction
- The link between diet and oral health
- Risk factors that put individuals more at risk
- Considerations for specific oral diseases
- Opportunities for educating the patient



Ms. Nicole Boyd, BSc, RD

Nicole is a nutrition coach and educator who takes a comprehensive approach to health and wellness. Nicole is a Registered Dietitian in Fredericton, owner of a private nutrition consulting company, and owner of Simply for Life Fredericton North. She spent the first part of her career working in health care, community health, and government management and policy positions. Since 2015 she has been in private practice, supporting clients in developing healthy habits and achieving a variety of their goals. Her background and personal story help her see the whole picture, and ultimately help her clients create more sustainable change.



Support the CFAO!

As has become the tradition, there will be a silent auction at this year's conference. Please visit the tables by registration as we look to continue supporting orthodontic education in a variety of ways through the money we raise at this growing event. This year's promises to offer a variety of items that will entice you.

So...Bring your cheque books and generosity!

AUXILIARIES' SCIENTIFIC PROGRAM

Sponsored by



Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

SATURDAY, SEPTEMBER 21, 2019

10:45 am - 12:00 pm

INVESTING 201: THE WHAT, WHEN, AND HOW OF INVESTING

This session with Portfolio Manager Robert G. Meade of RBC Dominion Securities will address the basics of investing and the research-driven strategies that will help you reach your financial goals. Topics to be covered include: Reasons to invest, The Power of Compounding, Understanding risk, and How investments earn money.



Robert G. Meade, CIM, FCSI, FEA

As a licensed Portfolio Manager with 25 years of industry experience, Robert provides expert wealth management and investment services to a variety of clients. Robert takes the time to understand and affirm client's goals and priorities to deliver comprehensive financial solutions at each life stage.

Driven by the success of his clients and passion for the markets, Robert is committed to providing the highest standard of service, bringing confidence and clarity to investor's financial affairs. This includes utilizing the in-house resources of Canada's leading wealth management firm. Along with a team of specialists, Robert delivers integrated solutions that simplify each area of an investor's finances - from financial planning and insurance to estate planning and private banking.

Robert holds the most senior credential in Canadian financial services, Fellow of Canadian Securities Institute (FCSI) and has obtained nationally renowned designations Chartered Investment Manager (CIM) and Family Enterprise Advisor (FEA). As one of the first wealth management professionals in Nova Scotia to obtain the FEA designation, Robert is uniquely qualified to help business families build and protect their wealth while maintaining family harmony.

Sponsored by



**Wealth Management
Dominion Securities**

AUXILIARIES' SCIENTIFIC PROGRAM

Sponsored by



Includes: Exhibits • Breakfasts • Luncheons • Coffee Breaks

SATURDAY, SEPTEMBER 21, 2019

2:00 pm - 3:15 pm

PRACTICE COMMUNICATION – IMPROVING ORTHODONTIC RESULTS THROUGH CONSISTENT COMMUNICATION

It is well recognized that oral hygiene is a significant contributor to the quality of orthodontic results. Recent research indicates that the clear majority of Orthodontists apply similar techniques in hygiene control, but they continue to have challenges in this area. The lecture will present a “quality of care” approach to hygiene control that engages all stakeholders the Orthodontist, the orthodontic team and the patient. New systems have been developed to enable patients to gain the therapeutic benefits patients need and potentially enhance the effectiveness of orthodontic treatment. Delivery processes are available to help develop a personalized regimen to meet the specific needs of each patient via communication at all levels.



Mr. David Roberts

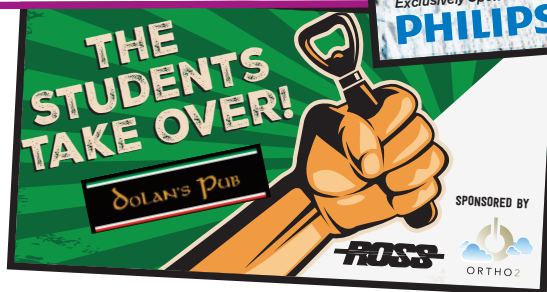
David Roberts has been with Procter and Gamble for the past 15 years as National Sales Manager, Professional Oral Health Division. David resides in Calgary, Alberta with his wife of 35 years, children and grandkids.

As a former adult traditional Orthodontic patient, a realization that the largest challenge faced by Orthodontists and their patients was Oral Hygiene. With this fact in mind, and drawing from orthodontists in the Alberta market: Drs Duncan Brown, Terry Carlyle, Mark Antosz and Dennis Isfail, jointly they created the Orthodontic Essential (OE) program, a program for orthodontic practices created by orthodontists. Today the OE program is the Number One used Oral Hygiene program used by Orthodontic practices across Canada.

