

Regional Anaesthesia Course 2017

Live Demos from Theatre, Ultrasound Workshops and Cadaveric Anatomy Workshops
organised by **John Hammond Department of Anaesthesia, East Surrey Hospital**

Wed 8 March 2017 at East Surrey Hospital, Redhill

Thu 9 March 2017 at East Surrey Hospital, Redhill

Fri 10 March 2017 at St George's Hospital, London

Surrey and Sussex 
Healthcare NHS Trust

About the Course

- An **eyes-on** and **hands-on** guide to the many **aspects of Regional Anaesthesia** that Anaesthetists have to **deal with daily**, answering the questions: **how to do it and why**.
- A **Faculty of experienced Consultant Anaesthetists** from a variety of hospitals and backgrounds, from the **UK and abroad**, who will lecture and facilitate the workshops.



Approved by RCoA
for 14 CPD Points

Course suitable for those taking the **European Diploma** in Regional Anaesthesia & Pain Therapy

Course Directors

Dr Fred Sage, East Surrey Hospital

Dr Nick Courtenay-Evans, East Surrey Hospital

Dr Jan Rudiger, East Surrey Hospital

Dr Ganesh Kumar, East Surrey Hospital

Key note speaker:

Dr Ki Jinn Chin, Associate Professor,
Toronto Western Hospital

Members of the Faculty include:

- **Dr Morné Wolmarans**, President, RA-UK
 - **Dr Tilak Raj**, Associate Professor, University of Oklahoma Health Sciences Centre
 - **Dr Gulshan Doulatram**, Associate Professor and Pain Fellowship Director, University of Texas Medical Branch, Galveston
 - **Dr Matthew Szarko**, St George's Hospital, London
 - **Dr Paul Carter**, Head of Anatomy, St. George's Hospital
 - **Dr Andrzej Król**, St George's Hospital, London
 - **Dr John Barcroft**, Royal National Orthopaedic Hospital
 - **Dr Harry Murgatroyd**, York Teaching Hospital
 - **Dr Timothy Pepall**, Frimley Park Hospital
 - **Dr Stefanus Oosthuysen**, Norfolk & Norwich Hospital
 - **Dr Aasifa Tredray**, St George's Hospital, London
 - **Dr Teresa Parras**, St. George's Hospital, London
 - **Dr Amit Pawa**, Guy's and St Thomas' Hospital
 - **Dr Athmaja Thottungal**, Kent and Canterbury Hospital
 - **Dr Oliver Tweedie**, Dorset County Hospital, Dorchester
- plus Consultant Anaesthetists from East Surrey Hospital

FEATURES

- Cadaveric Anatomy Workshops.
- As well as the cadaver workshops there will be two parallel sessions of controversies discussions.
- A choice of Workshops: some for beginners in RA and US, others for Anaesthetists with previous experience.

LECTURES AND CADAVER WORKSHOPS

Fri 12 Feb at St George's Hospital, London:
Head and Neck; Upper Limb; Trunk;
Lower Limb and US guided needling.

LIVE INTERACTIVE DEMOS

Observe and question, **live via 2-way video/audio link**, experienced Consultants performing at least ten blocks in Theatre.

WORKSHOPS

Learn about both Ultrasound techniques. Practise on a wide range of US scanners from several different suppliers, using live models and phantoms.

Past attendees' feedback on the Course

Video demonstrations were excellent! Live demos – splendid. It made the course very interesting.
Good hands on sessions, small groups, good for sharing experience. Brilliant course, very enthusiastic, helpful and friendly Faculty. Good US for small groups – very easy to ask questions, relaxed style of interaction.

www.regionalanaesthesiacourse.co.uk

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SHARING EXPERTISE


FUJIFILM


Analogic Ultrasound Group

DAY 1: WED 8 MARCH 2017

AT EAST SURREY HOSPITAL, REDHILL

08.15 – 09.15 Registration, tea and coffee

09.15 – 09.30 Welcome and introduction

09.30 – 10.15

Ultrasound Workshop Demonstrations

Workshops

Each Workshop lasts 50 minutes.

