

How do I register?



By Phone:
Call **800-791-0262** and provide the
information requested on the registration form.



By Mail:
Complete the registration form and mail it to
Motivations, Inc.



On the Web:
Visit www.motivationsceu.com to register

Motivations, Inc.
Or fax: (815) 371-1499, Questions? (800) 791-0262

Updated 6-15-26

Prices	Web	Onsite
Group Discount – Five or more registrations	\$300	\$395
Individual Registration	\$350	\$495

Course # Course Title

Date(s) Location

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.

Circle One: **VISA** **MASTERCARD** **AMEX**

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Account Number _____ Exp. Date _____

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Motivations CEU

Accredited Courses for Rehabilitation Professionals

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ASHA CE
APPROVED PROVIDER

Motivations, Inc.

Intermediate Level
Up to 1.4 ASHA CEUs

ONSITE or WEB CONFERENCE or SELF-STUDY

#352 HANDLING THE RIB CAGE FOR IMPROVED RESPIRATORY COORDINATION AND FUNCTION

Instructor

Rona Alexander, PhD, CCC-SLP, BCS-S, C/NDT
Speech-Language Pathologist

Speech-language pathologists, physical therapists,
occupational therapists, and other professionals
providing evaluation and treatment services for
infants and children with neuromuscular
involvement.

Times: 8:30 AM – 5:00 PM Local Time

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SUMMARY: This 2-day workshop has been designed for speech-language pathologists, physical therapists, and occupational therapists who need greater experience in focusing on rib cage activity and its influence on postural control, respiratory function, general movement, and oral-pharyngeal function in terms of the evaluation and treatment services they provide. Significant anatomical/kinesiological and developmental characteristics of typical rib cage alignment and activity will be reviewed. Atypical rib cage activity in infants and young children with neuromuscular involvement will be discussed. Treatment strategies directed toward improving rib cage and respiratory musculature activity will be explored through group movement lab sessions and audiovisual presentations. Course instruction method includes: lecture, demonstration, videos, case studies and question/answers.

PRESENTER: Rona Alexander, PhD, CCC-SLP, BCS-S, C/NDT is a speech-language pathologist specializing in the assessment and treatment of oral, pharyngeal, feeding/swallowing, and respiratory-phonatory function in infants, children, adolescents, and young adults with primary neuromotor and musculoskeletal systems impairments. She maintains a private practice; provides consultation services; provides short-term treatment intensives; and conducts workshops/courses/seminars/webinars on oral movement, oral sensory, feeding/swallowing, and rib cage/respiratory coordination development, assessment, and treatment. Dr. Alexander is an active advanced speech instructor in Neuro Developmental Treatment (NDT). She has contributed chapters on oral, pharyngeal, feeding/swallowing, and rib cage/respiratory coordination function to numerous publications; is co-author of the book entitled, Normal Development of Functional Motor Skills: The First Year of Life; is author of the CEU product, Focus on the Rib Cage for Improvement of Respiration, Phonation, Movement, and Postural Control; and is codeveloper of the CEU product, The ABCs of Pediatric Feeding and Swallowing. The instructor has no relevant financial or non-financial relationships to disclose.

OBJECTIVES: At the conclusion of the course, participants will be able to:

1. Identify significant anatomical and kinesiological characteristics of typical and atypical rib cage activity and alignment.
2. Examine and compare significant developmental characteristics of typical and atypical rib cage activity and their influence on postural control, respiratory function, general movement, and oral pharyngeal function.
3. Formulate treatment strategies to improve rib cage alignment and respiratory coordination during functional play for infants and young children with neuromuscular involvement.

FORMAT: This is a 14-hour course equivalent to 1.4 CEUs. Motivations Inc is an approved provider by The Texas Chapter of the APTA. We follow the PT licensing Board guidelines in the states in which the course is held.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification of a state.

ASHA: This Live or Self-study course is offered for up to 1.4 ASHA CEUs (Intermediate Professional area). Successful completion will be measured by attendee participation and instructor observation of lab practice assignments.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 12499. This Onsite or Distance Learning-Interactive or Distance Learning-Independent activity is offered at 1.4 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

BRING: Participants must bring an 18-24" soft-bodied doll (not a Cabbage Patch doll) with them to use during the workshop.

Suggested that comfortable clothes be worn for lab experiences on all days of the workshop. It will be easier to feel the results of treatment directed at the rib cage if a loose-fitting T-shirt or bathing suit top and pants or shorts are worn. Participants should wear clothes in which they feel comfortable and can easily move.

Agenda on next page...

Course Offerings

For course location details and registration, please visit: www.motivationsceu.com

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TIMED AGENDA:

Day 1

- 8:30 - 8:45 Discussion of Agenda and Learning Objectives
8:45 - 9:30 The ICF Model
9:30 - 10:45 Significant Anatomical/Kinesiological and Developmental Characteristics of Typical Rib Cage/Respiratory Musculature Activity and Its Impact on Postural Control, Respiratory Function, General Movement, and Oral-Pharyngeal Function
10:45 - 11:00 BREAK
11:00 - 12:00 Significant Anatomical/Kinesiological and Developmental Characteristics (cont.)
Typical Rib Cage/Respiratory Musculature Activity
12:00 - 1:00 LUNCH
1:00 - 3:00 Typical Rib Cage Activity/Respiratory Musculature Activity (cont.)
3:00 - 3:15 BREAK
3:15 - 5:00 Facilitation/Handling Through the Rib Cage – Lab/ Discussion

DAY 2

- 8:30 - 10:30 Atypical Rib Cage Activity in Infants and Children with Neuromuscular Involvement Treatment Strategies for Improved Rib Cage Activity: Lecture/ Lab Discussion
10:30 - 10:45 BREAK
10:45 – 12:15 Treatment Strategies for Improved Rib Cage Activity: Lecture/ Lab Discussion
12:15 - 1:15 LUNCH
1:15 - 2:45 Treatment Strategies (cont.)
2:45 - 3:00 BREAK
3:00 - 5:00 Treatment Strategies (cont.) **Wrap-Up**

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