Sponsored by 

SOCIAL EVENTS – PROGRAM AT A GLANCE

Thursday, September 19, 2019		Sponsored by
9:30 am – 3:30 pm	Tour by Land and River	
8:30 am – 9:30 am	Tour Registration Desk Open	
6:00 pm – 7:30 pm	President's Welcome Reception	
8:00 pm – 9:00 pm	STUDENT SOCIAL [Only open to Students]	
8:00 pm – 11:00 pm	CAO KITCHEN PARTY	
Friday, September 20, 2019		
7:00 pm – 11:00 pm	<i>CAO Garden Party</i>	
Saturday, September 21, 2019		
6:30 am – 7:30 am	CFAO Fun Run	
3:15 pm – 5:00 pm	<i>Closing Reception</i>	



TOUR: FREDERICTON BY LAND AND RIVER

Sponsored by



THURSDAY, SEPTEMBER 19, 2019

9:30am – 3:30pm



You can't enjoy all that Fredericton has to offer unless you see it by land and water, so this tour will offer the chance to do both! The highlight of the city is its beautiful rivers, and you will see two of them as you challenge yourself in a team-building giant canoe. A stop on an island for a snack will be a highlight.

Once you dock, you will head to Picaroons Roundhouse for a tour and tasting at one of Fredericton's celebrated microbreweries. A lunch at the brewery is also included.

Finally, a bike ride into the downtown area of Fredericton and a tour of the Beaverbrook Art Gallery's Marion McCain Exhibition of Contemporary Atlantic Art will ensure that you will have seen every picturesque part of the city before cycling back to complete the tour.

Tour Itinerary (subject to change):

- 9:30 am Group meets guides at the Small Craft Aquatic Center just a short walk from the delta.
- 10:00 am Group boards our two big canoes for a 1.5 hour paddle on the Saint John River. And explore the lower Nashwak river with a stop on an island for a light snack.
Snack includes: Smoked sturgeon on baguette, and bottled water.
- 11:30 am The group will land the big canoes at the Carleton St dock and take a short 5min walk to the Picaroons Roundhouse for lunch and brewery tour. This includes 4 different 5 ounce tasters and takes about 2 hours.
Lunch menu: TBC
- 2:00 pm After lunch the group will take bicycles to the Beaverbrook Art gallery for a 30 min tour of the Marion McCain exhibition of contemporary Atlantic Art.
- 2:30 pm Cycle back to the small Craft Aquatic Center with a few stops along the way to check out points of interest.
- 3:00 pm Arrive at the Small Craft Aquatic Center to return the bikes

Time: **9:30am – 3:30pm**

Dress code: Casual (layers and sneakers encouraged)

Price: **\$150 + HST/person**

Includes: Canoe Rental, Brewery tour and tasting, lunch, snacks, tour of Beaverbrook Art Gallery, Cycle Rental, guides, gratuities.

THURSDAY EVENING SOCIAL EVENTS

THURSDAY, SEPTEMBER 19, 2019

6:00 pm - 7:30 pm

President's Welcome Reception

Join us at the Delta Fredericton for the annual conference kick-off! Drop in to say hello to old friends and meet new smiling faces. This reception is sure to set the Scientific Session off on the right foot.

Sponsored by



THURSDAY, SEPTEMBER 19, 2019

8:00 pm - 11:00 pm

CAO KITCHEN PARTY



The heart of any party is always in the Kitchen! So grab some spoons (maybe a washboard or fiddle) and join in the fun as we kick it up East Coast Style. This year's Thursday Night social will be held at Boyce Market, one of Canada's oldest farmers markets, in the heart of Fredericton. Good food, good music, good times...it's why we come back to the East Coast! At this Kitchen Party, EVERYONE will be part of the fun!

- Time:** 8:00 pm - 11:00 pm
Price: \$75.00 per person + HST
Dress Code: As casual as you'd like
Includes: Transportation, East Coast Entertainment, Food Stations
Dinner, Open Bar

Exclusively Sponsored by

PHILIPS

CAO PRESIDENT'S BANQUET

FRIDAY, SEPTEMBER 20, 2019

7:00 pm – 11:00 pm



CAO Garden Party

A refined evening in one of Fredericton's most historic sites. A short walk along the river from the Delta, the Government House has played host to politicians, royalty and now...the CAO. First course will be served as you get to indulge in all the historic elements inside the house. Then, move to the back gardens for main course and dessert, along with garden games and special surprises. Under the evening lights, and with spectacular river views, this is one garden party you won't want to miss.

Time: 7:00pm

Includes: Reception, Dinner, Entertainment, Open Bar

Price: \$100.00 per person + HST

Dress Code: Cocktail attire (but comfortable shoes too!)

