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of PODIATRY



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CHIROPODISTS
& PODIATRISTS

ANNUAL CONFERENCE AND EXHIBITION

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DELEGATE INFORMATION



CHAIR'S WELCOME



On behalf of the conference committee, I look forward to welcoming you to Liverpool for the 2017 Annual College of Podiatry Conference. It will be a real pleasure to return to the dynamic and friendly city of Liverpool, after the great success of the 2013 conference. For those of you who attended the last time, you will be sure to remember the fantastic conference venue and the impressive surrounding waterfront area, rich in restaurants, shops, hotels and heritage. If this is your first time to Liverpool – be prepared to be impressed!

In keeping with the conference theme, "keep moving", there will be plenty of tips on how to keep your patients mobile, how to keep yourself up to date, and how to move your profession forward. As part of this initiative, the College of Podiatry's five year strategic plan is being launched in Liverpool, giving us insight into the College's vision for our future as we move forward together.

We will be welcoming an impressive line up of renowned keynote speakers from practice, business and academia, many of whom are national and international leaders in their fields from Australia, Canada and Germany, as well as our own home-grown talents. We are delighted that our opening keynote speaker will be the celebrated author, BBC broadcaster and anthropologist, Professor Alice Roberts. She will be certain to enchant, delight and enthuse us with her focus on human evolutionary bi-pedalism.

Equally important, our social programme provides a mix of the familiar, such as the curry and quiz night, and the novel, culminating in our conference dinner at the world famous home of Liverpool football club, Anfield stadium, in its stunning new hospitality wing.

From wherever you are travelling, I am certain you will find it worth the journey to join us in Liverpool for what promises to be yet another truly enjoyable and uplifting experience.

Dr Alan Borthwick OBE
Conference Chair 2017



WHY SHOULD I ATTEND?

The College of Podiatry Annual Conference is the largest podiatry event in Europe. With over 1,400 delegates and 80 exhibiting companies attending each year, the conference continues to deliver a unique, cutting edge programme of scientific lectures, workshops, poster presentations as well as the very latest in podiatry products and services from leading industry manufacturers and suppliers.

- Exciting and fresh educational programme
- Stay abreast of the very latest scientific research, innovations and clinical skills
- Access to a wide range of CPD activities
- Over 50 specialist sessions and workshops
- Largest podiatry exhibition in Europe with over 80 exhibitors
- Learn about the latest technology and products, and view live demonstrations
- Fantastic networking opportunities and socialising



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"There is something for everyone, a real mix and match of helpful information and educational activities. It's also a great opportunity to network with other members and a chance to speak with consultants and ask speakers directly specific questions following presentations. I would encourage all members to attend and add many valuable hours of CPD to your record. It is my opinion that this is the most enjoyable way to keep up to date and abreast of new developments within podiatry" Delegate 2016

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KEYNOTE SPEAKERS



Professor Alice Roberts

Anatomist, Biological Anthropologist, Author, Broadcaster, and Professor of Public Engagement in Science, University of Birmingham

Alice Roberts is an anatomist and biological anthropologist, author and broadcaster, and Professor of Public Engagement in Science at the University of Birmingham. She's been a familiar face on British television since 2001, when she first appeared on Time Team, and is now a celebrated presenter of several landmark series including The Incredible Human Journey, Origins of Us and Ice Age Giants.



Professor Steve West

Vice-Chancellor, President and Chief Executive Officer, University of West of England

Professor Steve West trained as a podiatrist and podiatric surgeon and developed his research interests in lower limb biomechanics and the diabetic foot at King's College London. Steve is the Chair of the West of England Academic Health Science Network (WEAHSN), Board Member of Universities UK and Chair of the Universities UK Health Education and Research Policy Network.



Professor Chris Nester

Foot and Ankle Research Centre Lead, University of Salford

Chris has successfully secured over £6.3 million in research funds for footwear design and orthoses. He is involved in Salfordinsole, and in 2016 he helped launch the Great Foundations initiative, promoting a better understanding of children's feet and foot health. Chris continues to be a member of the Steering Committee for the International Foot and Ankle Biomechanics Community, www.i-fab.org.



Dr Tim Kilmartin

Consultant Podiatric Surgeon, Ilkeston Hospital, Derbyshire and Hillsborough Private Clinic, Northern Ireland

Tim is an independent prescriber and has completed a series of articles in Podiatry Now, promoting independent prescribing in podiatry. Tim has administered approximately 30,000 cortisone injections over the last 29 years of practice. Current research interests include cortisone injection therapy for capsulitis of the lesser MTP joints, surgical outcomes of Morton's neuroma and Cartiva joint resurfacing for Freiberg's disease.



Professor Chris Griffiths

Foundation Chair in Dermatology, University of Manchester

Professor Chris Griffiths was appointed his current post in 1994 and is an honorary consultant dermatologist at Salford Royal NHS Foundation Trust. He currently leads for precision medicine in the UK Government's Manchester Devolution initiative. Chris received a lifetime achievement award from the American Skin Association in 2009 and the Sir Archibald Gray Medal in 2015. He has published 561 Pubmed cited articles and is Editor-in-Chief of Rook's Textbook of Dermatology.



Anne Baileff

Associate Dean Education and Student Experience, University of Southampton

Anne Baileff has executive responsibility for leading and managing student recruitment, the development of the Faculty education portfolio and student experience at the University of Southampton. Anne is a member of the Council of Deans for Health and Health Education England (south) Expert Education Reference Group. She also continues to contribute to the design and delivery of medicines management related education and the non-medical prescribing programme. She is also an NMC reviewer for NMC approved programmes.



