

Jointly Sponsored by the:

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



and the California District IX, Chapter 2, AAP

in association with

Children's Hospital Los Angeles Medical Group

*Pediatric
Potpourri®*

STATE OF THE ART 2016



February 6 - 12, 2016
Hyatt Regency Maui Resort
Maui, Hawaii
1-800-3-KID-CME

www.childrenshospitalallamedicalgroup.org



Pediatric Potpourri®: State of the Art 2016 **February 6-12, 2016**

The American Academy of Pediatrics and California District IX, Chapter 2, AAP in association with Children's Hospital Los Angeles Medical Group are pleased to sponsor **Pediatric Potpourri®: State of the Art 2016** on the island of Maui, Hawaii. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend **Pediatric Potpourri®: State of the Art 2016** if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

COURSE OBJECTIVES

At the conclusion of this activity participants will be able to identify, assess and manage common clinical issues in the areas of infectious diseases, orthopaedic surgery & sports medicine, adolescent medicine, complementary & integrative medicine and endocrinology including:

- Accurately assess a child's growth and development and reassure or refer for sub-specialty care appropriately.
- Cite the epidemiology of common infections acquired during travel and the vaccines and pharmacologic prevention of infections.
- Describe the risk factors, early signs and symptoms and diagnostic criteria for disordered eating.
- Differentiate the multiple etiologies of the child who limps and provide an appropriate "work-up" and therapy.
- Utilize evidence-based resources to decide when to recommend, tolerate, monitor or avoid a complementary therapy.

The overall learning need identified for this conference is for practical, evidence-based medicine that can be applied in the clinical setting.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California District IX, Chapter 2 of the American Academy of Pediatrics. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.50 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.50 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

This Live activity, **Pediatric Potpourri®: State of the Art 2016**, with a beginning date of February 6, 2016, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive 22.50 Mainpro-M1 credits for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*™ from organizations accredited by ACCME. Physician assistants may receive a maximum of 22.50 hours of Category 1 credit for completing this program.

This program is accredited for 22.50 NAPNAP CE contact hours of which 0 contain pharmacology (Rx), (0 related to psychopharmacology) (0 related to controlled substances), content per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

The program provider, AAP California Chapter 2, has been approved by the California Board of Registered Nursing, Provider Number CEP 11121 for 4.50 contact hours per day.

Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

The content of this CME activity does not necessarily reflect the views or policies of the AAP.

Faculty

Jeffrey M. Bender, MD, FAAP

*Assistant Professor of Clinical Pediatrics,
University of Southern California Keck School of Medicine
Division of Infectious Diseases,
Children's Hospital Los Angeles*

Kathi J. Kemper, MD, MPH, FAAP

*Professor of Pediatrics,
The Ohio State University College of Medicine
Director, Center for Integrative Health and Wellness,
Wexner Medical Center, The Ohio State University*

Ellen S. Rome, MD, MPH, FAAP

*Professor of Pediatrics,
Cleveland Clinic Lerner College of Medicine
at Case Western Reserve University
Head, Center for Adolescent Medicine,
Cleveland Clinic Children's Hospital*

Dennis M. Styne, MD, FAAP

*Professor of Pediatrics,
University of California, Davis School of Medicine
Yocha Dehe Endowed Chair in Pediatric Endocrinology,
UC Davis Children's Hospital*

Jennifer M. Weiss, MD

*Volunteer Professor of Orthopaedic Surgery,
University of Southern California Keck School of Medicine
Department of Sports Medicine & Orthopaedic Surgery,
Kaiser Permanente Medical Center, Los Angeles*

AAP Educational Program Representatives

Robert Adler, MD, MS Ed, FAAP

*Professor of Pediatrics
USC Keck School of Medicine
Chief Medical Officer, CHLA Health System,
Children's Hospital Los Angeles*

Carl M. Grushkin, MD, FAAP

*Professor of Clinical Pediatrics
USC Keck School of Medicine
Head, Division of Nephrology,
Children's Hospital Los Angeles*

Meeting Schedule for Sunday, February 7th - Thursday, February 11th

Sunday, February 7, 2016

- 7:00 am Coffee and Pastries
 7:20 am Greetings and Introductions
 7:30 am Vaccine Preventable Diseases on the Rise
Jeffrey M. Bender, MD
 8:00 am Update on HPV Vaccination
Ellen S. Rome, MD, MPH
 8:30 am What Do You Need to Know About the Epidemic of Childhood Obesity?
Dennis M. Styne, MD
 9:00 am Break
 9:20 am Type 2 Diabetes in Pediatrics: What Are the New Guidelines?
Dennis M. Styne, MD
 9:50 am The Female Athlete
Jennifer M. Weiss, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm
SEMINARS
 1. Interesting Cases in Pediatric ID
Jeffrey M. Bender, MD
 2. Eating Disorders
Ellen S. Rome, MD, MPH
 3. Sports Injuries
Jennifer M. Weiss, MD

