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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
Webinar Date		
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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



Motivations CEU

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WEBINAR

#7447 Best Practice for Heart Failure Rehabilitation: Clinical Practice Guideline Update

Instructor: Kristin Lefebvre, PT, PhD

Audience: Physical Therapists, Occupational Therapists, and Assistants

Delivery Options:
Live Webinar or Self-Study Options

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SUMMARY: The number of clients with a diagnosis of heart failure is increasing due to improved diagnostic capabilities, more treatment options and longer life expectancy. This course will focus on preparing the rehabilitation professional to examine and treat the client with heart failure in an evidence-based manner by providing an overview of the most recent revision of the Clinical Practice Guideline for Heart Failure from the American Physical Therapy Association. The course will provide information on diagnostics, prognosis, examination for stability and the most current evidence based recommendations for intervention that will optimize the client's ability to perform ADLs, participate in socialization, and optimize functional outcomes.

Course instruction method includes: lecture, demonstration, picture/graphs, group discussion, case studies, videos, and question/answers.

PRESENTER: Kristin Lefebvre, PT, PhD is a physical therapist with ABPTS board certification in cardiovascular and pulmonary physical therapy. Currently, she is the Vice President for Academic Affairs and Dean of Graduate Faculty at University of Jamestown, Jamestown, ND. She has over 20 years of teaching full-time faculty teaching experience in DPT programs including Widener University, Concordia University St. Paul, and University of Jamestown. Dr. Lefebvre completed her master's in physical therapy at the University of Delaware in 2000 and a PhD in Health Policy in May 2008 at the University of the Sciences in Philadelphia. Her doctoral thesis examined racial differences in level of amputation among minorities with vascular disease. Her research interests include evaluation of health disparities in primary care practice with particular interest in the cardiovascular and pulmonary patient, the provision of preventative care among patients with cardiovascular diseases, use of outcome measures in cardiovascular and pulmonary physical therapy and curricular and educational design and evaluation of interprofessional high fidelity simulation experiences.

Financial— Receives a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Structure an examination of the client with heart failure with a focus on determining stability and readiness for physical activity.
2. Understand objective measures that can be utilized to determine if intensity of therapeutic intervention is appropriate or needs to be adjusted.
3. Summarize the key action statements of the most recent update of the American Physical Therapy (APTA) Clinical Practice Guideline for Heart Failure Rehabilitation.
4. Understand how the best practice for clients with Heart Failure can optimize ability to perform ADLs, participate in social interaction, and self-care.
5. Incorporate different, evidence based, activities to optimize outcomes with those with Heart Failure across the continuum of care

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# PENDING. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA

For course dates, times and registration, please visit: www.motivationsceu.com

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AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

15 mins- Review heart failure pathophysiology of Heart Failure with preserved ejection fraction, Heart Failure with reduced ejection fraction.

10 mins- Discuss diagnostic procedures (including sonography and MRI) that help determine the severity of heart failure and the implications of that to the rehabilitation professional.

5 mins- Present relationship between ejection fraction and exercise tolerance.

15 mins- Discuss the examination of the patient with heart failure with a focus on determining the stability of the patient and appropriateness of intervention.

15 mins- Provide an overview of the key action statements from the updated CPG and provide context as to why these are important for the rehabilitation professional.

15 mins- Review objective measurements that can be utilized to determine a client's tolerance for current activity level and how the activity can be adjusted.

30 mins- Provide an overview of the literature supporting each key action statement.

15 mins- Question/Answer

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.