Dr Ivan Bristow

Conference Vice-Chair and Senior Lecturer, University of Southampton

Dr Ivan Bristow continues to teach, research and write, with over 75 papers and four books published to date. He has lectured all over the world including America, Europe, Asia and Australasia. His current research focuses on new technologies to diagnose and treat skin infection of the foot. He is a former COP Conference Chair and currently is Vice Conference Chair for this year's meeting in Liverpool.



Dr Brian Johnson

President, Canadian Federation of Podiatric Medicine

Dr Brian Johnson graduated from the Northern College of Chiropractic, Salford in 1976. In 1981 he coordinated the opening of Canada's first chiropody school in Toronto, Ontario. Brian is the past President of the Province of New Brunswick Podiatry Association, presently the President of the Canadian Federation of Podiatric Medicine and the Province of Prince Edward Island Podiatry Association. He practices in Saint John, New Brunswick and Charlottetown Prince Edward Island.



Professor Susan Nancarrow

Southern Cross University, Australia

Professor Susan Nancarrow originally trained as a podiatrist, but has been working across disciplines as a health services researcher for nearly 15 years.

Prior to working at Southern Cross University, Susan worked in Sheffield, examining workforce change in the NHS. Susan is particularly committed to regional and rural health issues and capacity building. She is currently leading a large project to map the allied health workforce in Victoria.



Professor Anne-Maree Keenan

Chair of Applied Health Research, School of Healthcare, Assistant Director and Training Lead, NIHR Leeds Musculoskeletal Biomedical Unit and University of Leeds

After qualifying in Melbourne, Anne-Maree taught at LaTrobe University and the University of Western Sydney. Since 2008, Anne-Maree has been the Assistant Director of the NIHR Leeds Musculoskeletal Biomedical Research Centre. She is also Chair of Applied Health Science at the University of Leeds, Deputy Chair for the NIHR Infrastructure Training Forum supporting trainees across the NIHR's BRCs, BRUs and CLAHRCs and the NIHR Lead Podiatry Advocate.



Professor Ian Philp

Chief Medical Officer, EASYCare Academy and Professor of Healthcare for Older People, University of Warwick

Professor Ian Philp established the Sheffield Institute for Studies on Ageing. He was the National Clinical Director ("Tsar") for Older People in the Department of Health from 2000 to 2008. Professor Philp has led the development and implementation of innovative teaching methods in undergraduate medicine, multi-professional learning and vocational training in healthcare. He has been an adviser to the World Health Organization and was awarded the CBE for services to health care and older people in 2008.



Dr David Voegeli

Associate Professor, Faculty of Health Sciences, University of Southampton

Dr David Voegeli specialised in critical care nursing before moving into education and research, following a PhD in pharmacology.

David has an international reputation in the field of skin health and tissue viability, and an active programme of research, with over £1 million of current research funding from research councils and industry.



Dr Rainer Wolber

Head of Innovation and Compliance, Beiersdorf Health Care, Germany

Dr Rainer Wolber studied human biology at the University of Marburg, Germany. In 1997, he joined Beiersdorf AG in Hamburg, Germany, where he

has been responsible for prototyping and product development of plaster brands and was also in charge of Research and Development of Eucerin, Beiersdorf's dermocosmetic brand. Since 2017 Rainer Wolber is Head of Innovation and Compliance of Beiersdorf Health Care, covering all R&D, regulatory, safety and quality aspects.



Dr Adam Bird

Associate Head, School of Allied Health, La Trobe University, Australia

Dr Adam Bird manages two Clinical Schools of Allied Health (located at major metropolitan hospitals in Melbourne). Adam is also the Deputy

Chair of the Australian and New Zealand Podiatry Accreditation Council (ANZPAC). His interests lie in advanced scope of practice and simulated learning environments in podiatry.



"An excellent way to refresh and update knowledge and skills by engaging with colleagues from the UK and abroad. The calibre of presentations improves year on year" Delegate 2016





Thursday 16 November

08.15 **Registration, refreshments, exhibition and poster viewing**

08.45-09.30 **Student meet and greet**

PLENARY SESSION

09.40	Society and College welcome <i>Dr Alan Borthwick OBE, Conference Chair, Associate Professor, University of Southampton, Debbie Delves, Chair of Council, Society of Chiropodists & Podiatrists and Dr Rosemary Gillespie, Chief Executive, Society of Chiropodists & Podiatrists</i>
09.50	"Two legs good..." <i>Professor Alice Roberts, Anatomist, Biological Anthropologist, Author, Broadcaster, and Professor of Public Engagement in Science, University of Birmingham</i>
10.15	I wasn't expecting that... <i>Dr Ivan Bristow, Senior Lecturer, University of Southampton</i>
10.40	Where does podiatry go next? <i>Professor Steve West, Vice-Chancellor, President and Chief Executive Officer, University of West of England</i>

11.05 **Refreshments, exhibition and poster viewing**

DISCUSSION ZONE

11.10-11.25 **Find out how to become a Chartered Scientist**

CONCURRENT SESSIONS A

A1 **DIABETES AND VASCULAR**

Chair: Dr Paul Chadwick, Clinical Director, The College of Podiatry

Reducing mortality and preventing Diabetic Foot Syndrome

Professor Michael Edmonds, Consultant Diabetologist, King's College Hospital, London

Early surgical intervention to prevent foot ulceration

Frank Webb, Lead Consultant Podiatric Surgeon, Derbyshire Community Health Services NHS Trust