Each attendee attends six workshops:

- Attendees new to Regional Anaesthesia and US are required to attend workshops **1** and **2**.
- Attendees with some previous experience of Regional Anaesthesia and US select **any six** of the ten Workshops to attend, though it is recommended that they attend the Level II and "Ask the Expert" workshops (workshops 3-10).

Attendees receive a workshops schedule on the day.

Workshop numbers are limited to **4 attendees per demonstrator**.

10.20 – 11.10 Workshops Round **1**

11.10 – 12.00 Workshops Round **2**

12.00 – 12.20 Tea and coffee

12.20 – 13.10 Workshops Round **3**

13.10 – 14.10 Lunch, Trade Exhibition
including opportunities to practise further

14.10 – 15.00 Workshops Round **4**

15.00 – 15.40 LECTURE

Ultrasound for neuraxial block in normal and difficult spinal anatomy

Dr Ki Jinn Chin, Associate Professor,
Toronto Western Hospital

15.40 – 16.00 Tea and coffee

16.00 – 16.50 Workshops Round **5**

16.50 – 17.40 Workshops Round **6**

17.40 Close

THE WORKSHOPS

LEVEL I WORKSHOPS:

FOR ATTENDEES NEW TO RA AND US

- Technology, Image Generation, Probe Handling and Needling**
including opportunities to practise on phantoms
- Simulated Scenarios**

LEVEL II WORKSHOPS:

FOR ATTENDEES WITH PREVIOUS EXPERIENCE IN RA & US

- Upper Limb – above and around Clavicle**
Interscalene, Supraclavicular and Infraclavicular Blocks
- Upper Limb – below Clavicle**
Axillary Block; Distal Median, Radial and Ulnar Nerve Blocks
- Abdominal Wall**
Rectus, TAP, Quadratus Lumborum and Ilioinguinal Blocks
- Lower Limb**
Femoral, Fascia Iliaca, Popliteal

ASK THE EXPERT WORKSHOPS

- Neuraxial US**
Epidural and Lumbar Plexus Blocks
- Thorax**
Paravertebral, Serratus, Pec
- Ankle Blocks**
- Obturator, Adductor, saphenous**

DAY 2: THU 9 MARCH 2017

AT EAST SURREY HOSPITAL, REDHILL

08.30 – 08.45 Welcome and introduction

08.45 – 11.45

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The following have been demonstrated at the previous courses: ☒ Rectus Sheath Block ☒ Femoral/Popliteal ☒ Interpleural Block ☒ PSOAS Compartment Block ☒ Interscalene Landmarks ☒ Interscalene Block US ☒ TAP ☒ Fascia Iliaca Block

The session includes a break for **tea and coffee**.

11.45 – 12.15 Lecture

Scanning and needling skills for efficacy and safety in UGRA

Dr Ki Jinn Chin, Associate Professor,
Toronto Western Hospital

12.15 – 13.15

Lunch and Trade Exhibition

13.15 – 16.15

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The following have been demonstrated at the previous courses: ☒ Vertical Infraclavicular Block ☒ Suprascapular Block ☒ Axillary Block ☒ Femoral/Sciatic Blocks ☒ Supraclavicular Perivascular ☒ Ankle Block

The session includes a break for *tea and coffee*.

16.15 – 17.00

LECTURE

Regional Anaesthesia for Breast Surgery

Dr Amit Pawa, Consultant Anaesthetist,
Specialty & Educational Lead for Regional Anaesthesia
Guy's & St Thomas' NHS Foundation Trust

17.00

Close and Collection of Certificates

DAY 3: FRI 10 MARCH 2017

AT ST GEORGE'S HOSPITAL ANATOMY DEPARTMENT

Anatomy Lectures, Discussion and Cadaver Workshops

09.30 – 10.00	Registration
10.00 – 12.00	Lectures
12.00 – 12.45	Lunch
12.45 – 13.00	Move to dissection room
13.00 – 15.00	Cadaver workshops
15.00 – 15.20	Debriefing, collection of certificates, and close

Anatomy Lectures and Discussion with

Dr Paul Carter, Anatomy Demonstrator,
St George's Hospital, London

Dr Matthew Szarko,
Lecturer in Medical Education, Anatomical Sciences,
Division of Biomedical Sciences, St George's Hospital

Other topics to be confirmed

Cadaver Workshops

Led by **Dr Paul Carter** and **Dr Matthew Szarko**
with **demonstrators from the Faculty**.