Monday, February 8, 2016

- 7:00 am Coffee and Pastries
 7:30 am Introducing Integrative Pediatrics
Kathi J. Kemper, MD, MPH
 8:00 am The Febrile Infant Evaluation
Jeffrey M. Bender, MD
 8:30 am The Limping Child
Jennifer M. Weiss, MD
 9:00 am Break
 9:20 am Hip Dysplasia
Jennifer M. Weiss, MD
 9:50 am Growth Diagnosis in Your Office
Dennis M. Styne, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm
SEMINARS
 1. Endocrine Cases
Dennis M. Styne, MD
 2. Interesting Cases in Pediatric ID
Jeffrey M. Bender, MD
 3. Herbal Jeopardy
Kathi J. Kemper, MD, MPH

Tuesday, February 9, 2016

- 7:00 am Coffee and Pastries
 7:30 am Is Puberty Really Starting Earlier Nowadays? How Can You Tell If There Is a Disorder?
Dennis M. Styne, MD
 8:00 am Alignment Abnormalities
Jennifer M. Weiss, MD
 8:30 am Non-Pharmacologic Headache Relief
Kathi J. Kemper, MD, MPH
 9:00 am Break
 9:20 am Natural Remedies for Colds and Colic
Kathi J. Kemper, MD, MPH

- 9:50 am Breast Disorder in the Adolescent
Ellen S. Rome, MD, MPH
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm
SEMINARS
 1. Eating Disorders
Ellen S. Rome, MD, MPH
 2. Sports Injuries
Jennifer M. Weiss, MD
 3. Endocrine Cases
Dennis M. Styne, MD

Wednesday, February 10, 2016

- 7:00 am Coffee and Pastries
 7:30 am Orthopaedic Infection
Jennifer M. Weiss, MD
 8:00 am Addressing ADHD Naturally
Kathi J. Kemper, MD, MPH
 8:30 am LARCs (Long Acting Reversible Contraceptives)
Ellen S. Rome, MD, MPH
 9:00 am Break
 9:20 am Menstrual Manipulation
Ellen S. Rome, MD, MPH
 9:50 am Pediatric Skin & Soft Tissue Infections
Jeffrey M. Bender, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm
SEMINARS
 1. Sports Injuries
Jennifer M. Weiss, MD
 2. Herbal Jeopardy
Kathi J. Kemper, MD, MPH
 3. Interesting Cases in Pediatric ID
Jeffrey M. Bender, MD

Thursday, February 11, 2016

- 7:00 am Coffee and Pastries
 7:30 am Designer Drugs
Ellen S. Rome, MD, MPH
 8:00 am Thyroid Disorders in Childhood: You Really Can Understand Those Confusing Tests!
Dennis M. Styne, MD
 8:30 am Traveling with Kids in a Mosquito Infested World
Jeffrey M. Bender, MD
 9:00 am Break
 9:20 am "Will Antibiotics Make My Kid Fat?" What's Known/Unknown About the Pediatric Microbiome
Jeffrey M. Bender, MD
 9:50 am Easing Irritable Bowel, Constipation and Diarrhea without Drugs
Kathi J. Kemper, MD, MPH
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm
SEMINARS
 1. Herbal Jeopardy
Kathi J. Kemper, MD, MPH
 2. Endocrine Cases
Dennis M. Styne, MD
 3. Eating Disorders
Ellen S. Rome, MD, MPH

Registration

Saturday, February 6, 2016
thereafter

3 pm - 6 pm Daily
7 am - 11 am

ATTRACTIONS & ACTIVITIES

Maui offers a wide variety of attractions and activities including:

Whale Watching -

February is Humpback Whale season in Hawai

Lahaina Town -

The mid-1800s whaling capital of the Pacific

Haleakala National Park -

Site of the world's largest dormant volcano

Molokini Island -

A marine life conservation district and seabird sanctuary

The Road to Hana

Maui Ocean Center

Alexander & Baldwin Sugar Museum

Bailey House Museum

Iao Valley State Park

Maui Tropical Plantation

Tedeschi Vineyards

Sunrise Protea Farm

Enchanting Floral Gardens of Kula

Scuba, snorkeling and kayaking

Horseback riding

Hiking and biking

Golf

Helicopter adventures

Surfing and windsurfing

Sailing

Submarine tours

Old Lahaina Luau

"This is the best Luau you'll find in Maui."