Saving the limb-vascular reconstruction and limb salvage

Naseer Ahmad, Consultant Vascular and Endovascular Surgeon, Manchester Royal Infirmary

A2 **MSK**

Motivational interviewing and mapping

Jane Thomas, Motivational Maps Senior Practitioner, Director of Premier Life Skills Ltd

How can motivational interviewing help patients

Dr Joanne Paton, Lecturer in Podiatry and NIHR Clinical Research Fellow, Plymouth University

Motivational interviewing utilised in a case of 1st MTPJ OA

Matthew Collison, Musculoskeletal Podiatrist, Guy's and St Thomas' NHS Foundation Trust

A3 **PRIVATE PRACTICE AND SOCIAL MEDIA**

Getting started on social media

Jonathan Vaughan, Digital Marketing Coordinator, University of Southampton

Using video to market your business

Jill Woods, Healthcare Marketing Expert

A4 **PODIATRIC SURGERY**

Roundtable presentations and discussions

Hallux Valgus

Suzy Taylor, Consultant Podiatric Surgeon, Specialist Foot Clinics Ltd

Hallux Limitus

Lee Murphy, Consultant Podiatric Surgeon, Department of Foot & Ankle Surgery, Blackpool Teaching Hospitals NHS Foundation Trust

Forefoot pain and Neuroma

Andrew Macfarlane, Consultant Podiatric Surgeon, Oxleas NHS Foundation Trust

'Simple' effective foot surgical procedures that keep patients pain free and mobile

Ian Beech, Consultant Podiatric Surgeon, St Georges University Hospitals Foundation NHS Trust

A5 **FOOTWEAR**

Designing fashion footwear and healthy shoes – are these compatible?

Stephanie Sweetmore, Lecturer in 3D CAD, Footwear Design, De Montfort University

Rocker footwear for patients with intermittent claudication – how footwear affects calf muscle activity

Effy Evangelopoulou, PhD candidate, School of Health Sciences, University of Salford

Footwear and falls – outcomes of the REFORM study: A multifaceted podiatry intervention for the prevention of falls

Lorraine Green, NIHR Clinical Doctoral Research Fellow, Leeds Institute of Rheumatic and Musculoskeletal Medicine and Leeds NIHR Biomedical Research Unit



A6	PODOPAEDIATRICS Great foundations: Exploring the development of the paediatric foot <i>Dr Stewart Morrison, Senior Lecturer, University of Brighton</i> Searching for children's foot health solutions: What does the internet tell us? <i>Lisa Hodgson, Research Officer, University of Brighton and Charlotte Growcott, Research Assistant, University of Salford</i> A review of sporting injuries in adolescent footballers <i>Stephen Coombs, Principal Podiatrist, The Biomechanics Clinic</i>
A7	ULTRASOUND <i>Chair: Dr Heidi Siddle, Chair, Ultrasound in Podiatry Specialist Advisory Group</i> Basic visualisation of ligaments around the ankle: Practical demonstration <i>Stuart Wildman, Extended Scope Physiotherapist and MSK Sonographer, Homerton University Hospital NHS Foundation Trust, Royal Surrey County Hospital NHS Foundation Trust and Founder & Director, The Ultrasound Site</i> Use of the hand-held Doppler for assessing vascular disease in the lower limb: Practical demonstration <i>Martin Fox, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Pennine Acute Hospitals NHS Trust</i>
A8	SHORT PAPERS Presentations selected from submitted peer reviewed abstracts
13.00	Lunch, exhibition and poster viewing
	EXHIBITOR DEMO ZONE
13.35-13.50	Talarmade: Chairside made easy (TM Chairside options)
14.00-14.15	Cuxson Gerrard
	PLENARY SESSION
14.15	Chair's welcome <i>Dr Alan Borthwick OBE, Conference Chair, Associate Professor, University of Southampton</i>
14.20	Leading the profession: Launching the Society of Chiropodists & Podiatrists and College of Podiatry strategic plan <i>Debbie Delves, Chair of Council, Society of Chiropodists & Podiatrists and Dr Rosemary Gillespie, Chief Executive, Society of Chiropodists & Podiatrists</i>
14.40	Cortisone injection therapy in podiatry <i>Dr Tim Kilmartin, Consultant Podiatric Surgeon, Ilkeston Hospital, Derbyshire and Hillsborough Private Clinic, Northern Ireland</i>
15.05	Psoriasis: A systems update <i>Professor Chris Griffiths, Foundation Chair in Dermatology, University of Manchester</i>
15.30	Recruitment of future healthcare clinicians <i>Anne Baileff, Associate Dean Education and Student Experience, University of Southampton</i>
15.40	Refreshments, exhibition and poster viewing
	EXHIBITOR DEMO ZONE
15.50-16.05	RUCK drills