Sponsored by



dentalcorp

STUDENT SOCIAL

THURSDAY, SEPTEMBER 19

8:00PM-9:00PM

THE
STUDENTS
TAKE OVER!



DOLAN'S PUB

BACK BY POPULAR
DEMAND, THIS STUDENTS
ONLY RECEPTION WILL BE
THE MEETING PLACE
BEFORE HEADING OVER
TO BOYCE MARKET.

SPONSORED BY

ROSS



ORTHO2

SATURDAY, SEPTEMBER 21, 2019

3:15 pm – 5:00 pm

Closing Reception

Time to close out the 2019 Annual Scientific Session in style! Bid Adieu to Fredericton, with our inaugural Closing Reception, where everyone gets one last chance to mingle with friends over a drink (or two), and some food to send you on your way before heading home.

This is also your chance to meet up with your fellow school alumni and see all your old classmates, as each school will have their own area to meet and greet.

EVERYONE IS WELCOME!

Cost: Free!

Exclusively Sponsored by



UNIVERSITY OF
ALBERTA



UNIVERSITY
OF MANITOBA



Western

Université
de Montréal

MARK YOUR CALENDARS NOW!



September 24-26

2020

Kelowna, BC
**Delta Grand Okanagan Resort
and Conference Centre**



September 23-25

2021

Quebec City, QC
Fairmont Chateau Frontenac Hotel
Hilton Quebec Hotel
Quebec Convention Centre



September 15-17

2022

Saskatoon, SK
Delta Bessborough & TCU Place

2019 CAO EXHIBITORS TO-DATE

3M Oral Care	Digital Orthodontic Care	Phillips Oral Healthcare
3Shape	Dolphin Imaging & Mgmt Solutions	Planmeca
American Orthodontics	GC Orthodontics America	RMO, Inc.
Canadian Orthodontic Partners	Hu-Friedy	Ross Orthodontic
Carestream Dental	Leone s.p.A	Sesame Communications
Cerum Ortho Organizers	My Proviever	SPEED System Orthodontics
ClearCorrect	Ormco	Sure Cure Aligners
Crest Oral-B	Ortho2	Tops Software
Dental Axess North America	Orthodontic Essentials	
Dentalcorp Canada	Orthodontic Supply of Canada	
Dentsply Sirona	OrthoNovo by Novologik	

HELPFUL HINTS AND INFORMATION



Conference Registration:

- You may Register on-line at the conference website, **<https://cao-aco.org/orthodontics/events/cao-annual-conference/overview/>**.



Continuing Education:

- Continuing Education forms will be available to delegates to be downloaded on mobile app.



Hotel:

- The special hotel rates will be in effect 3 days prior to the conference and 3 days after. (Based on availability)



Conference Dress Code:

- For all conference activities, the acceptable dress code will be business casual, unless otherwise noted.

Important Times:



The Conference Tour Registration Desk (at Delta Hotel) is open at the following time:

Thursday, Sept 19: 8:30 am – 9:30 am



The Conference Registration Desk (at The Fredericton Convention Centre) is open at the following times:

Thursday, Sept 19: 4:00 pm – 7:00 pm

Friday, Sept 20: 7:00 am – 4:00 pm

Saturday, Sept 21: 7:00 am – 2:00 pm



The Conference Exhibit Hours (at the Fredericton Convention Centre) are as follows:

Friday, Sept 20: 7:30 am - 8:30 am
10:15 am – 10:45 am
12:00 pm – 2:00 pm
3:15 pm – 3:45 pm

Saturday, Sept 21: 8:00 am – 9:00 am
10:00 am – 10:45 am
12:00 pm – 2:00 pm

Please Note - All Conference Sessions on Friday and Saturday are being held at the Fredericton Convention Centre. Shuttles will be provided to/from the Delta Hotel.

Canadian Association of Orthodontists

2800 14th Avenue, Suite 210

Markham, ON L3R 0E4

Tel: (416) 491-3186 Toll-free: 1-877-CAO-8800 Fax: (416) 491-1670

E-mail: cao@associationconcepts.ca Website: www.cao-aco.org

CURRENT SPONSORS

MAJOR CONTRIBUTORS



Auxiliary Program, Welcome Reception,
President's Banquet: *CAO Garden Party*

PHILIPS

CAO Social: **KITCHEN PARTY**,
Charging Stations, Ms. Anne-Josée Simoneau

3M Science.
Applied to Life.™

Welcome Reception, Name Badges,
New and Younger Members Luncheon



Thursday's Activities, Delegate & Auxiliary Bags

RUBY



EMERALD



Wealth Management
Dominion Securities

SPEED System™

TOPAZ