(Fodor's Maui and Lanai)

Wednesday, February 10, 2016 / 5:15-8:15 pm

Enjoy an evening of traditional Hawaiian cuisine, music, cultural dances and demonstrations at the Old Lahaina Luau. Learn about Hawaiian history and culture in the Iulima (working together) area along the ocean's edge, then gather for the traditional Iml ceremony followed by an all-you-can-eat buffet of regional cuisine. Upon sunset, the award-winning production begins, telling the story of the Hawaiians with hula dancing, chanting and singing. "Its authenticity, intimacy, hospitality, cultural integrity and sheer romantic beauty have made this Maui's top luau." (Frommer's Maui) Includes a fresh flower lei greeting, bountiful buffet dinner, cocktails (throughout the evening) and entertainment.

Price: \$103 Adults & Teens (13 and over), \$73 Children (2-12), Infants not occupying a seat, are free. Price includes tax and gratuity. Transportation is on your own.

Space is limited: reserve early. Sign up for this activity on the conference registration form.

Future Meetings!

Pediatrics in the Islands ... Clinical Pearls 2016

Sheraton Maui Resort

July 2 - 8, 2016

Aloha Update: Pediatrics® 2016

Grand Hyatt Kauai Resort & Spa

October 15 - 21, 2016

Pediatric Potpourri®: State of the Art 2017

Hyatt Regency Maui Resort

February 11 - 17, 2017

Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at www.PediatricsHawaii.com

Hyatt Regency Maui Resort

Located on popular Kaanapali Beach, the Hyatt Regency is one of Maui's leading luxury resorts. The grounds are a paradise of ponds, lagoons and tropical gardens inhabited by exotic swans, flamingos, penguins and parrots. The free-form swimming pool, one of Maui's largest, is lined with rope bridges, waterfalls, grottoes and waterslides. Guest rooms are comfortably appointed, each with a private lanai. Features such as a multi-million dollar art collection and a unique variety of boutiques and restaurants lend to the ambiance. Activities available include tennis, golf at Kaanapali's two courses and a fitness center. Children will enjoy a variety of daytime activities offered at Camp Hyatt. The location is ideal to visit Whaler's Village, a popular Kaanapali attraction, and nearby Lahaina Town, with its myriad of shops, restaurants and boutiques.

Regency Club – Upgrade to the Hyatt's Regency Club at special group rates. Regency Club privileges include continental breakfast, daily and evening buffet services, beverages and more.

Hyatt Regency Maui Reservations

The special group rates for Pediatric Potpourri® participants are:

- Resort View: \$285/night
- Deluxe Ocean View: \$310/night
- Regency Club Ocean: \$420/night
- Ocean Suite: \$499/night

These special rates include:

- Free parking
- Free internet
- Free resort fee

A value of \$46 per day.

The Hyatt Regency Resort Fee, currently a \$30 per day mandatory fee, includes in-room wireless internet access, fitness center admission, local phone calls and other guest amenities. The Hyatt Regency Self-Parking Fee is currently a \$16 per day fee.

These services are complimentary only if you book at our special group rates. Most other quoted rates do not include these add-on fees. If you book outside of our group, you can expect to see these fees added to your bill at check-out.

Occupancy: Rates are valid for one or two adults per room. Additional adults over 18 are charged at \$75 per night (Regency Club \$125). Maximum occupancy is 4 per room. Children 18 and under are free. Please refer to the website for bedding options and other important details.

The above rates do not include applicable Hawaii tax (currently 13.42% per room night occupied). This tax will be added to your final bill at check-out.

Typical arrival and departure dates are:

Check-In: Saturday, February 6, 2016

Check-Out: Friday, February 12, 2016

Rooms may be reserved at our special group rates from Wednesday, February 3 through Monday, February 15, 2016, subject to availability.

Deposits and Cancellations: A two (2) night deposit is required at time of booking. Cancellations from 30 days to 72 hours before arrival will be assessed a one (1) night room and tax charge. Cancellations within 72 hours of arrival will be charged two (2) nights room and tax.

Visit our travel website – www.PediatricsHawaii.com – to reserve your room at the Hyatt Regency Maui Resort at our special group rates.

If you prefer to call for room reservations, please call Hyatt reservations at (888) 421-1442 or (402) 592-6464 and ask for the "Pediatric Potpourri" conference rate at the Hyatt Regency Maui.