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16.35-17.45	CONCURRENT SESSIONS B
B1	SPORTS MEDICINE <i>Chair: Dr Nat Padhiar, Consultant Podiatric Surgeon and Honorary Reader, QMUL</i> Update on podiatric sports medicine <i>Dr Nat Padhiar, Consultant Podiatric Surgeon and Honorary Reader, QMUL</i> Foot, ankle and leg problems in professional cricket <i>Ben Langley, National Lead Physiotherapist, England and Wales Cricket Board</i> Relevance of gut dysbiosis in MSK and sports related conditions <i>Dr Ese Stacey, Consultant in Sport and Exercise Medicine, Brighton</i>
B2	DERMATOLOGY Skin tips – dermatology updates <i>Dr Catriona Henderson, Consultant Dermatologist, University Hospital Southampton NHS Foundation Trust</i>
B3	PRIVATE PRACTICE 'How to practice effectively' with Q&A session <i>Katie Collins and Sharon Gray, Professional Practice Officers, Society of Chiropractors & Podiatrists</i>
B4	COMPLEMENTARY MEDICINE <i>Chair: Penny Waters, Homeopathic Podiatry Rep</i> <i>Speakers to be confirmed</i>
B5	RESEARCH AND DEVELOPMENT <i>Chair: Michael Backhouse, NIHR Research Fellow, University of Leeds</i> Understanding health research: Bringing evidence into everyday practice <i>Dr Amy Nimegeer, Research Associate and Chris Patterson, Research Assistant, MRC/CSO Social and Public Health Sciences Unit, University of Glasgow</i>
LIMITED PLACES	
B6	FORENSIC PODIATRY <i>Chair: Haydn Kelly, Dean, Directorate of Podiatric Surgery, College of Podiatry</i> Photogrammetry – a tool in identification <i>Dr Peter Kastmand Larsen, Forensic Anthropologist, University of Copenhagen, Denmark</i> The effect of carrying weight on angle and base of gait <i>Dr Michael Curran, Associate Professor, University of Northampton</i>
B7	LEADERSHIP AND MANAGEMENT Tendering – preparation, bidding, winning and mobilisation of podiatry services <i>Robin Hull, General Manager, Harrogate and District NHS Foundation Trust and Margaret Kennedy, Podiatry Manager, Walsall NHS Trust</i> Leadership in podiatry in the NHS <i>Belinda Stockton, Podiatry and Orthotics Professional Lead for Decontamination (Community), South Warwickshire Foundation Trust and Robin Hull, General Manager, Harrogate and District NHS Foundation Trust</i>
B8	COLLEGE OF PODIATRY STUDENTS ASSOCIATION (CPSA) Are you ready for private practice? <i>Speaker to be confirmed</i>
17.45-18.45	Networking and welcome reception Poster tour and meet the authors, hosted by the Research Student Network
18.30-19.20	PODIATRY EXTRA MEETINGS PE1 – MSK:UK Public Health in MSK – Ginder Narle, Manager, Learning for Public Health West Midlands An update on the Mobilisation working group. How can it help my practice? – David Cashley, Podiatrist, Dundee Podiatry Clinic PE2 – STUDENT CAREERS FORUM An informal opportunity for undergraduate students to learn about career paths PE3 – ELECTRO MEDICAL SYSTEMS ESWT Prescription writing for Lower Leg MSK – Nikos Malliaropoulos, Consultant, Sports and Exercise Medicine, Barts and the London NHS Trust and Senior Clinical Lecturer, QMUL



Friday 17 November

07.50	Registration
08.00-08.50	PODIATRY EXTRA MEETINGS PE4 – BAYER - CANESPRO FUNGAL NAIL TREATMENT SET PE5 – CANONBURY/EMBLATION - SWIFT
08.30	Exhibition and refreshments
	PLENARY SESSION
09.15	Chair's welcome <i>Dr Alan Borthwick OBE, Conference Chair, Associate Professor, University of Southampton</i>
09.20	Keep moving: Don't look back... you're not going that way <i>Professor Chris Nester, Foot and Ankle Research Centre Lead, University of Salford</i>
09.45	Canadian podiatry and practice opportunities <i>Dr Brian Johnson, President, Canadian Federation of Podiatric Medicine</i>
10.10	Bob Prince Memorial Lecture <i>Lancel Hogg, Consultant Podiatric Surgeon, Nottinghamshire Healthcare NHS Foundation Trust</i>
10.35	Refreshments, exhibition and poster viewing
	EXHIBITOR DEMO ZONE
10.40-10.55	Talarmade: Is pressure really the problem? (NORA Materials)
11.05-11.20	Silipos – innovative gel solutions
	DISCUSSION ZONE
11.05-11.20	Find out how to become a Chartered Scientist
11.25-12.45	CONCURRENT SESSIONS C
C1	LOWER LIMB WOUNDS <i>Chair: Joanne McCardle, Podiatry Research Fellow, Edinburgh Royal Infirmary</i> Recognising venous disease in the lower limb a guide for podiatrists <i>Leanne Atkin, Vascular Nurse Specialist, University of Huddersfield</i> It's not what we put on the foot it's what we take off – offloading the wound <i>Christian Pankhurst, Clinical Specialist Orthotist, Guy's and St Thomas' Community Rehabilitation Services</i> What dressing to choose? A review of the evidence <i>Professor William Jeffcoate, Consultant, Nottingham University Hospitals NHS Trust</i>
C2	SPORTS MEDICINE <i>Chair: Dr Nat Padhiar, Consultant Podiatric Surgeon and Honorary Reader, QMUL</i> Foot, ankle and leg problems in professional football <i>Speaker to be confirmed</i>
C3	PROFESSIONAL OPPORTUNITIES FOR PODIATRISTS IN RHEUMATOLOGY Career stories <i>Adele Osborne, Highly Specialist Podiatrist – Rheumatology, Fife Rheumatic Diseases Unit, Professor Anthony Redmond, Head of Clinical Biomechanics and Physical Medicine, NIHR Leeds Musculoskeletal Biomedical Research Unit and Leeds Institute of Rheumatic and Musculoskeletal Medicine and Lucy Sanders, Rheumatology Practitioner, Dorset Healthcare University Foundation Trust and Poole NHS Foundation Trust</i> Making a career move - practical advice for podiatrists <i>Annabel Smoker, Lecturer in Adult Nursing and Faculty Employability Lead, Faculty of Health Sciences, University of Southampton</i>
C4	MENTORING How mentoring students, graduates and colleagues can enhance your professional practice <i>Emma Cowley, Lecturer in Podiatry, University of Plymouth and Veronica Newton, Lecturer in Podiatry, University of Salford</i>
C5	PRIVATE PRACTICE How to uplift your practice <i>Louise Dolan, Business Development Manager, Society of Chiropodists & Podiatrists</i> Maximising business expense claims to reduce taxation <i>Michael Bennett, Accountant, Michael B Bennett Ltd</i>

