

USC Ruth Ragland 32nd Dental Hygiene Symposium

Lecture Course

Radisson Midtown at USC
3540 S. Figueroa St.
Los Angeles, CA 90007
Saturday, March 24, 2018
9:00 a.m. - 5:00 p.m.

Register online at dentalcontinuingeducation.usc.edu

Registration Form

FIRST NAME _____

MIDDLE NAME _____

LAST NAME _____

TITLE _____ SPECIALTY _____ LICENSE # _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE () _____ - _____

FAX () _____ - _____

E-MAIL _____

☐ MASTERCARD ☐ VISA ☐ CHECK ENCLOSED

CARD NUMBER _____

EXPIRATION DATE _____

TOTAL PAYMENT \$ _____

MEAL PREFERENCE: ☐ VEGETARIAN ☐ NO PREFERENCE

► 7 Hours of Continuing Education ◀

Registration Fees

Before February 15, 2018

Dental Hygienists/Dentists: \$215

After February 15, 2018

Dental Hygienists/Dentists: \$265

*Fees include course material,
continental breakfast, lunch, and
refreshments during breaks.*

Please mail checks and
make payable to

Herman Ostrow
School of Dentistry of USC
Continuing Professional Education
925 W. 34th Street, Room 201J
Los Angeles, CA 90089-0641
Phone: 213.821.2127
Fax: 213.740.3973
E-mail: cedental@usc.edu
dentalcontinuingeducation.usc.edu
facebook.com/USCdentalCE



Refunds are granted only if a written cancellation notification is received at least 14 days before the course. 50% of the tuition minus processing fee will be refunded if cancellation occurs within 7 days before this course. No refund is granted afterwards. A \$75 fee is withheld for processing. For additional registrations, xerox this form and send.

Herman Ostrow School
of Dentistry of USC
Continuing Professional Education
University of Southern California
925 West 34th Street, Room 201J
Los Angeles, CA 90089-0641

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of Dentistry of USC

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★ Life-Long Tradition and Excellence ★

**Susan B. Dopart, MS, RD, CDE**

Susan is a nutrition and fitness consultant who has been in private practice for more than 25 years. Susan specializes in child and adult medical nutrition-related issues associated with insulin resistance, diabetes and endocrinology, cancer, PCOS and exercise. Before establishing her own practice, Susan worked at UCLA as both a medical and kidney dietitian. Susan has written and contributed to multiple publications, and is author of *A Recipe for Life by the Doctor's Dietitian, Healthy You, Healthy Baby: A Mother's Guide to Gestational Diabetes, A Healthy Baker's Dozen: Gluten-free low sugar cookies, and 101 Ways to Control your Diabetes.*

Topic: Anti-Inflammatory Eating and Dental/Medical Health

**David Levine, DDS**

Dr. Levine is a Diplomate of the American Board of Periodontology. He was Director of Undergraduate Periodontology at the Herman Ostrow School of Dentistry from 1992-1996. He has been teaching dental students and dental hygiene students about periodontal disease and the treatment of periodontal disease at the Herman Ostrow School of Dentistry of USC since 1990. He has published articles regarding periodontal disease and treatment in several different peer reviewed journals and has lectured both nationally and internationally. He is currently in private practice limited to Periodontology and Dental Implants.

Topic: Implants Are Good, Teeth Are Better

**Mark M. Urata, MD, DDS, FACS, FAAP**

Dr. Urata is Audrey Skirball Kenis Endowed Chair and Chief Division of Plastic and Reconstructive Surgery Keck School of Medicine of USC. He is the Division Chair of Oral and Maxillofacial Surgery Ostrow School of Dentistry of USC. Dr. Urata is also the Division Head of Plastic and Maxillofacial Surgery Children's Hospital Los Angeles.

Topic: Craniofacial Surgery: How Dentistry has Made All The Difference

Anti-Inflammatory Eating and Dental/ Medical Health

Do you ever wonder how to talk to patients about their diet to assist with dental health? How is an anti-inflammatory diet related to diseases like diabetes, heart disease, cancer and Alzheimer's? This presentation will give detail to how diet contributes to various medical issues including dental disease. Included topics will be how insulin resistance and the Western diet contributes to periodontal disease, supplements that foster health and anti-inflammatory eating.

Implants Are Good, Teeth Are Better

Current trends in the treatment of periodontal disease around natural teeth and dental implants will be discussed. Implants are good and have a very high success rate, but are they always the best solution? Various treatment methods for retention of teeth with moderate to advanced bone loss have, also, shown long-term success rates. This presentation will bring about a lively discussion regarding the treatment of periodontal disease and the importance and reliability of periodontal therapy to maintain teeth. Audience participation will be encouraged.

Craniofacial Surgery: How Dentistry has Made All The Difference.

This will be an introduction to the field of craniofacial surgery. With the recent release of the movie *iWonder*, there is increased interest in the reconstruction of children born with facial differences. The presentation will introduce the author's experience having trained as both an oral and maxillofacial surgeon and a plastic surgeon and how that unique combination has affected treatment paradigms and research.

All speakers must disclose to the audience any proprietary, financial or other personal interest of any nature or kind, in any product, service, source and/or company, or in any firm beneficially associated therewith that will be discussed or considered during their presentation. The Herman Ostrow School of Dentistry of USC does not view the existence of these interests or uses as implying bias or decreasing the value to participants. The Herman Ostrow School of Dentistry of USC, along with ADA CERP, feels that this disclosure is important for the participants to form their own judgment about each presentation.

Topics to be covered:

- Learn how anti-inflammatory eating assists with lowering risk of heart disease, diabetes, cancer, and Alzheimer's
- Identify how the imbalance of the Western diet increases risk of periodontal disease
- Learn how controlling insulin resistance and glycemia lowers risk of periodontal disease
- Identify which supplements foster health
- Evidence-based approach for determining the predictability of treating periodontal disease around teeth and dental implants
- Different treatment modalities for the treatment of periodontal disease around natural teeth and dental implants
- Advantages and disadvantages of different treatment options
- Be able to distinguish between a LeFort I, LeFort II, and LeFort III osteotomy.
- Understand the multi-disciplinary nature of treating children with craniofacial anomalies.
- Understand how dentistry plays an important role in the treatment of children with craniofacial anomalies

This course is intended for dentists, dental hygienists, and dental assistants

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ADA Association for Continuing Dental Education

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