Rental Car Reservations

To make the most of your visit to Maui, we highly recommend a rental car.

Please visit our website www.PediatricsHawaii.com for online reservations and specially discounted rental rates with Hertz, Avis, and Alamo.

Typical weekly rates with unlimited mileage (excluding gas, taxes, and optional insurance):

Sedans, from \$195 compact to \$242 full size

SUV's from \$294

Minivan, convertible, or Jeep from \$300

If you prefer to call for rates/reservations, contact:

Hertz: (800) 654-2240 and give convention number: 044F0009

Avis: (800) 230-4898 and give discount code H055246

Alamo: (877) 222-9075 and give contract ID # T00383E

Note: While most flights arrive at Maui's main airport (code OGG), some arrive at the west Maui airport (code JHM). Be sure to select your correct arrival/departure airport when making your rental car reservations.

Flights

The main airport in Maui is the Kahului Airport (also known as the Maui International Airport), code OGG. This airport is 28 miles from the Hyatt Regency Maui Resort in Ka'anapali, about 45 minutes by car.

The much smaller Kapalua Airport in west Maui, code JHM, is served by commuter flights to and from Honolulu (code HNL). This airport is 5 miles from the Hyatt Regency Maui Resort, about 10 minutes by car.

For additional information, please visit our travel website at www.PediatricsHawaii.com

Travel Assistance

For assistance or additional information, please contact our travel services provider: **University Travel**; (800) 821-5094 or (818) 563-9808; Fax: (818) 563-9842;

Email: pediatrics@unitrav.com

(CST registration # 1015591-40).

Conference Registration Cancellation Fees:

Prior to December 15, 2015 \$ 50.00 • December 15, 2015 - January 15, 2016 \$ 125.00 • After January 15, 2016 \$ 200.00

No Activity Refunds / No Post-conference Refunds / Note: Travel registration may also be subject to cancellation fees.

Visit www.ChildrensHospitalLAMedicalGroup.org (go to CME page),
for on-line conference registration or to add your name to our mailing list.

Visit www.PediatricsHawaii.com
for on-line hotel, rental car and/or airline reservations.

Conference Registration

Pediatric Potpourri®: State of the Art 2016
February 6-12, 2016 – Hyatt Regency Maui Resort

Name _____ MD ___ Other _____
Please check Specialty: ___ Pediatrics AAP# _____
___ Family Medicine AAFP# _____
___ Other: _____
Address _____
City/State/Zip _____
Primary Phone _____ Office ___ Home ___ Cell ___ Other ___
Secondary Phone _____ Office ___ Home ___ Cell ___ Other ___
Fax _____ Email* _____

* Note: Please include an email address. Receipt and correspondence will be sent via email.

Tuition:

Early Registration by November 15, 2015

Physician	\$915	\$865	\$ _____
Past Physician Registrants	\$865	\$815	_____
CHLA Staff/Alumni	\$855	\$805	_____
AAP CA Dist. IX, Chap. 2	\$855	\$805	_____
Residents / Interns	\$655	\$605	_____
Retired Physicians	\$655	\$605	_____
Non-Physicians (PAs, NPs, etc.)	\$655	\$605	_____

A letter from the Chief of Staff must accompany registration for reduced
Resident/Intern tuition. Full tuition will be charged if not pre-registered.

Old Lahaina Luau – Wednesday, February 10, 2016 – 5:15-8:15 pm

_____ @ \$103 per adult/teen = \$ _____
_____ @ \$73 per child under 12 = \$ _____
_____ Infants, not occupying a seat (free) Old Lahaina Luau Subtotal: \$ _____

Total Amount Due:

Tuition Total: \$ _____ + Group Activity Total: \$ _____ = Total: \$ _____

Payment:

☐ Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)

Credit Card: ☐ Visa ☐ MasterCard ☐ Amer. Exp. ☐ Discover

Card No. _____ Security Code _____ Exp. Date _____

Name on Card _____ Signature _____

Billing Address _____

Billing City/State/Zip _____

Hotel, Rental Car and Flight Information:

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website,
www.PediatricsHawaii.com, for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**
(800) 821-5094 or (818) 563-9808; Email: pediatrics@unitrav.com

University Travel, CST Registration #1015591-40.

Please return your completed registration form to: CHLAMG / Attn: Pediatric Potpourri®
3701 Wilshire Blvd., Suite 600, Los Angeles, CA 90010 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752
Fax (323) 361-8490 • CME email: pediatricCME@gmail.com • www.ChildrensHospitalLAMedicalGroup.org