LIMITED
PLACES



C6 RESEARCH STUDENT NETWORK

Chair: Stephanie Messner, Lecturer, University of East London

So you want to do clinical research: Which pathway to take?

Current and Alumni PGR students

C7 SHORT PAPERS

Presentations selected from submitted peer reviewed abstracts

C8 HEALTH AND SAFETY

Mental health in the ageing population and workforce

Graham Pirie, Employment Relations Officer, Society of Chiropodists & Podiatrists and Katie Collins, Professional Practice Officer, Society of Chiropodists & Podiatrists

12.45

Lunch, exhibition and poster viewing

13.05-13.55

Algeos symposium



EXHIBITOR DEMO ZONE

13.00-13.15

Cuxson Gerrard

13.30-13.45

Talarmade: Drop Foot – maximising function (Turbomed Orthosis)

14.00-15.15

CONCURRENT SESSIONS D

D1 MSK

Anatomy of the anterior compartment

Andrew Horwood, Musculoskeletal Podiatrist, Podiatric Innovations Limited

Clinical implications of neuro-anatomy of the foot and ankle

Ian Reilly, Consultant Podiatric Surgeon, Northamptonshire Healthcare Foundation Trust

Anatomical variation of the foot – a radiological perspective

Dr Scott McDonald, Consultant Musculoskeletal Radiologist and Clinical Lead for MSK Imaging, Cambridge University Hospitals NHS Foundation Trust

Anatomical variation what's the clinical significance: A round table discussion

Dr Jill Halstead, Principal Podiatrist, Salford Royal NHS Foundation Trust & Visiting Research Fellow, University of Leeds and Trevor Prior, Consultant Podiatric Surgeon, Homerton University Hospital & Director, Premier Podiatry Limited

D2 COLLEGE OF PODIATRY: AN UPDATE

Speakers to be confirmed

D3 PODIATRIC SURGERY

Suturing techniques

Sharon Clee, Specialist Registrar in Podiatric Surgery, Sherwood Forest Hospitals NHS Foundation Trust

Suturing workshop

Julian Pavier, Consultant Podiatric Surgeon, Sherwood Forest Hospitals NHS Foundation Trust, Jason Nandlal, Consultant Podiatric Surgeon, South Essex Partnership University NHS Foundation Trust and Sharon Clee, Specialist Registrar in Podiatric Surgery, Sherwood Forest Hospitals NHS Foundation Trust

D4 FORENSIC PODIATRY

An overview of Forensic Gait Analysis

Haydn Kelly, Dean, Directorate of Podiatric Surgery, College of Podiatry

An investigation into whether a bare footprint alters in length and width after jumping from a fixed height

Dr Michael Curran, Associate Professor, University of Northampton

Other speakers to be confirmed

D5 RESEARCH AND DEVELOPMENT

Chair: Professor Catherine Bowen, Professor, University of Southampton

Research masterclass: What is research impact and how are we preparing for the 2021 Research Excellence Framework census

Emeritus Professor Ann Moore CBE, Director, Council for Allied Health Professions Research, University of Brighton

D6 PODOPAEDIATRICS

Managing outcomes for young children who in-toe and trip

Nina Davies, Specialist Lead Podiatrist (Paediatrics), Leeds Community Healthcare NHS Trust and Visiting Lecturer, Staffordshire University

Independent walking in infants: Step parameters and plantar pressures in real life movements

Dr Carina Price, Research Fellow, University of Salford

An introduction to stretching and strengthening exercises for children

Daleen de Ronde, Podiatry Musculoskeletal Team Leader, Berkshire Healthcare Foundation Trust and Miranda Foord, Podiatry Team Lead (Paediatric Musculoskeletal Specialist), Kent Community Health Foundation Trust

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D7	PRIVATE PRACTICE
	Planning for retirement <i>Graham Pirie, Employment Relations Officer, Society of Chiropractors & Podiatrists</i> If your livelihood goes up in smoke: Case study on the pitfalls of dealing with insurance <i>Mike Cummins, Podiatrist, Newcastle</i> Insurance considerations for practitioners <i>Speaker to be confirmed</i>
D8	College of Podiatry Students Association (CPSA) Strapping and dealing with associated disorders <i>Speaker to be confirmed</i>
15.15	Refreshments, exhibition and poster viewing
	DISCUSSION ZONE
15.20-15.35 15.45-16.00	Find out how to become a Chartered Scientist
	PLENARY SESSION
16.05	Chairs' welcome <i>Dr Alan Borthwick OBE, Conference Chair, Associate Professor, University of Southampton and Dr Ivan Bristow, Conference Vice-Chair</i>
16.10	Moving podiatry forward: Creating an agile workforce for the 21st Century <i>Professor Susan Nancarrow, Southern Cross University, Australia</i>
16.35	Jewel in the Crown <i>Top scoring paper from peer reviewed abstracts</i>
16.45	Palindromic rheumatism: Can arthritis that comes and goes hold the key to understanding RA? <i>Professor Anne-Maree Keenan, Chair of Applied Health Research, School of Healthcare, Assistant Director and Training Lead, NIHR Leeds Musculoskeletal Biomedical Unit and University of Leeds</i>
17.10	Empowering podiatrists through training in personalised assessment <i>Professor Ian Philp, Chief Medical Officer, EASYCare Academy and Professor of Healthcare for Older People, University of Warwick</i>
17.40-18.30	PODIATRY EXTRA MEETINGS
	PE6 - GRADUATE STUDENT SUPPORT NETWORK