There are five Cadaver Workshops:

- 1: **Head and Neck**
- 2: **Upper Limb**
- 3: **Trunk**
- 4: **Lower Limb**
- 5: **US guided Needling**

Attendees divide into five groups and rotate through each of the Workshops.

Each Workshop lasts 20 minutes.

Group numbers are **limited to 3 attendees per demonstrator**.

THE FACULTY

- **Dr Tilak Raj**, Associate Professor,
University of Oklahoma Health Sciences Centre
- **Dr Gulshan Doulatram**, Associate Professor and
Pain Fellowship Director, University of Texas
Medical Branch, Galveston
- **Dr Morné Wolmarans**, President, RA-UK, Consultant
Anaesthetist, Norfolk and Norwich University Hospital
- **Dr Ki Jinn Chin**, Associate Professor,
Toronto Western Hospital
- **Dr Matthew Szarko**, Lecturer in Medical Education,
Anatomical Sciences, Division of Biomedical Sciences,
St George's Hospital, London
- **Dr Paul Carter**, Head of Anatomy Demonstrator,
St George's Hospital, London
- **Dr Andrzej Król**, Consultant Anaesthetist,
St George's Hospital, London
- **Dr John Barcroft**, Consultant Anaesthetist,
Royal National Orthopaedic Hospital
- **Dr Harry Murgatroyd**, Consultant Anaesthetist,
York Teaching Hospital
- **Dr Timothy Pepall**, Consultant Anaesthetist,
Frimley Park Hospital
- **Dr Barry Nicholls**, Consultant in Anaesthesia and Pain
Management, Musgrove Park Hospital, Taunton
- **Dr Ralph Zumpe**, Consultant Anaesthetist,
St George's Hospital, London
- **Dr Ajit Kayal**, Consultant Anaesthetist,
St George's Hospital, London
- **Dr Aasifa Tredray**, Consultant Anaesthetist,
St George's Hospital, London
- **Dr Amit Pawa**, Consultant Anaesthetist,
Guy's and St Thomas' Hospital NHS Foundation Trust
- **Dr Athmaja Thottungal**, Consultant Anaesthetist,
Kent and Canterbury Hospital
- **Dr David Burkett-St-Laurent**, Consultant anaesthetist,
Royal Gwent Hospital, Newport, Wales.
University Hospital of Wales, Cardiff
- **Dr Gillian Foxall**, Consultant Anaesthetist,
Royal Surrey County Hospital
- **Dr Beenu Madhavan**, Consultant Anaesthetist,
University Hospital Lewisham, Lewisham
- **Dr Teresa Parras**, Consultant Anaesthetist,
St George's Hospital, London
- **Dr Khalid Syeed**, Consultant Anaesthetist,
St George's Hospital, London
- **Dr Oliver Tweedie**, Consultant Anaesthetist,
Dorset County Hospital, Dorchester
- **Dr Simeon West**, Consultant Anaesthetist,
University College Hospital

plus East Surrey Hospital Anaesthetists including:

- **Dr Nick Courtney-Evans**, Consultant Anaesthetist
- **Dr Visakha Gunasekera**, Consultant Anaesthetist
- **Dr Jeremy Howard**, Lead Consultant Anaesthetist
- **Dr Matt Mackenzie**, Consultant Obstetric Anaesthetist
- **Dr Claire Mearns**, Consultant Anaesthetist
- **Dr Alisons Odor**, Regional Anaesthesia Fellow
- **Dr Simon Parrington**, Consultant Anaesthetist
- **Dr Debajit Phukan**, Consultant Anaesthetist
- **Dr Fred Van Damme**, Consultant Anaesthetist
- **Dr Phil Williams**, Consultant Anaesthetist
- **Mr Ian Baulch**, Simulation Technician