Saturday 18 November

08.30	Registration, refreshments, exhibition and poster viewing
	PLENARY SESSION
09.15	Chairs' welcome <i>Dr Alan Borthwick OBE, Conference Chair, Associate Professor, University of Southampton and Dr Ivan Bristow, Conference Vice-Chair</i>
09.20	Tales of the unexpected – the benefits of interdisciplinary research <i>Dr David Voegeli, Associate Professor, Faculty of Health Sciences, University of Southampton</i>
09.45	What does it take to make a global selling problem solver <i>Dr Rainer Wolber, Head of Innovation and Compliance, Beiersdorf Health Care, Germany</i>
10.10	What can Australian and UK podiatry learn from each other? <i>Dr Adam Bird, Associate Head, School of Allied Health, La Trobe University, Melbourne, Australia</i>
10.30	Poster award presentations
10.35	Refreshments, exhibition and poster viewing
	EXHIBITOR DEMO ZONE
10.45-11.00	Slimflex chairside adaptations
	DISCUSSION ZONE
10.45-11.00	Find out how to become a Chartered Scientist
11.20-12.30	CONCURRENT SESSIONS E
E1	CURRENT THEMES IN PODIATRIC RHEUMATOLOGY Biologics, biosimilars and podiatry practice: An update <i>Lucy Sanders, Rheumatology Practitioner, Dorset Healthcare University Foundation Trust and Poole NHS Foundation Trust</i> Foot care packages for people with gout <i>Professor Keith Rome, Professor in Podiatry and Co-Director, Health & Rehabilitation Research Institute, AUT, New Zealand</i>
E2	PRIVATE PRACTICE Open discussion on Private Practice issues
E3	DERMATOLOGY Let's talk dermatology <i>Dr Cedric Banfield, Consultant Dermatologist, Peterborough and Stamford Hospitals NHS Foundation Trust and Dr Ivan Bristow, Senior Lecturer, University of Southampton</i>
E4	MSK WORKSHOP (repeated in F4) Palpation anatomy: Improving your clinical skills <i>Andrew Horwood, Musculoskeletal Podiatrist, Podiatric Innovations Limited, Dao Tunprasert, Lecturer in Podiatry, University of Brighton, Emma Cowley, Lecturer in Podiatry, University of Plymouth and Dr Jill Halstead, Principal Podiatrist Salford Foundation Trust, Visiting Research Fellow, University of Leeds</i>
LIMITED PLACES	
E5	BASIC LIFE SUPPORT (Part 1) Extra fee applies. Delegates must also attend part 2
LIMITED PLACES	
E6	PODIATRIC SURGERY Introduction to Hallux Valgus surgery <i>Sharon Clee, Registrar in Podiatric Surgery, Sherwood Forest Hospitals NHS Trust</i> Sawbones workshop <i>Julian Pavier, Consultant Podiatric Surgeon, Sherwood Forest Hospitals NHS Foundation Trust, Ian Reilly, Consultant Podiatric Surgeon, Northamptonshire Healthcare NHS Foundation Trust and Sharon Clee, Specialist Registrar in Podiatric Surgery, Sherwood Forest Hospitals NHS Foundation Trust</i>
E7	PODOPAEDIATRICS – A PRACTICAL WORKSHOP Stretching and strengthening exercises for children <i>Daleen de Ronde, Podiatry Musculoskeletal Team Leader, Berkshire Healthcare Foundation Trust and Miranda Foord, Podiatry Team Lead (Paediatric Musculoskeletal Specialist), Kent Community Health Foundation Trust</i>
12.30	Lunch, exhibition and poster viewing
13.45	Exhibition closes

13.45-14.45	CONCURRENT SESSIONS F
F1	DIABETES AND VASCULAR WORKSHOP
LIMITED PLACES	Chair: Martin Fox, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Pennine Acute Hospitals NHS Trust From toes to tummy - how to undertake a comprehensive vascular assessment for podiatrists Susan Matthews, Vascular Podiatrist, Pennine Acute Hospitals NHS Trust and Pam Smith, Vascular Podiatrist, Salford Royal NHS Foundation Trust
F2	COMPLEMENTARY MEDICINE
	Attendees are invited to bring cases to discuss for the panel to offer treatment options Facilitated by Penny Waters, Homeopathic Podiatry Rep and Lesley Morrison-Peatfield, Faculty of Homeopathy Council Member and Podiatrist, Best Foot Forward Ltd
F3	PODIATRIC SURGERY – TRAINEE PRESENTATIONS
	Trainee retrospective review of transmetatarsal amputation from 2005 – 2017 Anthony Joyce, Trainee in Podiatric Surgery, Great Western Hospital, Swindon The podiatric surgery theatre environment; is it conducive to learning? A quantitative study using the Surgical Theatre Educational Environment Measure (STEEM) Tom Austen, Trainee in Podiatric Surgery, Podplus Schrudde flaps Amir Saipoor, Trainee in Podiatric Surgery, Nottinghamshire Healthcare NHS Foundation Trust Hallux limitus - surgical management Chih Kai Huang, Trainee in Podiatric Surgery, Guy's and St Thomas' NHS Foundation Trust and Barts Health Kidner procedure: Case study Natalie Tanner, Trainee in Podiatric Surgery, Solent NHS Trust Title to be confirmed Rebecca Gomez, Trainee in Podiatric Surgery, Kent Community Health NHS Foundation Trust
F4	MSK WORKSHOP (repeat of E4)
LIMITED PLACES	Palpation anatomy: Improving your clinical skills Andrew Horwood, Musculoskeletal Podiatrist, Podiatric Innovations Limited, Dao Tunprasert, Lecturer in Podiatry, University of Brighton, Emma Cowley, Lecturer in Podiatry, University of Plymouth and Dr Jill Halstead, Principal Podiatrist Salford Foundation Trust, Visiting Research Fellow, University of Leeds
F5	BASIC LIFE SUPPORT (Part 2)
LIMITED PLACES	Extra fee applies. Delegates must also attend part 1
F6	ERGONOMICS WORKSHOP
	Posture, pain and position – ergonomics for the busy podiatrist Dr Julian Pearce, Physiotherapist and Faculty Lead for Practice Learning, University of Southampton
14.45	Close of conference





CALL FOR PAPERS

Presenting your work at the College of Podiatry Annual Conference is an excellent opportunity to showcase new research and innovations, stimulate debate, enhance your CPD portfolio and career prospects. Submissions of abstracts are welcomed for both oral and poster presentations. Oral submissions will form part of the main programme as 10 minute presentation slots. Posters will be on display in the exhibition hall for the duration of the event with attended "meet the author" sessions and poster tours for delegates. The top scoring oral submission will present on the main stage as the 'Jewel in the Crown' presentation. An award will also be given for the best poster presentation.



Innovations in practice posters!

As well as scientific submissions, the College is encouraging practitioners from private and independent practice to tell us about the good things they are doing in clinic through a poster presentation. Delegates are invited to submit abstracts of non-research based work covering relevant practice areas such as assessment, diagnosis, business management and treatment and patient case studies. Abstracts should include:

- Introduction (context of practice)
- Innovation (novel or innovative practice being reported)
- Impact (relevance to podiatry and impact on service/patient)

Don't forget that compilation and submission of an abstract can count as a CPD activity by the HCPC.

For submission guidelines or to submit an abstract please visit www.podiatryconference.org or contact the conference organisers on +44(0)20 3725 5840.

Submission deadline: Monday 3 July 2017



VENUE INFORMATION

The ACC Liverpool is a uniquely flexible venue. It houses the award-winning BT Convention Centre with facilities including a 1,350 seat auditorium, 18 breakout rooms and 7000m2 of exhibition space. The venue sits at the heart of the city on Kings Waterfront, alongside the Grade I listed Albert Dock and adjacent to the World Heritage site at Pier Head. ACC Liverpool is also one of the most sustainable venues in Europe. For further information please visit www.accliverpool.com

ACCOMMODATION

Liverpool offers a wide range of accommodation to suit all budgets and requirements with two hotels onsite and over 2,000 bedrooms within 15 minutes walk. Hotel reservations are being handled through our specialist accommodation agency, Reservation Highway which has negotiated special rates for the duration of the event.

Book online at www.reservation-highway.co.uk/foot17 or call +44 (0)1423 525599 or email admin@reservation-highway.co.uk

GETTING TO LIVERPOOL

Liverpool is well served by rail, air and road networks. Trains run hourly from London Euston Station to Liverpool Lime Street, taking just over two hours. Links to all other UK cities run into Liverpool Lime Street. Liverpool John Lennon Airport offers links to most major European and international cities and it takes approximately 20 minutes by car to reach the ACC.

NETWORKING EVENTS



This year's conference will offer some true Liverpool highlights, featuring fantastic cuisine and evening entertainment and the chance to relax and have fun with delegates and colleagues. Further details will be sent to delegates after registration.

GROUP BOOKINGS

Buy five tickets get the sixth ticket free!

This offer applies to a booking of five or more delegates from the same organisation. Only one invoice for the group can be raised. The offer is not eligible to groups of delegates from different organisations requiring separate invoices. This offer only applies to Society members attending the full conference. Please contact us for further details on +44(0)20 3725 5840.

DELEGATE BOOKING FORM

Personal details

Full name _____

Position _____ Organisation _____

Address _____

Postcode _____

Tel _____ Email _____

Purchase order no _____

☐ Society Member ☐ Institute Member Membership no _____

Special requirements

☐ Vegetarian ☐ Vegan ☐ Wheelchair access ☐ Hearing loop ☐ Other _____

☐ Please **do not** publish my details in the delegate list (note only name, job title and organisation are included)

☐ Please **do not** contact me about other healthcare conferences.

Ticket type	Earlybird Until 25 July 2017	Standard From 26 July 2017	Last minute From 15 November 2017
Full conference			
Member	☐ £199	☐ £279	☐ £289
Non-member	☐ £299	☐ £359	☐ £369
Two days			
Member	☐ £179	☐ £249	☐ £259
Non-member	☐ £269	☐ £329	☐ £339
One day			
Member	☐ £149	☐ £219	☐ £229
Non-member	☐ £239	☐ £299	☐ £309
For one or two day tickets please indicate which day/s you wish to attend: ☐ Thursday ☐ Friday ☐ Saturday			
Concessions (all full conference)			
Undergraduate student CPSA Member*	☐ £39	☐ £49	☐ n/a
Undergraduate student CPSA Non-member	☐ n/a	☐ £89	☐ n/a
PhD student Member	☐ n/a	☐ £119	☐ n/a
PhD student Non-member	☐ n/a	☐ £149	☐ n/a
Newly qualified in 2017**	☐ n/a	☐ £89	☐ n/a
Practitioners assistant/orthotic tech Member	☐ n/a	☐ £59	☐ n/a
Practitioners assistant/orthotic tech Non-member	☐ n/a	☐ £89	☐ n/a

* Undergraduate students must be a member of one of the 14 recognised UK schools of podiatry

**Must have graduated in 2017 from one of the 13 recognised UK schools of podiatry and must become a member of the Society by 1 November 2017.

Exhibition only tickets

One day only (No access to conference sessions) ☐ Member £15 ☐ Non-member £30

Please indicate which day you wish to attend: ☐ Thursday ☐ Friday ☐ Saturday

Specialist sessions

☐ Basic Life support (E6 and F6) £50



Concurrent sessions

Please indicate which session you wish to attend:

Concurrent session A - Thursday 16 November, 11.50-13.00

☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5 ☐ A6 ☐ A7 ☐ A8

Concurrent session B - Thursday 16 November, 16.35-17.45

☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6 ☐ B7 ☐ B8

Concurrent session C - Friday 17 November, 11.25-12.45

☐ C1 ☐ C2 ☐ C3 ☐ C4 ☐ C5 ☐ C6 ☐ C7 ☐ C8

Concurrent session D - Friday 17 November, 14.00-15.15

☐ D1 ☐ D2 ☐ D3 ☐ D4 ☐ D5 ☐ D6 ☐ D7 ☐ D8

Concurrent session E - Saturday 18 November, 11.20-12.30

☐ E1 ☐ E2 ☐ E3 ☐ E4 ☐ E5 ☐ E6 ☐ E7

Concurrent session F - Saturday 18 November, 13.45-14.45

☐ F1 ☐ F2 ☐ F3 ☐ F4 ☐ F5 ☐ F6

Podiatry Extra Meetings

- | | |
|---|--|
| ☐ PE1 – MSK:UK | ☐ PE2 – Student careers forum |
| ☐ PE3 – Electro Medical Systems | ☐ PE4 – Bayer |
| ☐ PE5 – Canonbury/Emblation | ☐ PE6 – Graduate Student Support Network |

Payment details

☐ I enclose a cheque made payable to:

The College of Podiatry Conference for £ _____

☐ Please debit my credit/debit card for the sum of £ _____

Card no / / /

Expiry / Security no Issue no

Cardholder name and address if different from above _____

Tel _____ Email _____

☐ Please send me an invoice for the sum of £ _____

(invoices cannot be issued within 28 days of the start of the conference and can only be provided if a valid Purchase Order number is included. The invoice must be paid in full prior to the conference)

PO number _____

Invoice name and address if different from above _____

Tel _____ Email _____

I confirm I have read and agree to the terms and conditions of booking.

Signature _____

Date _____

Terms and Conditions

1. Registration fees include VAT at the prevailing rate, complimentary refreshments and conference materials. They do not include accommodation or lunch.

2. In order for your booking to be processed you must sign the terms and conditions. Your place is not guaranteed until you have received email confirmation and joining instructions from Profile Productions Ltd. If you do not receive confirmation within 24 hours of your booking being made, you should contact Profile Productions by email, at cop@profileproductions.co.uk

3. If an invoice is required for payment, a valid Purchase Order must be supplied when choosing to pay via invoice. We will not supply an invoice without a PO number.

4. Without exception, all fees must be paid in full prior to the event. Any delegates arriving at the conference with their payment outstanding will be asked to provide their credit card details as a guarantee. Any delegates registering within 28 days of the event MUST include a valid credit card for payment on the registration form. Bank transfer charges are the responsibility of the payer.

5. Cancellations received one month prior to the event will be refunded but will be subject to a £35 administration fee. If a cancellation is received after **Monday 16 October 2017** we regret that no refund can be made. Substitute delegates are welcome at no extra charge however each substitute must take over the whole ticket and we require you to advise us of any substitutions 72 hours prior to the event. Any cancellations that still have payment outstanding will be liable for either the administration fee or the full registration fee, dependent on the time of the cancellation.

6. Changes to any aspect the conference (including speakers) may be necessary due to events outside the control of Profile Productions and The College of Podiatry. The organisers therefore reserve the right to make any necessary amendments to the programme or timings of the event.

7. The details of registered delegates (name, place of work and occupation) will be placed on the attendee list which will be given to sponsoring companies and exhibitors and made available to delegates. Delegates who do not wish to be included on this list should advise at the time of booking.

8. There will be photography and/or video production taking place during the conference and the resulting images may be used for promotional purposes on-line and/or in printed materials. Delegates who do not wish their images to be included in this material should contact the organisers by email at cop@profileproductions.co.uk prior to the event.

9. Attendance fees will not be refunded in the event of threat of war, terrorism or other circumstances outside of the organisers' control.

Please return booking form:

Profile Productions Ltd

Boston House, 69 – 75 Boston Manor Road, Brentford, Middlesex, TW8 9JJ

Tel: +44(0)20 3725 5840 Fax: 0844 507 0578 Email: cop@profileproductions.co.uk Web: www.podiatryconference.org